09th March, 2009 THE NEW ENERGIES THE MEHER BABA *Channeled by Sohrab*

The New Wave of Energies

[A group member is under training]

Trance Channeling begins

Welcome....

Your (referring to the Trainee) public training will begin now ...Standno embarrassment, no judgment, the group is here to support you...now that we have put you on the spot, we will make it easy for you today....close your eyes for moment, and scan the energies that are being emitted from this friend (Sohrab)...Describe them...

Trainee: I get the energies of Dadabhai Naoroji....

The New Energies: Describe them further.

Trainee: He's dressed in a different manner; the energy is very very bright, white... there's a lot of wisdom there and with him there's a lot of supportive energy in front of him...

The New Energies: Delve into this supportive energy and describe it....

Trainee: It is a continuation of him...lot of like minded people...and energies with him..

The New Energies: Thank you...now...you will scan the energies of someone in this room whom you do not know. Choose intuitively and point.

Trainee: I am getting the energies from the lady in the 2^{nd} row, the lady in white

The New Energies: Does she have your (the lady) permission to scan you?

(The lady nods)

The New Energies: Go ahead.....

Trainee: She has some excitement...energy....within...Her solar and hara areas are very strong....and there's some change coming for her....in a big way....and she's anticipating this at a sub-conscious level....she is not aware of this change coming in as yet.....

The New Energies: Would you give her a five-minute meeting at the end of this session? Do this in complete consciousness...no cards, just sit with her quietly in a corner and speak in your own words...using a perfect combination of your own energies, her energies and universal energies. Well done.....

We have several friends today who wish to speak with you on seemingly different topics. Let us begin with the first....

Dear friends, we are the next wave of new energies that are flooding your planet and we wish to introduce ourselves directly, as we are energetic entities. What you would call extra-terrestrials; yet we see ourselves as merged light beings. We have now flooded every single part of your planet, at your invitation, and are moving among you at all times now.

We 'hover' above you, very close to your energies at all times: in this particular room we exist in the upper 3ft area and we do the same in every single one of your homes, your offices, your personal spaces, and your public spaces. We literally 'hover' a few feet above your crown chakras, and we do this quite deliberately, to permit our energies to flow into you, at your call.

Now people like you, who are conscious of us, will call upon us more and more, but what about the others? They do call upon us, but at a higher conscious level, and we offer all the opportunity to call upon us and to joyously merge with us.

Nan: What do you do and what are your energies like?

The New Energies: Let us describe our energies first: we are energetically structured like points of light, with space in between, connected by energetic grids, in a honeycomblike structure. Therefore, when you invite us into your cells, or into your projects, or into any part of your lives, we descend within you, upon you, without interfering with your own personal structures.

We enhance them, we energize them, but we do not interfere with your structures, as there is enough space between our points of light to accommodate you completely. It is like drawing down a mesh or grid within your structure, which enhances and vibrates you, but does not interfere with your personal processes.

Therefore, whether you are going through a process of self-destruction or expansion, we will simply support it...support it in the most expanded, joyous and smooth manner possible.

For those of you are going through rough times in various areas of your lives, you may invite us in joyously, without fear, as we will help you work through these tough times in the manner most expanded for you, and similarly if you are going through areas of great expansion, we will do precisely the same. Our entire function, our entire function is to help speed up the processes that you have chosen for Self, this year.

It is our energies that facilitated the flow of the political elections in the United States, at the insistence of the current president, who, by the way, is quite aware of us. He is deeply connected and is a **spiritually facile Beingness**, **but** this will not be said in so many words to the general public, as he does not wish to alarm them; but make no mistake, he will make his spiritual side quite clear during the course of this current year.

It is these energies that contained the events that took place in your city, the stirring events at the hotels and permitted them to end when they did. However if our energies had not facilitated the process, they would have continued for several more days, but our energies had to work in conjunction with the energies of the collective desire, of the individual desire and the desire of the structures and physical areas of your city as well.

Dar: How do you complete simultaneous tasks: collectively, singularly and the event itself? What makes it fit together?

The New Energies: It's like 12-dimensional puzzle and we are Masters of formulating and solving puzzles. Each point, each aspect has to be fitted in and worked upon simultaneously and YES, there is a cohesive outcome though you cannot begin to imagine it, as from your perspective, quite naturally, the view and the aims of the terrorists seem to be at odds with those of the victims, the space, the city, the collective and also with those of humankind; but it is not actually so!

Our energies descended equally upon all these aspects and worked simultaneously, bringing them one by one into cohesive unity and after two were brought together, a third was added to it, and then a fourth and a fifth; till the event became one entire unified energetic structure, working in one direction.

Group Member: That is pure physics! (inaudible)...atomic...

The New Energies: Of course....completely atomic....therefore we are pure physics, we are Beingnesses and we are energies at the same time.

Group Member: Can you not convert us into this?

The New Energies: If you draw upon our energies, you are activating a process within your own body which will take you in precisely that direction.

Group Member: Where were you before you came here and where will you go?

The New Energies: Let us help you understand us a little better. We are not really a 'society' as you are. We are a collection of atomic structures (if you wish to use that term, though it is rather incomplete) from around the Universe that merge together at various points, forming subsets, to work together.

Just as you are one group, yet six of you could get together to form a healing subset, and another six could get together to form a cooking subset. Each subset works as a cohesive unit, and is still a part of the collective.

Now two members of the subset of the healing six could, at some point, join the cooking group; and two members of the cooking subset could join up the healing subset. Depending on their varied interests, and the need of the moment. We work like this. And the number 6 is vital to our energies.

So we function like this throughout the Universe. We are aware and are in energetic connection with the entire group, but we sub-divide ourselves, as needed; and when the task is over we split up and re-join other aspects of Self to perform other tasks. We therefore do not inhabit any planet or area of space, we are truly multi-dimensional, inter- galactic Beings.

Group Member: Are you the reason that we are feeling the 'stillness' and the slackness of...time...well not time....exactly...but heaviness?

The New Energies: Not exactly, as you are all undergoing many many <u>mutation</u> <u>processes</u>, but our structure (since you used the word 'time') does indeed change your concept of time. We do not wish to confuse you, dear friends, we only wish to introduce ourselves today, but we will speak briefly of this.

Initially you all existed in the awareness of linear time. Then, through sessions and through growth, you have understood that time is not linear, time is simultaneous. Beyond that, you were taken into aspects of the future affecting the past, rather than the other way around. Now we are here to introduce yet another aspect of time, which will not be taken up in detail today, the aspect of 'creating simultaneous nuclear time'.

If, in very simple terms, you are a mass of light and you are emitting one billion strands of light in all directions, **time-wise**, **on a linear scale**, one individual strand moves upward and another individual strand moves downwards at the same time, taking, hypothetically, two seconds. But the two strands have moved into totally different areas of possibility! So, in those two seconds, you have moved into the possibility of taking your life course into two completely different directions, simultaneously!

Group Member: So that is why we are creating 'moment to moment'?

The New Energies: Now, if you have created in one moment, the possibility of being an extremely successful entrepreneur and at the same time, the possibility of being an extremely successful actor, two different possibilities have been created simultaneously, at the same time and yet they seem to be taking you in different directions. When you master this new concept of time, you will be able to create the entrepreneur and the actor simultaneously. And this, from just two strands. Imagine what you could do, simultaneously, with one billion!

Group Member: Infinite Possibilities....

The New Energies: So **Infinite Possibilities** are actually not possibilities at all, they are actualities which you can explore if you choose simultaneously; it is only in your limited concept that they are possibilities, but they are as real as this existence, at any given moment in time. It is your consciousness that you now have to raise to believe you can do it.

Let us give you a practical example, and one with which you are familiar. How could a handful of 'terrorists' hold a vast hotel, with multiple entrances, and several hundred commandos and policemen, at bay for so many days? At a higher level, they moved into the space we have just described, so anything was possible for them.

Group Member: The concept of time requires space and therefore movement and when we talk about fusion, if anything happening simultaneously, will move us to the possibility of fusion of all our simultaneously realities and there's no time at all because its fusing all our possibilities into one...will you help us with that....

The New Energies: Exactly...not today...not today...this is the exact answer...now if you stop seeing them as strands moving in different directions and you see it all happening simultaneously, you can be superhuman, you can be an expert physicist, you can be an expert mathematician, you can be an expert economist, you can be an expert teacher, you can be an English literature expert, you can be a magnificent cook, you can be a terrific mother, and you can be everything you ever wish for, because it is actually fused.... and in this fusion, there is no time and where there is no time, you are accessing every aspect that you have been, that you will be, and that you could be simultaneously. Do it.

Today you just need to understand the concept; we will not take it further. All that we ask of you is that you start believing that you can be anything you choose simultaneously. And you can be 500,000 things, not just 5 things; as fusion time has no maximum or minimum... it just IS.

Group Member: it has already happened.

Group Member: You earlier referred to the terrorists and the events in our city. I feel these places and the people involved still need to be given healing. Could you please tell me something about this?

The New Energies: We will answer, but from our perspective. Through the events, vital energies were released, which reverberated around your entire planet, not just your city or country, setting off a chain of events. Mankind is now questioning separation, working towards unity, towards oneness. A magnificent task. And, as you already know, those who have undergone rigorous experiences through this, whether or not they are still in human form, have chosen this quite deliberately for their own personal growth and experience.

The actual healing that is required is not healing as you know it. The best service you could offer, energetically, is to help those who are not fully in sync with their own missions, to achieve clarity of purpose, and to come into sync with Self.

(A mobile phone rang persistantly)

The New Energies: Have no fear; this is a test as to whether he can stay focused with 'disturbances'.

Group Member: How do we use this energy in our day-to-day life?

The New Energies:

- Call upon us. Welcome us into your space: not this space (indicating the room),
 we are already there. This space (pointing to the body). Welcome us, familiarize
 yourself with us, and experience us. Each of you will get a different sensation.
 Some will get physical sensations, some will get a mood shift, and others will just
 'feel good'. It doesn't matter, familiarize yourself with the merger.
- 2. Allow yourself to just welcome any aspect of Self that requires unleashing. Unveiling. Assimilation. In other words, you are giving us permission to work with your energies, to work with those aspects of self that you are choosing to work with, at that moment in time, and the appropriate circumstances will fall into place, to facilitate this. They will come up within 24 hours. That is our promise to you.

Group Member: You also work with us in our sleep?

The New Energies: Indeed. You work with much greater ease and clarity at that time.

Group Member: We are moving from carbon based to crystalline beings. Are you enhancing our capacity for fusion? And what is the purpose of the crystalline base?

The New Energies: We are doing precisely that. 'Carbon to crystalline' is the natural progression for Beings like you. When you move from a carbon to a crystalline base, what really takes place is **enlightenment through facets of Self.**

In other words, you awaken to Who You Were, Who You Are, and Who You Could Be. You begin to fuse the three together, and crystallize the new unified concept into your structure. This is facilitated by the process of assimilation of all aspects of self, that has been discussed over so many sessions.

In **genetic terms**, your DNA, your structure, your cellular memory, is all being **'unified'** and in this unification the 'denser' you get (like a black hole), the more you will contain within Self. But unlike your concept of the black hole, the denser you get, the more you **irradiate outwards.** That is the process to indulge in when you become as crystalline as you possibly can, in 3rd dimensional form. It also has a very very high **'atomic structure'** which we will not get into today.

Group Member: What do we call you?

We have no names, as you do. Call us what you wish, but rather than calling us by names, which once again individuates us, just welcome us in, you know who we are. Feel us, experience us, and welcome us. We must leave now make space for others who wish to speak.

Sohrab continues channeling an energy Minoo

I offer myself today as an example to help all of you understand the point I choose to share with you. Yes! I am the energies of that which you knew of as Minoo. But not quite the energies you knew. Not quite the energies you knew.

It is in joy that I speak to this magnificent group! I embrace you with my love and my light. In earthly form I was part of that magnificent family, today I am Beingness far beyond that. They will remember my laughter, my rather strange sense of humor, my occasionally irresponsible temper, but above all my great love, my great love.

I come today to tell you that for each and everyone of you who have dear departed friends, spirit friends, whom you communicate with or you think of; we have all mutated now to a new level of such expansion, that we are not at all those whom you knew on planet Earth, we are so, so much more and it is so important that you understand this, because when you think of us with love as you do, all the time, you often limit our growth with your concept of who we were in earthly life.

Does this mean we cannot still grow? Of course we can and of course we do, but because of our deep connection with you, when you choose to see us in a relatively limited form, we feel urged to remain, to a great degree, in that form, to please you,

because that is all you can connect with, in us. But if you widen your horizons, and begin to see and acknowledge us for who we are today, we can burst into 'nuclear oneness of Self.'

Let me tell you a little about myself today: I have been studying aspects I was never involved with on earth, or ever had in my beingness. I am working with astrophysics; I am working with charity...yes charity, but not charity as you know it. Energetic charity: Balancing and re-distributing energies around the Universe, as are needed.

I am working with inventing new mechanical devices and implanting these ideas into the minds of Earth scientists. I am taking 'spiritual courses" in the creating of pure art and culture. I have taken up 'energetic dance', which is the understanding and participation in the cosmic movement of time and space.

[To a group member] I am doing all that, my beloved! My dear, dear one....stand up....so that this wonderful group can see Who You Are. Let them all feel my love, right here, right now. I love you with all my beingness. Open to this fully, fully!

[Many group members experience Minoo's overwhelming love, and begin crying]

To Group Member:...Keep pushing her ...keep urging her to grow, to expand, give her your love, your support, and your wisdom, help her find her wisdom, she has it in plentitude, she just does not believe it. Write with me, I have lots to say.

To Group Member: And for you, I have a big slap, to shake you up! [Everyone laughs] I hug you, I embrace you, I nurture you.

[Minoo blesses the group and leaves]

Sohrab [Out of the energy connection] ...before I move further, the energy, he is saying something about a motorcycle... motorcycle rides...I am not clear what he is trying to now communicate to you. Does this make any sense? It seems to just be a loving reminder of something.

Group Member: We had a little bike accident, when I was pregnant the first time. I always rode around with him on his motorbike.

Sohrab begins channeling another energy

The Meher Baba: The message just given by that dear soul was for ALL OF YOU. Each and every one of you has thoughts about a spirit friend, and many of these thoughts are disharmonious ones, as you may have had a tumultuous relationship with that person.

Even so, it is now VITAL that you acknowledge that all beingnesses have moved on and grown.

Why is this so vital?

Floods of new energies are coming, as you already know, to planet Earth. And before they enter planet Earth, they work with, an filter through what you call your Spirit realm, which includes all your loved ones, your Masters, your Guides, your Angelic Presences and all those who exist around planet Earth. They are the ones who receive the upgrade first and it is through them you receive the appropriately filtered energies.

If you do not begin to see these friends for Who They Are today, you are, in effect, 'clogging your own air-conditioner' and so the appropriate portion of light does not come through them, to you. It is vital that you now 'clean your filters' and start acknowledging all of them for Who They Really Are.

Take a moment here, consciousness to bring up any one person or group of people, who are in spirit, and just send them your love. Assure them you will work on this aspect. Thank You.

I have come today to speak to you briefly about your commitment to Self during this current Earth month. The month that you call April.

It is an interesting month for planet Earth, as these new energies that have been flooding the planet and her surrounding areas, have now really begun to work within you and your planetary Mother. There is very strong resonance that is now being released from Planet Earth and from you. This resonance is going to do several things for you.

- 1. It is the perfect month to begin to **really tackle your personal issues.** What ever blocks you have had, whatever you have suppressed, it is an ideal month to dredge these up, examine them, talk about them, discuss them, look at them and work them in any way you wish.
- 2. It is very highly 'energetic month,' which means if you want to make any specific changes in your lives, it is a perfect time to do so: in other words, if you have been debating for several months about changing your job, or initiating a new project, or forging a new relationship with someone, it is a great energetic time to do so. The surrounding vibrations will facilitate this very speedily.
- 3. Ironically enough, it is not a great month for quiet meditation and reflection. Now of course, you will do this in your own time, but it is a month to do, to initiate, to vibrate, to question, to forge ahead. Of course you will have quiet time and you must, but this is not the appropriate time to sit on a mountain top for 30 days and meditate. It is the time to do.

- 4. If any of you are having difficulties or problems with children, it is a great month to open the doors of communication; but let us warn you that the doors will not open gently, they will probably burst open. If you haven't confronted your child, and you wish to, do it now, but do it in alignment with Self, which means, if Self guides you at that moment to let loose and shout, please do so. If Self guides you keep poking and prodding and pushing till the child speaks, do so. It is a very powerful month for the interchange of energies between parents and children.
- 5. It is also a month to examine your **relationship with domestics and staff members**. Anyone, in other words, in your employ: confront them at home, at the work front, discuss the problems, but first align with self and work as self indicates.
- 6. What will happen if you don't do any of this? Nothing at all. We only offer you a fertile period to facilitate this, if you so choose.

Group Member: If we have a court case, how do we solve it?.

The Meher Baba: We did not say resolution would take place within this month; but we said confront it, forge ahead, take a stand, take risks, dare, and venture out! If self urges you to counter-sue, do so this month. If self urges you to stand up in court and speak out, facing your opponent fearlessly, do so.

Group Member: When did these energies come in...have they already been active for the last 10 to 12 days?

The Meher Baba: Yes they have. And remember, when we say 'one month', we do not refer to the calendar month exactly. There has to be an energy spill-over at either side. But during this period they will be in full flow.

Group Member: Have changed critical mass, for connecting to Mother Earth?

The Meher Baba: it is a little further up....

Group Member: (excited) YES!

The Meher Baba: a little....

Group Member: With all these new energies coming to earth, what is happening to our old energies like the Angels and the Saints, and the Masters? What's happening to them?

The Meher Baba: Exactly what we have just described, dear friend. They are upgrading far more rapidly that you are. That is why you are now obliged to acknowledge this in them and in yourselves.

Let us take the example of Archangel Michael: You have read books about him, you have heard channelings from him, you know he is the Warrior angel, very powerful, very focused, and very loving. Yet, were you to acknowledge him for who He is today, his facets have multiplied one-hundred-fold! If you keep viewing him in the old way, you are simply limiting the flood of energies that he offers you so joyously!

Similarly this child (Sohrab), for example, was confused at the last meeting, as the energies of the Osho, which flowed through him, did not 'seem' to correspond with his experiential knowledge of them from the past. Of course they didn't! He did not acknowledge their magnificent 'multi-dimensionality'.

The Osho is not an individuated energy, it is a collective. It is like the Ashtaar, it is a collective, but on Earth, you viewed one human being as the Osho, and you are trapped in that image. And the image of an Ashram, of robes, of procedures that may or may not have appealed to you. Yet the Osho is now a vast multidimensional collective.

Group Member: So even we refuse to see ourselves that way?

The Meher Baba: of course....of course and that is what we have been urging you all to do over so many sessions, to keep seeing yourself as **Who You Are NOW**, not even 1 hour ago. Let us help you understand this.

When you walked into this room, one hour ago, you had a certain 'energetic quotient'. The information you have received, the energies you have received, not only from him and through him, but from your own group members and from the collective to which you have aligned yourself, is a completely different quotient.

You are already at a new level of energetic vibration and there is no 'sliding back', so when you leave this room, you are vastly different to who you were when you entered it. And so will it continue, day to day, hour to hour, and minute to minute....you are evolving and changing and mutating, moment to moment.

For those of you who go for 'Grid work', or even come to him (Sohrab), when he studies your energies for a certain day, it is only valid for that moment in time. Your energies will change when you leave the room. The evaluation of your energies is only a yardstick for you to understand where you were the previous time and where you have reached NOW. It's like the process of ageing, it never goes backwards.

Group Member: but aren't we anti ageing right now?

The Meher Baba: (laughing)....A good question....

Group Member: I really feel that....

The Meher Baba: A good question.....You are not 'anti-ageing', but you are embracing the wisdom of ages: in fact you are now billions of years old with your experience, your knowledge and your wisdom, and the older you get energetically, the younger you become as a 'Beingness', because you are 'more complete'. It is a paradox, and one very difficult to comprehend on planet earth!

Group Member: Like Osho is the collective...than I cannot...I am using a parallel...can I not be the collective of all the groups I belong to?

The Meher Baba: Of course you are...of course you are....

Group Member: But truly...I don't mean it when I am with the group...but even...

The Meher Baba: We have explained this before and we will explain it again, for the sake of the group. You are all collectives: your beingnesses contain energies of all you have been, all you are, and all you will be. You contain the energies of all families and loved ones you have ever or will ever interact with. You contain the energies of all the Masters, Guides and other Presences you have and will interact with. You contain the energies of all experiences you have had, are having and will have.

But within that collective is 'an aspect of individuation' that makes you by [your Name] and makes her [her name]. So there is a 'super imposed energetic component' that is uniquely yours, but around that, within that, are the energies of the collective; and eventually your collective overlaps with her collective, which overlaps with hers and hers, and hers (pointing to all the people in the room) so you are TRULY ONE.

Group Member: As a collective we will use the potential of ...(inaudible) grow into...and we may not ...

The Meher Baba: You must all do it differently...thank you for that question...You all like to eat, don't you? It is an earthly pleasure you all indulge in, but you don't like to eat exactly the same food, for every meal, every day of your life. You like to experiment with different cuisines, different flavors, and different aspects of food. At times you are adventurous, and at other times you crave 'comfort food'. But you all enjoy the experience of eating. The collective wants every form of experience and the collective appreciates every form of experience, without seeing it as good or bad.

Group Member: And yet there is a plan. ..Cohesiveness...

The Meher Baba: And yet, there is cohesiveness. Some over-eat, some deliberately starve themselves but eventually, even through the spectrum of experiencing different types of cuisine, your overall desire is to come into **'energetic food alignment'** with Self.

This does not mean 'dieting', it means feeling good about yourself when you eat and if eating a piece of chocolate makes you feel good on that day you must eat it and if eating butter makes you feel good on that day you must eat it, and if eating leafy vegetables makes you feel good on a third day you must eat it. But eventually you work towards the 'collective Self', experiencing all aspects of food but finally wanting to go in one direction with Self, and that is how the collective functions.

Let us take a very practical example: your political arena on planet Earth. The United States has come into a level of cohesiveness after a very long period of unrest, dismay, fragmentation etc...at the same time, your own physical country seems to be going in different directions. Planet Earth is experiencing an aspect of cohesiveness in one area and an aspect of fragmentation in another area. Some areas are under siege, others are experiencing total calm.

Through these experiences, the collective will eventually move into an area of desiring a Unified World Body, where countries and peoples are not viewed as separate and different. Where food, water, power and resources can be distributed fairly and equally to benefit all.

Similarly, your climatic changes right now are varied and rather dramatic. Melting polar icecaps, global warming, different areas experiencing disruptive natural disasters.

Your planet is in a process of revaluating her own weather conditions, eventually, as you so rightly said, eventually there will be one equitable climate around the world. This will happen in the future.

With this will come new and varied crops being grown world-wide. A new distribution of animals, birds, insects, fish, vegetation, and minerals around the world. Eventually every part of the world will be able to grow the same things, mine the same things, and produce the same things. Harmonious equity.

Group Member: So if you say that last time said...chaos...would you say as individual person the experience has been separated.....and ultimate raising consciousness by the way you feel...enjoying the way we are...and therefore raising light quotient?

The Meher Baba: Absolutely...

Group Member: So it is simple mathematics of experiencing and enjoying....

The Meher Baba: And experiencing in fullness...Go to a film and laugh your guts out, eat good food and enjoy it....

Group Member: Suppose the film is not good?

The Meher Baba: We will come to that. Go to your court cases, and play the role you wish to play for the day. Have a fight with your spouse, and ENJOY IT. Live every experience fully; embracing it and revel in it. Through that will come harmony and balance in your life.

And yes, if the film is distasteful to you, then ENJOY the experience of being irritated! Storm out of the theatre! Empty your drink over your neighbor's head (indicating to the member)

(Everyone laughs)

BLESSINGS, JOY, LOVE AND LIGHT FROM THAT ASPECT OF THE SOHRAB THAT IS THE MEHER BABA.