

23rd August, 2007

Aspects Of The Group Who Are:

THE GERMAIN

THE CHRIST

THE SHIVA CONSCIOUSNESS

THE PARVATI CONSCIOUSNESS

THE SHAKUNTALA

THE BABAJI

COSMIC MASTERS

Channeled by Sohrab Ardeshir

Vision and Imagination

Dark Matter

Arrogance

Trance Channeling begins

Vision and Imagination

To answer your ('Na') question (*what is the difference between vision and imagination?*), let us attempt something different today. Let us attempt... a group journey. Some of you will label this... an experience of a past life; some of you will label this regression, some of you will label this imagination, some of you will label this a vision and yet others may say, I couldn't go on this journey...put aside the labels....

Go within yourself and close your eyes. Connect right here right now, with the beautiful vibrant energy of this particular group. Go ahead; experience the individual energies if you wish. Feel, experience, sense the power, the joy, the glory of each individual in this room...and then sense your own power, joy and glory.

Om... Om.... Om... Om... Om... Om.

[The doorbell rings and 'Gtk' does the need full...]

Now allow yourself, to simply experience the group as a unit....[*The doorbell again rings*], one collective unit. [*now the telephone also rings*] Enjoy the distraction. Stay in focus. Work with it, not against it. Embrace the energies of the distraction, embrace the

energies of the doorbell; embrace the energies of the animal sitting here, and continue to work. Experience the group as one dynamic force.

Now allow yourself, as a beautiful group, to float back through time and space and to experience, a collective visit to **Atlantis**. Imagine you are a tourist group, just arriving in Atlantis. Each one now is in the central square and each one will choose to wander off in a different direction, exploring different aspects of **Atlantean life**.

See the scenery around you. Acknowledge the people that you see. Pick up the energies that are different to your current life energy. Look down at yourself and see your own clothing and your own form. You may be a different form; you may be a different sex. Allow yourself to wander and explore Atlantis.

OM.... OM.... OM.... OM...OM...OM...OM...AAUMM...

Allow yourself to now explore further ...some of you will be led to temples, others will be led into homes, yet others may visit areas of great wonder and mystery, areas of magic, allow yourself to be drawn to whatever Self wishes, go with the flow...

OM.... OM.... OM.... OM...OM...OM...OM... AAUMM... AAUMM.... AAUMM

Now allow yourself to be vitally connected to the Atlantean crystal center. Forge your own connections with this crystal lode. Allow the energies to fill and illuminate your Beingness....

AAUMM... AAUMM.... AAUMM...

Allow yourself to feel the expansion of the Atlantean crystal center and at the same time now allow yourself duality. You are in this room, in this space in Bombay city and simultaneously you are in Atlantis....

AAUMM... AAUMM.... AAUMM...

Continue to alternate between the two realities. Bring yourself back, return, bring yourself back, return,

OM.... OM.... OM.... OM...OM...OM...OM...

Surround the Atlantean crystal, as a group. Allow all your energies to merge joyously with this pure crystalline form and allow the group energies to begin to rise...


OM.... OM.... OM.... OM...OM...OM...OM... AAUMM... AAUMM.... AAUMM

Joyously release the Atlantean connection and now return to full awareness.... How easily this was done...would you like to speak (to Geetika)...

Gtk: *Initially of course, I was extremely distracted, because I had to leave and come back and take a call, and Julie (dog) was not letting me go and then I realized had to actually sit down and work with her and move on...then I found it actually very easy to connect so it was right from the beginning I was half there and half here and I realize that is how I best work...and when I work that is how I work...you know, I am not someone who goes into very deep trance to receive my messages and so I was very comfortable with that...and when I found that when I went there, that I was actually an animal worker and that I worked with all forms of animals and it was through understanding them, that I was able to cross dimensions and realms, and that is the mystery of magic...*

: Thank you...who else would like to speak?

Tnz: *I went into a city...there was a form of a man...we did not approve of the, what would you call it the advancement, the modernization of Atlantis, we were a group which was more backward, believed in the more spiritual aspect probably of living...I leave the modern city and move into that slightly more farm like area... and then suddenly you asked us to move ahead, you went into OM and we were on this huge mountain, crystal mountain. This group was there this group was there; you (Sohrab) were there in a full black garb with a long beard...*


: Who was I?

Tnz: *You were definitely leading the group there, because when you told us to take in the crystal energy this entire group formed a circle and then went into a 'chakli' formation and it was the whole place was just bright beyond words and there were a lot of animals as you (Geetika) said but I couldn't see my face, but this group was there and it was very nice...and one more thing which is really important ...it is not coming to my mind, but if it comes, I'll...*

: Thank you.


Rab: *it's very surprising, whenever I have been taken into regression uhm...majority of the regressions have been of a menial worker, a laborer or a housewife or somebody who is not in the rich in an elite kind of a society and exactly this was again the same. I was just a lady who was washing the clothes and taking the children to, cooking for them, and again there was no presence of a man... that male energy around...I was the woman and more involved with my children, which is exactly the same pattern very much in this same lifetime also...so that was like a conformation of what am I going through...then the other one is where we went into the crystal, it was like, it wasn't me alone going, it was all of us going and then every individual will become either a stranger*

or an acquaintance, but in the same area and then again we would all come back...it was a very nice experience truthfully...

: Did anyone start feeling panic or disturbance at visiting Atlantis?

Sla: *I felt I was a Priestess.. In the temple...before you said going into the temple I was already there, and I had a unicorn with me...a little baby Unicorn with me...who seem to be my...this...it was so lovely...and the crystal energy was very powerful.*

Nar: *I felt pulled down, by the magnetism or something, pulled down like this (Nargis bending towards the ground)*

: Describe this in great detail?

Nar: *I then felt... like 'Sla', I was a priestess, I was at the temple but I was... when you said look at the crystal energy, I was going down like this (('Nar' bending towards the ground) till stopped myself from going in...and then perhaps I thought I was a cripple...why was I walking like this (one sided)...I didn't know, I just straightened up.... but it was a very heavy pull, like you know...and I saw big waves... lashing... waves and this was what I saw....*

Sh: *I was a Priest, which I am aware was in any case; I saw 'Nar' there too, as a Priestess, and 'Sla' in an old channeling of yours, 'Sla' had seen this unicorn, she had asked about it....*

Kau: *As soon as I went there, I knew that my home is there, and I went somewhere I walked up the steps, 'It's my home' I stood in the hall...I am getting something....i became a big crystal...like a little nice feeling and a few inches above the ground and I am floating in the air..*

: Thank you... A new level in your Self Empowerment...Acknowledging 'my home'...

Del: *You know when you first said go to Atlantis, I saw big huge icebergs and then I was wondering, it looked like a North Pole kind of thing, looked like huge icebergs rising out of this... frozen water...and then suddenly you said go to the crystal energy and then suddenly I realized those were the crystals...*

: Suddenly everyone is speaking !

Na: *I had an experience of seeing Atlantis as white, with marble, the crystal energy was coming out of the floor...and I know I was high up in some political circle, and I had connections with the cosmos...connections with the E.ts...and I had the same experience as her ('Nar') when you said to touch the crystal energy, I was being pulled down, it was very very heavy...*

■: Let us first describe what really took place and then go into individual details. This was not technically a group regression, and yet it was. When a group collectively undertakes a journey in any form, on your Earth planet, the group will naturally go to one space in physical space and time, and from there may choose to wander off in different directions.

When you undertake a group journey, the group energetically chooses to move to one space, but from that one space and time, they then decide energetically which aspect they wish to explore, therefore your exploration and yours may have been within Atlantis at a different time period to hers. Hers ('Nar'), as we have already seen, was directly to the crystalline form, not only in this one time period, but across time and space. So, you see you are not limited by linear time and space...and each person, if focusing and devoted and acknowledging Self, will then see what they need to see and touch what they need to touch...

For example; you may have seen her with you and you may be surrounded by animals, she may have seen you with her, but you are not surrounded by animals: different aspect of time and space, and yet the same vision.

It is interesting that no one in this room experienced panic...that is because several in this room did not permit themselves to go to that level, but for you ('Nar') and you ('Na') and you (Sohrab), Atlantean times were not all happy. The three here and a few others sitting in this room, contributed through arrogance, self-assuredness and seeming wisdom, to the downfall of the city.

The heaviness, the pull, which you both ('Nar', 'Na') experienced, was a simple indication of this. In his (Sohrab) he was one of the major factors, one of the top Atlantean scientists who, through a misguided attempt, used his power irresponsibly, causing the downfall of the city---The Black Figure (refers to Tnz). Once again the 'black' was not literal, it was an indication to you of the kind of energies he was holding at that time..

Tnz: I remember, the point that I forgot...when we did get into that concentric circle and the really the energy was white in my mind, we were on the crystals seeing the...uh...uh.... everything being submerged...I was quite happy to be up there...

■: **Why?**

Tnz: I was nobody actually, but I was one of the group, I felt that I was not submerged....

■: **Where did you go from there?**

*Tnz: it was just blocks of crystal and there was...I...was vision...imagination...there was a lot of **Vishnu** energy in the crystal, Vishnu...*

■: **Thank you**...the next step, which she has pre-empted, was to ask this group: what were the predominant energies **they** picked up individually from the crystal?. She has now explained from her perspective, her energies...what did you ('Na') sense from the crystal?

Na: There was definitely a lot of energy, but I was not happy with it ..

■: Aah...aah...

Na: It was very heavy for me...

■: Aah...why...why?

Na: Because...at that time I was exposed to other mysteries...and... there was a burden on me because of that...

■: Touch this in private, you will find this dovetailing with your 'rejection' issue. Go further...why were the energies not suitable...why were you experiencing what you experienced...go further ...you will find another lifetime, and another aspect... to deal with now...you are ready....

Na: I am fed up of dealing with more issues...I was...arrogance, power, control,

■: If you saw yourself as arrogant and powerful, his (Sohrab) was much worse...his was much worse...he was a spearhead for destruction of that glorious city...it was not done with malicious intent, it was done out of sheer arrogance...

Na: I just know I had a lot of power in that era.... lots...

■: You did...you did... it is now time to touch that power, rid yourself of the debris of that small issue, and **reclaim your power**. Visit this space... it will be very exciting, magical, mysterious for you...help her (to Dr Y)

Na: Thank you...

Group Member: Was I one of the arrogant ones?

■: Were you?

Group Member: I felt this...

■: Go within right now and answer your own question

Group Member: *I was literally... bent...and the pain... here now...has now intensified..*

■: Are you going to hold on to this trauma, or are you going to release it...? Are you going to accept it as part of who you were, or you are going to hold on to it now and say it is still a part of me? Your choice...your choice...you have released...nothing to work on now...

Sh: *Was I one of the arrogant ones...*

■: ...Were you?

Sh: *I don't know...I was so sleepy as I woke up at six this morning...so I couldn't tell...*

■: Are we all now joining the bandwagon of the arrogant friends?...let us say, in your case, you were misguided...you vacillated, you listened to one opinion and agreed and listened to a contrary opinion and agreed and you did not know where to go. You found yourself being pulled in all directions and your voice, more often than not, was not your own truth and so yes, if you call that arrogance, then that was your issue...

Mon: *I actually saw the crystals ...from like an aerial view...and then immediately went under...there was a huge cave under the crystals, and the energy in there was absolutely awful...it was awful, because I literally felt the creeps...and it wasn't like I was in there, I don't know if I was or I wasn't, but it was like a black stone, like a mirror on which a young girl was placed...and they were chanting....*

■: Aaaah! Speak...stand up and speak...

Mon: *No I'll sit and speak...*

■: We ask you to stand, as we need to free your constricted energies.

Mon. *(Standing up) so the girl is lying down on the slab...there are crystals around, there are people with hoods and she is going to be sacrificed,*

■: And how does she feel?

Mon: *...scared ...but what she's gone through, what I am picking up is she's been through so much suffering in the hands of these old men...they are really old men...and she's welcoming that death, so that she can be released...*

■: And who is she?

Mon: *I don't know...I know...but...the energy I got was that...the sacrifice was done to intensify the power of the crystals...and it was done on an eclipse...a lunar eclipse...*

■: And how do you still react on a lunar eclipse?

Mon: *I bay at the moon...no...kidding...no it upsets me a great deal...*

■: What arises in you today during a lunar eclipse?

Mon: *uuhhh...*

■: Physically what happens to you?

Mon: *I bleed, I bleed!!!...and that's been a thing forever...I feel, I am free of that... now...but probably that's why I saw it...the way I did*

■: You are free...

Mon: *But there was so much evil...in that room...that Atlantis, as people say is wonderful, glorious and all of this...I think the root of it was awful...and I didn't see anything wonderful in there...*

■: Energetically, what you touched upon, apart from a personal experience, was a space of energies where negativity was stored and harnessed for use by scientists.

Mon: *They were all so old...it was...*

■; They were not old, it was the energies that had changed their physical appearance: they were corrupt, contaminated and ignorant... corrupt, contaminated and ignorant...

Mon: *I felt very strongly that the energy was **negative Shiv**...very strongly...*

■: (clapping his hands) and that must exist... as the flip side of the coin. Now that you have touched upon this so clearly, during a future date at this time period, allow yourself to connect with this: go ahead and bay at the moon...bay at the moon and release the hold it still has upon your physical body, that causes bleeding...release that cell memory, it is not needed today...

Sh: *As 'Mon' was speaking, what I seem to pick up is, it was the crystal, the Antlantaen crystal that actually physically destroyed Atlantis...because of the negativity around, but it physically shattered and destroyed Atlantis ...it was the crystal...*

Dark Matter

🌅: Absolutely correct...Let us understand the crystal more clearly today. This crystal was a parent crystal to all the crystalline energies that still exist on Earth today: its formation and chemical composition was very different to the crystalline forms you know today. In fact, it was not a clear white quartz, as most of you imagine it, it was a powerhouse of very dark powerful energies, and when we say dark we do not mean negative, we mean cosmic level...pure cosmic level dark energies...

Na: The 'dark' matter...

🌅: **'Dark Matter'** ...the power of 'dark matter' was being used and harnessed upon Earth, quite accurately, till the energies themselves started to corrupt the physical bodies: the cellular structure and the brain patterns of all those who came in direct contact with it. Therefore the scientists, the doctors, the healers, were the ones to first to get corrupted and the laypersons, later.

This 'Dark Matter' contained the Power of all the Masters, which you talk of today, but they themselves were not evolved into the level of Master-hood that they are today.

The Krishna energy was not the Krishna energy of today...the Ganesh energy, which is pure, extra-terrestrial cosmic energy, was not pure extra-terrestrial cosmic energy, it was far more...dense...vibrant...yes, but it had not evolved to the level of vibrancy that it exists in today; and these energies, as pure energy, now, we are not talking of the actual essence, but as pure energy, started to get contained and started to fill these crystals like a black hole...the energies of the crystal got denser and denser and denser and denser till the hole imploded...**the implosion of the giant crystal of Atlantis**, definitely aided and abetted by the scientists, was the final destruction, but from this implosion, came the release of the most beautiful, pure, vibrant, cosmic energies, that added to the Godheads...that enhanced the Krishna, and the Ganesh, and the Shiv. **From all negative must come positive.** And so this event had to take place, and from this implosion, which finally moved outwards, the remainder of the crystals, which are now in a crystalline bed, even now existing deep below the ocean, moved into a new space and energy of **Pure Light**.

It is this crystalline bed that still exists today, that empowers every single aspect of your crystals in existence. Every crystal used today, in your lasers, your machines, your healing, is powered by the crystalline bed in physical existence. Every prism that you use, in your microscopes, and your other scientific apparatus, is fuelled and vibrated by that bed, and that bed has created around itself an energy shield. Yes, this sounds very 'science fiction-like', but it is not. It is an energy shield of vibration released by the crystalline bed that forms a protective energy cover, reflecting all light back to its source. So, even if you were to look at it directly, you would not see it there. Were you able to go down below the ocean, and look at it from two feet away, you would not see it. It simply deflects all light that enters it, as mankind is not ready to know of its physical location yet.

Na: *Were she ('Nar'), Sohrab and I were affected by that 'dark matter'?*

■: Of course, of course...and your paths from then onward, for the 3 of you, have been to grow with the light and to constantly learn to use Power responsibly, not to fear it, not to abuse it, but to enlighten others with it.... do not hold onto it now.... You need do no work; you need only touch that aspect you have not looked at, which is personal, it is not to do with the energies, he (Sohrab) still needs to examine the energy aspect of his deed...

Na: *I want to know, anything done in ignorance, are we held responsible for that?*

■: Of course you are... Of course you are...because Ignorance does not exist...**Ignorance is a cover up to what you are sensing within...and refusing to look at...**you may be ignorant...that something is going to affect others, but when you put that into action in balance, instantly an inner voice says 'anh...anh' but when you lose that balance and you forge ahead in arrogance and pride, there is then complete ignorance...and you do not hear the warning voice within...

Na: *We are so dead to it...sometimes...*

■: And that is your search.... each one has levels of ignorance in different areas in their lives, look at your own....

Sh: *Some time ago there was an article in the paper regarding black diamonds, left by meteors, some...I don't remember...was this connected with this...*

■: No...but do look at that article for you, but no not connected...

Tnz: *When you said the final Om's, as if you were cleaning out something, the light was just phenomenal, so you were with me, on the top there and after that I didn't see the physical form of the crystal, so were we all healed, because I felt very very nice and connected,, I am not getting any...of*

■: She always pre-empts the next stage...thank you...wonderful. Why did we choose to go on this journey today? Of course to understand a little more about ourselves, our lives and the Universe, but this was predominantly done today to align balance, and in some cases to intensify residual energies from the Atlantean period in your current individual bodies, that is why you were made to stride the two...reality as it is today and reality as it was then, and to keep moving back and forth. You created, within yourself, a circuit of infinity between these two experiences, by going backwards and forwards. How were you made to do this? By physical disturbances: the phone, the doorbell, the dog. Notice that the dog has now moved away and is resting quietly, as she normally does.

You have all balanced and aligned, allowing a flow of energies to now interact between that lifetime and this current one, all extremely necessary for your current growth and development. How will you, consciously, now be aware of this? Who would like to answer?

Sh... *(inaudible) ...I have to identify it...how I am using it in this lifetime...and I've got to learn, not just to loose it, maybe entirely, but to use it correctly, instead of maybe all the time or incorrectly...*

■: Let us take arrogance, as that is a issue common to all in this room. The first step is to be brutally honest with yourself and to acknowledge 'Yes I am arrogant at certain times in my life'. Then you need to examine where you are arrogant and with whom. Examine which situations bring up arrogance in you, and then embrace them. Do not reject them, but embrace them as a glorious part of who you are.

Arrogance can be very beautiful, it can be very vibrant, very fulfilling and its only when you embrace the arrogance, that you will suddenly discover, this is not arrogance I am speaking of, it is Self-empowerment...the shift will take place and the arrogance will translate into glorious Self –empowerment....

Each time you embrace an aspect that you label negative, for e.g. aggressiveness, the more you embrace it and acknowledge it, the more it transmutes from aggressiveness to assertiveness. Arrogance to Empowerment...any questions?

Na: *What's the difference between arrogance and honoring oneself?*

■: Arrogance is imbalanced. The focus is the negative 'i', not the positive 'I'. It is the negative 'i', capital 'I'... I... I am Divine:, I Deserve All, I am Abundant, I am Glorious, I am Joyous, I am God...honoring Self...and notice in how many spaces in your life you are the capital I... and notice in how many spaces you are the small 'i', even without the dot.

And that dot is very important, even with the small 'i', when you see yourself as miniscule, insignificant, unworthy, that little dot is the 3rd eye area, that reminds you, see further, look further, I am wisdom and it is with that dot, that the small 'i' transmutes into the capital 'I'.

Kau: *I would like to understand my experience...if you guide me about it?*

■; Yes...describe in a few words how it felt 'coming home'? How did your home appear to you....

Kau: *Fabulous...absolutely fabulous...*

■: How did you feel being at home?

Kau: inaudible....

■: aaah...Beloved friend, this journey was different for you, as compared to the experience of most of the others, just as we had said. In yours, you have revisited an aspect of Self, where you were gloriously expanded, one in which you acknowledged Self and your own Power. In this particular lifetime, and you have touched upon one, you were truly at home with Self. You acknowledged your Power, your Light, your Divinity, your Wisdom; you were not one of the arrogant ones, in fact you were one of the Expanded Ones.

You did much work in that existence, not as a Priestess, not as a scientist, but as a magnificent ordinary being who was extraordinary. It was your Balance and your Light that aligned all those around you, who came into your ambit. You served joyously and fully, because you could serve Self first. You have revisited this aspect; now draw it back to into this lifetime with the **Infinity symbol** and **to know**, to know within yourself that you don't have to reach outward for Empowerment, it has already been part of WHO YOU REALLY ARE.. The window just opened. If you wish now to work on Self-empowerment, do not reach outward, revisit this aspect of Self. **It is You**. It is not some stranger, it is not some Master, It is You. Go back home...

Kau: inaudible.... laughing, I have been going all out for people, but a little grudgingly... not happily

■: aaah...that is an honest answer, and the 'grudging' aspect that you have touched upon is simply unwillingness to acknowledge your Power. 'I can help this much, but I am not worthy to help beyond this line. I am not capable of going beyond this area...I have limited knowledge, how can they come to me for help?' That is the grudging aspect, it is never directed outward, it is always directed inward in your case. Your entire focus and existence must always be here (pointing at self), Very little around you has great significance. It is mostly here, in your case.

BLESSINGS, JOY, LOVE AND LIGHT,
FROM THOSE ASPECTS OF THE GROUP WHO ARE
THE GERMAIN, THE CHRIST, THE SHIVA CONSCIOUSNESS, THE PARVATI
CONSCIOUSNESS, THE SHAKUNTALA AND THE BABAJI. COSMIC MASTERS, ONE AND ALL.

To Gtk- Your sessions must start again. You have much to offer others: find the time! There are those waiting to come and benefit from your light. Use your no-nonsense aspects at all times. You have great strength. Cut others' games!