

1<sup>st</sup> September, 2005

THE ASHTAR

*Channelled by Sohrab Ardeshir*

## Sphinx Energies

[Before the meeting Started, Roxan informed Sohrab that all the group members would have to enter the room one by one, and that he would have to activate, individually, their "Third Eyes". ]

Trance Channeling begins

Greetings from the Ashtaar command.

(To Avi and Ni) Is it a co-incident that the two of you sit before me today? Yes, two beautiful sisters. Your work begins today. You have been made part of the command, and today you consciously begin the work. You have been in preparation, the time is now right.

(To Avi) You, dear one, though you do not know it consciously, are also part of the Ashtaar command. You have undertaken, most willingly and graciously, to work with us upon your own planet. You will work, unlike this child (Nisha) who primarily works with Ashtaar energies, you will work with people. Yes, as you did yesterday, when you informed this one (Sohrab) that there was an interesting program on the television. You will awaken souls. You will excite others. You will tantalize yet others. You will awaken through the spoken word and your own loving softness. Do you consciously, willingly take this task?

**Answer:** Yes... And so it is.

(To Ni) Dear one, you are now ready to transfer energies as you have been instructed. (Private information had been given to 'Ni' during a prior one-on-one session) Do you have any questions? -

**Group Member:** I don't understand? I take in energies; I don't know what to do with them...

**Ashtaar:** You have, up to this point, familiarized yourself with many a energy. This has been noted. You will now acknowledge that you are simply a transmitter, for these energies. Understand that each energy that passes through you, in itself is a sentient being, with full cognizance of what is required from it. You are simply becoming the transmitter of different level energies. These energies will pass from the universe, through your transmitter self, and will transform themselves to a vibration that is appropriate, either the persons or the area which they need to work with. Your job is simply to allow transmission.

**Group Member:** Does it have to be done consciously?

**Ashtaar:** In your case, dear friend, you are our appointee. You must be conscious of it. Most of the work will occur on a higher unconscious level. You must put aside a small portion of your time for this work. Attempt to keep it consistent. If you miss a certain day, that is acceptable, however allow for a slightly longer period the next time. No fixed time is being given to you. You must allow the energies the time they require. You will instantly know when the energy has finished its work through you.

**Group Member:** Do I still have to sit everyday or not anymore?

**Ashtaar:** Not anymore. And now you may transmit the energy, preferably a fixed time but even that may vary.

**Group Member:** And when do I choose which place or person? Will that come to me or ?

**Ashtaar:** It will come to you dear friend. But you will not be choosing it. The energy knows instinctively where to go. You cannot direct this level of energy. You will not be able to, even if you wished to do so. You are simply the transmitter. However, without your power, as a transmitter, this energy would not reach your earth planet. Be aware of this, accept the joyous responsibility.

Blessings from the Ashtaar Command.

(To Rox) Thank you dear friend for so accurately conveying the information to this one.

(To GI) Dear One, you must remember that from time to time, outsiders, seeming outsiders, will be brought in to pass on certain aspect of energies, as has happened today. This does not take away your current role as guardian. You must not relinquish that power to anyone. When you, even out of kindness or deference, relinquish that power to another, you are causing an imbalance in this room, which may affect the meeting and the medium, who is depending upon your energies. Yet another step in your training!

(To Rox) Thank you for eliciting this from this friend, so that she could learn. The activation of the third eye. Why was this done today? Would anyone hazard a guess?

**Group Member:** Coincidence

**Master:** Anyone in this room who believes in a 'coincidence'? Haha! I think not!

**Group Member:** Synchronicity. I think.

**Master:** Mighty fine words. She hides behind these highbrow words! Come on take a guess! Would anyone else wish to hazard an opinion?

**Group Member:** I am only a conduit. I do not question.

**Master:** Oh how humble we all are!!! Haha

**Group Member:** I have learnt not to question. Just accept.

Master Today, this given instant of now, has been for your entire earth planet, a significant moment of energy release. It may interest you to know that 7 sphinxes from — around your planet have activated at this given instant. . 4 of these sphinxes are submerged within the earth. 3 are above ground. The sphinx energy is an interesting one '4 for you to study. It contains a combination of light, what you term extra-terrestrial educational energy, and also extra-terrestrial awakening energy. It also contains within it, the purest form of energies from your own mother earth- Core seed energies that belong to the elements water, earth, fire and air: All this within these particular Sphinxes.

Now do not play the mental game that most of you will, which is to immediately go and look up your computers to where the 7 sphinxes would be. You will NOT be able to locate them. None of these 7 have been contaminated yet by mankind. Yes, the word is contaminated. Mankind's energy has not touched these sphinxes, either physically or mentally. They are all hidden, to keep them pure conductors of this energy.

Now, sphinx energy is directly connected to mankind's 3' eye. It is the energy of wisdom, foresight, knowledge, understanding, connection between dimensions, and acceptance of new concepts. It also empowers you to shed unwanted energies from your grid structures.- All this from those magnificent keepers of the secrets. Hence "mysterious as the sphinx.", it may also interest you to know that these 7 sphinxes are the PRIMARY activation sources of energies released right now. These energies will in turn now begin activation of SECONDARY energy sources (vortexes) on your planet. Who would like to explore which ones are about to be activated? To guess?

**Group Member:** Far East.

**Master:** Let us make this a game. Do not worry about making a mistake.

**Group Member:** The Middle East. The Atlantic Ocean. The Antarctic. Close to the Artic. The Artic. These are the ones.

**Master:** Shall we give her a gold star and send her to the front of the class? Haha!

**Group Member:** What are the other two?

**Master:** Now she gets greedy! It is actually unimportant where these take place. What is important is that light workers such as you understand the process that is occurring. We applaud your foresight. Certain activation points are now going to be secondarily affected by burst of energy that has been given off by these 7 "loci." Certain pyramid-like structures will also activate, not just the Egyptian pyramids.

There are, around the world, many pyramid-like structures which are not in human consciousness. They are actual crystalline snow formations within the mountains of certain ranges. They are actual crystal structures beneath the ocean, and in some cases, they are

actual extra-terrestrial implants, in pyramid-like shapes, out of metals unknown to you. - Metals that have cognizance: Living, semi-living metals. These points are also activating, certain natural areas around the earth are also about to activate. Core centers of the desert with no apparent structure upon them, activate. Core centers within the ocean but... do not focus upon the ocean floor Focus upon a mathematical curve between the ocean floor and the surface. Do we make it more and more complex for you? And so it should be.Haha! Another very vital activation point is in the middle of the Amazonian jungle. Once again, an area unexplored by man.

At this given instant, all activation points are unknown and untouched by humankind. These secondary points will finally energies **3fl** level points, which are now all known to mankind. And these 31(1 level points are not seemingly religious structures, oh no. They are the central points of actual cities. Now, these points do not necessarily have to be at the geographical center of the city- The central energy point of a city maybe on its outskirts; from your perspective. These are now being activated and as you can witness, cleansing, portals, movement, are all going to start activating.

Not one instant of fear. There must not be among any light workers an instant of fear. There must be comprehension and instant work done as you are provoked individually or as a group. In certain cases, you may be requested as a group to send light and energy, not necessarily to prevent disasters, but even to enable them. Are you willing to do that as light workers? (All nodded in agreement) . . . We shall see, we shall see!

**Group Member:** Is Lord M, does he have anything to do with it?

**Master:** He is one of the many. Let us talk today about these energy vortexes around your planet. And when we say around, we mean within and without. Let us understand that. Perhaps you would like to ask questions first.

**Group Member:** How do these energy vortexes affect humans in their physical form?

**Master:** A good question. Let us explain this, in the simplest terms we can find. What happens when a little child puts his finger in a plug socket? He gets a shock. The energies are overwhelming at that moment and at that intensity, too much for the child to bear. If another child touches the plug point with a wooden object, he will still feel the energy, but it is now 'muted'. It does not affect his physical as much. In very simple terms, the energy vortices release a sudden burst, which is exactly how they operate. They operate in bursts and then go back to periods of dormancy: Burst and dormancy. So, should humans be around the direct burst, first level or second level? It would be so intense their physical bodies would not be able to contain the energy and they would either immediately vaporize or they would shift into another dimension. YES, ACTUALLY, PHYSICALLY SHIFT INTO ANOTHER DIMENSION. This is what has often occurred in what you term as your Bermuda triangle. Not always, but on occasion, there has been an energy burst directly where the people were and THAT has caused them to simply move into another dimension. Others have been vaporized. And yet others have undergone the experience of shedding the physical body so that they could experience firsthand what this phenomenon is on earth.

These were the souls of great scientists and great explorers. They came to this incarnation and lived a life which was focused TOWARDS THE EXPERIENCE OF THAT ONE MOMENT. That moment of what you term "death" was the soul mission of some of these scientists. Isn't that interesting? SO WHATEVER THEY HAVE SEEMINGLY EXPERIENCED IN THEIR FAMILY AND WORK LIVES HAVE BEEN PRIOR EXPERIENCES FOR OTHERS, NOT FOR THEMSELVES. THEY HAVE ONLY BEEN CATALYSTS TO AID OTHERS, TILL THE FINAL MOMENT OF THEIR OWN DESIRED 'SOUL EXPERIENCE'!

**Group Member:** Would the same thing apply to the Philadelphia experiment on the ship, (inaudible), appear and reappear?

**Master:** In a manner of speaking dear friend. There was an anomaly there, created between time and space. It was a rift as you understand it, not an intentionally planned outcome. Let us not go into that because that would lead us to explain alternative karma which we do not wish to discuss today. It is a subject for a full meeting! So that is why the primary and secondary sources are uncontaminated by humankind, and even if human beings live, (in your physical terms), relatively close to these burst points, the burst points will be placed in another dimension at that instant, to save humankind.

The third degree energy bursts are quite enough for all of you to experience and grow with. That is why those are known to humans. That is why you can be near a sphinx or a pyramid and feel a joyous energy rush and nothing more. It is the child touching the plug point with the pencil.

**Group Member:** So that's what we are feeling right now, all of us? At least I am feeling something like that.

**Master:** No dear friend. What you are experiencing right now is what we call being 'energy happy'. It is like a drug, and it is a joyous drug. You may participate in this as much as you wish.

**Group Member:** Does it only have a joyous reaction or can it have a mild discomfort?

**Master:** Oh indeed dear friend. An excess of energy received by each human being (and let us simply talk of the human category), is received in a different format, slightly different, in complete conjunction with that human being's soul at that given instance of now. For example, (pointing to one sitter) should you in higher form wish to have an instant cleansing of emotional debris, and at that same instant this child (pointing to another sitter) simply needed a boost, the same out-pouring of energy would affect the two of you completely differently.

All the most painful and emotionally 'negative' images would arise in you, presumably causing you to wail and scream and weep and run to your therapist. But in this case she would possibly fling off her clothes and dance in joy: The same boost. And so is it for each one who receives the energy. Each one will be provided with what is most appropriate for him. But yes, if one looked at an overall aspect of each person's life, it would be a joy. Is not cleansing joyous?

Questions.

**Group Member:** If vortexes have always been there, is the activation just now taking place? Who is responsible for it?

**Master:** The activation is not taking place 'just now', dear one. Activations have constantly taken place through earth's history, in different measures. Simultaneously as collective consciousness grows, more and more activation is permissible. It grows in complete accordance with the energy levels around it. Sometimes it is used to boost the energy and at other times the energy lift simultaneously raises the activation levels.

Attend to this one. Have no fear dear one, you are receiving an excess of energies to provoke this.

**Group Member:** The reason why I said this is that every time we come in here we always get some energy work happening to us.

**Master:** Let us understand in energy terms, what has occurred right now. As you have been just informed, the 7 sphinxes have been activated. The secondary sources have been activated. And currently the third level sources are being activated. The instant the sphinxes are activated, a build up will occur in all 3<sup>rd</sup> eyes, around this planet, all, all human kind and others. For those who are relatively energy sensitive, such as wonderful people like you, you will be more physically cognizant of energies either shifting within your heads or your bodies, activating other areas. If you take a moment, you may feel a part of your body has been activated today, which may seemingly have nothing to do with your 3<sup>rd</sup> eye. For example, in this one's case (Sohrab), his palms have been buzzing all day. Why? -Activation. Activation of actually the **3<sup>rd</sup>** eye area. This has simply transmitted itself to areas of low activation that required a boost.

Now these vortexes, to answer a further question, have been brought into high level activation. The extra-terrestrials, who have been working with your earth planet to move her into 5-D, have provoked this: Some from within the surface of the earth; as you are aware and some from above. Simultaneously, it is not humankind that has permitted this but humankind's new level of collective consciousness. There is at this given instant of now, a sentient being that has been formed by collective consciousness from humankind. Today is our collective celebration of the creation by humankind of an expanded sense of themselves: The Godhead.

Sohrab comes out of a the trance

**Sohrab:** We have to now spend a few minutes discussing whatever we want to say about this energy work and then I have to go back into a trance.

**Group Member:** The Sphinx which is above the ground has its nose mutilated. Is there any energy reduced of the Sphinx due to this mutilation?

**Sohrab:** None whatsoever.

**Group Member:** When you spoke of Brazil Amazonian part of Brazil, what I got was Lake Titicaca. Don't know why Titicaca?

**Group Member:** It is one of the chakras of the earth.

**Group Member:** Are forest fire part of the portals?

**Sohrab:** Very much so. In fact in Ellaeenah's channeling fire and water are the portals opening up around the world. Bombay had the same thing- Water and fire. Generally where you notice a flooding, there is also fire breaking out. It's a simultaneous cleansing.

**Group Member:** If you are saying that the first and second level of energy bursts will start now, what was happening two weeks or so ago? Were they not energy bursts?

**Sohrab:** What I think was said today was that the sphinx energy was activated today. The 3rd eye thing. Ok, let me just -I am being asked to speak as Sohrab, but I am in a link. There are so many vortexes around the world. We just know the obvious ones. We know, Macedonia and we know the various pyramids and so many others. It's like a very vast chakric system as we have in the body, seven chakras and all the others. What happens is that as a planet is growing, various vortexes are activated at different levels, and then say one may reach 3, instead of one reaching 5. 1+4 may open up or 1+5 may open up, which releases a certain vibrational boost, which is used to activate or stimulate something, whether it's cleaning or whatever.

Today's information is that the sphinx energy has been fully activated now, this instant. Why? Where it's going, I don't know, they are not telling me that. But it's something to do with very, very high, there is going to be a sudden upliftment of people, and people's ESP and people's intuition is going to leap as of this instant.

**Group Member:** The activation that we are given of the 3'' eye, what can we do to enhance it? There is obviously a reason it has happened.

**Sohrab:** This is really bizarre. Each one of us in this room today is a mini vortex. They have actually activated us, because whenever and wherever we. . . (inaudible) . .now that explains why you are here today and are leaving tomorrow. And I probably never see you in my life again. She is going back to Canada now, and all those in her periphery will now automatically get the energies that they need. So we are now living vortexes.

**Group Member:** So wherever we go.....

**Sohrab:** It will happen on a higher level. It's not that you have to talk to somebody, just standing at a street corner is sufficient to pass the energy to the strangers around you. And again, I am being told to caution you that this is sentient energy; it's not that you have to direct it. It knows where to go. It's just that you are pulling it and passing it on.

**Group Member:** So did this energy choose us for its transference?

**Sohrab:** It choose us, we choose them. It's a simultaneous bond. Don't think that's its only the people in this room who are going to get this energy. There are going to be many other living vortices, which are going to get it in other forms. Some will get it completely unconsciously in a meditation, in a group. Others will get it by linking with the earth, earth elements, I am being told. You know someone sitting in the middle of nature today, may get this. We are just being told this because it's nice as light workers to understand this and grow with it. We didn't even need this conscious information. It's been given as an added bonus.

**Group Member:** This last week, I have been feeling a lot of issues coming up. Is it part of energy cleansing?

**Sohrab:** Its part of the energy cleansing. It's going to continue for a while. And you are very, very water connected at this point. Use the water element as much as possible. Not only to bring it out but also to calm yourself. Drink even when bathing; be conscious of the water element cleansing you. I am getting again, drink, drink, drink water, a lot of water.

**Group Member:** Mentioning about fire and water elements. The last few days I have been experiencing a lot of water retention. What is the significance of that?

**Roxanne:** It's because you had to come here today and for this opening and you needed that to keep you grounded- That what I am getting. Now that you have taken the energy and the opening has come, it should dissipate.

**Sohrab:** I would like to add to that. Annie, it's also right now there is an issue that you are dealing with that you need to resolve. It's a big issue that coming up again and again for you. And you need to look at that. It's also buffering you from the whole pain of it. Please. I don't know whether you are conscious of this issue, but if you are not then, sit with yourself and it will surface.

**Group Member:** Vortexes that we are experiencing. Is that something to do with Ray 4, harmony through conflict?

**Sohrab:** No. It's a completely separate issue.

**Group Member:** What have triangles to do with vortexes?

**Sohrab:** They are not permitting me to go into a trance to answer this. I am being given a visual and I have to interpret it and explain it. And I am getting confused here. So just give me a minute.

As we know, our DNA is changing. With the "appearance" of the new planet (which we know has come in from another dimension) have also come strands of new energy that are now being integrated into earth energies, and into humankind energies. The DNA structures of those strand energies are primarily chains of triangles. A triangle within a triangle within a triangle within a triangle, in a chain sequence. These chains of strands are now being slowly



merged with our own. The final format is not determined yet. But that is why I am being told that many, many people are right now getting visuals of triangles incessantly. This is all you are seeing. You are actually seeing DNA strands of new energies which are now trying to entangle. What's happening around us right now? It's a delightful period; it's a period of the cosmic dance. And the cosmic dance is happening at an earth level.

**Group Member:** There is another formation that I get, The Pi symbol, 22/7. What is that?  
**Sohrab:** I am being told that it is not from the new structure. That is the mathematical aspect of the energies that have been released in the last 2 to 3 months.

**Group Member:** Is 22/7 the mathematical equation of the new energy?

**Sohrab:** No. That's very simplistic. It's a very tiny part of the equation of the new energies. It is probably going to be the Pi symbol with another 75 symbols after it. That would be the equation.

**Group Member:** I have been having a headache every time I go to the Sunday meeting and it disappears when the meeting is over. Is it something to do with the new energy?

**Sohrab:** It's a double issue, there are two things happening within you which are warring. You are now highly energy sensitive- Very, very finely tuned. But along with that comes a responsibility of your own body blocks. You have energy blocks in you which are again issue based, whatever your issues are. And because of your sensitivity, your issues are causing further blocks in your body. So you take in at one point a huge amount of energy, but the blocks are preventing it from flowing freely. It's like drinking a whole lot of water and not having a good bladder system. There is jamming inside you- Two walls coming up against each other. What I am being told is... don't block the energies from coming in. It is beautiful. But work on yourself so that you have energy command over your own body. You have been given this knowledge of doing stuff for your own body and other people's bodies. You need to open your blocks so that this quantity of energy can flow freely through you, move and release itself and raise your ...

**Group Member:** I was told, when I came here, that I was to share my knowledge. I don't understand what knowledge.

**Sohrab:** When they said share your knowledge, they wanted you to do it in two ways: Actually actively work on the esoteric aspects of Feng Shui, which you have been shown. When people come to you for counseling, I am being told, counseling and talking to you, you need to now actively do this work. Actually do it. If you are not getting a client right now, why not do a mental Feng Shui for any person's space you feel like doing it. In the sense that you come into someone's house and you feel something is 'off', and they haven't asked you to do it, work mentally using your energies to correct the imbalances in the house, as a gift from the universe. No one's asking you to do this thanklessly for the rest of your life, but they want you to hone your craft more and more. This is one aspect. Secondly I am being very clearly told that you are now ready for a lot of verbal counseling. You need to let people come and talk to you and you need to help them see clarity. This is not that you should be giving them kindly advice and solving their problems, for them. Not

at all. But you have the ability now to help them look more clearly at what is blurred. Help them find their answers. You have that ability, and in that you will learn. It is by helping others see it, that you will see it in your own life. You have been asked to do this. You are ready.

**Group Member:** Why am I being sent to Australia to this friend's house?

**Sohrab:** They won't tell you this. I am being told "Don't spoon feed her." So you go and find out. And they are not even telling me because they know that I will sneak you a hint otherwise.

**Group Member:** I have been feeling like a washing machine and a vacuum cleaner. I need to know what is happening.

**Sohrab:** I am receiving a very unclear answer. You need to talk to Rox about this. Speak to her after the meeting, in private.

**Group Member:** One would say one is impatient, but when do they say we will take this quantum leap to this other planet?

**Sohrab:** You know they are so mean. I have asked this question a 1000 times and they never tell me. I am getting a lot of probable answer, but they are not giving me a specific. It's all dependent on the rate of growth.

**Group Member:** Let's hear the probable.

**Sohrab:** 2012, 2014, 2018 and then I am going into 2032. These are all probable.

Sohrab goes into a trance again:

**St Germaine:** How did the Alchemist make gold? Not by combining metals, but by adding to them, space-time energies; thoughts; feelings; emotions and many, many other ingredients. That is why each one of you today is an alchemist. Your knowledge, your growth, your development, is a beautiful combination of adding aspects that you know you have touched in other lifetimes, but is not fully cognizant of in this particular incarnation. And adding back those strands into your collective life; making each one of you this beautiful, multi-hued being - 'Being of light'.

Enjoy the alchemy.

Blessings and joy from Germain.