

8<sup>th</sup> September, 2005  
THE ARCHANGEL MICHAEL  
*Channelled by Sohrab Ardeshir*

## Religious Festivals, Rituals and Customs

Trance Channelling begins..

Sai Baba gave a personal message to Mona.

**The Archangel:** What do these festivals mean? What do these rituals that I perform mean? Should I continue or should I release them? Have I grown beyond the need for rituals or idols? And the answer is, you must do whatever you wish from within and not from what is told to you. Each of you in this room is at an energy level, to be able to now distinguish whether the ritual has meaning for you, or whether you have gone beyond it. If you have moved beyond a ritual, or a set of them, and you yet wish to continue with them for the sake of the family, you may do so. But make sure you have made that a firm choice. Doing it only for show, will have no meaning and will earn you no points- Beyond perhaps a slimmer wallet.

Let us explain a little further about festivals. Whenever a human participates in any festival, a bond is formed between that particular human being and the energy, or the deity you are working with. Yes an actual contractual bond. Let us take for example, today. It is the day of the Mother. It is her festival. Does she need an acknowledgement of her day, her birthday?- Of course not. But it permits a contractual bond between a person, such as this one who has an affinity to her and her own energies. Imagine thousands and millions around the world, who make that contract on a certain day with the energy of that date. They hook up actual energy strands from that structure, which moves up into the universe and anchors itself in the sublime expanded energies of that being.

Now, as you have all understood, energy never moves in one direction. The moment the beam is put out, an anchor, a vibration is created in the universe, which comes back 10-fold, that hits you in your heart chakra, raising your personal vibrations and in turn, you cannot help but send back a beam into the universe, once again 10-fold, which hits the deity and comes back and this beam of vibration is created between you and the energy-Giving upliftment not only to you, also but to the deity energies.

Yes, you can actually empower your own deities. You are not small: they are not big. You have the power individually and collectively to increase their vibration. And in doing so, you are enabling your own vibration to rise, and rise and rise. Do you see how beautifully synchronous this is dear friends? The more you give, the more you receive- As above, so below.

Now, does this mean that you have to participate in all festivals?

*Not at all. Not at all. You may do so, if your inner vibration demands it of you. That is simply for you to give yourself an understanding of this vibration and a point to anchor it. When you do that, it serves to direct your personal attention, towards this beam that you are about to put out into the universe.*

Does this require in your house an idol, rituals and sweets? Not at all. But if you wish you may *use* the vibrations of those items to channelize your own energy. Therefore, let us understand that to participate in any festival, ALL YOU NEED IS YOUR OWN INTENT. Let us be clear here. Do not now attempt to participate in every single festival that your beloved country offers you. You will be spending all your time in participating and not receiving the vibrations that you actually merit. You must take a moment, feel your internal rhythm and understand where you require participation. Remember, this has nothing to do with your personal religion-Nothing what-so-ever. But at various stages of evolution and speedy energy growth that each one of you here is going through, for each one of you at different times, different combinations of energies are required, you may suddenly find, for example, a pull towards Mother Mary and simultaneously towards the one you call Sai Baba. Even if you have no personal connection with them and have no past history of understanding their energies, respect your own inner voice and instantly sit in a festive connection with them.

This simply means that you are acknowledging that the strands of energy required by you for your growth at this given instant of now is what they are willing to offer. And simultaneously dear friends as you offer this; you are empowering them to grow too. Do you see the beauty of participation? Participation is from here.

Do you have any questions?

**Group Member:** When we celebrate these festivals sometimes we participate at a very superficial level. Does it yet affect us?

**The Archangel:** Indeed. Let us explain this in terms of energies. In simple earth language, at times you will all read light frivolous matter, and at other times you will read heavy spiritual books. *Does one have better energies than the other? Oh no. Oh no. They have different forms of energies, both of which are required by you in your 3rd dimensional experience, to undergo, to vibrate with and to use in daily life.* Let us tell you quite categorically (with the risk of offending many here) that what you term pornography can be extremely useful as a tool: A tool of growth. Anything, however, used in imbalance, used excessively or underused, can cause further imbalances in your body.

Now, this is the tricky part. Who is to judge what the levels of balance are and what each individual needs at that given instant of now? No one, but you - You yourself. And that is why the Masters continually tell you, "Listen to your inner voice." Yes, dear friend, even the diabetic needs sugar at times. And he or she must listen to that voice within, and distinguish between a self-indulgent craving and a bodily necessity. So is it with energies. So is it with books and so is it with what you term frivolous partying. There are energy strands that are required by you in any form of frivolous activity, such as parties, social gatherings and yes,

festivals. It is up to you individually to decide how much of those energies you desire to take in and how far you wish to participate. Is this clearer now?

**Group Member:** Yes, it is clearer.

**The Archangel:** Let her finish the second question, or she will be bouncing *in this seat*

**Group Member:** Some of us take mannats, we go to the temple, or Mother Mary or we do Nine Novenas whatever. How does that help us to achieve our desire?

**The Archangel:** A very wonderful question. Generally, what you have described, or a specific pilgrimage or a specific diet, is called for from within for a certain energy 'shake up'. Please understand dear friends, we are discussing all these points today in terms of energies, to help you understand the merger between science and spiritualism. They must go together and you must understand both sides. A pilgrimage is perhaps a more fervent desire from your energy body to ask for a focused beam, which has to be sent out from you and attached to a certain area of energies for growth within you. This does occur at times, and should be respected by the person, unless it has been forced upon them. Members of certain communities are expected to go on pilgrimages. It actually has no meaning for most that do. Because the focus behind it is, "I am being forced" or "I must do this to appear devout." How can that have any energy bearing on your growth? On the contrary it will actually drag your energies down.

Yes, It can actually harm your beautiful structure, unless you change from within and decide to view the force as "I will now participate joyously." And then you can raise your structure even further. Similarly with any form of fasting, unless it comes from within, it is completely meaningless. However that will only affect the energy body to a small degree if it is done without meaning. There are of course extreme cases, such as when a person is provoked from within, seemingly to sacrifice another human being, or when rituals such as sati are committed, those cause great imbalances and are rarely, rarely created with actual soul growth in mind. For the most part, they cause huge energy imbalances, which then need to be corrected in subsequent lifetimes.

**Group Member:** Some of these festivities, in our participation, each one does what comes from within but it saddens my heart to see the confusion, the garbage and all at the cost of Mother Earth when will that awareness come, at the cost of Mother Earth and inconveniences to others too.

**The Archangel:** At the point that you physically step out of your house and clear the garbage that has been caused by those around your space, with no judgment and with complete love, and on the day that you and you and you and he gets up to do that, there will be a change. Till then no judgment, no judgment. understand dear friends, of course what she says is correct in your terminology but it is a force that is used to awaken and when will you awaken? When the force gets stronger and stronger and stronger and finally affects you. If for example any of you have these festivities at your own personal houses, and the house was filled with dirt you would instantly either clean it yourself or organize that it be done.

You would not wait half an hour. And yet when the street outside is littered, yes, each one of you is guilty of grumbling but no one does anything.

Take responsibility. Each one of you, each one, each one is collectively and individually responsible- Even those who attempt to change and start civic organizations- Even they are still responsible. It is part of what you have undertaken to experience and understand in your third dimensional reality. Remember dear friend, Earth and this planet is one of the few that has the option of free-will. And you have all individually chosen to come to earth, to experience the joys and unpleasantness of free-will so that you can make a choice. If you had chosen to incarnate as most of you have time and again, on other planets where there is no free-will, then there would be no issue of littering. It would not exist, as the only direction would be for you to move towards the light and towards all that was harmonious. Litter of any form, be it physical, be it mental, is not harmonious. It is not of the light. It only exists to help propel you to come towards the light. How can you wish to go towards the light, if you do not wish to go away from somewhere else? If you do not know and understand chaos, how can you appreciate harmony?

**Group Member:** If we take a “manta” and we go for 9 days or 4 months of a particular fasting and we are up to it and we leave it mid-way, will it affect our karma?

**The Archangel:** Of course not dear one. of course not, unless you have done it from imbalance. Do nothing from imbalance. Choose to do it, if you wish, but from balance. Not because you will earn points from the Masters. You will earn no points dear one. What happens when you undertake any such ritual, is that you align and vibrate at a different level. You are moving into a new level of vibration. But if you do not do it with focus and desire then there will be no movement upward. It is like walking in the same place, rather than moving forward. No harm will come to you. It is simply purposeless.

**Group Member:** When we take “mannat”, I am using the word “mannat,” , if it’s not in the blue-print would it manifest in our life?

**The Archangel:** Now she plays games with the Masters.

**Group Member:** Am *I not* allowed to?

**The Archangel:** Of course you must. That is needed and wanted and desired. If it is in the blue-print, and very often it is, very often but not always. If it is in the blue-print, of course it will occur no matter what.

Let us take the example of the so-called fast. If it in your blueprint to fast and you attempt to thwart this aspect of the blueprint, you will immediately develop a throat infection where you will not be able to swallow, or something similar will occur in the stomach, which does not permit the food to go in. And the universe will continue to smack you on the bottom, till you listen to what you need to do. If however, it is not in the blue-print, but it is a choice that you have undertaken, a free-will choice, you will do it, if you have decided on a higher level that it will propel you to the next step. This is done mostly on a higher level, partly on the conscious level. At times you may take a while to decide, “Does this work for me or

not?" And if you decide no, alternative means are more appropriate; you will instantly reject it and find another way of achieving what you need for yourself. Remember friends, you are never doing this for anybody but yourself. And who better when you are God: Worship here (pointing to self) And you worship there.-Empty words for most. There is not one in this room who does not know that phrase and yet how often each of you forget it? And you forget it saying, "I am small, I am fat, I am ugly, I am undeserving, why is this happening to me? Everybody always punishes me. Etc, etc, etc." Is there one here who can say, "I am not guilty of this?"

**Group Member:** It's very difficult in human form, -the illusion gets us all.

**The Archangel:** Why have you chosen it? -To live simultaneously in illusion and in truth. And to finally merge the two, experiencing the illusion joyously, fully, and simultaneously seeing the truth. What are each of you doing here, now, in this instant, just that? Are you not aware of who you are and your problems and your personal desires and your physical ailments and simultaneously are you not, right now, this instant, on a more expanded plane? ...(inaudible) but extend it beyond this room. Be light. Dear friend, (to Nan) we request you seat yourself here. Today is a very special one for you. This is not in your blue-print (laughter). This is not even your free-will choice, though of course, it has been agreed to on a higher level. It is a gift that the Masters wish to bestow upon you, to raise your own energies, to a new and expanded level. Do you accept this gift?

**Nan:** Yes.

**The Archangel:** We request your participation, dear friends, just as has been explained about how you put out an energy strand from your heart to the deity, let us, using our heart chakras, empower this dear one and allow simultaneously a return of energy from her heart center. Do you all willingly participate?

**Group Members:** Yes

**The Archangel:** Thank you. Should any *in* this room desire *not* to participate in it *for* whatever personal reasons, they may do so silently, by simply quietly placing a beautiful golden shield upon their heart center and containing the energies. There will be no discrimination if anyone chooses to do that. It is their divine right. For those who wish to participate, kindly go within. You may keep your eyes open or - closed as you wish, and focus on your own heart centers. Let us not use the words "chakra," as we wish to use the entire heart center which includes the throat chakra and the solar-plexus chakra as well. Feel your own heart center expand with light-Golden white light. Expand your heart chakra, wide, wide, wide, beyond your body beyond your 12 body system and out into the universe. Yes, see yourselves as now brilliant 9 golden white stars. You have no form; you have no chakras- you are just expanded light. Now visualize a beam of light from the center of this expanded star, going directly to the dear one in the center, and energizing her central chakric points. Continue to bathe her with energy.

Dear one, open your central chakric system, and completely welcome this energy. Expand with it. And as you expand, you send back in each single direction, energies 10-fold. And as

you expand, you too become just a star. Expand, expand, expand, joyously, expand. As you continue to expand dear one, allow one beam of cosmic energy to enter your crown chakra and merge with this collective energy.

This is the beam of silence- Inner silence, welcome this inner silence. It is the illusive beam you have been searching for. Welcome it. Allow it to continue to merge with the energy that you are being fed and that are feeding outward from you. Through you, each one in this room receives inner silence. Dear friends, each and everyone in this room, allow yourself to feel and resonate with inner silence. Slowly release the energies. Each one in this room may now return to their full physical form, feeling a little more vibrant and expanded than before. Dear one use this inner silence. Explore the corners of the universe with it. Sit in meditation in cosmic (inaudible). Fly to distant planets with it and at all times experience the silence. At times you will find the silence deafening. And at other times, this silence will play celestial cosmic music. Even in that music is silence. Dance the cosmic dance. Be the Natraj. Understand that the energies of the Natraj are nothing but cosmic pathways.

Each of you is now experiencing the cosmic dance. And yes, each of you is experiencing physical anomalies, strange moments, and multiplication of cells within, unexplained ailments. Have no fear, this is simply your body changing, adjusting to the new level of vibration, the new levels that each of you have chosen to experience. Give it inner space to expand and adjust, knowing that you will never be quite the same again.

Get rid of old energies and old patterns. If you find old friends, not meaning as much anymore, accept it. You are not being heartless. You are moving from one energy level to another and that person is simply not at the same point. This does not mean you need to cut them out of your life, no. It simply means you embrace them even more but acknowledge that the bond that existed earlier is not needed anymore. This will happen with friends. This will happen with those around you in your household. Yes, it may happen with your staff members as well, both at home and in the office remember. Permit growth, for without movement, where can the energies fit into your scheme? Remember these well dear friends. Remember this well.

Blessings from Archangel Michael.

(To Nan)

Would you like to channel today? I am being told that you can. I will stay in a link

Nan and I will guide you through this. You don't have to speak out too much.

Let whatever comes come, at the point where it's provoked. I request all of you to support her with energy. Would you like us to chant "Om."?

Nan.. go deep within and just be with your inner silence for a few moments. See yourself expanding outward, just as you have done in this beautiful star like form. But as you expand, your focus is still ...(inaudible).

Expand and go deeper into silence. Continue to expand. There is an entity who wishes to speak through you. Do not attempt to identify the energy. Just welcome it. Feel it entering from the back of the neck to the shoulders. The energy is slowly filling you, merging with your own. Yes, take it in. There is space for both. You will never lose your own energies. You are simply merging for the sake of allowing a channel. Expand your body and allow the energy in, and whenever you wish you may speak.

**Nan:** Greetings. Energy is changing. Gold light, just gold light.

**Sohrab:** be the light, speak as the light.

**Nan:** Its telling me to speak, but I don't know what to speak.

**Sohrab:** Just contain it. You do not have to speak out. only speak if you feel provoked to say something otherwise contain the expanded energies. Make space within yourself, you are blocking the energies inside. Allow yourself to contain both your own and the entity's.

**Nan:** I am just seeing Jesus in a cradle. I am seeing the Star of Bethlehem.

**Sohrab:** Come place your palms, upon my palms, we will contain the energies together. Connect with me, third eye, to third eye.

**Sohrab:** containing Mother Mary energies

My dear child, why do you fear my energies? Yes, I work through you and him simultaneously. And yes, your visuals were appropriate.

**Nan:** (inaudible)

**Sohrab:** Let us both contain my energies and bless these friends.

Soon we will be together.

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