

26<sup>th</sup> February, 2009  
PHOTONIC BELT  
*Channeled by Sohrab*

## New Energies flooding the Planet: Mumbai – City of Extremes

[Prior to the meeting, one of the group members described a meeting she had attended the day earlier, at which the group had experimented with different vibrations of the OM]

Trance Channeling begins

■ [Laughing] We appreciate the openness of this group! We often choose to deliberately implant suggestions, prior to the meeting, to provoke a discussion that leads directly to the subject at hand. This time we chose not to do that, to see whether your own general consciousness would 'pick up' the subject, and of course it did. Well done!

It is not a coincidence that your (group member) get-together occurred yesterday: in fact, if you talk to others who are in this same field, you will find a lot of this work has been happening over the last 2 weeks. Work to deal with energies and experimentation with sound.

In fact, if you look back at your own lives this recent past, you may recall strange vibrations and sounds that seem to 'appear from nowhere', you may have heard 'voices' in your house when no one was around, and you may have picked up **energetic vibrations** in your physical body which may have confused you, and made you wonder what was happening to you.

Another **new energy** is flooding planet Earth right now. This is not part of the 'sequence' of energies which we have been detailing over the last few sessions. It is a gift of golden-white energies from new celestial friends.

**Group Member:** *The golden disks...?? I read about it on the net!*

■: (Nodding) and what did you read?

**Group Member:** *That these golden disks had entered the atmosphere of the Earth...that is it. I didn't read more...you tell us!*

■: See how your consciousness led you to that particular article!

These are new and very, very light energies: they are not dense; they are extremely light, almost 'nothing' and yet very powerful. These energies, which are for all humankind, *are being focused on earth through your city.*

Does this make you 'special'? Yes, it does....because the '**light quotient**' of this city happens to be one of the most refined in the world!

**Group Member:** *Is that why 'Slumdog Millionaire' won?*

(Everyone laughs)

**☐: EXACTLY!**

**Group Member:** *Because the vibration of Dharavi is phenomenal at the moment?*

**☐:** Have we not said to you before, that your city is one of extremes? You have the wealthiest and the poorest, the most intelligent and the least intelligent?

On the surface, your city has dirt, filth, anger, hatred, competition, greed, lust, and so on, but the energies below your city are among the most magnificent on this planet. This will not last forever, it is a temporary phase and this actually has nothing to do with your consciousness.

Energy focii shift around the planet and for the next few years they will emanate predominantly from below your city and its surrounding areas. This will shift, but that is not the subject for today. So, to answer your question, **the energies contained in the film were needed to be accessed worldwide** and what better method than to use the media? So that film won.

The Earth herself is changing her spin and her magnetic polarity. A 'vortex' has appeared below your city and its immediate surroundings. And this vortex has attracted, from the Universe, the new golden-white disk-like energies. Earth consciousness has called for these energies, and the energies have responded to the call.

At the same time, your city requires vigorous opportunities to change. Heed these words well: **vigorous opportunities to change.**

**Vigor:** because the energies on the surface and indeed, in many people in this city, are extremely dense and 'stuck'.

**Opportunities:** so that the human Spirit can now make a **conscious choice to shift and change** in many ways:

1. To shift focus, to shift direction,
2. To look at money as a whole rather than as a greed factor,

3. To look at society as a whole, rather than 'me for me alone'.
4. To look at the environment and decide what is needed to be done, individually and collectively.

These energies also facilitated the events that took place in your city, which brought up, as you well know, the root issue of '**separation**'. You are all aware of this, the issue of 'separation' is vital, not only to your city, but to your country. It is the 'root issue' that needs to be examined **and the examination of the root issue MUST start from this city and its inhabitants**. It does not start from your capital city, it starts from here.

**If YOU DO NOT CHANGE** the ripple effect will not reach the other cities in the country: you are the most responsible!

**Group Member:** What do you mean by '**separation**'? Sorry, but we need clarity.

: Every country has a specific root issue. Yours is '**separation.**'

We have already spoken of the extremes that exist in your society: the richest and the poorest, the most educated and the most uneducated, the open and the cut off.

You have those who live in complete and total self-absorption and greed: look around you. How many care about the garbage that exists outside their homes, as long as their homes are clean? How many care about orderliness? Traffic rules? Politeness? Helping others? Isn't it, most of the time, "I must get ahead at all costs; to hell with rules, lawfulness, morality, and all others around me?" Do they even see themselves as a society? A group of human beings?

Yet your country also has the most magnificent care-givers: those who work ceaselessly and tirelessly, without thought of fame or glory, for the betterment of others. Against all odds.

Every aspect of your country faces separation. Financial, economical, medical, social, education, every aspect is in complete, utter, total separation.

The emotional events that occurred in your city recently, with the help of the new energies, brought all this to your attention, and offered the individual and the collective the opportunity to change. To re-examine old values and systems. To care for all. To work together. To hear the need of the underprivileged. To wake up!

**You have one year to make a collective change and reach critical mass, and if you do not, you will draw to yourself an event of even greater magnitude, that will once again reinforce the separation till you are literally forced to think as one.**

**As of now you have been targeted; but your food, your water, your electricity, your healthcare has not. IF you do not learn to embrace all, these areas will be attacked: If you have no water to drink, then you will not think of another as a beggar, you will think of another as a human being who needs to share a glass of water with you...**

**Group Member:** (?).....

**■**: Of course...Spirit Economics If you wish....

**Group Member:** *I feel that Bombayites have a tendency to take a lot of nonsense: we talk about doing something, but we don't do it, and therefore people like Raj Thackeray create more and more separation....*

**■**: Of course! He is a great teacher, who keeps 'slapping you in the face' with separation! So wake up!

**This means you wake up and speak out, and form groups and do, do, do. Action is the watchword of this year!**

There was so much talk after the stirring events in your city, of new governments, new demands, new aspects that were necessary for the country, where is it all gone now? How many of these have been carried forward over the few months that separate this moment in time from the event? You need **to initiate speech, and follow it with action this year, to bridge the gap of separation.**

**Group Member:** *I don't see separation as separation, but as 2 polarities: the wider the polarity, the greater the tension that exists between the polarities and therefore greater the springboard effect. So from the energy potential point of view, the growth potential and the opportunity for spring boarding to higher growth levels is more...*

**■**: Absolutely.....you are correct...but the point is, do not pull the rubber band apart and **not** use its springboard effect! You must keep stretching the rubber band, and sending the pellet higher and higher. But if you keep stretching and releasing the rubber band without releasing pellets, it is a waste of energy.

**Group Member:** *Right now, what is the 'critical mass' of Bombay, where all of this is concerned?*

**■**: A good question...Very Low....but once again, even in this matter of attaining critical mass, Bombay city and its surrounding areas are a mass of contradictions. There are small groups that have gone far beyond critical mass, and are, in fact, using their power to bring others to critical mass and there are other factions that are choosing to go the opposite way and are, in fact, reducing the critical mass, as they refuse to acknowledge Who They Are.

They are not doing this to thwart you, they are doing this because they refuse to acknowledge Who They Are and, in that process, are getting more and more separate. They refuse to acknowledge WHO THEY ARE.

**Group Member:** *On one hand, you talk of going out and acting on issues like Raj Thackeray, that is one way of doing it. But the other way would be looking in your own home, looking at how you deal with issues of separation with your domestic help, with people you work with or around you,....so the thing is, when you look at the people who work with you, and you analyze your own issues of separation and look at your issues of servants or domestics...and how would you treat a person who is sick and working for you, versus your own child who is sick...the treatment you'd give your servant... I think in that sense if you start closing in that separation and seeing each one as ONE that attitude will spread out wards, and you then will not see issues like a Raj Thackeray, 'vibrating in your energy field', because you will not be in the energy field of a Raj Thackeray.*

👉: Thank you. How beautifully expressed. Yes, it is not for everyone to start a political group, it is not for everyone to start a process or a procedure that involves the public; but everyone must start in a manner that fits best with them. That is all we urge you to do.

Do not answer these question aloud, but take a moment and ask yourself:

**After these stirring events took place, what has changed for you in your own life?**

**How much have you questioned Self?**

**How much have you questioned your government?**

**What have you actually done about it?**

**Have you reassessed or even questioned your home life, your relationship with your family members, your friends, and your domestics?**

**Have you asked Self what you needed to learn from this?**

Let us return to the subject at hand: the **New Energies**. The golden-white light (though that is not its real colour, and it is beyond light). It is actually pure vibration, but when pure vibration enters your 3<sup>rd</sup> dimensional world, it takes on two aspects: physical movement and color. Pure vibrations in the cosmos do not need either of these aspects.

You are absorbing these vibrations hungrily and greedily, on a higher conscious level. In other words, your spirit, your beingness, your essence, has joyously welcomed it in, as it is a great enhancer of the Self.

**But ...**( Sohrab laughing) those of you who still choose to ignore the search for the WHO AM I will not permit a free flow of these energies into the physical body.

Now, there is no compulsion to take these energies in fully unless you choose to do so. But if you choose to open to these energies, they will begin to work very rapidly, revitalizing and nourishing the various organs in your body. You have a two-week window to make a commitment to these energies, by beginning to examine your WHO AM I in any manner you so choose.

If you begin this work, you will find, within the next two weeks, a powerful flood in the physical body which will nourish and enrich all parts within you that are depleted. You do not have to direct them to various organs, they will work in perfect synchronicity with the call of the body, to balance and align you.

Now, this does not mean that any ailment you have will miraculously vanish. No, it will not, but your body will begin to vibrate at such an enhanced rate that you will find a tremendous easing of the physical body, and the various knots that are within.


This energy cannot be directed by you to another. So do not try to do your healing, or your empowering of your loved one with these energies. Even if you attempt to do so, nothing will happen. To benefit from the energies, they must make the commitment to self to examine their WHO AM I.

How will the energies work in you? Like a giant car-wash: They will begin to literally scour, clean and re-calibrate the organs, nurturing them with a new level of vibration, bringing the physical to an enhanced level of stability.

For those of you who are specific healers, card-readers and do Spirit work for others in any form: though you cannot pass these energies on directly, by enhancing self and raising your own vibrations, you will automatically be able to serve others at an advanced level.

And the word 'others' refers not only to your clients, but also to your family, your friends, your work colleagues and all others with whom you interact. Also inanimate objects objects.

**Group Member:** *Why do I get the feeling....animals...(inaudible)....Africa...*

: We will gladly explain this: Unlike the 'superior' human kingdom, animals are magnificent beings that *do not put up 'energetic blocks'*. They know WHO THEY ARE!! They instinctively embrace all energies that are appropriate for self, fully and completely.

You are 'picking up' Africa , because it will be the next focus of energies from within the Earth, when the vortex moves away from your city and country.

**Group Member:** *What is the purpose of all this...Is it that the Unified Source...consciousness..(?)*

■: it's because 3<sup>rd</sup> density consciousness wants to have the same consciousness as the Unified Source. *Which came first, the chicken or the egg?* The beauty is that the chicken is the egg and the egg is the chicken'; it is only your 3<sup>rd</sup> dimension consciousness that sees them as two separate objects. So it is an insoluble riddle, as all is One!

**Group Member:** *I have to share this with the group, just 20 minutes before I came here, I had my Osho Tarot pack lying open on the bed. I just randomly shuffled it, and out flew the creator card, CREATOR, the sun and the second one was the Buddha with consciousness written on it...okay , I know I AM the creator but, why now? Now, I know it fits. Unbelievable. I know why the cards came for the group to get the validation, or maybe me....*

■: **(laughing)** Which came first, the group or you Did you create the group or did the group create you? Did you join the group or did the group join you?...and what is the meaning of your name?

**Group Member:** *The Sun...THE SUN! I am thrilled.*

**Group Member:** *It was a channeling; I tried to go into theta... I want the creator (?) the golden and silver light and I said ....it was a golden and silver interwoven light.....how a gold and silver can come together, it was streams of gold and silver ...(?) to make into reality in theta....*

■: and what do those two colors mean to you?

**Group Member:** *Means unconditional love....we also have to shower ourselves with unconditional love, all aspects for searching for the WHO AM I...*

**Group Member:** *The other day I saw, not literally in the sky, but like a vision, the sunset as well as a moonrise happening simultaneously at the same place, and the sun was appearing as a golden disk that was setting and the moon was white, and rising...and I connected with these disks of energies.....,*

■: Beautiful....see the 'a-ha's happening?

**Group Member:** *And now, on a practical note at this moment, here and now, I would like to make an observation. I would like to see more interaction between the newcomers and the old-timers in our group: I don't see the old-timers welcoming and hugging the newcomers, or interacting with them. Are we going to see the Who Am I in them? There has to be more interaction, we have to be more welcoming. This is only a request, the choice is yours.*

■: This is not her 'request', this is her 'demand'. (To the group) It is a demand made by the group's guardian, who has learnt to speak out when she needs to, for the betterment of the group. That is her responsibility. She has finally fulfilled it, after desiring to speak about it for several weeks.

**Group Member:** *I don't mean to hurt anyone....its only an observation....how are we going to be ONE?*

■: Do not justify you magnificent demand!

**Group Member:** *But it is very relevant that you said it now, because that is also separation...*

**Group Member:** *We have to start it here and now...before we go out of the room...*

■: Thank you. Let us now have some individual opinions on how you search for your WHO AM I....let's have different points of view, as there is no 'one way' ....

**Group Member:** *My clients...when I work on my clients, either by teaching them yoga, or tai chi, or through the massages, their ailments and what they have to offer me through their pain and suffering, I get to learn a lot from that and I kind of relate to the Who Am I through that...then I feel the healing then occurring....*

■: Wonderful.....Bravo....A wonderful path....The teacher is always the pupil, but the teacher must acknowledge that.

**Group Member:** *(inaudible)I would like to share something relevant and interesting, I recently attended a workshop which taught the (inaudible) principle. He was a German psychologist, posted in a jail, and found most of the prisoners to be hard-core, closed and non-responsive people.*

*Believing in Oneness, he changed his own thought processes, and decided, "Why should I counsel them? **After all, they are part of me. I need to counsel myself.**"*

*He started placing their case files on his desk, reading them and imagining that they were his own case files. He then started the process of forgiving himself for the misdeeds, loving himself for them and assimilating all aspects of their lives. He then found the prisoners miraculously 'responding' to this procedure, and turning their lives around.*

*I tried this on a few clients myself, and also found miraculous results. One such client, who was not getting a flat from a builder, who had been troubling him over a span of 15 years, suddenly got a phone call from the same builder resolving the whole situation overnight.*



*All of today's session deals with BEING ONE WITH SELF and ALL OTHERS. So my way of searching for the Who Am I is precisely this.*

**Group Member:** *...We all know that our thought and intention creates our reality. But what if we don't consciously know our Higher Purpose, and our thoughts are in conflict with it? I really want to understand this better.*

👉: See it is your mind creating throughout the day throughout your lifetime, so it is you who are responsible for the life that you are creating...You make the change of what you want today, because you and God is ONE....

**Group Member:** *I know that....*

👉: We have recently spoken of the Mind – Body – Soul connection. Let us reiterate it, very briefly, to answer this question:

Your Beingness has three aspects. There is what you call the SOUL, which is your vast energy structure, your beingness. Then there is the third dimensional mind, and body.

As we explained before, you are often caught in the center of a three-way tug in different directions. For example, the soul may be prompting you to come into energetic alignment, whereas the body may be feeling lazy and the mind may be urging you to overeat.

When this 'crisis' occurs, what you need to do is still yourself, find out really what the soul is prompting you to do, and align the mind and body to serve this purpose. In third-dimensional consciousness, you cannot really remain in this perfection of mind-body-soul connection for long, but **your task is not to lengthen the time span of these moments of perfection, but to increase their frequency in you lives.**

**Group Member:** *I just want to ask, that even before you said this I kept getting the mantra*

*Om poornamadah poornamidam  
Poornaat poornamudachyate*

*Poornasya poornamaadaya  
Poornamevaavashishyate*

*Which means: All is perfection, so even when the blurring takes place, it is the whole search for the Who AM I from moving away from the Who Am I , to come back into the Who Am I .....the dance...*

👉: The rubber band....

**Group Member:** *So when the mind moves into focus, its because the Who Am I wants the mind to be in the focus and then wants to move back in to the Soul, and the dance just goes on...*

**Group Member:** *( very soft and completely inaudible ) I was doing meditation, exercise, yoga...it was going well....all in tune...after November I came to your session...disturbance in sleep...something happened, I tried my best to fight it out and come...a big mental tension, all those kind of a thing...slowly...I started with meditation 15 days...I have no time...if I go back....with these classes, with mind, body and soul, to combine...I can foresee...the situation*

👉: Bravo...bravo...

**Group Member:** *Another thing the Who Am I aspect, led me to sending out, if people have notice to send out messages to send out healing for so and so, whatever they require on a regular basis, because I relate to...*

👉: NO ...no...you are fooling yourself in that. Look at that....We are not questioning what you are doing, but we say that's nothing to do with the Who Am I. It comes from a different need.

(Addressing the group) 'Being in the moment' is truly exciting, as no two moments are ever alike. And you can never learn to 'be in the moment' from someone else, as each person's experience of this is unique to the. Listen to their experiences, but live your own!

**Group Member:** *Very beautifully explained in the Power Of Now (Eckhart Tolle) and it is on present moment awareness.*

👉: As we have now seen, searching for the Who Am I can be done in countless ways. We urge you all to find your way of doing this.

**A hint: the search for the Who am I is all about embrace. The moment you reject or judge an aspect of self, you are not in the Who am I.**

Stop. Take a moment to examine why you have just rejected that aspect of self. This in itself brings you back on track.

It is the rubber band expanding, to propel that aspect of Self into the consciousness, so you can now examine it. Embrace it, find out how that aspect of self has served you and served others.

**Group Member:** *I once had an experience and it was not a dream, I was reclining on the sofa, and just for a moment I was not on the sofa, I was reclining on a snake and I was*

*Vishnu, and I had a beautiful smile on my face, Vishnu and I had merged so completely, that I thought I was Vishnu reclining on a snake. and I was in total Bliss for the moment...lasted for a very short while...*

■: We recommend a brief and private chat with Kali Ma (referring to a group member) there. Do this after the session. She has some information for you.

**Group Member:** *Its all very well, to look for 'energetic clues' but very often we are given regular clues, so people should not look for esoteric or psychic....*

■: (clapping)....give them examples!

**Group Member:** *When I see a person getting angry, I know this is not what I am and this is not what I am going to be; and that change is what I have got in me, so I am just telling, I don't have to look for any energetic examples...*

■: The fact that you have noticed somebody getting very angry, and that it has bothered you, is a sign that that aspect is an unassimilated part of Self.

**Group Member:** *If you spot it, you got it!*

■: Thank you; let us also remind you that when you see something glorious in another, it is in you as well! Do not forget to examine that!

BLESSINGS JOY LOVE and LIGHT FROM THOSE IN THE PHOTONIC BELT.