19th June, 2008 THE COSMIC BOARD *Channeled by Sohrab*

The Cosmic Board The Cosmic Lattice Earth: The current core center of the Universe

Trance Channeling begins

As we speak, more and more of the Universal friends are now specifically targeting the various governments and the other institutions around your globe that are in power and are also targeting the media and are making direct contact. This is happening in a phased manner.

Governments and responsible institutions are first being given the opportunity by the Universal friends, to release the suppressed information themselves. This is Phase I.

If they continue to resist, as they have done all these years, Phase II will be implemented, where the universal friends themselves provoke several government representatives and media personalities to speak out publicly.

Stage III will be the appearance of the Universal friends themselves, at selective locations around your planet Earth, till there is no denying their presence.

This three-step plan is being coordinated with extreme delicacy, as unfortunately Planet Earth and most of its inhabitants have an inherent fear of aggressive invasion from the Universal friends, which is completely erroneous, as you, dear friends, well know.

Wide-spread panic cannot be allowed to reach critical mass, as it would adversely affect the growth of human kind, which is moving in a positive direction right now. Hence a very gentle phasing of news items, more and more TV interviews and Internet footage, more and more people recounting personal experiences, more and more visual sightings, and more and more enlightened friends like you to speak openly to others, to help them understand that it is imminent and it is joyous.

To facilitate this three-stage plan, which is now in effect, a certain energy strata has been created around your Planet Earth, this has not yet been fully observed by your scientist. Let us try and describe this in simple terms. The earth is surrounded by atmosphere which you have classified as the Troposphere, Stratosphere, Ionosphere and Exosphere.

A new band has now come into existence, between the Ionosphere and Exosphere, which is devoid of energies. This region stores thoughts, vibrations and facilitates communication of all kinds. The 'lack' of energies permits these to be stored in their purest form.

You can now access Universal knowledge very easily...all you need to do is 'intend' that you are there, and you will be flooded with knowledge in its pristine form.

Group Member:— This sounds like the Cosmic Lattice! The Cosmic Lattice is not a grid, it is emptiness, it is source's way of sending new communication. The scientists are now calling it *plasma*, because it has energy. The only thing in this is, it cannot be (inaudible) ...with your intent, it vibrates more, but if your intent is, lets say, a little bit not in sync with what is wanted, then you may have upheavals, so the question is to be cohesive and use this lattice. Just by having thought and intent within you, and it spreads, lets say if you want abundance, just have the consciousness within you "*lets have abundance*" - let us now think of the bottom billion, the poor and see that they have food, there is no reason for all of us to be afraid that there is no food, it is being created by the government heads, which our friends are working on. I hope it's a good explanation.

The Cosmic Board: Thank you! Many sharp raps are being given to governments and government heads. You will witness shake-ups in several cabinets. The ones you call the Illuminati, those nameless and faceless power-hungry people, who work to upset the balance and alignment of earth and her inhabitants, are soon to be flushed out and exposed.

You have all been experiencing strange mood-swings, and physical and emotional upheavals. You are sensing the presence of new and very powerful energies that are sweeping through your planet, routing out the old ways. The jigsaw puzzle of your life is being disassembled and put together again, piece by piece, to form a completely new picture. Do not resist! Go with the flow. If you don't, you will only do yourself a disservice, and cause self unnecessary pain and trauma. No external Master, guide or friend will be permitted to push you back on track.

Heed these words: YOU HAVE THE POWER, YOU CAN MAKE THE ADJUSTMENTS, YOU CAN ALIGN OR YOU CAN CHOOSE TO SHORT- CIRCUIT and no amount of prayers and entreaties to the various Gods, Goddesses, Deities, Angelic forces and other Masters will be of help to you at all, as you have declared yourself fully empowered! These magnificent beings, who are always there and who will always be there, will stand aside and support you through whatever process you are going through, including your own destruction, if you so choose.

Questions before we proceed

Group Member:-Will there be certain civilization getting in touch with us (inaudible)?

The Cosmic Board:– Yes indeed. Just as, in the past, on Planet Earth, before there was mass media and communication, you had The Jesus and The Buddha and The Mohammed and The Zarathushtra speaking to different groups of people around the planet, preaching the same content, so will it take place now.

Various Universal Friends will now communicate with you, using your multi-media, and will offer you expanded points of view and different opportunities to grow and study. They will widen your horizons. Different human beings will be drawn to different groups of Universal Friends.

But the information will be there for all to access. And yes, soon enough it will be common knowledge and quite easily accepted that there are magnificent beingnesses in other parts of the galaxy, the Universe and even other Universes.

Group Member:– Why is Planet Earth so very special? Why are so many space beings watching us now?

The Cosmic Board:– Planet Earth is special for many, many reasons. As are other a part of the Universe, as are other galaxies, but your focus is naturally here.

Let us reiterate a point that has been made before: Planet Earth is one of the few civilizations that experiences free will. It has been, and it will always be, a beautiful tourist destination for many other species who do not have your experience of free will where you can make choices, where you can err, where you can retard your progress, and having this level of free will makes you amongst the most courageous beings in the Universe. It is much easier to function in full alignment with the light where you do not make the kind mistakes that you do on earth and yet, it is through these mistakes that you grow, you develop, you learn, much faster than many other races.

Group Member:- That means that we are able to access all dimensions very fast?

The Cosmic Board:- Yes

Group Member:- Because of our free will choice?

Sohrab – There is a dichotomy here: You have the 'veils of forgetfulness'. You have separation from your full consciousness. And yet, at the same time, you have a paradoxical knowledge that you are in full consciousness and you are fully connected with every aspect of the universe.

Group Member:- (inaudible)

The Cosmic Board:– Exactly! Are you not holding these two concepts in your own beingness? And yet you are not able to fully merge the two and your whole process of growth and development is to exercise both aspects, so that they begin to overlap and intertwine. Now, of course they cannot overlap and intertwine completely while you are in third dimensional form, else you would lose this physical form, but you are exercising your muscles now, by pushing your boundaries so that you begin to intermesh these two aspects to a greater degree, and yet remain in physical existence.

Group Member:— So the choice is to remain in physical existence? This is the most crucial part of this time.

The Cosmic Board:– Now let us not judge those who are choosing to exit right now, they are doing so, because they have gone on as far as they deem necessary, in this particular life time, and wish to continue the work in different forms. But for those who are in physical existence, at this moment of now, on this planet, are brilliant, magnificent, vibrant, exciting souls. It may interest you to know that most of you have been, in many past lives, highly mathematical, scientific or philosophical beings.

You may laugh, saying to yourself, "I don't know the first thing about mathematics or science!", but most of you are so evolved in these areas that you have chosen to sever your connection with these aspects of self in this lifetime, to focus on growth in different areas. These experiences are now entering you cellularly and vibrationally, and will enhance your future existences in the same fields.

Now, let us give you another reason for why Planet Earth is so important right now. The universe as you know, has no beginning and no end, therefore it has no specific center. Is this clear? Therefore, at various critical moments in time, where the universe as a collective consciousness, wishes to shift and grow, chooses and designates an aspect of itself to be its heart or core centre. AND RIGHT NOW, EARTH IS AT THE DESIGNATED CORE CENTER OF THE UNIVERSE!

Does this mean you are special? Of course! Does this mean you are special? Of course not! (All laugh)

You have simply chosen to experience being "at the right place, at the right time" for personal growth!

Group Member:- So that is why they, our Universal Friends, have come to see us!

The Cosmic Board: – Some have come to watch, some have come to experience it for themselves, some have come to help create it, some have come to facilitate your

progress and others have come to channel the magnificent core energies to appropriate regions of the Universe.

It is the core, it the hub, it is from here, now, that information is being generated, disseminated, modified, vibrated and released to different parts of the Universe. Are you beginning to see how important this 'zone' is, right now? And hence, as we said before, it is beautiful cosmic experiment as even the cosmos, in its infinite wisdom, does not know exactly how all this aspect of core centre energies are going react, expand and grow.

Group Member:- Because it is given free choice

The Cosmic Board: – To use an earth analogy: When a country chooses to host an international event, such as the Olympic Games, they must then build the appropriate arenas, they must budget for it, they must build accommodation for the multitude of visitors, they must foresee and provide for numerous tourist demands, and they must restructure themselves greatly.

Earth, and her surrounding environs, has chosen to joyously host this core centre.

Group Member:- Are human beings going to see our Universal Friends physically?

The Cosmic Board: – Of course!! And by the way, aren't you seeing one merged with him (Sohrab) right now?

Group Member:- And are they going to help us detoxify this Earth?

The Cosmic Board: – Ah! Once again, you want to be spoon-fed!

Group Member:- Always!!

The Cosmic Board: – They will serve to aid you in your process of growth, in whichever manner you choose. You are the power!

Slowly, as contact becomes more frequent, the peoples of earth will become more accepting of this aspect of their own Universality. Unfortunately, there exists a large segment of human beings who are so strongly rooted in old conditioning and fear, and whose hatred for the unfamiliar is so entrenched, that they will revolt against contact. It will then be upto you to rectify this.

Group Member:– Can you enlighten us on the trouble in Tibet, and explain why this has been chosen?

The Cosmic Board:— That has little bearing on the topic being discussed today. Let us, however, touch upon inter-related aspects of it.

You are already aware that various 'pockets' under the earth's surface are now being unsealed. Some are revealing physical energetic tools, and others are releasing new energies, to facilitate your growth and development.

We spoke last time of various energy symbols being released into the atmosphere, which have now changed the composition of the air you breathe. This, in turn, is affecting all of you, and is creating an awareness that is now going to permit the communication that we have just spoken of.

Certain regions like Tibet, Zaire, Zimbabwe, Chili, and New Zealand, have begun to release energies from within, which are appropriate for the growth of all on the planet. In some areas, artifacts have already been unearthed, which are highly sophisticated energy tools, to be used by you now. These are being placed in Museums as ancient relics, but their true worth will shortly be discovered.

These are not to be placed in a museum, they are to be harnessed and used by humanity, but a certain level of critical mass consciousness is required for you to access them and utilize them with responsibility.

Group Member:- Where are we now? What is our scale of consciousness?

The Cosmic Board:– Every aspect of consciousness (liquid light) has a critical mass of its own. There is no general standard of critical mass.

Let us take the example of critical mass when it refers to the 'acceptance of Universal Friends' (Acknowledging their existence, welcoming them without fear, and inviting in their knowledge and wisdom)....Critical mass here would be 70%. Earth has, so far, reached 55%.

Critical mass with reference to your concepts of distributing food and oil around the world, of pooling your resources to benefit all, and to see the world as a unified body, rather than as a collection of differing countries and peoples.....75%. And your level so far? 12%. A long way to go....

Group Member:- So you better do something about it. (all laugh)

The Cosmic Board:- YOU better do something about it !!! ,

Group Member:- Our wish is your command (all laugh)

The Cosmic Board:– And what critical mass has she reached in her own growth and development? (all laugh) Shall we speak of that?

Group Member:– Oh please do! I have moved quite far...I'm very happy with my growth!

Group Member:– We can raise the critical mass in different areas?

The Cosmic Board: – You can, by touching the cosmic lattice. It is a short cut for you, just go there and all the information is clear, vibrant and energy less, energy less, it is up to you to connect your energy to it and then it becomes your information, your field, your creation.

We urge you: Stop working outside of yourselves, stop healing Earth outside of yourselves, stop sending light outside of yourselves. Simply create a field within self and work inwards. In doing this, you are acknowledging your oneness with the Universe.

Greetings, Blessings, Joy, Love, Light and Radiance

FROM THE COSMIC BOARD.