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## In a nutshell: Pure Consciousness, the Source and Creation

What is Consciousness? It is the energy you have called Source, vibrating at all its frequencies.

What is human consciousness? It is that part of Source that has created a limited perspective of itself through energies that you have called feelings or emotions.

Now let us explain humans and what humans have chosen as their life path. Humans chose to experience ALL energies regardless of wrong or right, for as spirit, it recognized that all was just as it should be, in the Divine Plan. You chose to experience all energies, through their various perspectives. But you, as incarnated beings, got confused in the workings of the Plan and started what you have called a belief system to, let us say, confuse you further. Now your belief system was vital for you, for you needed to experience all energies, in all their perspectives and so, as incarnated beings, you deliberately chose to create a belief system, first as a collective society, through which you chose those beliefs that you resonated with and those you chose to ignore. Those that you have chosen to ignore are those beliefs that you have already worked through and those that you now work with are those that need your consideration in order to assimilate them.

As divine beings, you, in incarnated form, have chosen that which you need to embrace and that is assimilation. That is assimilation: to embrace all energies through all their different perspectives, for you will not suddenly wake up to find yourself free of all your guilts until you have looked at the reason behind your guilt, understood the belief it grows from and understanding that you are truly energy, casting your belief of human beings and their 'humanness' aside, embrace the energy, without judgment. But to do so, you must first recognize the spirit that you believe lies outside of you is but you, in every aspect, for it is Source who has chosen to create a part of itself as human and only Source who has created all the beliefs that you consider unjust or wrong for Source is comprised of all energies regardless.

What is Source? It is the All. It is complete perfection. What you see as wrong is as much a part of Source as what you see as right. Source chose to create matter, you, so that it could experience Itself as complete energy, rather than an energy that remained stagnant. Yes, stagnant, beloved, for Source has no judgments. It knows only of perfection and wished to

experience imperfections through your eyes, yes, once again, it means its own eyes. And so it created more of itself until humans were formed.

You, as human, is Source vibrating at a frequency that has called itself matter. This matter has chosen to place itself in a time zone and a space, which Source, until humans were created, had no concept of. So you live in a space all of its own making and a time line which you have called past, present and future.

Consider yourself as energy and you will find it hard to fathom. Consider yourself as human and it comes naturally to you. Why? It is your mind which was created by your belief system that has gained control. That is as it should be for the mind has been needed by the human to experience all energies regardless. The human mind has played its role well and now it is time for the Divine Mind to come forward by allowing you to start the process of recognizing spirit within.

Now we ask you to begin this recognition simply by allowing it to come forward every time the human mind begins to gain strength. That, too, is part of the Divine Plan: allowing spirit to take strength rather than the human mind. But first you must acknowledge that the human has enjoyed its experiences and is now ready to start on its journey home.

What is home? Home is where you are in your fullest potential, where every part of you is gathering the experiences, without the veils that it used to experience its humanness, and is in joyous recognition of the various perspectives of the experiences. This is what we tell each of you: be joyous in human form for it is time to recognize that each experience has made you fuller for having had it.

And now we come to the energy of doubt. Doubt has been created by the human mind to fight spirit. Doubt comes through its various experiences, where you have looked at an experience and found yourself lacking. That energy remains with you, for the cellular structure has made it a part of itself. This cell memory has been removed from all humans but the beliefs that came with each experience still stand strong within you. How then will you let go of the belief that holds you in its grip rather than freely feel spirit within you? Simply by affirming and reaffirming, time and again, that spirit stands tall and proud and you no longer need the beliefs that you held so close to you in the past, for the past no longer exists and neither should your beliefs.

So now we come to the energy called time. What is time? It has been created by the universe, you, to place itself in a 3 dimensional reality for without time, you would not be able to hold onto your experiences and the entire plan was for you to see each perspective as separate from the whole.

And thus we now come to an energy that was created deliberately for the human experience: the energy of separation. What is separation but an experience? What is a human experience but separation in its various forms? Why choose this experience, you

wonder? You, in your divinity, needed to experience another perspective of Oneness. How could you possibly truly understand Oneness if you first did not have the experience of separation? You needed to first see Oneness through ALL its perspectives to actually experience it. Remember: it is Source choosing to experience Itself through all its perspectives, and separation is an experience It chose for Itself through its human experience.

Now let us move towards the energy of Oneness. Oneness is the richness, the fullness of energy, for energy knows no boundary. It is limitless and to experience Oneness you first needed to experience space for it is space in your 3 dimensional reality that allowed you boundaries and these boundaries kept you in separation from the Oneness that you really are. So Oneness, in all its aspects, needed first to be experienced as separate from the whole. But now it is time to move back towards Universal Oneness. Oneness is not human consciousness but Pure Consciousness and so we will now explain to you Pure Consciousness.

Pure Consciousness has no adjectives to describe it. It IS. But to get to that you needed to see it from another perspective: that of the human consciousness, which had its own trappings. Joyously it now pronounces that it is your uniqueness that must come to the fore and no longer your identity. Identity was needed to experience separation but a unique you is now being brought forward to experience the oneness of energy. Let us explain this to you. You, as an energy being, has its own frequency, its own resonance but does that mean you are not a part of that whole which is the energy of Oneness? Most certainly you hold an energy that is unique in itself but were you to experience your uniqueness you would then really experience that Oneness of energy that the universe is made up off. Remember: Source chose to vibrate at different frequencies to experience itself more completely and so though you may vibrate at a frequency different from ours, you are still Source vibrating at that particular frequency. When you recognize this, you will recognize the energy of Oneness, which takes us to energy: that of creation.

What is creation? It is two or more distinct aspects of Source intimately experiencing each other to form a new energy, distinct in itself. That is all creation is: it is the union of energies to create more of itself. Thus Source has chosen to become fuller through its varied experiences. Each experience has added to the energy of Source, helping Source birth itself, over and over again.

It is creation that has brought about the new energies. It is creation that is creating another Earth. It is creation that has already created a new you. Embrace creation, for in that you will recognize that you are only complete as the ALL.