

24th November, 2005

THE MAHACHOHAN

THE SAI BABA

THE MEHER BABA

THE MOTHER MARY

Channelled by Sohrab Ardeshir

Death series:

Souls About to Reincarnate

Trance Channelling begins..

Sohrab (speaking in a trance): Chant 3 powerful chants of Om, from the joy center. Thank you.

Why was that needed? There were 3, in this room that still has a great amount of fear within them. This fear was not for the session. This fear was personal baggage they were carrying in from outside, which is not permitted during the meeting. The 3 joyous chants, followed by this beloved friend's (Di) chant, dispelled that extra level of fear. Now all in this room are in perfect unison & we can proceed. Thank you.

Welcome friends! What a joyous group! We feel the vibrations emanating from each & everyone in this room. She is a veritable fountain of energy! We come to the last of our series on death. For those who have not been here during the last 5 sessions, would you kindly explain, very briefly, what has occurred? Not details, but the gist.

Nan: The last 5 sessions have been on death. They have told us what happens on the other side, when a person is comatose, how a person dies, what are the feelings of a person when they die, what happens on the other side, what do you do on the other side....

Sohrab: And now they are more confused than before.

Nan: I got a bit nervous explaining all that.

Sohrab: Why so nervous, dear one? Why? Leave it outside the door. During each of the 3 sessions, prior to this one, 3 entities, at a time, have been allowed to come through this child & demonstrate different facets of (what you term) death. We do not see it as death. We use that word only to connect your imagery with the events that transpire.

Today, we will permit 3 other entities who have been 'on the other side' for an extended period of time, to come. through this child, one by one. EACH IS ABOUT TO TAKE

ANOTHER INCARNATION. The cycle is now complete. You will be permitted to briefly question each of the three. In between these 3, the energies of the Masters will return & will fill you in more thoroughly, on what has just occurred.

Soul- 1: (Laughing) Hello, friends. Where shall I begin? I have been assessing what I need to learn & have chosen for myself 3 primary tasks in my next incarnation. I have chosen to focus my study on patience, virtue (not as you understand 'virtue', but a more expanded form of internal virtue) & forgiveness. These may seem very trivial to you but to me, from my perspective & my history of incarnations, these are extremely important. I have been, for incarnation after incarnation, an extremely impatient person. It has caused the disintegration of my family life more than 7 times. It has cost me my job several times. It has cost me my friends, and it has cost me my inner virtue, my integrity, my belief in self. It seems so absurd from my expanded perspective but I continually made the same errors, time & time again. So, I must **experience** the process, yet again.

What I have learnt from my guides & my Akashic Records is that I have continually incarnated with too many purposes. Each time I got greedy & decided to work on vast amounts of soul growth & each time I was unsuccessful, as my brain patterns pulled me in different directions. So this time let me explain how I plan it. I will not go into the aspects that you already know of time & place, of birth mother, etc. I will describe it from an emotional perspective.

I have chosen (and indeed, 2 souls have chosen me), to incarnate into this very city to two high professionals: one, a doctor & the other, also in the medical field. Each will give me the strengths of knowledge, brainpower, finance & a stable situation; but each will also give me the ability to go astray again. They will have very little time for me. It will engender in me a lot of emotional trauma. I will feel unforgiving. I will start going astray in school. I will start to lose my inner virtue & all these aspects will conspire so gloriously to push me AWAY from my path

But through them, I will have access to great medical knowledge & I will bring into my sphere, when I'm a teenager, a mentor figure who is a Light Worker. This mentor figure will nudge me in the right direction. I will find myself extremely attracted to her so I will listen & she will guide me onto the path of channelizing my healing abilities & putting aside attributes of finance, anger, vengeance towards my parents, etc. Then the choice will be mine. Will I continue or will I go back to what I am familiar with, soul-wise. This is how I have set up my game of life, in an extremely simplistic manner.

Now of course, I will have a support structure other than the parents. I have chosen to incarnate in a family where there is a domestic helper who will guide me. This domestic servant, as you term it, is indeed a spiritual guru for me & I will receive base level information all through my growing period. That will sink in subliminally; I will not even be aware of absorbing the information but it will give me a base from which to spring forward.

Now you are all wondering, is this exactly how his life is going to be? Who knows? It is the course that I have set. It is the course that my Earth parents have agreed to give me. But

once the veil of forgetfulness is drawn upon all of us, it may go astray. Now the interesting part is my mother's soul mission or one aspect of it is to learn to truly love her offspring. If she succeeds, my path will go astray. If she starts to give me the nurturing care that she needs to learn from, I will not be 'as provoked' to learn my lessons of antagonism & move back to the light. Free will choices all along the way & this is just one I demonstrate; there are many. The only person of whose intent I am completely sure is 'the servant'.

Now you may question me.

Di: Where does karma come in?

Soul- 1: These are issues that I have to disempower, forgiveness being a very vital one in my timeline. It is a karmic issue for me. If my mother does not give me the opportunity to dislike her, so that I can find my karmic pattern by finally working on forgiveness, another avenue will open. It is an aspect I have undertaken to look at, examine & work through, not matter what. It is a cornerstone in my blueprint. The likelihood is, karmically, I will be able to work out this issue with my parents but if my mother chooses to move through her growth at a rapid rate, the issue will come to me from another. Such is the Divine Plan.

Do you have any other questions?

Sh: In each incarnation, is there always someone to guide you?

Soul- 1: Oh my dear, dear friend, this is what has upset me so much in past lives. Thank you. It is something that disturbs me, even on this side. The veil of forgetfulness has come down upon me, or rather, I have drawn it upon me so forcefully, so many times, I continually forget the help I receive. It is not one source of help that any of you have, it is hundreds; not 2, not 3, it is hundreds of Masters, guides, angelic forces, universal entities, spirits, energies, planetary bodies, friends. It is there & it comes, my dear, from every direction but in incarnation after incarnation, we focus on the negative & we do not see the joy. We do not see, feel or experience the support. All it needs is not some high spiritual understanding It simply needs an opening of the heart. That is all: one instantaneous action

Nan: That instantaneous action is also a cornerstone in the blueprint? Are we prodded towards the free will choice?

Soul- 1: Every single time! Every single time you are prodded *towards* the free will choice of opening the heart chakra, the mind, and the energies of expansion. That is the entire purpose of repeated incarnations.

Di: Can one choose on the other side, to come with a very thin layer of forgetfulness?

Soul- 1: Yes. It can indeed happen but on very rare occasions is that done & we will explain why. If each of you were able to maintain this level of connection during your

growing period, why would you entangle yourself with birth problems? You would not. You would simply remove yourself spiritually, emotionally & even physically & you would not play the games that are necessary for your growth. Where would you grow? See how it has come to each & every one of you at a different age, at a different time in your evolution, at a different stage of your family life, etc. etc. & even now, when you are all awakening, once again, you are not awakening in a flood; it is dripping m, drop by drop; in some cases, the tap is on a little more than in other cases, but it is never a flood. If it were a flood, you would have no purpose for Earth life. You would exit, either physically or you would remove yourself to a mountaintop & exit there.

Group Member: Your new birth mother, is she aware of your blueprint?

Soul- 1: Not consciously. Completely aware on an unconscious higher level but she is not what you would term 'spiritually evolved' in this lifetime. It would not be appropriate for my growth. Yet, on a higher level, who is not spiritually evolved?

May I ask one more question? A new mother, who is spiritually evolved on Earth, when she wants to' have a baby, can she ask for a child for her self-growth?

Soul- 1: Of course, my dear. It would not work otherwise. It must be for the perfect growth of every member of that family; else it would not occur. It must dovetail. Each issue has to dovetail for your growth, for the husband's growth, for the child's growth, for the growth of the grandparents, for the growth of the extended family, for the growth of the staff within the family, for the growth of the animals at the family house, for the growth of the house itself, for the growth that they meet at school, at college, in the work environment. It dovetails outwards in this magnificent ripple formation. It must! It is always perfect.

Soul- 1: (To Avi) I will meet you, in physical form, in 7 years. Look out for me!

Avi: I'll look out for you.

Soul- 1: I will meet you in physical form, in 7 years.

Nan: How old will you be?

Di: He is ready to incarnate.

Soul- 1: She is clever. We will not make it so easy but we will give you a date today, 7 years. Mark it in your calendar. To the day 1

Avi: And be good to the mother.

Master: Friends. I think the soul himself answered all the questions. Are there any left you wish to ask the Master?

Nan: I still don't understand the free will choice & the cornerstone. I'm still confused how different choices are made.

Master: Was it not explained? Let us reiterate. As you are aware, up to the current time, and we speak in your timeline, (of course, time is concurrent & does not exist in a linear fashion), up to the current time, when a soul has incarnated, they have chosen certain cornerstones in their blueprint, which are inviolable. They must be completed in that lifetime, no matter what. Those issues cannot be deferred to another lifetime. Are you aware of this?

Nan: Yes.

Master: Are you aware that, now that energies have changed, this rule does not exist anymore? The cornerstone in this current level of energy can be deferred. The soul can come & choose not to finalize the work on this cornerstone in this lifetime. However, if it is deferred to another lifetime, the energy of that issue increases & increases & increases till you are forced, you are overwhelmed by it. The free will choice is now yours but the responsibility is even greater. Are you aware of this?

Nan: Yes.

Master: Now, let us explain it without 'time'. There is a soul who has moved to the other side. The soul reviews his past 10 lifetimes & examines the fact that he has deferred a certain cornerstone, 10 times over. Each time, the cornerstone has grown & the fear factor has grown with it. He realizes now that for his overall soul growth, he must finish it in the next lifetime. He will then incarnate BACKWARDS IN TIME (from your perspective) to a period where there is no choice but to face it in that lifetime.

Nan: So we're lucky.

Master: Are you? You can incarnate both directions too. There may be issues where you may move yourself back a century or two, so that you *have* to finish them in the next lifetime, which is 2 centuries behind you. Is this clear?

Mona: May I ask something? If I incarnate 2 centuries back & there is no opportunity for me to defer in that incarnation, I still do not resolve that issue. How do you stop me from deferring it?

Master: We, as Masters, will never stop or push you to do anything. It is a soul decision. Understand that if you place yourself back (and we say back & forward for your understanding), if you were now to move up into the astral & placed yourself backward, even 50 years, you would be placing yourself in an energy structure where deferral is not permitted. You would therefore be overwhelmed by that cornerstone issue, the energies of which you have deferred 10 times prior to it & you would *have* to face it. There would be no option & your own Higher Self would not permit you to die before finishing it; you would be kept in physical incarnation & there may be a tussle between the lower body & its desire to exit & the Higher Soul prodding you back. Hence, so many people who

commit suicide, time & again, and do not die. They hold themselves. You are bonded to that issue in that time period & nobody has forced this bondage upon you except yourself

Finishing it: Experiencing it: Do not see these issues beloved, as huge changes. They are not huge changes in your patterns; they are small acknowledgements. Let us give you an earth example to make it clear A very common practice is to hate a certain community. An easy example: one you are all familiar with around you, if not within you. You move yourself up into the astral & you choose a situation where you wish to acknowledge that all people are the same. So you will incarnate into a family where prejudices are extremely high, so that you give yourself a basis for hating others. And then, you will find yourself being attacked by all members of that hated community; attacked physically, attacked emotionally, attacked in every way.

At the instant that you are able to rise above that prejudice & look at that person & understand from within, "I do not hate this person because of his community. I do not appreciate what he, as an individual, is doing to me and it has nothing to do with the community", instantly that karmic issue is over. It is gone. The chains are broken.

Now, if you do not resolve it in the 2nd lifetime, you will place yourself back in the 3rd lifetime, where you will find your spouse of that community who will beat & abuse you. And if you are able in that lifetime to look beyond the community & accept that this is being given to you as a lesson, from one human being to another, the bonds are broken. If not, you will reincarnate where you are attacked by hoards & hoards. You may have situations such as gang rape. You may create more & more horrendous situations till you rise above it. But the instant the acknowledgement is made, the issue is gone for all lifetimes. It is that simple.

Why not take a moment in your lives & examine your own prejudices today & start letting go of them before they increase in size? And each & every one of you has prejudices. You are aware of that. They may seem or appear small or insignificant but prejudices are always issues to be worked through.

Mona: If in this lifetime we are deferring issues, is that done on a conscious level or is it done unconsciously?

Master: No. With the raised level of vibration that you have all chosen to incarnate in, at this given instant of now, you attempt to work through the issues, time & again, and then because of your expanded view of self, you decide, "Perhaps I have undertaken too many. Let me deal with 3 this time fully & push the 2 for another lifetime." But you are always aware of the increased rate of energies you are empowering the same issue with, in the next lifetime. The responsibility is yours. And now that you are being made aware of this consciously, you must also take conscious responsibility

Soul 2: *(Giggles & leaves)*

Master: That friend did communicate with each of you but on a higher level. NO verbal communication was permitted for a reason. Let us explain. This is a person (let us not use

the sex male or female, as he has been both in many lifetimes); this is a person who has indulged in much abuse, lifetime after lifetime; abuse, not only of other humans but, of the Earth itself He was in several lifetimes, a corporate head who has polluted the Earth's rivers & water bodies with the desire of monetary gain, having full knowledge, full conscious knowledge of the damage he was inflicting upon the Earth itself

He has studied his Akashic Record & has chosen to go against the advice of his guides, which also must be respected & he has chosen to incarnate on planet Earth in the form of a forest spirit. He will not take physical form He will experience the decimation of the forest, which he will personally guard & he will experience from that the pain & trauma that natural elements on Earth experience when randomly exploited. He has given himself the joy of the forest spirit. That is what you witnessed. He will be placed, as a guardian of an extremely expanded area of your planet, which will shortly be looted by humans. Permit it. It is part of the experience. In doing so, he will truly understand from within, what it feels like to be plundered.

Do not judge him. These are experiences he has been through & he has chosen an extremely accelerated & difficult path, in fact his guides advised that he take at least 2 more human incarnations to attempt to move through this issue but he has refused. His inner strength, whether used for what you term negative or used for positive, is firm & expanded. He has chosen a traumatic forest spirit life. Yes, this needs to be acknowledged & respected. You may now question.

Di: I thought that once you incarnate as a human, you always do. But what you said now validates some of the ancient Hindu scriptures, which say that a soul can go back to animal life, planet life. Is it true?

Master: Yes, my dear friend. It is true but not in the way Earth people view it It is not necessarily 'going backward' in energies, oh no. Understand how incarnation takes place. There is an expanded form of the soul, the higher presence, which is for your example, a mass of energies; this mass of energies, which is you, for example, wishes to experience different aspects of evolution.

ONLY ONE PART is placed into the woman you are today. There are other incarnations existing simultaneously. You are incarnated in more than one time line at the same time. And yet, the 'bigness' of you is still above. As an example, you could currently be existing in this form, in an animal form in another timeline & in a completely extra-terrestrial form in another dimension. (..) So there is no going backward & forward. Time & space do not exist. Let us leave it there before we confuse you further.

Di: Do the forest spirits have the same veil of forgetfulness when they come?

Master: Far less. Yes, they too choose to incarnate for growth purposes but any of the angelic or spirit realm, as you understand it, have a very light veil of forgetfulness. Theirs is not so much forgetfulness in terms of knowledge; it is forgetfulness in terms of energy power. On our side, they vibrate at a great level; when they incarnate, they vibrate at a lesser level. To them, that is the denseness that you experience in your physical body.

(Inaudible)

Master: Work with your own Higher Soul. This is information never given by another. No other has right to access that information in your (..). It does not matter.

Mona: It was just curiosity.

Master: Why not explore? Allow yourself to sit in a meditation, ask for another incarnation, which is concurrent to appear before you & connect. You will start to meet aspects of you. This will be a magnificent process of growing & learning: Who am I?

Sh: Going back to this time, if I exist, right now in 2005 & there is another part of me 200 years ago. Are we both trying to work out the same empowered causes?

Master: (Shaking his head) And the part that is 200 years ago has no free will & the part that is concurrent has the free will & may or may not choose to work out those causes. But each one affects the other. When you feel a sudden rush of happiness, for example, for no apparent reason, it is simply you getting in touch with other aspects of who you are. And the same for a sudden bout of sadness or despair or claustrophobia

Nan: What I am getting from all this is that we are all one & this game.

Master: Of course! All we are doing is showing you more & more moves on the board game of life so that you learn to play it better!

Nina: If in one single instant I feel unity with all in this galaxy, then will all my karmic ties be over?

Master: For that instant. If you can remain in that instant, then they are over. It is a challenge to self, remain in that instant.

Sh: How long, in our Earth time, would this forest spirit live?

Master: The progression of a wood or forest spirit is different in Earth terms to your birth & death cycle. They would exist in their form of incarnation for at least 300 to 500 years; but they too choose to exit, not like you do by shedding a physical, but by sending their energies back into the universe. It is an instantaneous & joyous release from within, when they intuit their energy time is over. Instantly! A starburst of energies!

Di: In this lifetime, can I plan for my next rather than wait for my blueprint?

Master: Of course you can, my dear one, but be aware, be aware, when you move to a more expanded state of wisdom, you may change your mind as you may intuit that another cause is more appropriate for your path

Soul-3 : My passion, my learning, and my growth has been the area of scientific knowledge. I have devoted lifetime after lifetime to this. and now intuit that I am wasting time on the Earth planet for my growth. I have chosen to incarnate on another planetary body, where there will be no physical to hamper my brain, my vibrations, my intuition & my growth. I have chosen to move to a planet that does not have free will; a planet whose only purpose is to disseminate scientific truths throughout the universe. Speak!

Di: As a soul, whatever karma you have done, if you no longer come back her, how will you balance that?

Soul-3 have no time to waste on karma.

Di: Does one have a choice?

Soul-3 I choose to go where I wish to grow.

Di: Is the permission given?

Soul-3 It has. Were it not given, I would still go.

Master: (Laughing) you just witnessed an extremely impatient soul! Even in his expanded form, you may have noted (those of you who are energy sensitive) that he deemed this experience 'a waste of his time'. He felt that he had nothing to gain from your 'feeble minds'. Characteristics do carry forward to our side. Yes and no soul completely loses past characteristics. They are the unique identification tags of whom you are. They are beautiful. One should never try to grow beyond your characteristics; one should try to work through them, understand them, accept them & review them from a wider perspective.

Now, this particular soul was indeed what you would call 'a scientific brain', a genius, who had, in past incarnations on Earth, disseminated vast quantities of information for progress. He did serve a purpose. He has incarnated in several bodies that you are aware of Madame Curie, Copernicus & an Atlantean Master among others. His work (on the scientific planet on which he wishes to incarnate) will be the most conducive for his growth. The Masters have permitted him to feel that the choice is entirely his.

Di: I knew there was a catch!!!

Master: Of course there was a catch. So be it! He has gone where his higher vibration wishes him to go. Even at the level that you witnessed he was not in full vibration. There is a bigger 'you' beyond this spirit realm. We predict that the information that he, collectively with others, will disseminate will benefit the universe.

Master: Questions! You (Di) may coordinate.

Nan: What is happening in the astral world while the axis & vibrational shift on Earth is taking place?

Master: We will honor your request. (...)

Sh: Would the scientist really be able to go to another planet if he had no permission?

Master: Understand that the Masters would never forbid it. His own higher expansion would not permit him to make an error of great magnitude. Even on our higher realms there are options. He could have chosen to further his growth by going on this path or perhaps 10 other paths. He would have been limited by his own Higher Self to explore one of those ten.

Sh: if you haven't completed the Earth loop & you go into another lifetime on a planet without free will, do you have to return & complete your karma? He has not completed his Earth (..). But he will have to return?

Master: Indeed, he will. He will require that for his own vibrational completeness.

Mona: Out of curiosity, I want to know that there are 84 million births that we have to complete. (..) How long will it go on?

An eternity. Time does not exist. It lasts an eternity in your linear time structure. It lasts a micro-second when viewed from an expanded point, If you do not see past, present & future in this form, but you see it happening simultaneously, there is no difference between 1000AD, 2000AD, 3000AD, all are simultaneous; all incarnations are then viewed as simultaneous. This leads us to the point that when the Source exploded & wished to come back to the Source, it has happened in one micro second. Let us not go there. We will have things thrown at us.

Nina: From his perspective the soul was doing what he wanted to do but from the Master's perspective, him going to another planet, how would it serve his growth? Would it be a gratification of a desire?

Master: Oh no! Gratification does not occur in (..). Understand that when you are in expanded spirit *form*, you are the best & most expanded vibration of who you are, at every instant. Therefore, there is no confusion that exists, as it does on your Earth planet. Instantly you know where your vibrations wish to go, how they should grow, how they can best grow & how they can best serve the universe by growing. You will take all these factors into consideration; there is no selfishness, there is no self-serving, there is no gratification. It is certain internal knowledge & you will follow that path.

When a mother views her child running into danger, there is no thought that, "Am I doing the right thing?" "Will people be proud of me if I save my child?" "Will my husband care for me more? It is an instant desire to save the child for the joyousness & expansion of both the child & the mother. It is a (..)

Group Member: I know we are living in various universes at the same time. Do we get flashes of those

Master: Oh yes! And as the veil gets thinner & thinner, as it is with all of you, the flashes are getting stronger & stronger. Just as when an actual curtain gets thinner & thinner & you begin to see hazy images through it till it becomes so fine that you see clearly; that is what is occurring. Now, you are permitted a certain level of thinness; beyond that, it would be detrimental to your growth so each person will intuit how far they wish to thin the veil & it will only thin to that degree. That is why people who have mental problems have gone beyond the veil?

There are no veils for them. They have other restrictions. They contain themselves in a energy field separating them from the rest of humankind & create within that energy well (for your understanding) a new & separate grid, unlike that of other people around them. This keeps them contained in their own dementia, for their own growth purposes. Others who view that see them as mad because their energies do not match theirs. To help them, give them light & energy to do what they need with it. You do not know whether they need to remove themselves from that well of energies or continue it Give them energies. Empower them to do what their Higher Soul needs (..). That & only that!

(To Nan)You may now voice your question again, for the benefit of all.

Nan: What is happening on the astral side because of the shift taking place on the Earth. How are souls entering & leaving?

Master: And she wishes us to answer that in a few moments!

Nan: I was promised this in the last session.

Master: Let us very briefly describe this. We promise a full channeling will be given to this, at a future date. Let us start by, once again, reiterating a fact you all. Nothing happens by coincidence & every aspect of every blueprint must dovetail to make this beautiful tapestry that you call life. When an Earth shift occurs (as is happening right now), certain energies are being released from the core of the planet for its growth & development. As these energies are released from the core center, aided by your friends (referring to the ETs), as you know, they affect most strongly the Earth around them, all inhabitants on the Earth, all aspects of energies on the Earth & in turn, they trigger off an energy in each of these people or *things*. The core center energy is triggering off an energy within you, within her, within her, within this room, within all animals, within all plants, within all aspects of Earth life. These energies, in turn, will expand outward, triggering off reactions in the space around Earth. Planetary bodies, stars, asteroids will start vibrating at a different level. A chain reaction is set off throughout the universe. With us so far?

Yes.

Master: This vibration, which expands from the center of any planet to the end of the universe, must affect the astral. The astral is not above all this; it exists concurrently. Heaven on Earth! These energies find their way through dimensions as well. They are affecting, not only this chain that we have just described but all the other parallel Earths

that exist in different dimensions, all the other parallel universes, all the other parallel bodies, to a smaller degree. Mind boggling, is it not? All from the shift from one planet!

Now let us remember that not one planet at a time is shifting; millions of planets in different parts of the universe are shifting at the same time. Each one is setting off this network of energies. Of course the astral must be affected & as the astral is affected, it radiates a higher level of energies, which affect Earth again. A circuit is formed but not a linear circuit; millions of loops moving through time & space, through dimensions, through realities, through consciousnesses. And one atom is born. All this is happening within one atom in your skin

Nan: Microcosm & macrocosm?

Master: And this one atom in your skin, in which all this is happening sets off a chain reaction in this body & the process, continues. There is no end to the universe. The universe, as you know it, exists inside one atom of a bigger species; just as within each atom in your body is whole universe. Mind boggling?

Nan: As you finish with us, no mind. No mind. Nothing. Be!

BLESSINGS, LOVE & LIGHT FROM THE MAHACHOHAN!

Sai Baba's energies suddenly entered Sohrab

The Sai Baba: Sai ka Pranam!

The combined energies of Meher Baba & Mother Mary blessed the group.