

29<sup>th</sup> July, 2007- Sunday  
UNKNOWN ENERGY  
*Channeled by Sohrab Ardeshir*

## The Masters are Within You

Trance Channeling begins

Take a moment right here and now, and in any way you wish, sense the Energies that I am giving out to all of you. Sohrab is consciously choosing to joyously spread his Light. Experience it in any way you wish.

My Light is limitless: Now know that you only experienced my light to the extent that you are acknowledging your own expansion. If you saw and felt and experienced nothing, it is how you perceive self. If you saw huge expansion, that is the level to which you are acknowledging your own light.

Now I am going to take you through a very short exercise – no meditation here.

I want you to use your imagination: Close your eyes and imagine yourself in a very peaceful scenario --- It can be a mountain top, it can be a lake, it can be a forest, and see yourself in the most peaceful Avatar that you can imagine. Visualise your own clothing, your own form; see yourself any way you choose ----- experience Peace and Harmony within and around you.

Now I want you to change the scene and imagine yourself in a position of great power and authority. Internal power as well as external power ----- feel yourself expanding. You are very powerful: a leader, a king, a ruler. Be aware of the clothes you are wearing, the setting, and the people around you.

Now I ask you to release that image, and hear inside yourself a peace of music that you love --- just be with the music for a moment

And for the last time, I would now like you to change the scenario, and visualize yourself in the most opulent setting that you can imagine, --- you are dressed in magnificent finery ---- jewels, ----sumptuous fabrics ----- you are in a luxurious room or setting, and you are feeling wonderful with this opulence. ----- Create opulence for self. Thank you

What did you just do? So easily, so effortlessly, so smoothly? You weren't 'meditating'. You allowed self to imagine and create scenarios that you chose, but what did you actually do? What tools did you actually use?

You used, of course, the Divine Mind; and you accessed Energies from within self, to create these images. You would NOT have been able to create the image of the opulence, had you not chosen to draw FROM WITHIN SELF, your aspects of St. Germaine. (Not necessarily an aspect of St. Germaine, but an energy aspect that has within itself, opulence)

You would NOT have been able to create the atmosphere of peace and serenity, had you not chosen an energy aspect of the Sai or the Buddha. You would NOT have been able to access the inner peace of music, had you not chosen the appropriate combination of Master and Music Energies from within self. Many of you accessed aspects of Angelic presences, other beings, Masters and yourself – and you did this smoothly and easily, without 'trying'.

THIS IS WHAT IS MEANT BY THE PHRASE "THE MASTERS ARE WITHIN YOU". To exist- to think- to create- to visualize- to function in day-to-day life, you HAVE to, by default, access all these energies from within self. It is a part of who you are. Your is-ness.

Had I started this exercise in a different form and said, "Please connect with St. Germain and now create an image of opulence", you would have performed mental gymnastics; which would have been completely meaningless.

You would have created an external view of St. Germain (as you perceive him or like to see him), which would have instantly separated those Energies from self---- then you would have attempted to reach out in some rather strange manner and draw those into your being-ness, and then you would have said, "I am getting nothing" or you would have deluded yourself and said, "Wonderful, I am now channeling the Master!".

Instead of which, you just created what was asked of you, effortlessly and simply, by 'going with the flow'. So The Germaine does exist, The Sai does exist, The Archangel Michael does exist: the separation and the externalization was required at first.

When we started together on this glorious journey, we first had to learn to acknowledge the presence of vast energies. Think back...when you first came into contact with the Masters and our Universal friends, wasn't there a lot of disbelief? Later on, when our Ashtaar friends continued to visit us, we began welcoming them as old friends.

Then we were introduced to the concept that we, ourselves, were Masters. This, too, met with a lot of resistance. But even this concept became acceptable, as long as we had the comfort of knowing that there were still 'superior' Masters out there, channeling through a select few.

Now move to the next step and **just know**; don't even try, just know that you are this magnificent combination of everything. You don't have to try to channel The Germaine, or The Sai or call upon the presence of Archangel Michael as the separate entity, all is within you. The instant you acknowledge that aspect, you are flowing with the energy – how can you NOT, when it is all within you?

When you leave home, can you accidentally leave your legs behind? Of course not! But if you walk about and constantly deny the presence of your legs, of course you will stumble and fall!

**Don't try - JUST BE**

On this day of Guru Purnima – **I TRULY, TRULY WISH TO EMBRACE ALL OF YOU IN MY ENERGY FIELD, AND WELCOME YOU TO MY REALITY. AND IN MY REALITY, ALL OF YOU ARE MASTERS.**

**I LOVE YOU ALL.**

**Group Member:**

We create the Gods, -- it's the Human Mind that creates the Divine Mind, so when we first became human or individuated, all our potential qualities, we gave them name. We gave our potential qualities name, we gave them form, we viewed power as perhaps as Shiva, we viewed abundance perhaps as Lakshmi. So we have actually created the Gods, its not the other way round. Which is what I wanted to speak to you today.

**So a Very Happy Guru Purnima to you all.**

Thank You.

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**Another Group Member**

To end this wonderful meeting, I must –  
Thank you all you Masters for being here today,  
for being with us and for letting us be speak with each other as we have done.

**Thank you so much**