

4th December, 2008
MASTER KUTHUMI
THE ST GERMAIN
Channeled by Sohrab

The Terrorist attack In Mumbai

[The week following the stirring events in Bombay: Terrorist attack in the city]

Trance Channeling begins

Have faith in yourself now. Put aside all conflicting thoughts of right and wrong, of shoulds and shouldn'ts, and let us work today, as a joyous and **powerful group**.

Begin by energetically embracing every single human being who has participated in this event: do not discriminate between the terrorist and the victim, between the survivor and the one grieving.

Joyously flood all human beings who have participated in this event with your light now. Now embrace the physical spaces that have been energetically vibrated through this event.

Go into the actual walls of the physical spaces, go into the Earth beneath them and flood these areas with your light. Now embrace all those who have shifted form in this event.

For those of you who have particular friends and loved ones who have participated in this event, focus upon them now, **but focus upon them in your fullness; not in your pain. You cannot serve them in pain, serve them in fullness.**

Now shift your energies to embrace not only the space and not only those who have passed over, but also the grieving families, and the grieving city.

Now, using your energies, cradle the city of Bombay. The city of Bombay herself is an entity whom very few have focused upon: she, too, is in a process of shift and trauma, embrace her, as you would embrace a loved child.

Now allow your personal vibrations, and the vibrations of this group, to encircle the globe, the entire sphere that you inhabit, and allow your group energies to merge with all aspects of Planet Earth.

Now come back to the physical space of Bombay and allow your own consciousness to bring in front of you, individuals or groups of souls who have passed over in this tragedy. Friends who desire your energy and your support. Some will be known and some will be unknown to you; welcome them joyously and flood them with your light.

Now embrace yourselves with your own light and energy, cradle yourselves, as you would a newborn child.

Find your centre and slowly return to full consciousness.

BLESSINGS, JOY, LOVE AND LIGHT
FROM THAT ASPECT OF SOHRAB THAT IS MASTER KUTHUMI

Sohrab changes energies to the St. Germain

Dear Friends:

This physical event has released a vibration into your physical bodies, which has now manifested in the form of a chemical enzyme. At present, it is coursing through the blood stream of every single human being in your country and its effects are also being seen around the globe through select persons.

This enzyme is piggy-backing a natural enzyme you already contain and therefore your scientists have not observed it yet, but they shortly will.

Why is this in you? It is an enzyme that is now flowing free and will intensify as it... shall we say... *'attaches itself'* to your resonance. This enzyme will release points of energetic light into the blood stream and into, therefore, the cellular structure of the body, which will not only raise your personal vibration, but will start sending out an echo, a sound echo, into the physical body which will increase your personal levels of expanded sound.

You have been told this before, and we reiterate it now: during the year 2009 you will not be able to 'be tentative' about anything. You will have to flow in an energetic gush; you cannot turn off the tap and you cannot allow your energies to simply trickle out. What does this mean?

First: you WILL HAVE TO live in the moment, you cannot allow ANY moment to bypass you. Whatever task you are involved with; be it a spiritual task, a physical task, a task of socializing, a task of reading a book, a task of watching your television, a tasking of staring at a garden or at the sky, do it in full flow of self. If you attempt to stem the flow and be half-hearted and work in half measures, you will fall. You will fall and you will tumble and you will graze your knee. And most of you will fall, and you will pick

yourselves up and you will dust yourselves off and you will then be reminded to flow fully.

What does 'flowing' mean? It means finding the balance of the holy trinity: the mind, the body and the soul and allowing all three parts of self to work in perfect alignment.

Right now, most of you are being pulled in three different directions: the mind takes you in one direction, with those convoluted Earthly thoughts and justifications, with the what ifs and I shoulds; the body takes you in a second direction, as it has its own feelings and desires; and the spirit is constantly nudging you in a third direction.

So you feel torn apart, directionless, and confused.

This new enzyme in the physical body will attempt to enhance your echoes, your vibrations and your light, helping you come into the mind-body-soul alignment, but that work YOU have to initiate.

So when you are tentative, and when you are faced with a situation where once again, the mind takes you on one direction, the body in the second and the soul in the third, you have to still yourself, take a few moments and bring the three together. You have to joyously choose one path and follow it whole-heartedly. When you do this there is never a 'mistake', as each path (even if there are options) is perfect in itself.

You have to GUSH. So if you feel the urge to speak out, do it THEN. Don't 'wait for the right moment'. If self urges you to gush in silence, then be the most silent that you can possibly be.

When you need to radiate your light and your opinions and your voice, you must do it in full flow at that moment, not waiting for another moment. Be IN the moment, AT the moment, FOR the moment.

Friends, this applies to every single aspect of your lives. If you are having a shower, have the best, most cleansing shower you can have in that moment. If you are cooking a meal, cook with complete focus and joy. If you are interacting with friends, open your heart and flow free. Have a blast at the party. And if you are choosing to have a fight with a partner, have the most rip-roaring fight you can possibly have! If you want to accuse a person, accuse him to the fullest of your ability. If you want to moan and groan, be the best moaner and groaner in the world. Everything must be chosen in full flow. But be in full alignment throughout these processes.

You will observe, in 2009, at moments when you try to fence sit, where you try to evade a problem, where you try to shut it out, where you try to deny that an issue has come up, that you will fall and graze your knees instantly. The fall will not happen later, it will

happen at that moment and that is your instant indication, *'I am not flowing freely'*. So friends, use the power that you are generating and live joyously in the moment.

'Ds':– What does this transformation take us to, sir? that of being fulfilled, free-flowing, that which will increase the light within us. But where will we go from there?

St. Germain: As you well know, 2009 is the year of right human relations. All relationships will be examined by you during this year. Not only inter-personal human relationships, but your relationship with your job, your relationship with the situation you exist in, your relationship with your clothes, your relationship with your behavior, your relationship with our attitudes, your relationships with your beliefs, your relationship with every relation.

In this process of the vibrant flow and the occasional tumble, which will happen for all, you will be able to attain, in a very practical and physical manner, a new awareness of your own power and a new faith in self.

The coming year is going to be very practical, very much to do with you, in the best possible manner. It is a year of great energetic magnitude, as planet Earth is drawing to Herself floods and floods and floods of new Cosmic energies that will pour in at a torrential rate, affecting every aspect of Herself.

You will all find yourself breathless if you do not raise your own vibrations to match the power that is being flooded into you, and you will do one of two things: you will either give up and exit the planet, or you will find yourself bouncing around on a stormy sea, like a little piece of driftwood upon the waves. And this you do not want, as it will disorient you to a degree that you will not be able to tolerate. And if you allow yourself to drift along endlessly, you will go beyond the point of self-reclamation.

No one, no one who chooses to remain alive and on Planet Earth during 2009 does not wish to leap and grow energetically at this rate, else collectively you would not have chosen to draw these energies to the planet.

And we hear the questions in your minds: yes, there will be many changes; yes, there will be shifts; yes, there will be other upheavals and yes, there will be other magnificent events, some of which you will deem very positive, some of which you will deem horrendous. It is going to be a year of vibrancy like you have never before seen.

But the key word is not destruction or death or trauma, the key word is **'vibrancy'** and if you raise your vibrations to align perfectly with the desire of the mind-body-soul connect, it will be magnificent.

All of you sitting in this room and all of you who are part of this group will now be doing practical work in 2009. You will be reaching out to others in different ways: sharing your

knowledge, sharing your power, sharing your light, influencing others, offering them the benefit of your personal wisdom and hard-earned knowledge, working in a joyous manner.

No more will you be able to sit at home and just contain the information that has been given to you over years and years. The time has come to walk abroad. Now you can do this kicking and screaming, or you can do this in so much joy that you will be a Star performer on your own stage of life. The choice is yours.

Let us have your questions.

Group Member: – *You said that we have to get our mind, body and soul into alignment. Yet when we are actually facing tough situations, how do we distinguish between the call of each part? We often say, “I am in two minds.” Its all very confusing!*

St. Germain: What a wonderful example you have just given us: ‘I am in two minds’. No one can be in two minds. What you are actually saying is that the physical conscious mind is playing its little tricks upon you, offering you options that often lead you away from the body and lead you away from the promptings of the soul, and so you are often (seemingly) in two and three and four and seven minds.

What you have to do is this: take a moment of inner silence...this does not mean deep meditation, it just means collecting yourself at that instant. Find your balance, ask the physical mind what it is saying, listen and acknowledge it, then shift to the physical body and check what the body’s energetic reaction is to that thought.

Then go one step further. Find your inner balance which instantly guides you with your divine intuition. When the three seem to be in sync, you are in balance. If there is still a flutter, as there will be from time to time, don’t make a decision, just continue the work.

Your own beingness is never, never wrong, it is simply that you do not heed it. There is not one human being alive who is not ‘fully psychic’, as you term it. There is not one human being alive who does not have the inner voice. It is that you choose not to hear it.

Test yourself by checking out this procedure, when you are ‘in two minds’ the next time around. Use a small situation and explore it with the two minds – explore one option, explore the other option and see which one sits better in balance. Then, when you have made the choice, go for the choice fully. If you start vacillating again, you are creating yet another fork of two minds, so choose it wholeheartedly.

Pz: – *In meditation, I saw the Bombay Municipal Building (BMC) opposite CST and on top of it was the main dome of the Taj Hotel. I just wanted to know what this means: the BMC building, but with the dome of the Taj Hotel.*

St. Germain: This was a visual given to you by self – it is simply that you, personally, while you have been doing this work today, have been aligning energetic strands for the purposes of a synthesis of new energies. You were drawing together various energetic strands that belonged to different aspects of the event that took place. Pulling together two strands that gave you a visual image of one physical location, super-imposed upon the other.

To 'Ds' – We will speak of 'transformations' at a future date in fullness, today is not the day.

'Ds':– *I also want to know whether you are going to come into that transformation?*

St. Germain: Of course

'Ds':– *Because you came in 1500, why wouldn't you want to come now?*

St. Germain: Who says I am not here now? I am very much here now.

'Ds':– *Physically.*

St. Germain: And who is he? (Pointing to self) but holding my energies physically?

'Ds':– *OK*

St. Germain: And who is this entire group, who is eventually governed by the energies of St. Germain? Each one is a physical, walking manifestation of St. Germain.

With your new level of energies, dear friends, it is not the time for a physical messiah to appear before you, as they did in the past.

When we say 'the energies are within you', we truly mean that YOU are now learning to hold greater and greater levels of Master energies within self. Therefore, if you are a devotee of Jesus or Sai Baba or St. Germain, you are now able to first acknowledge your power, and THEN to add to self more and more of their strands.

So now YOU become the walking Buddha, the walking Baba, or the walking Germain. And yet you still wait for them to show themselves externally, in someone else's body? Why not first look at your own?

'Ds': *Now we will.*

St. Germain: (To the group) – Can you truly stand up and say; 'I AM the walking Jesus or the walking Mohammed or the walking Buddha?'

'Ds': – *I will, eventually, not now.*

St. Germain: Now DO NOT confuse this, once again, with giving your power away to a Master.

'Na': – *No obviously not, I won't say 'I am Jesus'; I will say 'I am 'N', I am Myself.'*

St. Germain: Absolutely. But within the 'N', you can choose to have an energetic predominance of as many magnificent beingnesses as you wish, because if the 'N' did not exist, and if the 'N' did not supersede those, there would be no 'N'!

Which means, if you are the walking Buddha, you still have a predominance of your personal strands over those of the Buddha that you contain. And the Buddhistic strands are there at your invitation. You must know this. Do not give your power away once again by acknowledging the presence of the Buddha within you, without first knowing that you are in predominance!

To 'Rad' and 'Sj' (referring to their close friends who passed over in the Bombay event) – They are safe. They are safe, they are cradled, they are loved, they are nurtured, and they are in deep, deep meditation. Your energies can aid and facilitate their expansion and their movement to the next level. But, do not add your pain into your meditation.

You may experience your pain for your personal purge, but at that point do not meditate upon your friends. When you choose to meditate upon them, do it in pure love. Just with joy, even if it is one micro-second of joy, that is enough and the instant you find your pain arising, switch back and do the work you need for yourselves. Both are as important. They are safe, they are secure, they are nurtured, they are loved, and they are in deep meditation.

'Rd': – *The question that I have is, I feel very conflicted about a situation, where I have experienced two situations, the wife, trying to contact me – I have been doing some energy work, a lot of energy work, and have been assuring them that their kids and families will be taken care of and that this is the decision that they have made and – there's one part of me where I feel that she is trying to contact me and she trying to tell me something that is important where she wants me to do something for her – but another part of me is saying don't disturb them ---*

St. Germain: Let us explain this for the benefit of all. When a person passes over, particularly in energetic trauma, they are often put into a state of deep energetic meditation.

You have heard that they are put 'into a deep sleep', but it is not sleep at all, it is active, deeply conscious state of meditation. How does this happen? Obviously, as you know, a

beingness that is on Earth is only a part of his entire energetic component. That energetic component that is in spirit and is expanded is in perfect harmony with self, but the portion of him that has incarnated and then moved back into spirit, through a violent event, is vibrating at an uncomfortable level for self.

Therefore it is not some external Master who puts this portion of the beingness into a sleep state, it is you yourself, in your own Higher vastness, that cradles and nurtures that portion of self that has undergone trauma. And this is done till that portion of self comes into a level of alignment with the full vastness of Self.

While this process is going on, there are still echoes of self that sometimes attempt to hang onto earthly life and all that he has left behind. These echoes still hold onto rage or grief or trauma...and that is why you were taught not to initially attempt to contact the person who has passed over. It is important to allow these echoes to slowly acclimatize to Self again, after which communication is beneficial and smooth.

Now let us remind you that not all persons who move back into spirit form need this process of meditation.

For example, every single one of the fire-fighters who lost their lives in the 9/11 episode, moved instantly into spirit and continued with the retrieval work from the other side, helping the souls cross over smoothly and easily. They worked in perfect harmony with their Earth colleagues. They were grand Masters, each and every one of them. They shifted form with no trauma, no confusion, no pain and continued their work joyously: none of them were placed in meditative stasis.

'Ds':— *What did they actually do when they crossed over?*

St. Germain: Dear one, exactly what they were doing on earth! The firefighters here were putting out flames; rescuing people buried under the debris, and were risking their lives going into portions of the remaining buildings and saving trapped humans.

In spirit, they would sift through the energetic rubble, receive the bewildered spirits who were crossing over (often showing themselves dressed as they were on earth, to cushion the emotional trauma of those who refused to believe that they had crossed over), embrace them energetically, help them understand what had happened, calm them, soothe them, nurture them, and help lead them towards the light. Towards their loved ones. Towards their Master energies, towards their own energies!

'Ds':— *Did this happen in these crises?*

St. Germain: To a certain degree. In this particular event there were several energetic, shall we say, troughs and crests that took place: if you wish we will speak of that, because that is the pattern of India.

'Ds': – *Ouch!!*

'Gl': – *What about whom we call terrorist, what has happened to them energetically?*

St. Germain: (laughing) We thought that would be the group's first question!

'Na': – *Did they facilitate this?*

St. Germain: We will touch upon this today, dear friend, and we promise we will give you an entire session on this, when you are more energetically balanced. This is not the appropriate time, and the information would not be received or acknowledged to the degree that it could later be.

'Na': – *I have a lot of questions.*

St Germain: Some of the 'terrorists' (as you term them), but not all, were in complete soul alignment with their own missions and, as such, have moved into spirit having completed exactly what they set out to do, with a perfect union of mind, body and soul. These beings suffered no trauma, and will undergo no retribution or karma at all, as they have functioned as they needed to.

Just as you would praise a surgeon who cuts open a diseased human being and removes a cancer, so have they done, from their perspective, what they needed to do, in perfect alignment.

Two of them were in complete disharmony with self: those beings, who are now in spirit form, are undergoing violent self-therapy. Remember: there is no punishment, there is no retribution, and there is no 'whipping from a nasty god'.

But they are so far out of sync with their own higher energies, that even though they have been cradled by Self, they are not in energetic meditation. They are in such a state of energetic agitation and turmoil, that they are experiencing 'hell' beyond any torture that you can imagine. Is this punishment? Not at all. It is simply that they are so out of alignment with self as of now. Slowly this will change.

'Sl': – *Do these two choose this type of death?*

St. Germain: No. They simply strayed far from their personal life mission, and the mind-body-soul connection was practically non-existent.
The one who is physically alive... but we will speak of him later.

(Groans from the group)

'Na':— *No, but he believes what he does is right, he believes that he is ----*

St. Germain: You are viewing this from a third dimensional viewpoint, but rest assured he had to live and he had to undergo a physical experience post this event, from which he will now grow: this is his growth aspect. We will speak of him in detail later.

'Pz':— *You said 'complete alignment' - mind, body, soul aspect, can we please understand this aspect?*

'Na':— *Is that what is referred to, in Hinduism, as Dharma? Being true to oneself?*

St. Germain: Exactly, exactly!

You are aware that every single human being has set out a path before he has arrived, mapping out a certain series of events he wishes to undergo during his physical life, this is what was called the blueprint. In the blueprint, there often is a path that seems to be judged as 'negative' by others: for example, the contract between the rapist and the victim, an experience chosen quite deliberately by both, for soul growth.

Therefore, if the rapist comes to Earth and does not fulfill the rape, he is not being true to self. If he comes, and rapes, as planned, only the person he has contracted with, he is in perfect alignment with self. But if he comes down, and rapes her and rapes seven others, he is out of alignment. Do you see how complex this is?

'Ds': — *You mean to say these terrorist made a contract with the city of Bombay and with the collective unconscious to do this?*

St. Germain: Of course! How could it be otherwise? How could it be otherwise?

So some of the 'terrorists' had contracted with the city of Bombay and with some world citizens to facilitate this violent event, which they did.

Remember, now that creation of the blueprint is moment to moment, some citizens decided at the last moment NOT TO participate. They were the ones who walked out of the hotel five minutes before the events took place, or 'suddenly felt unwell' and didn't go out to dinner that night.

But the 'terrorists' who were out of alignment with self were not supposed to participate in this event at all! And yet they allowed life's circumstances to lead them down this path.

Now, does this mean you should glorify this event? Of course not! This event has been created to awaken each person in a unique and individual manner, as well as awaken group consciousness.

The point is, are you awake???. Are you in alignment with self? Have you examined your inner terrorist?

Some of you may find that you need to go out there and do hands-on work. Some may have to start groups and speak out publicly, demanding rights of citizens. Some of you just need to go inwards and reflect deeply. So we ask again, are you awake and in alignment with the promptings of self?

'Gy': The year 2009 is the number 11 is the first Master number, finds it difficult to express, in the world of form, the potential for Mastery which is in that number. So instead, can we use the energies of the second master number, 22, for manifestation?

St. Germain: Indeed you may – just as the chakras are now bleeding one into the other, so are the numbers now merging.

'Gy': So 2020 can be brought forward?

St. Germain: 2020 is concurrent if you so choose it to be.

Darshana – *And you can use 33*

St. Germain: And you can use any infinite amount of possibilities if you have in faith in self. You are the alchemist !

BLESSINGS, JOY, LOVE AND LIGHT
FROM THAT ASPECT OF SOHRAB THAT IS ST. GERMAIN