

17<sup>th</sup> February, 2005  
UNKNOWN ENERGY  
*Channeled by Sohrab Ardeshir*

## In Communication with an Inner Earth entity

Channeling begins

I am undergoing a different kind of trance today. There is an energy within me that I have permitted to take over my body. But I am also very much present. This is to teach me how to completely co-exist in my body with another. So you will hear and see Sohrab but I have to fully contain the energies of this other creature and also be able to 'think with two minds'.

I have to experience and think for myself and for the entity within me. I am not quite sure why I have to experience this but apparently there is a reason. 'Zaf' and 'J', you are to train along with me please. You are to be in a similar state to mine, less of a trance. You are to be yourselves completely but at the same time, as they pass different energies, to my bodies they will also pass them to yours. Want you to just open yourselves up and allow whatever comes into you , co-exist.

The friend who is within me is a creature from deep within the core of our Earth planet. This friend has come to speak with you today for you to understand a little more of what is happening within the surface of our planet. 'Zaf' please open yourself up and allow the energies to come in. 'J' allow yourself a physical experience not just a mental one.

Instead of speaking as Sohrab, I will speak now as the friend.

I am a sentient being just as you are but I do not have a form. My form is a form but it is much like your spirit. Unlike you who have a definite form and a spirit which is merged and yet separate, we do not have a separation, we are one. Therefore we know and have known about our friends on the Earth's surface from the beginning of time. Whereas very few of you have ever acknowledged our presence.

We exist in spirit form and we have similar structures of society to yours. We do not have towns and cities but we have areas of concentration of like minded spirit. Just as you have individual and distinct personalities, we have similar traits. But ours are not as convoluted as yours. We all function for the good of our collective society. So, just as you have jobs, so do we; but ours are always for the collective good.

For example, some of us serve, as your priests and holy men do, to unite our collective consciousness with universal consciousness. Others do physical work with many extra-terrestrials, to keep our planet and her zones in alignment and balance. Some of us guard and calibrate our crystalline elements. Others direct and tend to the liquids of our home.

**El :** *Sohrab, you are supposed to co-exist. You are allowing it to take over.*

**Sohrab :** Thank you El. How is it for you 'Zaf'?

**Zaf:** *I am being able to feel it physically. Mentally .....*

**Sohrab:** Good. 'J' are you experiencing our friends. How do they feel to you?

**J:** (inaudible)

**Sohrab :** 'J' you have to be yourself also, so speak out.

**J:** (inaudible)

**Sohrab :** Continue to hold these energies.

**El :** *'J' I would like you to open your eyes, please and focus on Sohrab as 'J', and at the same time contain it. You are allowing the energy to take over 'J'. I want 'J' to see Sohrab and I want 'J' to hear Sohrab.*

**Sohrab:** I would prefer to continue this wonderful sharing by having you ask questions.

**El :** *You mentioned that we were a small group, is that right or is it a figure of speech?*

**Sohrab:** I don't think we can compare ourselves to the quantity of beings you have on your surface, but know we are not small as compared to the other friends who also exist. Just as you have different species on your surface, animal, plant, elementals, and what you term inanimate which of course has a life, so are we many, many species. Ours are the most akin to your in terms of consciousness and that is why I have been chosen to come and speak to you today. There are many other similar species, similar to your earth elementals. There are what you would called rock fairies and magma keepers and crystalline elementals and vibrational friends. Yes, there are some friends whose only function is to continue to vibrate at different frequencies causing Earth movements. That is their full and total function. So we have just as you a wonderful host of co-existing friends under the surface of what you term, your planet.

**Yzd:** *All your actions are good for your society. What about personal choice?*

**Sohrab:** This is a subject I am actually working with earth people on, to help us learn, because we do have freedom, but our society is such that its force, its thrust has to be for the collective good of all. Yes, our free-will, will be for example whether to continue the work or rest for a while. Whether to increase the frequency or decrease it. Whether in our opinion, ceasing a certain task, will allow another species near us to learn. So we do make those kind of choices, but never, never, never with harmful intent.

**Yez:** *And can one stand away?*

**Sohrab:** That is what I am learning. And it seems so pointless and I acknowledge there must be a point and I am one of many friends who continually resides on the Earth's surface rather than below, to learn gather information and feed my friends below. It is similar to what you would term a course of study away from home. I will finally return and share this knowledge with my friends so we would all benefit. Would you like to ask questions?

**Sil:** *Do you find it difficult to live on the surface when you have been under the surface for so long?*

**Sohrab:** Unlike you we do not breathe or need physical nourishment. Our nourishment comes from energies that exist around us. We bathe in the energies released by the earth, the rocks, the crystals and absorb those nutrients. When I am on the Earth's surface, I have to simply dig deeper to attain these energies so I simply plunge in absorb what I need and then resurface.

**Sil:** *Can we see you?*

**Sohrab:** No, unless you have highly developed ESP in which case you would probably see me as a shimmering mass of light. For example what you see on a very hot road, is somewhat what you would see me as. One minute I am again being taken away.....

**El:** *And yet you say you are the closest to human consciousness. So here there seems to be a dichotomy, because human consciousness has to naturally have elements of human free-will choice whether it is used or abused. And if you are surviving on the surface of the Earth, then how do you manage with energy emanations from human beings which may not always be positive or radiant, brilliant or to for the light?*

**Sohrab:** By figuratively keeping my mouth shut. (laughter) I have the ability as we all do to absorb or shield, as much or little as I wish. So I simply have to shield myself from Earth energies, particularly. But because I am on this course of study, I need to be at the surface, to allow small, very small portals, where human energy and consciousness to filter into my own. Otherwise I will not be able to learn or experience what it happening with an average human being. So I will consciously choose what I wish to experience and how much at a time. Consciousness is what humans and our species share. Of course all

species are conscious. But the two of us, yours and ours are the most similar in consciousness vibration. Yes we are completely dissimilar in physical form, thought and even attitude but we are the closest. For example an Earth elemental. Let us choose a crystal keeper. Their focus is complete on their task. They only do what is best for their own personal area of crystal regardless of anything around it. So if protection of a crystal means destroying something around it, they will do that unheedingly of the others free-will choice. We do not do that, we see a wider picture. Does this make it a little clearer?

**Nan:** *As you said you were working under the surface of the Earth. What happened during the tsunami or an Earthquake. How do you combat it or what do you feel? Do you know it before it happens?*

**Sohrab:** Most of the time we enable it.

**Nan:** *So can you elaborate on it? Are there going to be future ones? Where and how?*

**Sohrab:** You know that, where and how.

**Zaf:** *Is there no way for the Earth to evolve without these events happening physical destruction, death and destruction. Surely there must be a way , surely, not having these events.*

**Sohrab:** Sometimes your little children have to stick their fingers in the flame before they believe it burns. For your species, in general, experience is paramount. It is not even an option. It is a necessity. It is a necessity that you have drawn to yourselves. Many societies including ours, so not have to go through destruction to understand creation. Yours is a species that can only recreate after the debris has been removed. You have chosen to learn creation through destruction. We have chosen to go directly towards creation.

**Zaf:** *In that case, how much part of this is Earth's play choosing where, what time. Will the Earth humans actually choose their own form of learning or does the Earth have any say in this or do you have any say in this?*

**Sohrab:** You will contain the same energies I am containing and you will answer the same question. You are allowing your own energies to be in greater proportion to the others. Allow a complete 50-50 balance. Trust it, you are balance. You may speak out as yourself or as the energy.

**Zaf:** *Just as when a child gets hurt, when a child needs to learn a lesson. Getting hurt is akin to learning a lesson. Mother is always there. She appears, bandages the child takes care of it. Applies the salve . In the same fashion when a group of children of the mother decide to learn a lesson, the mother simply..... I am being told that the tsunami is not the*

*cause of the lesson. It is the salve that is applied. I am not beginning to understand that. It is a medicine rather than a disease. And that is the Mother Earth's doing. These creatures, friends, sort of are in between, they are mediums and they sort of carry forth conjunctive.....*

**Sohrab:** Express it in your own words 'Zaf'. That is completely correct.

**Zaf:** *These creatures actually carry out the job, so they are actually laborers, who do physical labor.*

**Sohrab:** 'J' I would like you to add something to this.

**J:** (inaudible)

**Sohrab:** You must speak up 'J'.

**J:** *Balancing the energies we require to continue today so I .....*

**Sohrab:** contain the energy 'J'.

**Ana:** *Is it akin to creation through destruction. Would it have a connection to Mother Earth's Ray which is maybe Mother Earth ray. So would it be that Earth is that ray or just one aspect is taking charge now?*

**Zaf:** *Do human being have the aspecting ray or Mother Earth?*

**Ana:** *So Mother Earth has chosen to use Ray 4 for its outcome to enhance the evolution?*

**Sohrab:** First of all understand, and this friend will help you understand even better that the Earth exists simultaneously in many dimensions. So, your dimension maybe using Ray 4 at this given instant. And simultaneously a dimension of Earth is using another ray , and another ray in another dimension. Rather confusing, but each will have an effect on a parallel dimension. By these rays working simultaneously, on various earths in various dimensions, an inter-dimensional grid is formed which is different to the cosmic grid that you have been studying. Do you really want to go further?

**J:** (inaudible)

**Sohrab:** Keep connecting. Thank you. Contain the energies. Now we will add to these energies. 'Zaf' and 'J' you will continue to contain these energies. You will all open yourselves to the energies of a crystalline element. Just as I am merging myself , friends you will now allow yourself to merge with the crystalline element which exists deep within the Earth's surface. These are not the same elementals who work with your crystals. Open yourselves to a very different energy. You will not have to speak out, you

simply experience. For all others in the room who wish, they may now be permitted to merge with the core center of Mother Earth. It is your choice, you may choose to merge or not, as you wish. For those who wish to merge, simply focus, your attention on the center of Mother Earth. Establish a third eye connection with the center. Open yourself to energies of great power, wisdom and magnitude. ....

Slowly release the energies and return to your own physical bodies. All return with the exception of 'J' and 'Zaf' who will stay in a link. 'Zaf', 'J' form a three way connection with me, third eye to third eye.....Holding this connection, form a connection to the center of this room. Allow our collective energies to now spread from the center outward in all directions covering everybody and everything within this room.....

Slowly release the connection and return to yourselves.....

Lets close the meeting.

Please let us send love and light and energy to the very heart center of Mother Earth.

**Zaf( in trance):** Greetings. This child ('Zaf') is experiencing the tremendous influx of energies. Before you leave this room, please allow him to share the energies of Lord Ashtar amd Lord Sananda with you. Please spend a brief moment in receiving these concentrated energies for whatever augmentations you require.

---