

13th July, 2006
UNKNOWN ENERGY
Channelled by Sohrab

The Mumbai Train Blasts

Trance Channelling begins..

Good Evening Friends.

We do not like the term 'newcomers'. It is not acceptable. How do you know, perhaps you are more of a newcomer than these friends who are attending these sessions for the first time. Are their energies any less than yours?

GI: *That's not how I meant it!*

Sohrab: See, we can provoke her at times as well!we have spent many meetings, trying to provoke her, sometimes it works..... of course we know that you did not mean it that way, dear one! Energies are never new. It does not matter if you are attending the meetings for the first time, your souls are expanded.

To GI: you wished to do specific work for the friends, who have passed over. We give you this time now for you to do it. Co-ordinate the session.

GI: Let us focus on those who have given up their lives, and send collective energy, of love, to them. Send out an intent to them, mentally, asking them to reach out to the loved ones who are there to receive them. Very often, in such traumatic endings, and accidental deaths, many souls do not realize that they are in the other world. So let us send them collective energies, asking them to go towards the light, and to reach out to the loved ones who are around them. and to be at peace...

Sohrab: Today we will permit 3 guides, who are working with these very souls. AT THIS GIVEN INSTANT OF NOW, to speak to you, so that you may better understand this situation.

First Spirit Guide: Welcome friends. I am one of many Spirit Guides who are working right here, right now for these dear friends, who have chosen most courageously, to move across our realm, TO COME HOME.

The souls who have passed over, in this particular experience, are of 3 kinds. My spirit brother group and I are dealing with the first kind: those who have naturally chosen this exit, but are in complete denial of the movement to this realm. Many of them are in a state of utter confusion. Let us explain how these particular souls moved across. The instant what you term death' occurred, they were jerked out of their physical bodies, but still believed that they were on the moving train. They began to THOUGHT-CREATE a moving train, proceeding towards its destination. Some proceeded to even arrive at their homes.

Now, in some cases, as they began to proceed homeward, they suddenly started to realize that others around them on the street were not interacting them, as they should. Others actually reached their homesteads, and found there was no acknowledgement of who they were. From their perspective, the family just Ignored' them. This caused trauma, confusion, puzzlement, and instantly they began to question WHY.

The moment these souls began to question, they were shown the light, they were shown their guides, and they were shown their loved ones. Some accepted, or shall we say began to accept, what had occurred to them, and INSTANTLY those friends were placed in a deep and healing sleep. Most of them are still there. When they eventually awaken, they will assess whether or not they require further healing periods or not and for those who do. they will be placed back in stasis. For those who do not, they will proceed to begin work with their Guides, Friends, and Loved ones.

However, there are still *some* souls who are valiantly clinging on to earthly life, and their FREEWILL CHOICE must be accepted. These are the poor souls who require your help. You may work for these, and empower them to accept and look beyond. The instant they make the shift, they are flooded with light, and are in the realm of their Guides and Loved ones.

However, just as we are not permitted to interfere with their process, you are NOT permitted to FORCE them to move towards the light, you are simply permitted to energize them. so that they can achieve personal clarity. Broadly speaking. my spirit friends and are working with this group. We are working very much like you, we are working to empower their Grids, to help them to see clearly, to help them find inner courage and strength, and to connect them with their own higher souls which they have chosen to separate from, But, we cannot force them. Do you have questions?

Nan: *I have I found the way of dying very violently, and I want to know, whenever a soul chooses to die a violent death, exactly what happens? Do they go through Pain and the suffering*

Sohrab: A wonderful question, but first, make no judgments on your part. All those who go in a violent manner, have chosen that specifically. It is not thrust upon them. . It is always chosen, ALWAYS, and for many purposes:

The soul may choose to go through a violent experience, to expiate *a* certain amount of built-up karma. Not quite in the manner you see it, not pay-back time. oh no! But a harsh' experience, as you view it, can propel a soul forward, and give that soul tremendous learning in that one instant.

Those last few minutes of abject fear, trauma, pain, suffering, experienced just before a plane crash. can teach a soul what he could otherwise spend a lifetime learning. If you choose to go quickly, it is your choice. If you choose to linger, and experience something further, it is ALWAYS your choice.

At other times, the soul chooses this violent death PURELY AS AN EXPERIENCE. We will give you an example: Many of the scientists who have worked in the past, on what you call the atomic bomb, have

chosen to experience HOW the effects would be in a 3 body. Many of them have incarnated in the future, and have chosen violent ends, simply to understand WHAT THEY HAVE CREATED. An Experience. This is not for karma. This is for the actual experience, and then they may incarnate at a future time, as scientists again, but this time of a higher caliber, with a greater understanding of the cause and effect of the bomb. . NO JUDGEMENT.

There are many, many other reasons which we will not go into.

Rab: *A question related to the first instance, where the souls have decided...., thrust forward and they will have a good knowledge, but instead, the fear sticks to them then what happens.. .a bigger mess'*

Sohrab: Aah! Absolutely, and the choice to be in 'a bigger mess' IS YOURS... .do you choose to drag that forward, through more and more incarnations, or do you choose to work it through and ASSIMILATE it, instantly? The choice is yours.

Understand that whenever a soul goes through an experience like this, which could entail a possible future karmic build up, the soul ALWAYS gives itself a support structure. Once again, we will use a concrete example: Let us assume that you have carried, from lifetime to lifetime, the baggage of intolerance. Once again you will draw to yourself, in greater levels this time, circumstances and people that urge you to experience intolerance'. This FORCES you to look at the issue.. But you will also draw around you a support structure, which will give you indications, IF you choose to listen.

For example: You may have created for self, a dear friend who is paradoxically a member of the community of which you are intolerant. You may fall in love with a member of that community. You may find yourself in a group, such as this, predominantly comprising that community. You may find yourself in dire straits, in a lonely land, and you will be helped by someone of that community. So, time and again you will surround yourself with opportunities to learn from, but if you still choose to ignore it, you carry it forward once again. Your free will choice.

Perv: *So how do you learn this. . inaudible*

Sohrab: By simply, dear friend, ACKNOWLEDGING THE ONENESS OF ALL. If you can acknowledge the oneness of all, YOU ARE FINISHED WITH ALL YOUR KARMA. There is nothing left.

Nan: *Is that ASSIMILATION?*

Sohrab: PRECISELY!

The next friend must now be permitted. (Sohrab has trouble holding the energy)] am not accustomed to a physical form!

Nan: *How do you feel?..*

SECOND SPIRIT GUIDE:(laughing)..... so limited...We and our kind are working with the next level of friends, who have moved across. These are those souls, who have a conscious knowledge of, what you term spirituality, and at the time of movement accepted completely what was happening. At that point, they accepted complete Oneness with their Higher Souls. Masters, Friends, and Guides.

They had no intolerance, pain or trauma in their hearts, and they released, joyously and fully at that instant. These friends were LIVING MASTERS. They were light workers, just as you are, and yet. this particular group chose this exit, and this particular means of exit, TO TEST THEMSELVES! Would they revert to old habits, OR, would they accept the light? They accepted the light.

For these souls there was no physical pain whatsoever, that microsecond was enough to assimilate and come into balance and they simply moved across effortlessly. There were many of our kind: Guides. Friends, and Masters. who were waiting. and they instantly accepted what had taken place. There was only JOYOUS REUNION.

Most of these friends are in what you call the sleep'. But this sleep' period will be brief. They are completely ready to move further. Do you have questions about this group?

GI: *When they are ready, will they be helping those who are earthbound?*

Sohrab: Some. Not all. In this particular group, the entire group chose to test themselves, nothing more. Some when they awaken from their sleep will help with this movement. Many others will be guided by Masters, guides. and friends and will instantly take up other spiritual work on our sides. They are all workers. ALL.

This particular group is of such a level of advancement, that they do not require much 'rest time'. They are ready to move to the next level

Perv: *(Inaudible) ... as the blast happened, I was a few minutes away from there and I understand I missed it by a few moments. What does this mean?*

Sohrab: We will speak of this later in the session. Ask the question again.

Nan: *I need to ask, the souls who left this way, the second group. Did they know about the process of death, before they left?*

Sohrab: Each had sufficient knowledge: each had, of course, different views and ideologies. Some were intensely religious people and believed in an after-life, .some were deeply spiritual people who understood the

Truth, without the need for any form of deception or thought creation, and yet others were completely, you would term, 'cut-off and yet were completely connected. A Paradox.

To be a deeply spiritual person, you do not have to have an external manifestation of attending meetings or learning information. You may simply be living a good life. Good, not by our standards good, but by your standards—individual to each person.

Nan: *Does that mean that their vibration was already that high, for them, to be able to understand?*

Sohrab; Many of these good' people were simply very ordinary' souls, who were leading very ordinary' lives with no particular, shall we say, spiritual or religious inclinations. They just were. They just existed, joyously, accepting all that life gave them. True, they may not have questioned deeply, the processes of the spirit, but they simply moved in a balanced vibration and merged their vibrations with all around them. Deeply Spiritual Souls, with no conscious knowledge of the spirit.

Nan: *okay, I want to know also, all these souls must have chosen this as an exit point, as nothing happens as random, now / want to know, how did this whole 'plan' take place? From the terrorists point of view and the attraction of the ..*

Sohrab: We will answer both (pointing to Perv and Nan) at the end

Silla: *What about childreninaudible....?*

Sohrab; Are children any newer than these other souls? Are these (indicating the first-time attendees of the meeting) newcomers or not? Some of the children on the train had souls far older and wiser than many of the adults, each soul is a soul. Humans look at the physical embodiment of the soul and get confused.

The 3rd category, and perhaps the smallest, were those fully expanded Master Souls, who chose this CONSCIOUSLY. They stepped on to that train consciously, knowing that this was going to take place, knowing it was their time to surrender this physical body, joyously embracing this opportunity to move, and at the same time, contracting to move across, and INSTANTLY START RESCUE PROCEEDINGS FROM OUR SIDE.

Many of these friends crossed over A FEW MICROSECONDS BEFORE the bombs actually exploded. No trauma. They shed their physical, moved across, instants before the bombs exploded. They were not required to experience the trauma. They had embraced the exit point so fully, there was no need for them to go through that particular experience, and these souls moved across and joined our ranks of guides and instantly added to our ranks to help bring other friends across. A wonderful, vibrant joyous group.

GI: *it is very difficult for us to see the beauty....*

Sohrab: I AM ONE SUCH SOUL. I moved over, I say this in complete joy. There is no ego. Yes, I was on the train and you are able to witness my calmness, there is no trauma within me. It

was a joyous choice I made. Nan.' *you told us you knew it consciously, that you knew that this train was going to be blasted. what was your feeling, when you got on to it*

Sohrab: I have 2 daughters like you (caressing Nan's chin) still in physical existence. One has accepted. one has not. Each must go through their growth. My experience was simple...

It gives me such joy to be in the company of such bright energies: Each one. I was not fully conscious of the impending event, but I had an internal feeling, that something would 'go wrong during the course of the day. I spent several hours in the morning, in incomplete imbalance, at home. I had, in fact, called in sick from work.

I had always been in the habit of spending several minutes with myself in daily meditation. Not sitting by the puja table, but '*in motion*'. During my imbalance in the morning, I found that I could not access my usual 'center' so I chose to sit in front of my prayer table for half an hour, and I received clearly from within, a feeling of joy and the need to just proceed with the day. And so I gathered my belongings and I went to work, and surrendered to whatever would happen. I did not consciously know it was 'death. I knew that it was something very big' for me, and I put my trust in God and in myself. I affirmed from within, 'whatever is best for me you will create.' And I proceeded with my day. It was that easy.

The few instants before the actual explosion occurred. I suddenly felt a sense of dizziness and I saw what seemed to me to light, flooding the entire compartment. I first thought that the actual voltage was flickering, and then I realized it was not that: SOMETHING JOYOUS WAS HAPPENING. I felt a great rush from within of great, great joy, and I opened myself to this joy, and the next instant I was floating above... and that was my experience,

Now even on this side. I *have* to apply this same knowledge to my family, who are grieving, and accept fully that it is their choice to grieve, and I bless them, but I do not stop them, I cannot stop them. I choose not to stay with them at all times, I visit and I move, and I visit and move. They are a part of those I serve, I would joyously answer any of your questions now.

Rab: *Sir, would you like us to go there physically and give your family this information?*

Sohrab: Thank you. Dear Friend, but in case of my family. I choose not to, I choose to let them go through their experiences, in their own way. There is already a support system, structured around them: so far my daughter has chosen to use it, and it will give her strength and growth. My wife and other daughter have chosen not to use it. I must respect their choice. Yet I thank you. If you wish to help, you may send energies to them, from long distance, to empower them. I would welcome that friend.

I will now be attending Spirit classes for growth and assimilation of further knowledge. So far I have been involved with rescue and comfort. And I will remain at this task as long as I am needed. After this I will be placed in a short sleep, then my education on this side will begin....

Nan: *What do you feel about the terrorists?*

Sohrab: Nothing at all.. ,It was simply what they had to do..

Rab: *If it happened to one of your family members, how would you have taken it?*

Sohrab: I do not know, dear friend! Perhaps I will create that situation, in a future life, to experience that as well. As of now I can only speak from my level of growth. I AM completely accepting of 'the will of the God'

Getka: *(Inaudible)... . How did you completely hand over your day was there no fear at all?*

Sohrab: It is a process I have grown up with. I come from what you would consider middleclass family roots. and I was raised in Dadar, in a very joyous family. My parents were not religious, but they were completely focused on the Expansion Of Spirit. I use your words through him (Sohrab), and because of this, I have always learnt to surrender completely.

Yes, there were times in my own youth and teenage hood, where I fought myself, but I soon learnt to completely lay down all at the 'feet' of the energy. I was not submissive. I did my work. moved towards my goals, but at the same time I was always happy to accept the outcome no matter what. In fact it was my major life lesson—SURRENDER, I wished to test my levels of complete surrender, and I incarnated, for that reason alone, and I feel JOYOUS for that.

Visitor: *Would you be able to choose again.. if you do not wish to re—incarnate again...*

Sohrab: I am speaking with my guide I have been told that I will have complete freedom of choice. What I will do, I have not decided. That will come later in my soul growth, but my inner desire right now, is simply to remain here, Joyously Expanded. HAVE COME HOME. I do **not** wish to leave home yet.

Nan: *Did you know about death before you left the body... the process of death?. or you had no idea?*

Sohrab: I knew, I knew from within me that there was incarnation after incarnation, but I was not clear about how or what would happen. I simply understood not from here (heart), but from here (head), how it would be to rejoin Spirit and that was enough for me.

I never raised my children with any strong religious beliefs. Though we are of Hindu faith, I have always been equally happy visiting temples and other places of worship. But I never felt, personally, the need to visit them. I drew my strength more from nature, and particularly from the Sun—that was my personal attraction.

Visitor: *If we have a choice to remain in the Spirit world, and grow there, why do we choose situations to experience in the physical world? Why do we come back to the physical world?*

Sohrab changes energies to the original master

Sohrab : Welcome friends! We come back to your question. Dear One. Understand, the soul you were questioning, was still not at a level of advancement where he could have fully understood or answered your questions. He has now returned, with great joy. We will now take your questions, such as these.... repeat your question...

Visitor: *If we have a choice to remain in the Spirit world, and grow there, why do we choose situations to create and recreate in the physical world and experience them?*

Sohrab: We will explain this briefly, dear friend. For greater detail you may refer to earlier channeling.

Earth, as you know it, is a tourist destination. There are many beloved friends, who circle this globe, and watch. just as you watch animals within a zoo. FREE WILL, which exists on very few planets as it does on Earth, is *extremely amusing*.

When you remain in *Spirit form*, you can learn, but you cannot experience. it is so expanded, and you as energies are so expanded, that you' know it all' instantly. You can assimilate knowledge, in a few instances in the Spirit world, that would take you years of human life, but you would NT have experienced it.

You can imagine what snow feels like, but till you have stood in a snowstorm, and played with a snowball, it is a simply a mental concept. On earth. you throw those snowballs. You fail, you feel cold, and you enjoy the sensation of the snow going into your boots. You experience an icy trickle, as it escapes into your coat and you shudder when you feel that piece of ice slipping down your back, and at every moment you are experiencing snow. You understands how L feels, smells, tastes; you enjoy t. you hate it... .all part of the snow experience.

Many, many other planets and existences have no free will. They function only with and for the light. To them, the fact, that you can make a mistake on earth. seems ludicrous. "Why would this person choose to behave this way. when she can behave that way?" they wonder. Do you see the learning experience, that free will, and the veils of forgetfulness, cause you to experience?

For a Being who has no free will, when they watch you making mistakes and causing pain and trauma in your own lives and in others, when they watch you get tangled up in situations of your own making. they wonder at the experience. To them, it is like a person keeling over from holding her breath. when all she has to do is breathe! JUST BREATHE, THEY CRY OUR! Because to them, making a mistake, choosing a path that is not of the light, is like not breathing, it is inconceivable, and yet, what a magnificent arena you have chosen in which to experience, learn and grow.

Those who have chosen incarnation on Earth are always to be commended. They are the brave souls of the universe. It is much easier to remain in Spirit form, or in a society, where there is no free will.

Renu: *The person, who was here last. who was the master, who consciously chose to go: did he have a choice about which exit point to take?*

Sohrab: Yes, that particular Master friend, did have a choice, just as this friend Perv). did. You chose not to use your exit point.(Indicating Perv) You know that you have work to do and growth to experience. You chose not to take an exit point. Now, for yourself, go home and experience all that actually happened, before and after the event for you, not the superficial aspects of what you were thinking of, a few minutes before, but truly follow your course, through that journey, physical journey and touch upon aspects that you have not yet seen. You will find interesting 'stuff' coming up. Ask for the help of the members of this group. if you wish, they will walk you through it, they will provoke it, you will touch interesting aspects of self.

Visitor: *From your perspective, are experiences ever negative or positive?.*

Sohrab: They are all just experiences.

Visitor: *Good bad experiences?.....*

Sohrab: That is why you have chosen a 3D experience. It is only in the confines of this 3D existence that you classify experiences as good and bad, positive and negative and you must, for the purposes of experience. Without these boundaries, how would you know they were experiences? How would you learn from them? You wish to experience experiences, hence you have chosen the correct confines. (amused), but there are no good or bad. Each and every single member, not only of the human race, but of all races, has experienced different aspects of existence, You, yourself have been the murderer and the murdered, the rapist and the rape victim, the teacher and the student, It is ALL ONE.

Visitor: *This even took place on Guru Purnima, a day to honouring Masters and Saints. it is supposed to be very auspicious. How come it took place on this particular day?*

Sohrab: Guru Purnima. ..Yes. Let us ask you a collective question: Today, the day after this experience, how do you feel the energies in Bombay are?

Actually. I feel very positive, feel very good. so much came out, strong.

(Most in the room agreed with this statement)

Getka: *Now that you ask this question, there is also an underlying fear, and I just want to ask you, in relation to that, when one encounters fear, and if it's just an experience, if that just , cannot really hurt us at a soul level. But if we still experience fear, when it's clouding us and we can't see beyond. What can we do to walk through that? To actually let go of that? what do we do?*

Sohrab: Fear is only one thing, ignorance— Nothing else. When you touch upon what is 'making you scared' and you assimilate it, it is gone.

Getka: *There's a difference between knowing it intellectually, and assimilating it? And that journey is, the real journey, so, and that fear ight in the middle of it.*

Sohrab: It is the obstacle you have placed there. For you fear, for someone else, another obstacle. It is a series of obstacles that YOU personally have chosen to place. It is the most appropriate obstacle in your case.

Getka: *Ya, inaudible.....*

Sohrab: We will do a further session with you later, remind this child, to take a session on the word 'fear'.

Visitor: *I didn't get the answer, for what I was asking, yet, so some souls....*

Sohrab: An event like this, you may see as devastation, as a catastrophe: But from our perspective, it is an expansion of energies, it is clearance of debris, it is movement of souls to a higher level of vibration. EXACTLY WHAT ALL OF YOU INTUITED.

You are now able to look at the bigger picture. Stop getting trapped in your 3D aspects of the situation. A tremendous release of energies has taken place, for the benefit not only of those souls, but all those around them: the families, the extended families, and the city of Bombay. the world, the leaders, the consciousness of the people and the physical earth itself.

A huge explosion, dear Friend, is sometimes required to shake up old energies. Let us explain this briefly:

Each person here is so much more than their physical body. Each person is a vibration, an energy. You may call it the soul, you may call it the aura, you may call it the inner rhythm, it is all energy.

Energies at this particular point of time, astrologically, are expanding tremendously on your earth planet. They are doing this in many ways. A session such as this is a way of expanding energies, you are aware of that, because to you it seems good and righteous and wonderful; but a session such as being on a train seems to you 'tragic.' It is simply another form of tremendous expansion of energies. There is learning everywhere. Do think those souls have energetically contracted, because the bodies are shattered? No! No

Their energies have moved into a vast and expanded form. All around them, the loved Ones, the friends, will now go through now the experiences that they have chosen. Even the loved ones who survived, the 'emotional victims' as you term them, have chosen that experience, to overcome their past issues, traumas, aspects and concepts of life, and to expand into a new level of consciousness. Dear friend, on your earth planet, most often than not, you choose to experience of 'pain 'to grow. Ask this one (Moni).

It is the experience that aids 3D life on your planet, and so you are simply using the medium, that is the most useful to you. No, you do not HAVE TO choose that kind of experience, you

may choose to expand and grow in other ways. in which case, you will not use the medium of pain, or you will use the medium of pain only in certain aspects of your life which are blocked. *Why is there no pain in aspects where you are expanded and tremendous pain in aspects where you are blocked?*

It is that little catalyst that is giving you the proverbial 'kick', to say, "come on and look at the bigger picture!"

This experience has also benefited the city'. Collective Consciousness of the city dwellers have risen. We are not talking about defying the government; we are talking about a collective responsibility. The physical earth has been affected by the vibration of these bombs. Each has its own place and Now, let us speak about the perpetrators. To answer your earlier question:

DO NOT JUDGE THEM. THEY ONLY DID WHAT THEY HAD TO

As the experience was collectively drawn by you, you are all as equally responsible as the person who planted the bomb, A hard one because you are still viewing it from a 3rd dimensional perspective. A collective consciousness is formed thus: ALL THE INHABITANTS OF A CITY get together on a collective higher level. All of you merge, and say 'Ok, now what is the best for our city, what do we need to draw to us for growth and cleansing?

Then, a debate will take place, in a very 'civilized' manner, and options will be chosen: an earthquake. a tidal wave, an epidemic, a flood. an explosion, rain, wind, volcanoes, a war or a combination of elements. And, dear one. it need not need to be a violent or negative aspect, from your viewpoint.. Sometimes, slightly more strength is needed to wash away crusted debris. Just as you scrub a pan with strong detergent, sometimes it is necessary to 'shine' the city. This was simply another such experience.

Do we ask you to glorify the perpetrators? Of course not, we ask you to ACCEPT. to understand, without judgment. Does this mean that the perpetrators should not be brought to justice? OF COURSE NOT,

They must be judged by earthly law, because they too have chosen to incarnate on planet Earth, and if earthly law states that the perpetrators must be brought to justice and punished in a certain manner, then they must be brought to justice. So if you have knowledge of them, then it is your responsibility to bring them to justice, hut it is not your responsibility to JUDGE them or to mete out the punishment yourself.

Renu: *Does that mean they will not have a karmic backlog, that's going to come to them*

Sohrab: (laughter). Once again there is no fixed answer, dear friend, some will be actually creating karmic backlog by this experience, and some have come simply to do it, they are ACTUALLY FULFILLING their karma. Yet others may not be creating any karma whatsoever as they are fully committed to the cause from an internal level of balance. You will not know which person falls into which category. And it is not necessary for you to know that. That is for their personal soul growth.

What you can do in a situation such as this is to send out love and light and to FACILITATE the situation, in the smoothest possible manner. That you can do, but you must never send out love and light to stop it. FACILITATE IT smoothly; allow it to occur in the least turbulent manner. You can also appeal to every single concerned individual to access his or her own higher soul, and to be in perfect harmony with the Oneness.

Nan: *At last Sunday's meeting, we were asked to give love and light' for a particular (and unnamed) situation. Was it for this?*

Sohrab: No.

Moni: *I was one of the few, who was stuck in a cab for 41/2 hours, and referring to you, what you said about Guru Purnima, what I saw was amazing, because I saw people, just lifting people, putting them on cars, on busses. People standing in water, giving out food, drinks, running around doing things. and I really felt that they were honoring the Guru within, which is the soul, God, and which is the guru. And who chose to go, really went to the ultimate Guru. What we call the Guru is the incarnate version of God i really felt Gratitude to see such a wonderful people.*

Sohrab: Thank you, dear friend! You asked why this occurred on Guru Purnima? Every single person involved in the event, including all of you, in you peripheral forms, was simply honoring the GURU within you, which is you. The actual astrological power of the day facilitated the 1—honoring of Self in every way. YOU EXPERIENCED THE ONENESS OF YOU.

Blessings Love and Light.