


30<sup>th</sup> August, 2007

MAHA AVTAAR BABAJI


SOUL GUIDES

*Channeled by Sohrab Ardeshir* 

## The symbolism of the Bow and Arrow Delegation of Visiting Souls Training Guides

[‘Ngs’ spoke about the passing of her son, and how she learned to release him]

Trance Channeling begins

 The **symbol of the bow and arrow**, that extends... throughout every myth from every country, is the symbol of release. Each time an archer fires an arrow in a war, which then is received by others who are perceived as enemies, the symbolism is multifold.

First the archer himself ...the archer himself has grown to a new level of expansion, where he permits his Beingness to release unnecessary aspects of Self. Be they old unwanted desires, patterns, beliefs, thoughts, ideals, or indeed be they actual physical people. The so-called enemy who receives the arrow, in his heart, receives enlightenment, a new level of energy that is required by him for his growth, development and expansion.

What symbolically happens, in the in-between phase? The archer, who is releasing the arrow, frees himself of aspects that are not needed—true release. This arrow symbolically combines with Universal energies on its trajectory; changes, mutates, expands, and reaches the appropriate heart of the receiver, who, through this incredible energetic jolt, is forced to do exactly the same as the original archer. In receiving that blow, he, in turn expands to a new level of personal growth and knowledge and sets off from his Beingness a series of energy arrows which perpetuate this aspect.

Release, was one of your prime focii for this lifetime. You have spent many, many lifetimes being unable to release aspects of Self. You chose, very forcefully, to completely eradicate this aspect from your Beingness, through ..... your loved son. This may seem almost harsh, but it was your choice and naturally it had to dovetail with his aspects of growth and release. You will never again face a release issue...ever...in any lifetime.

Your Beloved one is now on assignment under my command. He is working on an etheric task, and is now very much back on the earth plane, in Spirit form. You will now begin to sense his presence once again in your home. He will come and go, visiting frequently, combining your energies with his, as you are on a dual task, together. You do not need to do anything consciously; all you need to do is to allow him access to your joy center. Be open to his energies, you will now tangibly sense him once again.

**Ngs:** *Is he coming to help his father?*

🟠: Among many many others.... among many many others. His current assignment is to work very closely with those on the Earth planet and in fact within your city, who are in the process of release. He has chosen to work with 1000 souls. The 1001 is your beloved husband. Feel him tangibly now, and do not make the mistake of worrying, why am I sensing again, is he trapped? ... He is not. He is under my command, and it is his choice. Open you joy center to him. Go home tonight and sense him.

He will now choose to reveal himself to you frequently. Your own energetic sensibilities are such that you will receive the indications. He will come in many forms, a sudden gust of breeze... movement of curtains or flowers in a vase, where there is no reason for them to move, a slam of a door, lights may suddenly appear or disappear, movement in a very vigorous manner from the corner of the eyes, a touch upon the neck or shoulder, a tickle in the back, you are now ready to experience all of this, welcome him back in joy.

BLESSINGS FROM MAHA AVTAAR BABAJI....

Sohrab changes energies

Good Evening Friends, we have today a whole host of visiting delegates, who wish to communicate with you. We will permit them one by one, for brief periods. Today, they are not here for you, you are here for them. Each one is a training guide; each one needs the experience of working through a physical body, and being able, not only to communicate, but to assimilate the questions you ask, and answer them in the best possible manner for you. Just as a teacher, in any school, has to be able to reach the students, using the appropriate language, phraseology and diction, so do these guides have to learn this wonderful aspect of teaching. Let us permit them one by one...

Sohrab changes energies to the 1st Guide

🟠: Hello, (to Srj) what would you like to ask?

**Srj:** *Why have you decided to come now and not earlier, when people were really seeking,? (Inaudible)*

■: Why have we decided to come now...the entry of any energy body into a physical body must depend on the readiness and energetic composition of the group in question? In a situation like this, where it is primarily a teaching session; energies of a very high level are not permitted to enter unless it is required by the group, that is why in a general public discourse, any level of energy can appear, but the group energy, always determines the entry of the being ness, and when we say determines, it is not who, but it is the vibrational level that is permitted, for e.g. for this particular group who is of a high level energetic vibration, were we to permit an extremely high soul to enter, it may damage their personal growth. They might internally short circuit, particularly in a closed environment such as this. That is how the energies must match to a certain degree, but the 'entry' energies will always be of a relatively higher vibration, to be able to raise the group, to that point. Any questions for me?

*Sap: I am not able to stop my mind games?*

■: It is interesting that you are asking me this question, as that was one of my issues, when I was on Earth. I had two major issues: constant game playing, not just mind games, but external ones as well, and, false timidity---I was scared of everyone and everything That is not your issue. But that was mine. It was my fear that caused me to keep playing games with myself and all around me, in the misguided attempt to gain my power back. I have not learnt this yet, I am a relatively new spirit in the ether, but I have chosen to become what you call a teaching guide, to overcome my fear of humans. Yes, I am terrified of speaking in public and see.... I have chosen to face my demons!

And by doing this, working with and through friends on earth, I am now beginning to see all the games I used to play.

You (Sapan) will have to find the key source in your life that is causing you to play these games. I do not know what that is, but if you now look, you will find out.

*Sap: I already know....*

■: Then look at that, focus upon that, and let the games be. When you start working with that aspect, the games will lessen...

I sense an interesting fear that you also have (Geetika).... would you like to ask me about it?

*Gtk: Yes please, could you tell me about the fear, I am not sure which one you are talking about. I have a bagful of them...*

■: (laughing)..I am also in training, allow me my time.... I will speak to you of one particular one that is popping up ahead of the others...yes, you have many and I had

even more...one fear that I would like to speak to you about, because it is shared by many in this room, **is a fear of revealing who you are.**

There is a misguided notion on Earth, that if you permit others to see who you really are, you will 1) lose your power and 2) lay yourself open and vulnerable to attack. Many in this room are going 'click' 'click' right now. Neither is true. You must know that these 2 aspects are pure illusion.

On the contrary, when you lay yourself open, in full joy, you are strengthening your own inner energies with the light that you are putting out energetically, and in this energetic strength, others cannot take your power away from you. On the contrary, you help others to empower Self. This aspect of revealing Self does not refer to every little detail in your life. Of course not. It refers to your Beingness of life, who you are; who you know; you are at a certain moment in time; who you aspire to be **because who you aspire to be, is what you actually are at that moment.... Yes!** Once again the game you play is, I am aspiring to be this, but the instant that thought crosses your mind, you are acknowledging that is who you are.

Your ('Gtk') light shines bright and strong. There are strands within it that hold old energies of fear, but those strands are miniscule as compared to the actual power and light that you emanate. I am able to see this right here, right now. If I was to use a percentage, I would tell you that you are 80% strong, and 20%...aspects that you still wish to change. Focus on the 80% that you have worked for, over lifetimes. That will strengthen the other areas, rather than focusing on the weaknesses. I must leave...

### Sohrab changes energies to the 2<sup>nd</sup> Guide

👉: (laughing)...it may interest you to know that, as we combine with the energies of the physical body holding us, we instantly assess the energies of each person in the room, and we pick up a predominance, an aspect, that perhaps needs to be addressed.

My existence on Earth, and yes, I too was from Earth, was a **rigid** existence. I was not a bigot, No, but I was rigid. Things had to be done my way. There was a right and there was a wrong; those who were wrong were wrong and those who were right were right. There was a way to clean a house; there was a way to behave in public, there was a way to function in business: that was my **rigidity**. I have now chosen, as a trainee guide, to work with others who are extremely rigid. That way I can serve self and others.

The task that I have undertaken recently, which may interest you, is to work with political realms in this country. Many politicians around your country are rigid. My entire stream of consciousness has been socio-political over lifetimes and so it is comfort zone for me to work in that arena.

How will I do this? ...I don't know yet.... but I know that my own personal experience of utter rigidity will help me empathize with their personal experiences. .... Some of you are wondering, right now, but what about the corrupt aspect? That has nothing to do with me. I am not concerned whether they are corrupt or honest. I am concerned whether they are rigid about corruption, or even rigid about honesty.

When you are rigid in physical life, what happens to you? ... Have you seen or experienced this: when fine crystal or china is placed in a cupboard and not used for many years, it gets cracked and eventually shatters? This may seem a paradox, but no, when glass is regularly used and washed, it gets energized by the fingers that hold it, a flow of energy keeps even that relatively rigid structure lubricated, 'energetically' lubricated. The same happens to human beings who are extremely rigid.

Now most of you have areas of rigidity: I urge you to look at those aspects of your lives where you are absolutely fixed, those are danger areas within you. You are forming an internal energy barricade, which does not allow for fluidity of thought, beliefs, growth or acceptance of another's point of view.

When a column of energy is isolated, and kept apart from other energies, it starts to 'energetically' shatter, and at that moment, what you manifest around you are rigorous experiences, which will completely shatter your perspective of rigidity. You will be forced into a corner, you will be shoved aside, and you will experience an external manifestation of another's rigidity. Family life may crumble, loving members of your family or friends circle may move away...be warned....

This does not mean that you give in to every idea or opinion that is around you. Not at all. I simply urge you to look at are so stuck those areas where you are extremely rigid and to examine why you are behaving in this manner.

**Nan:** *Yes! Right now I am experiencing a friend, who is very rigid, and what ever you described about family and friends...I need to know, what I need to learn from that, and I need to know how do I break her conditioning?*

👉: You cannot break it for her. You can gently point out to her what has been said today, if you feel it will help...

**Nan:** *We are not even talking to one another.*

👉: You may pass on the words on paper, or on the e-mail if you wish, you cannot break her rigidity But you are also being provoked to look at self. There are certain aspects of your life, where you are... rigid. There is not one in this room that escapes that aspect.

Work with your own skeletal system; spend a few days working with the energies in the bones. There are the beginnings of calcification in certain areas, which can be averted;

these are due to rigid aspects of your life. Work the other way around, start with the physical area, check where the calcification has begun and ask each area to reveal its root source in the emotion. Work backwards.

**Nan:** *Calcification is extra calcium?*

☐: There is fragmentation and powdering of certain bones in your body...it has not reached an advanced state yet, it can be halted...Help her (to Dr Y) touch those issues....

Sohrab changes energies to the 3<sup>rd</sup> Guide

☐: I choose to be a guardian of children. I choose, as my task, to communicate to and through children. Why...because as a child, in human form, I constantly perceived communication from beloved guides and friends, and I was constantly chastised by my family, laughed at and derided by my friends, and so I blocked an extremely vital flow in a harsh manner. This blockage, caused brain damage in my Beingness on Earth and I exited the Earth planet at the age of 13. I choose now to come back as a guide, to communicate with and through children of the appropriate age: to influence them, and to teach them, it is okay to see, and hear, and feel, and have universal knowledge.... any questions about your children?

**Tnz** *...In today's day and age where does the child have the time...where is...I feel they are so submerged in their daily materialistic, harsh life...would they even believe it that something is contacting them...*

☐: Lack of time, due to pressures of school life and family life, have no bearing on how much they see, feel and experience. But children today face a paradox: they have heightened senses and awareness, and yet have to battle an age of cynicism and skepticism. They have new internal organs, they have new DNA structures and they have new energetic antennae as well, which permit them to receive communication at a far more advanced level than you were able to, in your childhood. So now we try to reach them through their acceptable passions: often through the computer and the internet. Through films and television. We use the actual vibrations that are being emitted by the screen, to reach out and touch them.

**Tnz:** *So are we making a mistake in limiting their time on the computer?*

☐: Not at all...not at all, but what you could do, to better the flow, if the child is inclined to that, is to encourage the child to search, looking for aspects that would interest him. Urge him to look up information, to seek, to wander, roam, not to get trapped in a violent or mindless game. We do not communicate through games very much as there is an energy loop created within a game that does not permit the energies to flow further, but we do communicate through information on the net. Very often the child's hand will hit the wrong button, and the appropriate information will pop up and even if the child

does not read it all, he is energetically exposed to that. Do not think we only work on the net. Not at all.

We work in many many ways. We reach children through their food substances. We reach them through enlightened parents; sometimes we are permitted to tweak the consciousness of the parent, to permit a flow of energies to start. Sometimes if the parents are blocked, we energetically provide the appropriate friend who will spark off the appropriate circuits. We reach them through schools; we reach them through the media and television always, but at the same time, you must lay down your limits your boundaries, of course do that, but do not condemn the Internet as being useless...

**Mon:** *My son Armaan, will be 18 in October; there have been many breakthroughs in the last month.. I would want to know, is there any guidance for him?*

■: He will respond very strongly to 'water' energies. Encourage him not only to view the sea, but to visit beaches, to visit lakes, to go rafting, swimming. The water energy will cleanse, flow, energize and purify his Beingness. Is he resistant to water in any form?

**Mon:** *He refuses to drink it, but loves to swim...*

■: Try to encourage him to drink water in palatable forms. Mix dilutants into the water. We see a tremendous opening out of his energies. The flow has begun; there will be sudden sudden leaps and expansion in the next year or two. In fact, you may not know him. You may wonder how he moved from that to the new version of self. That will be the difference. It has begun.

**Nan:** *Are only the children privileged to have this 'connection' through the Internet?*

■: Oh no..Oh no.... I speak of myself as a guide and those who work with children specifically; but if you, as an adult individual, forges a relationship with the Internet, you too will receive the appropriate energies. There are many like him (Sohrab) who choose to cut off from them out of distaste. He does not gain the appropriate energies that are in abundance for him.

**Nan:** *Any advice for him?*

■: Ask him to open up...that is all...it is an area of rigidity....

Sohrab changes energies to the 4<sup>th</sup> Guide

■: (laughing) It is my pleasure to interact with these group energies! I have chosen as my task, not to communicate verbally. I will be working in areas of **static worship**. Temples, Mosques, areas of pilgrimage, where the energies are static. Not all temples

and mosques have static energy., but there are many many across this world, where people with fixed and rigid notions of worship arrive, and in turn affect others, who all grow to become more and more rigid, focused and deluded...

**Nan:** *Are you talking about fundamentalism?*

■: (nodding a yes)...I choose, as an energy guide, not to work verbally, but to go there and keep 'shaking them up'. I will work only energetically where there are static belief systems. So for those who have been bigoted over years, and have gone to a church, a mosque, or a temple, saying this is the only path, and all others are heathens and sinners, I will be the joyous one to 'slap' them around.

I will awaken aspects in their lives that they will not like. I will make sure there are inter caste marriages in their families. I will make sure their children go astray, from their perspective. I will make sure that they are slapped in the face with a sinner of their own community and a saint of another. I will give them every opportunity to... grow. None of my work will be pleasant to them, and yet I do this, I have done it and I will do it, IN COMPLETE JOY!

**Nan:** *There are a lot of things happening 'behind the scenes'. How do you exactly work? Can you give us an example?*

■: What do you mean by 'behind the scenes'?

**Nan:** *You are telling us that you do all this 'slapping'...these inter caste marriages, so what freewill do we have?*

■: Oh no ...Oh no...there is a never a violation of the free will, not at all. But there are certain experiences or opportunities which we, as Guides and Masters, are permitted to 'offer' a person, which may not have been in the blueprint. How you respond to those is your choice.

For example: if a person is very rigid about community, we are permitted to bring them into contact with many other communities, deliberately provoking them to examine their rigid value systems. We have the power and the ability to bring them in contact with positive aspects of other communities and the negative aspects, and we even have the power to change those balances. So, if you are extremely rigid about your community and as an 'energy worker'...

**Nan:** *I was...*

■: How did you change?

**Nan:** *Uuh...uuh..I got a 'slap' ...that was you...*



■: You are welcome! (Laughter in the room)

**Nan:** *Not a slap...but a realization....*

■: You are welcome!..... to use these experiences is your free will choice...you may get more bigoted or you may open...

**Nan:** *Tell me exactly what happened at that time...I know I got a realization...what did you do.*

■: You tell us what happened...

**Nan:** *I got a realization...*

■: How? Where? Where did it occur? Where did that instant of realization occur? Physically where were you?

**Nan:** *At that time the politicians were pushing the 'Hindutva' I became a Hindu fanatic...*

■: Where physically were you?

**Nan:** *In Bombay...*

■: Where...

**Nan:** *In my house...*

■: Where? In your room...

**Nan:** *Yes! In my room...*

■: What had conspired to occur a few days before that?

**Nan:** *I had a fight with my Muslim friend.... and I have many of them*

*(laughter in the room)*

■: You are welcome!

**Nan:** *And then I said ' if my Master Krishna has to change the world, then he better come down and do what he has to, why am I taking on the responsibility or burden of being so judgmental on any other community'... so now you tell me what happened behind the scenes*

👉: You are welcome...

You had to be prepared. There was much work for you to do, as you are doing right now. There was much growth desired by you on an energetic level, which this consciousness refused to acknowledge. ...

**Nan:** *Yes I was very 'rigid'....*

👉: We had, we, not me alone, but others of my kind had to work with you, to 'slap' you around. We gave you more opportunities than you are even consciously aware of. There were other aspects. Your brother was provoked. Others were provoked to urge you, push you into directions you did not wish to go. Family members, aunts, friends: look back at that time, you will find you could not understand what was happening around you. It was us at work, laying the path and saying 'walk the red carpet now'...but it was your choice to walk upon the red carpet or to take the thorny path. You chose the red carpet...

**Nan:** *It's a more comfortable way.... Divinity & Oneness....*

👉: It is soft, and vibrant and appealing. Why take the thorny path when you did not need it? You had spent too many lifetimes there, and because of your past aspects (Sohrab patting the womb area) you had built up great resentment, anger, and bigotry.

**Nan:** *Yes.... I understand...Thank You...*

**Div:** *Sometimes we are at the receiving end of bigotry, pertaining to static energy. What should we as recipients, rather me as a recipient do to change that? Should I ...I mean. Are you getting what I am trying to ask you?*

👉: Of course as I am! I am a friend who keeps breaking and shattering patterns. When you are at the receiving end of what you call rigidity, and it is a minor occurrence, it is simply the Universe giving you a tap on the shoulder, and saying, " look at that aspect in yourself". That is all. If you choose not to look at it, the Universe will then push you. If you still choose not to look at it ...friends like me will arrive and 'slap' you around! If you continue to exercise your free will choice to ignore the signs, you will eventually 'shatter', and carry this forward to future lifetimes where you will have to resolve it.

Now take heart; when we speak of any aspect of Self, such as rigidity, it seems so vast. You wonder : how am I going to look at all aspects of my rigidity in this lifetime? You just need to start. A snowball effect occurs. You start working on small aspects of your own rigidity, and suddenly 'pop' 'pop', beings like us will open the doors for you to see bigger aspects. We work both ways. Pushing you down the stairs and giving you a hand up as well. (Laughing heartily) And believe me, we can push you down the stairs!

**Div:** *What if a particular belief...is there something, obviously it has to be contrary to my belief, but I don't want to...okay that's rigidity, that I don't want to change to change that belief...*

■: Having a belief, a set of values, a set of morals, is not necessarily being rigid. It is **how you apply** them to Self and others around you, that gives you an indication of rigidity. Take a small example: wanting a clean house is not being rigid; but being fanatic and scrubbing the floors at 3 in the morning and screaming at your staff for having missed a cobweb certainly is! That is a great indication to you to look at the 'cobwebs' within you. What is there that you cannot clean out from within, that you must resort to external obsessiveness?

Any kind of obsessive-compulsive behavior, which manifests externally, is a direct reflection of being unable to fix it in here (pointing into the solar plexus). That is all you need to look at. You know what I am saying.

**Nan:** *Now that you made us aware that you do this 'behind the scene' act,*

■: (Laughing) I cannot take all the credit...they are many of my kind: we are Angels of a different strain.

**Nan:** *No...Thank you and I acknowledge you for that...I am a much better happier human and more 'divine'. I need to know, how to hone into 'know'... you are helping us?*

■: Why do you need to know?

**Nan:** *Now that you made us aware, I need to be..*

■: Why not, instead of honing in on one Beingness, such as I, why not at every moment you wish to 'hone in', open yourself to the energies and **just thank** whoever surrounds you? There is never just one Beingness with you. There are often one hundred beingnesses working with and through your energies at a moment in time. When you thank one, you are instantly negating the others. It is not for acknowledgment that we require your thanks. It is for YOUR acknowledgment of Self, that we require the thanks. When you start to see yourself 'Worth It', 'I Deserve these 100's of Beingnesses' that's when your own Power expands.

**Shr:** *(inaudible) I think you know exactly what I am talking about...you know the fields where I need work as yet...I am glad that you said this today now I know I am not alone, it has become easier*

**🔥: Even in your darkest moments, when you enclose self in pain, depression and trauma, shutting off the magnificent energy valves that flow into you, you are NEVER alone.**

Even in those darkest moments you are still energetically connected with a few extremely powerful beings, who STUBBORNLY REFUSE to permit you to shut them out. If you could shut all these energy beings out, you would instantly exit this existence.

**Nus:** *The problem that you mentioned earlier of the calcification of the skeleton has already happened to me and I have a lot of pain from my neck to the lower back last 10 years, but initially I was not aware of my emotional blocks...I am aware of it now, but I am not able to help myself...and I am trying to understand which areas I am rigid about...*

**🔥:** Do not now fixate on the word 'rigidity'. In her ('Nan') case, the calcification was an indication of her rigidity. In your case, it applies more to the fragmentation you have permitted in your life. You have permitted energies to come and figuratively rape you. You are now taking responsibility for your own energies. You are now working consciously to grow, strengthen, expand and develop, and the process has begun to reverse.

**Nus:** *The pain has not subsided....*

**🔥:** Those are areas you are still holding onto tightly, refusing to acknowledge ...you must search...(to' Mon') Would you help her? 2 sessions to set her on her path...do not limit yourself to card readings...work in any way you are guided. ('Mon' agreed).

(To 'Nus') Call upon the energies of Sai Baba...he is strongly with you right now.

Thank you.

[The Meeting ends here]

**Dr Y:** *Its relevant to what you were speaking about... you know I have been trying to modify beliefs of people, because as a professional I am a Belief System Modifier, and I work with rigidities of people, and the maximum rigidities I come across is in religion and sexuality. In doing this, what really happens is, especially to people whom I am closed to, it has a rebound effect, or I have to face the wrath of people...You tell a person to change a certain pattern, specially these are very sensitive areas: religion and sexuality, , any other field its okay to tell somebody something, but being a professional telling this, I have to take a lot of flak...from the person...in terms of broken relationships, in terms of distancing, how does one really overcome...this ....all these guides are invisible...here I*

*am in physical form, so I am prone to being answerable, to get a kickback, I feel misunderstood, distance coming up...sometimes it can be too radical...which a change, has been told to occur...*

**Sohrab:** Dr Y, I am getting 2 aspects which I like to share with you: one is if you are finding this happening with certain people, not so much with others, check your own balance at the time you are giving the session., because if you are in full balance, even though they may react and release, it won't rebound on you. Please check your balance.

The second aspect is this. Upto November, is a period intended for smashing ones issues. You are actually providing a great service...you have chosen and opted to do this...they have actually come to you...just like they would have gone to the being I was channeling earlier, to be smacked around.... just let it happen because you have offered yourself as this wonderful similar being, whose going to open up their pathways...just don't take it personally, you just have to accept it, because you have volunteered that But continually check self, as you keep swinging between balance/service and imbalance....

Thank You.