

18<sup>th</sup> August, 2005  
THE MAHACHOHAN  
THE ST GERMAIN  
*Channelled by Sohrab Ardeshir*

## Celestial Teachers' Day Group Members Learn to Connect and Channelling

Trance Channelling begins..

Mahachohan : Today is Celestial Teachers' Day! And on that day, the teacher gets to. enjoy himself, sit back, and let the students take over, perform, work and enjoy themselves. Today is one such day on our side. Yes, we do have the equivalent of your teacher's day and this applies to us teaching spirits from across, who choose not a fixed day in the year as you do, but who choose a moment in your time when the earthly vibrations, of the group under tutelage has received an energy boost. Each time your collective group achieves a higher notch, it becomes a teacher's day on our side. And for that, we have only you to thank. Thank you, thank you, thank you, for dedicating yourself and your energies to the light, and for working hard, consistently with dedication and devotion, despite the pitfalls that you knew would come along the way and above all, joy.

Today let us celebrate you. You are a representative group of your entire group, and through you we wish to celebrate the entire learning curve, that has moved now to the next level. Now let us allow you to take over and work for the teacher This will be done at our desire. What we want, you must do today! You don't have a choice! You have to please the teacher. This time we get to choose what we wish you to do, to entertain us. Ha ha ha ! ! ! ! !

(Much laughter and merriment from the 'other side')

**Nan:** Aren't you already entertained by us?

**Mahachohan:** Of course and particularly by the rising levels of fear within this group Very entertaining, the fear factor. Ha ha ha. You may choose today, some of you will take pen and paper, and with the aid of the others, and a little help from the teacher, you will connect and you will not do automatic writing, you will do inspirational writing, for self. You will write yourself, here and now, a little note, and this little note to self, can be shared after **if** you wish, but **it** can be completely private if you wish, the choice is yours. Do not judge it, till after the work is done. Then you will decide, do I wish to share, or do I wish to keep this private for me. Your wishes will be respected. For those of you who have never written before, it matters not. If you wish, you will write today.

The second form of entertainment, if you don't choose the written form, is to sit in the center and connect and hold energies and channel, and speak out whatever comes through.

Once again if you have not channeled before, you may do so today, freely, joyously, willingly. Who chooses what.

Question: What's easier?

Answer: The fear rises!!! Whatever you wish dear one.

(All choose to trans channel, except for Ngs and GI, who wish to draw/write)

There is plenty of paper and plenty of pens. You will produce them, if you wish. You may leave and you may get them. What do you wish to do?

**Group Member:** I would love to channel.

**Group Member:** I will write or draw.

Mahachohan: The same. You must choose one for today, and then you must wait for the next teacher's day to choose the other!!! That depends upon you.

Question: Who do you channel with?

Mahachohan: There are many waiting in line. Dear One, do you choose to write dear one?

**Group Member:** No, I would rather channel.

**Mahachohan:** Would you supply paper and pen to these two? Kindly give that one more paper. You may test if your implements work (the pens). Are you sure? These have a habit of being errant. All others wish to channel? Let us begin by supporting these two dear ones.(Ngs and GI) Let us give them love, and energy and simply empower them to connect. Dear ones take a moment and go within,. Dear one connect with three energies, your son, and two masters. Dear one, connect with three energies of your choice. Allow the words to just arise. This is and will be a message for self. Write whatever comes, even if it seems absurd or confused. Have no fear. No one will be permitted to see or hear unless you permit. Allow the words to just flow. Dear one, allow the visuals and writing to combine they may come together. Proceed and energize.

Come. Continue dear one as long as the urge continues. Let us now attempt to support our three friends. Now go from laughter, to complete centering.

(To Nan) Let go of the fear and just center. You are centered dear ones. Now add into the heart centers enjoyment. Go within, deep within, let us explain what will occur. You are going to join with your own higher souls and any master energies that wish to speak and you are going to reach a full level of trance. One by one when you are lightly tapped, you will simply allow the energies to speak if they wish. If they do not wish to speak, just radiate the energy outward. When you are tapped for a second time, you may then release the energies and slowly return the normalcy.

Go within, deep, deep within. Find a space, within yourself that is secret, private and deep. It is a space, that belongs to you and only you. Inside in this space and feel your own energies vibrate. There is a rhythm to this vibration that is uniquely yours. You are experiencing yourself. Now start to increase this vibration within you. Feel it vibrate faster and faster, faster and faster and as you vibrate, your energies push themselves upward and out of the crown chakra, up, up, up into the universe.

The vibration is so fast, it is now effortless, seeming still. You are all three connected fully to the universe and now you will allow the energies or sets of energies that wish to come in through your crown chakras and fill your bodies.

Go deep with these energies, they are filling you. Go deeper, expand with these energies, they are filling you. You can take more. Fill, fill with these new energies. Fill, fill, fill. Dear one, you will now speak.

**Group Member:** The universe is releasing problems. (inaudible) love spread love. See love in the eyes of the others. See love in the eyes of the insects. You are looking at yourself. Love all before the day of doom destroys you all. Fill yourself with love and nothing but love will exist in this universe. It is all yours. Don't stop yourself from being what you are. Discipline yourself. Be perfect. Look for perfection in others.

**Mahachohan:** Contain the energies dear one, and now gently release it. Dear one, you may go within, and you may connect to the energies and speak up. Go within and vibrate with the energies, go within and vibrate with the energies, go within, vibrate, vibrate, vibrate. Speak if you wish, you may just express.

**Group Member.:** You are the cosmos. You are all joy. Fun. Laugh your way to enlightenment. Energies all around you are changing. It's now that you have to live. There is no other way. Be more in silence. It will help you. Be in joy. All of you be in joy.

Mahachohan: Contain the energies dear one. Expand them outwards and then release them. Expand. Expand. Expand. Yes, you are spreading these energies far and wide, send them out across the globe. Expand dear one beyond the universe. Expand with a loud sound. Slowly release the energy. Slowly release the energies and allow yourself to return to your own vibrations. Dear one, open yourself to very soft and gentle energies that wish to vibrate with you. Be aware of the energies of the ocean and wind, of the land and light of all natural joyous energies. Allow these energies to fill your physical bodies, very gently but fully. The expansion will be gentle, but very vibrant Open yourselves to these and fill, fill, fill with them. You are feeling your entire body structure swell with these energies. You feel these wish to move out of your body structure but yet you contain them. Allow these energies to increase within you, vibrating, faster and faster yet gently. Yes, dear one the are at bursting point, and now you release them nut and out and out. Beautifully released dear one. If you wish, you may speak or simply make sound. If you do not wish, you may just continue to radiate. Allow the sound out dear one. Just sound. Allow the energy to now permeate each member in this room. Direct them with your third eye and allow them to flow. Yes, they are filing one by one, each member of this room. And they are permitting these energies in. You wish to make sound dear one. You may make random sound. Now

contain the energies once more, and allow them to spiral down through the chakric system, and end at the base chakra. Yes, yes. Gently release them and allow yourselves to come back to full consciousness. Wonderful. Gently come back to consciousness.

Let us have observations before we move on. Would anyone comment on anyone's progress.

**Group Member:** I think that despite the mental mind coming in between to say that will I be able to, everyone once they sat down, they just connected.

**Mahachohan:** Thank you , thank you dear one. That needed to be said. Would anyone else wish to offer, any comment? You may even gently criticize if you wish. It will all be constructive.

**Group Member:** There was a little fear in all of them, but as they sat and as you encouraged them they expanded and their fear went away.

**Mahachohan:** Thank you.

**Group Member:** They expanded beautifully.

**Mahachohan:** Are you all learning? Do not feel dear one, that because you did not speak out, the energies did not move. They moved effortlessly and instantly. All that would have been required for them to move even faster, was one sound from you, which you did permit to a small degree a ,w udib 'e) was all that was i equit ed But you pei mitted energies to move effortlessly, instantly and fully. Well done. Do not get stuck, in the fact that a channeling needs to be verbal. That was your lesson. You gave yourself permission, halfway through to just expand. Beautiful. Why not give yourself permission in the beginning?

Well spoken, expressed.

A good combination of your own energies which indeed they were and Master energies of the cosmos. See how easy it is, easy, easy. Next time you will allow yourself to leap and bound. Well done. What do you have to say for yourself. We will not give a critique, you will give a critique.

**Group Member:** I always was wondering what Elaeenah and Sohrab are going through and how these words and how they are coming to them. It was absolute magic. I did not know what to say. I just blanked my mind and I said "Masters, you take over" And I was just speaking and I don't know what was coming through but there was so much of love coming through. I was feeling that I was being completely drowned in love.

**Mahachohan:** Thank you. Each of you was given the tasting menu. One little spoonful to get excited with it. Next time, you will be permitted to go much further. Work at it.

**Mahachohan:** Dear one, you may work from where you are or you may come to the central area if you wish. Kindly support our three friends, with full high power energy. The three if

you will go within. Your channeling will be slightly different to this. You will connect , you will be guided and then you will speak with your own voice, turn by turn. Once again, you will be indicated with a touch, when to start and when to stop and we will proceed in order. Support them kindly with your energies. They all three require love and great grounding from our group. Go within. All three will instantly connect with the universe. You will not go into your physical body. You will cause yourself to leap up, up, up into the universe talking your energies far beyond this planet. You are at a space, far removed from our planet or galaxy. There is complete cosmic silence, and simultaneously beautiful sounds of creation. You will not worry about which Master or Masters are with you. Simply allow your energies to vibrate with cosmic light.

When you speak, you will speak for yourself but you are in full connection with cosmic light. You may receive full sentences, or random words or visuals. Speak them out. Do not censor or judge.

Dear one, you may start to speak when you wish. You are fully connected. Trust. Dear one. Speak. There are images and thoughts (inaudible)

**Sar :** Just *getting* the word family, all around me. All of them looking down on me from up and ..

**Mahachohan:** Allow yourself to bathe in the energies of the family hierarchy. Way beyond your current family. This is your cosmic family. Go within the energies and expand. As you expand, allow these energies to permeate each one in this room. Go higher, higher and higher dear one, yes deep within. This is the vibration of true family. Slowly return to physical but you may draw a strand back into you which is yours to keep forever. Gently return. Dear one, you may now go within and connect with your guides and spirits. If you need guidance, you may do this at will. Speak when ready.

**Group Member :** (laughter)

**Mahachohan:** Welcome.

**Arn :** You want to know what joy is? This is joy. (laughter) Welcome to the land of crystals, where we sing and dance and play. People think we are dead. Fools, poor fools. Come on take in our energies. Take our energies. Look at us. Look at the beauty of the crystals. Come to my land of the crystals. Take in the joy radiating from the crystals. Take in the power. Take in the energy,. Take in the color. Color I your life. Take in the colors of the crystals. You can do this whenever you want. Each of you, right here and now put the energy of the crystals in your third eye and learn to grow it over there every day. And be my friend for life. Will you all do that. (laughter)

**Mahachohan:** Thank you friend. Thank you. Release the energies dear one. Gently. Place your hand dear one, upon her heart center and stabilize it.

She is filled with joy and that can also be painful. Allow her to gently settle.

(To Sil) We give you a task harder than the others. You may indicate by touching. You will not speak unless you wish. You will contain completely in your physical Mother Mary energies and one by one those who wish to receive the Mother's blessings will kneel before you and you will supply her energies to them. For each one you must contain her energies fully. If you wish to speak to them, you may. You may otherwise simply bless them.

For those who wish to receive Mother's blessing, prepare yourself, one by one guided by you, allow them to kneel before her only for a few seconds blessings else the energy will be too high. If you intuitively feel they need to move request them to arise. You must watch this.

Contain the Mother's energies. She fills your heart center. She fills your throat center. She fills your third eye. She fills your solar plexus. She fills your entire being. Contain her energies fully. These are not gentle energies, these are powerful energies of love. Fill with complete power. Yes. Fill, fill, fill. Feel your hands vibrate with her energies. Contain them. Allow the first one to go. Using the energies within your hands you will bless this one. Continue to fill her. As you kneel before this one, do not see her physical, see the energies. Do not see her physical.

Take a moment and contain the energies again. Allow yourself to fill, with the energies. Now continue with the blessings. Speak to her if you wish.

**Sil:** Angels are all around you, filling the sky. It is actually unbelievable beautiful: Music that I have never heard in my life: Angels all around. There are little souls wandering around. Unicorns, Tigers and lions and children sitting on these animals. No one is frightened. There is a light all around and it is blinding. It is a beautiful white light which is so peaceful.

**Mahachohan:** Thank you. Continue to contain the Mother's energies and permit the work. Do not block the energies dear one, allow them in, Yes, you are (inaudible), allow them in. The Mother today gifts you dear one, silence- Inner silence.

Dear one, you will now bless yourself with the mother energies. Place your hands across your heart and bless yourself with Mother energies. Feel her within you, energizing, vibrating joyously, every cell in your body. Fill with her energies for yourself. Then gently permit the energies to release from your body. The residue being your right, your divine joyous right. Thank you.

**Group Member:** Three of them went up and I saw them in the universe completely. . .They took off so fast and they were up in the sky, they were flying. All three of them were flying. It was a most beautiful sight.

**Mahachohan:** Indeed. Thank you . No one here today, up to now, has not channeled. No one up to now is not connected and yet each trance gave a different appearance. Learn well from this. No two trances need to be the same, and yet one is not 'more valid' than another. All are valid.

Witness this one instantly through this session, she is attending and yet she is in trance. Yet another kind of link.

Your link was full complete and internal. You received cosmic family energies. Energies are of great magnitude and have filtered through you to your entire group. Thank you. Your joy was welcome. Do not limit yourself to what you can channel, hold and communicate. Also allow yourself come back time. Do not rush to return to the physical.

Dear one, beautifully held for one who does not channel. Your channeling was full complete, focused, effusive, vibrant and complete. Need we say more.

And now once again we attempt a different format. (To Pre and Zar) Facing one another Dear ones, are you more comfortable on your chairs, in which case you may face them. We will now witness a joint channeling. Two souls who will merge, and hold simultaneously one energy and will speak as they wish sometimes overlapping, sometimes together and sometimes individually, it matters not. It is significant of a joint channeling. You will need to be able to hold one another's hands. You will hold the hands in this format, left to receive and right to give, you may allow her whatever comfort she wishes. Dear one it is more important for you to be comfortable. Are you comfortable? Allow her a chair, if she wishes, this one will remain where she is. Simply a circuit must be set. Whatever she wishes.

Now let us form around the two a vortex of energy in this format. Passing in this format faster and faster and faster like a whirlwind allowing the top and bottom to be open but energies to move in this format, starting now. Dear ones, you may completely connect with the universe. Go up, up, up and you will be guided. Allow the vibrations to take you into the universe. Up, up, up into the universe. Up, up, up. You are deep in space. You are both floating in deep space upon an entity. There is what you term, blackness around, and yet there is vibrant cosmic light. Allow yourself, as two wonderful travelers in space, simply vibrate with the energies, of your friend upon whom you sit. You are cradled in the energies of a deep space being. you may speak at will, you may describe what you see. Simply speak. Proceed as you wish.

(Both Zar and Pre start moving in sync, swaying rhythmically, and both start to sing the most glorious celestial music... Zarine deep and *bass* Preeyaa in a high soprano. The sound and rhythm fill the room and the sitters)

**Mahachohan:** Gently return to your bodies, holding these energies, you come back into physical form and from physical you will radiate the energies outward to the members of your group. Yes, you are now back in physical form and radiating these energies. Now go within. Slowly release the connection and hold these energies within your self, at your flame center, the Hara Chakra. Contain these energies within your own individual hara chakras. These are very high level energies and must be guarded. Contain them. Gently release and come back to physical reality. Gently, gently. No comment will be made. You will simply sit for a few moments in these energies. Dear ones you will come back to consciousness.

Thank you.

(He directs two sitters to attend to the two who have just channeled)

Please continue to stroke both from the head down back to the tailbone. This will allow the two energies, their own and the high level cosmic, to merge and sit at the base of the spine.

Thank you. Nothing will be said dear ones. No validation is needed. You have done a great service to your group. Thank you. You must understand that sometimes joint energies are required. One would be incomplete. You have also today through these energies been introduced to the triple infinity symbol. This will be explained at a later date. It is a symbol similar to your infinity which contains three spheres.

Dear one, do you wish to share any of your written words with the group. Only if you wish to share. Understand that these are energy frequencies that she has drawn for herself. You may illuminate if you wish.

'GI' - What came through, was my son. The child that I lost in between the first son and my second son. He has been around for sometime now. Had he been born we would have called him Riyad. And he says "Oh mother dear, be what you will love. All the love within us and within you. Do not falter. Do not. We wait by your side, smiling down on you. You question, oh how you question mother darling. We smile and we come to bless and aid you. Oh mother open your heart and take in what you desire. The change (I have been asking for change in a lot of things, not for personal but the system.) The change will happen, it is already happening. Go with the flow. Your angels, your Masters, your love of your life will not hurt you. He is always with you. You ask if he can (inaudible) I was thinking that after we merge are we still that individual? Yes, he hears you and feels you in spite of the merging, yes, he can and he does as we all do.

You MMMs (Her mother, my mother and Meherbabā). Just settle down your thoughts and your answers will come through your Om guru om.... That you say and we dance to it. That is all though there is so much more we can say. Love from all of us for you. On wings of love you will fly. This is from a boy I would have called Riyad. And then again a little while later came I think was Meherbaba.

The oak tree. (All of a sudden he has been calling me, his oak tree) grows in strength and power, the root grow deeper, though shaken, we hold them dear for you. Never let you fall. Spread the boughs far and wide as the shade it gives grows larger, in and around those who wish to rest in it. Spirit of the trees go into and out of you till it reaches the ether. The universe hears yours passionate cries as you connect to self. Fill the ethers more often and you do not realize the impact of it. Celebrate life, we wish you to. Your beloved. (inaudible)

**Mahachohan:** Before she leaves this room, give her a case (envelope).

**To GI:** You will address it to yourself, from your son, and you will place it in the case and in your bag and you will carry this with you as long as you wish, remembering that it is a letter written to you. It may have come through you, but it is to you and for you. You may share this letter with whoever you wish including your loved ones at home. The energy and power of this letter is so strong that it will affect all those who hold the letter and read the words.



**Mahachohan:** (To Ngs, who had been drawing and writing all through the meeting) Would you like to share some of your work with us?.

**Ngs:** There is a mixed bag here but first Riyad came and he said “Riyad seeks right for you. He shall send someone for drawing.” Then in between Shri Aurobindo came and wrote his name and said “Aurobindo seeks service”? .. (inaudible). . . This is from my son who wants to be reborn and who has been saying so and Meherbaba has been telling him “no, you are not ready wait and so is Dr. Lang. He keeps on saying I am ready and I want to move. I want to make amends I want peace.” And then came all these drawings. One was I think from Dr. Lang, and it says” so we write for you Dr. Lang who so much (something) souls suffer.” I am sorry I am not in the sequence but, but when Silla was channeling Mother Mary St Germaine drew Mother Mary.

**Mahachohan:** Do not look at the lines. Feel the energy. Look beyond the lines.

**Group Member:** And this came when you were talking about your family.

**Mahachohan:** That is for you to keep. These energies will connect

you with your cosmic family. These are all trans circles.

**Ngs:** And there was one for Sohrab, it is a star of Bethlehem. And it says “Star of Bethlehem (inaudible) and so wants a guru and asks a favor.” Then it says “Forget what it was he to say. Give drawing to Sohrab when the sitting is over.”

#### GREETINGS AND BLESSINGS FROM THE MAHACHOHAN.

(At the end of the meeting, ‘Ruk’ asked why she had been ‘left out’ by the Master. Sohrab linked instantly, and was told that ‘Ruk’ HAD channeled in a completely different form to all the others, silently and steadfastly. Apparently, each time any channeling session is held, one (silent) member of the group, on a higher level, contracts with the master to ‘cover all the participants’ in a sheath of light, which literally ‘ties the meeting together’, enabling the sitters to individually understand the sequence of events within the discourse, even when they seem random. At this meeting, it had been ‘Ruk’ s joyous task to do this. Once again, it seems that the group had been demonstrated yet another form of channeling!)