

16th April, 2009
THE KARMIC BOARD
Channeled by Sohrab

The Occult Manifestation of Magical Creatures
The Loch Ness Monster
The Yeti
Serpentine Energy
Dragons
Shangri-La
The Bermuda Triangle
Crop circles
Mt. Shashta

Trance Channeling begins

All chanting - NAM YO HO RENGE KYO

This chant was deliberately invoked today, for various reasons. Let us first have your explanation. (to a member)

Group Member:— The meaning of this chant is ‘I bow before the laws of cause and effect’. My understanding of this is that anything you do, any karma you accumulate, has to have an effect.

Karmic Bond: – Would anyone else like to add to this?

Group Member:— It is said that, while chanting this, you get the wisdom to take the right action for self. We often ask self questions like “Why am I so greedy?” “Why do I have this or that particular desire?” Chanting often gives one the answer.

Karmic Bond: – Energetically, this particular chant helps you disentangle your rigid attitudes and release trapped emotion.

You are so often mired in a disharmonious situation, say, at home. You get caught up in its earthly aspects, and are unable to look beyond the pain and trauma it is causing you: you cannot find its root cause.

This particular chant brings up those tangled energies, externalizes them from the body, and as they begin to 'unravel', you are able to see the situation much more clearly and objectively. As you harmonize with the situation, you begin to see it for what it really is, and then you begin to invoke the laws of cause and effect, which you have created, to shift the situation.

Cause and effect are now your responsibility. You have chosen a certain cause, you are experiencing a certain effect and the power is now within you to assimilate it: this is wisdom.

Today, let us begin by talking about a few occult aspects which are manifest on planet Earth, which you have been curious about for years: actual, practical, and sometimes physical aspects. We will mention two, and you may then question us about others that come to mind.

The first: The creature you call the **Loch Ness Monster**: most of you have wondered, from time to time, whether or not this creature really exists.

And the answer is yes, these magnificent beings do exist, but only a very few. They are not actually confined to the Loch Ness. They do frequent that space (hence the numerous sightings), but there are deep, underwater tunnels that lead to other lakes and water bodies, where they do travel.

These magnificent creatures are, indeed, a throw-back to pre-historic days, but that is where the similarity ends. These magnificent beings (now we will not use the word 'creatures') have evolved as speedily as all others on planet earth, and hold within them energies of great magnitude. They facilitate energetic communication between your Universal Friends (ETs) and yourselves.

These beings are highly sentient, shy, reclusive and extremely protective of their own energies. They are fully aware of mankind, and are fully aware that if they exposed themselves willfully and deliberately, they would, in all likelihood, be mercilessly slaughtered.

Those who have actually sighted them, at that instant, form an energetic bond with them, and receive a huge energetic jolt, which releases their trapped issues. These literally burst open.

These people have, on a higher conscious level, begged the magnificent beingnesses to permit this to happen, as they know that in all consciousness, they cannot do it for themselves. However, this burst of issues is often accompanied by great emotional trauma; hence the sightings are not for everyone.

Are any of these sightings a 'mistake'? Yes, a few times the beings have permitted themselves to be seen accidentally, but this has always benefited the viewer in the long run.

At a secondary level, any of you who have heard of them, seen pictures of them or wondered about them, have automatically received a lesser jolt of the same occult energies, which have, in turn, stimulated your own, personal occult energies.

We need to pause here for a moment, to explain what we mean by the word 'occult'.

Occult only partially denotes mystery and myth. It really is the high level of Universal Vibrational Energy that exists, which any person can access, if they so choose.

For example, this 'channeling' that you are witnessing right now is a perfect combination of his (Sohrab's) own energies and occult energies. He believes this can happen, you believe this can happen, therefore together, you are all accessing occult energies, and it IS happening.

The Loch Ness beings facilitate the occult connection between the Universe and all aspects of Planet Earth.

Group Member:— Is there any connection between this monster and the Bermuda Triangle? Are there other such monsters also on Planet Earth?

Karmic Bond:— Kindly do not use the word 'monster', as that instantly separates you from the magnificent energies that they are facilitating you to use. Call them beingnesses, call them friends, call them wonders, call them anything positive.

There are many other beings who reside in the area you call the Bermuda Triangle, most completely unknown to you. A few of your deep sea exploration teams have encountered some of these beings; in fact some of them are recorded on camera, but even having encountered them, humans have no idea what they really do and what they are capable of; particularly of their brain capacity.

The Loch Ness Beingnesses (and there are only a handful of them) are so infused with what you call extra-terrestrial energy, that various universal entities communicate to Planet Earth through them. They are energetic conduits who facilitate communication, and disperse energies around Planet Earth.

They are predominantly physically solid beings, but from time to time, they can shift shape and form, hence they are seen one instant and the next instant they are not visible at all, despite a host of TV cameras and investigating crews.

They live predominantly in the water element, but from time to time they move into the soil element as well, where they are able to use tunnels within the soil to transport themselves from place to place. They are not limited to one area of the world, in fact they are able to traverse almost the entire world, but their prerequisite is a level of energetic and physical security. Hence they will need deep water bodies, which are not easily accessed by humankind. – Other questions?

Group Member:– Are they also connected to the sea creatures (inaudible) mentioned where there are very, long tube like structures (inaudible)

Karmic Bond:– A lot of deep, deep sea creatures are indeed ‘cousins’ of this form. The deep sea realm, which is still relatively unexplored, is a hive of communication and activity. Many magnificent beings live there. They have very high level mental abilities, and are fully aware that if they made themselves known to humankind, they would be mercilessly harvested, without being acknowledged or respected for who they really are.

Many of them communicate telepathically and with vibrational sound, much like your whales and dolphins. But this vibration only supports the primary telepathic information.

Group Member:– Are these beingnesses connected with the supposed civilizations and people who live within our planet? We have heard of them before.

Karmic Bond:– Yes, as both use telepathy and vibration; hence they have a healthy respect for one another.

Group Member:– Why are we getting this information? Are we now supposed to connect with them?

Karmic Bond:– Precisely! this information is being given to you quite deliberately at this point in time, as Earth is currently a hub of telepathic activity. You have all, over the years, been taught how to merge with your ‘higher selves’, to access your intuition, to ‘channel’, to connect with Universal Friends, and to connect with Planet Earth and to develop empathetic bonds with its aspects.

We are now deliberately offering you this information, to provoke your own telepathic abilities so that you start communicating, in your own way, with these friends.

If you recall, several years ago, you were told that every single human being has a special energetic and emotional connection with a certain dolphin that exist on Planet Earth and you were urged to forge a connection with that friend. Some of you did, yet most of you ignored this. Here is another opportunity for you to use your own faculties and allow yourself to connect with far vaster beingnesses on Planet Earth.

Group Member:– Next Wednesday happens to be Earth Healing Day worldwide, and we few of us are meeting for that: can we use this to conduct the meeting through them?

Karmic Bond: – You must! Information received is to be instantly used!

Group Member:– Please be with us.

Karmic Bond: – You be with us next Wednesday!

Now let us speak of the **Yeti**. Yes, a limited number of these friends also exist on your planet. They are highly reclusive, and as mankind encroaches on their territory, they are finding it harder and harder to retain their privacy. They live both on land and under it, but need frigid climatic conditions.

The yeti is not exclusive to the Himalayan region, though it is predominantly in existence there; the yeti can also be found in other secret lairs, in iced-capped mountains around the world and in a small group exist in deepest recesses of the Antarctic.

These beings, at a higher conscious level, work energetically with the minerals within and on Planet Earth, holding them together with energetic grids.

Were you to exterminate this magnificent race, you would cause irreparable harm, not only to your planet, but to all of human kind. There would be rampant disease, there would be physical disturbances in your body, which you would not be able to control, there would be unnecessary Earth movements which would cause havoc in your lives, and indeed the Earth polarity itself would start shifting at an erratic pattern.

Her magnetic field would go into disarray: they are the energetic keepers of the magnetic field of planet Earth. They do not know this consciously, but they are.

Your search for them, given human curiosity, is quite understandable; but actually finding these creatures will be extremely difficult, almost impossible, as it should be.

Group Member:– Are we pushing them towards extinction because of global warming?

Karmic Bond:– Of course you are. And paradoxically, since the Earth's planetary grid and her polarity has to now shift, this is almost necessary! Not that you should attempt to do it, but it is part of natural process of things. As their power diminishes, the Earth's polarity will start to shift. The Polar ice caps have already begun to melt. Seasons around your planet are changing, the ozone layer has thinned, new rays are entering Planet Earth which never have before, causing global warming, and so on.

Group Member:– These two beingnesses we have discussed: why are they in physical form, which is arousing so much curiosity and anxiousness amongst us? Why can't they be more (inaudible) like us human beings?

Karmic Bond:– Why can't humankind be more accepting of all others sharing their space? Why can't humans accept all, in mutual and joyous co-existence?

Group Member:– Inaudible

Karmic Bond:– Oh no, oh no, you cannot use that very convenient excuse any more! Humans have evolved far beyond their 'instinctive' cavemen ancestors. And even these ancestors only hunted for food, not for sport! Humankind must now take responsibility for their desire to plunder, pillage and deplete all the resources mother earth has so joyously offered them over the years.

Group Member:– What do they eat?

Karmic Bond:– The Loch Ness Friends (though they do ingest algae and other underwater plant species) exist primarily on Universal energy, absorbing solar and other inter-galactic rays. Their digestive system, being far more sophisticated than yours, can enable them to go without physical food for long stretches, and exist on pure energy.

Group Member:– Are there many other beings and species like these, that exist on earth, of which we are not aware?

Karmic Bond: – Many, many, dear friend! And do not be fooled by size! Some are microscopic. A few of these have already been discovered by your scientists, but have been mis-classified or dismissed as yet another species of microbes or insects. But they are highly sentient beings! As your scientists themselves evolve, they will slowly discover many more such species, and will begin to understand and appreciate their magnificence.

Group Member:– I don't know why, I can't help feeling that their ability to subsist largely on energy is something that we have to focus on, as one of the key points today. Considering what is happening to the globe and to our natural resources physically, geographically and economically; we may have to shift as a race, and move from packaged and processed foods to an energetic-based subsistence. Can you guide us in this?

Karmic Bond:– A very perceptive statement! Have you not noticed that this process is already under way?

If you research your own ancestors in the time period of, say, the twelfth century, you will find that they ate much denser food, and their portions were perhaps five to ten

times what you eat today! Large chunks of meat, vast amounts of bread or other similar carbohydrates were very necessary, at that time, to sustain life. If you offered one of these ancestors your current daily meal, he would consider it starvation fare.

You have already evolved into an era where light-sensitive, high-vibrational and eco-friendly foods are the order of the day. The ingestion of denser foods has drastically reduced the world over. Portions have reduced, and a 'grazing menu', where you eat smaller portions throughout the day, has also gained popularity. The shift is already underway. But this has to be done slowly, as humankind is resistant to change.

Over the next century, you will notice a marked change in food intake. A large section of the populace will be forced to adapt, due to food and water shortages, global warming, and other natural shifts.

This does not mean that the world will 'starve'; it simply means that pockets will go through unrest, where they will be forced to re-adjust their balance of physical and energetic feeding.

What are you actually doing, sitting here right now? You are energetically feeding on a very high level of universal energy that is flowing into you, but your ability to do this is still limited. If you were able to take in 100% of them, you would probably not need to eat for a week. The more 'energetic' work you do, the less you will feel like eating dense foods.

Now many of you are wondering why you get so hungry immediately after a session like this (much laughter in the room). This often comes from a bodily reaction to your sudden growth.

You have expanded to such a level that you get scared of this expansion, at a subconscious level, and you find that the quickest way to sabotage this expansion, and to bring yourself back to a comfortable state of contraction, is to gorge on food.

Does this now mean that you should starve yourself after a meeting? Of course not! Eat in moderation and savour the food! But now be aware of why you sometimes feel the need to instantly 'over-stuff' yourselves.

Group Member:— In my case, its not food. But now I am wondering, is this why, on certain days, I feel extremely sleepy after a meeting?

Karmic Bond:— Sleepiness is often due to your own bodily resistance to high-level energies. It is quite normal: the cellular structure is used to a certain level of vibration and frequency, and the moment you attend a session like this, the cells begin to vibrate very rapidly. The body is not used to this new level of vibration, and it attempts to

defend itself against the new vibration: this leads to an internal struggle which fatigues you, hence the need to 'shut down'.

Other people can experience sleepiness because they have not 'opened up' enough, while the energies have been flowing through them. Remember, the cells have a mind of their own and they are very, very protective of themselves. They feel that they are 'under attack', and fear a loss of self with the new vibration.

Sometimes, however, the opposite is the reason: you may have taken in just what you need, and the body is now using it to heal or enhance a part of self. In this case, self is urging you to rest and allow these energies to be fully processed. The body is deliberately putting you in a state of inertia, so that you don't run around and dissipate these energies.

Group Member:— Can you please talk to us about serpentine energies, which appear so frequently in our Indian myths and legends?

Karmic Bond:— **The Serpentine energy.** Not only recurrent in the Indian Culture, but also very predominant in the ancient Egyptian, Celtic, South African and South American cultures as well.

Across cultures, the serpentine energies represent WISDOM. And yet its physical shape and prowess engenders fear amongst most. Yet humanity is fascinated by them. Are you seeing the parallel? Humanity desires growth and wisdom, and is paradoxically fearful of growth. Just what we have been talking about.

The physical shape of a serpent is cosmic. It is pure sacred geometry, and does not even belong to your planet. Many aspects of sacred geometry are made up of long, tapered, undulating strands of energy. Even your own DNA is similarly shaped.

This strand of energy, in pure energetic terms, has immeasurable potency. It has the ability to transcend time, space and dimensions. It facilitates the transference of energies of differing frequencies from one space to another (as in a cosmic worm-hole). These energies transcend thought itself.

On Planet Earth, serpents have been feared and have been respected at the same time, for their sheer level of inner power. Human kind has been working for years to attain inner authority and inner power: the serpentine energies represent only this. Therefore the fear that you often experience for a serpent is not about what you have been taught, but **is your fear of touching your own power.**

Is this not the 'rise of the kundalini' (which also moves in a serpentine fashion)? When this rises, serpent-like, your chakras merge, and you attain unification of self with Self. Pure Power.

Serpents are known to move straight to their destination, and to strike out rapidly and in full focus and power. This is allegorical: using this aspect of self, you can move towards your goal, mercilessly removing obstacles from your path.

You question the phrase 'mercilessly removing obstacles'? We are not talking about 'attacking' others in your way. We are talking about the internal obstacles that you so conveniently create, as excuses to deter your access of your personal power.

Group Member:– What about dragons?

Karmic Bond:– **Dragons.** This magnificent race once existed on Planet Earth and does not exist *in this dimension* any more. They were also beingnesses of great power and great wisdom. Your fairy tales portrayed them as fearful and violent beasts: they were not. They are beings of great courage, strength and wisdom, but the rules that governed them were simply different to those of humankind.

The level of energy connected and contained by dragons was beyond the comprehension of the human race, hence they were feared. Over time, the human race did indeed exterminate these magnificent friends. They do not exist on your planet any more. However, 'cousins' exist in different forms, in deep space. They have evolved to a point where they do not need a planet to live upon; they do exist in deep space, in the form of energetic beingnesses.

Group Member:– Can you tell us about Shangri-La/Shambala?

Karmic Bond:– **Shangri-La, Shambala, Eden, and Utopia:** all words to describe a perfect haven, a refuge, a space of energetic magnificence.

There are indeed 'pockets of perfection' that exist on and within your planet. But not quite as you imagine them to be. In other words, they are part of your planet, and yet exist on it and in it, *in a different dimension*. So they are here, and yet, not here.

Little oases of perfection, where energies flow free, where magnificent beings reside, where there is no grief, greed, pain and trauma. Where all is harmony.

Where are they? Deep in the South American Jungle, in the Himalayas, in the Andes, and in the area you call Chile, to name but a few.

They are very, very well protected from the human race by inter-dimensional energetic shields (as are described in your science fiction stories). Only a few humans have visited these spaces physically, and that too, by accident. And these human beings have never been able to return to your dimension. They can never do so, as these spaces must remain uncontaminated.

These are inhabited by beings of a very high caliber of vibration, who work exclusively for the maintenance of Planet Earth. But they require 'sterility' of vibrational conditions, just as your doctors need, when performing surgery.

The Bermuda Triangle has many access points or portals within it, which allow these Shangri-La vibrations to be received by planet earth, in this dimension. As you are well aware, many people and ships have accidentally slipped through these portals. Some have indeed returned...but these friends have not slipped into Shambalas...they have visited other such spaces, but were able to be 'returned'.

Group Member:— Just like people crossed from our Earth dimensions into these Edens, has there ever been the reverse?

Karmic Bond:— The reverse situation is not one that occurs, as those beings would be instantly get contaminated here, and would be unable to survive. It would also serve no purpose for them to visit your dimension physically. They are in full connection with you in other ways.

Group Member:— So there is no accidental possibilities?

Karmic Bond:— None. They constantly visit your dimension through a complicated form of astral travel, but an actual visit would destroy them instantly.

Group Member:— If they are working for our dimension of earth, surely there is some energy connection between them and us?

Karmic Bond:— The energies are connected, dear friend, but the beings who there who instrumentally adjust those energies, remain exclusively in those spaces: they do not need to move into your realm.

Group Member:— How did so many ancient civilizations, like the Egyptians, the Mayans and the Incas, achieve such a high level of energetic awareness? Who taught them to harness that level of energies? Were they taught by our Universal Friends?

Karmic Bond:— There have been a variety of extra-terrestrials visitations to Planet Earth over past millennia: different Universal beings of different levels of advancement have communicated with different cultures over different time periods!

Remember, on your planet, at that time, there was very little inter-continental communication, so visitations had to take place in a variety of areas, if the Universal Friends wished to reach the earth inhabitants.

Yes, a lot of information was offered to the various peoples of earth: star charts and maps, the use of crystalline power, the ability to use anti-gravity for transportation, new and advanced herb and medicinal lore, mechanical and construction techniques, and other such useful expertise. They wished to offer earth the opportunity to avail of practical, cultural and spiritual advancement and upliftment.

At a later stage, it was decided by the Universal collective that this process was not productive for the natural growth and evolution of Planet earth and her inhabitants, and then this procedure stopped for a while.

Information and advancement techniques are now, once again, being fed to humankind, but in a much more responsible manner. The Universal collective assess the energetic awareness of society as a whole, and then offer upgrades that the collective unconscious deems necessary for humankind and for the planet herself.

The introduction of the concept of computers and the internet, into the appropriate minds, was such a gift.

There are also strategically placed caves and hidden caverns, within planet earth, which are repositories of various tools and gadgets...some in physical form, and others in pure energy form. These will be 'unearthed' at the appropriate time, in a specific sequence.

How will these be found? They cannot be found by pure excavation, as they are energetically protected from you. *The 'key' to unearth them will be human consciousness.*

When the consciousness reaches a certain level of critical mass, a certain cave will open and that appropriate level of technological advancement will be offered to Planet Earth. When the collective unconscious reaches yet another level of critical mass, a second will open, and so on.

Group Member:— What about the mysterious **crop circles and 'runways'** they have discovered in various places like South America?

Karmic Bond:— Most of these, dear friend, are legacies of the visitations of Universal Friends from the past, when they were permitted full and free access to planet Earth and Her inhabitants.

A lot of the crop circles and 'runways' are, in actual fact, high-level astrological tools. When your consciousness rises even further, you will be able to decipher them and make use of them. Your knowledge of the Universe will then leap ahead.

Group Member:— Is there a 'cave of lights' under the Himalayas?

Karmic Bond:– When you say ‘**cave of lights**’, there are several pockets under the Himalayas which are repositories of these physical tools and energies that we spoke of earlier. So yes, you could call them ‘caves of light’ or ‘caves of illumination’, as their contents are mostly in a very high vibrational energetic form. And these energies, if appropriately harnessed, could work wonders for planet earth. Could solve all her energy problems.

Group Member:– Could you tell us about Mount Shasta?

Karmic Bond:– **Mount Shasta** is considered a deeply spiritual place, as its vibrations are among the highest contained by a single space on planet Earth. There are energy vortices, as you already know, in many places beneath the surface of your planet. These vortices shift from time to time.

Mount Shasta serves as an intermediary, a hub, between earth energies and Universal energies.

This area absorbs vast amounts of Universal energies, processes them, and then permits them to be distributed to the appropriate places on and within your planet. At the same time, Planet Earth releases energies through this space into the Universe.

If you, as spiritually enlightened beings, visit this space, we urge you to very deliberately open up your feet and your crown chakra...in fact; open up as much of self as is possible. You will then find yourself vibrating beyond belief! You would be able to use these energies like a ‘fountain of youth’, rejuvenating self completely. But remember, you cannot visit this area and expect it to just happen to you...these energies will not invade your space, they have to be invited in.

Group Member:– Why is the Taurus Full Moon so much more important than all the other full moon periods?

Group Member:–Wesak!

Karmic Bond:– The full moon has tremendous occult powers: more, in fact, than the sun, even though she is not as energetically powerful. Her ability to awaken and activate your own occult powers is unimaginable.

The Wesak, the Buddhic Taurean Full Moon, couples this aspect of the moon with universal wisdom. Each full moon period, corresponds to a different aspect of human growth. This one corresponds to wisdom; another may correspond to evolution of the soul, and so on.

At that period in time, and particularly on that night, if you choose to connect with its power and participate, in your own way, with this event; you are declaring yourself ready to access your higher occult powers and opening yourself to Universal Wisdom.

**WE LEAVE YOU IN JOY, LOVE AND LIGHT:
WE ARE THE KARMIC BOARD.**