

15th January, 2009
UNKNOWN ENERGIES
Channeled by Sohrab

Orbs Working With New Energies

[Prior to the meeting, the group examined photographs brought by a group member, detailing inexplicable orbs photographed in the night sky. One of the orbs clearly had the sign of OM and the words Allah visible in it]


Trance Channeling begins

The Orbs and what they are....though you cannot see them with the naked eye...they exist all around you. These comprise of many different entities and energies: not only those which you receive from the cosmos, but those which you emit from Self. Your positive energies and your debris float around you in the atmosphere, vibrating, banging into one another, setting off new series of vibrations and in general creating an energy structure in which you live.

If these orbs were not present, you would be non-functional: you would still exist in physical form, but nothing would work. For example, those who are in a state of deep coma, those who are in a state of deep catatonia, have deliberately created a shield around themselves, preventing these energy orbs from entering their immediate sphere, as otherwise they would wake up.

A lot of these energies you are seeing in these particular photographs are the energies that we spoke of last week....*the new angelic energies*. If you recall, we told you that they do not have the shape and form of your angels, but are bursts of light. Now look at the pictures more closely and you will understand what you are drawing through the genitalia and into the physical body. A little proof, a little validation for you.

Group Member: *They appear to be pure sacred geometry...*

: They are indeed comprised of sacred geometry. You are so excited by the visible signs of the Aum and the Allah...what your naked eye cannot see, you should now be able to pick up vibrationally when you scan these photographs. They also contain other very high level energies. Energies which do not have a symbol on planet Earth, and yet these are now being absorbed into your physical.

After the session last week about the new energies, does anyone in this room have anything to share with the group?

Group Member: *...I was suffering from ulcerated colitis....periodic bleeding...diarrhea stopped...[inaudible].*

👉: Wonderful...wonderful...[to the group] If anyone wishes to learn how she used the energies, do speak to her after this session. But please bear in mind that your process and hers need not be the same. You must all find your own way to interact with these energies.

Group Member: *I was working on these energies, and my Mom, who was a little rigid and does not want to move out of the medicine world ...she's only confined in that. When I took in these energies and I stated that I'd like my Mom to move further and heal better and something happened in that moment she said "Please tell me something more that I can do, because I know you've helped so many people, now help me as well and that is a big thing coming from her.*

👉: Give her a round of applause.....

Group Member: *While we were doing this, I thought of Dinku, who was not able to be here last Thursday, and I brought her in, to this group and allowed her to taken the energies that were present here...and...[to Dinku] tell them...*

Group Member: *..that was the same evening my Mother was hospitalized. I have so busy with her...all my problems that I have, physical problems have just seem to have vanished and I wasn't aware of what happened last week, when Suraiya talked about it, and I was thinking...I also have digestive problems and maybe these energies have helped me and healed me...thanks Gool...and thank you all! .*

Group Member: *..and one more thing I want to say, at that moment I was feeling very low, was feeling all my vibrations little haywire, when I took this in, it balanced me completely...*

👉: Wonderful! Let us give you a little hint, to check for self whether or not you are allowing these energies to flow smoothly through the physical. These energies will flood you and enable you to feel extremely vibrant, vital, and excited with Self...if you find yourself going into the reverse, know that you are blocking these energies very consciously and attempt to open to them.

Group Member: *I was discussing this matter with my family...after 3 or 4 'o'clock we faced sleep disturbance, it was a regular, but after that session, when I discussed with them...it was a very smooth sleep, the moment I accepted that this kind of thing is there, how the body pattern accepted, it was a smooth sleep for all of us...*

👉: Wonderful. Thank you...

Group Member: *May I ask a question...Unconditional love is streaming on to planet Earth and into us...Is this it?*

■: It is part of this.

Group Member: *My entire right side is vibrating separately from my left side, and I have a continuous humming in the right ear [inaudible]*

■: You are on a personal quest. You are choosing to align with the new 'hum' of planet Earth, and you are, and will continue to, experience it in different ways. You will soon move onto silent 'hums', and will also explore it in the physical body. Continue to work with it.

Group Member: *Right now my left side is humming...and has pins and needles!*

■: After the meeting, you should give each other a big hug and balances out your energies.

Group Member: *It has suddenly struck me that 'hum' means 'I' or 'We' in Hindi...meaning the collective!*

■: Thank you, you are correct. The word "Aum" actually starts with an 'h' sound, so Aum and Hum are actually one and the same.

Group Member: *I used these energies and I asked for losing weight...the next day I did feel a little slimmer [laughter in the room] and I also asked for power...and which I did...because now I am actually seeing things as illusion.....*

■: A wonderful example. ...Learn from her mistake....

Group Member: *What mistake???*

■: She has asked these energies to **facilitate weight loss**. Recall that when the energies had spoken, they had told you that they would work in the way they deemed best.....which means she **could** achieve her weight loss by a debilitating disease, she could achieve her weight loss by losing one of her limbs...**BE VERY CAREFUL...DO NOT USE WORDS LIGHTLY**.....what she could have said, which she must now do instantly, is to direct the energies **for perfect energetic alignment of Self**. [The concerned Group Member does that immediately] Learn from this mistake.


Group Member: *Done!*

■: Learn from this mistake. Do not use these energies lightly. **Be responsible**. Would you like to lose weight by losing 2 limbs? [Everyone quietly says No]...precisely... [To Nandinie] Have no fear, it has not manifest. It would have. You would have manifest, within 2 weeks, a debilitating disease and you would have achieved your weight loss at the cost of your eyesight.

Friends, you must be responsible when you are working with energies of this magnitude. Ignorance is not an excuse anymore, as you are not ignorant any more. By all means direct the energies to bring self into perfect energetic alignment and balance. When you demand perfect energetic alignment of self; the perfect physical form, muscular structure and mental awareness MUST follow.

BE CAREFUL.

Group Member: *I was in Australia for the last 8 months, and before I came here and in November, I was extremely unwell for 1 month, and I had extreme trauma in my hara chakra and my lower part and I kept going to the Doctor that there's something wrong telling him there's something wrong and there was a lot of fear, anxiety, mental and physical trauma, I didn't know what was happening, never experienced this before and I would just keep crying and telling my husband, I am not well there's, if anything happens to me, take me to the hospital, and he would say nothing is wrong with you, the doctor would say, there's nothing wrong with you, your BP is normal, all your tests are normal, only hemoglobin is low and I'd just stopped eating and I just did not feel right, my whole energy was not right, I was not ok....this went on for 11/2 month till I decided to come to India, and to take a break for sometime, maybe it was because of the new pace or because I was getting anxious or something, and when I came here, I had a session with Sohrab, and I was told by him that I took in the energies and I used it to release the blockages that I was carrying, and I would always feel that I carry a lot of blockages as I am a very close person and with the lot of spiritual work I am trying to do, I felt I wasn't being able to expand that much, I am meditating, but I am not consciously expanding as much as I wanted to, so I felt, I released a lot...when he told me that I realized that I do feel very light, I do feel very energetic now and there is a change in my energy after this happened...but there it was unconsciously, and now I am taking it consciously and I am becoming hyper and I have to keep doing something...that's what I feel...last 4-5 years I was sedative, so there is a change in my energy.*

: You had to shake up the entire structure that had got trapped, and at the same time, you had to release debris that was so firmly entrenched, you were smothering in it. The worst is over...recovery is at hand, use these energies.

A little hint...to help all of you understand how to word your statements responsibly. Always make the statement a positive one, not a negative one. Now we are using the terms 'positive and negative', even though we have told you they are both perfect.

By using the words 'lose weight', you are first of all declaring your disgust of your size and shape, and a rejection of who you physically are. We remind you once again that these energies DO NOT THINK as you do....so a disease or a loss of a limb, to them, is simply following your instructions, to help you lose weight.

However, 'perfect energetic alignment' implies that you simply want to ascend on the scale of your already aligned self. It only has a positive connotation to it. And you will.

When you are directing these energies outward, towards a loved one, or one whom you deem needs them, you have been told that the **'energies will work in a manner they know best'**. So if you choose to direct them outwards, you may want the person to get well, but if that person's deepest desire is to exit this life, then he will.

You [to a particular sitter] may use these for your loved one: he needs them, direct them towards him, for perfect alignment of his physical with his entire Beingness, as there is a split...direct them for perfect alignment...of his physical with his Beingness...and that is all. Take the help of others if you wish, you may even do this in a small group.

Group Member: *I sent it to my mother that very night, but she rejected them, she was restless, she blocked it...*

👉: That is her prerogative. However, the energies were not 'wasted'. She, in turn, passed them on to a Beingness connected with her, whom she desired to help on a higher level, and it was done.

Group Member: *Even though I wasn't here...my mother was hospitalized...she had internal bleeding...I just called on her Higher Self...to help her to restore her to perfect health, strength, restore appetite and she's been through all the possible tests in the hospital...and the 2nd day the bleeding has stopped. They still don't know what happened ...she's okay now.....*

👉: In this case your desire and hers was the same. Friends, we once again remind you... You do not have the right to 'order' another to heal; you only have the right to offer them energetic support to do what they want to do. They know best what is right for self, you do not.

Sometimes, when you force healing energy on a person who does not want it, there is an **energetic clash** which may cause a resonance to bounce back at you, causing a physical or emotional disturbance or disease in your body. Do not create this!

Group Member: *Can we ask for healing?*

👉: Once again, we urge you, when working for self or for others, to ask for perfect energetic alignment of the Self. By doing this, if it is the beingness' desire to get well, he will heal speedily and smoothly. If it is the beingness' desire to exit, then he will, speedily and smoothly. If it is the beingness' desire to undergo certain growth experiences through the disease process, then he will, speedily and smoothly.

This is the best form of 'healing', as you are simply offering the other person the opportunity to use your joyous energies to align with self, without the confusion of the earthly mind and desires interfering with the process.

Dear friends, we fully understand your desire to ‘make people well’. It is only natural. But now you are at a level when you can go beyond that, and offer light and energies to them for their **joyous union with Self**. That is all you need do.

Group Member: *In my highest and best interest...also I was doing this now...but I find my left shoulder and left hand is... [?]*

■: you are resisting the flow of energies in this area. Just open it up. It will take a few days for the flow to resume naturally.

Every person resists energies in parts of their bodies, for a multitude of reasons. We now speak of energies in general, not these specific energies.

Repeated past life trauma in a specific area often creates ‘fear’ there. For example, a person who has suffered repeated womb trauma may carry that forward, even into a lifetime where she is not directly repeating the issue. A person who has had repeated physical deformity may also block the flow of energies in that area, even if they do not have the deformity in the current lifetime.

Group Member: *[very soft inaudible]...*

■: What did you see?

Group Member: *I was a farmer’s wife...and I was pulling the...what the bulls pull.....round...it was raining...an axecarrying it.....very heavy.....is what I saw....*

■: Very good: now do not dwell on these...just understand where the weakness comes from....and choose to release it, in this lifetime. You were also, by the way, a female warrior, an archer and you were very badly wounded in this area and. felt completely humiliated as you could not continue the work with your tribe. You then felt useless, less than a woman and you experienced ‘don’t belong’, don’t exist’.

Group Member: *What about animals?.*

■: Human beings are of course the most resistant. Animals, insects, plants, and other such species open to these energies naturally and normally. There is very little resistance on their part.

Group Member: *What about minerals and crystals?*

■: Of course! Do they not have consciousness? Do they not have an evolutionary process, just as you do? Do they not grow in all ways?

They do not have 'karma', but they do undergo a process of 'experience'. For example, all crystalline forms are now fully sentient beings. They communicate with you, and with each other, energetically. Through their process of evolution, they have raised their own consciousness, and are slowly shedding their inner impurities. This could be likened to your 'issue resolution'. They are purifying Self, as they do not believe in an external God, they are their own Gods. Perhaps you could learn this from them!

Group Member: *We now know of the existence of various kinds of beings who live within planet earth...are they accessing these new energies too?*

☐: They are far more receptive than you are. In fact they are the link between the new energies and humankind.

Group Member: *Will they come up to the surface?*

☐: They do so, from time to time, but mostly in great secrecy. From their perspective, they wish to retain the purity of their energies.

Group Member: *Were they originally surface dwellers?*

☐: Very few actually went down from the surface. They evolved in a different manner to humankind. Just as you had the Darwinian 'evolution of the species', they evolved over aeons from under-earth minerals and creatures.

Dear friends, we have spoken at length, in past meetings, of these beings, but we will briefly refresh your memories:

Most Beingnesses below the surface of the Earth are not in physical form like you. Some are in semi-solid form...they can change from semi-solid to liquid to gas, at will. Others are in pure energetic form. These two types of beingnesses work together in perfect harmony.

Group Member: *You earlier spoke of traumas and energies, now, at a personal level I continually have a trauma in my teeth, a root canal, or some problem or the other, and for years this has been happening, it is a continuous thing. Can I use the new energies to stop these traumas and to end it?*

☐: [to the group] What would you recommend?

Group Member: *I would suggest you not think of it as 'teeth', think of it as reason to express or talk or feel something...*

Group Member: *....Ask what's the lesson, learn it..and release*

Group Member: *...also what is difficult to chew in life...what aspects of life you find difficult to chew on..*

☐: Wonderful...wonderful. Ask the new energies to first bring up the issue relating to the teeth and to then help you, with courage and clarity, to face the issues.

Group Member: *Last time the energy came from anti-matter, from the black hole and the light around it...*

☐: Matter...anti matter....

Group Member: *When we saw the orbs in the photographs that our Group Member brought today, I got a sense that these were also the new energies, and that they were very curious about us. Can you please elaborate on this?*

☐: A good question: these energies, these beingnesses, are very enthusiastic. They are impatient, they are vibrant, and they are torrential. They do not have your sense of distinction between 'positive and negative' or 'right and wrong'. Remember, they are matter/anti-matter together. One without the other is incomplete.

Therefore they will make no judgment, so if you demand 'weight loss' in those terms, they will joyously agree and conspire with your physical to shed weight in any way they choose. The shedding of two limbs to give you this weight loss is not viewed by them as 'traumatic'. They just see it as acceding to your to your command.

You wish to weigh 10 kgs less? Let us remove two of her legs, and she will weigh 10 kgs less...it is joyous! They make no judgments whatsoever. However, you have the right to access these energies, and direct them in a manner best suited to your '**overall Beingness**' and yes, if you do not wish to lose 2 limbs, right now, there is no need to go down that route, so instead demand that they '**work towards perfect alignment of self**'. The weight loss must follow.

Group Member: *So now I am scared...*

☐: You are fine.

Group Member: *Great.... ok I used these energies...I don't want to use them anymore...I love myself the way I am...*

[Everyone in the room amused]

Group Member: *They had said...whatever the consequences, we are responsible.....we are not responsible.....*

Group Member: *[Angry] irresponsible energies then...I am sorry...*

■: No, we will not permit you to play with words here. The collective consciousness of Earth has deemed it the right time and the right energies for Earth to receive, which means **you** are part of this decision. You also have a choice not to access these, even after having made this decision, by:

- 1) You can exit the planet now [and many are].
- 2) You can remain on the planet, but shield yourself from extreme aspects of the energy. That many are already doing
- 3) You can joyously use them

We tell you outright, every single one of you in this room has chosen option 3. There is not one here that has chosen option 1 or 2. So now you know this now, you may as well work with them.

Now these energies are coming into your physical, whether you want it consciously or not.

Group Member: *Everyone's physical?...*

■: Every single one...everyone on this planet who is not shielded.

Group Member: *How do you shield?*

■: You do not do it consciously; it is done on a higher level. We cannot teach you to do this consciously.

For all of you who are accessing these energies, they are flowing into you and they are working in alignment with your Beingness, now facilitating new processes, new upgrades, new shifts, in your body and your mind. What we are urging you to do is to use them to a further degree, that further degree is where we ask you to be responsible. As there you need to be consciously responsible.

Group Member: *So our higher consciousness is working with them in any case.*

■: In any case....but if you choose to use them or direct them outward, you have to be consciously responsible, the rest of the responsibility is already been taken care of....

Group Member: *Is this why we have had lots of physical imbalances...?*

■: Absolutely.....as these energies are bringing up old debris.....most of you, towards the end of last year and coming into this year, were going through huge spurts of irrational anger, in some cases irrational fear, in some cases irrational irritation, or meekness or whatever. This is the energy bringing this up and cleansing it.

Group Member: *The last few days, I have been having a lot of stomach problems...is the energies helping me to release something or am I resisting...the energies?*

■: You are resisting...open up...

Group Member: *Every time I come here...my neck, it is in agony....i can bear the pain anywhere else...since last week, my lower back and now my legs...is catching...*

■: When you attend a session such as this, you are attending an **'energetic whirlwind'**. Not only are the energies flowing through his body to all of you, but you are being provoked to generate 10 times more energies than you would in normal life. And you are also surrounded by 60 other attendees, who are doing the same. Were you to photograph this room, with its full energetic connections, you would be enthralled by the plentitude of colour and vibration.

By the way, not everyone can capture these orbs on film. Why? There has to be a level of **'energetic alignment'** between you [as the photographer] and the camera, to be able to capture them.

So, there are high level energies zooming to and fro in a room like this. Circuits are being set up between people that you cannot see with the naked eye. Unbelievable energetic work is taking place, not only on yourself, but through you, to millions of others. It is a veritable hub of activity.

Now all of you have trapped and suppressed issues. These are faced with this onslaught of energy. Open up, bring them up, and assimilate them. If you don't, you often experience pain.

Many of you experience headaches which are temporary and go after a while. This is again resistance to your own psychic abilities. The moment you start experiencing pain, relax into this area; consciously draw the energies in and through it and continuously open out. If you wish, you may even move the area, you will find it subsiding. But at the same time, every time you are pounded, new emotional debris is released, which gives you the opportunities to work further, so it is actually of great benefit to you.

Group Member: *....healing....Self doubt...in person I have a lot of self doubt...how do I get over this...*

■: Many in this room face this issue. It is because you are holding onto a result. You want them to say, "Yes, I feel so much better, now that you have worked on me." Because you want the results the way YOU want them. We remind you: how can energy NOT flow, if you direct it to do so? IT HAS TO. So do your work and release the outcome.

Group Member: *These energies give off vibrations...certain colors...blue color...I sense a lot of blue in the room..*

■: The energies are incredibly multi-colored...your spectrum will interpret them in the manner best suited for your personal identification. For you, blue is the label for healing...what else does blue mean?

Group Member: *Coolness.....*

■: So you are tapping into those aspects, not only that you are seeing around you, but you need for yourself in this moment of now. Someone else may only see gold and they will have to give their interpretation of the gold and understand why they need that gold, at that moment. So you are correct, but now extend that spectrum and look for the others. We must move further.

Group Member: *Is this energy also affecting the blueprint?*

■: We are not going there today....we must move further....this group has a distinct will and mind of its own. 3 more sets of energy were to be introduced to you today and the group has not permitted that to happen. Instead of which, a slightly different turn will now take place to this meeting. Permit this to happen.

2 Entities from 26/11/2008....

[Sohrab has trouble holding the energy]

Friends, the Beingness who just entered and exited, could not take the trauma of being in a physical body again. This friend wished to speak with you for a few moments, as she was one of those who passed over, in the recent event in your city hotels. She is now in communication with us, but she does not inhabit this physical body.

She wishes to share with you..her reason **for choosing this** form of exit, as she deems it beneficial to all of you. She is still in the process of healing.

Her mission in physical life was to **learn acceptance** in every form. In physical form, she was impatient, intolerant and unaccepting of other people's religions, behavioral patterns, tastes, beliefs, likes and dislikes; in fact she was an extremely judgmental person. She chose to undergo this rigorous experience, deliberately leaving behind two children whom she adored. She has begun to accept the fact that she chose to undergo an experience, leaving behind 2 young children, exiting this planet at a seemingly very young age herself, and her work of acceptance is going to take place NOW, from the Spirit realm.

Her incarnation was only to facilitate the 'setting up' of the chess pieces, so that she could once again return with these emotions and begin the work of acceptance. What she wishes you to understand is that she is now, for the first time in her Spirit evolution, starting with glimmers of acceptance of Self and she urges all of you to truly search within yourselves, for those parts that you cannot accept, not only in Self, but in aspects around you, and to begin this work. She shares this with love.

One more friend wishes to speak.

[Another entity begins to communicate with the group]

I'm not scared of speaking and I will stay in his body for as long as it is needed. I, too, passed over in the experience recently. You may wonder why I chose that manner of exit and by the way, my exit was instantaneous. One moment in physical and the next moment in Spirit.

I am an adventurer by nature.....she [referring to a Group Member] is another adventurer. I was addicted to what you call 'adventure' sports: I was reckless, I was vibrant, I was fun loving... why do I say 'was'...I AM! [laughing]

I chose this kind of exit as a magnificent experience, that is all. Not for karmic reasons at all. I simply decided that I wanted to exit in a flash, so I created it.

I did not undergo trauma, I was not even aware of what happened. The bullet entered through my back. I was simply walking across the room and the next instant I was in Spirit, and I am very happy to be here...HOME. I have been working with a lot of my friends, who were in the room as well, helping them appreciate the adventure...most of them are boring crybabies...but some are spirited.

It is nice to see so much Spirit in this room! I have no story to tell or lesson to give: I just came to visit!

Live life to the fullest!

[The meeting ended here]
