

10th November, 2005
THE ARCHANGEL MICHAEL
Channelled by Sohrab Ardeshir

Death Series:

Souls who 'stride both worlds'

A person in a coma

A person who had an 'out of body' experience

A Yogi in deep meditation

Trance Channelling begins..

Sai Baba: Sai ka pranam. Me tere liye aaya hoon beti. Sab theek ho jayega.

Sohrab changes energies to the Archangel Michael

Archangel Michael : Good evening friends. There are two in this room who are stricken with fear. Work silently upon them. Calm them. Do not indicate who they are. Thank *you*. Continue the work dear one. Their fear continues to rise.

We are in the midst of a series of discussions on what you term, death. How we laugh at that word! To us it is birth, it is coming home, it is returning to your natural state. Over a series of sessions, you have been introduced to various souls who have offered their energies so joyously to help you learn and understand different aspects of what you term the spirit world.

Today we will work with three new friends, who joyously offer their energies for this session, but there is a slight difference. They are more on our side than they are on yours, but yet they are in physical embodiment. Each will come through for a short period, you will be unable to question them.. In between I shall return and will joyously answer any questions you have. Feel free to speak out at that time. Our first friend is lying dormant in what you term... a coma.

Soul 1 Enter and exits.

Archangel Michael: See how the fear rises!

What you observed was not the actual state of the person in coma, but was this child's reaction to the energies. Let us briefly introduce our friend who joyously offered her energies for this fleeting moment. She lies deep in a coma, has been in a state of "dormancy" for the last 5 earth years. She is not in this country. Her loving friends, more than her relatives, are those who are keep her going. she is experiencing great conflict. This is not true for all coma patients. This is simply true of our friend.

The conflict is whether to take an upcoming exit point and proceed with work on the other side or whether to continue with what she sees as an extremely harsh life. She is completely conflicted, cannot make an internal decision and has chosen to place herself in this state of complete dormancy with the hope of gaining internal clarity. What she does not realize, (which once again is only true for her, and not true for each coma patient) is that she has simply extended her confusion into her comatose state. She has not availed of the beautiful opportunity of stillness, clarity and understanding that the masters offer her. They have been standing by these last 5 years, awaiting her decision to call upon them and gain an instant of clarity. In that instant, she will make her choice. You may now ask questions..

Group Member: Does she know that there is life after death?

Archangel Michael: A wonderful question. she is terrified of what exists. She has no particular belief, but her fears have manifested in the form of a burning hell-fire. She has decided in her own deluded mind that she is going to burn when she moves across, as she has committed what SHE PERCEIVES as atrocities. They are not. They are a state of her confused earthly mind. She, as a soul, has carried much confusion over lifetimes, and chose this particular lifetime with relatively stringent aspects to deal with in the attempt to jerk herself out of old patterns and see the truth. She has not yet done that. She will.

Group Member: Does she realize she is in a coma?

Archangel Michael: At times. There are moments of lucidity. And when we refer to lucidity, we refer to the aspect of understanding oneself in spirit. At those moments, she is calm, she is collected and she begins to acknowledge of the existence of a vibration of self which is not earthly. The instant she begins to acknowledge that, her own fears begin to pull her back into her physical pain. Expansion of spirit is very scary to her. she will learn.

Group Member: when a patient is comatose, are they in the body or are they outside the body? And what are they seeing exactly?

Archangel Michael: Another good question to learn from. Unfortunately we cannot give you an easy answer. When in coma, the spirit constantly moves from within the body to the spirit form and back. There must be a constant connection to keep the body alive; not only alive, but vibrating with a life force. This minimal life force, which has nothing to do with the silver cord, this vibration is needed to keep the body ready in case the spirit decides to re-inhabit fully.

Now, the question is, when the patient moves out of the body, how expanded is he? Does he begin to acknowledge the existence, not only of a higher soul but of others around who

are ready to help? The moment there is a small amount of acknowledgement, instantly the window widens and more and more influences enter. The instant that occurs, once again the cycle continues to expand, till the patient fully comprehends why he has done what he has chosen to do, which is to put his body into this state

It is simply to make a decision without the interference of the physical aspects which would take his focus away from what is actually needed. So yes, the spirit, the consciousness goes in and out.

Group Member: The people who are around her, her friends, are they feeling that they are communicating with this person? Or they like not getting any signs from her?

Archangel Michael: Let us explain to you her situation in greater detail, and then perhaps you will understand better why she has remained for 5 years in this state.

The ones around her are principally heirs to her fortune and simply wish her to RECOVER so that they can inherit at a future date. HER WILL IS UNCLEAR IN ITS TERMS. Their vibrational desire for her to return is therefore not concern, *but* need. Understanding these circumstances, you will now see, why she tends to repel these energies that are literally clawing her back. They too in turn are meant to grow from this experience, but they too have not grown sufficiently. It is a beautiful chain of experience.

Group Member: What is her conscious experience? What does she go through or experience?

Archangel Michael: In the current state, she moves between two levels of expansion. A slightly more expanded form where she begins to feel, realize and understand a lighter vibration around her and she starts to receive glimmerings of what she terms "the unknown." At those instants she starts to feel a vibration which is pleasing, expansive, joyous, and peaceful, loving.

The instance she experiences this, her old energy patterns pull her back into her physical form, because these are experiences she is unfamiliar with in human life. The unfamiliar is therefore scary. Better to live with a known devil than an *unknown* one. So she keeps moving between expansion and contraction.

The contraction is of her own making and the masters and guides and true friends around her, are unable to help till she asks for it. So just as around her comatose bed there is a physical ring of shall we say relatives, there is a simultaneous energy ring above her higher soul of true beloved friends, who are standing by ready with energy help. They are not permitted to give it. Else it would interfere with her own growth. So for 5 earth years they have stood joyously in readiness. The time will come shortly, where she will begin to truly acknowledge her family. We predict that will occur within three months. Remember... time is of little consequence to us.

Group Member: Has her exit point been reached?

Archangel Michael: She has passed one, another is appearing shortly.

Group Member: That is within three months? and the third one?

Archangel Michael: In the distant future.

Group Member: Can we help her in any way towards the light?

Archangel Michael: It is her journey; she has her friends in readiness. She must be permitted her experiences and her personal growth curve.

Group Member: How old is she in earth years?

Archangel Michael: 43.

Group Member: Does she have children?

Archangel Michael: Several: Some biological and some not: All equally 'hungry'. Do not feel sad. These are circumstances she has set up for self from which to grow, learn and expand.. and she will! We have full faith that in this particular lifetime she will break her patterns. However, even we cannot say for sure. It is a strong probability.

Let us now permit our second friend to enter. This second friend is in the process of having a serious operation. It may interest you to know that he is in a hospital *in your* city, undergoing heart surgery.

Soul 2 enters and exits. The entity in Sohrab appeared to be in pain, then confusion, then great wonderment, and then suffered on 'returning'

Archangel Michael: This was permitted deliberately, to give you an understanding of how, when you choose to sometimes link with others energies, for whatever reason, be it healing or be it what you term negative reasons. You can often pick up a murmur from them which does not belong to you. Such just occurred.

His desire to truly experience what that soul was going through *was* a little greedy. Hence he began to take on the symptoms of what that soul experienced. Let us explain briefly, what just occurred. In the midst of the operation, the patient had what you term an 'out of body' experience and began to sense the joyousness of the light. He felt the pull and the desire to go into the light and vacate his body permanently, but he was not permitted to do that by his own higher soul; not the masters; not the guides. His own higher soul 'tapped him back' into his body; that is all. He will have no conscious recollection of this experience when he finally awakens. It may also interest you to know that he will finally take an exit point through what you term an operation. That has already been decided by him, however not this time. You may now question.

Group Member: He seemed very joyous and happy. Then why was he not permitted to exit?

Was there some role for him to play still on earth?

Archangel Michael: His own higher self understood that this was not the appropriate exit point. He was simply given a little tap by his own expanded nature to warn him. . . “NOT NOW! It is inappropriate for you. You still have contracted to finish a certain amount of work which has not been completed.”

He understood instantly what may be of interest to you is that this friend is completely aware of the existence of the spirit world. Hence his movement out of his body was perhaps alarming for a few instances followed by complete joy. He understood what was happening. He even understood that he was astral flying up suddenly the overwhelming temptation of the energy from above which he was not expecting became a temptation almost too much to bear.

Let us explain why we have permitted this particular example. As you are aware each and every one of you travels astrally at night. Just as when you leave the body *in a operation*, you sometimes leave the body at night in a sudden manner. Mostly you leave to either accomplish astral work,. Sometimes you leave to go on a pleasure expedition. Many times you leave to simply meet up with other energies; be there loved ones or be there creative energies. Oh yes! Your best creation is done at night and do you not wake up with the Eureka moment. That is because it has been thrashed out in great detail over several astral journeys.

But be aware, it does not matter if the astral travel is natural or sudden; the temptation to move into the light is always experienced: ALWAYS. This is a task that third dimensional earth beings have chosen to undergo to literally test themselves on a regular basis. Keeping one selves in third dimensional vibrations is far harder than flying free. So every day when you wake up congratulate yourself on having overcome temptation!

Group Member: Was this a near death experience for this person?

Archangel Michael: It was not.

Group Member: And will he take this experience into his conscious mind?

Archangel Michael: Not this one; for personal reasons.

Group Member: when a patient is in anesthesia a patient also goes through this kind of experience?

Archangel Michael: All patients go through this kind of experience. Not all recall it when they are in full consciousness. The moment an anesthetic is applied to the physical body, it automatically facilitates the movement of the soul, the spirit, the energies, out of the physical body. This happens instantly. However, often, for personal reasons, the soul does not permit conscious recognition of this at a later time. At other times, the soul may desire it, but the conscious body is of a lower level vibration and is unable to remember. Both can

occur.

Group Member: What about people who don't get sleep?

Archangel Michael: You do not have to be asleep to travel astrally. It is easier because there is the equivalent of an anesthetic shut down of the body. However for those who you call insomniacs, they still travel in daydreams, in thoughts and often have brief periods where they have no recollection of what has happened. They will perceive those brief periods as moments where they have 'dozed off': A quick trip. Let us now permit our last friend.

Soul 3 enters and exits- The soul seemed very serene and instantly acknowledged all in the group

Archangel Michael: And who would like to guess what that was all about?

Group Member: That seemed like a guru.

Group Member: Was it a light worker?

Group Member: Someone in meditation

Group Member: A yogi

Archangel Michael: A yogi of the Tibetan faith, sitting in deep meditation at this given instant of now in a remote spot in the Himalayan mountains. Instantly aware of whom he was with! Instantly able to assess all the energies around him and instantly able to connect and joyously share his personal energies with you.

A very joyous task . And it is a task that EACH OF YOU do in astral travel. This is part of your nightly ritual. Each and every one. It is part of your ritual of replenishment of energies. Instantly every single night you and all other light workers like you select a certain quotient of energies with which to interact. As physical boundaries make no difference, you may choose to interact with 5 energies at different points around what the earth. You may instantly also interact with another 5 extra-terrestrial energies, and another 5 master energies and another 5 and another 5 and another 5. And you do this because, on an energy level, you are completely filled with wisdom. And you know instantly, just as you know on earth, when you are hungry and thirsty. You know instantly which energies require your vibration and from which energies you require vibrations. And it is always simultaneous, mutual and joyous. You are good people.

Questions?

Group Member : So was this yogi going to take an exit point?

Archangel Michael: It was simply a part of his daily life, unlike most of you; he was able to do this consciously. Now that you are aware of it, you too will be able to do this consciously. The choice is yours.

Group Member: Is this person a Tibetan monk?

Archangel Michael: Just a highly evolved soul, who is currently, at this given instant of now studying, learning and growing in this region. His actual origin, in earth terms would be a mixture of what you term American and European, but his energy origin is completely different. He has had many lifetimes, not only on earth in third dimensional vibration, but simultaneously and concurrently in other dimensions. His current inner desire is to merge the different vibrations and accept them in one physical body. It is to fulfill this single purpose that he has incarnated in this lifetime, and it requires him to move away from crowds and society and to sit in deep, deep meditation, achieving wider and wider spheres on a daily basis. That is his path.

Group Member: So will he take this unconscious experience to his consciousness?

Archangel Michael: He has done so.

Group Member: Why did he wander into this area? How did he know to come here?

Archangel Michael: Instant magnetic attraction And we use the term 'magnetic' to explain energies that are highly sentient. when in their purest form, (where there are no limits of distance, time and space) energies intuitively, instantly and in all wisdom know what they require to grow. The single purpose of any strand of energy is to grow and expand. it cannot desire to shrink or reduce its vibrations. And so for this given instance of now, it was the most appropriate energy, not only for this group, but for our friend. The energy contract was made and was instantly gratified- Karma; Action; Reaction.
Any further questions?

Group Member: I need to understand this magnetic attraction.

Archangel Michael: And how does it work on earth

Group Member: Yes, thank you, you read my mind.

Archangel Michael: Of course, magnetic attraction. Remember always, as above so below. On a macro level, energies move freely and joyously. They constantly desire to expand and replenish themselves; constantly desire to not only grow, but to encourage all energies around to grow and expand. That is the only desires of energies. That is why there is no limit to your universe. It is constantly reinventing itself. There can be no limit. Too complex? Accept. Accept. Understanding this on a macro level, you will then be able to look at your own energy structure. When you as an individual, feel an attraction for another, it may be sexual, it may be emotional, it maybe any form of attraction, it is simply your energy structure indicating to you that those are the appropriate energies for you to now mingle with. How you choose to mingle is your choice and the skill with which you mingle is your growth. Let us explain. Each statement leads to another 100 question!

Let us say there is a man and a woman, and they are both extremely attracted to one another. As has been explained, the energies are simply crying out to one another merge.

The man may choose to merge, by physically express his love for the woman. The woman may choose to merge at a different rate, by first surrounding herself with these energies before permitting a physical merger of a higher level. Herein lies the conflict.

Conflicts now start to arise because in third dimensional self, the man thinks he wants an instant physical relationship and the woman thinks she needs 'space': If both were able to truly understand their own expanded energies they would instantly know that they want only the same thing. There can be no other desire. But it is in this third dimensional conflict, that lies your growth. It is from the two seemingly different desires that then arises conflict, compromise, discussions; emotions, advice of friends and counselors, and so the energy grid starts to expand.

The energy relationship is with their friends. And so the points keep enlarging till this beautiful tapestry of energies is created, with so much seeming disharmony.

Group Member: What's the solution?

Archangel Michael: The solution, dear friend, is to be aware of your own energies, which is your quest as a light worker. How often have you been told: Do not give your power away? Find self empowerment. What is self empowerment but recognition of who you are? -Your energies.

BLESSINGS AND GUIDANCE FROM THE ARCHANGEL MICHAEL.