

28th August, 2008
UNKNOWN ENERGY
Channeled by Sohrab

Living Death

Trance Channeling begins

Let us speak today of '**Living Death**'. The most beautiful aspect that humanity has now moved into: '**Living Death**'. Paradoxical words and yet so meaningful to each one of you. Our friend (referring to a group member) here just spoke of her experience: you are all going through similar experiences, some consciously and some unconsciously, as it is a phase of '**Living Death**.'

The period of this month and the next month are crucial to most of humanity. The energies of September are ones that are deeply occult. Earth, as a planet, is going to be surrounded very, very strongly by various combinations of occult energies from all around the Universe. You are familiar with earthly concepts of occult energies: those of manifestation, telepathy and spiritualism, to name a few. But inter-galactic occult energies go far beyond this. They are completely new and unfamiliar to you, and yet they will lift you, whirlwind-like, into a new state of self. Remember, what is occurring must occur, as you have initiated this process.

How is this going to affect you? You have studied the various aspects of self: the spiritual, the emotional, the mental, etc. You are in a very delicate process of shedding skins, like a snake. But a snake sheds only one...you will be shedding hundreds, all during the month of September.

These energetic skins are actual energy layers, bound together delicately, like layer upon layer of tissue, which you are now separating from self and discarding by the wayside. Many of you will be working specifically with emotional veils. So let us begin there.

You all have, within your beingness, and within your cellular structure, tangles of emotion that you have accumulated through the experiences of countless lifetimes. You are now examining them, and shedding those which you now decide, in your new power, not to keep. The occult energies of September support this process, and allow you to rep these out of self and dump them.

But this process of ripping (yes, we use the word '*ripping*', as it is a violent action and it requires force and power to shed it) will cause a temporary shake up in your own emotional structure. Witness what he is going through... (to a group member). You will

settle, but this process of ripping is a glorious one, as you are choosing to sever from within self, the history of - shall we say 'victimhood' - in this case, of all lifetimes, to remove it from your scheme forever.

Group Member:— *Regarding the prayer from Silvia Brown's book....*

🌈 And you will recite it at the end of this session. Self has guided you well.

Now we have talked of the mental body. You have been trapped, for lifetimes, in old mental patterns and belief systems: "This is right, and this is wrong. I must behave this way, and not that way." Some of you are ripping those apart as well. And for those of you who are doing this, you will find yourself submerged in situations that offer you the opportunity to re-evaluate these aspects.

Does this mean that every belief must be changed? Of course not, but it means that you must re-evaluate them and decide what you now choose for self. And each time you do, new neural pathways in the brain are being forged. This work must take place instantly, dear friends. There is now no time for long-term debate with self. The situation will arise, and you must 'create self anew' at that instant.

Spiritually, you are all floating and flying and expanding and growing, but even your spiritual beliefs will now be questioned by self: Do I wish to go down this path? Do I wish to do this work? Do I wish to shift course? Do I wish to take a hiatus? Is all that I have read making sense to me? Do I accept everything I read and hear, blindly?

You now understand that you are creating your blueprint as you go along your path of life. You must question, reassess and reevaluate self! You are creating new energetic and neural pathways, moment to moment. And self is urging you to forge them in alignment with the 'new you'.

You will observe interesting changes in self during this month: in your thought patterns, food preferences, taste in colours, clothing and jewellery, in your attitudes, your health, and most certainly in your physical body.

Allow yourself to flow: do not get trapped in old patterns. It is truly a period of full exploration of self and some of you who have been very deeply entrenched in patterns, beliefs, and morals, will find all of this being challenged by self. You will create situations that offer you the opportunity to go into areas you have never permitted self to explore before. Experience it fully, and enjoy it.

During the month of September, nothing is right, nothing is wrong, judgment cannot be exercised by you for self or another, and opinions will hold not weight. Though patterns and processes will leap around in different directions, this is permitting the new 'skin' to ripen, radiant and vibrant, to suit the new you.

Some of you are deeply involved in court cases, housing problems, office upheavals, and other external shake-ups. Examine these very closely. For example, if there are legal issues, ask self how and where you have repeatedly trapped yourself in rigid laws of your own making. Question your "Inner Laws". Reevaluate them. Ask yourself, "How have I been oppressed by own laws, and how can I shift my perspectives? Let me reevaluate the judge in me, the prosecutor in me, the defense in me, the witness in me, the jury in me, the convict in me, the innocent party in me." A whole new You will emerge.

Group Member: *How can we use this month to fortify our physical vehicles, as the energy levels are very low?*

🌈 There is no definite answer for this: some will choose, in fact, to destroy the physical vehicle so as to rebuild; others will choose to simply support the current physical vehicle and yet others will choose to take it further ahead, depending on their personal choices, needs and desires.

We urge you, ONCE AGAIN, to listen very carefully to the needs of your bodies. They will instruct you with precision. If you crave certain foods, EAT THEM. If you crave exercise or rest, then do that. Re-assess your bodily needs from moment to moment.

(To a group member) You, dear friend, can help the people in this room understand this better. Allow them to speak to you after this session, they will learn from you. Many of you will require new foods in the physical body this month. Foods that you are not normally accustomed to, foods or liquids that you don't usually put into the body: listen to self.

Let us now explain one more thing that is going to take place during this month. You have understood the process of the shedding of the energy skins, you have understood the process of the new energy skins arising from within you, and you have understood that you are being nurtured by occult energies.

These three aspects together are going to cause you (and now we speak particularly of light workers, more than the average person on the street) to emanate certain haphazard energies, which, for a temporary period of time, may short-circuit those around you. Have no fear, understand it, and work with it.

Group Member: *What do you mean by short-circuit?*

You have observed your light bulbs sometimes dimming or growing brighter, where there is an electric fluctuation. When the fluctuation is severe, they may even flicker and spark. Energetically, you will be doing just this.

Those around you are accustomed to, shall we say, a certain frequencies of your energies. They actually recognize you by this. As your 'voltage' is now in a state of flux, they may wonder what is happening to you, and consider you 'different', 'moody' and 'unfamiliar'.

For the most part, these energies will not directly affect others, but in the case of very intimate connections, husbands and wives, children, close family members and domestic staff with whom you live all the time, you may find a different reaction, not a response, to you. Just be aware of this, and allow your energies to settle into a new level of vibration.

You cannot change your processes, but you can assure them that you are aware of what is taking place and that there is no cause for concern. Then how they react and respond to you is their choice. It will be temporary. You, yourself, may be surprised. Even-tempered people may find themselves 'losing their cool'. Those who are accustomed to being irritable may find a strange calmness about self. And so on. This should settle within a couple of months.

Now let us have your questions.

Group Member: *I have a question in two parts: Ok, we are changing, and we will shortly settle down, but what if the reality outside me is not in concurrence with my change? How do I function with this? And, after I have shed all my skins, will I be pure light?*

🌈 Let us address the first question. What is happening to you is happening to every single part of Planet Earth: not only to all her inhabitants, but to every part of her.

Group Member: *Sir, it doesn't appear to be so just now, it's going so slowly!*

🌈 It is slow only in your perception, dear friend! On the contrary, Planet Earth is releasing old energies and upgrading self, approximately five times as fast as you are.

Group Member: *And in relation to politics and our monetary systems?*

🌈 Observe what takes place during the next three to six months. Government officials will be weeded out, squashed, flung on their faces. New energies will force their way into the political arena, though not all will 'appear' to be pleasant to you.

Two other fields which will radically change are the media and the scientific arenas. These three together (politics, the media and the sciences) are vitally inter-connected. They are working energetically in a triple helix. All other fields will follow suit, particularly the mathematical and the artistic ones.

You will note a lot of radical information being released by the press, the television and your internet. This will also facilitate the dramatic shift in consciousness, in beliefs, in thought patterns.

You asked if you would attain 'pure light'. You will never be 'pure light' when you are on this Earth Planet, but you can raise self to the maximum you can hold in this third dimensional existence. With this, you will be able to stride both realms smoothly. You will be able to merge spirit and consciousness.

Imagine how beautiful this could be for self. In an awake state, you will then be able to visit other realms, explore parts of self in different existences, and still be the 'you' you know, living right here.

You will do this with what you call 'your imagination,' because there is no such thing as 'imagination'. It is only an experience you have already undergone in some aspect of past, present, future and alternate realities, because everything is simultaneous.

We can hear your next question: if everything is an old experience, how do we create new experiences? You can, but a new experience or an aspect of a new experience has to be attached to one you are already familiar with, and then it comes into your consciousness and becomes an aspect of self.

Group Member: There is a dichotomy in this. If we are 'trained to be creators', shedding skins and things like this, then why do we need an experience to be able to just create?

🌈 A beautiful question, a beautiful question. Can you create a fresh and a new experience right here, right now, from nothing?

Group Member: Yes

🌈 *Yes and no. Yes and no! We enjoy your arguments – go ahead.*

When an oyster creates a pearl, each pearl is new, it is individual, and it is unique. But to create that pearl there has to be a grain of sand within the oyster, around which the pearl is formed: the catalyst, the genetic memory. The structure.

Group Member: *We are changing it*

🌈 Yes, you are changing it. You springboard off a known experience, moving into the realm of pure creativity. Suddenly another million options offer themselves to you, and once again you springboard off into the unknown. But you need the springboard. You can't create in a vacuum. Even the universe herself, recreates self, based on what she knows of self. It is not as complex as you think; in fact it is so simple.

Group Member: *You mentioned the new occult energies that are coming up in September, what kind of energies are we going to be dealing with?*

🌈 Most of these energies you will not recognize. They will not have a familiar or even recognizable colour, texture or vibration. But these CAN be assimilated by you, as they are 'spring boarding' off the existing earthly occult energies that you are familiar with!

These new energies are of such magnitude and refinement that they permit you to move into an aspect of self that is truly mystical.

For those of you who already channel, connect and work with energies, these will permit you to work at a much higher and deeper vibrational level.

For those of you who continue to chant "I cannot see, I cannot feel, I cannot connect", you will now find it much easier to do all of that, if you so choose.

All of you will now experience more and more 'coincidences'. You will think of a friend, and she will call you. You will be able to talk to people and 'read between the lines' very easily. You will draw to yourself situations that you intuitively know are the perfect ones for instantaneous growth and manifestation.

You may even observe, in your own physical texture, many changes: in skin tone, in the workings of your organs, in the chemical composition of your perspiration, in your nutritional needs and your personal needs.

For those of you who are stuck in rigid patterns with spouses, family members, and business areas; you will suddenly find the opportunity arising where you can shift old structures. You will also have an increased insight as to how to do it.

But you still have a choice whether to remain in the old pattern or to change it. That is the instantaneous decision you must make and remember, if out of fear or rigidity you stay in the old pattern, it's not the old pattern you are recreating that at that instant, so therefore you have forged a new path of that same rigidity, but it is still new.

Group Member: *With all the karmic baggage?*

🌈 **With all the karmic baggage.** So if you choose to, for example, continue to play the victim game, you will do so, but you will have created it anew.

Group Member: *In a relationship, what happens if the partners evolve at different levels and speeds?*

🌈 A good question. Remember, you can never directly 'speed up' another person's processes; but as you grow, you emit higher vibrations, that MUST affect all around you, provoking them to increase their own speed.

Now if they choose to rise up as fast as you do, there is perfect harmony. Others may choose to move at a much slower pace. This often causes an energetic split, and sometimes the couples them move apart physically as well.

You will observe, dear friends, that during the next three months, many will choose to exit this planet. Do not judge this: it is a glorious choice that they are making, for a multitude of personal growth reasons that you know nothing about.

Group Member: *Will there be another twin Earth?*

🌈 This is being discussed right now. A decision has not yet been taken.

Group Member: *Speaking of death, why are the people in the north undergoing such crises? Many are exiting in large numbers.*

🌈 Whenever there is a 'mass exodus', it happens for many, many reasons. Some choose to leave as the current vibrations of earth don't suit their own energetic structure.

Some simply want to experience a 'violent death' for personal growth reason. Some do this simply to give the large group 'company'. (All laugh).

Oh yes, don't some of you go on holiday in groups, to keep one another company?

Still others use this to simply understand and experience what they have imposed on others, in past lives.

Some simply attach themselves to the process as there is a suitable 'transportation platform'....just as you would book yourself a seat on an aircraft.

The list of reasons is endless.

Group Member: *Power, power.*

🌈 What do you wish to know of power?

Group Member: *In the last channeling we were urged to use our own power, to love and to appreciate self. Could you elaborate on that?*

🌈 We have spoken of this many times before. Let us speak of it in today's context.

You now know that you are creating your reality, moment to moment. You have understood the responsibility and the abilities you now have with your own power.

If you choose not to exercise your power, you will, by default, be simply re-creating the same pattern you've always lived in, because your declaration to the universe is: 'I am powerless; therefore I am more comfortable with the structure I have always lived in. I do not wish to change it.' And the universe says 'We accept your terms'.

So, even when you are feeling powerless in a situation, remember that you are actually wielding your power to recreate the same old pattern! This inner realization will give you the impetus to possibly choose another course of events.

You have now come to a point in your growth where you have to exercise this power option AT EVERY INSTANT. You don't have the luxury of waiting till tomorrow or till a later date.

Group Member: *Sir, may I ask a question? If there is a decision to be taken, involving many people who have differing opinions, does your 'creating your own change' take priority over the decisions that the others are trying to take?*

🌈 When group decisions are involved, each one adds his special 'flavour' to the outcome, making it richer and more complex. Your power, in fact, enriches self to a level where you begin to understand what is best for the group as a whole, and not necessarily what is best for you as an individual.

Let us remind you of an example given several sessions ago, where you learned how various souls 'vie' for a single mother's womb.

Each of these souls, along with the earth mother, constantly re-evaluates the circumstances that he would enter into, if he took birth through that mother. The instant there is the slightest mis-match for one soul, he bids farewell to the other contenders and to the mother, joyously and freely, and gracefully withdraws from the 'competition'.

Each soul does this, one by one, till the last few do a cosmic dance of entry, right till the last moment. If there is a perfect match for two or three, and it is acceptable to the mother as well, then sometimes there are twins or triplets born. Otherwise, just one enters.

This is a truly unified group decision: without ego, without unhealthy competition, with only a desire for the best outcome.

Group Member: *Correct. Towards the change that took place, I could have put my foot down; but I went along with the discussion and the group decision and allowed the judgment to take place –*

🌈 And in doing so, you added your power to it.

Group Member: *Speaking of babies, what is the nurturing and care that we can give in this current state of Earth flux?*

🌈 The children who have entered during the last month will not experience this energetic confusion, but those who have been in physical existence for more than a month will attempt to align by anchoring their energies to that of their mother's, for security.

The mother therefore has the responsibility to stabilize herself, to bring herself into relative balance, and to warmly embrace and nurture her child.

Remember, even your children are 'shedding skins'. No matter what age they are at. Aid them in this process. Do not exercise unnecessary 'control' over them. Reduce your 'dos and don'ts'. Just be there for them in full expansion.

Thank you