

13th October, 2005
THE LORD BUDDHA
Channelled by Sohrab Ardeshir

Death Series:
A home Coming
An energetic experience of three souls crossing over

The Trance Channelling begins..

Lord Buddha: Greetings. [To GI] Why was his body shaking so much right now? You are allowing the fear of strangers to overcome you, and you are not permitting the answer to arise. This was a deliberate question for the guardian. Let us explain. He has just finished very high level energy work. He is now moving into a different plane of energy, and needs to adjust and acclimatize to this group. His body is resisting the change. It is as simple as that.

Your job as the guardian will now be to adjust the energies in the room each time, taking the high level energy and simply smoothing it out, bringing it to a level that you intuit is correct for the next group. Most times you will have to bring it down several notches, yet at other times, you may have to raise it. Is this clear? For those who have just attended the other class, allow your own bodies to now settle into a new level of vibrations. If you feel a physical desire to move or shake, allow this to happen.. It is helping your own body adjust to new levels.

What lovely fresh energies there are in the room today. And most appropriate. Beloved ones, we are continuing our series on what you term death. What you term death is what we term "coming home." And yet we will continually use the word "death" to drive the fear out of each one of you. Imagine, if you will, what it feels like when you have been away from home and have had a hot, disagreeable and upsetting day at work, and you wish to come home. And you long for the comfort for your own hot shower. And you long for the comfort of your own smooth towel and you long for a home-cooked meal, followed by your own bed, with your own particular pillow that is 'just right'. That is what happens when your physical body grows old and yearns to go home. And yet you hang on, to that hot and dusty day, not wanting to go home, because you simply cannot remember home. And you feel the tug within to go home and yet you say "No, I must stay out in the heat and the grime and the dust, because I cannot remember home" And that is all that home is. Warm, comforting, joyous. So continue to call it death if you wish and so will we.

Last time, you interacted with 3 different spirit friends who had come home. 3 spirit friends at different levels of personal realization. In each of our sessions now, you will learn of different aspects of home. Enjoy the journey home.

We will start with an interesting aspect for you. We will allow this one (indicating Sohrab) to channel a spirit now who is about to return home. You are not permitted to speak to this spirit. He will only express himself briefly through this child and will then be forcibly removed, and we will return to answer any questions you have. This will occur with three different friends- All three who are about to leave your city.

[Sohrab proceeded to channel an entity that first displayed fear, and then almost instantly seemed accepting of his 'transformation']

That friend moved across in a completely natural manner. He came from poor, lower middle class roots, but had an innate understanding and acceptance of death. You simply witnessed the last few seconds of his physical embodiment. Though he *was* 'ready', at the age of 94, to shed his physical and move, there were those few moments of abject fear, not experienced by all, but experienced by him. Instantly he received a call to move towards the light and he saw in the light before him, images of his wife, his mother and his beloved uncle. Instantly he received calming energies and he simply slipped out of his body.

Would you like to ask any questions?

Group Member: Was he suffering from a disease?

Lord Buddha: No, beloved. He was simply infirm with old age, but had no specific illness. It was his third exit point which he chose to take.

Group Member: There was a sound, a distinct sound. Was that when he left?

Lord Buddha: Beloved, very well intuited! Learn to acknowledge your own growing power. The sound that you intuited was a cosmic burst that occurred when he moved from one form to another. It was a unique cosmic burst of his own higher level energies, giving the soul the thrust it needed to leave the physical body. Exactly the same burst occurs at birth.

Group Member: So it was not a physical sound?

Lord Buddha: It was a cosmic sound you heard. (To GI) Beloved we asked you to cover these electrical points (indicating the lights) for this particular session, as sound and energy bursts like this will possibly occur through this session, and there may be power fluctuations. We do not work randomly.

Any further questions?

Group Member: Should we 'practice' death being joyous?

Lord Buddha: Beloved, move step by step. Indeed it is joyous. But first move to a level where you completely accept the process and are able to be so internally familiar with it, in terms of vibrations, that it does not bother you, as it does less evolved soul. This does not mean that when you lose a near and dear one, from this realm, you should not grieve. YOU MUST. You must experience the realities of 3D life and if that means full grieving for you, go through it. But simultaneously hold onto complete knowledge that you are grieving only for self. You cannot grieve for another who has gone home. Know this and yet grieve. Let us now move to our second friend.

[A second soul passed over from the physical plane, this time displaying great physical agony]

We show you these images, not to shock you, but so that you can learn from them. Have no fear. Under no circumstances, shall we permit this child or the souls who are passing over to be, in any way, damaged or permanently scarred by these experiences. The one you witnessed just now was a murder victim. He received a knife wound in the back. Found his life draining out and was suddenly taken aback, when he saw himself lying on the ground in front of him, and yet felt completely alive in spirit form. He could not reconcile the difference between his physical body lying before him, and his own spirit body which he still saw as completely human.

He made two attempts to reenter the body but it instantly rejected him, as all vital signs had stopped, and his cells had started to deteriorate. He was then ready to leave, at which point we removed him from this body (indicating Sohrab), as it would have been harmful to his growth to remain longer. He is now safely on his journey across realms.

It may interest you to know, that he was not what you term an evolved soul, in terms of understanding in an earthly form what he was about to experience. He had no particular views. He was not sure whether he would experience an afterlife, or whether it would simply be a void. Though he was of what you call the Muslim faith, he was not a strong believer either way and in fact social conditioning caused much confusion in his spiritual evolution.

Now he is starting to create an energy visualization of what he wishes to see. He is seeing now before him the face of his own prophet, and he is moving into the face- His own created visualization of the energies around. Questions?

Group Member: I immediately felt that he was stabbed, but I couldn't tell where he was stabbed.

Lord Buddha: You are now learning to align your energies with those of the medium, which is the best possible way to receive whatever occurs in any session. It is now time for all of you to go beyond words. Yes, you may listen to what is emerging from his mouth, but you must also sense and feel and be and experience. What you also sensed, but have not vocalized, was the life force draining out with the stabbed wound.

Group Member: I want to understand what earth bound entities are and why should we go towards the light.

Lord Buddha: That will come in a further session. It will be answered. Very briefly, very briefly, for the purpose of those in this room, let us explain, that earth bound entities can be of different forms.

1) Many souls, such as the one who just emerged most brutally from his body, refuse to accept that they are on another plane. Such people, particularly accident victims, or those who have left abruptly in any form, even if it is natural, choose to remain among earth energies, till such time as they learn their own vibrations are different from all around them, even though they are standing this close. It is at that moment that realization dawns on them from within, that they are now on a different plane. And the moment internal acceptance starts, they immediately move away higher and higher. At all times they are surrounded by guides, friends and loved ones, who are there waiting patiently to answer their call. These loved ones even appear in front of these souls but the souls many times refuse to acknowledge their presence and therefore they do not even see them. The loved ones as well as masters must accept the free-will choice of the soul and stand by patiently and lovingly supplying energy, but not directing it, allowing the soul to use that energy to lift itself. It is like wrapping a little child in a blanket but not physically moving the child.

2) Moving towards the light, as you term it, is simply an energy visualization coupled with an energy flow that occurs when you shed the 3-D body. Instantly you are in a completely different form, with a different vibration, in a different atmosphere. As was just said, all forms around you at that moment become extremely dense, because you have moved. You wish automatically to move towards a form that is a few steps ahead of your light vibrations. Instantly you get the urge to move towards the light. As you flow into the light, and let us keep that visualization for your understanding, you are simply moving into a more and more expanded state of being. As you move into it, your own body which is now not dense anymore, but made up of brilliantly vibrating light molecules, starts to expand. As you expand, you wish to move those two more steps into a more rarified state and so you continue into along the tunnel of light, till you reach the plane where you wish to start homework.

Group Member: Do the other bodies start disintegrating before the physical one? And in a case like being stabbed what happens?

Lord Buddha: They do not start disintegrating, they start expanding. They actually start the vibration from the outermost moving inward, Each one intuitively that the soul is now ready to shift from this form, and so each of your upper bodies, starting from the outer most moving inwards, starts to expand like a flower opening its petals, to release the central soul, in a cosmic burst from the center of the flower that is you!

Group Member: That is why we get the ashen look on the skin?

Lord Buddha: This physical body does indeed start to deteriorate. But all other bodies, including your own soul fragment, start to expand. And just as a newborn chicken within the

egg has to shatter the egg to emerge, so does the internal soul fragment have to shatter the physical to escape fully. It's at that point that the silver cord is finally severed. It is not actually severed; it simply expands to such a fine level of vibration that it is not there.

Group Member: You have mentioned that there are certain souls that are not quite as evolved in terms of knowledge of coming home. What can we do to help souls where there is a sense of awareness that they are going to be going home soon, but they do live in deep fear of that event? How can we help them and what can we do to ease that because sometimes words can't really express it. So what is it that we can do?

Lord Buddha: Beloved that is what this child does on a daily basis (indicating Sil). Speak to her for personal advice. What we wish to say to all of you, is that with this advance knowledge that you are constantly receiving, use your own intuition when speaking with those who are soon to depart. Intuit what and how much they are ready to hear. You cannot overburden them with your vast knowledge. That is your test.

Sometimes they may simply need a hand held, and a kiss on the brow. At other times they may need a full explanation of the beyond. At yet other times, they may need reassurance from their own religious background, and beliefs. That which goes against your beliefs may be required for them, in which case supply it through another. Not through you as you are not capable; but through another; use your intuition. Always remember beloved, when giving a gift always give what the other wishes to receive, and not what you wish to give.

Group Member: Sir, you just mentioned that all the bodies start expanding before the soul moves. How much in earth time would that be approximately?

Lord Buddha: It depends on several factors including the evolution of the soul. The level to which it has decided at which instant to leave, and the factor of those around who could be either aiding the soul to leave or holding the soul back. But normally, in earth terms, one would say between one to three days- That long. One Day at least,; for the outer levels to start disintegrating. On Day 2 the middle levels, Day 3 the final surrounding followed by the release. But this is an extreme generalization.

Group Member: Would it then change if the person was ill for a long period of time?

Lord Buddha: Do not confuse illness with this process. Illness could also be an experience a soul wishes to go through before release and that could last several years. And yet highly evolved souls can start and finish this process, within seconds. Do not judge evolved souls by what you know of them on the earth plane. Many of those souls, who just seemingly drop dead instantly are highly evolved souls, who have chosen to shed like that. And yet in your terms they may have been the most irritating, uneducated, and uninformed souls. Now this does not mean that all that shed their bodies instantly are evolved. No. But generally it is so.

Group Member: You said the soul leaves the body, can it be through the eyes, or can it be through the crown chakra?

Lord Buddha: Beloved, these are popular misconceptions based on interpretations of various myths and legends, which do not really apply.

Let us explain. When the spark within, which is the fragment of your higher soul, and we have understood it is a fragment connected with the vastness that is you. When this fragment wishes to leave the body, shattering takes place as has just been described from outwards in. The actual exit from the body, will generally take place (once again a generalization) from the points on that body that have been the most activated during the person's lifetime. Now for most, for most who are perhaps not spiritually constantly searching, but who are existing in normal life, their most active sensitive points are generally the crown chakra, and the third eye, to a lesser degree than the crown chakra. It would be an acceptable statement to make that most humans have an active crown chakra whether they are spiritually aware or not. They have to a lesser degree activation of the third eye. They also have activation at the heart. But you know how the heart chakra can be blocked, in many, many humans.

The eyes have often been demonstrated as the exit points because these are contact points between this body and the heavens. Visual contact points. So yes, they can often be extremely active, but for someone who is relatively spiritually aware exit can take place from anywhere, simultaneously. It can emanate outward from every body pore, or it can simply vanish from the crown, or the back of the neck, the throat chakra. In fact for many who are used to speaking in public their throat chakra would be their likely exit point. So do not get bound by folklore.

Group Member: We are told that we choose and make our blueprint. Do we also have the exit point and the way we are going to die already chosen?

Lord Buddha: Generally you have the exit points at various times in your earth age. We are looking at it from a linear point of view, to answer your question. The exact method is not generally pre-decided. However, as that exit point nears.. .but let us use a hypothetical example. Let us say that a child who is standing before us has pre-decided three exit points which would happen at age 12, age 44 and age 100. He has come to age 12 and has decided that no, he needs to work on the human plane much more to gain knowledge. He simply moves through that exit point, sometimes having a near death experience and at others not. At many times that little thing will happen which says or rather provokes you to say, "My goodness, what a close shave I have had. One step to my right and I would have been killed." Would you like an example of an exit point this child circumvented (indicating Sohrab)? It occurred 5 years ago, at the beach. A coconut missed his head by a few inches and grazed his shoulder. That was a possible exit point for him.

Group Member: Was he conscious of it?

Lord Buddha: Not till this instant.

Group Member: So when does this take place that "I do not want to go now"?

Lord Buddha: It happens in a sleep state and in a higher conscious level. As this hypothetical

child is approaching his second exit point which we have spoken of, which is at the age of 44, he now decides, "I wish to continue my work on the other side. I have completed what I need to do on this earth plane. It has no more to offer me." As his exit point is nearing, he examines on a higher level, various options or ways he can go. Yes, and then he assesses what will be most appropriate for his personal growth and development. Whether he wishes to choose a violent death, a plane crash, or an easy death, a coconut on the head, which he would not be aware of or a lingering disease which could also teach him, and help him grow till the exit point appeared. He would initiate the sequence of the disease, at an appropriate time before the exit point. He would give himself 6 months or 6 years of the disease depending on his needs. So it is not the inception point of the disease that is important. It is how long it carries on before the exit point. It's not as simple as you think.

We must move onto the last one.

[The third soul passed over from the physical plane extremely smoothly]

3rd Soul: Om

Lord Buddha: And that was the last friend. A highly evolves and developed soul, who chose to shed joyously, instantly understanding the processes. And though at this level of knowledge he was still not exactly sure what would occur next. He laid himself completely open, and laid himself at the feet of the Masters. His movement through this child was so fleeting and even. .he had complete awareness. The choice is yours. Remember this, in those final moments, where fear is likely to occur. Surrender joyously, and then it is as easy as this.

Any questions?

Group Member: About 8 years ago, I had a near death experience and I clearly remember the incident even today. I stopped breathing for a few seconds and everybody thought that I had passed away and I traveled at a very high speed and there was this white door or light. When I reached the door I was told or consciously decided to move back, and within two or three seconds I was back in my physical body, and everyone was freaked out when I told them the next day, but it was a true incident and it was a true experience that I had. So did I consciously choose to come back or had I made an exit point and then come back?

Lord Buddha: You had never chosen the exit point though it was one, but you experienced a sudden loosening of the inner self, during the process, that was extremely seductive. And it is. Shedding this physical denseness with consciousness being simultaneously being awakened, is very joyous and seductive. You chose to fly and you chose to take responsibility and return It was never an exit point that you had contemplated, though it was an exit point that could have been. Pat yourself on the back for having taken full responsibility.

Group Member: People say that on your hand you have a lifeline.. (inaudible

Lord Buddha: If you were to conduct a scientific experiment and measure the lifelines on a sample of 100 people and then put together all those who have exactly the same distance and then tell them that they were all going to die at exactly the same span, they would laugh. It is not possible beloved. This is a map. It is a map and those who are intuitive, channel through this map and receive this information. The map is simply an outline, outlining possibilities and probabilities. Those who accurately read the palm are actually using this as an entry point to tap into a higher consciousness. They are channeling just as this child is doing now, except his trigger point is not the palm. Therefore they often receive accurate information, if they are clean and clear channels, which they are able to pass on to those who they are speaking with. Yes, there is possibly a correlation, assuming that you have a relatively short lifeline, the likelihood is, your lifespan on earth is more limited than another but it does not give you an accurate definition. Because at all points (as has just been described) before exiting, the soul always reevaluates whether it wishes to stay or to leave. It has three main points to do that. Those with a shorter lifeline would possibly use the first or second. It is likelihood but it is not necessary. The short lifeline person may live to a 100 + so allow this map to be a guide to you but never get fixated by it.. the messenger maybe faulty.

Group Member: Some time ago I met someone who said a few things to me which apparently were right and the other thing I have no way of knowing whether they will come true or not. What he said of my past was kind of right and he told me that by looking at my face and then he also had a look at my palm and said a few things which didn't quite impress me, but I was more impressed with the lice reading part. So what was that person doing and the things which haven't yet come to happen, would they also come true?

Lord Buddha: The palm, the face, the third eye, lean read her elbow if you wish. All points of connection, beloved: Simply that. Now the test is in this particular case for you. You have been given a seductive, tantalizing set of answers which seem to fit; therefore you feel that all the future predictions are now going to be equally accurate. The choice is yours. Those are very strong possibilities that have been brought your consciousness to help you evaluate whether you wish to go there or not, Why is it that you were given that experience and not her? Because you chose to flex your own creative muscles, to self create what you wish for the future. If you do not wish these outcomes, change them.

Group Member: How?

Lord Buddha: You will hold a class and you will teach them how to change their outcomes. This will come through you- One single class- One single class. And you may offer this to all you wish. And you will use this topic to speak on.

Thank you.

Group Member: You kept my mouth shut.

Lord Buddha: That is not possible. We wish to end this session now, with the help of this

one. (Sohaya) Are you ready? You know. He wishes to now speak through you. Today you will hold his energies fully with the help of these beloved ones, and if you wish you will speak, if not you will just hold and vibrate his energies fully without the tools at hand of paper and pen. It was no accident that you were called.

Would you aid her in this process? (indicating Sohaya's parents) Beloved, allow them to sit on either side of her. You may remain where you are if you wish or you may sit down, as you wish. Kindly face her. I must request the group to supply these two beloved ones the energy and they and they alone will supply her with the energy she needs. Only supply them with your power. Go within, He has been waiting for you. He is entering you through the back of the neck, through the crown chakra, through the heart and through the solar-plexus simultaneously. Fill. Fill with his energies. Feel him within you. Deeper. Deeper. Yes, allow him to express himself however he wishes. Let him smile, let him laugh. Fill. Fill. Fill. Release. Release her hands. Support her from either side. Expand with his energies. Using your own voice, you may speak out whatever he wishes to say.

Continue to fill; we will chant 9 Oms for you.

Sohaya (Channeling her grandfather — Papuji): He says he comes home every day and he has told you not to cry. And he says he will come every day. He is going to so many of them come home, Sushilamma too. And not to worry, he says. You will be fine. Everybody is getting a message of love from the other side and everybody here is welcome home, to his house.

Lord Buddha: You may speak to him if you wish

Group Member: It is such a moving experience. I am overjoyed. I am very happy. Too much. Thank you for coming, thank you for being with us. Most happy. Thank you.

Lord Buddha: Slowly release his energy slowly come back, releasing the energy from within you, knowing that this energy is always with you. It is a joyous connection that you two share and will always share. Come back to complete reality. Come back to full consciousness. Beloved, you will now continue to channel him on a regular basis, partly written, partly spoken. It is your next stage.

Group Member: Thank you.

BLESSINGS AND LIGHT FROM LORD BUDDHA.