

7th February, 2008

FROM THAT ASPECT OF SOHRAB THAT ARE:

THE KRISHNA,

THE GANESH,

THE ST. GERMAIN.

Channeled by Sohrab

The OM Free Will & Destiny The Energy Matrix Suicide

Trance Channeling begins

🌈 Welcome...let us first touch upon the word 'OM' that you have been chanting today. You are all now aware of the potency of the OM , but are you aware that the OM sound exists in every word, every gesture and every movement in your lives? An obvious one: the word H'OM'E. Home. You are combining Om, (which is 'All That Is,' the Oneness of Self), not with the letter H, but with the 'huh' sound. The 'huh' sound signifies your breath. When you combine the two, you are drawing and anchoring in physical form, the ethereal OM.

Other obvious words like 'Omnipotent' signify the use of the Om for all. There are other words which do not have the obvious sound of the Om. For example, the word 'Peace' does not have an 'Om' sound to your ear, but if you were to hear it in pure sound, each letter when strung together with your vocal ability, joins the other with the Om: you cannot hear it, but it is there.

Within every gesture is the Om. An obvious one is the movement you make, when you are connecting, the circular motion that you (Shireen)often indulge in, is a natural re-creation of the Om in the physical (Sohrab spinning his body). But even in the motion of a raised hand (here Sohrab raises his hand in a seemingly straight line), you are forming, in actual fact, not a direct path, which is what it looks like to you, but you are forming a series of circular motions as you raise the hand, this cannot be seen with the naked eye. Every movement, every gesture is never a straight line. It is always a series of circles.

Your whole body movement is planned to allow circular motion. (Sohrab circulating his hands and feet) all circles, there are no straight lines. Every aspect of your physical existence, the home, the furniture, is made of atoms, all in the Om shape. You cannot escape the resonance of the Om. Any questions about the Om, before we move on? Let us have your questions.

Free Will and Destiny

Group Member: *I was reading a book called 'The Journey of A Soul' and it seems from that everything was pre-determined, what we were going to come and do, whom we were going to meet...flags, indications, this little pendant—this is your soulmate...suppose we miss all that...we must be...as we get so caught up in this illusionary world, what happens to our life then?*

🌈 A lovely question and we must answer this in 2 parts. Until a short while ago, there was a **fixed Blueprint**. Within the Blueprint were fixed cornerstones, which were inviolable, and around those cornerstones were possibilities or opportunities that you could take, different paths.

For those who are not aware of this: in a life course, in an individual's case, marriage to a certain person, **could** have been a cornerstone, and if we are examining that particular hypothetical soul, no matter what he or she did, he or she would find that appropriate person and marry them. Even if they lived across the world, they would be on a trip, perhaps meet up 'accidentally', sparks would fly and they would get married, that was inviolable.

How they chose to go through certain experiences which were contracted as well, after they got married, would have been more flexible. They would have both had the opportunity to examine a certain point of conflict between them and resolve it amicably, resolve it in an extremely violent manner or split and refuse to resolve it, those are freewill choices. They would have to go through their particular conflict – cornerstone, but the options of how to deal with that conflict -- freewill choices. **THIS HAS ALL CHANGED NOW.**

Up to that point, if they were, to use your example, meant to see a certain medallion on the other's neck and were meant to recognize in a flash, the significance, they would. They just would. Now all is fluid. Your Blueprints still exist, but as was discussed earlier, the blueprint is no longer 'a hard and fast rule on a piece of paper drawn with ink', which cannot be erased; it is now like a jar of liquid, that floats and moves: it still has a mass, it still has a certain level of containment, but **there are no cornerstones anymore**. There are opportunities.

In the past, where the cornerstone would ensure that you marry a certain person, the opportunity would still arise today, but there is no definite need to take it, because there is no right and there is no wrong, because with the fluidity if you choose not to take that 'almost' cornerstone, another 5 would appear for you to choose from, and if you refuse to take those 5, another 5 would appear, and another 5. And each one would give you a multi-dimensional path to travel on, which you could grow and learn from, and still experience what you need to experience, but in totally different ways.

For example, many had chosen financial poverty as a cornerstone and come what may; they would exist in poverty throughout their lifetime, no matter what they did, as it was a cornerstone they had chosen to grow from.

Now the same cornerstone of poverty is flexible and if that opportunity arises to be in financial poverty, and you choose 'No, I choose to live in complete abundance', you may now move to the other extreme and live in financial abundance and learn your lessons about poverty in a complete different manner. It may be not financial poverty; it may be now transferred to

emotional poverty. So poverty you will yet experience, but not necessarily in the way even you had planned it.

Group Member: *I got some of my answers, the issue that I have come with, will be changed to another, appropriate manner...we can choose how to work with our issue...*

🌈 Your personal issue, for example, that you have spoken of publicly, is an issue of **lack of love**, which you have manifested diabetes for, you are aware of this. You have already chosen that and manifested it. It was a cornerstone. You can now choose to reverse the cornerstone, you can release that, you can rid yourself completely of the disease and you can begin to love Self and receive love, but you will still choose to learn whatever lesson you have not quite completed, in a totally different manner.

Group Member: *Okay...I am working on that...*

🌈 The choice is still yours. You are not bound anymore, that is the joyous aspect of **Self – Empowerment**. And in few rare cases, you will learn the lesson in an instant and it is done with, it is done with. (Sohrab snapping his fingers). But for most, they choose to now, in this current energy state, shift focus on a roller coaster ride, joyously experiencing poverty for example, sometimes financially, sometimes emotionally, sometimes spiritually, sometimes verbally, and through these different causes, learn their lessons. But even that is not an endless journey, friends. **If you learn the lesson, it is over.** You don't have to continue to live that way. Just the make the choice to learn.

Group Member: *Is this for all mankind?*

🌈 All of mankind...all mankind, however, even within mankind there are different levels of awareness and each person can only work at his level of awareness.

Group Member: *...gift, that we are more now in control of our own future, our destinies and our own makings...*

🌈 And it is a gift given to self by Self...and there is no benevolent God handing out this gift. It is you declaring to the Universe, that you are now Powerful enough to exercise this option, it is as simple as that. The act of exercising this option is your choice. You have changed the cornerstone by declaring that.

Group Member: *Just the conscious intention....*

🌈 And how fast it has come upon you. In a few years.

Group Member: *So how does this all change? What 'matrix' around us changes?*

🌈 Hahahahaha....(laughing heartily)

Group Member: *You always laugh... at my questions.....*

🌈 Dear Beloved Friend, we laugh because your questions can never be answered in a few lines. Each question of yours require a full session, but we will attempt this in a simplistic manner for the group....What is an '**energy matrix**'? Explain it.

Group Member: *Sacred geometry...is simple geometry...or multiplication of geometry... I am confused...*

🌈 (laughing) to answer this we must ask you to free yourself of the mental constraint of linear time. Stop thinking of past, present and future being linear and sequential.

Let us start from sequential time. Humanity, and we will take humanity as an example, has grown and evolved, not only in form, but in consciousness, from your prehistoric days to your middle ages, to the present. You are also seeing what appears to be a speeding up of time.

All that happens along this timeline affects everything else. If, in your caveman phase, you go through a small spurt of knowledge (perhaps you discover that by rubbing 2 stones, you can make fire), that spurt is a huge energetic leap for the caveman. That energetic leap is mirrored in every aspect of your timeline.

Now this is a linear example. But time is not linear, it is simultaneous.

The creation of fire is mirrored by the technological advancement of the Internet today, and the technological advancement of the Internet permits the caveman to discover fire. **Time is not linear, it is simultaneous.** Move it up on its head and compress it, it is simultaneous.

As humanity evolves, and **energy matrices** evolve in a linear fashion, the ones evolving LATER speed up the PRIOR evolution. It is what you have done in your linear future that is causing this leap today.

What you have created in your collective future (now we do not speak of the individual, we speak of the collective), is currently feeding back in a **matrix loop** and creating a rise in consciousness today. This extreme 'speed up' today is forming other matrices, which are looping back to the caveman and speeding up his processes. **Your future determines your past.** Your past does not determine your future.

Group Member: *So that means the energy matrix is an extension of the 'one' more strand of DNA?*

🌈 **The energy matrix is the OM** ... the same figure, the same strand in an upgraded version. Now, when future strands of matrices are being formed, they are naturally at a much higher energy evolution than the current energies. These loop back and feed into current energies, but not all aspects of the future are absorbed, only those which can match, are absorbed, raising the current energies to a certain degree.

These, in turn, generate **current energy loops** that move backward and once again fuel the past to the level that the past can access them. If this **filtration system** was not in place, everything would be growing simultaneously and there would be no illusion of past present and future, which is essential for 3rd dimensional life and growth. It's a fail-safe device which has been implemented on Earth, which does not exist in many other societies.

Group Member: *That I know...*

🌈 Have we confused you enough now ?

Group Member: *Wheels within wheels...*

🌈 Wheels within wheels...is the most appropriate explanation, because wheels within wheels do not just mean, circles within circles, but intersecting circles that move backward in time and in turn form larger loops. The Oms form the symbol of Infinity. The future affects the past; it is not the past that affects the future. Try and teach that in your schools today!

Group Member: *Will the present affect the future?*

🌈 There is a residual effect, because when a loop is formed, there is certain energy from the present that is taken to the future, but that energy is almost powerless in the future, so a small aspect of sacred geometry that is appropriate for the future will be absorbed. But much less goes from the present to the future, than comes from the future to the present.

Group Member: *So how would cause and effect fit in this?*

🌈 Why don't you answer that?

Group Member: *I don't know, that is why asked you...*

🌈 You all view an effect as a result of causes. We are asking you to turn this around now. Has this not been spoken of in manifestation? **Be the effect and the causes will follow.** Why do you bother with the causes? Just be the effect. When you are the effect, you are taking yourself into the future and generating what is appropriate to feedback and cause the causes.

Group Members: *Give us an example....*

🌈 You want a new car and you spend hours worrying about how to finance it. Where will the money come from? How can I afford it? Will it fit into my garage? Can I drive this particular car? **All Causes.**

You are forgetting **the Effect**, which is - I have already manifested a new car. It is there, the instant the thought has come into my head, the car is **ALREADY** waiting for me. Why do you care about the causes? Now start moving towards the car. The money will then fall into place and you will get the car. Don't bother with the causes; go straight to the future which is in effect.

Group Member (N): *So now in this energy, if we have a certain issue which is blocking that effect, how do we work with that? In the Blueprint...or whatever...I need to understand this one...*

🌈 Let us use this same example. You have manifested the car and you are here (Sohrab- left hand) and you are beginning to draw yourself towards the already manifested car which is here (Sohrab moving his left hand to his right hand and making a clap sound) but you along the way have realized you have an abundance issue. You do not feel worthy of receiving this new car. Let us take that as a hypothetical example. You can change that, in many ways, but till you change it you cannot reach the manifested car.

Group Member (N): *Exactly...*

🌈 Yes...but now, how do you change this, which is also in this timeline?

Group Member (N): *and the blueprint, which is fluid...hello... (Sitters laughing)*

🌈 So you have choices, you can choose not to deal with financial lack of abundance and move your lack of abundance to another area...

Group Member (N): *But you have to move that issue...I want everything...I want everything....I want to know how to*

🌈 Choice...it is a choice...One minute...let us explain this....

Group Member (N): *Are you understanding what I am saying...I don't want choices...*

🌈 (very amused) we are understanding this perfectly...Are you understanding? (Group members laughing)

Group Member (N): *I am trying to..With a...*

(Everyone laughing)

🌈 Do you know she speaks the questions for many in this room that is why she is sitting here. It is your energies that often provoke her to speak out, what you don't have the courage to do. And yet sometimes she receives your questions in a loop, and contaminates them with her own energies (everyone laughing) and produces questions you never intended!

Group Member (N): *Hello...but I intended...those...questions (Laughing)*

🌈 And questions she never intended, because she does not even understand the question, leave alone the answer...we are teasing... (Sohrab affectionately patting Nandinie's head)

Group Member (N): *I know...I know...*

🌈 And let us answer this first. So we have come to your recognition that the car is manifest, you have gone in to the future you have **altered the matrix**, you have manifest the car, it is waiting for you. You have returned, you are already empowered to a new level, because the energies of the car have poured back into you now, and you are at a new level of appreciating self and acknowledging your own power-- it is waiting for you. So your own levels of Self-Empowerment have increased. With this new clarity, you have discovered that “my aspect of lack of abundance is holding me back”...

Group Member (N): *Lack of love... Lack of love... Lack of love...that’s my issue*

🌈 We used abundance as an example, but let us switch to yours which is lack of love (everyone amused)

Group Member (N): *I will be clearer with that...yes*

🌈 (amused) Are you all on the journey with us, are you swimming through the currents with us?

Group Member (N): *I am looking for that Red Porsche...*

🌈 Lack of abundance, which in her case is lack of love of Self, and therefore, somewhere within her Beingness she feels she does not deserve the Red Porsche, because that would be a symbol of true love, of Self, and the reason she has chosen red is because it is a very powerful color and it is also the reflection of the heart. Pink and red are variations of the same.

So, she has now discovered that, and a new loop has been formed. She must now examine the lack of love aspect, which she cannot ignore. She cannot pretend it does not exist, but she now has the power and choice to deal with it in many ways, which she did not have before.

She can now directly address it, she can start to appreciate Self and allow others to appreciate her and as she overcame this obstacle, she would start moving towards the car OR she can now differ this to a different dimension, she can say **“It is not about love, I wish to experience that elsewhere, I do love myself enough to receive a car, but I don’t love myself enough to have the perfect physical form yet.”**

Group Member (N): *But I want both....*

🌈 Then you can differ both and move them to yet other areas OR **you can choose to say I learn the lesson, why can’t I have it All.** And in which case you will have it ALL.

Group Member (N): *Thank you...*

🌈 You need to **make that instant realization** and all the aspects fall off. That is what we are saying, because when you make that realization, the energy loop that you are garnering from

the future is so powerful, it is the completeness of love of You, that it is flooding back, into your current and filling you with enough power to overcome the resistance to the car.

Group Member (N): *I am getting it...*

🌈 Slowly...review it later...we are confused here.

Group Member (N): *(amused) you are confused?*

🌈 We... (Pointing at the other group members)

Group Member (D) to Group member (N): *You don't need to think about it, the realization when it comes ...a-ha...quantum leap...*

🌈 Full abundance is the effect; the causes will fall into place. **Why waste your energy getting entangled in causes?** You want the house, create it. Why bother with finances, it will happen.

Group Member: *This is all material*

🌈 Oh no...Dear One, Oh no, this applies to every aspect of your life; we used the material aspect as it is a clear example. This applies to relationships, this applies to love, this applies to every aspect.

Group Member: *In your manifestation, if it involves other souls, **where is freewill**, I don't understand.../*

🌈 Oh yes...oh yes, there is always **freewill**. If you, for example, wish to create a harmonious relationship with a person with whom you are currently in disharmony, it is exactly the same, because you are not attempting to 'whammy' the other person, or to change his/her attitudes, you are in fact growing to such strength and energy vibrations, that your emissions must affect the other person. Now, if the other person needs to be in disharmony, with your raised vibrations the person has to come into harmony in that aspect with you. If the person still wishes to experience disharmony, he will deflect it into ANOTHER area of his life.

Group Member: *So you won't feel it(**inaudible—discussion among Sitters**)*

🌈 This is not attacking another or changing their freewill path, but this is the interplay of energies. **Energies are never fixed**. They are fluid; they are like seaweed floating in a sea. The seaweed will be still be there, but how you merge and which points attach when, keeps changing. That is what happens. Let us have your other question now.

Suicide

Group Member: *..about a very dear friend of mine who seems to be the perfect mother, loves, nurture her children, her son committed **suicide** last night. I just want to know what is her*

lesson, because she has no life of her own except she nurtures and gives, whoever comes. So why her, why this way?

🌈 Let us first speak of **suicide**. Then we will speak of her and in speaking of her, we will protect certain areas of privacy that her higher energies do not wish revealed to this group, so we must protect this.

‘Suicide is wrong’ has been your credo, for many, many generations and yet, even this **is now fluid**. Once again, let us explain this, from the past and in terms of the current energies. In the past, **suicide was a level of aberration, as the soul was severing his energy experience before time**. Yes we use the word time, because we are speaking of your linear 3rd dimensional existence. And in the past, those souls who had committed suicide were never ‘punished’ by an unforgiving God, not at all, but they experienced, when they moved across to Spirit, a certain level of **‘internal energy failure’**. This was not imposed upon them by other souls; in fact the other souls were the most nurturing of those who had committed suicide. But they themselves used to feel **‘energy self deprived’** and they would often choose to reincarnate in even harsher circumstances, to prevent themselves from making the same error, and very often they would repeat it again and again and again, giving themselves such harsh circumstances till such times as they were so energetically furious with Self, that they would give themselves the feelings of wanting to commit suicide, and removing all opportunity to do so. That was living hell for them.

Group Member: *Like living in an asylum...*

🌈 Like being tortured by an enemy and your hands are strapped up so that you cannot even lift the knife and cut the wrist. You cannot even drown yourself as you are strapped to a wall and the life breath refuses to leave the body. That was living hell. All this has now changed. Now suicide is not chosen by many souls, it is not. And a few souls still use it, in the old manner and judge themselves as aberrance, but for the most part it is used as a VERY VIGOROUS EXPERIENCE for the soul.

Group Member: *The soul who departs...?*

🌈 Souls sometimes choose a violent death: a plane crash, a car crash, being hung from the gallows, being tortured to death, for great growth and experience. Suicide is now added to that list. It is an experience the soul often wishes to take NOW with the new energies, to see if they are strong enough to grow from it.

That is what this child has done. It is not an aberration. It was choice. It was choice, and part of the experience of this choice, was to experience the reactions in all the living souls around it. He is currently being observed and judged by many. Family members, the public, the newspapers, and extended groups such as this, who are hearing of it **It was his choice**.

Group Member: *What can I do to help her?*

🌈 We will speak of the mother briefly and then we will guide you. The mother a good soul, a vibrant and loving being, yet had a certain **energetic flaw, in her perception**, over lifetimes. We

are only sharing with you what we are permitted to share by the higher soul of the mother. There are many further details that we will not reveal. Is this clear?

The mother's soul has experienced, in many lifetimes, aspects of being cut off and detached from Self. It has been her pattern and she has attempted to adjust and reclaim feeling and each time she has gone further into the mire. She chose, as a possible option, suicide for self and she decided against it in this current lifetime, changing it instead, with the full consent with the child, to be the living party who experiences the suicide of the child, to shake up those dead feelings. A courageous choice, but one she has chosen.

You can help her see this. She will not listen to anyone else; you can help her see this. The time is not right yet. You will know when it is right, and if you wish, you can paraphrase this and explain to her what she has chosen and why. She will fight you. She will fight you, but slowly it will seep into her consciousness and once again with the current energy levels, it will be her choice, whether she wishes to acknowledge this and grow, or to carry it forward, but the likelihood is, energetically she will be ready.

It was the worst torture she could give herself, and she chose this in complete harmony with the child, who had not incarnated to do this, but worked it through on a higher level in physical incarnation and realized it benefited him too. And so the 2 were "a match made in heaven." A match made in heaven. Do you see you cannot look at things in a linear fashion? You must go beyond the surface.

Group Member: *Talking of manifestation, you must always be the effect not the cause and let's say you are aware of a certain issue, you are acutely aware of a certain issue, which is your blockage in terms of manifestation of...but you cannot see yourself progress beyond your awareness and evolving from repeated lessons in different forms, how much ever strength and awareness you have within and someone mentioned.....realization... that a-ha, but that takes a lot of time, but it comes with a spark, but in my process, it takes a lot of time and a lot of repeated patterns happen in spite of the awareness and awareness is just half the journey...totally unrelated...*

🌈 Listen to your own words, "I cannot go beyond this, I cannot see myself growing further than that, it will take a lot of time." Those are the effects you have created. So you will take a lot of time, you will not be able to go past a certain level, and it will remain. You have created that right here, right now. We are not urging you to delude yourself, and to make grand claims that are not in alignment with your Beingness, but we are asking you to shatter these preconceived notions.

Time that you have spoken of, is very very prevalent in most people's minds. On Earth, time, time constraints, lack of time, I will not have enough time, have been drummed into Self for so many years, is you are actually shortening time. Yes you are. Time is speeding up and your perception of time is reducing. If you declare, **'It does seem difficult, I am acknowledging that, but I am ready now to move beyond this aspect, I am Superhuman, I have manifested this, I have the strength and the courage to identify my blocks and I choose to either work them through or to transmute them.'** It is done. Then where is the question of time?

Group Member: *Okay, when you said 'a match made in heaven' ...was it a blueprinted choice? In her case.*

🌈 Let us answer that. As we have explained, this was not a blueprinted choice, the blueprint is fluid, but both, when in physical incarnation, studied each other's liquid blueprints and came up with this as a possible solution for each other. So it was within the blueprint, but it wasn't pre-planned before incarnation. It was planned on a higher level during physical Earth incarnation.

Group Member: *Each other's souls involved...inaudible...*

🌈 Because it must affect everyone else, friends, family, a group such as this, who is emotionally removed and yet hearing about it, and responding to it from the heart. Each time, the ripples move out: it must affect others, but do you now see the magnitude? The 2 souls together will have gone into the future, examined what would have happened, examined exactly who they would have affected, including this group...and brought those energies back, and with the consent of all who have heard of it and been affected by it, and made the choice.

If even one of you sitting in this room, had chosen not to be affected by this, you would either not be sitting here or you would not be listening to these words. So the ripple effect is magnificent and it must benefit every single person into whose consciousness it arrives, otherwise it has no purpose. That is the magnitude of every major event.

Discussing him today, learning and growing from it. Bless this friend; Help her see this, help her see her power in having created this. Do this slowly and at the right time: you will find the right words, you have internalized this already.

Group Member: *We are using tools to clean our chakras, and how does this help in clearing up the blocks/issues for manifestation? I am using 'Shiva energy'....*

🌈 Tools are just tools. It is your perception of them; you actually do not need a tool. You do not even need to harness the Shiva energy, if you truly believe **YOU ARE ALL**; it is all happening within you. The tool, which was the appropriate step earlier, was to help you climb the steps towards acknowledgement of Self-Empowerment. Now you may continue to use tools if you wish, but at the same time you must hold a paradoxical notion within you, that I am doing this because it feels good to me, but actually has no meaning, because '**I AM THE POWER**' .

This is a tool, a flame (Sohrab pointing to the Diva lit in the room) in a meeting. It is completely unnecessary, but it is a tool that he (Sohrab) is choosing to use completely joyously, knowing that if this flame (Sohrab blowing out the diva) was extinguished, his flame still shines forth.

Group Member: *I got that...*

🌈 Last question...

Group Member: *What you just said, you know when I just started feeling the energies, is coming to me...its very exciting, when I used to sit and I used to connect to the Ganesh energies and all the other energies, 3 weeks ago you asked us to say **Om Namah [YourOwnName]**, now I find that whilst doing that I do not need to take in the other energies, somehow I am saying all my prayers and*

🌈 It is precisely that. It was not incorrect what you have been taught over the years, please understand this. At every energy level you are given information that is appropriate for you, and the information given today will be outdated in another year. Energies must grow and evolve.

Over the past so many years you were taught to access different energies; does this mean there wasn't an 'external' Ganesh, or a Shiva, or a Zoroaster? Of course there was, of course there is, but you are now shifting focus and acknowledging that all these energies are within your own energetic field AS WELL.

What you are actually doing, is acknowledging that your field is not narrow, but it is that wide (Sohrab raising his hands far apart) and all are within you. You were not ready to hear this and to even work with this before, now you are, and so when you say 'Om Namaha Shireen', you are simply BRINGING YOUR CONSCIOUSNESS TO YOUR ALREADY EXPANDED ENERGIES, within which are the Zoroaster, the Mohammed, the Buddha and the Ganesh, and every single other energy as well. So yes, that is exactly what we are saying. Call now upon your Self, acknowledging that these energies are part of WHO YOU ARE. They are not external supreme beings who are reaching out their hands to you anymore. They are now within you. That is your power.

BLESSINGS, JOY, LOVE & LIGHT,

**FROM THAT ASPECT OF SOHRAB THAT IS THE KRISHNA,
FROM THAT ASPECT OF SOHRAB THAT IS THE GANESH,
FROM THAT ASPECT OF SOHRAB THAT IS THE ST. GERMAIN.**