

3rd July, 2008
UNKNOWN ENERGY
THE MOTHER MARY
Channeled by Sohrab

Birthing Processes in different Civilizations Cosmic Shame Masculine & Feminine Energies

[Prior to the meeting, there was a detailed discussion about giving birth, and the role of women in this process, over the ages]

Trance Channeling begins

🌈 So much talk of birthing and so many men in the room today!

The ancient Mayans used sound vibration to facilitate the birthing process. The women were exposed to a series of arrhythmic sounds, created by various instruments, played by musical masters. And these vibrations were accessed by the cellular structure of the body, lubricated the muscles, opened up certain areas, contracted other areas and facilitated a smooth and easy passage for the new soul. The women went into a musically-induced state of light hypnosis. Their entire bodies 'sang' orgasmically with the vibrations...yes, it was delightful and pain-free.

The ancient Atlanteans used the power generated by the crystal and the Sun in a similar manner. They used bursts of light and sound, which once again facilitated a smooth and joyous process of birthing.

Your ancient civilizations of Mohenjodaro and Harappa primarily used herbs: herbs, in this case, worked in a similar manner on the cellular structure. Women were fed a series of specific medicinal herbs from the point that they were pregnant, to the point of delivery and the buildup of the herbal essences in their body, once again, facilitated an inner lubrication that permitted an easy birth.

Each and every single ancient civilization, those of your planet and those across the galaxy, have a certain harmonic resonance that they create within their physical bodies to facilitate this process.

Do not forget that, on earth, in ancient times, the power of the female was in predominance. Feminine energy, and not masculine energy, was the prime thrust. When

an energy is in predominance in a society, external energies conspire to aid it in every form that it wishes to express itself. In that era, the woman, her creativity, her passion, her emotions, her vastness, her aspect of being the receptacle of God, were of such divine importance that the energies around conspired to help her own cellular structure open like a flower, at the point of physical delivery.

Then came the change and masculine energies came into predominance. Women were then given a back seat, they were shamed, they were taught to be ashamed of who they were, they were taught to be ashamed of their own sex, they were taught to be ashamed of pleasures of the physical body, they were taught to be ashamed, ashamed, ashamed. It is this shame that caused the pain. Shame and pain are inexorably intertwined.

It would be interesting for all of you, men and women alike, to look at your points of greatest pain, in this existence, and to trace the root back to the shame aspect that most of you haven't even acknowledged exists. Most of your pain comes from deep-seated cosmic shame.

Group Member: *Why would there be shame?*

🌈 Shame accumulates (we are speaking now of human beings, not animals and other lifeforms) due to a series of reasons: When an external force, such as the priests or a group of men, begin to shame or humiliate a woman, she gets energetic imprints from them. She starts to receive, on her physical beingness and in her energetic beingness, stamps of their beliefs.

As was explained to you earlier, visualize a cloth that is block-printed. The white cloth suddenly has imprints of humiliation, shame, derision and lack of self-worth. If the person's inner power is sufficient, this remains an external imprint and they do not internalize it. But more often than not, a human being, after years and sometimes lifetimes of this imprinting, begins to take that in and these imprints then form a power and a resonance of their own, which has nothing to do with the person or persons who have imprinted them upon that human being.

Let us take a simple example: many of you have had a parent, in this lifetime, who has constantly humiliated you or attacked you on at least one particular aspect of self. Even after that parent has passed over, you still resonate with that aspect. The parent is no longer here to do it. Why are you then still holding that aspect in your beingness? It is the imprint that your parent has left on you, which you have internalized and allowed to become a part of self.

After a series of imprints have been placed upon you, if you do not raise and increase your inner power and acknowledge the beauty of who you are, they become part of self

and you start absorbing them into your core beingness. Now, you start vibrating with this aspect of shame and you begin to imprint it on others. So, it is a virus, an epidemic.

Group Member: *It also catalyzes some aspect, right? That's where the choice is.*

🌈 Of course! Every disease, as you know, is given to you to strengthen your body. But it is up to you to permit it to take a hold of you or to use it, in a positive manner, so that you can grow from it.

Group Member: *What I understand is that the resonance at the time of birth, in Atlantis or the Aztec times, it imprinted genetic matter at that time. So how can we imprint genetic matter now? That would bring changes in this world, wouldn't it?*

🌈 Of course! And that is the path that you are all walking now. Hence, this session on birthing.

So very often, you have internalized aspects of shame and you are now, virus-like, passing them on to other beings around you. Some of this you do consciously and some of this you do unconsciously, with thought, expression and gestures. You are wondering how? Your child comes to you and tells you he has started smoking. Some of you will speak up and some of you will remain tight-lipped, not saying a word. But are you not expressing your displeasure without words? Of course you are!

Now, let us take the example you (referring to a group member) mentioned of feminine shame. Most men AND women resonate with shame of having existed, lifetime after lifetime, as a woman. Yes, it has been imprinted upon you, time and time again, and there is an inner resonance in the cells, an echo from the past, where you simply feel ashamed of having had that form, if not currently, at other times.

How ridiculous this sounds, doesn't it? Absolutely absurd! And yet, it is true. Many women who develop breast cancer are manifesting this as a declaration of their shame: "I do not deserve to have these breasts. I do not deserve to be able to nurture another because I cannot nurture myself. I have no right to nurture self. I am only a woman."

The time has come, dear friends, not only to rid yourself of this shame, but to flip it around. We are aware that, in your conscious minds, none of you feel consciously ashamed of being a woman. But many of you (men and women alike) are consciously ashamed of certain aspects of your feminine attributes! It is time to now truly start the shift and to appreciate the glory of the feminine form and the feminine attributes.

A shift has taken place over eons. As you know, the feminine power was at its height and then it slowly declined and the masculine power rose to supremacy. Now the two are beginning to level out and just as the 2 lobes of the brain are starting to merge, an

aspect of that will be the masculine and feminine starting to now physically, as well, merge.

Does this mean there will be no differentiation between the sexes? Of course there will! There will still be a male body and a female body but the perceptions, even your current perceptions, of what is masculine and what is feminine are now undergoing re-birthing. Except this time, you are giving birth to a new aspect of you. There is no external implant in the form of a seed but your own cellular structures are all undergoing a re-birthing process.

Many of you are experiencing discomfort, pain and trauma, because that is what you have been conditioned to experience during this re-birthing. But you need not. It can simply be an exciting, vibrant experience. Each of you is going through this magnificent process of re-birthing of the energetic, the emotional, the spiritual and every aspect of your cellular structure. We are not talking of the bodies now; we are talking of the cells.

Let us understand how the cells give birth to new aspects of self. It is the Christ Consciousness (Unconditional Love) within the cellular structure which merges with the Cosmic Consciousness (Divine Wisdom and Creation). These two aspects act as the sperm and the egg. When joined together, they create an inner explosion, a divine merger, a perfect masculine-feminine unification, which actually shatters the cellular structure, creating new Black Holes. These multitudes of Black Holes (which exist in your physical cells) start to generate a new degree of consciousness, of awareness, of creation, of infinite possibilities.

Group Member: *That is the Source.*

🌈 That is the Source. That is why we say: God is within you.

Group Member: *One little cell.*

🌈 That magnificent, glorious little cell!

This little Black Hole starts to spin and spin, absorbing new levels of consciousness, a combination of the Christ Consciousness and Cosmic Consciousness, (both of which are constantly growing; neither of them are steady in the universe), filters it in, and adds it to your core strands. Outside this Black Hole is what is called a White Hole, which is the manifestation of the new you. This is the re-birthing of self.

Group Member: *I always thought that darkness is the absence of light. But this morning I got the feeling that darkness creates light. Keeping in mind what you're saying, the Black Hole can be compared to the uterus or the ovary, which then expels forward the light. So it looks dark but it actually contains the light.*

🌈 It is exactly what we have been saying. Darkness, dear ones, is not the absence of light at all. Darkness is such a high quotient of light that you interpret it as darkness. If you were able to physically see it, you would burn out. It is light of such blinding, energetic capacity that the only way you can interpret it is as darkness. The next time you walk into a dark room and your old fears of the dark arise, take a moment and experience the magnificence of light that exists there.

Questions?

Group Member: *Does this mean that, in the future, we will be able to birth spontaneously?*

🌈 A very good question: one that is being discussed by humanity, as a collective, right now. The decision has not yet been taken, but there is a strong movement on the part of humanity, as a collective, to reach a level of energetic self-sufficiency, wherein men and women alike can do just that.

As you are aware, there are many, many societies around the universe who do this. Earth has not chosen this course up to now, as the separation of the sexes is vital for various aspects of your growth and development. But now, with the decision to merge and left and right brain, which has been taken fairly recently in your Earth time...

Group Member: *So the two would be the same.*

🌈 All these possibilities are now being opened up and all of them are being discussed as an option for the future. But you will not see this for many generations to come.

HOWEVER, experimentation with this possible future option in mind, is already taking place. Several forward-thinking and brave souls are already working with what you call gender-displacement.

We ask you to now respect these souls as magnificent, powerful and courageous beings. We speak of all of those who choose to undergo the experience of a sex-change, all of those who choose a different course when it comes to the birthing process and even for those few souls who inhabit male bodies and are now choosing to experience the birthing process in a male body. This is a magnificent experiment that these souls have undertaken for the growth and development of humanity.

Group Member: *Would it be beneficial in the aspect of unity? It seems to me that it is completely (inaudible) for yourself, for your birthing experience. The present birthing experience shares it. So at this juncture of time, I would look at it as a process of unity. But would that isolation be a unified process?*

🌈 It would indeed. Let us examine the possibility of physically being able to give birth, at will, by yourself, without an implant from a partner. How beautiful that this is being discussed in the etheric, at the same time as it is being discussed in the physical!

Think of the possibilities on a vast scale: to be able to undergo a birthing process of self, the individual must have a level of self-love, a critical mass of self-awareness and complete inner joy, which then creates the desire to give of self, to a further degree, to humanity.

Unlike the physical birthing process, which can take place even if 2 individuals are emotionally distraught, this birthing process would not be possible without complete inner expansion. So on one hand, the person is urged by his biological need to give birth, to raise his vibrations to that appropriate level and in doing so, would give of himself or herself a new beingness, who also would start off with at least that level of expansion, as a basis from which to grow further.

Group Member: A generation of love.

🌈 A generation of love.

Group Member: This is not the same as cloning, is it?

Not at all! Do not confuse the two at all.

🌈 However, can you imagine the trauma to those who cannot raise their levels of vibration to the appropriate amount of self-awareness, to give birth? They would then start to see others indulging in that process and begin to feel less and less good about self. This is a genuine concern that is being discussed, at this moment, in the cosmos.

Group Member: *So that means that the shame, that they are asking us to remove, will never go?*

🌈 It will not go totally, as it is so much a part of the human physical beingness that it can never be eradicated till this flesh body is finally destroyed. But with inner vibrational awareness, it can be reduced to such a minimal level that it will not affect you in any way.

Group Member: *Solidified light.*

Group Member: *(inaudible.) which is the connected consciousness pain imbibed in each cell? When we manifest pain, for the individual experience, which is a critical mass. In the same way, it's the raised vibrations of most people that can be raised to the level of Immaculate Conception, where unconditional love brings forth light and creation. Then*

can't it raise the vibrations for everybody so that it doesn't have to be an effort for the few?

🌈 Wonderful! Let us start by explaining to you (now here is a radical statement): nobody need ever to experience pain. You have all believed, over lifetimes, on Earth in particular, that pain is an experience that every human being must go through to grow, to develop, to better self, to work out karma, etc., etc.

Now we tell you, you don't need the experience of pain any more. Earth's collective vibration has reached the appropriate critical mass, where you can choose another option, if you wish.

Group Member: *Thank you.*

🌈 Thank yourselves. But most humans, due to their old pathways and brain patterns, will continue to experience pain. We give you all a challenge: take any one day, in the upcoming week, choose it from now and decide "for this span of 24 hours, I will experience absolutely no emotional pain. I choose to view all the circumstances that arise, as joyous growth opportunities, and I will move through them smoothly and effortlessly. There will be no pain."

See if you can do it. Challenge yourselves. Then do it for 2 days and then 3 days. Does this mean the external circumstances will change? Of course not! But your entire perception of them will change. Try it!

Group Member: *Could you give us some information about Cosmic Consciousness and Christ Consciousness?*

🌈 We will speak of this briefly today. We have explained how these are the 2 integral parts of your actual self. But what is Christ Consciousness and what is Cosmic Consciousness? There is, in effect, an overlap between the two, but their core thrusts are different. Christ Consciousness, as you know, has no reference to the Catholic religion. It is simply the wording you have chosen, on Earth, to explain that core aspect which is pure and total love; love in every form: love as an emotion, love as a force, love as a celestial power, love as a physical Earth word, love as a physical act between 2 people; every aspect of love.

When humans go through a process of experiencing love or the lack thereof, each time they move through this course, they increase their quotient of Christ Consciousness. The last bastion is self-love. The last bastion is self-love, which is the hardest for every single human being, without exception. And you are now at the threshold where you are all being urged to explore self-love.

You have graduated through the other processes: you have learnt, you have experienced love for others, universal love, universal consciousness. Now you are being asked to touch that which every single human being resists.

You may say “I truly love myself”, but most people haven’t even come to the 50% mark and most are way below that. Yes, there are moments in your life when it will increase tremendously, but then you tend to slip back into shame, derision of self, belittling self, lack of appreciation of self, separation. When you are separate, you can never love yourself.

Group Member: *Is this connected to the light quotient?*

🌈 Yes, Cosmic Consciousness refers to liquid light. As was explained before, liquid light is a term for layer upon layer upon layer of consciousness that you glean, as a soul, over lifetimes of experience. You have all, in this room, gone through thousands and thousands of lifetimes, and each time, your light quotient has increased. Your light quotient never decreases, no matter what circumstances are on your scheme of the board game you play. Even if you have been the multiple murderer and a rapist and the Hitler, your light quotient never reduces. It is only enhanced. This enhancement of experience, wisdom, knowledge and constant upgrade, along with the universe, is Cosmic Consciousness.

The two have to be wed. One, without the other, is incomplete. And when the two: the sperm and the egg are married, there is a new burst that takes place within, raising the quotient of both exponentially.

Group Member: *So you are explaining Ray 1 and Ray 2 and Ray 3 for final outcome. Cosmic Consciousness is Ray 1, Christ Consciousness is Ray 2 and Ray 3 is Intelligent Manifestation.*

🌈 Bravo! And we tell you there are many, many more rays than you have studied and all must combine together, for full unification.

Group Member: *These are the principle ones?*

🌈 Let us say that these are the principle ones that you are now working with.

Group Member: *What is the I AM Presence?*

🌈 What is the I AM Presence? You are all aware of this word: the I AM Presence, the soul, the vastness of self. Yes, you have played with these words and these concepts for many years. It is simply your aspect of touching the glory of self.

Every time you remember there is an I AM Presence, you are taking yourself one step further towards loving self. Christ Consciousness. And with this addition of Christ Consciousness comes an expansion in the Cosmic Consciousness and therefore, comes an expansion in the Christ Consciousness and the Cosmic and the Christ.

Group Member: *So just remembering the I AM Presence does the trick?*

🌈 It is the acknowledgement of self and it is the appreciation of your glory.

Group Member: *Normally we would have thought that the Christ Consciousness or the aspect of love would have been the feminine energy, but you've just explained it to be the masculine.*

🌈 The two are merging. The old rules do not hold anymore. Masculine is no more action and feminine is no more creativity. These definitions do not hold good anymore and soon Earth people will be talking of the unified energy. Give that another 50 years.

Group Member: *Unfortunately, you're debating over there.*

🌈 Oh! We are not debating. It is the consciousness of Earth that is debating. All of you are part of this debate, as is every human being, animal, plant, and mineral upon and within this planet. It is the unified consciousness of Earth that is debating this process.

Group Member: *I have a daughter named Shloka. I never look towards her as a daughter. I wanted a son. But now I feel such love. I'm surrounded by Jaishree.*

🌈 Why did you want a son?

Group Member: *I wanted a son because I thought he'd carry on my business. I don't know.*

🌈 Not at all! You wanted a son because, at that period in time, you were quite aware, subconsciously, of imbalanced masculine energies within self and you hoped to balance these through an externalized force. It was not permitted by self. Self said: balance it from within. You are well on the way to a balanced self.

Group Member: *But that's most Indian men.*

🌈 In your perception. How about you, my dear one? Your masculine is imbalanced as well. Let us not tease you. Most people have imbalanced masculine and feminine aspects, so you all share this issue.

In fact, one of the many journeys during your physical lifetime is to play out the different roles: the aggressive male, the submissive male, the aggressive female, the

submissive female, the creative female, the creative male, the blocked female, the blocked male.

Remember, humans, regardless of the sex of their incarnated form, work with both energies, in all areas of their lives. Some are balanced, some are not.

It is part of the symphony you are learning to create within self, so do not fault your own imbalances. Simply be aware of them and check them from time to time. When you find yourself, for example, reacting very strongly to a situation, reacting and not responding, know instantly that your masculine and feminine is imbalanced.

Ask yourself: what aspect in me is imbalanced? This form of awareness, dear friends, leads to self-love and the raising of self-consciousness.

Group Member: *It seems to me the way you're saying it is that 2012 is an appropriate time for this.*

🌈 Everything, every aspect of human growth is not going to be resolved or completed by the inception of 2012, but anything and everything that is going to be put into process for the next 10,000, will start in 2012. Once 2012 takes place and ends, no new seeds will be planted. But so many billions of seeds will have been planted during the span of those 365 days that it will keep you well occupied for the next 10,000 years. A new root race must take place after a new cellular birthing.

Group Member: *You mentioned that the ancients had different methods, like crystals or sound or herbs, to create the resonance within that would help in the birthing experience. Today, what can one do to create the same resonance?*

🌈 Let us offer you some options, using your current tools:

Play the appropriate music that works for you and specifically direct it into the cellular structure of the body to ease, to soothe, to calm and to vibrate you to the appropriate levels. One again, we urge you not to allow old concepts to come in. On a certain day, you may need violent rock music to shake up, on another day you may need bhajans, on a 3rd day, you may need cool jazz; your own beingness will guide you.

You now have the power to create the vibration with self, by self. You don't even need an external tool. But you must believe it.

Incense, of different forms, such as perfumes and fragrances, can truly help your bodies. Find out what appeals to you and use it, externally, in the form of creams, lotions, soaps, deodorants and of course, sprays.

Use the vibrations of the magnificent cosmic energies that surround your planet right now. Planet Earth has never, in her existence, been surrounded by as many magnificent beings of light as there exist here and now. Never in her existence; that is the quotient of energetic support, love and help you have. You only see the dark times but you do not see the light that surrounds you, which is yours to use, at will. Use it.

Group Member: *Talking about unconditional love and balance. Were Mother Mary and Zoroaster's mother in perfect balance?*

🌈 Oh no! Oh no! As was explained earlier, you were given the story of Jesus. We will speak very briefly of Mother Mary today, as we do not have the time.

Yes, her predominance in every incarnation, before that and after, was pure Christ Consciousness but even at that moment when she gave birth to the Christ and spent a physical lifetime nurturing him, she had 'love issues' to resolve for self. Let us connect with her now and let her offer you her own words.

The Mother Mary: Dear friends, though love has always been my stream and will always be my stream, I experienced aspects of jealousy, irritability and resentment, during my lifetime as the mother of the Jesus.

It was hard to share 'my child' with the whole of humanity and there were moments when I felt and experienced jealousy and resentment. I have now learnt to embrace this. I do not regret it, or reject it. It is now part of my beingness and therefore, I do not need to experience it again.

I am currently in incarnation, not as an individuated beingness, but as a love energy in many around the Universe.

That is now my process of reincarnation. I choose to remain as a spirit beingness, and yet to place elements of my love within the heart center of any and every beingness who calls for it. Therefore, if you call for me, you become an incarnation of the Mother Mary.

BLESSINGS FROM MOTHER MARY.

