

21st June, 2007
UNKNOWN ENERGY
Channelled by Sohrab Ardeshir

Energetic Fragmentation and Reconstruction The 9 Aspects of The Self

Trance Channelling begins

Today I'm being given to understand that you need to be completely individual, and yet only Oms perhaps 18 and no other chants. As you are chanting the Oms, visualize a little cocoon building around you of your own energy, you could see it like a bubble or a cocoon, anything you want, and absolutely cover yourself with it totally so you are a separate entity from the other people around you. It doesn't matter if you are physically touching. That has no bearing on this. You will just create your own energy cocoon, and towards the end of the 18 Oms, perhaps 14, 15, 16, see the top of the cocoon like a string, up into the Universe, all our cocoons are tying up there: so we are joined energetically, but you are each an individual unit. There is some reason for this today, that's why we are doing it in a completely different way. Whenever you are ready 'Gl'.... (Let us centre ourselves and begin the Oms).

This is to actually separate yourselves. Many people are unconsciously spilling over onto the others. How funny that we spend so many years, learning how to merge, now it's almost impossible for us to go backwards and separate ourselves. It's a very wonderful problem we are having. Just continue from where we are with the Oms but again really, consciously CHOOSE to separate from the people around you and yet connect up at the top later. Continue (Oms).

This structure has been created for a reason. Yes, you are aware it is virtually impossible to separate yourself from energy. That is why the energy chord at the top of the unit has been given to permit that contact that MUST exist. But that energy cord is functioning today at its minimum. The cocoon structure is necessary for very personal work that each and every one is offered to undertake, if they so choose.

Just sit for a few moments in your little cocoon, even if it is discomforting, disturbing, or alone. Allow it to happen and just be aware of your own energies, contained for a short, temporary period. (Pause and let this happen for a couple of minutes, experiencing the feeling). If any feelings of loneliness or separation or even claustrophobia are arising: Permit them. Just be with it. (Pause for experiencing it)

Let us begin. We urge you to keep these formations throughout the duration of the meeting. This will not require constant work, but from time to time, as intuition guides you, just be aware of the structure: The singularity of your own images - That is all. This is a very crucial time energetically in time and space. We speak of this month and we speak of this year from your perspective. You are all aware of the energy shifts that have been taking

place this year, and you have been made aware of various physical dates in this month and other months.

We are not speaking of specific dates. We are speaking of an energy PERIOD, which extends throughout this month and will spill over into the next. Time and space as you know, it are completely fragmenting right now. To give you an energy visual that might be of service to you, visualize an old tattered, torn, frayed curtain in your house. One that has lain there for many, many years and has now got shredded and fine in certain areas. At places the cloth is discoloured, at other places indeed it is still intact but dusty, at yet other places, it is completely shredded and the light comes through. At yet other places it is hanging with little threads. This is what is happening to your reality of time and space right now.

Unlike this curtain, which would have to be thrown away and replaced, time and space is choosing to fragment, shatter, dissolve and recreate itself, during this very vital, once again we use the word time period on your earth. It is part of the process of ENERGY, AS YOU KNOW IT. Because this is happening, you are now unable to separate yourself from aspects of self from the past, present and future and from alternate dimensions.

We will explain. You will find in strange ways, your moods changing rather rapidly through the day. For no reason at all, you are suddenly confused and when you take stock, you look at that confusion and say, Why am I feeling this way? The situation is not so complex. Yet you cannot pull yourself out of that confusion, depression, anxiety. Not only what you term negative aspects, at times you will be flooded with joy, sudden peace, sudden calmness, and in fact, you may be caught in physical tangles and say, How am I so calm suddenly? There is a mismatch happening right now, and we ask you not to necessarily work with it, but to accept it and try to stay on course as much as possible, without doing too much work.

At this time period it is not necessary to suddenly go into a spiritual fit and say, Oh my goodness, all these issues are arriving. I must now resolve them instantly; I must do deep spiritual probing and work. No. In fact, this is the month to just allow it to flow. Stabilize yourself by all means if you choose, but do not attempt to try and analyze and try and work deeply. You will not get accurate answers.

Let us look at this even further. When the curtain is ripped, suddenly you look through and you may see a stained window pane behind, which you have not noticed before and that will cause panic. My house is not clean. Why is that window pane stained? And your whole focus goes there. And that has occurred because that particular rip has shown you that particular visual. Once again, under normal circumstances and in the past we have urged you, that when aspects of self reveal themselves, it is a hint, an indication to self, that you need to look there. Right now we are saying The Opposite! We are saying accept it, look at it if you wish, but Do not get involved or entangled as these are mostly illusions. And the illusions are so powerful at this point in time, you will not be able to distinguish YOUR truth, and the illusion. It is a brief, temporary phase, and as such we urge you to simply ride it through.

Does this mean you cannot function in day to day life, or make perhaps personal or business decisions? Of course you can. Of course you can. But, do not, as much as possible, attempt to make very momentous decisions that affect self. A daily household matter: resolve. A

small business matter: go ahead and make a decision, but nothing extremely vital should be attempted during this month, and perhaps, a spill over into the next. This is not your personal issue as was described to you earlier. The fragmentation has no bearing on this. Do not confuse the two.

Before we go further, we invite questions here.

Group Member: My fragmentation is different from what is happening.

■ Completely.

Group Member: So that's not happening, what you just described is not what's happening to me?

■ It is happening to all. But your issue of fragmentation has mostly been resolved.

Group Member: Oh thank God!

■ Is a dual issue with this. Do you see how you will now even confuse those two? (Laughs).

Group Member: Ya, because I'm very restless. I cannot even focus, no clarity,(No Yes, Yes)

■ We will help you understand this better, in a very practical example today, and that is why we have asked you to cocoon self, so that you can contain your own energies and examine self at greater ease and with greater clarity than by merging with others for this session.

Take a moment. Go within the cocoon. Strengthen it. You are working joyously for self and with self. Only take this particular day, from the point you woke up and were consciously aware. Examine your moods today. Give them labels for the sake of this exercise. Give yourself three or four MOOD labels for today. (Pause for doing this). Now examine the actual physical events of what has taken place before your arriving in this room. Stray episodes from the day, and do these mood labels seem to match with the actual event? Let us pause here for a moment, and have a few people share what they have picked up about self. Then we will take it another step further. Who would like to share?

Group Member: Even before I opened my eyes this morning, still in bed, it was a happy moment and right through the day, it has been consistently joyous. Even in my cocoon I just keep dancing and waiting to break out.

■ Did you have any particular events that occurred which provoked this joyousness?

Group Member: Something I did in my sleep?

■ Let us look at the morning; the physical events.

Group Member: Before I got out of bed, I was feeling this way.

■ So there is no match.

Group Member: This morning it started with frustration, and then it went into anger, and then into kind of giving up, and then a lot of excitement because I was coming for the meeting, so my whole mood changed.

■ Let us see the contrary ones. – Frustration, Anger, Giving up and Excitement. What were the physical events? Anything that matched these moods or were they separate events?

Group Member: No matched very much, because there was some business work that I was doing and that is where the frustration came in and the anger came in. Then I said, what will be will be? I just gave up.

■ Without revealing anything personal, or that which you do not share, if you were to clinically examine the business events, clinically examine them, do they have a match with this mood or were you reacting out of proportion to what was actually occurring? Be honest.

Group Member: No, I'm being honest, no, I was fine in the morning, everything normal and then suddenly something came up which I had worked on very hard, and then I came to know this morning, which frustrated me totally and then I got into this anger mood, and that's how I...

■ Thank you, thank you. Can I just have just one or two more.

Group Member: I've been very withdrawn, from everyone and everything and maybe I'm taking an escapism just watching DVDs and just keeping myself away from issues and everything. Just wanting to, not confrontations anymore.

■ Did that extend to this morning?

Group Member: Ya its been extending to this morning and you know.

■ Were there any events this morning that further pushed you into your reclusive self?

Group Member: No, not at all. And when you put us in this cocoon, I felt very , I felt wow! What more do I want, to be more with God!

■ One more.

Group Member: I feel very similar to what 'Na' said. I felt a little bit of frustration when my maid didn't turn up, but apart from that, events which normally would have probably irritated me more, or angered me more. I was sort of in a calm plateau, and again now, I just loved being in the cocoon. I don't think I want to come out of it.

■ Just go back (Another group member– May I ask a question)

Group Member: When you said there is no match, but if nothing happened to upset me all through the day, physical, I mean I had a great morning with my daughter making a time table for my granddaughter's class. I went and met my daughter-in-law because she was not feeling well.

■ We will explain this.

Group Member: I just want to understand what is meant by no match.

■ We are trying to demonstrate through your personal experiences, that often at this current moment in time, in this month, you will feel experiences energetically, sadness, anger fury, depression, which have no bearing on the actual physical event. Sometimes they do. The events of the day actually have very little bearing on the influence that YOU have pushed into it, and these influences often are coming through these rifts in time and space. To help you understand this further, now on with the next level of energy work.

Go back into your cocoon. Touch those three or four qualities you just described about self. Anger, reclusiveness, joy, whatever occurred this morning. Run them once again through your mind as you go into your cocoon. And just be with them. (Pause for this exercise). Now take a moment and check if these energies which you have just described to self, are emanating from within yourself, or, whether they seem to be coming to you from an external source, almost like an external beam of light coming towards you. If they seem to be emanating from within you, then they are truly personal issues that you may choose to look at if you wish. If they seem to be coming from an external beam, then they are energy fragments coming through the rifts in time and space and actually have no bearing on you. But, for those of you who experience them externally right now, follow the energy beam, literally follow it. Let us look at its origin. Trace it through time and space, follow it as if you were following a road, and when the beam seems to originate, be at that space for a moment. If a visual comes up, allow it to rise. If an emotion or feeling comes up, allow it to arise. Just be at the point of origin. Stray episodes from the day, and do these mood labels seem to match with the actual event? Let us pause here for a moment, and have a few people share what they have picked up about self. Then we will take it another step further. Who would like to share?

[OM, OM OM]

Who is receiving a really strong visual which they would like to share?

Group Member: Its not a visual so much as I got these words, and it's very strong – All Is Well. That's just it. It is very impactful.

■ What were the energy emotions you were picking up in your body, which you started with.

Group Member: Feelings of intense calm and peace.

■ Can you trace this to the source which said, All Is Well? Be with this source for a moment. Close your eyes. See if anything further reveals itself. Not that this is necessary. You are simply probing for an exercise. What or who is this source?

Group Member: I still see that, almost as if its written, that All Is Well, and a bright light emanating around it.

■ Now, now that you have identified that this is an external energy coming towards you through a rift in time and space. This is the energy you wish to take in. (Yes). Then do so. Continue to take it in joyously, till you feel you have reached satiation. Would anyone else like to speak out?

Group Member: What I got is insecurity.

■ Insecurity. And when you traced it to a source, did you see a visual?

Group Member: No. It's as if (inaudible)

■ Would you be kind enough to look at this again? Go and look at this source and allow yourself to see whatever appears. It may be a past life aspect, it may be an external thing. Just look at it. (OM—OM--OM)

Group Member: Got a strange visual. There is a light burning and there is some figure totally clad, little like this light.

■ Is this figure you?

Group Member: I think so.

■ Is it another lifetime?

Group Member: Yes.

■ What is that figure, which is you, experiencing?

Group Member: It is looking at the light, and is not happy.

■ What is he or she trying to gain from the light?

Group Member: Its as if this person is looking for an answer from this light, and is getting angry, and is not getting an answer.

■ Wonderful. So you have touched an aspect of self. Be it past, be it alternative reality, (inaudible word). And that aspect of self who is searching for answers, let us say she does not have, and who is feeling great insecurity and anger and pain, is undergoing that particular experience, right here, right now, in that realm, and because the rift has opened,

a beam of energy has been created and you have taken it into the physical self today. That is all that is happening. Do you now see how these random events are going to take place.

We are searching for the Source today, only to help you understand. It is not necessary that you sit at home now, and search for the source each time. UNIMPORTANT. We are doing it only to help you understand.

Group Member: I have this energy next to me and wants to be acknowledged, but I can't figure, even though I'm in the room, very strong energy here that wants to be acknowledged and I don't know what energy that is.

■ What do you wish to do?

Group Member: I accept it.

■ Ask that this energy await the end of this session, when you will be free from this cocoon at which time, if YOU choose, you may take the energy. At this point in time, ask even the Masters and Guides to be outside the cocoon.

Group Member: It is very strong.

■ Ask and you will be obeyed.

Group Member: Afterwards you may merge as you would choose.

■ Would anyone else like to share their experience?

Group Member: Yes, can I, uh, I have an experience of it being both. Coming from within, and a beam coming from out.

■ Wonderful!

Group Member: I follow the beam and yet I saw myself being very separated from the light, as a black dot. I mean, I just can't get attached to the light anymore.

■ So the external source that you picked up was an aspect of self who has always been separate from the light.

Group Member: Yes.

■ Now let us examine the inner rhythm that you picked up. How did that feel?


Group Member: That didn't feel good. You know, it was happening simultaneously both ways, so , uh,

■ Exactly, Exactly! Magnets. Like attracts like. And so, an external source, remember, these rifts, are aspects of SELF that you are picking up. You will not pick up an aspect of

hers. These rifts open up in time and space, which permit the various use to start accepting beams from each other. You will only pick up those aspects of SELF, in different incarnations, in different parallel existences. They do not necessarily have to be experienced today. In her case, her whole beingness for this morning was for that reclusive, separate self and so through a rift, she connected with another aspect of that same aspect within her, but in a magnified form. And she pulled that through the rift, and so it is intensified her mood today. This is how it is going to work for a while.

Let us look at it even further. Let us discuss it, let us talk about it, let us question it and let us work with it. As you are aware, all of you individually, and today we use the individual term, have different aspects of past lives, future lives, current existences, simultaneous realities, where you are in different forms from what you know today. For example, in this particular form, you may be kind and gentle and sweet, and there may be another aspect of self, as every single person here has, who is vicious and nasty and cruel. Each one of you have different aspects in different parallel existences. We have spoken of this before. Now the wires will start getting crossed for a brief period in earth time. Brief period.

Group Member: How much is that brief period?

 As we have said, most of this month, and it will spill over into the next. Then automatically the rifts will start healing and these connections will dissipate. As such, in this given instance of now, there is confusion in all of your personal and private lives, and more importantly, there is confusion in your mind. We allow this to happen. You must permit it to happen. There is little you can do to fix it, but you can work with it.

How? As was demonstrated today, IF you are particularly concerned about an aspect that is occurring within you, if you are not willing to accept it as is, take a moment, in the first step, as we showed, is to check whether it is emanating from within, or from without. If it is from within, and not coming from an external source, that is simply an inner response that you have to give in which case, go ahead and do it. But if it seems to be coming as a beam externally, you then have the choice to separate from that beam or not. You do not need to use the exercise to trace it. Go ahead if you wish, but you do not need to. You can choose to imbibe that beam or to simply consciously close the rift between you and that beam. But know, dear friends, that there are many, many, many, many rifts around you, so in closing this one, it will not stop the occurrence. PLEASE understand.

We speak to you of this today, not to alarm you, but to give you clarity of vision and awareness so that you can deal with it. Dear friends, this must spill into different aspects of your life. For those of you who are active channels, such as this, there will be a wobble at times. For those of you who do actual physical healing, tarot, other such forms of spiritual work, at times, you will be affected and you will go inaccurate. We do not ask you to stay in fear. Continue your work. Continue your work. Continue your work. Continue. BUT, just keep a check on self.

For those of you, who are having difficult relationships with others, be it intimate ones, be it friends, be it staff, domestic or even work relationships, be aware that they are a little fragile at this moment. Tempers may flare, harsh words may be said, wobbles may occur.

Attempt to bring yourself into some level of detachment. You cannot stop these rifts, but you can identify them and cut off the flow. If you choose. You CAN do that. And it is simply by intent, as you saw today. She has chosen not to cut it off but, in fact, to intensify that flow. What a beautiful flow she has chosen. And you have chosen to sever from this, or have you? Your time, your space, your choice. You have chosen to sever from this. It is simply to acknowledge it exists and to cut the flow. I do not wish this right now.

Any questions?

Group Member: Ah ya, I want to know, I study the transits of the planets, right? Is it coordinating and this thing with the mercury and Jupiter that is retrograde right now? (Sohrab – Laughs) Because Mercury is the planet of communication.

Does she not always open a can of worms? Let us explain and further confuse everyone. Part of the existence of these rifts in time and space are because more than 10 parallel existences of the solar system as you know it are now being merged. Over 10 Earths, 10 Mercuries, 10 Venuses, 10 Marses, in different dimensions are like a film that is out of focus, slowly coming into full merger. This will take several hundred years. But, at the point right now that they are existing, because this union, because the image is blurry and starting to get clearer, attributes and aspects of astrology that apply to all 10 are being merged. So YOUR linear look at Astrology, dealing with these planets right now is also wobbling. It does not mean, that the aspects that you have understood, e.g. of Mars or Mercury, are incorrect. No, they are not incorrect, but they are inaccurate at the moment, as they are merging with other 9 aspects of self. (Laughs)

Group Member: So are we also merging with 9 aspects of self? 9 – 10?

What do you think?

Group Member: I think so, I mean, everything in the solar system is.

You are. You are.

Group Member: Everyone or?

EVERYONE!

Group Member: Or is it only the light workers?

EVERY ONE, Everyone, everyone, including plants, animals, inanimate objects, everything.

Group Member: So is that the great shift? OH.

It is one view of the great shift. Do not ask for the other views today. (Laughs again).

Group Member: Now you've made it more interesting

Group Member: (Inaudible in the beginning)..... Are we all in each of these worlds?

■ Of course my dear, and many more. It is only ten aspects of perhaps a million parallel existences that I'm watching. We see that further explanation is required right now and we will give it. In as simple terms as possible. We have spoken before of parallel existences of each of you. Do you recall this?

Well we have said, that just as this group is sitting here right now with these people, one shift away, there is another group EXACTLY like this, physically, clothes wise, emotion wise, but the subject of discussion is a little different. Five steps away, in a parallel distance, there is still the same group in the same room, but now the color of the clothing is a little different, perhaps the positioning of one or two people is a little different, and the subject of discussion is perhaps, a committee meeting. And ten steps away, there is a parallel existence, with exactly the same group, but now the sexes are changing, the clothes are changing and perhaps the discussion is about a bridge party, and fifty steps away, there is still this group in this room, completely different in visual appearance, sex, clothing, etc., perhaps planning a bank robbery or a murder, and yet they are all aspects of YOU.

There is the 'Kau', the bank robber, and there is the 'Kau' the murderer, and there is the 'Kau' the saint, and there is 'Kau' the sinner, and there is 'Kau' the prostitute, and there is 'Kau' the banker, and there is 'Kau' the mathematician, and there is 'Kau' the scientist. All Right here, Right now, in this simultaneous space. And yet, upto now, even though it is in this simultaneous space, there have been energy separations or walls between these parallel existences, so that they would not merge. Because it is not appropriate, e.g. for this 'Kau', who is this beautiful, wonderful being, to be 'Kau' the murderer in this lifetime. It would not be appropriate for her growth. So why would she merge with that aspect of her parallel self, if it is not appropriate for her current growth. So it has to be separate, and yet it has to be part of who 'Kau' is.

Think of it this way, in your home, the entire home is your home, but you have a kitchen, and a bedroom and a living room and a toilet. It is not appropriate to sleep in the toilet, it is not appropriate to have dinner in the bedroom. You have chosen separate spaces and yet it is all one. It is all you. And these demarcations have been chosen by you. So, having understood this, UP-TO NOW, now with the energy shift and merger, different aspects are choosing to merge suddenly. Not all. There are perhaps a hundred thousand parallel selves of 'Kau' and of 'Sl', and of 'Ruk', but now $9 + 1$ are merging this month. $9 + 1$. This one plus 9 other aspects of the self. So, the walls between these nine are being shattered, rifts are occurring, and everything is beginning to merge, and this will take one and a half to two months. (Q – So fast?), So fast., so fast. It has been taking place for a while dear one. It has not started at the beginning of this month. But it has now intensified.

Group Member: That's happening to you, but what's happening to me?

■ Exactly the same.

Group Member: But at a faster rate.

■ No. Not necessarily.

Group Member: I am not feeling myself, I am feeling completely different. (Overlapping question here also from Gool, not clear).

■ Of course we will speak of that, and she is now opening another can of worms. Why is she feeling different to me, or to you, or to you, 'Kau'? It is because of the 9 that she has chosen to merge, which are different to my 9, and which are different to your 9. Let us take practical examples once again.

Let us assume, hypothetically, 'Na', that you have chosen to merge, very diverse aspects of self, for personal growth. OK? (Q – I have a choice?) Of course you have a choice. This is a higher soul choice which has already been taken. The merger is already almost complete. This is the final run.

GI: – And the other 9 also have chosen?

■ Each one, let us backtrack, each one is merging 9 aspects of parallel selves with one this self. That is a constant for all around the earth. No one is doing 8 or 10. This moment in energy time, all are choosing to do 9 collectively, but which 9 you yourself are choosing to merge, is a higher soul choice, and the 9 that you are choosing to merge with are completely different to her 9, are completely different to her 9. Let us look at it ...

GI: ..from the 9, 5 may be robbers and...

■ EXACTLY! People who never were considered thieves, are becoming thieves, people are pushed to murder, where they have completely clean records, people are becoming saints and doing social work where they have been completely frivolous people. It is because of the 9 they have chosen. 'Kau' may be choosing to merge 9 very close aspects for personal resolution. It may be one little aspect of self which feels, shall we say, disregarded. There would be another aspect of self, which has self-worth, but has one little aspect within it that is perhaps wobbly. So in her merger it may be much calmer than 'Na's merger, and there is no right and wrong of who and what you choose. YOU have chosen this on a higher soul level for personal soul growth. So there is no comparison. It is just that physically and visually, you will find that different people reacting to this differently. Hers may be more traumatic than yours, and hers may send her into a hospital.

Group Member: – That means we don't know what our higher souls chose for us.

■ But, the beautiful part is now having understood this, and if you want to look at it, you need to live in self and start accepting and embracing joyously those aspects which are coming up within you. Then you will know. E.g. if you find that during the course of the last month and during the course of the next month, that your tastes have been changing, even visual, even taste wise, even physically, go with it. If you find yourself, e.g. becoming a little harsher, a little more, shall we say acidic, than you were before with other people, embrace

that part of you, don't resist it. It is a part you are choosing to assimilate into your current existence. And it will be intensified till it has come into complete merger. Then it will slip into its appropriate place, but till then, there has to be a vibration, and this vibration will cause that aspect of self to come out in fits and bursts which may not be totally comfortable for you. So rather than push it away, embrace it. EM-BRACE it. Now, I have become a far more dominating person than I was before, and I am noticing this change in the last month.

Let me accept this, this is an aspect of self I am obviously merging with right now. And let me be a little out of balance, dominating right now, I know it will come into balance. So each time I find myself dominating another, let me do this in complete joy. Wow! I have the power to dominate. Or, there is a new serenity within me. I have never found this before and yet I am so calm in most situations. Let me embrace this serenity. Let me truly absorb it into my being. Etc. etc. etc.

Group Member: – In two months time I'll know who I am? Because right now I don't even know who I am. My whole personality is..

■ In ten lifetimes you will not know who you are. You will still be looking. But you will know who you are much more in two months time. Then you do....

Group Member: So its two months from this date or is two months already happening?

■ We cannot bind this by date and specifically for you, because you keep changing your own rules. This is what we want to explain to you. When we give you time, it is very fluid. We give you this visual of a month of June and July only to calm your own minds down, but it is not bound by that. As this merger, for example, is taking place, if you resist, the time span must extend itself. And if you do not, it will take place in shorter times. So we cannot generalize for all, but taking an average of the energies that we have read around, we feel this merger will start coming into a LEVEL of balance within a month and a half to two months. But it will extend far beyond.

Group Member: I understand, I understand that right now I need to surrender myself to the higher self and let it do what it wants. Because the higher soul knows what aspects are coming around, right? Right now I can't even think for myself. I just live moment to moment, which is the, uh, correct.

■ Why don't you try to find out those aspects of self that you have chosen to merge? Have fun with it. Have fun with it. In fact, if you come up with 20 instead of just 9, embrace all 20, because somewhere they are dovetailing together. Maybe you are separating two when they are actually one. If you come up with 30, YOU WILL HAVE found strange differences over the last few months in your own patterns. Look at practical terms. Food patterns, cravings, sexual desire, emotional trauma, physical habits, tastes in clothing and external colour. A lot of this and we could go on and on and on, aspects of perception of self and others. All of this has changed very rapidly. Most of the time, you are not even aware of it. Now be aware. Try and see what aspects of self have reoccurred. For example, let us say there has been a great rise in sexual activity or sexual desires over the last couple of months. That is an aspect of your own self in a parallel life that you are now merging with

this self. And so if it takes you into sexual exploration beyond where you would normally go, do it in complete joy, knowing you are merging. If the opposite is true and you are sexually active and you find yourself in the desire for abstinence, embrace that aspect. Go wherever it takes you. Any questions.

Group Member: This thought came to me now that the fragmentations that have taken place where the All That is experiencing the I AM now, now it is defragmenting, coming together and

Thank you. But it is coming together not as the old you but as ten times the upgraded you. Ten times. $9 + 1$.

Group Member: Now I got it. On a larger scale.

So to recap, the whole session for today, there are fragments and rifts in time and space which are permitting stray energies to come at you, causing disturbances. If you choose, you may sever this, if you choose, you may welcome this. Next level, there are different aspects of self that are merging into one. Here we urge you to embrace it all. Not to separate. If you wish, identify what aspects of yourself are merging, as a mental exercise. But anyhow, embrace it all. EMBRACE – IT – ALL. The faster you embrace it, the fuller you will be as this new and wonderfully upgraded human being. But you must do this with no judgement. For example, if you judge the aspect of viciousness that is coming into you, you are instantly perverting it, and you are not permitting that pure streak of viciousness, that is part of you, to come into its own balance in this (inaudible word).

Question.

Group Member: Ya I want to know all the bodies are merging?

9 + 1

Group Member: All the bodies, Astral body, causal body. (S – Of course) , All that is merging.

Of course, of course. We speak of self. Self includes all. Self is merging with 9 selves.

Group Member: OK, and I also want to know, the blueprint is becoming more fluid?

Group Member: No because its important. I need to

Can you now understand why

Group Member: The blueprint had to become fluid, because now when the merger takes place of 10, a completely new blueprint will have to be created.

Group Member: Yes, because I know it changed a lot of things. Within. I just know it.

■ Of course. How can the blueprint remain the same when there are 9 other blueprints merging that are completely diverse. All of which are fluid. 9 rivers are merging. A completely new water body is being created.

Let us not go there: Love, Light and Joy from the combined energies of all in this room. The higher souls of this room have combined through the energy comet into the Sohrab. YOU have been speaking to you. Now as you release these cocoons, just allow your own energies to expand and merge joyously in their natural form with all around. Release the cocoons and for those like 'Ruk' who chose to take in another energy, go ahead. Release the cocoons. Do not remain frozen in your own space. Free self. Free self. Each one of you today, will close the meeting internally, by saying a small inner prayer to self and to the 9 + 1 that you are welcoming together. Welcome yourself. This space will now permit you to SEE a lot of stuff physically, so you will actually see, hear, crossovers between different dimensions, spirits, etc. Its very open to it now. So be aware of this. Its just easier to do it now.

Group Member: Today is the 21st of June.

■ Oh is it?today about the merger, and already I am going click, click, click in my mind, that's why I have been behaving this way in the last few days, this is why I've been feeling this way, this is why I've been, Just take stock of yourself and see where your patterns have suddenly been, what you term, intensified or off or different, and look at that, because that's a part that you need to embrace.

Group Member: It will be that obvious?

■ Some will be very obvious and some will be so small, you won't notice it.

Group Member: Will others notice it?

■ Go ahead and ask others, 'Kau'. Maybe they have noticed something you haven't, but don't depend on that. This is, that's why you all were cocooned today, because its very individual work.

SI: In relation to her age

■ No mum, there is no age in this thing at all. There is no question of age, and even here, you are physically 85 but your spirit and you soul is totally different. Your BEINGNESS is not 85, but your physical incarnation. So this aspect of the 'SI', which has all the qualities of gentleness, and kindness and love, etc. is going to merge with 9 other aspects of 'SI', in alternative realities. So there may be an aspect of 'SI', for example, who is 'SI' the seductress, 'SI' the saint, 'SI' the thief, Doesn't have to be dramatic ones. I am using these to explain. They can be just little aspects of 'SI' that you wish to merge with or an upgrade. It could be 'SI' the confident, 'SI' the business side or 'SI' the discerning one, which is one of the ones you are always wobbling about, about discernment of people. So you could be merging with an aspect of 'SI' that is incredibly discerning about people. Doesn't have to be

the murderer and the saint. So I don't know what you've chosen, you don't know at this point what you've chosen. Just be aware of it.

Group Member: Do these other 9 ones also have a parallel self?

■ Of course.

Group Member: But if, say, one of those 9 has not chosen me, not chosen (inaudible)

Group Member: Its all connected. Each 9 is going to choose their own.....

■ It has to be a dovetail otherwise they cannot be a match. So that, First of all, we don't know if those 9 are going through the same upgrade we are going through right now. They must inter-merge with one another. But you won't merge with that aspect of self which does not wish to merge with you. There has to be a desire to merge for that merger to take place, because, see understand it, it's an energetic merger, it's not a physical union, and when there is an energetic merger, the ONLY way it can take place is if it is attracted to each other. Otherwise, there is no thought process. Otherwise if one is not attracted and this one is attracted, nothing can happen. It has to be that they both want to do this. So it can't happen otherwise. So somewhere, for the growth of THOSE 9 aspects of self, they need this part of themselves too just as we need them. And I do caution you guys, please be aware, I don't caution you, sorry, I ask you to be open to this, because there may be very dramatic aspects of self that you want to take in, and it may terrify you because you think, "I am not the seductress" as mum just laughed about, and seductress does not mean that physically necessarily. But it may mean a different aspect of your own seductive being that you want to take into you, which has been missing from you and you now decided on having it, I WANT that. So if you suddenly find yourself flirting with people outside, in a very strong manner, which you weren't doing before, embrace that part of you, to say, Ah, I am now merging with so and so the flirt, seductor, seducer, etc. etc. that's a part of you you want to merge with.

SI: If they other aspects also have their own higher souls.

■ What I'm getting, mum, is that they DO have their own higher souls, but the higher soul aspects are far more merged with ours, than we are. It's like, if the higher souls are overlapping here, then they incarnate like this. So when you go up, there is a sort of union but there is a level of individuality in the two higher souls. But the merger there is very fast. It can be instantaneous merger. So we are really integrating different tentacles of ourselves, which is actually what we did in the visual today. We were like a bunch of grapes, like an octopus, each one like a little cherry or a grape on a stalk joining up to oneness. Like a bunch of balloons. So that in many ways is our self. The higher souls are sort of connected, and then each cherry or balloon is an individuated part of self. And we are choosing to unify this right now.

Group Member: Concept in Numerology theory that the 9 represents the 9 archetypes that comprise all of humanity. So could be, u know, merging with all the 9 archetypes within varying degrees of intensity.

■ But then why $9 + 1$, ?

Group Member: Because 10 is the number of perfect man- That's the answer.

■ 10 is the number of Perfect Man. Ah well! That makes sense. So the 9+ the 1 is happening right now. Does this tie in with what was said today, into your numerology in any other ways that we've not looked at?

Group Member: Well this is actually the main aspect.

■ And what was said to 'Na' about the Astro aspects, where they said even the planets, the aspects of $9 + 1$ planets are even merging. Does that apply to numerology even, then I guess the basis of numerology must be changing and merging right now.

Group Member: It would. Because the numbers that comprise each person, each person's score, is now merging with the various other 9s. So basically its all the connotations, the what it sums us to, all the pluses and minuses are all going to be different. So the entire energy and the elements that each number comprises is going to be different completely. There is one thing I need to say about the numerology aspect of changing, it doesn't really change, unless you actually have a desire to change your name. Because once you integrate all these personalities and for some reason, you shorten your name or you change the spelling, or you just want a completely different name, because you are naming the new personality that you have become, the new self, as a different entity, and that's when the energy changes. But as long as you operate on your original name, because your birth date is constant, that doesn't change as per the principles of numerology, then the energy operates on the same length.

Group Member: The thing is that the number 9 also, if you just take that, then you add an entity, then all the numbers come in together because being 9 entities and 9 entities that comprise ALL the archetypes, that means ALL the numbers are within that, OK? So what is happening on a higher level is all the numbers are coming together, so each person on earth has to experience everything from the 1 to 9 in order to come into the 10. So all the experiences have to be gone through in a way to reach that point. That's why this major change makes so much sense, because if humanity now is going into the Golden Age where man is going to be, like, super being, the progression has to be in this way. Otherwise you cannot be the 10, you know.

Group Member: There is an article on the internet in which somebody which talks about triple numbers and triple nine. You know angels have a certain way of making contact with you, now it becomes more frequent, in the sense you will see a digital watch, it's like 1-11 is the time so it becomes 1-1-1. Like that you will see a lot of 9-9-9 in car number plates, in digital clocks, and so many places which actually signify the completion of a major task. Tripple 9 means now a major task is now completed. And then again going into 10 signifies a new issue that you are going to work on.

Sohrab shares some personal experience of his.

DON'T WORRY, BE HAPPY!!!