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THE STARLIGHT
Channelled by Sohrab Ardeshir

Different Stages of Earth Life: Birth to 3 years

Trance Channelling begins

Starlight: Hello friends. You may call me starlight.

Group Member: Who is starlight?

Starlight: It is a name I give to help you identify with my energies, that is all. If I were to say to you, my name is 'expanded light energies that bear the signature of a particular star', you would find it a bit of a mouthful! So I call myself starlight.

I am a being from another planet and I am also a teaching guide. I work with a similar group of friends from my own planetary body and an exchange has taken place today. It is necessary, not only for your growth, but for my growth. You have been through a series of classes on 'death'. They are over. Your Masters wish you to now examine different stages of Earth life. These will be examined over several sessions.

For today we will be examining earth years: birth to three; up to the age of three in the human form. We will touch briefly upon other forms but the focus will be the human form and once again, to do this, we will permit different energies and Masters to speak through this child. The children themselves will not speak. But perhaps their higher soul energies may appear.

Would you like to question what happens from the years birth to three? Speak.

Group Member: What happens?

Starlight: Be more specific.

Group Member: Do they come in memory of their birth?

Starlight: Oh yes, a wonderful question. In human evolution, there is full cognizance of 'the other side', between the ages of birth to one- Complete and total connection where the spirit inhabits the physical body and begins to familiarize himself with the body but is yet living in spiritual realms most of the time. The earth connection has to start as a very small percentage and then percent by percent it must increase, so that the soul begins to experience third dimensional life. As that percentage increases, the veil of forgetfulness begins to thicken. Now, does it fall evenly for all children? No. It depends on the soul growth

and the soul course, which each individual child has chosen for himself. And we will use the masculine 'he,' to describe any child today.

For those who have chosen to experience severe, vigorous life lessons, they intuit that the veil must come down quicker. Between the age of birth to 1, very little of the veil can actually come down as it is not absorbed by the energy structure readily. But beyond that, the veils speed increases. So let us generalize that between those early twelve months there is free-flowing energy and understanding of who he is.

From an energetic perspective, he is in complete openness and harmony and in fact communicates at every instant, with EVERY higher energy of EVERY person, he comes in contact with.

If you receive after birth one hundred visitors, your child will be in frill contact with the higher souls of each one. That is why, in your fairy tales, the fairies appear to bless the child at birth. This does indeed occur. Each one of you, when you visit a child, becomes an energy fairy, and you give of yourself to that child, that aspect which you intuit on a higher level, and is the most appropriate gift. You never leave without giving the child a valuable gift. You are the fairies who bless the child.

Group Member: And does the child give us anything in return?

Starlight: The child must. Energy MUST exchange. Intuitively, the child responds by giving you his uninhibited, uncontaminated energy of love- That is all the child is able to give, in this hybrid incarnation, spirit and body, at that period. But your soul recognizes the purity of that love which you, in physical embodiment, have moved away from. It is like receiving a breath of fresh air, when you have lived in a polluted environment for many years. That is the gift you receive. It reminds you of home.

Group Member: Does the child choose its parents to come to earth?

Starlight: Always, dear friend- Always. Much has been said on this subject in the past, but we will review a small part for you. For further information kindly speak to this wonderful group, who will enlighten you.

The child sets up for himself, the optimal situation in which to incarnate. Depending on his choice of life's lessons, he will choose parents who either support the issue or diametrically oppose it. Either way, he is propelled to an extreme where he finds out whether he wishes to follow that path in the face of adversity, or in an environment of encouragement and nurturing. If the child chooses completely nurturing parents, he chooses this strong base, from which he can springboard into life, facing adverse circumstances from other areas. If however, he chooses the home environment to be discordant to learn harsh, early lessons, he will conversely choose supporting areas from outside the family. A friend, a mentor, a teacher, a guide, who will influence him from the 'support' aspect: and so it always occurs. And simultaneously dear friend, the parents also choose the most appropriate child for them to nurture, for their own personal choice. Imagine if you will, a huge cosmic jig-saw, each piece fits so beautifully into the other. When you are working on one small section,

you are unable to see the bigger picture. But as it begins to dove-tail, the picture of life unfolds.

Group Member: Does the soul before he comes know what he is doing (inaudible).. Masters?

Starlight: Friend, we wish to concentrate on early childhood today. But, let us answer this. Yes, the soul has full knowledge of the course he wishes to follow. So he sets up for himself, what he ASSUMES will be the most conducive environment, situations and learning from all around him, particularly the parents. However, this is not fixed in time and space. It can vary depending upon the external influences of free-will, which is being exercised not only by the soul himself, but by his parents and all others around.

Let us give you an example. A child chooses to incarnate, wishing to grow and expand as a healer. This child chooses to come to parents who will support this aspect. A father who is an affluent, influential, learned doctor, for example, who will support the medical aspect. And a mother who will be plagued with physical illnesses, so that the child, during the growing period, feels influenced by the emotions of the ailing mother and with the support of the healer father grows and develops a healing technique which he is then motivated to use, to cure the mother. He has thus created the environment and the impetus to become a healer. An ideal scenario, but free-will has not come into play as yet!

Perhaps the father at the future date will not wish to share his knowledge with the child. He may feel that it is inappropriate for a girl to be in this profession and may therefore withhold information from her. Simultaneously, the mother may get so caught up in her cycle of sickness, ill-health and self absorption, that she may reject any kind of healing that the child actually is able to give.

So you see how, even the best game that you set up, does not always play out the way you intuit. It is simply a SERIES OF POINTS OF PROBABILITY: The probable course of your life. Now, of course, the soul can overcome any obstacles, and in fact the unknown is sometimes more challenging. So perhaps this healer's soul feels more motivated to aid the mother by the resistance of the father, and in fact pursues the healing course with double energy and conviction. If he or she truly makes this move, it is tantamount to a declaration to the universe, that "I am pursuing this" and instantly the universe responds by sending a supportive influence, or an opportunity or a situation that enables it. A teacher may suddenly manifest. An uncle may suddenly appear and be supportive. An unknown benefactor may donate a large amount of money to enable education. It can come from anywhere.

Simultaneously, if the mother continues to be resistant, the child may once again double her effort and may find that her healing touch is being used to great benefit, for her friends who are also suffering. It is the soul's choice. And the moment an energy intent is put out, even when unforeseen circumstances arise, the universe MUST conspire to lend its aid. That is how it works.

Group Member: Can you please explain cot deaths or sudden deaths for this group of children? Does the child or the soul choose to go back?

Starlight: Beloved, we reiterate that the level of connection is the maximum from birth to the age of 1, but even up to the age of 3 the connection is strong. Cot death, sudden deaths and accidents occurs for many reasons, but were we to generalize, we would say that the soul has now understood, for itself, the reasons it came to learn and has retracted or the soul has come only to give an experience to the parents and has retracted. If that is the case, the soul does this joyously, and does not create any new karma for itself. It has simply come as a generous teacher, and most often than not, a wise old soul to young soul parents, who need that experience. There can be other options.

Sometimes the soul, during that period, up to the age of 1, in full connection, reviews the possibilities now from an earthly perspective and realizes the chart is not going according to plan. It is still in complete harmony with guides, friends and philosophers on the other side and a conference may take place, where the soul is advised to retract. This also occurs. If the soul is advised to retract, a conference takes place also with the higher level energies of the parents and others in the direct ambit of that child. And only when it is decided that it is beneficial for all, does that soul retract. That is why, there is sometimes an attempted death, and the soul still survives, there is indecision at that moment.

Group Member: This only happens from 0-3. It doesn't happen later on in life.

Starlight: No dear friend. It can happen later. Let us examine this period. There are no definite answers; there aren't fixed points beyond which an experience does not occur. Life, as you know it, is not black and white. Just as the veil of forgetfulness thickens as the child ages, but even for all of you a various ages, there is lucidity, else you would not be sitting here. The veil can never be a 100%. It can never be a 100%, no matter how 'cut off an individual seems to you.

There has to be an internal spiritual connection else the person could not exist in this third dimensional form. Never forget, never forget, that every soul that has chosen to incarnate on this earth planet, the planet of freewill and third dimensional existence, must be a soul of great strength and honor, else it would not have chosen this experience. It would have chosen an easier energy experience. Each one, each one, is a soul of honor, commitment and great wisdom.

Group Member: We were told that there are governing masters who look after the soul. Could you shed some more light on how the governing masters look after the child from 0-3?

Starlight: When souls first incarnate and come into physical existence, they are completely connected with all: Their personal masters: guides: past life mothers, (who are in energy form tending the soul): future life mothers who visit to review a possible choice for the future. Similarly, past and future life fathers, brothers sisters, relatives, friends- A host of angelic forms who have undertaken to guide and nurture this particular stream of humans- Earth elements that arise to welcome the soul to this planet. Energy elements, earth, water,

fire, air, who intermingle in the physical body to acclimatize the soul to third dimensional existence. Remember the soul may be appearing on this planet for the first time in its evolution. It may have no concept of earth, water, fire or air. No concept at all. It requires nurturing from these wonderful masters. It is welcomed by elementals, Forest, tree, flower spirits. It is welcomed by the energies of the house it is about to live in. It is welcomed by entities that come from planetary bodies around, which will support the child when on this earth planet, influencing what you call his horoscope, and a host more.

Not one soul arrives when a baby appears. Millions arrive, millions of energies. Any hospital is filled with these entities. Next time when you step into a hospital, do not focus, as most of you do, on the negative, on the trauma, on the aroma, on the visually distasteful sights. Focus instead on the healing and the joyous entities, which are there, to welcome births, and to joyously receive other souls who are moving back into spirit.

They do the same work. And there is more rejoicing when they return home, to spirit home. It is much like you mothers, who joyously but with nervousness send your child to school for the first day and receive your child home from school at the end of that first day. Remember it well!

So there are hosts of energies dear friend. There is also one predominant nursemaid energy that is attached to every child. This nursemaid energy, acts exactly like a human nurse, but functions purely on the energy structure of the child. Remember: a grid is being placed around a new human being that is soft and tender, and the child though in complete connection, is not able to tend the grid easily. The cosmic nursemaid assigned to each child joyously tends the grid for the first three years, after which the grid is in a structured form sufficiently developed for the child to be able to work with. After this, other appointees come, but they merely supervise and guide the child how to care for his own grid. No baby is ever alone. No human is ever alone. How soon you forget this.

Let us now look at the latter part of these three years. The child is now psychologically receiving experiences in earth form. Value systems, judgments, rights and wrongs, do and don'ts, 'cans' and 'cannots', are now being crammed into this little child by you. Oh yes, you are doing it to train the child. You are doing it to aid the child. And you MUST, because you are also aiding the child in his third dimensional existence. And how can this child live on earth without an understanding of earthly society?

The thing to bear in mind, for you beautiful mothers, is how to balance the nurturing and guidance, with the ability to tend the child's inner expansion and soul growth. That delicate balance, where you are not squashing the child, forcing him to your will, but are instead providing a soft, soothing comfortable seat on which the child can rest and then stand up and walk on his own.

Beloved friends, just as you help the child learn to walk, you must do the same **ENERGETICALLY** for the child. Do you kick your children and say "Walk now?" No, you laugh with the child, you pick the child up and you let the child fall, you pick the child up again. You fascinate the child. You give the child an incentive to move. You nurture the desire in the child to vibrate with energies and come to you. And you use every trick in your book to

help the child walk BUT YOU CANNOT WALK FOR THE CHILD.

And so it must be in energies. Do not make the mistake, dear friends, of thinking that you can allow the child to do whatever he or she wishes. That is not what is desirable. That lack of a structure is as damaging as an over-structure. The hand of nurturing must be there. But the child must always be DIRECTED FORWARD, AND NOT TOWARDS YOU!

Group Member: Is breast feeding necessary or is it detrimental to the mothers?

Starlight: It always helps, dear friend. A bond is formed between the child and the mother through a PHYSICAL MEDIUM of the milk. There is an energy that the mother produces. We are not talking about a vitamins and physical energies. We are talking about higher level energies, intent, focus, love.

All this is produced and conveyed to the child through a medium that the child can ingest and in doing so, it sets up a grid between the mother and the child, a physical tangible grid. Let us now explain how this grid expands outward and helps the child adjust. The child, in drinking the mother's milk, imbibes from the mother nurturing, loving energies, wisdom, certain knowledge of soul patterns, a feeling of familiarity and warmth, energy nourishment. All this helps the child to expand and grow to newer and higher levels of energy, both physically and energetically.

In doing so, the child puts out a vibration of positive energy. This vibration is excreted through the child and into mother earth. Now a new grid is set up between the mother, the child and Mother earth. Mother earth is now receiving nourishment from her newest subject and in turn she releases energies which the mother and the child imbibe in the form of oxygen, water, fire, earth, and sustenance. A beautiful cycle is set up, mother, child, mother earth, child, mother and the cycle continues; the lines blur.

Now in certain cases, the mother is unable to produce milk. Generally this stems from a lack within the mother, where she is not able to express love energetically to the child. There may be other physical or medical reasons. But generally this is a reason for lack in a mother. In certain cases, however, it is DELIBERATELY created by the mother and child to sever the connection, allowing the child to grow from other energy sources. If this particular child, for example, needs to sever the energies with the mother and receive strong booster level energies from, let us say, a grandmother, then this will occur. And the grandmother's energies will be passed into the child in another manner- Food that she cooks for the child- The touch that she gives the little one- and so nothing occurs by accident. Do not now judge the mother who does not feed the child. Simply help the mother understand why breast feeding is necessary and then allow them to make their own energy choices.

Group Member: When mothers give up their children for adoption?

Starlight: It is all in the plan dear one. There is no accident and there must be no judgment.

Group Member: What about children who are not born normal?

Starlight: We will come to it. Let us answer this. When a mother gives *up* her child during the age of birth to 3, it is being done for several reasons. Do you now understand why we say, nothing is black or white? And even for three or four examples that we site, there are another 100 possibilities. We only wish to open your eyes a little further.

When a child is given up for adoption or is abandoned, or loses contact with its mother or father, it is part of the growth that has been desired by the child and the parents. More often than not, the birth mother's energies are required as a booster for that child, and a new set of energies, perhaps the foster mother or a stepmother or perhaps simply a caretaker such as a nun, maybe required for the child's growth. How would this be possible if the earth mother held onto the child? Instantly the bonds are severed.

Of course there is an energy strand that will always exist between the birth mother and the child, no matter whether the child sees the birth mother again or doesn't. The bond will always exist. But the strength of the bond will depend on what is required for the child's growth. No child is ever abandoned by accident. It must be chosen as an experience for both the mother and the child. It can never be a single experience. The only time it could, is before the age of 1, where the child could be in full service to the mother. Let us answer your question. Would you speak it out again?

Group Member: I want to know about children who are not normal when they are born , or when they shortly turn autistic or (inaudible)...

Starlight: For this example, let us assume that the earthly family unit consists of two parents, and perhaps one sibling. The family unit is one of great courage and strength. It has chosen to undergo this experience collectively for growth. Let us make some suppositions: In a previous set of incarnations, the parents could have been extremely intolerant of others' defects- NOT NECESSARILY PHYSICAL DEFECTS! ; Could be emotional defects; Could be perceptions that these parents had of others, who were less than perfect. These parents could have been the types who pushed and pushed and pushed their children to excel so that they could validate themselves through their offspring. Defects are of all forms. So these two parents could have chosen a beautiful situation to learn from where they would have a deformed or autistic child which would only require nurturing. There could be no possibility of pushing, prodding or making the child do anything else. And in giving themselves the situation, they would learn and move through this karmic pattern that they have set up. Is that understandable?

The brother or sister of this child could have come purely out of service- A wonderful, expanded soul who wishes to simply support another beloved friend. And the child himself could have chosen to speed up his level of growth by going through a physical incarnation of complete disability, and in doing so has gone through karmic evolution far faster than he would have if he had gone through several lifetimes of being 'normal'.

These are just possibilities. The intricacy of the placement is so magnificent; it could have been anything else. You are also aware of many souls who choose disabilities, such as your own scientists. It has been discussed before (referring to Stephen Hawkins), where the soul has chosen to first undergo an earthly experience, including marriage and children and

development, and then has chosen to focus completely on the dissemination of physics and similar knowledge and to do so, has one by one, simply 'removed' the senses, so that the complete focus is only on one thing alone..

Now let us look at this from the point of view of his wife, and others around him, and the children. They have come to nurture this soul, and they have also come to grow for their own personal reasons. Perhaps the wife was used to being a celebrity in her own right and chose (this is a supposition) and chose to understand how truly to give service from the background, to not be a celebrity herself and yet to give complete support to her spouse.

Birth to 3 is a very delicate stage. Impressions are received in a stronger and stronger manner of earth life. The veil of forgetfulness is coming down, heavier and heavier. They get conducive to periods of great loneliness; "the terrible two"- simply an expression of the soul feeling separation: Nothing else. The more separate the soul feels, the more the child will vibrate and draw attention to itself: to feel unity. Not knowing that doing this is not unity but pushing itself further and further apart AS IT MUST DO. The child must experience separation, to be able to come back at a later time to merger, just as you have all done. Let us now take a few moments, where each of you goes within and allows any memory from your early years to arise. Do not force it. Many of you seemingly have no recollection of that period. Do not try and force the recollection. Right now, simply connect with your own energies, and allow anything to come up. You will not be made to discuss this publicly. This is purely a private exercise for you.

Take a moment, go within. First feel yourself as you are right now. Be aware of your physical body. Be aware of your muscles, your bones, and your flesh. Be aware of your physical features. Just accept them without judgment. Now go within and be aware of your energies. How do you feel to you? Right now, right here, in this given instant of now? Are you vibrant, are you feeling dull? Are your energies bright, are they low? Do they have a color? Do they have a vibration? Do they have a smell, a touch, a taste? Just take a moment and experience yourself.

Now go deeper within and experience yourself as you first were energetically when you appeared in this incarnation on this planet. Just be the baby. You will find your energies completely light, bright, completely expanded, vibrant, and pure. Enjoy it. It is who you are. Be it.

If any actual memory arises, allow it. *if* not just be expanded light up to the age of 1. Now allow your energies to be up to the age of two. Yes, each one you in your own way experienced the terrible twos. Feel the energy distort within you. Its purity is still there, but there is a vibration that is arising from within that is causing slight displacement of this purity. Feel it.

Now move beyond this, and once again come into a very vibrant, very expanded form of yourself, up to the age of 3. Allow any memories to surface. if not, just be energy. Now holding this wonderful expanded, vibrant energy within you, slowly come back to who you are today, but hold these young three year old energies within you. Merge them with your

current energies. Gently open your eyes.

Dear friends, over the course of the next week, if you allow your mind and your energies to explore this area, you will get flashes of who and what and why you were. Do not judge them, do not analyze them, Just be with them. The truth will reveal itself to you Be in light.