

5th June, 2008
THE EMISSARY OF LIGHT
Channeled by Sohrab

The Pure Light Quotient in Us Working with Prana

Trance Channeling begins

Each of you has a very specific quotient of light that you house in your individual physical bodies. Were we to use your percentage scale, the average percentage of light, **pure light, that each one holds, is between 60 & 70%.....**

When you are in a state of spiritual or meditative expansion, you raise this quotient to approximately 90%.

When you are in a **state of depression**, dismay, despair, disgust, disillusionment, you lower this light quotient to about **40%**. When you go deeper into this state and it drops below the 40% line, the physical body then is shed. This can be shed either by you exiting straight away or by acts such as suicide.

Now, having understood this and having understood your light quotient is approximately 60 to 70% at a given normal time, what about is the other 30%? The other 30% are fluctuations that occur within you: part of this are gaps, spaces, or capsules which you use to fill with new information, new energies, new discoveries, these gaps will always remain like containers within your light quotient.

You first take in the new energy, the new information, the new growth into these capsules, you filter it into your light quotient and it then becomes part of your light. At the same time, through these gaps you begin to shed aspects of Self that you now do not require in this energetic & physical Beingness.

Debris, old patterns, old concepts, outdated notions, aspects that no longer fit with your Beingness. Not all of this is debris, often you are simply 'upgrading' self. It is rather like redecorating your home with new furniture and fixtures that now suit your more sophisticated taste.

What you release through these bubble-like capsules is either sent into the Universe to be transmuted or sent to others who would find it useful in their scheme of NOW. Is this much clear?

Please understand we are talking today, not in energy terms, not in physical terms, but in terms of **Pure Light**.

Now any disease that manifests in your body is due to an absence of any information in these containers. The containers can never really remain empty at all times, they are either **receptacles** to absorb new ideas and information or chambers to release aspects into the Universe and if they are left empty, for too long a period, often a disease is manifested which is then taken into the light quotient and dims your light.

You have so many phrases in your English language, about 'idle minds being the Devil's workshop' and about 'empty vessels making the most sound' : see how these truly apply to Self! Now an important thing to note: the chambers must lie empty for very brief periods of time, but if that period of time is exceeded, then they become open areas of attack.

Understand this now when you are working with people and sending them light and energy. As you have already been told, you are not permitted to try and 'fix' people, you simply outpour your light and allow them to do what they need with it, and you have all understood this.

Now understand how they take it into their Beingness. For those whom you have mentioned and many others, for whatever personal reasons which we will not explore today, they have these gaps in their Beingness and your light collectively and individually will enter them through these container-like gaps, expand the container and permit them to absorb your light into their Beingness, in a manner best suited to them. This applies to every aspect of depletion: physical ailments, emotional problems, sadness, despair, etc. etc.

It is also important for you to remember, when you are feeling low next time, to check your containers, intuitively check and find out if they are empty and have been empty for too long. Some will be full and some will be empty.....and in the empty ones start to draw in Universal light, prana, energy, call it what you wish. Fill those containers and then allow your own energy quotient, your 60 to 70% light body, to start absorbing from those containers. If you use this visualization you will find it very easy and simple to start energizing Self.

Group Member: *Is it a very long process?*

The Light Emissary: Not at all. To fill those containers takes one thought. A micro second, but to allow that to filter into your light quotient will take more time. Simply

activate the process consciously, and then allow it to continue on its own. It may take a day, it may take a minute, it may take a year. That will depend on your internal processing, of which your conscious mind will have no idea.

Group Member:*But some diseases are very short term and some diseases are very long term...can you explain?*

The Light Emissary: One minute...let us clarify here, this is not going to instantly wipe out all diseases, naturally not, because you have contracted at times to undergo certain experiences, this you already know, but by doing this little process, you are simply fine-tuning your own light quotient body and you are permitting it to work in a smooth manner, to your optimal satisfaction.

Let us say you have undertaken to experience a certain disease, and its fallout, for a few months, those few months may reduce to certain degree, but they will still continue, however the manner in which you undergo the experience will be at its smoothest and easiest.

Let us begin here, right here, right now, by each of you viewing only your own light quotient. Do not mix this up with an energy body. Ask Self to reveal your light quotient at this instant of time and get a percentage number.... The first number that flashed into your head is accurate. Now examine these containers around you and there are hundreds. Some will be full, some will be semi-depleted and some will be empty. Ask Self, 'Am I predominantly full or am I predominantly empty?'

For those of you, who are predominantly full, just ask the Universe to fill and balance those that require a little prana. For those of you, who have found yourself predominantly empty; begin to draw into these containers Universal prana....Now. **PULL!** It is done.

Now your containers are all full. Now just liaise between your light quotient and these containers. These containers are floating through your light quotient; allow them to start seeping into your light. Visualize this in any manner you wish. Watch your own light body you will see it starting to get healthier and fuller.

Now if you have a specific area or series of areas in your physical body that you want enlightened, allow your own light quotient to flow free in these areas. You are all now working between 80 & 90% .Continue to draw energy into your light body till this group collectively reaches 87%.....YES you are all now at 87%.

You will now begin, by working through a gatekeeper, who will be our friend –a group member 'N'. You will work as a group; she is the doorway through which you will pour group light at 87%. Focus upon her and see your group light flooding through her. First it is illuminating for one she knew of as her husband, you will illuminate him through her.

Watch his energies vibrate as you pour group light into him. You will continue to pour light into him and you will scan him. If anyone is receiving personal messages from him, just take note of them. All others; please continue to flood him with light.

You will continue this work and simultaneously you will now flood our friend (referring to another group member 'M'). You will continue to do this through group member 'N', who will serve as the gatekeeper for the work today. Scan our friend, group member 'M', if you receive a message for her, make note of it, if not continue to energize & enlighten her. You will now continue the work simultaneously, with group member 'N' s **husband** and **group member 'M'** and you will add through this doorway a stream of group light which will illuminate our friend – another group member.

If anyone feels energy pull with her make a note of it and others just enlighten her. You will now add another strand of group energy through the gateway to our friend '**P**' and you will illuminate her and if you receive a message or any information for her make a note of it, if not, just flood her with light.

You will now add another strand now to T's relative in Bangalore and you will illuminate him. You will add another strand and you will now illuminate all others that were spoken of today....G's relatives, Ge's contacts, D's contacts, I's contacts, and you will flood them with light and you will now continue to pour energy through the gateway and you will take the same light back into yourself and you will heal Self **NOW**.

You are being cleansed and purged of emotional disturbance, physical disturbance, imbalances inaccuracies... you are enlightening your own brain, you are enlightening your own physicality, you are enlightening your own skeletal structure, you are enlightening your own blood streams, you are enlightening the fluids within you, you are enlightening your muscular structure, you are enlightening your skeletal structure, you are enlightening your 12 body system, you are enlightening your own senses, you are enlightening your Unified chakra, you are enlightening every single chakric point within you, you are enlightening Self. **Fill with this light.**

And with this light now expand as a magnificent group and cover the entire planet Earth. This group is working specifically for planet Earth today, within her, around her, for every single aspect of planet Earth, her oceans, her seas, her rivers, all water bodies, all mountains, all grasslands, all foliage, animals, birds, plants, insects, minerals and Beingnesses that exist within her and upon her.

You are extending your light to all Universal friends who are working within her. You are doing a great service to the Mother today...become One with the Mother.

7 ancient symbols are being released at this moment. These are energetic symbols that have been stored deep within Mother Earth...in various locales and hiding places, they are being released as you work. Do not question them; just allow the symbols to be

released. They will be released and will become a part of your atmosphere. They will begin to change the energetic and scientific components of the air you breathe. They will provide new insights and new energies to the air around you...the scientists will note a shift in the chemical composition of the air you breathe; this is due to the symbols you are releasing right now. 3 have been released; continue to merge with planet Earth. The other 4 must release shortly.....

Auum..... Auum..... Auum..... Auum..... Auum.....

It is done. Joyously remain as a united Beingness, a united group, and a united planet and come back to full consciousness and hear the declaration of the newest member (G's baby) of this group, who has chosen to join in utero.

Our new friend has added energies to the group and has declared Self a part of this energetic collective and so you should. The power contained in that Beingness supersedes the power of all sitting here collectively. This is not to demean anyone's individual power; it is simply a new generation of power that is being created. It is simply different, it is not better, not worse, it is different. But should that Beingness choose to exercise its power to the fullest, that Beingness and many others like it can move mountains... literally. Welcome, welcome, welcome!

The 2 friends spoken of today ('G' & 'K' had spoken to the group at the beginning of the meeting, relating experiences of comatose patients) have been very much present with this group today. They both join in complete joy and acknowledgement of the power they wield and you the power that you wield. They have chosen, both of them, to be energetic sentinels for this group, for the next one calendar year. They will be in attendance, not only in physical meetings such as this, but in all group energetic work, guiding from the Spirit realm, channelising, fine tuning, and blessing all those who generate the power and all those who receive the power generated.

You have 2 new group members as well. Please welcome them into your hearts. Both souls wish you to know that they are in complete energetic joy and that the contracts both have undertaken with their personal families and those in their periphery are in perfect harmony. No help is needed for either soul, no help is needed for either soul, but if you choose, as individuals or as group members, to energize the loved ones who are in the physical realm, you may do so joyously. Even they do not need your help, but they would welcome your unity. Do you see the difference?

You are not to send the loved ones pity, you are to send them GLORY, pity will be instantly rejected by them. If you have even a thought of 'poor thing, how is she surviving' they will deflect that energy from their structures, but if you send them LOVE, GLORY, MAGNIFICENCE, they will welcome it, so go ahead and bathe the family members in any form of magnificent light that you wish. No help is required, but acknowledgement and spreading of the word is welcomed.

You are all individually, today, vibrating at a very, very high level of light. It is recommended that you are careful, at least till tomorrow morning, with your energies as you could unwittingly blast people in your physical vicinity. Attempt not to get angry or irritated with anyone this evening, as you could do them energetic damage. If anger or irritation does come up, we recommend you simply physically move away from that person, you will have all settled by tomorrow morning, when you wake up.

Once again, if there is any electrical disturbance in your homes today, you know why it is occurring. If instruments malfunction, if light bulbs pop, have no fear, it is simply you coming into alignment with a very, very new level of personal light you have acknowledged for the first time today.

Group Member: *If the May energy is over, what do we expect from the June energy now?*

The Light Emissary: We will briefly touch upon this....You can expect from the June energy exactly what you draw to Self. The energies will be entirely different for each individual. There is no group world energy for June....It is like a vast empty theatre and each one will draw the appropriate actors and play around them. Comedy, tragedy, drama or farce, depending on their personal desires, that is the level of the power that you are now wielding.

So for June do not sit and blame the Universe and the stars and astrology for anything. You are creating your own energetic environment and it will be different almost for every person, **YOU WILL BE THE CENTRE OF YOUR OWN CREATION.**

Group Member:....*critical mass...?*

The Light Emissary: Exactly.....You are being taught tremendous responsibility; it is like the naughtiest boy in the class being made class monitor....you are being taught that level of energetic responsibility, that in June you will find you have to be the centre of your own Universe. **YOU HAVE NO OPTION.**

You cannot now deflect it elsewhere and try and make an external master or an external guru, or an external family member or an external husband, the person is more important in your life than you. **You are truly the centre of your Universe.** And today's energetic session (consciously pulling Self up to 87%) was preparation for this. You can all do it.

If you all allow your own energies to drop down into the 30s & 40s, you know where you will go. If you allow them to sink below 60%, you will find yourself upset and in turmoil, and if you keep them between 70 and 87%, you will have a magnificent June. Your choice.

Do not blame the elements, or the star configurations, or the astrological charts, or the tarot cards, or the gurus, or the channeling,. You are truly creating your reality in the month of June. Any more questions?

Group Member: *Define Light?*

The Light Emissary: Let us talk about light today in a completely different manner, just to add a new dimension to your awareness. So we will not talk of light in energetic terms or in physical, spiritual terms or in scientific terms.

LIGHT IS COMPRISED OF DIFFERENT LEVELS OF CONSCIOUSNESS. And it's refractability, like the facets of a diamond, depend on the levels of consciousness that you have absorbed into your Beingness.

Each time you add a new layer to your own light, by coating it with a new level of personal knowledge, growth, wisdom, universal truth, acknowledgement of Self, etc...etc...you add a new layer to the reflective surface of the mirror. It is like adding layer and after layer of the shiny surface of the mirror, but unlike a physical mirror which would just get thicker, in terms of light, the more you add the more refined it gets. The more you add the thinner and finer it gets, the more you absorb the more it reflects, it is like the opposite of a black hole, and the more you reflect, the more you draw to Self, and the more you draw to Self, the more you reflect.

And this, when in physical form, translates to a light quotient that you hold within your Beingness that actually makes your body work, that actually make your brain function, that actually makes you radiate an aura that draws others to you, that actually keeps you 'ticking'. If you had no light, you could not exist in this 3rd dimensional form and when you are not in 3rd dimensional form, when you are in full Spirit form, your light knows no boundaries..

Now begin to understand why we say that all are interconnected, because when you are pure light, as each and every one of you is, every time you merge with another's light you are simply absorbing that into your Beingness and reflecting it back at a higher quotient. So you are all reflections of each other, and each time you come into the ambit of another magnificent light being, it is like a series of flashing lights that gets stronger and stronger, till there is no separation between you and another and yet there is a core within that mirror that has to be individuated, which is your purity.

GREETINGS FROM THE EMISSARY OF LIGHT.

