An Instant in Time

Trance Channeling begins

We view you with so much joy! We look at you and we see energies, bright and shining, vibrant and growing. Energies that wish to grow and expand at an extraordinary rate, and we acknowledge this. Each one has speeded up his/her rate of growth development, expansion, and understanding of Self. You have gone beyond where we expected you to be at the end of the calendar year 2007. And we speak not only of this group, but of your collective group.

Nan: ..and humanity... What about humanity?

It is groups like yours that will provoke humanity, as a collective, to move at a rapid pace, and you will find this work being done by you throughout the calendar year 2008. You will rarely function as an individual. You will find more and more through the year that you will need to call upon group energies, and see yourself as a collective, not as an individual.

This may seem paradoxical, as we have urged you over the last year to acknowledge your own power, and you have. It is **now time to acknowledge group power as your own power**. You still see your own power as separate from the group power, that you can then tap into when needed. It is now time **to see yourself as the whole**, and in that whole is your uniqueness, but you are still fused with the whole.

We speak to you briefly of the words <u>"instant in time".</u> To you 'an instant' is a fleeting moment and yet 'the instant' is the call of the day now. Let us try to use an earthly image for you to understand this concept. When you blow up a balloon, you have to tie its mouth very quickly, or else the air will escape. It cannot be done slowly and painstakingly. That instantaneous action is needed for the balloon to remain expanded.

You have spent many years working in a slow and methodical process, honing your skills at healing, connecting, talking, scanning, and working. This coming year will demand that you do this instantaneously. The long, drawn-out processes are now not needed.

For example, when you are giving the intent to energize another with your power, it will have to be done within a second. If you sit for a half hour and continue to energize, not trusting that it is done in an instant, you are filling the balloon and letting it collapse, filling it again and letting it collapse, filling it and letting it collapse.

From now onwards, you will do your work instantaneously, and the moment it is over, the balloon is tied and you will release it into the Universe. You cannot hang on to it anymore and if you do, the balloon will collapse.

Nan: Will the results also be instantaneous?

That also must be released instantaneously! If you hold onto the result, wondering whether or not it has worked, you are again collapsing the balloon! The result WILL be instantaneous. But you may not view it in your 3rd dimensional body as instantaneous. We will explain this.

You are sending energy to a certain person, who has chosen to receive it from you. You do the work instantaneously, release it and trust that it has been done. It is instantaneously (Sohrab snapping his fingers) manifest in the other person's Beingness. In fact it is received BEFORE you have sent it. Why? Because the work has been done by you on a higher level, before the conscious thought has had time to manifest in your physical brain.

Gl...reminds me of Archangels Michael's prayer...all your needs, wishes and desires are fulfilled, even before you are aware of it...

■: And why...because by the time the conscious thought has come into your mind to heal another, you have already done the work. The mind follows last. When you attend a group session such as this, or have a personal session, your beingness has already created and internalized; what is physically about to be said or done. The session only brings it into your conscious mind.

So now....Energize, Release, Trust and Know it is done.

So now you understand that the other person has already received you energies before you have sat down to send them.

How that other person chooses to use the energies is his choice. He may choose to use them for instant results; he may choose to store the energy for future use; or he may divert them for other purposes of which you have no conscious knowledge. Each use gives results, but naturally you may not be able to see these results in your third dimensional reality. That is why we say, "Trust and don't judge the outcome".

Nan: and manifestation?

■: THIS IS manifestation. To use your own example: you want to manifest a new car in your life. THE FACT THAT THAT THOUGHT HAS CROSSED YOUR MIND MEANS THAT YOU HAVE ALREADY MANIFESTED IT ON A HIGHER LEVEL. The thought is the after-effect of the job ALREADY DONE by you!

So the car is waiting for you, it has been selected, it is ready and IT IS ALREADY YOURS. Now you have to bring yourself to the car, by going through whatever processes you need before you reach that physical car. And those processes are your growth, learning and evolution. But never forget that the car is already waiting for you.

When you question yourself, and say 'I have put out this intent for manifestation and it has not happened,' what you are doing is moving away from the car again. The balloon is deflating. So, pick yourself up and begin to move towards the car, knowing that it is waiting for you.

For those who are looking for relationships, it has already happened. You have put out the energy; the relationship has already been created, you have to now bring yourself to the relationship.

Nan: When you say "you have to bring yourself to the relationship" are you referring to a'vibrational match'?

That is a part of it. Let us assume that you have put out the energy "I manifest the most appropriate relationship for me and it is done." You know now it is already there. What is it that is preventing you from moving towards it?

Nan: My own blocks....

Then you must look at those; that is your growth and your process of moving towards it. But DO NOT view it as, "I did this and the relationship has not manifest". You must **know now, it is there.** It is just that you are not moving towards it at the speed you desire consciously. You can manifest anything!

Dr Y: ...In a relationship, I want to pursue somebody, doesn't the freewill of the other person also count...if they want to be with us or no?

But of course! Your manifestation call, in this example, would work like a sophisticated matrimonial advertisement. Only the appropriate partner would be drawn to you; one who needs to grow by offering you the experiences you need, and one who needs to learn from the experiences you have to offer.

If you need and desire love and serenity, that is what you will get. If you need abuse and violence from which to learn and grow, you will get just that. Do you now understand the words, 'A match made in heaven'? The Heaven here is your own vastness. You know what is best for you!

Dr Y: So choice is an illusion?

Third-dimensional choice is SOMETIMES an illusion. It depends on how aligned self is with Self!

Nan: Are you telling us that the 'blueprint' has become more flexible?

It is now like water, completely mixed up, dissolved, still there, but in fluid form. It used to be like a map, a chart, remember?

Nan:...Yes I remember,

E: Once it was written in ink. The ink changed to pencil, so you could erase certain areas, but most would remain more or less the same. These plans then began folding in on themselves. This caused unexpected and very different energy grids being formed. Now the blueprint is like a glass of liquid: homogenous, flowing free, mixing with other energies. It still exists, but has no solid base anymore. It is like treading water in a swimming pool.

Nan: Is it uncharted territory?

: Completely...

Nan: Are we changing are blueprints?

: They are evolving rapidly, and are being guided by the collective...

Nan: OH! Mine is dependant on the collective? I don't like that!

: Of course...Of course...but the collective will guide your own inner desires. So you will flow with the collective. You will desire what the collective wishes, and when we speak of the collective, we do not speak of planet Earth. We speak of the Universe.

Gy: Full power within me...then you speak of the collective...guiding the inner desires, balancing, feeling...

Group Member: I feel scared...

E: Let us go back and speak of the collective, so you understand this better. There is so much fear when we say the words 'collective'. In your perception, the collective destroys your personal desires and freewill and focus, that is not the collective we speak of!

If you are a member of a society, you get together to share your ideas and knowledge, to decided on a certain outcome. On earth, this gets clouded with ego, petty jealousies, a power struggle, and often ends in strife and divided opinions. Is this not so?

Now imagine a collective of your beingnesses: all working in expansion, for the light and with the light. You will pool your individual and unique resources: your personal wisdom, knowledge, ideas, and perspectives. You will offer all you have to give, and you will learn from all that others have to give. You can then ONLY REACH ONE UNANIMOUS DECISION. All will intuitively know that this is the best. All will feel enriched, and will be in harmony.

The collective is the most beautiful merger of all energies, where you do retain your own uniqueness and yet you become part of the whole and the power of the whole is yours to command.

When you eat a beautiful slice of chocolate cake, what happens?

You taste it, because your taste buds have been activated. It literally flows down the gullet. It soothes you. The dopamine center of the brain is activated, and you experience a heightened sense of pleasure. You feel soothed and nurtured. The digestive juices come into play, and the body begins processing it. Your inner organs also feel a sense of being cared for, loved and fed.

This is a collective experience. You are not the cake, the cake is not you, but at that moment you are merged. Everything works in harmony. Without any one element: the action, the taste buds, the stomach, the brain, and of course the cake, the experience would be incomplete. That is what we speak of. You will never loose your individuality, your personal desires, your thought processes. But you will collectively join to rise to a new level of vibration.

What have you done, over the years, by attending sessions? You have grown as a collective and as individuals, why do you feel good when you sit in this room, Thursday after Thursday. Are we taking away your personality? Not at all. But you are being enhanced. You have grown as a collective. You are growing, you are widening, you are expanding, through collective energy, you are growing not only because of your own personal pace; you are growing because of the energies around that are also thrusting you up. This is the collective, and yet do any of you feel personally 'raped', or disregarded as an individual? Welcome it, dear friends.

2008 will be a year in which you must work instantaneously, and join with the collective.

YOU HAVE ALREADY JOINED THE COLLECTIVE. Now welcome it into your consciousness and your mind.

When you send that healing to a friend, when you communicate with another, wishing to share your ideas, and thoughts, now do not do it as an individual, **do it as a collective.** Of course your own power will come to the forefront, but then you are backed and surrounded by strength.

We are speaking to you today as a collective. The Sohrab is at front; it is his voice and his eyes, and his mouth and his concepts that are leading this discussion, and he is fully aware of you and himself, but he is feeling the Oneness of the collective. And it is magnificent.

Nar: Talking about the 'collective' are you talking about the collective of the Masters and not about the collective of the group? When you said the collective?

E: And so it is, because there is no separation. Sohrab, today, is accessing HIS power, which included HIS aspects of the Masters, the group, the animals, the plants, the planets, THE UNIVERSE. That is the vastness of the collective.

Nan: Will you tell us about Mother Earth in 2008...(chuckling) have I already asked that question?

E: How she loves to play with words! But since you have already asked it, and we have already answered it, let's move on....(laughter in he room)

Nan: Now you play with words...

E: Since you already know the answer within your Beingness, why don't you begin? What are the changes?

Nan: I have no clue, not yet come....

E: But you do...come ('GI') what are the changes in 2008?

GI: Changes starting with Mother Earth, from within. And...her transition into the other dimensions, we as her children, the choice is ours to go with her or stay back where we are. We do it by changing ourselves from within, and the minute we change, everything changes in the Universe.

Perfect...Mother Earth too is experiencing exactly this. She is moving now, in instantaneous moments. She is manifesting, she is creating, she is changing, and her blueprint is also liquid. With this understanding, you and she must work at the same rate. We are urging you, to now consciously work at that rate; else you will find yourself being left behind. Not left behind in a race, but left behind from yourself, because you are operating there, and your consciousness will be here and this will be the struggle that you will have to face.

You have all worked at changing old belief patterns, examining outdated scripts, and moving forward into the new You.

From time to time, you will find yourselves reverting to old patterns. Someone will point out to you that black is bad, and white is good. You may initially agree, as old response memories will be triggered off in the cells.

But your beingness will feel unsettled. This is the You, urging self to re-examine this. You will then find that you are at a level where you know that neither black nor white are bad or good, both just ARE. (This is the kind of internal conflict that you will face).

At that moment, join up with your own levels of new energy. You will find yourself doing this in every aspect of your life: in relationships, in conversation, in your actions, in your words and in your thoughts.

You will find now, if you examine your mundane everyday thoughts and beliefs, that MOST OF THEM DO NOT REFLECT WHO YOU ARE TODAY. Instantly (Sohrab snapping fingers) change them. Bring them to where you are instantaneously.

Nan: I think there is no effort now, It's just happening...

Est there will be an effort if you are stuck in the fact that there will be an effort.... your old concepts...Let us take a very practical old concept that you had. Healing required a vast group of people to sit and chant and spread their palms, and energize the person, and perhaps lay the hands on that person, and work for 5 days and that was true at that time, it is not true anymore, and if your mind still remains there, it will be that way, but you will feel this pull within you, something is not right here (pointing to heart), that is when you will realize, what are my real concepts today, and what did I think then, and how can I bridge the two, and it requires that one instant (snap of fingers)." I don't believe that anymore."

GI: I experienced this yesterday; I was at Ell's last session of Christ Consciousness and we were asked to heal, strangers, and my partner gave me the name of her neice, I have no clue, just got the word Indira, and I did the healing, don't even remember healing her, I did whatever I was supposed to do, from my power center, and this morning I got a call from Hamsie my partner saying 'Thank you, thank you' and I said thank you for what, and she said that she (Indira) is feeling so much better, she had very bad throat infection, her ear was hurting, and inaudible...and she was very worried....so much better, so much better...I had completely forgotten about it...I never thought of myself as a healer...

...Because you did it and released it...exactly that...We will be with you as the collective. It is your choice that you wish to join or not, even that we will respect, but we warn you, if you choose to separate, you will feel ripped apart from within. Now this sounds like coercion, that you must join 'or else'. It is not external coercion; it is what your own Beingness wishes, else it would not have been the collective choice of this group to 'hear' these words today.

BLESSINGS.