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ARCHANGEL MICHAEL.
ST FRANCIS OF ASSISI
Channeled by Sohrab

New Light out of Africa The Energies of Different Countries The new blueprint

Trance Channeling begins

To Group Member 'N' – Please read the energies today, without mentioning any specific names.

Group Member 'N': – It's a numbing energy, if I may use this word, its numbing – as there are changes happening within the grid. It is an energy like a white curtain, that is descending on all of us, to prepare us to soften the blow of the change in energy.

The Archangel: – Now specifically read the energies around these three friends (indicating 'N', 'S' and 'G'). No names, no figures – just the energy.

Group Member 'N': – It is incisive, its an energy of change. Very self-empowering energy: beliefs in oneself. Changes don't necessarily happen outside or around you, you don't necessarily have to believe in miracles without, miracles happen within.

The Archangel: Are you getting a colour, a vibration, a texture, or a sound?

Group Member 'N': – It is Purple

The Archangel: Texture?

Group Member 'N': – Incisive, sharp and cuts through.

The Archangel: Sound?

Group Member 'N': - Metallic

The Archangel: Vibration?

Group Member 'N': – I can't understand that

The Archangel: Open yourself to the vibration—

Group Member 'N': – I cannot describe it in words

The Archangel: Very good! We told you, we will always push your boundaries. Very accurate! – One last task: scan the energies of our friend (a group member) who spoke earlier— describe them to her.

Group Member 'N': – Very humorous, like a typical Bollywood heroine , one who starts off as a very typical bahu , a very homebound wife and suddenly gets in touch with her femininity. She is expanding into a seductress.

The Archangel: Beautifully described, now interpret it so that she understands it, in purely esoteric terms.

Group Member 'N': – The change of grid that is happening right now is the change that is happening within you. You doubt your femininity and the accident you had is helping you get in touch with self. You will find miraculous changes with your lover, your husband – a better relationship with your spouse.

The Archangel: See how easy it is? Any of you can do this. It's easy.

To Group Member 'B' – Your turn, don't freeze up; just read her ('S's) energies today. Let them reveal themselves to you.

Group Member 'B': – Doubtful. Coming into self belief, but yet doubting

The Archangel: Speak to her directly.

Group Member 'B': to 'S' – A lot of doubt. You are facing a situation that will point towards (inaudible)

The Archangel: Anything further?

Group Member 'B': – Get in touch with yourself, more than you think you are. A wonderful change.

The Archangel: Thank you. (To Shireen) – Just be with this aspect of doubt. Find out where it exists, check yourself, old elements are being cleaned out.

To **Group Member 'B':** – Speak to her after this session, have a private conversation with her. (To Shireen) You may ask him all the questions you wish.

To **Group Member 'San'**: – Would you please describe to us what the energies of the entire room feel like, to you?

Group Member 'San': – People are beginning to acknowledge themselves. They are becoming more aware of themselves. The one is the all and the all are the one. That's what I get.

Sohrab (to **Group Member 'San'**): – Now focus upon today, at this moment of the now, and pick up the general collective energy.

Group Member 'San': - I sense a lot of doubt. There is still disbelief. Knowledge of self, power of self - external influences effect you internally, but we don't realize that we ourselves are creating them, it's a function of our own consciousness.

The Archangel: Thank you.

The Archangel: He has accurately picked up doubt, but it is not that the entire room is in doubt. Each person here is exploring aspects of self: where do I lack power, who am I really?

Examine self over the course of the next few weeks and see where your doubts come up: doubts only about self, your power, your beliefs, your abilities, your place in society, your position in the family, your very existence.

These Earth changes that have just been spoken of (prior to the meeting) are going to be touched upon briefly today. It has been explained to you that the Earth is now evolving at a very rapid rate and a whole new aspect of self is now emanating from her very core centre. This is going to set off a series of changes which will be apparent to you and which we will speak of, over many, many sessions.

As of now, there is a new light emanating through and from the CONTINENT OF AFRICA. This area is the energetic focus of the world. A new radiance is being emitted from the core center of the earth, upward through this continent, to the rest of the world. Plates beneath the surface are shifting, and new crystalline beds are emerging. New water sources below the continent are now beginning to reach the surface, and oil will start to flow in new areas. Earthquakes and water movements will also take place.

When a new level of light and energy is being filtered through a certain area (or in this case, a continent), it must effect huge changes in every aspect of life: the economy, the political situation, inter-relationships with other countries, and personal shifts.

A lot of debris is being cleansed from the people of Africa right now, corruption is coming to the fore, issues are being exposed, and crime is reaching an all-time high: all of this must take place, as the beam of energetic light coming through the continent forces it out into the open.

Nothing is to be prevented or stopped; on the contrary, everything is to be facilitated for them. Your energetic support will facilitate the processes that must take place, to occur in the smoothest possible manner.

Do you have questions about this continent before we move on?

Group Member: The Western world has often invaded Africa, pushing it into developing a lot sooner than it needed to. Is that why all this is coming up in Africa? And should it have been allowed to develop at its own pace, without being pushed by the western world?

The Archangel: On earth, most aspects of inter country or intercontinental development has been based on the balance (or imbalance) of power. Most countries have been conquered at time, and have been conquerors at times.

These power struggles, which bring about an imbalance of what you call power, will keep occurring, till the entire world comes to a level of balance, where it sees itself as a whole, and not as a series of divided peoples and spaces. At that time, the peoples of Earth will realize that, by distributing food, water and technology freely and generously, there can be abundance for all.

But till such times as there are imbalances of power, this naturally cannot take place and these extreme imbalances help raise the consciousness level of the oppressed societies. So it must take place from time to time, but it need now take place less and less. There will come a time, dear friends, when the Earth sees itself as one, but not yet, that is still in the distant future.

Africa is, right now, a shining light: if you wish to do your Earth work and Earth healing, draw the energies through the continent of Africa and distribute them around Planet Earth.

Group Member: – *Of late, when we work with our group member Kaizer on earth healing, the focus always seems to have been the continent of Africa: a dark continent, yet one full of light.*

The Archangel: And why is that? Because the Dark Continent, as it is termed, is filled right now with ‘dark energy’, which is **pure cosmic light, the very fabric of the universe.** And it is from this new cosmic light that new energies are going to be instilled in and around the world.

Now let us speak of NORTH AMERICA. The Continent of North America and its people are going through a relatively inward, introspective phase. Their ‘supreme’ power is now leveling out, and they are in a collective phase of self-search and self-examination.

You will find, over time, that the average American becoming far more introspective, as they are moving towards seeing self, not as superior, but as part of the great jigsaw of planet Earth. They are ready for a leap in personal assessment. Great souls have chosen to incarnate in North America right now.

Group Member: – *Is Canada included in this?*

The Archangel: There will be a spillover, but CANADA has its own evolutionary path at this moment in time. Canada has functioned as a very bright energetic beacon for a long time, but has an aspect of isolation that is now being broken down. Canada, as a collective energetic entity, has often viewed itself as segregated, pure, divine and rather aloof.

The influx of more and more immigrants over time will now bring about a homogenous texture to their energetic belief in self: they will start to merge more and more with areas around them, particularly North America.

SOUTH AMERICA also has a huge resurgence of energies. The Rain Forests of this continent are now emanating a very strong vibration, a 'call', to other forests and natural areas around the world. These harmonious vibrations are urging all natural areas to strengthen, grow, develop and reclaim their power. You will now find all natural areas getting very empowered, and fighting back, when depletion takes place.

Group Member: – *The Plant and Animal Kingdoms?*

The Archangel: The Plant and Animal Kingdoms, the Water Kingdom, the Mountain Kingdom, the Forest Kingdom: all are beginning to fight for survival, hence if an area is now plundered or deforested, or invaded by greedy humans, that area will now start to fight back, creating avalanches, death and destruction, and repelling invaders. These events are not be view as 'attacks' on humankind; it is simply that Nature must now right her own imbalances, and find her power, just as you are doing for self.

Group Member: – *Even reclaimed land?*

The Archangel: Even reclaimed land.

The FAR EAST, as you already know, is going through magnificent technological and financial development. How they use this, in the future, will determine what will happen in these areas.

For example, the technological development of China and Japan (which has been facilitated by your Universal Friends), now offers them two unique growth choices: if the countries, as a collective, use their advancement for the genuine good of the world,

they will rise even higher. If, however, they succumb to greed, and work for self-serving reasons, they will experience major chaos and disasters, CREATED BY THE TECHNOLOGY ITSELF.

Group Member: – This is like Atlantis?

The Archangel: Exactly like Atlantis. Exactly like Atlantis. And these two areas, China and Japan, stand to lose huge amounts of energetic resources from the land, if they do not find a balance and an opportunity to work with a global perspective in mind.

Once again it is so perfectly balanced right now: that is almost an equal number of souls working for the good of all, and an equal number of souls work for self-serving purposes. Where it finally tilts, remains to be seen.

Group Member: – Is this why the Olympics are shortly to be held in China? As the Olympics symbolize ‘oneness’?

The Archangel: Correct! The Olympics stand for the Unity of Community; Oneness; and the balance harmony and perfection of the human body (which is a reflection of Mother Earth).

Now if the spirit of the upcoming Olympics remains pure, they will offer further harmony to China. Yet if they get corrupted, the energies will backfire.

Let us now speak of the NORTH AND SOUTH POLES. You have been told that the energies of the poles are now reversing. This does not mean that the planet is going to turn on her head. The energies are simply merging, just as your Chakric energies are now flowing, one into the other. This process is beautiful, as with merged energetic poles, a new level of knowledge, wisdom and acceptance must permeate the earth and all her inhabitants.

The NORTH POLE is beginning to degrade at a rapid rate. You have already witnessed the melting of the ice. Yes, this can be retarded by a collective awakening of humankind, but only to a certain degree, as you have already permitted it to go beyond the ‘point of no return’. Collective responsibility must be taken for this. And therefore, the poles will never be the same as they were before, and yet, they shouldn’t be the same as they were before: every thing must change.

The SOUTH POLE is the root chakra of the planet. The area of self-nurture, of stability and security. This will therefore degrade last. Mother Earth and all Her inhabitants require a certain amount of grounding and stability for all the other processes to take place, and it is only when all the processes around Planet Earth have been put into motion, that the South Pole will restructure self.

At that point, she will be 'rootless'. Fully ready to re-create self. That is why the Mayan calendar ended at 2012. They foresaw this event.

And isn't this what is happening to all of you right now? What was said to you last time? **Your Blueprints have now being removed: none of people on Planet Earth have a Blueprint any more, it is gone, vanished - you have no base now upon which to stand, and therefore now you have to create – moment to moment.**

You have no pre-selected game plan any more. All that has gone: you are now creating moment to moment – as is Mother Earth.

Group Member: I'm feeling completely unfocused and lost without the blueprint!

The Archangel: The first time you get into a swimming pool, you have a float around you. But as you grow and develop, you shed that float. Then there comes a day when you can dive, swim underwater, float, and do laps. But you can't do any of that with a ring around you!

Group Member: That's interesting –

The Archangel: That is what's happened to all of humanity and therefore you are feeling so rudderless right now. The Blueprint has been removed, the cage door has been opened, and you are offered the opportunity to fly free and to soar. To explore areas and vistas you never have before!

The shedding of the Blueprint has taken place for the first time in the evolution of the Human being.

Do you see how momentous it is, to be in existence at this point in time??? You have chosen to incarnate at this time, to experience both aspects: having one and shedding it.

The newborn babies of today have no blueprint. To them it is not so exciting. To you, it is like moving from a bicycle to a spacecraft. It is a momentous time in your evolution: know it, enjoy it, you have chosen it!

Do you want to be a prisoner all your life, a prisoner of your own confinement, where you lock the door of your own cage and say, 'I am going to stay here for the rest of my own existence and then I will reincarnate and go back into a cage'? You have chosen now, to have no cage. See it as a celebration of self!

Group Member: No, I understand, I'm seeing it as 'not focused', am not focused right now. I don't even know where I want to go.

Group Member: I understand where she is coming from, because initially there is this thing 'they don't know what to do' the moment you get into that space where you're flying,

The Archangel: What happens to you when you go out of the country, on a holiday, for the first time in your life?

Group Member: Nervousness? Fear? Excitement?

The Archangel: Of course! You land at the foreign airport for the first time, you are unfamiliar with the rules and regulations of the country, the currency, the food, the transport systems, the language, the people.

Yet, there is an inner excitement. You are on holiday! You are an adventurer! You are going out to explore a new way of life! YOU ARE GOING TO HAVE A BLAST!

You are all currently feeling disoriented, as you have only just landed at that foreign airport! (all laugh)

Now let us speak of the OCEANS of the world. The level of pollution that has now been integrated into every ocean has gone beyond critical mass. Yes, therefore the energetic sensibility of the ocean, as a beingness, has also changed. It is like constantly polluting your own body for years and years with certain substances, and trying to be the same being that you were, 10 years prior to that.

The oceans now have a new consciousness. They have gone through rigorous growth experiences, just as you do, during your incarnated lifetime. They, like you, have a new level of wisdom and knowledge, and are also working towards touching their higher power. They will, therefore, now do all that they can to right their imbalances, created by you. This must not be viewed as 'retaliation', it is simply that the oceans wish to be at their best.

Shifts must occur. Floods must occur. The pollutants and garbage that you have thrown into the ocean will now be returned in different ways. Some of it will be washed up on shore. Some of it will percolate through the seabed, and will emerge through the soil, many miles from the ocean. A field of crops, far inland, may suddenly grow fallow, due to this. When the human race finally takes responsibility for what it has done, and changes its ways, then this effect will lessen. But till then, the Oceans must cleanse self.

Let us now speak of INDIA. Unlike other countries or continents, which are undergoing collective growth issues, she will work in pockets. Each area in India (and these do not necessarily correspond to your states or cities) will re-evaluate for self which issued need to be examined.

Let us help you understand this with an example. You have seen that 'corruption' is now being made transparent. It is deemed acceptable by most, it has become a norm, a way of life.

Area A may examine this and respond with awareness and a desire to change. Critical Mass will thus be achieved, and an upward spiral will start forming with regard to this aspect. Corrupt government officials will be weeded out, and energetically-charged light workers, lawyers and activists will start to affect a change.

Area B may examine this and stay stagnant. Then critical mass will not be reached, a downward spiral will form, and the area will draw to itself such an escalated level of corruption that it will burn itself out and collapse.

These pockets now are going to form, in every aspect of existence, therefore one area may be grow very strongly in 'light', in say 'corruption', and sink, at the same time, in the area of 'personal relationships'. Thus each area will contain a mixture of troughs and crests.

Any wonder that you are feeling confused and tossed around? You are all now light and energy sensitive, therefore you do pick up mass consciousness around you, therefore it is doubly important that you find your power, your balance, your centre, and that you sail through it, no matter what is taking place around you.

How can you help? In one way only. Work on yourself. Take responsibility for what your area is drawing to self, and work on those issues within self.

If you want a small exercise to test this out, look at your newspapers daily, and see which articles evoke a reaction within self. No matter whether the article is 'positive' or 'negative' in content. Why is it evoking a reaction, and not a response? Examine self. Read between the lines.

If an article doesn't evoke anything in you, there is no work required on your part. But the instant there is a trigger, find out what it means in self and look at it, that's all... and you will be serving self, your city, your country and the world.

Dear friends, what we have said today was not to deliberately alarm you, but to awaken you instead. EVERYTHING WE HAVE SAID CAN BE CHANGED BY YOU.

Group Member: How do you see our critical mass? How do you see it from – what is our critical mass right now?

The Archangel: Are you speaking of the Earth as a whole, of your country, your city, your group?

Group Member: Everything, all as a whole, our country as a whole.

The Archangel: Are you speaking of any particular issue or area? Each one has their own critical mass. (All laugh)

Group Member: The changes that are coming up – which are eminent as you say – what is the critical mass?

The Archangel: Which Earth changes?

Group Member: There are going to be plenty, but the major ones, like the Earthquakes, or the---

The Archangel: The parameters of your question are not clear. Let us talk of the aspect of corruption first.

Corruption has reached its critical mass, the world over. Therefore, a change is being demanded, which is TO FIND THE BALANCE AND THE EXTENT OF POWER WITHIN SELF, SO THAT A MAN NOT NEED TO GRAB ANOTHER'S POWER, IN AN ATTEMPT TO MAKE IT HIS OWN.

Therefore the root behind this issue is for each human being to find his power centre. If that takes place and critical mass on that is reached, corruption will automatically reduce and come into balance.

The overall current critical mass of the world, on this issue, is rather low. Africa and India are the two lowest. Still a long way to go.

Group Member: What is the critical mass of the light workers, who can change these?

The Archangel: Tremendously powerful – light workers on Planet Earth, within Planet Earth, and above Planet Earth are such a powerful force right now, that with collective consciousness, they can change it like this (Sohrab snaps his fingers). **But they still doubt their own power.**

The light workers of India are among the most of powerful and you are the light workers of India. You lead all other light workers around the planet. You are the shining examples for them to emulate. Continue to be this and you can change the critical mass of humanity as a whole.

BLESSING, LIGHT, LOVE, GUIDANCE AND JOY
FROM THAT ASPECT OF SOHRAB THAT IS THE ARCHANGEL MICHAEL.

Dear friends, please remember that each one of you has a sacred animal spirit with you at all times. Rediscover and re-experience this friend. This is essential for your growth and development over the next six weeks.

BLESSINGS FROM ST FRANCIS OF ASSISI