

6th February, 2006
THE KEEPERS OF ATLANTIS
THE MEHER BABA
MOTHER KWAN YIN
Channelled by Sohrab

The Energies of Atlantis

Trance Channelling begins..

Forgive us, we are unaccustomed to the limitations of the physical form & we are unused to being bound by this limited manner of speech. Even for Masters, such as us, it is not always easy when we have not been in regular practice, working through a 3 dimensional body. We will learn as we go along. How do you (Dian) sense our energies?

Dian: They are energies of a vastness & a lot of dark energies. It is flowing.

How do you sense our energies?

Gl: Beautiful & yet, I don't know what the right word for it is?

Dian: I'm getting the word Elohim.

How do you sense our energies?

Poon: (..) from a completely different dimension.

Sh: Extremely expanded.

Narg: Buoyant & difficult to contain; very large.

Kaus: (giggling) Joyous.

She doesn't need words; she describes our energies so accurately, with that giggle. Thank you. Words are not always needed.

We are what you would call 'Master energies' but our components are slightly different to your Master hierarchy. We are Master energies that actually INHABIT YOUR PLANET AT ALL TIMES. Our base is here & not in the cosmos & yet, our energies have to be in complete harmony with high level cosmic energies, hence you have sensed: flowing, elohim, powerful, expanded, vibrant, different dimension. These are, to you who are energy sensitive, extremely confusing.

Our particular strain of master hood is comprised of elements that belong to your Earth planet for that is what holds us here as a base & simultaneously, elements that belong to the cosmos, which permits a fluid link between the *two*. Were we to chemically analyze our own energies, for your scientific brains, we would describe them as being made up of water energy, air, crystalline power, cosmic energy, light, sound, vibration & the complete expansion of the universe. Let us now tell you about who we are & why we are here today & you must ask questions; it is from that you will learn.

Our base, our home base, is deep within your ocean , working with the area you call Atlantis. My kind, are those master oversouls who work specifically with the Atlantean energies: I am one of the keepers of Atlantis. We are listening to the confused questions going on in these brains.

Silla: Are you a fish?

■ No, my dear one. We exist as pure energy forms but we are permitted, at times, to take on the manifestation of semi-solid beings, when the appropriate work is at hand. So our energies, which would be the same as your Master energies, can take on a certain amount of solidification but can never be as these 3-dimensional bodies; not even as firm as your fish kingdom.

Were you to see us or experience us, in semi-solid form, we would look like solidified areas of water but not solidified into a hard structure; solidified into channels of moving water that are different from the ocean around them

Dian: What is the relevance for Atlantis now for us & why this group you have got?

■ Because we have before us, a group of pre-dominantly Atlantean friends: each & everyone in this room, *each* & everyone, in this room has been a vital member of Atlantis at least once, if not more times, during its full vibrational days & at least half, in this room, have continued to work with Atlantis, even after it has moved under the ocean. And we will speak of that.

Even today you see it, in your mind's eye, as a mass of ruins. Let us tell you that there is still life on Atlantis, as you know it; not earthly life, but life. Let us speak a little of Atlantis & permit questions & speak a little & permit questions. In which direction would you like us to go?

Dian: We would like you to tell us the significance of what we need to bring from Atlantis for Earth now.

■ The powers of Atlantis are now being recharged & re-released for planet Earth Shifts are already taking place under the Earth & aspects of Atlantis are now going to manifest, not only on your Earth's surface but some will release energies from within the ocean. These energies are no longer the old Atlantean energies. They have now been infused with new knowledge; new light & new vibrations & they have also been linked with the cosmic energies that you have all worked with, in the past. This new strain of energies is now

appropriate for the growth & development of your planet Earth & as such, is now being released in small & larger doses, throughout the world.

Some of this energy is being released through the vortices that have been recently activated; that has been spoken off before. Some of these energies are being released by Earth shifts that take place under your planet; that, too, you are all aware off Yet more of these energies are actually being physically moved to the surface of your planet Earth by those extra-terrestrial helpers that you call dolphins & whales. They are physically carrying these energies in their structures & sometimes are sacrificing their own physical beings, such as beached whales, to release the energies in the most appropriate manner for humankind. Others are simply releasing it at the surface & then are returning to collect more & yet others are permitting themselves to be caught in your fisherman's nets so that they may be carried inland with these energies & their joyous death will release these energies to areas other than coastal ones.

GI: Is that why the whale swam up the Thames River, in London?

 Yes! There were other reasons but we will not go into that, in this session.

Let us speak to you, briefly, of the glory days of Atlantis: the ones you are familiar with consciously, the ones you have glimpsed at times, the ones you long for but do not believe exist, the ones you have thought of, at times, but have not known they were Atlantian days, the ones you draw your energies from, many a time when working, the visuals of the crystal temple, the peace, the expanse, the vastness; it has been in semi-conscious form for the two of you (Shern & Poon) & for all others in this room, for those points when you have sometimes daydreamed of a joyous part of your past & you have not been able to quite understand where or how it existed but you have felt a sense of expansion, joy & peace: all memories of Atlantis.


Let us have some, in this room, now play a role. We will assign you a certain aspect of Atlantian life & we will ask you to fantasize & imagine what it would be like, if you were that person, at that time. Is everyone willing to play this game?

Yes.

Let us start with you, dear friend (Dian). Will you play the role of the Atlantian priestess?

Who are you? Describe yourself to us.

Dian: I am of very noble lineage; royal. At a very young age, I was taken away & placed on a very isolated place, where certain energies were being put into me & I was kept isolated for some time, not allowed to play with other children & I was told I had a responsible task to perform & so I was taught music, a little knowledge of (..).

 We ask you to focus on one of the many guardians you had.

Dian: It was a master, male, very stem but I could feel a kind of love emanating from him, which was all-encompassing. I could bear his, sometimes, rough ways because instantly I understood it was done out of sheer love.

■ We ask you now to focus on a second guardian, who was a feminine energy.

Dian: Yes. I know the name of the master; she has revealed herself to me. She is still here with me.

■ Are either of these two guardians sitting in this room?

Dian: I sense it.

■ Which one?

Dian points to (Sh).

■ Which guardian was she?

Dian: The male.

■ Will you (Sh) now play the role of the male guardian & describe yourself, to all of us?

Sh: When you asked her about the guardian, I felt it was me & then she described the guardian as (I wouldn't have used the word rough) I thought you were describing my Master, Lord Maitreya

■ You will now describe what kind of guardian, from your perspective, you were.

Sh: I was stem.

■ Ah! But where did that sternness come from?

Sh: Out of love. I saw her potential. I knew where she could reach.

■ Did you love her?

Sh: Very much.

■ Describe your physical appearance to us.

Sh: I see myself as tall, thin, with a beard, reddish hair (not sure of that). I just see myself as that.

■ What were the clothes you were wearing?

Sh: I'm getting a bit confused with this because I keep seeing St. Germain's outfit, in the Atlantian age; I think I'm being influenced by that.

What does the disciple have to say?

Dian: It is not confusion; it's very, very much true.

Sh: Yes, I'm seeing that but I thought I was being influenced by the photograph.

Dian: I also got a little gold & white.

As you continue to discuss & describe yourselves, you will continue to hold this energy, more & more, throughout this entire session. Be the Master & yet, be yourself Be the disciple. Be yourself Master, as you visualize yourself, in full regalia, let us ask you to now visualize your duties to this one. What did you teach her?

Sh: I taught her a lot of what she has taught me, in this incarnation.

Do not resist the subjects that are appearing to you & you are pushing away. You will declare the subjects you taught her, with no fear!

Sh: Science.

Go within science & describe the aspects of science you taught.

Sh: Astronomy.

Yes. Yes. Continue.

Sh: Mathematics.

Yes. Continue.

Sh: And at the same time, psychology.

Yes. Yes.

Sh: I feel it was science & the arts.

There was no distinction. Thank you. You resisted, did you not? See how conditioning comes in? You were a master of astronomy, mathematics & psychology. Hold those energies now & simultaneously, visualize another caretaker, a gentle, nurturing, female caretaker who worked with you to oversee all the students under your purview. Take a moment, link with her energies & point her out, in this room.

Shemi: I can't go beyond Poon.
Why? Is this the one?

Sh: I think so.

Go within. There is another connection with her that you have picked up; it is not this one.

First, pick up this connection, from this room.

Sh: Narg.

You (Narg) will now visualize yourself as the loving, nurturing caretaker, who worked with this one (Sh) to serve pupils, such as this one (Dian). Describe her.

Narg: She's elderly & she has a child near her. She is wearing white, with a headdress. She is bent, a little. She's also worried; I don't know why. She's bending over; that's all I see. Thank you. We ask you not to delve into her pain. It's not relevant to this session but you have acknowledged it; in fact, you may now infuse her with joy.

Who were you (Poon), dear one, in connection to this master?

Poon: I was the female counterpart.

Explain this to us, more clearly.

Poon: At that time where she was master, as he, I was master, as she, but we were completely linked. We worked as one, where her duties involved action & my duties involved creation. So as creation came about, it was put into action, by the master.

Thank you. Do you see now how you were unable to go beyond her energies? Your energies & hers were so beautifully intertwined, in the healthiest manner possible, that the instant you tapped into that reality of self, you were not able to 'go beyond' this one. Continue to link with astronomy. You are rejecting the sciences, even now. We simply wish you to link with the energies. You are not required to produce scientific information, at this instant; you are only required to enjoy the power of the energies.

Who were you (GI)?

GI: Whenever I think of Atlantis, I see myself in white but always with a pitcher of water & somehow the time when Atlantis self-destructed & the pain still lingers for Mother Earth & the cries of Atlantis are still heard in the etheric.

Accurately described, dear friend. Delve within self & describe who you were.

GI: I see myself as a loner: by myself. The pain of what we did to Mother Earth is too deep. It was as if no one was listening. I wasn't heard. Maybe! was one of the few who knew of the eminent danger that was to bit Atlantis because of the arrogance, which went out of hand. And the cries & the pain still lingers & those are the effects that humanity is paying for now.

■ This one, dear friends, was a loner. She was what you would term today, a wandering mendicant, a sadhu, a swami, and yet she was not that; she was a she; she was an herbalist, a healer & an energy intuit. Do not forget that in the days of the Atlantean hierarchy because of the presence of the mother crystal, at the center of the continent, each & every living soul was energy savvy; each could harness the energy of the crystal to do their connand. Do not forget that energy from the crystal powered flying chariots; energy from the crystal permitted Atlanteans from one end of the country to the other, in an instant, in an instant.

Energy was used from the crystal to power every aspect of human life & each person was a mini-conduit of energy. The Atlanteans, you, could even change your physical form at will. You could re-direct your features, changing them, day to day, if you wished. That was the level of power you harnessed & this memory is still within your cells. This one, the loner, the wanderer, the guide & guardian spoke out & was laughed at, was ridiculed or was punished by others who saw it coming & wished their opinions to be voiced first. And she perished being unable to avert the disaster.

Much of what you went through has been carried forth; life after life & much has already been worked through, my dear one. There are small residual amounts left from this lifetime. It is now time to release them in this last lifetime. Do not carry the debris forward. You are now heard & seen & acknowledged & recognized & loved & you have understood this but in moments of weakness, you re-member Atlantis. Now that this memory has been triggered, you may visit it with the idea & single-minded purpose of working through the last few pieces of debris. Take help from your friends, if you wish Do it in this lifetime.

GI: We were all alchemists, weren't we?

■ With that level of energy, how could you not be? And what does alchemy mean to you, my dear?

GI: As we say diamond is formed from carbon, so is the spirit & the soul rises (.) to the shining light; the shift, the change.

■ And your point of frustration was: "With this level of alchemy that we all hold, how do we not change what is imminent? The power is ours, collectively, to change & if we work together we can.!" And yet no one heeded you. And that was your struggle: the answer was within your hands, the activation of the hands today. And you had one other solitary sole friend (let us not use the word 'friend', that is too intimate, let us say joyous acquaintance) who also worked in a similar manner to yours.

The beautiful soul (Kau) who had chosen to leave behind her family, her children & other loved ones to walk the path alone as she knew, within her gut, that the constraints of family life, as existed in the noble society of Atlantis, was not for her & she knew that the only way to develop her own special & unique powers, was to separate from the family & to become a wanderer & an outcast. And she too took that courageous step. And she used the energies to tap into different aspects that were not in vogue, at that time: aspects of the future,

aspects of the oneness of all humanity (not just Atlantis), aspects of socialism as you understand it today, which was not acceptable, in that era. And she too was shunned & cast out from society.

Sh: Master, may I ask a question? Right throughout, when you spoke about GI, I kept getting the word 'navigator'. It's something to do with the stars (I don't understand what it is).

Would you like to explain this? Connect with your own Atlantean from; speak of the stars & navigation.

GI: I know, even then, my connection with the stars, the other planets or the extra-terrestrials, as we call them but they are actually our siblings in space, I got my help from them. My support system was from them, not my own people.

We will explain this further, for the both of you. Just before the final catastrophe, you chose to leave the shores & physically sailed, *physically sailed*, not using the powers of the crystal, which by that moment in time, was in a state of complete disharmony & flux; you chose to physically sail to a distant island where you were in constant contact with the extra-terrestrials; they, along with you, intuited exactly what was about to occur & they offered you safe passage. You chose to return & perish. You chose this consciously. That is a trauma you often experience. Why did I choose to perish? And yet, for reasons known only to her, she chose to end that lifetime among her own people who had cast her out.

GI: Is it true that some of the boats made it to Egypt?

There are Atlantean-based strains now throughout your Earth planet. Some, at that time, settled in Egypt; others settled in the South American continents & a small strain of Atlanteans ended up in the Far East (...). These were the 3 primary pockets from which the rest of the Atlantean strain then circled the globe. It is a strain that still exists. Within the next 5 to 10 years, your scientists will identify a certain gene & it will then be known that all those who possess that gene, have their roots in Atlantis; that will be the trademark. It has not yet been discovered.

Sh: Will the island of Atlantis come up? Will we see it with physical eyes? That final decision has not yet been taken & we will explain why, in a moment

There were also, in this connection that has been described, 3 young female pupils, who worked alongside under you (Narg) & you (Sh) & eventually under you (Dian); 3 young apprentice priestesses. Let us explain priestess in Atlantean terms. The priestesses, in that era, were not involved in rituals the way your current ones are; they were energy priestesses & they helped direct energy to cure, heal & uplift others around them. That was the purest form of the utilization of the Atlantean crystal temple. The main crystal in the center would empower these various temples that existed all over Atlantis & by living & pledging their energies to these temples, the priestesses became holders of this energy, which could then move away from the temple & into the people. Even when these priestesses walked among the poor & sick, they were able to instantly heal, miraculous healing That was the focus of the priestesses. It is from this that corruption finally occurred

when people harnessed the energies for other greedy, egotistical purposes; but the purest form was for healing & spreading light.

Gl: why do I keep getting cloning?

■ In certain cases, priestesses were permitted to reverse the cycle (*Tape side ended*) healing before the priestesses & the head priestess & the heart failed, instantly the head priestess would link with the Higher Soul of the person who had just departed, to ensure that this was done in complete expansion by that soul. If, however, there was a slight error made & that soul, at that instant, wished to return for certain lessons for another time period, the priestess was permitted to give a 2 lease of life, by actually re-creating damaged portions, within the physical body, to provide a stable structure for that body to continue for another few years. That was the origin of cloning.

But it was never done artificially; it was done purely by energy, at that instant & it was always done with complete balance & alignment, with no ego. It was done at the express command of the Higher Soul of the person who departed; not of the priestess & that cloning never, let us repeat, never was done for scientific 'play'. It was never done to create a new physical form. There was too much respect for the energies, for any of them to do that & they never did it because they could. They could & yet they never did. That was true balance of energies. It is now being done as a plaything of science.

Who were the 3 apprentice priestesses? They will say who they are. Yes or no? (Rim) Yes or no? Who? – (Resh).

(To Resh) Yes or no?

Resh: Yes.

■ Are you sure?

Who was the 3rd? [Stal].

Stal: I think so.

■ Let us have the 3 priestesses, for a few moments, in the center. What do you intuit from these collective 3 energies?

Poona: The word that comes to mind is just 'beauty'.

■ Describe them, as a collective energy, not individually.

Poon: Stately. Strong. Firm. Enlarged. Expanded. Forceful, yet gentle. Liquid light.


■ How does this work through you? Describe how you used liquid light.

Resh: To heal. To brighten. To cleanse. It's just a lot of energy; it's overwhelming energy. And yet you channeled it. Take a moment & look physically at one & another & yet see yourself then. Look at each other but see yourself then Would any of you like to describe how you see yourselves or the other person?

Reshma: we're all bouncing. It's a lot of joy. It's spreading this joy. It's a lot of colour.

Lol: Overwhelming love. Just a lot of it.

Stal: I feel giving. (..)

 My dear one, would you like to speak?

Spreading & by spreading, it comes to me.

Let us describe the 3 & how they worked: in complete silence; she (Sheetal) was dumb but this physical dumbness (and we use the word simply to describe who she was, in your terminology; we dislike the word) her dumbness allowed all energies to circulate within her & spread outward, in all directions, like a beacon of light. You had only to look at her & you'd understand what she wanted to say to you & you would answer. And of course, in Atlantean times, the spoken word was less important than the telepathic word & so the physical aspect of dumbness, which you would consider disturbing, had absolutely no relevance, in her life.

This one (Reshma) was the sensitive. She would work as a team; she would generate the energy & the sensitive would intuit what was required by the person & she would draw the energies from her, through the physical & then apply them. The sensitive would also have to guard against picking up energies of others, who were not for her & till today, when you are in the presence of others who are emotionally unstable, you pick up their energies & you get depressed or angry or upset, when that has no relevance in your personal scheme. Remember.

And this beautiful one (Lol) worked as the liaison, the liaison between the Goddess, the priestess & the people. Do not forget that at that period of time, the priestesses who harnessed this energy were considered living Gods. And for this kind of direct healing work to be effective, a liaison had to be (..) to be able to help the receiver open, joyously & with complete courage & confidence, to these energies. So at times, when the energies from these two dear ones was overwhelming this beautiful liaison would behave as the soother, the calmer, the comforter, the one who literally, physically held the other, calmed them & then she would harness the energies from the powerhouse, very gently & very subtly administer them, so that the receiver would not even be aware that the healing was on.

And the most beautiful thing: for their own collective growth & development, from time to time, they would change roles, deliberately & consciously, to learn different aspects of the energy. This is how this beautiful triad used to work & in this lifetime, dear friends, the 3 of you will find, if you work together, your collective powers are much more than the sum of 1+1+1. (To Dian) Guide them. Guide them. Their work has not even begun.

Kau: May I ask a question? Will you guide me how to help myself now, in this life?

First, take, at least, one Earth month & review the lifetime that has been spoken off. Very little information has been given to you. Allow yourself to just imagine the rest. Do not put the burden on self that you have to channel; you will freeze. Just allow yourself to be that person, without judgment. To all appearances, she was a little mad. Enjoy the madness; it is only in enjoying the madness that you will understand that she was not mad, she was sane. But you must give yourself that permission to be mad. Slowly, you will begin to see the issues that come up from that lifetime. Write them down on a piece of paper. Write them down, as if you were talking of another person. She felt corflised, upset, ostracized by society, misunderstood etc. Go into what she felt; then at the end of the month, you may look at those points & see how many of those are still in this lifetime. Some will be, some will not be. Then you have a basis to begin work.

Sil: With all that happened in Atlantis, what happened to the animals?

We do not wish to go into that strain, my dear, as it would raise too many issues, which are not germane to this session. Let us just assure you that those animals that chose to perish with the continent did so in full knowledge & with an understanding that it was for their growth & development. There was no mistake.

Let us now speak of the others, in this room: 1 (Van), 2 (Rim), 3 (Anahita). Who was she (Rim)?

Gl: I see her as a child.

What family background does she have?

Gl: It feels she was resisting what her parents were choosing for her. Visualize yourself as this child. Play the game. Who are you?

Rim: (Inaudible)

Are you rich or poor?

I was happy(..)

What did this loneliness engender within you?

Rim: It was probably a kind of stillness that I wanted to be or! was make believing, maybe because I was resisting something?

What were you resisting?

Rim: I guess happy is a make believe thing but what, I don't know.

Would anyone like to share what they get for this child?

Narg: I feel they were a family of magicians or mendicants. (..)

Rim: I resisted discipline.

Why was she not happy?

Narg: (....) I think they were wandering mendicants.

Yes, dear one, you were a lonely child. You were a child who was wise beyond your years & yet, you could not understand the mentality of the grown ups around you. Every fibre of your being screamed out, "This is not the truth. I wish to see the truth. I wish to hear the truth. I wish to be the truth." And you chose to incarnate just before the calamity where dishonesty, illusion & confusion were at their height. And your task was to retain your purity & to be the flame that shines in the midst of the darkness. You lost your life, at a very young age, in the calamity. You may work with this image, if you wish, on your own. Much more information will be revealed to you & once again, you will start to see a parallel between issues that you carry in this life & issues that stemmed from your Atlantean origins. When you have worked sufficiently with this past life, you will begin to see that many things that you hold onto, in this life, have absolutely no relevance, except a hangover of the past & though that understanding & some courage, you will be able to rid yourself of a lot of unnecessary baggage. This is but the starting point. There are those in your city who can help you with further regressions, further views into this particular lifetime. Take whatever help you wish or you may do it on your own. Do you have any questions?

Let us now speak about 2 friends. Would anyone like to say who they were?

Van & Anahita.

Would you like to describe who you were?

Van: I was not n human form. I was a deer. I played with a princess, in the garden. Follow the (..) to the jungles. I was never a part of the herd. I had no fears: no fear of hunters, no fears. This life, I'm full of fears. I've come to learn what fear is.

You have come to learn what joy is.

Van: I've come to live in a family, to be protected. I was happy then; I'm happy now. But I was an animal; a beautiful creature.

My dear one, do you give us your permission to speak to you, very briefly, of 2 Atlantean lives? But we must have your permission

Yes.

■ The one you have just intuited, you were not an actual deer but you were in spirit form & you were in joyous spirit form, who assumed any physical form you wished & you worked predominantly with children That is correct. But we wish to speak to you of another lifetime, in the same city. We wish to have your permission (Anahita), as well. Will you permit us to speak of it?

Both of you were extremely high up, in the scientific hierarchy & the both of you were brilliant scientists who created newer & newer forms of harnessing energy that abounded around you and with time & with glory & with ego, both of you, unwittingly, caused pain & harm. Neither of you did this consciously or with any desire to cause harm but it was, in fact, the most perfect way of helping those around you, who required certain experiences. And the 2 of you worked extremely closely together to give them those experiences.

We reveal this today, not to cause you shame or require you to repent. Oh no! We deliberately reveal this so that you can stand proud & say to all around you, "I worked fully, in complete balance, for the light, even though it is viewed by others as destruction. I worked for the light, with the light, in complete balance, destroying what was needed to be destroyed." It is when you finally internalize this, all the seeming manifestations of your fears, in this lifetime, will vanish.

Van: My son wants to be a scientist. Should I say a prayer for him?

■ You can teach him better than anyone else. You hold the knowledge; just as this one holds the knowledge she refuses to accept Send him to be the scientist of his dreams, with no judgment on your part. Empower him. My dear ones, we do not wish to say more; we have said enough. Internalize this. Work with others in this group who understand, perhaps, better than you do, what has just been said. The only judgment that has been passed has been passed by you on you.

Why have I seen myself as a very confused child?

Let us explain this: as a scientist & my dear one, do not limit yourself to one lifetime; we are only speaking today of one single lifetime, one single incarnation; there have been many. What you have tapped into today, at this given instant of now, is the level of power & energy that coursed through your physical body in those days & that you were able to wield & manipulate. And as we said before, each & every citizen had the ability to change feature & body form to will. Your level of energy work was 10 times that level & hence, as a scientist & as a brilliant inquiring scientific mind, you pushed the boundaries of science, sometimes to levels that they should not have been taken.

You were one of the few, who did choose to experiment with the negative areas of cloning. You chose to experiment with trying to create new forms, new thoughts, new beliefs, new ideas, new physical aspects, all done in the name of pure science & all done with purity of your heart but it caused actual physical destruction of your body, in that era. You did not perish in that catastrophe; you perished by completely re-structuring your own DNA till it could not hold together & you died an extremely physically painful death.

There is this understanding in your own body today; you do not have to repeat it but there is an inherent understanding of protection of what is self. You will nurture self better than most. Hence this confusion that you saw was your own physical body going into turmoil. That is all.

We have not spoken of you (Silla), dear one. You were a beautiful matriarch of a noble family that worked with the light & for the light, in perfect harmony & who gave birth to many, many noble ones who collectively worked for the upliftment of Atlantis. Your passing was serene & joyous & was not required to experience the turmoil of the last year of Atlantis. Hence, you will have no recollection of that energy turmoil. Your energy recollections of the Atlantic era will simply be one of joy, light & complete love & expansion.

Silla: Did I have a unicorn as a pet? I find a unicorn very special.

Once again, you had thought created those shapes for yourself, in the (...). The colour white, the colour pink & the form you call the unicorn were extremely potent to you & you created, for yourself, the most beautiful unicorns & you imbued them with the most sterling qualities. Yes, you did; and you can still link with them.

Sh: May I ask one thing, please? Yes, we were Atlanteans but were we also Lemurians?

We do not wish to go there today, dear child but there were some, in this room, who were; but not all. Each one, in this room, has been at some point in this linear timeline, an Atlantean but not all, in this room, have been Lemurians. You have.

Gl: What is the effect today of the sacred journey taken by Dr. Norma Milanovich to Atlantis, a few years back?

Energies sometimes need a 'key' to release them. The key is, of course, not a physical key but another energy source, which when brought into proximity with another energy, release a burst of energy that then permits an outflow from the first. This is what occurred in the situation you mentioned & the energy key was not, solely, held by one person; it was held by a group & their collected energies together formed the appropriate energy key. That was the beginning of a new cycle of Atlantean energies.

We wish to end this session by simply helping all of you understand that these new Atlantean energies are now being unleashed, throughout your physical world. As such, all Atlantean citizens, such as yourselves, with the help of newly activated Atlantean priestesses, such as this one (Dian), must now work to distribute these energies around the globe. This need not be done on a regular basis; the call will come. At times, you will find an internal need to work with these energies; instantly do it, no matter if you are involved in other work or not. You do not need to be sitting in silence. You may be functioning as a 3M dimensional human being & still sending or manipulating these energies, as you are required to do. And you, dear friend, must now help this group to do the same. Will you do this?

Dian: Yes, Master.

■ We will permit 3 more questions, before we terminate this session

Poon: May I ask something? What's the role this channel (Sohrab) played in the time of Atlantis?

You may indeed. Would you like to intuit it, first?

Poon: No. I would like you to say it.

■ He was one of the noble group who ruled the country. He was a complete sceptic, however, he always worked for the light & it is only at the final point of devastation that complete enlightenment dawned upon him & those last few instants before he perished, were the floodgates that opened to permit him to work in this manner, in several other lifetimes. His entire Atlantean existence was only for those last 5 to 6 seconds, before he perished. You wish to add to this, do you not?

Poon: No.

■ We speak, once again, of the most potent of his Atlantean connections. There have been others. This was the most appropriate to share with this group. No questions?

Van: I have a question. The children who died in the tsunami, was their birth a gift or a punishment from God?

■ You will answer this.

Van: Gift, while they were alive with their parents. Punishment after they were snatched away.

■ We see it the other way around. My dear child, when any child on Earth perishes, that particular child has chosen to come, for a limited time period, to finish certain karmic endeavors or to gamer certain Earth experiences before they retract. The instant their work is over, they choose to retract in the manner that is most appropriate for them. Do not be the judge of that manner; even a rape is most appropriate for that child, if it occurs. This does not mean that as an Earth human being, you stand back & permit it but simultaneously, you must learn to accept that when a situation like this occurs, it occurs for the soul's growth & has been chosen by that soul, and you have no right to take that experience away.

Van: The parents are not prepared for it Never

■ My dear one, the parents also contract to hold that child, for a limited period, to also experience certain lessons. Ask this one (Narg).

Blessings! Be in Light!

Meher Baba: (laughing). Kem chho? (To Van) Av ni iya? (*Come here*)

Van: What are you saying?

Meher Baba: Why are you crying? Are you not happy to see me?

Van: I thought I'd see you only after death.

Meher Baba: Then you must be dead.

Van: Not so soon.

Meher Baba: Oh baap re! How much she cries? Give her some cake?

Van: Why have you made me so timid? Your fault!

Meher Baba: Women always shout at me. Ave 00 soo karoo? (*What can I do?*) The men don't shout at me. The women only shout at me.

Dian: But the women love you so much.

Meher Baba: (...) It pleases me. It doesn't please me. I'm (..). Come to my house. I also had a house; I didn't live on the street.

Van: I come to Ahmednagar but..

Meher Baba: Na! Na! Na! Na! Come to my house.

Van: They told me, today in the car, that you must visit his house & I didn't know the address. I'll come.

Meher Baba: I mean my earthly house, hah? When you are dead, then you may come to my other house. But she says she is dead, so you can come there straight.

Van: You are in my heart.

Meher Baba: Don't believe all you read about me, hah?

Van: I believe. That's why I'm in love with you.

Meher Baba: All the women are in love with me. Jo! Lovely! Are you (Kau) in love with me also?

Kau: Vaguely.

Meher Baba: She is rejecting me. (To Van) Laugh.

Van: I do. May I ask a question?

Meher Baba: You can ask but I may not answer. Ask!

Van: People believe in God but when God comes to take them away, they don't want to accompany them. Why?

Meher Baba: I will make you a promise. When it is your time, I will come. Will you then come or will you wait?

I will come. But you have to take me before you take my loved ones. Promise! Take me first.

Now she wants bargains.

Meher Baba blesses all.

Through Poon

Mother Kwan Yin wishes to speak to you today. With great joy, each one here today has gone through an experience that will now impact the lives of all, present. There have been energy strands that have not only been implanted but (we use the word) remembered. You will now use this consciously. Your worlds will be spinning from now on You must go with this spin, If you do so without resistance, you will flow smoothly.