

29th November, 2007
THE SPIRIT OF BANDRA
Channeled by Sohrab Ardeshir

House Spirits

Trance Channeling begins

Sohrab (addressing 'Nol'): Son, is the group in energetic sync or not?

Nol: – Yes it is

■ – That was your mind. You are not incorrect; there is naturally an energetic cohesiveness that must be created when a group such as this comes together. You picked that up. But we wished you to check out whether or not this group was in sync for the purposes of this meeting.

Now, on a scale of 1 to 10, 1 being the lowest, and 10 being the highest: at what level is the collective group in sync?

Nol:– a six.

■ – very good. See? Now, check her structure. (indicating 'Gl') What comes to you?

Nol: - Green and Pink.

■ – Do you see or sense any figures, energies, images?

Nol:– A very strong female figure and the energy is Green and Pink

■ – Excellent. (Indicating 'Nan') Now check her energies.

Nol: – Violet and Orange – I can't tell what the energies are here, they seem pretty ferocious.

■ – Wonderful! Go with the word ferocious, see what else you get. You are on track.

Nol: – An Indian Goddess –the Goddess Kali energies!

■– And yes, the Kali energies can be termed ferocious. But the Kali energies right now, working through her, are not predominantly ferocious, but they are very, very assertive. They are very, very, expanded and indeed they are powerful. Well done, we will keep pushing you.

■– Son – (to 'Ish') – Study her energies.

No! –I see a girl in Grey and Black. Very erratic (inaudible)

■– Correct!

Let us now work as a group. Check your own energy levels, and rate them on a scale of 1 to 10. Intuitively fix a figure. Remain there.

For those whose energies are at level 1 and 2, begin to increase your inner vibration, and to join with others around you who are of the same vibration.

Now begin to raise your collective inner vibration to level 3. As you reach level 3, connect with all those who are at that level. The group is increasing, now collectively raise your vibrations from within and join those who are at level 4 and 5. Instantly connect with all who are at level 4 and 5, feel the expansion take place. Collectively now, raise your vibrations to level 6 and 7:

Now collectively raise your vibrations to level 8. Connect with all who are at level 8.

Slowly raise your vibrations to level 9 and remain here. Remain joyously connected at level 9. Experience yourself as one vital part of a magnificent group; and at the same time, experience yourself as a merged group.

Now, you are called upon to work together, as a united and joyous group, upon our friend Kaushal, who sits in the first row.

Sense the group collective: there is a vast network of energy strands extending between all members in this room, like an intricate golden spider's web. This spider's web of energies are vibrating at a very high frequency. Please wrap our friend Kaushal in this energy. Allow her depleted energies to be enlivened, enlightened, and enlarged, by the group power. You are not forcing yourself upon her; you are joyously offering your energy vibration to her, so that she may use you as a tonic.

'Kau', joyously embrace the energies of the group and raise your vibrations to match them: it will be easy with the complete support of all.

■– (strongly) **OM, OM, OM, OM, OM, OM, OM, OM, OM, OM, OM, OM, OOOUM,** You will now all support 'Kau's heart area. Fill her heart with your light. Please do this

by visualizing your own heart expanding with light; and at the same time, place her heart in your midst and allow it to fill with your group energies. (Long silence) Kaushal, feel the strength and vitality return to this area. **Breathe it in**, fill with the light.

'Kau', you will continue to receive this light from the group for the next three days. Work with it, use it joyously to support and energize self, but remember, you are empowering self with the help of others. Visualize the group web that has now been created. Float in it. Fill with it.

Let us now work upon our friend Suraiya's mother. Visualize her floating in the centre in this level-9 group energy. Visualize her in any way you wish: you are to simply empower her to achieve clarity for self, to choose what she wishes to do. Wrap her in the web of the group light, empower her in complete focus. Watch her getting brighter and brighter with clarity and self empowerment.

Now raise her energies physically above the group. Visualize her floating near the ceiling of this room; fill her with your light. Thank you.

Dear friend, she is now resolving at a rapid rate, issues that were clouding her mind. A small portion of these are being resolved consciously, most are being resolved on a higher level. She now has accessed the appropriate the level of clarity needed for self: when the resolution is complete, she will effortlessly make the passage.

Help her. If she speaks aloud and shares with you an aspect that has come up, help her fully. Do not give your views, help her access her own, even if they diametrically oppose yours. That clearance is necessary for her. You may guide, but do not impose. She has elevated self to a new level of consciousness. Use your power and (inaudible)

Sur: – I already have.

■ – Would anyone like to share any observations?

Nol:– I saw somebody's mother wrapped up tightly in white sheets, but as we raised her, she woke up. She said 'remove all those sheets', she got up and she sort of looked down and said Thank you, I think, she didn't utter a word, but she just bent down, and then I saw her climbing a very delicate ladder. That's what I saw.

■ – Ascension is taking place.

Nol:– I saw her suddenly throw all her clothes – her coverings, she sat up and had a glass of water and then she rolls.

■ – The symbolism of a glass of water is nourishment of self. She has now accepted with clarity, those aspects of self that she needs to nurture and nourish and indeed work through.

No!: – I just couldn't focus my eyes when we were (inaudible) and then you told us to send Kaushal energy. The first thing I saw was this huge dark cloud in her heart chakra and my instinct was to clear it out and finally you said 'give her heart chakra' so I'm assuming – and then there was a beautiful Blue light with The Buddha sitting in it, in her heart chakra. So I think what you said as --- I mean, it was lovely for me to look at also. And the other lady, the lady does want to say something to some family member.

■ – How can she best do this?

No!:– If I get anything, I'll let her know at the end of the meeting.

■ – speak – you wish to speak?

Gl: – For Kaushal, -- before you said go to the heart and connected her heart, feel the cosmic heart and back, whereas (inaudible)

Another sitter – For 'Kau', I connected my heart and formed sparklers that are used during Diwali, the sparkler just sort of touched her heart and passed by.

■ – Wonderful! Visualizations of the energy processes that actually took place.

Today will be a working meeting. There is a collective call, from this beautiful group, for guidance about your home spaces. Almost all in this room are experiencing trauma of some form in the home. Discomfort, disharmony, unrest, confusion, and in some cases where it is not extreme, there is a general feeling of staleness in the home. We are responding to the call, we will help.

You will all now instantly link with your homes. You may do this with your eyes open or closed, as you wish. Visualize your own home, flat, house, space, and check its overall energy quotient. Does it look bright to you, does it look dull, does it look diseased?

Now begin to visualize the overall home energy quotient rising and expanding. You will send out, from your own heart chakra, a beam of light and you will enlighten your home. Consciously raise and align it to your personal highest level of vibration.. This level of vibration corresponds to your own being-ness, past, present and future. Expand into your own being-ness and raise the vibration of your home to match self.

You will now begin to explore your home room by room, and discover to which area, or room or space or corner, you are being drawn. Do not judge it, go there. Why have you been drawn here? Is this area dense? Does it require work on your part? Does it require

your physical attention when you get home? Is there a problem that you have not seen? Scan the area and consciously vibrate it. Heal it, if it requires healing.

Enter the walls of your home now, float through them, experiencing the texture, the quality of the materials within the actual structural walls, allow yourself to be led to areas that require your attention. Are their areas of weakness, a dense energy, any debris? Float free, access these areas and simply cleanse them with your personal vibration.

Now you will enter your bedroom or personal sleeping space --- float into this space and check out the energies, how do they feel? Make adjustments so that they match your highest vibrations.

Now you will float into a central point in your home. This does not mean the physical centre; it is the central point as you intuit it. At the central point, float free and connect with your house spirit.

Yes, there is a guardian spirit of your personal flat or house, a magnificent being who works ceaselessly and tirelessly to protect and preserve your home and all those within. Connect your house guardian and joyously merge with His light. Together you will begin radiating collective energies throughout the home. Raise now, room by room, every portion of the home, to your highest vibration.

Listen to your house spirit. He has some words to say to you. Open up and listen to any comments, suggestions, or requests he has.

Know that you may communicate with your house spirit at any time, - listen carefully, he will always be in alignment with self and your home and will offer you the most practical and essential advice.

Remember, dear friends, though you have aligned your home to your personal vibrations, there are others in the home who must share the space and must function at different vibratory levels, corresponding to their own growth and development. You have simply energized one dimensional aspect of the home to yourself.

There will be overlapping layers, existing simultaneously, with the appropriate vibration for all others who inhabit the space, including animals and domestic staff. Including guests and friends who visit, and including all the tradesmen who enter your home on a regular basis. The home is the nurturing space for all. Each one of you has a home that has been crying out for help from you. The work has only begun today, be in touch with the home: sit from time to time, speak to the house itself and indeed communicate with the house spirit and listen, listen, listen.

Are there any points of confusion with regard to your personal homes that you wish to clarify?

Nol: – I am, at present, doing extensive renovations at home...there are leaks and damaged areas. I also received a message that I should change the position of my bed. I did, but the new position is just not practical. I don't know what to do.

■ – Test it yourself. Energetically, (inaudible). And sleep one night on the bed in that position, check out how self feels. Move the bed on another day, and repeat the experiment. Test it for self.

Dear friend, in your particular case, this renovation of the house was imperative. You had dense, clogged energies that had accumulated in the walls, in the paint, in the furniture, and in the objects d'art. A vigorous cleansing was required. This would not have been accomplished just by prayer; it required physical, structural work as well.

You have done the right thing, but now, from this moment on, as the process continues, enlighten every aspect that has been recreated and enlighten every aspect that has been placed in storage. You will find a new, vibrant energy in your home after this.

Nar: –While I was working on my home, I felt very warm...no, hot.

■ – And this did not seem good to you?

Nar:– No. I felt uncomfortable.

■ – Were you working, at that moment, upon your personal flat, or the one below, where your husband stays?

Nar:– Should I work on that too?

■ – That is not your responsibility, but you may, if you choose, work upon that as well.

The energies of heat that you picked up were actually not from your home: they were a central column of Energetic Masters, if you wish to call it that, which have now implanted themselves in the physical space and are like a core structure, radiating power and light to you and all those who enter your space.

You were right when you said 'it felt uncomfortable': you just accessed this power of the column in its concentrated form, rather than enjoying its constant radiation. Draw from it, but do not plunge into it. It is high level cosmic power.

Nan: – I was told of my own energy vortexes. Can you explain this?

— Vortices are whirlwinds of high level energies that exist at certain places around the world. Each of you has subsidiary vortices within your physical homes: these are mini power centers created not only by you, but by others in the home. They float and anchor themselves at different spaces in the house, from time to time. They also move periodically.

Let us give you an example: at this moment in time, three energies vortices are floating in this very room. They have been doing so since the meetings were moved into this space. The predominance used to be in that small room (indicating the Library, where the meetings used to be held). There is now only one vortex there.

Each time you upgrade your personal energies (which you all do periodically), you need a boost. At that moment, you attract these vortices to your personal space. When the upgrade is complete, they once again re-distribute themselves, as needed.

Now, when you are in a state of personal disarray, despair, or depression, your own energies are so paradoxically powerful, you sometimes access these vortices and force them to swirl IN THE OPPOSITE DIRECTION, which then takes you further into your own mire. This is rare, but it happens in cases of deep depression.

And yet, even in this, they are helping you. The energies are actually conspiring to aid you by taking you down so low, that you MUST eventually shatter and begin to rise.

Now that you are aware that they exist within your homes, why not consciously invite them into your bed at night? Why not consciously invite them into yourself while you are sitting here? Use their incredible power: it is your divine right!

No!:– My house spirit seemed very sad.

— He is reminding you connect with him. The house spirit is the most magnificent, joyous being you could possibly ever encounter. The house spirit works ceaselessly and tirelessly for the betterment of the house and all those within it. The more you connect with this being, the more in touch you will be with your own homes.

It is this friend who sends you the thought, when you have left your home, and SUDDENLY remember that you have left the taps running, or have forgotten to turn off the gas stove. It is this friend who will lead you into a dark closet, where you do not normally go, to show you there are termites on the wall. It is this friend who wakes you up when a burglar is attempting to break into your home.

You must be alert and tune into your friend. For the most part, you will see these spirits formless, but sometimes they will show themselves to you in a form that attracts or pleases you.

Nol:– Mine revealed himself as an owl!

■ – Wonderful!

Nol:– I have always been attracted to owls

■ – Your house spirit is revealing to you his personal wisdom, which is a quality that has always greatly attracted you. Enjoy this visual, but allow him to change it in the future, if he wishes.

Nol:– If a house is demolished, what happens to the resident house spirit?

■ For the most part, people in cities live in apartment blocks. Each individual flat has its own house spirit. There is a governing spirit of the entire building, and if the building is part of a complex, there is an overall in-charge spirit of all the buildings within that complex. There is also a spirit who works with the actual plot of land upon which the building is built.

When you sell one flat, and buy another, there is full communication between the two house spirits, who go through a kind of hand-over process. That is why you often see several flats before you find the one that ‘is yours’. You are actually listening to your inner promptings. When a house is about to be demolished, all the spirits of the individual flats, along with the building spirit, retract into the physical ground below. This is exactly this occurred, for example, BEFORE the World Trade Centre was destroyed.

Some will remain in a state of dormancy, till a new building is erected in the same space and if it is appropriate they will return to individual flats there, some will move to other locations and energize newer constructions.

Nol: I love my house and when I sold it, I expanded myself and I hugged my whole house. I found the walls damp, as if the walls were crying, and then, as if the walls were speaking to me, I heard a voice saying, ‘Don’t abandon me, carry me with you’ – now what was that?

■ – You were being urged to consciously re-establish a connection with both spirits and both spaces, the old and the new. You were also being urged to take responsibility for any environment that you inhabit. You are very sensitive to ‘home’. What is physically happening in your home right now, to the physical structure?

Nol: There is talk about breaking the building down, there’s talk about us having to move out and then come back.

■ – Connect very, very consciously now to the spirit of your home, establish a dialogue and find out what is best for you. You will be given guidance. The spirit will never hold on to you or demand that you keep a physical structure that has lost its energy potency, the spirit is joyous to release it and to retract. However, your spirit wishes to communicate certain aspects that you have not heard yet. Do this today, communicate at home, listen, and write it down.

Nol:– (Inaudible) and I do see them but when I did this just now – I don't know whether it's an angel or a female in blue with a ring of flowers in her hair, which I have never been aware of in the house, this is the first time that I'm seeing this image.

■ – This not a house spirit, this is a friend who is visiting you. Connect with the friend, and very good connection for you. It is a visiting friend who will be there for a while, but she is not your permanent house spirit.

Nol: – (inaudible)

■ – This is an energy build up and extreme misalignments in certain rooms in your home, but not in the entire home. Your daughter's room is not 'haunted', but inter-dimensionally fragmented. We will explain this.

There is a portal there that opens up into different dimensions. Many entities use this as a point of entry or exit into different realities. In your terms, it would be like an airport, where passengers transit between different countries. The entities are merely passing through, and your daughter is picking this up and quite naturally, feeling disturbed.

Nol:– But it disturbs her tremendously!

■ – Of course, and she does not have to live with it. You may both connect with your own house spirit and request guidance Do not attempt to harm or damage any of the entities, just seal the portal. Seal it with good intent: you will be guided. (to Ishdeep) Will you help them?

Ish: – I have gone through a similar experience.

■ – That is why we ask you. Do you have any questions ?

Nol: – The spirits look very happy and loving (inaudible)

■ – The spirits or spirit will always be loving and vibrant. Sometimes they appear tired, as they have attempted to communicate with all those around and no one listens. The spirit energetically tires when the house is not maintained. The maintenance of a home

includes physical cleaning, positive energetic vibrations, laughter, warmth, and a warm welcome to all those who visit it.

Now, this does not mean that the house has to be obsessively cleaned, or that you have to open your doors to all who ring the doorbell! Not at all, you have the divine right to choose whom to allow into your home. But why not the intent that the home is the joyous space and only beings of high light and vibration should enter it? Then they will.

(Indicating a 'No!') In your case, dear friend, there is in paradox: you are correct; your own home contains some beings who have an extremely high vibration, and others who are almost diametrically opposite, energetically. No judgment: simply different energetic structures.

You have the divine right to raise the vibrations of your home, and to even ask that these work for all in the space. But you cannot force them to grow at your rate. There will naturally exist, in another dimension within the home, the appropriate levels of vibration for them. Most homes contain different sets of vibrations, simultaneously.

Nan: – When I shifted to my house, I was shown this new house with a lot of violet flames in it...what does this mean?

■ – You know that the violet flame ensures vigorous cleansing. You were simply being reminded of the fact that this new space would facilitate your own choice: to cleanse self completely of old beliefs, patterns, habits and thoughts; and to move into a new and expanded level of self. And that is precisely what you are doing.

Group Member:– I just moved into a new house. I have been told, by people that can read energies, that though my personal flat has wonderful energies, the building as a whole does not. I would like to work for the others in the building who may now be so informed, particularly the senior citizens living there.

■ – You may certainly do so: connect with the various house spirits, the spirit of the building and the spirit of the plot, and work for the overall upliftment and cleansing of the building. Offer this joyously as your social service to the others. But do not do this in judgment. Do it in light.

In any given apartment building, there are generally a few unoccupied flats. Some in a process of transition, some with absentee owners. These serve as 'breathing space' for the building. It is vital for cities to have similar 'breathing spaces', in the form of parks, vacant lots and unoccupied land. Do you now see how your own city is being strangulated?

Group Member: – I would like to light diyas all over the building!

■ – Go ahead and light your physical diya if you wish, but can you not place an ENERGY DIYA in every flat in the house? Instruct these energy flames to cleanse, raise vibrations and spread joy.

One more question.

Kau: – Sometime back I was told that the entities have anchored their spaceship in my house, so I want to know if they are still there?

■ – No, dear friend, your visitors have left. They do come and visit, from time to time, as do many, many other friends, at your invitation. You are very open and welcoming, when it comes to the spirit world.

And your house is indeed is a joyous meeting point of energies. You have visitors on a regular basis, they come, they energize the space, they access your energies and they move on. Your house is constantly changing energetically, because of this. It is a contract you have made not only with your house spirit, but with the guests. You are like this beautiful innkeeper, welcoming friends and strangers for a few nights and releasing them joyously, except you don't have to cook. (All laugh) Be aware of this when you are alone at home and know that it is a joyous for all.

Kau: – Thanking you! I'm so happy to know this ! Thank you!

■ You have in your home right now, a group of healers who will work with you. Permit them access to your beingness. They will be with you for three days.

BLESSINGS AND JOY
FROM THE SPIRIT OF BANDRA.