

27<sup>th</sup> July, 2006  
THE ARCHANGEL MICHAEL  
UNKNOWN ENERGY  
*Channelled by Sohrab*

## The Living Buddha

### Spirit Possession

Trance Channelling begins..

(To GI) Have you been working with the energies of your father?

**GI:** No I'm sorry. I should have.

He is awaiting your work. The children are awaiting the work. Do not hesitate too long else he will choose another channel. The work must be done.

**GI:** I'm sorry.

Do not be sorry, dear one. Do it with joy. Do it for the children.

**GI:** I will.

Your father is an impatient one.

**GI:** I know that.

He urges us to rap you on the head; we do not do that!

**GI:** Is he still impatient?

Extremely. Say what you wish to him.

**GI:** I love you & thank you with all my heart. Be with us always.

He does not wish to channel; he will speak through the guide.

**GI:** He will speak through his guide?

Such is his power.

**GI:** When I spoke to him of all this, he called me yes, professor.

He now offers himself as your humble student, hence the work he wishes to do through you and for you. The energy he will be passing, through you, for the young ones, will be a learning process for him as well. He will learn primarily through your energies. His guide energies will be secondary to yours. He has taken you on as his primary master in living form.

You have joyously undertaken to guide him through this, on a higher conscious level; now be aware of it on a conscious level. You work with him, on a daily basis, through the night, are you aware? Now be aware.

**Gl:** I do feel him a lot but I wasn't aware of this.

He, figuratively, sits at your feet. You are the professor.

**Gl:** That's what he nicknamed me!

And he uses that nickname now, in complete joy and acceptance. He offers himself as your pupil. No ego! Even embarrassment is ego. No ego<sup>1</sup>

**Gl:** Total acceptance, with joy.

He awaits you joyously. First, you will work with his energies for the young ones. After that, when he is sufficiently facile with your energies, he will then learn from you. You will actually be instructing him on cosmic matters. You are his primary Earth guide.

**Gl:** Thank you for all this information.

He also wishes your friend (Zar) to know that he draws upon her energies as a support. Permit her to link with him as a friend and a mentor. He has accepted her as well. Do not even think now of the relationship you shared on this Earth; think of him soul to soul. So must she

(To Ang) Speak of your experiences!

**Angela:** (..) I don't know where to start. I have so much to thank for.

You will begin by explaining that you have been on a trip...

**Angela:** My daughter and I left Bombay, on the 2<sup>nd</sup> of this month, for London and on the flight...

Speak out in full pride! Full pride! You will accept what you did. Center and then speak.

You will not be permitted to speak without focus and belief in self. Speak!

**Ang:** I would like to thank the Masters for the lessons and the experiences I went through.

(Angela begins to cry)

Halt! These tears are tears of joy; they are not tears of weakness. Speak!

**Ang:** I realize now that I have immense power in helping others and I thank the Masters for putting me through this, on the plane. It was the most horrendous flight I have ever been through. I asked all the Masters to come and help, as we were being tossed about, like a matchstick, in bad weather. One by one they sat on the nose of the plane, on the wings of the plane, on the tail of the plane but to no avail and then I got this message that I had to... Then you harnessed your own power and.. I gathered everyone's scattered energies and brought it to a focal point to where we wanted to be and the plane stopped nose diving for the third time and I thank all of you Masters for giving me this lesson and showing me that I truly have power in helping others.

You did this 3 times; 3 times; a significant number. One could have been put down to coincidence; two could have been toyed with by your mind; three is the holy number and cannot be refuted Do you have other experiences on this trip that you wish to share?

**Ang:** It has been such a hectic trip and I surprised myself by coming through it and able to deal with immense sleepless nights. For 3 weeks, I believe I have slept only 2 hours a night but I know that changes were taking place, cleansing was taking place; I was being prepared for something further and when I went through that operation, in London, I knew there was a very deep level of cleansing and I want to thank the Masters for it. Thank you!

What occurred during the process?

**Ang:** The etheric womb was activated and I look forward to harnessing all the energies and passing it on to all who need it.

You are the living Buddha. You are the living Buddha. YOU ARE THE LIVING BUDDHA. You now carry his energies, fully merged with your own. There is no differentiation between the Angela and the Buddha. You are the living Buddha. You will now bless every member in this room. Stay where you are and bless them joyously. *(Ang blesses each individually).*

It is not often, dear friends that you will be in the presence of a human being who carries this level of merged Master- Divine energies, in a physical form. Acknowledge this from within. Feel it for yourselves. Connect with your heart center. Experience it for self, do not take our word.

Your group may now be informed that should they require Master blessings, in a physical form, they may ask of this child for those blessings. She holds the Buddha energy completely. Do not ever refuse a call, dear one. It does not require you to be there, necessarily, in person; an instant, long distance is sufficient. Such is the level of

the Buddha energies within you. The test upon the plane was simply to harness this from within you. There were no Masters who helped. There were aspects of you, yourself that carried the plane forward. The Masters were waiting, in readiness, for this experience and they supported you through the act but they did not participate. You participated singlehandedly; such is your power. Using your own power you rid yourself of your neck tension. Would anyone in this room, like to offer an observation of their connection with this child?

**Narg:** She always makes me feel joyous whenever I look at her.

Right now, when you connected with her heart center, how did you feel?

**Gl:** Angelic; that's her name.

(To Rad) How did you feel, dear one? Yes, we ask you.

**Rad:** Well, before I came into the room I looked at her and the thought that crossed my mind was that she had very peaceful eyes. Then I sat down and crossed my legs and she uncrossed them for me and said I was blocking my energy. When you said to connect to her heart center, I was just overwhelmed and I don't think there was much connection.

Yes, you did. You are just not in conscious awareness.

(To Kishore) Son, speak!

**Kishore:** I found her to be compassionate; there was serenity on her face and compassion in her heart.

Ask her to bless your many ventures.

**Kisbore:** Master, please bless my many ventures.

(To Angela) No hesitation. No hesitation. (To Kaus) We ask you, how do you feel right now about this (..)?

**Kaus:** I think I know her. I think I know her from before.

Wonderful! Wonderful! Explain this further.

**Kaus:** I don't know; I just feel connected.

In what form do you feel connected? Let us touch upon this.

**Kaus:** Maybe she was my Master, my guide somewhere, in some life.

Very good! You have correctly assessed the situation. It is not a lifetime that is necessary for you to explore but in a particular lifetime, she held the position of an

energy queen and you were one of her many nursemaids. You actually tended to her and helped her develop her energies. Your role was greatly significant, in that particular existence.

**Kaus:** And now in this lifetime?

Now you are here to receive from her; you have nothing to give her. You have everything to receive, in thanks. It is also a test for you to receive without giving. There is nothing for you to give.

Blessings, joy, love and light from Archangel Michael!

Sohrab changes energies

## **POSSESSION**

Welcome friends! We wish to speak to you today of an aspect that each and every one of you has been very confused with, in the past: what you term “Possession”

- Each of you has flirted with this word in the past; you have come across those whom you think have been possessed. You have seen films and read books about the subject and it has always confused you, frightened you, put you off, repulsed you or made you feel completely dismissive of it. We wish to speak to you today of different forms of Possession.

Think of the term ‘possession’ in your own earthly words: something that belongs to you, possession. And yet you are now at a level where you truly understand, from within, nothing belongs to you. Everything is in your care, for a brief period in time; that is all. Yes, but what does belong to you is your own inner rhythm, your soul, your essence, your being. So far, you have been content with this explanation but now you are examining even this supposition because you have learnt that even my inner being, my essence, my core is part of a vastness and the moment I say “I am”, I am instantly separating myself from all that is so how can I even possess my own inner being when “I am” all that is? More confusion

You have heard of various cases where ‘spirits’ have seemingly taken over a body, in physical form. You have heard of cases where spirits seem to inhabit a haunted house and have caused havoc and mischief within. Oh yes, these stories abound. And yes, some of them are true; not most but some.

Let us first explain this from the perspective of the human form, and then we will proceed to explain this from the perspective of spaces that are taken over. The human form, as you know, is a series of energies: the physical, electro-magnetic energies that are emitted from within, the auric energies, the spirit energies, the cosmic energies, the past, present and future lifetime energies (oh, what complex beings you are!). And sometimes, when these energies are completely open to everything around, other energies do inhabit them but always with the subconscious permission from the

individual. It can never happen when there is no permission. You may say the person was unaware; no permission was given. Unacceptable! A higher level permission was given. Please understand, friends, we do not speak of 'weak-willed'ness here; it has nothing to do with being weak-willed or credulous. This has everything to do with energy permission.

Just as you, in daily life, often give permission to others to invade your home or your space, even when you do not really want it and you feel sorry for that person and say: oh well, let me allow them into my house on this particular day, you are giving permission. Even when there is a burglary, in your house, and you perceive the burglars at having broken in, you have given them energy permission. It is now time to examine self, with no judgment, and figure out why you needed that experience, be it a burglary or be it a physical possession of energies. A hard one to accept! A hard one! There is much resistance to this particular point. Stay with it!

There is a 2nd level of possession where the entity does not come within the body, (permission has not been given) but the entity attaches itself to the energy field. You (Narg) have had this experience. Sometimes, lower level entities (and when we say lower, we do not mean it in a superior or inferior way; we simply mean energies that are at a lower physical vibration than your own), these lower level entities sometimes attach themselves to your energy field, as they intuit that you have plenty to give them. It is like the beasts in the forest congregating around the water-hole; as simple as that. For the most part the physical entity, at a higher level, permits this to happen, quite joyously. You will be surprised to know that each and every single one of you has, at least, 10 such entities surrounding you, permission having been given by you.

They do not affect you in any manner. They are joyously there and you are the epicenter of their energies, feeding them, just as a tree nurtures the saprophyte upon it, with no harm to the tree itself. The tree provides the trunk and says, "Grow up me. You cannot have my essence, but you may cling to me and receive air, water and sunlight around" The saprophyte, not the parasite. Such is it with most of you.

Sometimes, however, these particular entities can grow into a level of comfort where they want more and more. The experience you (Narg) may share with the others at a later time, if you wish; only if you wish. At a time such as this, then you need to reassess what you desire to do. There is no right and there is no wrong. You may joyously accept or you may joyously reject the saprophyte.

There is a 3rd level of possession; a very minor level, which comes when you have, what you term, organ transplants or when you have different aspects of another's energies implanted onto your physical body. There is an energy that belongs to another, particularly in an organ and that portion of that person must live on within you. It in no way interferes with your energies when it is in balance.

In general, the 2 energies merge together joyously and affect a small change in your own personality and belief systems; so minor that for the most part, you would not

recognize it. It may be an element of a few degrees more of kindness (that actually is an aspect of that person whom you have internalized), beyond your levels of kindness.

This can even happen when you wear a wig! Or another's clothes! When you sometimes wear a wig made of hair that has belonged to another and remember, this particular area (indicating the crown chakra) is highly sensitive, more than if you were wearing clothes that belonged to another; the crown and 3rd eye chakras are highly sensitive and they can receive 'possession' from that piece of another. Certain attitudes, emotions and feelings may be adjusted within your field as these so affect the 2, very strong organs around here, Even this is possession.

We open it to questions here before we proceed further.

**GI:** Do you get this with someone else's jewelry?

Of course! Please understand, we do not ask you to fear this; in fact, we ask you to joyously incorporate their energies within your scheme, unless you choose not to. We bring this to your attention so that you can now be consciously aware of what you do; for example, if the piece of jewelry has been inherited from a beloved friend or relative, joyously welcome their energies to merge with yours. They are not 'taking you over', they are simply enhancing who you are. But if the piece of jewelry comes from one whom you do not like or feel intuitively you do not wish to be around, cleanse the energies, release them back, joyously, to the person to whom they belonged and ask for the piece of jewelry to be realigned with your personal energies. If the piece of jewelry or clothing or wig has come from a complete stranger, and you have no idea who it has come from, sit for a few moments and feel out the vibrations. If they match yours, incorporate; if they do not, reject them. It is as simple as that.

**Narg:** Master, does this include animal products like ivory?

Always! Remember, dear one, when you wear or ingest animal products of any form, *any form*, be it ivory, bone, leather (particularly leather), or meat; if you do not truly cleanse the item, you are incorporating into your structure, fear of the animal at its point of demise.

Invariably, the animal has been slaughtered for that and the fear has instantly been transformed and placed in every part of the animal: the skin, the meat, the bones, the ivory. It is rare that a piece of ivory comes from an animal who has already shed his physical form.. In that case, the ivory would have no element of fear.

But you do not know for certain so we ask you now to be responsible with all that you wear. We do not forbid you to wear it, we instead urge you to energize it and return to the animal those elements that are still being trapped in the leather, for example. Ask for the animals permission to make this a part of your scheme of life and then use the belt, shoes, wallet, watchstrap or other leather products.

**Silla:** What about giving blood to somebody? Does that mean that your blood is transferred to him?

Exactly the same but in the case of blood, most of the time it is so joyously given by the donor that the energies received are very powerful. In the case of an organ, this only occurs at times; the organ may not have joyously been donated by the giver. Most of the times, an organ transplant comes from an unknown human being; at that point energize the organ, ask for the appropriate energies from the donor to be placed within the recipient and ask for the Higher Soul permission of the donor to live on within the recipient. It is as simple as that.

Sometimes, if the donor has exited Earth in a rapid manner, such as in an accident, and is not aware of the aspects of the after-life, he or she may attempt to cling onto the physical body. Now the physical body may have been destroyed, but there is still one item, one aspect living on! The donor then, in confusion, may attempt to enter the person within whom the item has been placed. Now you are seeing that all possession is not painful or not done with malicious intent; it is simply the confused soul who attempts to get back into the physical form before realizing that the physical has been released. Of course the guides and Masters and friends are around to advise this particular person but if the person chooses not to listen to the advice of the guides, they must stand by and permit free will to take place. At that time, the body of the recipient generally rejects the organ.

**Rad:** For a very long time, I've been aware of a lot of energies around me and I've been convincing myself that it's my imagination. In the past 2 or 3 months, I have actually begun to accept that there are energies around me and I feel their presence at a lot, especially in my bedroom and recently I've been living in this state of confusion where (..) wants to make a connection but there's a part of me that's afraid. I don't know how to go about it or what I should do.

And why do you think you are attending a session such as this? You have made the intent and it has been (..). Let us explain this to you, very briefly, dear friend. You have high level extra-terrestrial connections. Many in this group are working with these kind of energies and are extremely familiar with them. It is now time for you to speak to them, to read, learn and begin to understand what these energies that are literally buzzing around and within you.

Right now, you contain an energy structure that is rather haphazard. This is only because extremely high level energies are being passed into you and through you and at a supraconscious level, you are working with them but at a conscious level, you are rejecting them. A clash is occurring; part of you is channeling these beautifully and the conscious part of you is rejecting them all. It is natural; it is the way most humans work, at first, till they begin to grow and understand what is happening.

Do not fear these anymore. We will give you a small tip: lie down at home, for a few moments; first drink a large quantity of water to hydrate the body. Visualize these energies that you feel and sense around you, passing through you, entering through the



crown chakra and then exiting your body at whatever point they wish. Some will leave from the chakric system, others will leave from the skin; do not even begin to control them. You are at a level of such high energy magnification that they will do what they need to do through you. The instant you give these energies the permission, you will find not only your own vibrations increasing but yourself coming into balance, alignment and a great level of expansion.

You will speak, after this session, to that one (Angela), to that one (Narg), to that one (Sh). They will all aid you; you may speak to any others you wish to as well but do these first. You have much work to do and you do not have much time. You have to be a full-fledged Light Worker, working with extremely high level energies within 3 to 6 months. The process is accelerating. It will happen.

**Ang:** Could you give us a few reasons why the Higher Self would allow possession to take place?

This can be because the lower body (*Sohrab suddenly looks shaken up and gets out of the trance before going into it again*). What you witnessed was transference of one entity leaving the physical body and another entering and this child's resistance to it; much as you don't, energies come and leave your body. Had he been accepting of it, the transference would have been so smooth that none, in the room, would have realized that there had been a change of entity. This was done deliberately to help you understand how the physical resists. Continue....

**Ang:** Could you give us a few reasons why the Higher Self would allow possession to take place?

**One:** the physical body has incarnated, on this planet, to go through an experience like this; simply a learning process.

**Two:** the physical body has undertaken to go through this experience only for the learning of the OTHER soul who is 'entering'. It has nothing to do, sometimes, with the learning of the soul that contains it. But the soul is so expanded that it says joyously 'I will give you the experience till such times as you learn from it and then you may retract'. Simultaneously, this expanded soul does nothing to reject the external force.

**Three:** it may be a learning process for those around.

**Four:** it may be a learning process for all healers, doctors and medicine men to whom this person is taken to. And so on and so on!

**Sh:** I'm sorry, I know I'm judging but there is a lady who has committed suicide and I think she needs help and I'm scared to help her. Master, I keep feeling that what happened to Narg, with the being holding on, could happen to me. I'm a little frightened. How do we go about helping this soul?

We will do so for you at the end of this session. We will initiate the process and you will take it further at home.

Thank you.

You must trust that you are fully protected. You must trust that you are fully protected.

**Sherni:** I know I'm protected but I'm such a coward regarding this.

You are not a coward. Those are old energies that do not belong to you anymore and yet, you consistently hold onto them. They are thought patterns that do not exist with your structure. Your structure does not hold elements of cowardice anymore. It did but it does not now. This is an element of the amputated leg that you believe still exists. It does not.

**Monc:** The last 6 months, I have only witnessed this happening to my child. It's only now, in the last 48 hours, I can only say what has actually happened and what the lesson is for him and me. I think, it's been my fear because the lineage of women, in my family, have all been psychics and things have happened and when you're a child you're afraid. I don't want that to happen to me and the last thing you want to happen, as a mother, is that to your own child. I then realized that the whole process of this happening terrified me, which terrified him and vice versa and forced him into the situation where he is now questioning the substance that he has put in his body, which is allowing those entities. This is something I wanted to say to Ang: chemical substances are introduced into my son, by friends without his knowledge and when he came back home he collapsed and that was when the hallucinations and possession started.

**Monc:** I met him yesterday (he's in hospital right now) and it's all gone. The whole energy shift has happened. His whole awareness level has opened up. (...) me and my younger son. So he's absolutely right in the fact that you are giving permission. My son gave permission for his physical body to go through this experience to attract that astral experience to himself (.. .) He's on the path; I wouldn't say he's (..) yet but he's on the path and he will be because it was his intention that got him out of it; not mine. I prayed but it didn't work. It's just something I wanted to share with you. (....)

You will now use her energy (indicating Ang) to bless your child and yourself. You will specifically demand it of her. At the same time, you will now acknowledge, not only the presence of lower astral entities that did attach themselves to both you and your child; but you will also acknowledge the presence of the astral energy of the substances themselves that have an entity form and you will work at giving those substances light.

**Monc:** I did that last night. I woke up at 2 o'clock with a splitting headache and I just sat on the terrace and spoke to my son. I could see these things going into his body and they were horrible, awful, ugly things. I also saw what happened to him when he was in Goa. I acknowledged that it was my weakness, as a mother, but I needed to cry. Today he is saying no to it.

You were told the shift would happen.

**Monc:** yes, it has happened and thank you, very deeply.

No thanks required! We will work. His free will must be acknowledged, even by us. He makes decisions only through experience. He only learns through experience; it is his choice.

**Narg:** Why did Sur not want to go and cling on despite so much help from my friends, Ell, yourself and everyone and why did it take so long?

My dear, he loves you. He loves you. He loves you and your lesson, through this, was to understand that love does not mean possessiveness and clinging and to help him learn that he• could release you and still continue to love you, just as you would continue to love him, when he released you. The experience was more for him than for you but is always is twofold. It is as simple as that!

He is learning; still connect with him daily or whenever you choose and send him bursts of love; not soft, weak, earthly love; bursts of the power of love and joy, strength, fullness, joy; not earthly love; he does not require that.

We will now speak, briefly, of possession of places and spaces: haunted houses. Why? Sometimes, a space itself formulates an energy, thanks to those who have passed through it time and time again, that is appropriate for lower level entities to feel secure; just as some feel secure in your energy field, others feel secure in vibrational spaces that are akin to their own. In this particular case, they do not wish to raise their vibrations by being in this space, as they do when they attach themselves to you. It is simply home or a safe haven.

What happens when an entity or various entities inhabit a certain home? The physical walls also have an energy, just as you do, but the energies do not move at the speed with which your physical body energies move and so, for the most part, they remain consistent and this consistency is engendered by those who inhabit and so it becomes this extremely dense comfort zone for all. This is when a certain space is deemed to be haunted. Of course other aspects are when the soul has left and refuses to acknowledge that he or she has moved on and wishes to remain in his own home. Yes, those aspects must also be considered, but for the most part, these energies are to do with the home.

You are all aware of the house spirit; the house spirit never wishes these entities to stay; it is not appropriate for the house. The house spirit does all he can to release these entities back into the Light but for the most part, it is of no avail, And then, slowly, the house spirit also begins to take on the energies of those that fill the house. This is why when a house has been left empty and is haunted, as you term it, for a long period of time, even the house spirit has no energy left, the walls begin to crumble, the place takes on an air and a smell of decay; it is mirroring externally exactly what is occurring within.

When you choose to buy this kind of property and change its energies: you can, but it requires tremendous effort on your part. It requires tremendous power, energy, force, focus and belief. Often your builders buy over these spaces, raze the house to the ground and put up another building in the same space, but they have not cleansed the energy of the space and the building instantly takes over the same energies.

Questions!

What about the place that has people living in it?

Let us examine this from two angles: an empty space containing spirits, after which humans occupy it, and then an already occupied space which then attracts spirits.

In the first case, where it is an empty space and the tenant enter, it is their job and their duty to cleanse the space, not to drive out the spirits but to offer their level of love and light and to say “We joyously welcome you to share this space with us, if you wish to live at our level of vibration. If you do not, we request you to find other accommodation” In doing this, you do not drive them out, but welcome them in on your terms!

**GI:** What happens when they refuse to leave?

**Sohrab:** GI, I am now going to speak in link. What I’m being told is that when they refuse to leave, you have not raised the level of vibration of your own family and body to the appropriate level. It’s actually a challenge for you, an energy boost for you and the opportunity has come through these entities.

You need to raise your vibrations to a certain level; this is a challenge for you to overcome. So they are actually teaching you how to increase your own vibrations. You will do this in several ways: you will pray, you will bring in priests, you will hold jashans but basically, it’s YOUR level of intent and focus that matters. If you run away, as many people do, and refuse to face the task, what happens is another challenge will come, which will force you to raise your vibrations. Come what may, you have come to the point where you will have to raise vibrations.

**GI:** What about movies like the Poltergeist, where it happens to a child?

This does happen. The child has undertaken to go through that experience; I know it sounds horrific. I’m seeing a chessboard and the pieces are in place and the experience is passed into one of the pawns and the whole game has to be played out; specifically when it’s a child, it is a game for the whole family; it’s an energy game for the whole family to learn and grow from.

The second case that I want to talk about is when the family already inhabits the home and the entities come in later. When this happens, it is generally because the collective energy of the family is very low and dense at that point and it requires a boost.

**Monc:** Can one person's energy level boost the whole family's energy level?

No. It can help raise the whole family's energies but it cannot lift the whole family because each individual member has to be willing to rise to a different degree. It's not necessary that everybody has to rise up, energy-wise, to the same level; but each has to make their appropriate amount of change so you can, for instance, be the spearhead but everybody has to follow suit and even if one link is left incomplete, refusing to move, it doesn't change much.

**Kaus:** Can higher energies live in the house?

How wonderful, Kaus. Thank you for this question. In fact, they wanted to end on this note and you have preempted it. You have always seen possession as a negative thing. After today, you have understood why and how it happens. Very often, very, very high level entities enter a physical body or a space and because of our conditioning, we assume they are lower level entities and we attempt to drive them out when they are the most wonderful beings who have come just to aid us and in fact, to raise our vibrations.

It is now our responsibility, as Light Workers, to first be aware of this and to assess what these energies are!. Very often, now, houses and people are being flooded with higher level entities. Sometimes, when a physical form is flooded with a higher level entity, it gives the same appearance of being 'possessed' by a lower level entity. You have to be able to read between the lines now; when that is the case, just help the person assimilate it; don't push it out or try and remove it; help the person assimilate it.

We are going to need another session to complete the information. The next meeting is going to deal with how you work with these energies. . We must try and have the same group, for that meeting, as far as possible.