Death Series:

Souls Who Have passed over a while ago

Trance Channelling begins..

Can you sense the different levels of energy amongst the sitters in this room?

Group Member: I felt a lot of .. (inaudible)

Sohrab: And that is correct. It is a harmonic difference. Just as for a musical composition, you need several notes, and differing levels of energy for the whole piece to be harmonious, so must it be with this beautiful set of people. Don't confuse different levels of energy with a lack of harmony. This is for her training. (Indicating to GI) Each time we will begin with a question for her and she must be prepared.

Friends, as you are aware we are in the midst of a series on what you term 'death'. We have deliberately chosen to show you different aspects of death and have permitted you interaction with beloved friends who have moved to the other side or who are in the process of this transformation, to help demystify the aspects that you find so terrifying.

You have been permitted, in prior sessions, conversation with three souls who have just moved over to the other side, and also three other souls who are in different processes of their own. Today's session will be another glimpse, another view and another aspect and we urge you to ask as many questions as you wish of the three souls who will channel through this child. They are three who have been on what you term 'the other side' for a substantial time period, and are joyously and willingly here today to helping in your growth. Ask whatever you wish. No question will seem trivial. Let us permit the first friend to speak.

Soul 1: It has been a long time since I have been in physical incarnation. The shaking you just witnessed was my process of adjustment, not this child's. Learn to distinguish between the two. I greet you all, and will speak to you from the feminine perspective. As you know on our side, there are no sexes, but my pre-dominance on your earth planet, life after life, was in the feminine physical. I will thus speak to you as a woman. Ask me whatever you wish.

Group Member: What is the kind of work you are doing now?

Soul 1: I have been a caretaker of children's souls. This is not because of my feminine nature but because of my innate ability to understand the mind, the actions and the souls of youngsters. (Of course, there actually aren't any young souls, just young children from the earth plane). When young children move across to our side, either suddenly or after prolonged illness, most of them still carry the mental attributes of their lifetimes. Only a few are in full connection with their own divine higher presence. I am one such soul, who welcomes them because I have still complete earth knowledge of youngsters' minds, and I help merge that earth knowledge with complete spiritual understanding of what has occurred. I actually function like a nursemaid, much like your earthly nursemaids. I cradle I them with my energies, I rock them, I cuddle them. I help them understand that this perspective is no different to their earthly perspective. It is simply (inaudible) It is their true home and on this side, children learn very fast. I will flow be moving into a level where I have to work with what you term, adolescence and problem children. That is the next phase.

Group Member: Did you have this training while you were on earth?

Soul 1: Not at all. In my last incarnation I was a high-powered business woman. I had no time or inclination to have children of my own or a desire to deal with them. I have chosen to access certain aspects of my past lives for this part of my growth. Thus I add to my own completeness.

Group Member: How would you help a troubled adolescent?

Soul 1: I do not know I have not come to that level. But what I can share with you, is that I am working under the council of great guides, to whom I attach my energies. In doing so, I will imbibe knowledge not only through them but through my own past lives.

Group Member: Are you planning to reincarnate again?

Soul 1: I have not made that decision yet Extensive study of my Akashic records will be required and I am not even, in my energy expensed form, ready to deal with that aspect of myself. Let me explain very briefly my life on earth

In earth terms, I would have been considered self-centered, selfish and extremely self absorbed. My entire focus was the business world and I chose to ignore most around me who were in loving attachment with my essence I was not cruel or unkind, but I was a person who placed complete emphasis on self and on the generation of wealth. I am not yet in a state of complete readiness to face the Akashic record chamber. I have given myself complete freedom to experience an expansion in this aspect of my life. I dabble in joyous creation, not of wealth for its own sake, but in actually thought-creating artistic objects, poetry, music, and other aspects of my own abundance, which I never sought on earth. I am also training myself to expand in the area of inter-personal relationships, and hence I have chosen to work with children..

Group Member: How long have you been away?

Soul 1: I am not aware of earth time as clearly as you are. However my guides are giving me an indication of .. 3 to 5 earth years.

Group Member: With children, how do they gauge in your plane? In the same way as (inaudible)

Soul 1:1 will speak from my experience. Children-souls here learn at an extremely fast rate.. But the child will keep its energy persona of youth, for a longer period, than it would on earth. This is because the inherent energy structure of a child is always full and vibrant and does not need to age as you age on earth, to prove its expansion and knowledge. We do not look at the physical vibration, we sense the inner soul. We do not have your ability of looking at this child and this and this and making a differentiation of ages. We simply see old soul, older soul, and wise soul. So, very often, the child will retain an extremely youthful appearance, in energy terms, but the soul growth is very fast.

Group Member: Do you enjoy your work?

Soul 1: Immensely. Else I would not do it; there is no compulsion to work where you do not wish to. It must be an internal choice and on this side, I am not fettered, as on earth, by a confused mind. There is no confusion. I must work joyously and fully and the instant I feel an inclination to move away from this aspect of work, and onto the next which is imminent, I will shift joyously and instantly and another will simultaneously shift into my vacated spot. Part of the divine plan..

Group Member: Did you feel upset that you did not use your money for other purposes on earth?

Soul 1: Not at all, my friend. I have understood, even though I have not viewed the Akashic records, that it was part of my soul growth It was also part of my deliberate attempt to cut off from other aspects of creativity to experience this to the full. I did that. I now need to simply add back to my extended energies the aspects that I detached from. It is as simple as that

Group Member: You said that you are working with children, have these children moved over to your side. And when you say working with them what exactly do you mean? Do you become guide to the schools?

Soul 1: As above, so below. Many children-souls arrive here troubled, in pain, or confused. Do not forget, the soul moves over with a transfer of the majority of the emotions that it experienced on earth. We guide them as a councilor or a parent would on your plane. We love them as their mothers and fathers did on your plane. We nurture them as your spirit guides do you. We multitask and help each individual school in the way that is best for them to receive, grow and progress. Since we are not bound by 3 dimensional restrictions we can work simultaneously on many children in one classroom, completely differently.

Group Member: After you died, did you rest or how were you designated with this job? And who is the main controller who designated you?

Soul 1: 1 am my own controller. I will explain very briefly my passage. It was a stress related death I had heart failure and resisted moving over. That was because I was personally resisting the soul which desired to leave the body at that moment and I was most certain T could use my own will power and focus to stay in incarnated form. I did not realize that it was the appropriate exit point that my higher soul had already chosen and I would have to go. At that instant, since there was *separation* between the higher and lower, I still felt, it was somebody up there forcing me. It was simply me urging myself to be in touch with the call. My earthly perception of death was not a religious one. I had no clear belief in an afterlife, or a heaven or a hell. I simply never focused on this aspect. I therefore experienced a complete void and I thought to myself after the initial trauma was over, "well this is it.-darkness, the void and now I am doomed to stay here in consciousness forever."

I wept internally. And through that pain shone a light. And I was able to turn my attention to this light and I suddenly found the light growing stronger and stronger and in this light were images of those I loved. They were not familiar images to me from earth life but I knew I loved them. And the moment I connected with this love from the center point of my energies, the love grew, the light expanded and I suddenly found myself in complete and total light. That was my journey.

Group Member: You said you were self centered and self absorbed, but was that in your blueprint before you incarnated?

Soul 1: 1 need a full examination of the Akashic records before I can answer this fully, but from my current perspective I will answer. I intuit that this aspect I needed to explore, but not this level, I chose to incarnate on earth, in this last particular incarnation, to overcome aspects of self-centeredness which had been a pattern for inc I had given myself many opportunities in my blueprint, to be faced with this and to overcome it. I lost many relationships, not only emotional but others close to me in the work space, because of this, and yet each time the mirror was shown to me, I chose to deflect it backward at them and point a finger of blame. I therefore cause the spiral to go deeper till I reached such a low ebb. I knew on a higher soul level I would not be able to overcome these aspects I hence took the nearest exit point as I wished to return home, to re evaluate my expansion and to create for myself a. possible future lifeline giving myself a little more knowledge this time, and inherent wisdom to overcome this.

Group Member. I had an aunt who died recently. The last two days of her life, to me she felt listless, is it that her soul was off her body and she wasn't attached to the silver chord?

Soul 1: Many, many such as your beloved friend use the last few days in what you term semi-consciousness or a coma to consult with an actual panel on our side. This is another function that souls on our side undertake; to be a panel-consultants for those who are making a difficult decision at that instant

Now understand that the higher soul is never in confusion, It is not to help them out of confusion that we consult. It is to help them see the options, evaluate that if they return to that physical body these would be the circumstances most likely to occur on earth in their current pattern of life, and help them to overview it much as a teacher helps a student with a thesis. It not spoon feeding, it is giving an overview of the current possibilities, and then facilitating the soul to choose whether it should take that exit point or not. That is what your Aunt went through.

Group Member: After you passed over and went through your rest period, you have then chosen a sort of gestation period before you see your Akashic record. Why is that? What was the need within you that made you do that? Why not directly?.

Soul 1: The joy of being on our side IS TRULY UNDERSTANDING ONENESS. It was not I, individually, who intuited that I needed time. It was the energies of my Guides; it was the energies of my beloveds around me and of my own expanded form. And therefore there could be no differences of opinion.

The instant my personal guide offered me the opportunity of taking 'a sabbatical' before I examine the Akashic records, I KNEW from within my energies that this would be the most appropriate energy move for me. How could I be at odds with my guide? Our energies are now one as are my energies *with* all around me. The guides, however, have a higher, more expanded viewpoint than. even we do and so their guidance is very carefully attended by us. Let me tell you, had T had even the slightest doubt, I would have energetically spoken up and asked for clarification. But I didn't, I instantly knew this was the best plan for myself

Group Member: Are there different level of growth in your spirit world? You said in between that there were different levels, during the conversation. How many levels, are there?

Soul 1: Friend, you will have to speak to the guides for full information on this. I am also so 'speaking from a limited aspect. I am not fully cognizant of this. But once again this question has risen, I will answer it from my prospective. There are many planes on earth, you generally classify them as 7 levels. And then further vibrant levels. I choose not to use the word levels because it implies lesser growth and more growth and that is not always the case from my prospective. I see these beautiful levels as energy structures each one slightly different from the other, not one; above. the other but each existing concurrently, And as an individual energy form would slot into the vibration that is most comfortable for me.

I wish to give you an earthy example. Each of you will have a house that has different decor. One is not better than another It is simply an expression of different taste, You will find yourself generally the most comfortable in the house where the decor suits your taste. Now you are at the stage where you are most comfortable in a house where the energies suit your needs. It is exactly that with level. Do not define them in a hierarchy. Define them as having vibrational differences. I must leave and allow other souls to come through. I wish you joy in your processes,

Sohrab: I need help. He is not coming into me easily. He will speak in complete link with me.

He is standing about a foot behind me. It is, this time, a male predominant energy. I don't understand this..., one minute. I have not been given an earthly form. This is a very early ancestor of ours who had moved over. Not a caveman (I am not getting clear time period), but an earlier evolutionary aspect of humankind. I kept seeing him like a bear. He has got hair all over his body. Obviously on this side his comprehension will be complete but he is speaking from an earlier aspect of evolution that we are familiar with. You may question him

Group Member: Why hasn't he evolved after so many earth years?

Sohrab: Don't confuse appearances with levels of evolution. His growth pattern has followed a different timeline to ours. In fact, almost all of us have evolved, for want of a better word, from souls of lower vibration to a vibration we are at now. Again not better or worse, just higher levels of vibrations, In his particular case, he has chosen a completely different route for his growth My question to him is. why?

He has not had as many incarnations as we have had, he has had only a few. His big challenge, placed there by his own higher self, is to overcome the beast within him and to move into complete human aspects of comprehension, compassion etc. And he has chosen a very hard way to do it, by taking those roots where he would give himself the opportunity to be the beast I don't mean the beast emtionally,1 mean the beast physically. He was actually a hunter who used to go out and kill animals with his bands to eat and survive and lived in a cave. That was his lifetime. And yet he chose that really hard aspect of incarnating there and rising above it. And he is partly there; he is learning to rise above it.

Group Member: Is he existing on another plane itself or is there another thought incarnation he has yet to take?

Sohrab: He is in actual existence on earth right now; I am in communication with his higher soul. This is the higher soul aspect, which is in.... don't look at it in our timeline but he currently exists in our past, way in the past. So this is simultaneous time. I am sorry I *am* not *being* given a time line. But I am seeing him, not in tiger skins or anything but in very crude clothing, some kind of sacking, but he lives in a cave he hunts, he eats, he is I feel at the threshold from moving *from* the caveman era t a little more of the advanced era- Very primitive.

He has a family unit of some sort: that is where he is learning his major lessons. He is starting to understand that the wife, (or the female figure, let's not use the word wife), means something more to him than others around him, than the other women around him. He is starting to feel love and attachment for a person. He is starting to feel that for children or animals. I am not sure, in his case. i can't tell if its children or ether animals. So he is starting to trigger the distinction of "I love you, more than I love you" – That aspect is working

Group Member: Since he is in that frame of existence, in the sense, is it something that he has experienced our human form that has then gone back to that time or is that once you are in that time you just finish that before you

Sohrab: you can move up and down in time by choice, I am being told by the guide. You can absolutely move. For instance, your next incarnation could be in the 12th century. It doesn't have to be in linear- Not at all. In his case, though, it has been a linear movement He has never come into the more advanced levels. Primarily, we incarnate to raise our consciousness and to work through our issues, (lets not use the *word* karma) but through the issues. So when we are on the other side, we assess where it would be most conducive for us to work through an issue. So you may go backward in time in that sense, because time is not linear. It is simultaneous. He won't stay long so I can take about two more questions.

Group Member: (Inaudible)

Sohrab: Yes: it is apparently his choice to continue to incarnate, because his lessons will be more effectively learned on the earth plane and, when I say earth, I don't mean just our planet, but any physical incarnation verses on the spiritual. Because on the spiritual you can learn very fast hut you don't truly experience.

Group Member: He is on the earth loop right now?

Sobrab: Yes.

Group Member: After having completed other planets or is there something new for him?

Sohrab: He does not particularly care whether he will incarnate again on earth or on another similar planet, hut he desires the same kind of evolutionary cycle. I am also being told that this time around, he has incarnated just to experience love and to truly understand love in earthly form. He cannot understand spiritual love yet. He has no concept of God or higher vibration, nothing.

Group Member: That is what you meant when you said attachment to a wife and maybe children.

Sohrab; Yes and you see how he has 'set this up' for himself. There are constant temptations around him: The desire to move on; not be burdened by responsibility: To break free: Sexual temptations: Physical freedom. And yet he is choosing to befriend and protect the 'family unit, even though it may be easier for him if he broke free. That's his learning this time, only that. Whether he will be successful or not... who knows?

Group Member: This transition period will come to an end and he does not know? On this planet?

Sohrab. I am not being shown that at all. I have no idea. I don't think he has come to any decision of exiting the planet yet or not. I am not getting that. I think he is midway through his training. I think he will be in this incarnation for a while. He needs to leave now..,

Soul 3: Hello friends. Let me introduce myself. My name will mean nothing to you, so I will not use it. I was an 'incarnated Goddess'. My energy structure was expanded, and I chose to work with a group of earth people, to uplift their consciousness. Had I incarnated in your times, I might have been called a guru. In the time I last incarnated, those around me choose to call me Goddess. It simply means light.

Yes, it may seem strange to you that a Goddess needs to incarnate and learn earth lessons, but of course I did. I needed to learn how to joyously spread my own light, to believe in my own expansion completely, and to not permit ego or arrogance to enter my sphere of worka very hard lesson for me. And yet it is one that each of you is dealing with. Is it not?

My work on this side is quite beautiful. I am at a phase of self discovery, where I simply radiate my energies outwards, just as I did on earth, and in sharing my energies with others. I learn about myself. And in doing so, I help all others around me grow. My passage across was very different to what you know I simply shed my body in one instant and I was fully here-literally evaporated. That is what many of your sages and saints do. They simply shift dimensions instantly shedding all.

Group Member: is that what we call Samadhi?

Soul 3: Instant movement of the physical denseness into expanded Prana.

Group Member: The Incas moved into the fifth, they just left.

Soul 3: Differently. Those who are energy conscious, such as I, could shed their physical at will. The Incas, as a race, moved and functioned with complete group consciousness. Hence those who were slightly more energetically expanded literally opened dimensions, and allowed the others to fly through. That is what happened to the Incas race.

Group Member: Is this true of what happened in Atlantis?

Soul 3: Most Atlantians chose to cross over through catastrophic events, as they need that for their personal growth. A few shifted smoothly and instantly.

Do you remember an earth event where a certain ship in your Bermuda triangle was suddenly found intact but no human being on board? - Where only the human bodies exited and all other aspects remained behind? That was also a shift through dimensions. Now you are wondering why only humans moved through that particular portal and not the ship itself or any object on it? .

The dimensional portal was only vibrating at a level where it could accept physical humans. All others of different vibrations and density could not move through that particular portal. Hence only the humans and in certain cases a few animals moved though that particular portal.

Group Member: How do Extra-terrestrials 'pass on'?

Soul 3: My friend, there are perhaps several million extra-terrestrial forms, each with their own unique ways of merging... Jet me joyously share with you a little about a certain strain of The Ashtar. In the case of Ashtaris of this type of vibrations, first of all they are not in dense form; you are all aware of that, they are already *vibrating* at a higher frequency. Not better, just higher. When there is vibration at a higher frequency; there is far less trauma in the move from one form to another. In fact almost all Ashtaris are skilled in this movement between dimensions and vibrational levels.

There comes for these beloved friends, an 'internal call' which readies them for complete expansion. They do not see it with fear at all? They do not have a physical body to hold onto. They simply see It as the most *joyous* form of their own vibrations merging and mingling with Creation, and at that instant they spread. They do not disappear. They actually 'spread' their molecules' though out the energies around them and in doing so they truly become part of all that is. And that is but one form friend.

There are many. But just for your amusement, let us offer you one more slightly different form. There is a group within the Ashtar who come from a certain neighboring planet to yours. And their form of releasing energy is to be ingested completely by the others around them. What you would term cannibalism.

And yet it is joyously done m complete joyousness- Once again they are not in physical form. And so when the time comes for one to offer himself to the consciousness of all others, he stands forth joyously and permits his people, and his people alone, the benefit of his energy structure. And in doing so they ingest his energies and he truly becomes part of them and in doing this, beholds one by one, each one becomes a part of another, till the whole race is fully expanded and at that point an explosion of energy takes place Once every 20,000 earth years for their structures.

Group Member: Are we allowed to ask who they are?

Soul 3: They are not from your dimension though they exist next to earth. In fact, this is a planet closest to your earth planet but in another dimension. We have cited their example as physically they are very similar to earth beings, but they simply vibrate at a much higher energy level.

Group Member: It's difficult for us to understand energy, science, physics etc. When I pass over wouldn't it be easier for me to understand thee, or would that normally just come?

Soul 3: It would just 'come' to you, even in this incarnation if you drew it to yourself. You have just forgotten how to do that and when reminded, you will not believe it. And that disbelief is a block that is stronger than cement.

BLESSINGS FROM THE ARCHANGEL MICHAEL