

28th February, 2008
DR LANG
THE GALILEO
Channeled by Sohrab

The Placebo Effect
The Continent of Africa
The Earth's core

[Prior to the meeting, there was a short description given by a doctor of the effects of homeopathy, and during the discourse, a question was asked about placebos.]

Trance Channeling begins

There is no such thing as a placebo. It does not exist. (Sohrab laughing). Why? When any doctor, herbologist, or healer formulates medication, he or she uses all levels of consciousness. At the lowest level, sorting out the various ingredients, putting them together in the correct proportion and weighing them out. At the same time, the higher level of consciousness energizes them and acts as an overall guide.

In a placebo, there is only the supra-conscious energy. The intent of the doctor, combined with the intent of the patient who is about to receive the placebo, which is as powerful as that of the doctor, is put into that 'empty' sugar pill and the trappings of the lower mind don't interfere. The placebo is often far more potent in energies than actual medication. Never again think you are giving someone a placebo. Know that you are giving them medication of such high potency; they would not be able to receive it anywhere else.

Group Member: *Thank you...*

Dr Lang: We have come to bless you (three new group members, who had just received their doctorates in homeopathy). You are truly welcome to the fold. There are a host of medical counselors who are working with the three of you and with many others like you. Guiding your footsteps, providing the necessary impetus, and offering you the opportunities to explore those aspects of Self that you now wish to put into your future careers. You may all think you are going in the same direction, but all 3 will go in completely different directions, eventually. It is for the best and yet there will be a union, a harmony, between the 3 of you. You will always draw from one another, energetically, support each other's careers, and allow yourself to blossom in this holy trinity.

THE BLESSINGS OF DOCTOR LANG.

Read up, explore the Doctor Lang energy. It will serve you.

The three new group members: *Thank you so much...*

Sohrab: All will be well with you...we are working, we are working on the extended family.

Have faith and courage in your own power and ability. Do not waiver, as you have been doing. You are more potent, more powerful, more beautiful than you know. Your energies are ripe to blossom, have faith in self.

You (pointing to another group member) must be a gang leader, and shake up all those around you. You must stir them up. You must agitate them. You must provoke them, you must push their limits, you must refuse to accept boundaries. Be the agent provocateur. That is your mission. And in doing so, you will help others expand and you yourself will expand to new levels of internal vibrations. A huge energetic leap is imminent. It has not come yet, but it is imminent; do not fear it. All around you will seem to change. It's meant to be. Blossom, like a flower. Spread your wings.

The Group Member: *thank you...*

The Galileo: (to another group member) Work with our energies for Self, they will benefit you. Not only physically, but internally. There has been a plateau reached, which you now need to shift out of. An internal earthquake is needed, but not one imposed by external sources. One imposed by you. You need to shake yourself out of internal complacency. You are getting bored with Self and you need to leap, just as she (pointing to another group member) is about to leap. Work with our energies. Spread your wings. Find new challenges that excite you. Go where you have never gone before. Take risks...take risks, it is time.

Remember what you (referring to group member) went through in the hospital. There was a huge awakening of the Soul. There moments where you touched the Divine. You have suppressed much of it. Allow yourself now to open to it. You have made your choice; you have deferred an exit point. You have chosen to return to this physical land. It was your joyous choice and all those around have supported you, on this side and the other. You were surrounded by your loved ones and you still are. (Sohrab laughing, looking at a group member)

We thank you. Let the group heed your words, and let this beautiful group, willingly do some words for Mother Gaia. Let us help you do this work today in a slightly different manner.

We request you to join together as a group, right now. Just sense the energies around you of the collective, and enjoy the Oneness and the power that you share, as a team, a joyous energetic team.

Allow this group consciousness to now begin to bathe the continent of **Africa**. Visualize Africa; begin to vibrate with your group energies. If you are not sure geographically, or physically, of the locations mentioned, just make the intent that you are there. There are those here who are struggling with their knowledge of geography. (laughing) Just make the intent and you are there. Massage the continent of Africa with your energies. There is imminent unrest, and there are pockets ready to erupt. Give it your light. Give it your love. Focus upon **Zaire**.

Aaauumm..... Aaauumm.... Aaauumm..... Aaauumm

Zaire is a particular hot spot at this moment in time. Give it peace, light and love. Do not try and change its course, just energize it with your collective power.

Aaauumm..... Aaauumm.... Aaauumm..... Aaauumm

Now shift focus as a collective to **Cuba** and **Chile**.

Aaauumm..... Aaauumm.... Aaauumm..... Aaauum....

Shift the collective focus to the **San Andreas Fault**.

Aaauumm..... Aaauumm.... Aaauumm..... Aaauum...

You may wash the **Fault line** with light blue-green energies.

Aaauumm..... Aaauumm.... Aaauumm..... Aaauum...

Shift your attention now to **Muscat**.

Aaauumm..... Aaauumm.... Aaauumm..... Aaauum...

Add to this **Riyadh** and **Jeddah**.

Aaauumm..... Aaauumm.... Aaauumm..... Aaauum...

Move now to **Peru**.

Aaauumm..... Aaauumm.... Aaauumm..... Aaauum...

Move now to the **Antarctica**.

Aaauumm..... Aaauumm.... Aaauumm..... Aaauum...

Move through planet Earth up to the **Arctic**.

Create an energetic connection between the **Antarctic** and the **Arctic**. Going in one direction, from the Antarctic to the Arctic.

Aaauumm..... Aaauumm.... Aaauumm..... Aaauum...

Shift focus now to the **Andes Mountains**.

Aaauumm..... Aaauumm.... Aaauumm..... Aaauum...

Shift focus now to the energies below the **Himalayas**, and permit the group to start releasing these energies, that are lodged in the tectonic plates below the Himalayan Mountains.

Aaauumm..... Aaauumm.... Aaauumm..... Aaauum....

Now, as a collective, enter Mother Earth, and move to her very core centre, to her very core centre.

Aaauumm..... Aaauumm.... Aaauumm..... Aaauum...

Enlighten the core with your light. Once again do not intend healing, just enlighten.

Aaauumm..... Aaauumm.... Aaauumm..... Aaauum....

Come back now to full consciousness. Thank You.

Would anyone like to share their experience at the core centre?

Group Member: *There are human beings living there. Light there...not like us...*

Group Member: *Our energies are kept there. Time to time we visit down there, consciously or sub-consciously deposit our energies. Groups like ours have different sectors of crystals in which we go down and keep our energies. They are protected there. That's how Gaia interacts with us, through those crystals.*

Group Member: *I felt like I was with the Creator Force. When I go into theta, in the 7th plane, I have the same experience as when I went into the core of Mother Earth.*

Group Member: *I felt that just as are collective positive energies are stored there, our individual energies, even negative ones are stored as impressions on the Earth, long after we have left our bodies and moved on to other lives or other dimensions, so we have to be very careful as that we are working on ourselves, we don't leave these impressions or imprints behind.*

Group Member: *Pulsating... there is large large layers of civilizations underneath that exist and each...something connected or exits through the Arctic. The force comes from the Antarctic, up from the Andreas Fault, right up into the Arctic and that's way they take in the energy of the Universe in, it starts pulsating inside, and that's what, I know within me, it is so.*

Group Member: *I don't know how to say this, I don't have the adequate knowledge to translate it, it's like an individual carrying group energies, group consciousness in an individual and somebody who does not wish to speak, but is heard at the same time. Something of that potency. It's really divine.*

Group Member: *I saw the centre of the Earth as my own heart pulsating...*

The Galileo: Beautiful...Let us speak today of some of the various aspects that exist within your beautiful home planet. Man has been trying to explore the space around him for so many years, but very little attention has been given to the space below him.

Some earth scientists have uncovered some of her secrets, but as usual, your governments continue to suppress the truth, just as they constantly suppress their full knowledge of Universal Friends (Sohrab pointing to the heavens).

Your earth contains deep within her, many physical and energetic beings. For example, some species of plant and animal life are very similar to yours, and yet they require no sunlight and very little oxygen.

There is a very common kind of underground creeper, like a thick black snake, with horny protrusions that absorb oxygen and nutrients from the soil around.

There are many animals, some akin to your mole family, with hard, conical, shell-encased bodies. They have claws all around their bodies, and move through the soil in a rotating, drill-like manner. They, too, feed off nutrients from the soil.

Most of these wonderful species live at levels of varying energetic pressure, depending on their levels of adaptation. Were they to near the surface, they would not be able to survive.

Still deeper within the planet's surface, there are vast subterranean caverns and indeed civilizations that exist here. These beings are much like you in physical form, but they

have adapted to life under the Earth. They require high levels of physical pressure and heat and very low levels of oxygen, which they access through the shafts of volcanoes, and other fissures in the earth, and sometimes in their enthusiasm to access air and light from the earth, they actually cause some of the earthquakes that you experience.

These beings have a different **energetic mindset** as well as a different consciousness. They are very aware of all of you on the planet, very aware, but they choose not to interact as they have a deep level of **energetic privacy** and they choose to segregate themselves from the rest of humankind and the Universe. They are, however, in full flowing telepathic contact with Beings from around the Universe. And in their energetic travels, they have the full freedom and full consciousness to experience all that is around them; they don't need to physically leave their cavernous dwellings.

The only beings that they have accepted and permitted to intermingle with them are some members of the Ashtaar and other inter-planetary bodies, whom they have welcomed joyously, as telepathically they are fully secure in their privacy. They have permitted these beings to enter their home world and intermingle with them; not physically, but to share the space and do what they must for the betterment of planet Earth.

There are yet other beings that live in the physical earth, but do not have physical bodies at all. They are like 'spirits' in energetic composition and frequency, but they are inhabitants of your earth realm.

They can move effortlessly between strata and realms. They do not need air, water or light, and yet they are sentient beings. Their energy intake comes from the crystalline sources within the earth. They are fed, nourished and regenerated with this power source.

They come to the surface, from time to time, to joyously commune with your energies, not with you in conscious form, but with your energies. And you would be surprised to know how many friends each and every one of you has, from within your Earth planet. It is unfortunate you are not conscious of this. And they are beings you would call friends. Yes, your actual friends.

Group Member: *Whales and Dolphins are aware of them, aren't they?*

The Galileo: Completely, they are in communion with all levels of beings. Whales and dolphins, unlike human beings, can simultaneously function on multiple levels of frequency. In other words, they can carry on a conversation with you several Earth beings and with numerous Universal friends, all at the same time: they can exchange information, access it, hear it, understand it, and comprehend it. And you call yourself superior to your whales and dolphins? Try having a conversation with 20 people at the same time, discussing and absorbing different subjects, simultaneously!

Now going further into **the Core**, there are no physical beings at the core, but there are countless energetic beings. Let us elaborate on this, as it is important for all of you to understand. Exactly what our friend here mentioned exists at the core. THERE ARE ENERGETIC RESONANCES OF ALL OF YOU, HOUSED IN THE CORE OF MOTHER EARTH.

Let us take you (referring to a group member) as an example: you live a full life on Earth and at one point you will exit. The memory bank of your energies will be stored in the core, very much like a bank vault. The sum of all her experiences, her growth, her perception, her personality, her rights and wrongs, her do's and don'ts- It is almost like an **energetic hologram** of her playing out over and over and over again. Each and every one of you has this. Now let us say you have been on Earth 20 times in past incarnations, all 20 of those aspects of Self are housed simultaneously, one inside the other, at the core centre.

Let us say you (referring to another group member), for one existence, have been vicious, nasty, evil and cruel and in one existence have been a virtual saint. Both those aspects combine and get stored as parts of the energetic entity, within the core. When you reincarnate back on Earth, an instant connection is formed with all that you have deposited there and you have the right, (just as you have the right to enter your bank vault and take out whatever you wish), you have the right to access any aspects of you and draw them back into your physical being, during the current lifetime.

Now this is not the sum total of Who You Are, because at all times you are also accessing your own growth, your own universal consciousness and own aspects from other existences, but this is a repository that you will always have on Earth, should you choose to return.

Let us extend this further. You belong to certain family, in this lifetime, you have a husband, you have a child, and you have a mother, a father, a mother in law, father in law and an extended family. There is also a core energy: the family karma, the family experiences, the family growth, that is stored as a link to your basic energies. Just as you have link on your computer, leading from the main page to a subsidiary aspect. If you had 20 Earth families, those are linked to your core beingness. So once again when you return, you have access not only to your own energies but to any of those 20 core family energies, and aspects thereof. Has this much been understood, before we move further and complicate it even more? (laughing)

Now, this is important. THE CORE CENTER OF PLANET EARTH IS ALSO AN ENERGETIC PORTAL, LEADING TO DIFFERENT ASPECTS OF THE PLANET, AND ALL HER BEINGS.

You have heard of the existences in space of '**wormholes**': energetic tubes that take an object or a being, from one dimension and time, through the hole and out in a completely different dimension or time. It is the same with planet Earth: there are

many, many simultaneous aspects of planet Earth that exist not only simultaneously, but in inter-dimensional form and you can access these by going to the centre of the Earth, entering the appropriate wormhole (though they are all concurrent) and permitting yourself to exit as and where you wish.

Just as you have now understood that you are in physical existence here, but there are echoes of you stored in the bottom, which you can access at any time; Mother Earth has to only go into her core centre and access any aspect of Self that she wishes.

For example, there is simultaneous aspect of Mother Earth that is a pristine, beautiful and unoccupied planet. There is another aspect of Mother Earth, where there has occurred complete nuclear disaster, holocausts and there are no humans or other beings left as they have killed themselves. There is yet another aspect of Mother Earth that is in conflict, plodding along, growing in certain areas, weakening in other areas. They all exist either simultaneously or in different dimensions and Mother Earth accesses them from her core centre. And now comes the important point. **SO CAN YOU.**

Just as you are God, so is she. Therefore she is you. So you work for the healing planet Earth it yet another way: go within the core centre, and access that aspect of mother Earth that is most appealing to you. And remember: different aspects appeal to different people. Access that aspect that appeals to you the most, draw it back through the core centre and proceed to manifest it in this dimension. That does not mean that instantly all that you know will be wiped out and there will be now a pristine Mother Earth sitting around you. But it WILL mean that you have energetically accessed that aspect that appeals to you and you have physically superimposed it (Sohrab wrapping his left fist with his right palm) on the planet around you and when you have superimposed a certain energy, it HAS TO affect the current energetic structure.

Homeopathic medication does the same. Do you now understand the significance of the homeopathic pill and its essence is a mirror of Mother Earth and her various dimensions?

Group Member: *What happens when the magnetic fields change, what happens to Mother Earth and what happens to all its various layers?*

The Galileo: Magnetic fields and other energetic sources akin to magnetic fields are constantly in flux. They constantly shift slightly, test themselves, push their own boundaries, and attempt to mutate and grow, and experience new aspects of self.

As Mother Earth does this, at times more rapidly and at times more gently, her effect is naturally radiated outward towards all her inhabitants, who begin to experience the same shifts within self. These energetic exercises sometimes leave you feeling bewildered, lost, traumatized, confused. And sometimes energized and revitalized.

Remember, she and you are working as one, and all are drawing to self the experiences of growth and development.

When there is an infection in your skin, often a boil erupts, and pus comes out of it. This is a natural and very healthy process, permitting the infection to be released, and healing to take place. Energetically, you work in a very similar manner.

The tides and the bodily fluids are not only governed by the moon, sun and the magnetic fields of earth, but also by energetic influences of different aspects of earth through the wormholes just described. Mother Earth and her inhabitants draw through these aspects, that which they cannot access directly from the current dimension.

She does this from time to time several times a day. She is constantly reinventing herself, giving herself opportunities and different options through which to grow.

Do you not observe this in self? Is your mood exactly the same from morning to night? Of course not, you change moment to moment. You re-examine your thoughts, feelings, and emotions constantly. You experience highs and lows. You are mercurial. What is happening? You are constantly exploring different aspects of Self and each one takes you closer to defining **Who Am I?**

I am not all one thing. I am rage, I am happiness, I am sorrow, I am pain, I am confusion, I am joy, I am All that is, I am All that is not.

The more you reject aspects of self, the more you keep re-visiting them, to teach self that all is part of the Who I Am.

Group Member: ...synchronicity...(inaudible)

The Galileo: Dear friend, it is not just the sun and the core centre of Mother Earth. Each aspect of the Universe is releasing energy and going through upgrades and changes and each one affects the other; not just those in close proximity, but those across the galaxy.

A certain energy maybe triggered from the galaxy and hit planet Earth. A certain vibration is created in planet Earth; she rediscovers Who She Is and sends out 20 other beams which hit various specific planets around the Universe, and they in turn energize others. This is the **Cosmic Dance**.

**ENJOY, LOVE & LIGHT.
THE BLESSINGS OF THAT ASPECT OF SOHRAB THAT IS
THE GALILEO.**

