25th December, 2008 - CHRISTMAS DAY Those Aspects Of Sohrab That Are: THE ST. GERMAIN, THE JESUS CHRIST THE ARCHANGEL MICHAEL. Channeled by Sohrab

The Significance of Christmas Parallel Existences

Trance Channeling begins

Blessings!!

Let us begin with a little Christmas game. You give us a word associated with Christmas, and we will give you our interpretation.

Pz-: Christ

We will not speak of the Christ Office and of the Christ energies; this has been spoken of so many times before. We will speak of the expression you use, 'OH CHRIST!!' What happens, at that moment? You have generally undergone an experience of some form that has jolted you and the words that pop out of the mouth are 'Oh Christ!'

Now you may claim that you are invoking the Holy Spirit into you, and that you are extending your energetic arms to embrace the Christ Office...you are not! (laughing).

What you are instinctively doing, at that instant, is appreciating the energetic jolt that has gone through your entire physical system, permitting you to move from an old area of stagnant energies, to a newer one of greater vibrancy. In this process, there is an inner expansion (even if you are very angry or upset) that takes place, which permits a new merger in your own cellular structure of the mind, the body, and the soul. It is an exclamation, proving to self that you have just leapt forward, and appreciating the new energies flowing within you. So, in effect, you are affirming the Christ within you.

Kh:-Joy

Joy. We have used this example before, and we will reiterate it, for the benefit of all. The words 'Joy' are - J O Y – Joining Yourself with OM and the OM sits in the centre of the word joining yourself, as a symbol of 'ALL THAT IS'.

In the true expression and experience of JOY, there is no sadness there is no happiness, yes, there is no happiness as well. Happiness is not joy, joy is a sense of complete inner expansion, where you just are. And in that infinitesimal moment, you join yourself with the energy of the universe: there is no separation. There is no you, and there is no universe. It is an experience where you touch all that is, and this experience does not bring up human emotions, it just is. That is JOY.

Na: – *Is there no opposite to it?*

No, there isn't. Because even your words like depression, and sadness, and depletion, and separation are not the opposite of joy. Joy simply is.

Group Member: – *Bell*

Bell, interesting. Why is the bell used in all religious practices?

Many group members offer answers --- Awakening, sound, vibration, resonance, musical notes, etc.

Many of you are aware that the sound of the OM is the sound of pure creation, and many of you are aware that the sound of the OM is now mutating at a very rapid rate, and therefore the OOUUMMM that you chant, is not quite accurate any more, as it only represents a tiny microscopic aspect of the entire sound.

On Planet Earth, the ringing of bells helps align the physical cellular structure with the music of the universe. The vibration, the resonance, and the music released by a bell has a particular energetic signature that triggers off a vibration in your cellular structure and instantly connects you to a higher level of Self.

When bells are rung repeatedly in temples or churches, they set off a chained reaction in the physical body, that 'enlivens the cellular structure,' vibrates the liquids in your physical bodies and triggers off new synaptic pathways in your brain. In this process, your vibrations leap outward, touch cosmic vibrations, and an energetic chain of events takes place. You vibrate at higher frequencies, higher level energies flood in, you vibrate still further, still higher level energies flood in, and so on. Hence the use of the bell.

Group Member: – *Birth*

Bird?

Group Member: – *Birth*

Let us answer both 'bird' and 'birth'.

Birth first: The symbolism of 'immaculate conception' in Christianity has nothing whatsoever to do with Virgin birth. It is simply a symbol of GIVING BIRTH TO SELF, WITH ONE'S OWN POWER, and WITHOUT NEEDING ANOTHER'S INPUT OR ACKNOWLEDGMENT.

You constantly give birth to different aspects of self and you cannot rely on another's validation of self to be who you are in your newer and newer avatars; that is the meaning of 'immaculate conception'.

Now Birds, and the dove in particular. The traditional symbol of peace. Another appropriate aspect of Christian symbolism, and one which refers to several aspects of self. First, the bird is a symbol of 'flight'. Your ability to go beyond the physical body, where you are rooted, and to have any flights of fancy, in any form, manner or shape you desire. You are not grounded; you are able to fly free.

The 'white' of the Dove refers to your ability to see and embrace all colours. You have already been taught that both White and Black contain a myriad of colours and in the case of White, it is primarily a reflector. Therefore the symbolism of the White Bird is the ability to fly free and reflect every aspect that you experience in your existence. Take it in and reflect it. Not dwell with it, not hold it, not make it only yours, but to experience and reflect, experience and reflect.

And the Dove, which has an Earthly connotation of 'Peace', has within it Buddhic wisdom. Now this may seem a paradox, as we are talking of Christmas. But let us assure you that it is only you who segregate the energies of the Masters and it is only you who attribute certain energetic aspects to certain religious festivals. Buddhic energies flow very powerfully through the Christ office, as do many other energies, and therefore the 'Peace' is the wisdom, the ability to fly up above self, to fly free, to reflect every aspect that you experience, and in this process, to gain further and further levels of knowledge and wisdom. ----- Next!

Group Member: May I ask a question? The Christmas tree and the Star?

Have you ever wondered why the Christmas tree has its particular shape?

Group Member: - It is pyramidical — pointing to the heavens. Evergreen. It survives and thrives in extreme climates. Each leaf is an individual.

◆ Thank you. The Christmas tree has all these aspects:
It is evergreen – in other words, it recreates self, moment to moment.

It can survive anything - it joyously embraces the vicissitudes of life.

Every branch is unique and it 'points towards the heavens' — it symbolically represents your life. Every person has a root issue, and from this root issue grows your life: each branch represents experiences you undergo through life, created by self for your growth towards self-realization. And you move upward, towards the 'star on top of the tree', which is your expanded self of pure perfection.

The pyramid-like shape is also very important. Let us speak briefly of this vital piece of sacred geometry.

Most earth Pyramids are built on strategic energetic vortex points. They, in themselves, are incomplete structures, but they are **energetic hubs.** There are similar pyramidical structures, some natural and some constructed, on various planetary bodies throughout the Universe. When the natural rotation of these planets take place, and when two 'compatible' pyramids line up, one on earth and one elsewhere, they activate and pass a very high-level energetic beam between one another, exchanging energies for a very brief period of time. Then the natural rotation of the two planetary bodies severs the link, and they deactivate.

Group Member: – Why is it on Christmas day? And why not on any other days?.

This does not happen 'only on Christmas day', dear friend. But on this day, there is a predominance of these energetic activations and exchanges.

Group Member: – Why?

A chain reaction is then set off which predominantly facilitates **transformation**. Transformation of any and every aspect of self and of planet Earth. So today you are all receiving this energetic 'tidal wave', and this leads us to the second part of today's session. So Thank you!

Other Symbols?

Group Member: – *Christmas carols?*

- Christmas carols The Christmas carol is slightly different to other religious chants and religious music. It has several functions:
- (1) To help you touch JOY.
- (2) To align your vibrations with this aspect of transformation, so that, on a higher conscious level, you clearly decide which aspects of self you wish to transform.

 And
- (3) it introduces melody into your life. Now we have not said 'music', we used the word 'melody', and there is a difference.

Melody is the lilting aspect of music that is pleasing to self. Music may not necessarily please you, but melody, if you term it such, always pleases you. You are reconstructing the melody of your own life, just as you constantly reconstruct the vibrations in your own life.

It is not a coincidence that this festival takes place so close to the physical ending of the year, as this transformation begins at this time, and allows you a brief period of energetic processing, to decide what to choose to create for the new year, before you physically enter the flood of energies that hit planet Earth on January 1.

Group Member: – That is just exactly what I was saying before the meeting began!

Thank you, you are correct!

Group Member: - Red and Green, the colours of Christmas, and decoration.

Ah! What do Red and Green symbolize to you?

Group Member: – Contracts, root and heart chakra, survival and love, brightness, primary colours.

Let us talk of these two colours beyond what you already know. You are already aware that Red is primarily interpreted, on Planet Earth, as either the colour that represents anger and vibration, or the colour that represents great power. And you are aware that Green is generally interpreted as the colour of 'love' and the heart chakra. It is also the colour of Nature. Foliage. Fertility.

Red indeed does contain energies of great, great vibration; but whether you interpret these as anger or power is immaterial.

Red also facilitates the harnessing of Cosmic strands from around the universe and their assimilation on Planet Earth. In other words, when you use or vibrate with Red, your faculties open up to a greater degree.

Green is an interpreter of the Red. Through the Red, you can access these Cosmic strands, but the use of Green helps you assimilate them in a smoother and easier manner.

To use a very earthly example, if you were studying for an examination, the use of red and green together, either in the room or on your bodies, would help you both absorb and assimilate your study material to a much higher degree.

Group Member: – Santa Clause. And the Reindeer.

What does Santa Claus symbolize to all of you?

Group Members: – Abundance, gifts, sharing, generosity, joy.

The Santa Clause is a representation of every aspect of self that you are working towards. We will explain this.

First of all, the Santa Clause is a highly reclusive individual. He is one who is only seen officially on one day of the year and he spends the rest of the year working behind the scenes, secretly, quietly and joyously, to spread abundance around Planet Earth. It is the symbol of how you work for self. Deep, quiet and private work that goes on all the time, out of the public eye.

The **North Pole**, of course, is the symbol of the Crown Chakra: the Santa Clause lives in complete expansion at all times. He only knows abundance; he has enough to give to the entire world. His focus is 'children': the inner child.

The **Red and the White** that he wears is representative of his ability to assimilate new cosmic energies, and to simultaneously reflect it outward, sharing it with the entire planet.

The gifts he gives depends on how 'good' or 'bad' you are. Correct? (Everyone laughs) The bad children do not get gifts and the good children do: but now we speak of 'good' and 'bad' in terms of your alignment with self. So if your life's mission is to be a conman or a thief, you are 'good' if you the best and most devious con-man or thief you can possibly be. And you will receive all the gifts from self (Santa Clause) because you are fulfilling your life's mission. And if your life's mission is to be a teacher and a disseminator of universal truths, then you must be the most expanded and joyous teacher possible. Then you are 'good', in your scheme of things.

The 'sack of goodies' Santa carries upon his back, symbolizes your divine right to access Universal abundance, and to spread it around.

The sleigh that Santa Clause rides seems to be an old-fashioned vehicle, yet it flies with anti-gravity. A representation of the embrace of the past and the future, all in the NOW.

And **the Reindeer s**tand proud, wearing branched antlers on their heads. The branches of the antlers, like the branches of the Christmas tree, represent life experiences, which they wear at their crown chakras: all are in perfect harmony with their higher self. They declare that all their experiences are part of WHO THEY ARE, and they wear them proudly upon their heads for all to see.

Group Member: But reindeer shed their antlers from time to time!

Aah! Thank you! They are perfectly willing to transform at all times, shedding old aspects of self, and joyously growing in new ones, at will. At Will!

Group Member: – You say that one must know the core reality for knowing what you are, and to what your path is, what your soul wants, and soul must do, and the good aspect and a bad aspect, but is it only in this life time or is it all the life time?

A good question. In other words, does a single human being have the same core issue over a millions life times? The answer is NO. But, an individual may have the same core issue over many life times, till it is fully assimilated, at which times, the antlers are shed and a new branch begins to grow. Why?

Group Member: – Because if you haven't learnt it in one lifetime, you will take 10 lifetimes to learn it. The choice is yours.

Precisely! Everyone works at their own pace, and everyone has the right to work at their own pace. No one else can determine how fast or slow you must go, as it is your process. Just as there are those who, on a holiday, choose to drive down a road slowly, enjoying the scenery; yet other vacationers, driving down the same road, may choose to speed down it, enjoying the wind in their hair!

Group Member: – Do all my realities have the same core issue?

A good question. Are you speaking of parallel realities?

Group Member: – (inaudible)

Laughing) – Dear friend, Yes and No. Why?

We first need to briefly explain this concept to those in this room who are not aware of simultaneously realities.

In simple terms, you not only exist in the earthly timeline of the past, the present and future, but also in parallel existences. This is what makes it so confusing for therapists and past-life regressionists, as they generally take the patient into a past life, and do not take into account the possibility of energetic influences from a parallel existence and the answer may well lie there, rather than in the past.

You are all sitting in this room, listening to this discourse, at this moment in time, in Bombay.

'One reality away', you are all still sitting in exactly the same room, wearing the same clothes, looking exactly the same as you do here, but you are listening to a slightly different discourse.

'Five realities away', you are sitting in different positions, sitting in the same room which looks rather different, and you are hearing a completely different discourse, perhaps a lecture on cooking.

'Ten realities away', you may be of the opposite sex, wearing a completely different set of clothes, sitting together, plotting a murder.

And all of this exists simultaneously, in the here and now, in the same physical space that you currently occupy.

How often have you been asked not to judge another's actions. Not those of a murderer or a rapist. Now we say to you, how can you judge another's actions, when, in a parallel reality, you are probably doing just that, right now?

Group Member: – It is quite likely that we are terrorists in that existence.

And, it is quite likely that every single one of you, in a parallel existence, is a current terrorist. And a current saint, and a sinner and a current teacher and a current what ever.

So, to get back to your question, in parallel existences close to your own, your core issues will be the same as your current one. But as you move further away from this reality, they will slowly begin to change.

Therefore you are also experiencing, simultaneously, ALL core issues in existance.

Group Member: – Fragments?

These are parallel existences.

Group Member: – If we die in one reality, do all the parallel selves also die at the same time?

The death of one aspect of self influences and energetically effects each of the others, but you do not have to physically 'die' at the same point in time.

Group Member: – Can we merge with our parallel selves?

An important question. Upto now, 'leaks' between parallel selves have not been permitted. The veils that separate the parallel existences have been very thick. Why?

If your mission in this existence is to be a teacher, and in another is to be a murderer, neither would be able to benefit the other, or permit the smooth facilitation of the individual missions.

Now, however, with the new energies and with your new levels of power, you have the choice to access certain aspects of your other selves. For example, let us say that you have assessed self as a person who is weak and vacillates constantly, and you wish to shift focus and move towards strength and self-focus. You now can choose to access a parallel aspects of self where you are, perhaps, a focused warrior, and draw that into the current self.

However, this must be done with responsibility, as once a 'pipeline' is opened, energies flow both ways.

Group Member: – *So beware...*

Yes — so beware (be aware). If a pipeline is opened up, each aspect of self must decide how much of the other's aspects are appropriate for their current mission. And they must each draw only on that, and no more.

Group Member: – *Is it possible to fuse all our parallel selves?*

Impossible – you would all implode. Even when you return to spirit form, from this existence, you do not merge with all aspects of your parallel realities, but it is like having an overview of self. You have the ability to stand up and look at all those aspects of self that are playing their little games, in their various realities, and to appreciate your own vastness.

Group Member: – What about those whom we call Masters?

Masters have merged further than most of you, but even the Masters have not fully merged with all aspects of their parallel realities.

Group Member: – On Sunday we had gone to Ellaeenah – her channeling was exactly on this: the soul breaks up into 144 bits of you — they are in different realities – parallel realities. When we are asking of merging, 144 becomes 143, to 142 to 141 as you finish with your core issues, and that applies not only to fragments but to parallel existences.

Group Member: – Meher Baba is supposed to have said that 60 years after his demise his energies will be around, probably that's exactly what was meant by the ----

Exactly! And that is why we have said to all of you that when you move into the spirit realm, you do indeed merge with the vastness that is you, but there are still

aspects of you that are in existence, not only in different timelines, but in different realities.

Where is the Higher self? You have mistakenly visualized it as a vastness, floating somewhere above you in the heavens. Not so!

It is the same as your cellular structure. The physical body you inhabit is the nucleus, and your vastness extends all around you, in every direction. When you shed the physical, all your experiences are released into the body around you like a fragrant aroma, which then adds to its vastness and richness. The 'you' that you know in this incarnation, suddenly becomes all that is You.

In this process of touching all that is You, you are exploring and reviewing not only all that is you in spirit, but all that is you in various incarnations and simultaneously realities.

Group Member: – But would you say that the remedy is only 'awareness'?

Absolutely, only awareness!

Group Member: – Awareness, in our reality?

Yes, in your reality.

Group Member: – Is that the same thing that applies to parallel reality as well?

Absolutely! So an aspect of you in parallel reality that is the murderer (and let us use 'the murderer' for dramatic effect), at some point in his time, will return to your spirit, and will merge with you, because he is you, he is not someone else.

Group Member: – Where is the higher self of each reality?

ALL COEXIST IN THE SAME SPACE, BUT IN DIFFERENT DIMENSIONS! You are all sitting here, and the next level of the 'you's' are also sitting here, today, here and now, except in a different dimension. To better conceptualize this, visualize a film in which the projector suddenly malfunctions. Suddenly you see several blurred, overlapping images; and then they slowly merge, forming one solid image. So each aspect of those multiple blurred frames is YOU.

Group Member: – Would you indulge us and spoil us a little bit, in telling us, if all this knowledge is for this shift that is taking place? And what is the purpose of this shift?

Group Member: – That's what I began with!

Group Member: - Are you saying that all those parallel dimensions actually exist inside this human body? Or are they different spaces in the same space, doing different kinds of work?

Friend, it is extremely difficult for the human third-dimensional brain to comprehend simultaneous existence, as it is not in your knowledge bank.

The physical space IS the same, yet the dimensions are different, so there is no overlap. To understand this concept better, you have to 'feel' it out, not try to 'mentally understand' it.

'Dr Y' – May I give an example? [Addressing the group] I am a therapist and do work with parallel realities. A couple had come to me...they were unable to have a child, even after 10 years of being married. They had tried all conventional methods of conception, with no success.

I did help them explore past lives, but that did not offer any cause, so I ventured into parallel realities, as that has been spoken of several times before, through Sohrab. His other words also kept coming up for me: "Embrace every part of self, even those parts you find distasteful".

We all have parts of self we hate: our tempers, our craftiness, our cunning, etc...but the moment we reject that, it BECOMES YOUR PARALLEL REALITY WHICH ACTUALLY LIVES A WHOLE LIFETIME OF ITS OWN, so over lifetimes, YOU have created the murderer, the mafia don, the cunning schemer.....

Thoughts, once created, cannot be destroyed, as they are energy. So when we embrace them, rather than let them live on in a different life, they get assimilated into us, and the parallel reality gets complete.

That's what he (Sohrab) means when he says "When you return to spirit form, its easy to get a bird's eye view of the various parallel lives that you are simultaneously living". We have therapies for life between life; there is a therapy available where you can go there and correct things, embracing yourself in the same way.

If we just keep it simple, there is no confusion: That's how one can explain Amitabh Bachchan's kundali — which actually is a beggar's kundali. Several pundits and astrologers have said so, and yet, how come he is who he is today? He is living out a parallel reality.

But the moment you get it back into you without awareness, you create trouble for self. He is a very sick man. He actually lives on medication, superstitions and fears. He is not a very happy man, and yet, he is so different from what his birth chart shows.

So, what's the point of all this awareness, right? Awareness like in the yogic 'vivekbuddhi' is not enough. You have to have 'posha', which means there has to be action with the awareness. So if you are aware you don't take action, it still remains frozen, but the moment you are aware and you integrate that part of you 'ok, I am a son of a bitch, and thank you very much for that', the moment you integrate that, you actually integrate that parallel reality and embrace it, and it ceases to live outside you.

In therapy what we do is, many people don't like to embrace that part of him / her, so we make them live through the entire lifetime, because there is no time and space in that dimension, so you can actually virtually live four lifetimes, finish it off, receive the learning from there and complete it.

(Applauding Dr.Y) WONDERFUL, dear friend. Thank you!

Now comes the question: how many are there? An infinite amount, because as you assimilate, you also create! Let us demonstrate this with an example:

You are really angry with your husband, and you are unable to confront him, or to express your anger. But your thoughts are, "I wish I could kill him! I wish I could throw him out of the window!"

Instantly you are creating a parallel form, that is now starting to do just that. And once you have created it, it starts to take on a life of its own, which means it proceeds beyond that one moment of that one thought. So now there is another 'you' who has done that action, and lives on. Perhaps she has to face the consequences. Perhaps she 'gets away' with it. But she starts to live a life of her own, and experiences a host of feeling and emotions, just like you are, in this reality.

At the same time, when you, in this lifetime, acknowledge that 'there is a part of me who is a terrorist', and the instant you decide 'that's fine, there's no problem with that, it's a part of my experience', you have assimilated the terrorist, and the terrorist has died in the other lifetime – and returns to spirit form.

Dr. Y: - And your energy comes back and you feel so much richer, more complete. Many people who have no problems in their life, but still constantly feel tired, drained, aimless and lack motivation, are this way because there are a lot of parallel realities which have not been assimilated yet.

Group Member: – I wanted to share a dream I had a few days ago, in which I saw the killing of the innocent people at the Taj, the Trident, and at CST. I saw a particular woman, whose face was not my face, but the moment she got shot, I said, "Oh my god, I've been shot, take me to the hospital, or I will die". Yet it wasn't me! The experience was chilling.

Now you have not assimilated that part of self yet, now start work, just acknowledge that that part of you has undergone that experience because that part chose it joyously for a certain reason and the moment you become energetically ok with it, its over. The karma is finished, if you want to use the word karma.

Group Member: – The German concept of a 'doppelganger': does it refer to the same thing?

Not necessarily, but often yes. We will explain this: You have heard that there exists, somewhere on planet earth, an exact duplicate of yourself. This is often the case. Why?

Let us use our friend here (indicating 'Dr.Y'), who has just spoken so eloquently, as an example: He is a teacher, a student, a husband, a therapist and so much more. His energies, as do all of yours, grow at a furious rate.

It is very difficult for a 'Dr.Y', on his own, being in a third-dimensional existence, partially separated from his own Vastness, to hold the level of energies that he does. He *may* need a 'magnetic opposite', in physical existence, to act as a polar opposite. That way, both are served by each other, and can contain larger and larger amounts of energies.

So very often 'Dr.Y' creates another 'Dr.Y' somewhere in the planet: looking, sounding, acting, behaving and, in fact, probably involved in the same activities, to serve as a magnetic opposite. Now does that mean personality-wise, he is an opposite? Not at all: he may be almost identical to this 'Dr.Y', but energetically he is opposite and the two constantly play an energy dance, balancing out each other.

Group Member: (inaudible)...identical twins?

Just as you cannot have a coin with only one side. The coin has to have two sides to be a coin. Now: not ever single person has this, but most do, and most will never meet their counterparts. And to answer your question: No, identical twins are not these; each identical twin may have a doppelganger elsewhere.

Group Member: – I have understood that we create these realities with our thoughts. When you accept that you have done wrong, how do you negate it in this lifetime?

Dear one, first of all, there is no 'right and wrong'. The fact that you are saying it is 'wrong' is because you are uncomfortable with that aspect of self: it remains unassimilated.

Now, you need to examine what you are seeing as 'wrong', and why? Is it out of alignment with who you are, or is it simply society's perspective? If it fits with you, you must continue with it, no matter what. But if you do not wish to continue with it, then its time to transform...Which leads us to the last part of today's meeting.

(Addressing the group) Focus very, very definitely upon an aspect of vital transformation from self, within self, for the next year; nothing is too big or too little.

You can choose a physical or emotional aspect that you wish to transform, or even a situation. But, for today's exercise, choose only one. You may later work on as many as you desire.

Now make an internal commitment to self, and the commitment will start with the words "I choose to transform - aspect of self.

Come back to full awareness. Use the next few days, before the physical end of the year, to very practically work towards this: set up your game plan. In other words, for those of you, who have actually chosen to change your physical bodies (as many have in this room), start to focus upon how you would like to do this. Not how you 'should' or 'must', not how the dieticians tell you to do it, but how you would like to do this.

Get in touch with your body. What foods do YOU need to get into physical alignment with self? Stock up on them. What form of exercise does YOUR BODY demand? Find out where and how you can get that.

Use these few days to initiate the process, so that you can LEAP INTO IT, at the point in time in the next year that YOU deem best for self.

Check yourself: the moment you go into the slightest deprivation mode, reassess what you are doing, as there is a misalignment if you are feeling deprived. *Do this for any and every aspect of your life.*

BLESSINGS JOY, LOVE, LIGHT AND ABUNDANCE

FROM THOSE ASPECTS OF SOHRAB, THAT ARE THE ST. GERMAIN, THE JESUS CHRIST AND THE ARCHANGEL MICHAEL.