

11th June, 2009

THE MAHAVIR

UNKNOWN ENERGY FROM THE 19th DIMENSION


UNKNOWN ENERGY FROM CANADA

UNKNOWN ENERGY LEAVING HUMAN FORM

Channeled by Sohrab

A Being from the 19th Dimension
A departed soul from Canada
A person desiring to leave his physical form

Trance Channeling begins with the MAHAVIR

 We have a special visitation for each one of you sitting here today. A close '**energetic friend**' of yours has chosen to come and merge with your energies throughout the duration of this session.

In some cases you will be aware of who they are: they may be dear departed ones who have passed over; but in other cases you will have no conscious knowledge of them, as they may be energetic entities from other existences of yours. It does not matter. What matters is that you open now and allow the merger to take place, in joyous union with a friend who has chosen to offer you his energies, for your personal growth and development. Kindly open your energies now and allow them in.

WHY ARE YOU SO RESISTANT? This is not an invasion; it is a union! Joyously open up your energies.

Allow yourself to experience warmth, a vibration, in your physical body. The more you relax, the more you will experience this. If the person's name is appearing in your consciousness, joyously welcome them; if the name is not appearing, joyously welcome the friend anyway. Each one of you is loved by this friend. Open to the love.

Now begin to think of this person, whether or not you know him. Allow this friend to reveal himself to you in any manner. Remember, pure energies do not necessarily offer you an indication of the masculine or the feminine.

Allow communication to take place: open to impressions, feelings, thoughts or words, a mood, pure light, a phrase or a sentence....have an inner dialogue with this friend....now invite this friend to be with you throughout this session. Gently return to full consciousness.

Interesting...about half the people in this room permitted themselves to go 'all the way', and about half stopped somewhere along the line, either out of fear or out of putting self down... 'I cannot, I am not worthy, I am not capable.' So be it: if you've said or felt that, then you cannot and you are not worthy and you are not capable. Your choice. So be it.

Many friends are present today and wish to speak through him. We will encourage a dialogue between you and the various friends who come turn by turn...you may question them at will.

BLESSINGS FROM THE ONE YOU CALL THE MAHAVIR.

Sohrab channels an unknown energy from the 19th Dimension

[The new entity merges with Sohrab. He begins to examine his body and his hands]

■ This physical form is unfamiliar to me and your energies are unfamiliar to me. I come today on an 'exchange programme', to learn from you and for you to learn from me. I come from across the Universe; I have never experienced 3rd dimensional life as you know it. I am more use to... the Spirit flow and Pure Consciousness. (The entity continually has trouble with the language) Words themselves are limiting.

Our society is similar to yours, in that we work as individuated energies, but we do not keep our separation the way you do...for example, we have similar family units but we merge from time to time...therefore the 'husband' and the 'wife' would interchange energies and the 'husband' and the 'child' would also interchange energies, flowing into each other and separating again, therefore there is no miscommunication. We are separate and yet we understand All.

Your individuation, which is so complete in your life, is extremely disturbing to me.

Group Member: *Do you have a genetic code?*

■ : We do have a genetic code, but it is unlike yours...the little I can pick up by examining your code, yours is a combination of energy vibration, light and physical matter. Our code is pure consciousness and therefore (has trouble expressing himself) ...forgive me, your vocabulary is unfamiliar.

Our code is pure consciousness therefore each person, if you call it that, has the same code, but has individuated energies surrounding the code. So the central energetic core of each of us in our civilization is the same but the energy in the form of an energetic spiral that wraps the core is separate.

Therefore, when we intermingle with one another, the cores being the same, permits the intermingling and the 2 energy spirals intertwine for the duration of our merger. We have no need for communication in this manner as if we wish to understand you, we just join, and in an instant we have full knowledge of every thought, every feeling, every desire, and every aspect of you.

We do not have....we do not have...what you call '**judgment.**' We cannot, as we know everyone as well as we know ourselves, therefore there is no judgement, and the strands of judgment I am sensing right now in all of you is also very disturbing. Forgive me, I do not mean to criticize, these are but observations. Do you have any questions?

Group Member: *Which dimension are you from?*

■: The 19th.....

Group Member: *You are a long way away from...we are only 3rd...a lot of separation...*

■: I am experiencing...'sorrow'....which is new...*sorrow, so much sorrow*...this is very disturbing....aaah...we are from time to time urged by our consciousness to visit other realms to study. This method is our study and our.... classroom.

There is so much I want to communicate but cannot, due to the limitations of language. I see all your friends connecting with you right now, and they are having a similar problem.

You are receiving a very tiny fragment of my 19th dimensional vibration: only that which you can use as an echo in your cellular structure, you cannot even access it directly and in turn I learn from you.

Group Member: *Is this part of your evolution?*

■: YES...our classrooms are around the Universe.... and our teachers are ourselves because we are one, so when I visit you today, all my friends in my civilization receive the same feelings and impressions and thoughts.

Why are you all so ...'sorrowful'? Is it normal for you to be this way?

Group Member: *Do you have 'time' in your dimension?...*

Group Member: *Why are we so sorrowful? Because we have emotions which have to be expressed either joyously or sorrowfully, there is no...normally lack of one or the other.*

■: (To a group member) You have sorrow, and yet your core is joy...you...so why are you experiencing sorrow?

Group Member: *Because I am not in balance...if I was in balance completely, then I would be joyous, because I've allowed separation from... myself...I experience sorrow...*

■: Why?

Group Member: It's something that I have to learn...like you are learning, I am learning too, so that all the time I'll be joyous and to do that I have to go through certain learning....

■: Who is that one? ...(looking at group member's pregnant stomach) ...who is that one?

Group Member: *It's a baby!*

■: (surprised) inside...why?

Group Member: *That's our way...how do you...get babies?*

■: Very disturbing....we do not carry...we merge at will with an appropriate group of energies and instantaneously create others. It is instantaneous.....

Group Member: *Ours take 9 months.....*

Group Member: *You come from the world of thought... that's what you do.....it is because of that..*

■: You had a question?

Group Member: *Is there time in your dimension?*

■: (laughing) We move freely through what you call 'time and space', we do not have this...concept...I am trying to understand, through your vibrations, what you understand of this.

We just exist ...we exist concurrently and simultaneously... all the time...we cannot explain how....but for us everything is simultaneous, therefore we experience our lifetime in an instant, we do not have the progression of the past and future, it is all... together. I do not understand your concept of time at all, but I am aware that you have some form of moving forward and through it, we do not.

When I return, from your perspective, I have used time to come away and return, but I am here and there at the same time and this information is being disseminated to the civilization at the same time as it is occurring, so there is no question of a time lag. At

the same time (laughing) I am in different parts of the Universe, in different classrooms, all together. I do not know how it can be any other way.

Group Member: *Are you in the 19th dimension by choice and are we here by choice or we will go there?*

■: I do not know that ...I just know we are there. I have no knowledge of that level of your evolution...

Group Member: *Does this mean you are born and you die immediately? You have death?*

■: Yes. We have 'transmutation', we transmute into more energy. We are energy and we are transmuting simultaneously at every instant therefore there is no time lag between the birth, the experience, the death, the rebirth, the experience and the death as you know it. We are constantly evolving.

Group Member: *Are you able to visit dimensions higher than your own?*

■: we are permitted to visit them briefly, as we cannot fully merge with those energies, but below the 19th we are permitted to move freely , at will, simultaneously.

Group Member: *Do you have Masters?*

■: We are the. ..Masters! Your perspective of Masters is still somewhat external: our is purely US. We are the Supreme Being. We just ARE.

Group Member: *Are you something like the Universal Intelligence?*

■: We are Pure Consciousness...we have no physical boundaries, we have no mental boundaries, we have no emotional boundaries, and you may think we do not experience emotion as we were confused about sorrow, but our emotions are vibrating at a different level, therefore we do not experience those which we see in this room. *Our emotions, if you call them that, are differing levels of Bliss. We do not have depression and pain and sorrow.*

Group Member: *What is the purpose of your existence?*

■: To be...just to Be...we also have an evolution as that is what we are getting from you right now...we have a process of evolution, which is similar to yours, but we do not evolve with a goal in mind, we evolve just because we evolve...forgive us, communication through words is so limiting.

Group Member: *How can we know Bliss if we do not know what sorrow is?*

■; Bliss just IS...BLISS...you have happiness and sadness and duality, we just have... Bliss....perhaps that is why we explore, to understand this, as it is not part of our scheme of existence.

Group Member: *How do you see the sorrow then, how do you see the joy? What does it mean to you?*

■: As I am inhabiting his (Sohrab's) body right now, and am interacting with all of you, I experience it as all of you do. **The sorrow strands that all of you are experiencing, right now, are reaching out to each other, and strangling one another. Yet, at the same time, you all have strands of joy and happiness, which are reaching out and stroking one another. You are all so active!**

I must leave now.

Sohrab changes energies to an energy that lived in Northern Canada

Hello friends! I am very much from planet Earth!

I moved into the Spirit realm several years ago: I lived in Northern Canada and I had a very rigorous life on Earth: of my own choosing of course. I was trapped in a lot of circumstances of my own making and I was extremely stubborn. I refused to ever look at myself and acknowledge that I may be responsible for a lot of what was around me. I was quite good at 'passing the buck' and putting the blame on everybody else around me and I eventually exited, not having grown much in my earthly existence.

I choose now to stay in Spirit and I will remain here for quite a while (in terms of Earth time) to grow and develop. I am choosing to do this by communicating with many friends on Earth, through groups such as this, to help them, and to learn and grow myself through that experience. I know all about being 'trapped and blocked' by circumstances of my own creation, so I have a lot to offer! That is my spirit mission. And I must say, this is a beautiful and very vibrant group! Would you like to ask me questions?

Group Member: *Were you female?*

■: No... I was not a female, but I had a lot of feminine energy in me...I lived a rather reclusive life, I tended to alienate myself from many around me, thinking that I was above them and nobody really matched up to my level...my level of intelligence, my level of wit, my level of experience. I was quite a snob and in doing this, I shunned many people who loved me and who reached out to me, but I could not see that. I did not see that.

Group Member: *Did you live at Vancouver? Do I recognize you? (He nods to Nsurgis)*
And what was your biggest lesson in that life?

■: My growth really began in the spirit realm, when I returned here. I now realize that my 'inactive, non-growth' existence on earth was simply a brief period of experience, my 'homework', to prepare me for my current processes.

This was not a choice I had made before I incarnated, but events in my life and my own blockages and my own refusal to grow propelled me to return before the appointed time to reassess self.

I now choose to see my incarnated experience not as wasted time, but as a healthy study period. So my work begins now!

Group Member: *Isn't it more difficult to do this work out there?*

■: it depends on what you mean by 'difficult'. There are different experiences in the Spirit realm and different ones on planet Earth. Planet Earth is such a beautiful and very rigorous playground. The speed at which you can learn, if you choose to, on planet Earth is extremely rapid and you can learn, in a few years, what may take you years in Spirit to truly assimilate as the **quotient of pure and simple experience** exists fully on earth.

In Spirit, of course we experience, but we don't experience with the physical knowledge that you have on planet Earth, therefore our cells do not vibrate with that experience, our pure energy vibrates with the experience, but for it to take hold and actually sit with us, a physical experience is often the most beneficial. Not always, but often.

Group Member: *How do you study in the spirit realm?*

■: Oh, my dear friend, there are countless opportunities to study and every single person is studying, learning and growing; but studying in the most joyous manner. Let us give you some examples...out of infinite possibilities!

There are tasks that you undertake which depend on your vibration. Now we speak of your 'pure vibration,' not of your Earthly vibration. The vibration of your Soul - your Oversoul.

The Oversoul has within it *everything*: therefore the Oversoul will have creativity, it will have practicality, it will have technology, it will have science, it will have mathematics, and so on. Everything is within the Oversoul.

When you incarnate, either on earth or in any other realm, the Oversoul has chosen to undergo certain growth and learning processes of *that which you already know but have not yet experienced*.

When you return, you tend to work in the Spirit realm with the 'hangover' of the experiences you have not fully assimilated.

If, for example, you have gone down to earth with a scientific bent of mind, you are likely to return to spirit and continue to work in this field. You may, perhaps, ideate new scientific discoveries; you may perhaps work with feeding them into scientific minds on earth; you may choose to further communication; work with pure science; share with other spirit beings your knowledge....and so on. You may even explore other aspects of your oversoul, which are connected with science, but ones you did not work with during your earthly incarnation. The possibilities are infinite.

If, therefore, your oversoul has a predominance of the creative arts, even though you have worked with science on earth, you may choose to explore (and help others explore) the perfection of scientific art and sculpture, where lines, form and sacred geometry can be merged to create an artistic masterpiece.

Now, not all take an earthly incarnation to necessarily pursue a career. So what do these souls do when they return? Exactly what they have incarnated to pursue in life.

A person who has a great fondness for children may undertake to be the equivalent of a 'soul schoolteacher' in the spirit realm. Taking care of young spirits who have moved across suddenly. Others may want to work with trauma-ridden souls. Yet others explore any field that is of interest to them. The possibilities are infinite!!!

Group Member: *When you were in the physical form and your physical body died, did your soul immediately see the light? And why is it that sometimes souls don't see it?*

👉: I will answer from my perspective, as you have asked me. In my case, I did see the light and I refused to accept it. I decided it was some illusion, this was some trick, this was some deception, and I stubbornly and willfully chose to remain here on Earth pretending I was alive. I was quite stubborn. After a while, I got tired of 'hanging around', with no ability to communicate with anyone on earth. Then something within me started to vibrate...it was like an inner calling. I did not know, at that time, but it was Me. Not the masters or guides, but my oversoul saying "Come home". Because the resonance was familiar and pleasing, I finally listened!

I have since communicated and worked with many others who have moved across. Some see the light instantly, and others resist it.

Group Member: *What is the light, by the way?*

■: The light is not actually light; it is **pure vibration of your own creation.**

The tunnel of light is simply a shaft of your own Oversoul's vibrations, offering you the smoothest and most joyous path home. Therefore every person's experience is slightly different, yet always pleasing, as what can me more familiar and seductive to you, than YOU?

Group Member: *There's no time limit as how long the light will be there?*

■: Of course not...but the freewill choice of the Earthly mind is to be respected, therefore if you choose, like I did, to hang around for a long period of time, as long as you wish, it will be respected, but there will come a time when your own calling is so insistent that you cannot avoid it and after all there is no physical sense then, so the calling is pure. It's pure because its YOU and only you will recognize you, so it is not a God tunnel, it is you. And yet it is the Divine.

Group Member: *The being from the 19th dimension and he talked about seeing sorrow in all of us? Can you see it?*

■: Oh yes...I can, but I see it from a different perspective, by the way 'he' is a friend, because I have experienced sorrow...you asked about the sorrow....

Group Member: *Now tell us about the light/joy quotient?*

■: I can see the sorrow in you, dear friends, because I know it so well. And now I know that it is a futile waste of time. I speak from pure experience, as I had lived in it for so long.

Sorrow is very tempting; it's very tempting because it reduces your vibrations and living in sorrow brings you down, grounds you to a certain degree, and helps you reaffirm your mortality. Most human beings want to know that they exist: sorrow, pain and trauma keeps reminding you that **because I feel this so extremely, I exist.**

It seems to me such a convoluted concept and yet it is one we all live in and have lived in and will live in the future as well, but let me tell you **it's a complete waste of time.**

Try a little experiment for yourselves. For a single day. Decide that you are going to experience only joy. No pain, no sorrow, no worries. Just joy. Challenge yourselves and do it. See how far you can get.

Group Member: Existence...deals with sorrow...

■: Not at all...would you like to define sorrow?

Group Member: A reaction to ignorance?

■: Sorrow is a feeling of disconnection with Self. Where you feel unworthy, angry with self, frustrated, irritable about the circumstances around you, annoyed, etc....etc...and this all clumps together inside you and forms a hard lump of sorrow.

The earlier friend picked up this energetic stranglehold that you all put out when you experience sorrow. He focused upon it, because it vibrated the most with him and was the most unfamiliar for him. He did not touch upon the Bliss (that also exists within you) because that is familiar to him.

Human beings are a mass of energetic tentacles: the ones of pain, trauma and sorrow reach out and strangle other people around you. Ones of love, laughter, joy and nurture reach out and caress others.

The friend was very confused. Imagine yourselves standing in front of a child, and kicking, slapping, punching him; and at the same time nurturing and caressing him! These are the mixed signals that humans send out most of the time.

Group Member: *inaudible...*

■: Let me assure you when you move across, you do not suddenly become 'an angel'. You are very much exactly like who you are here, today, with all your feelings, all your emotions, your thoughts, your desires, everything.

But your ability to reconnect with your own completeness can move at a much faster rate, if you so choose. If you choose, however, to hold onto your anger or hatred of someone in your earthly life, you experience it even more fully than you can on earth. Because you don't have the physical form and earthly mind, which devised ways to cut off or suppress these kinds of emotions.

On earth, you can distract your mind, you can eat, you can drink, you can go to the movies, you can read a book, you can pretend it never happened, you can do a million things and cut off emotion. And this is really a fail-safe valve.

But in spirit, this is removed from you. So you experience everything to its fullest. Joy or pain. Serenity or anger.

Unlike on Earth, where you maybe aware of an issue you have and take years to work it through, the instant in Spirit you acknowledge it, it is gone.

Group Member: *Inaudible...*

☀️: The friend who communicated with you was not from our Spirit world. He exists in a different dimension, in a different realm, and in his scheme there is no sorrow. There are only different levels, as he said, of Bliss.

Group Member: *You said Earth is a very vigorous playground, are there other playgrounds like Earth also?*

☀️: there are many civilizations, many existences, many planets that offer other vigorous playgrounds. But very few offer what Earth does, which is FREE WILL.

Very few offer the level of the free will choices that you have on Earth, and this is because on Earth you separate so strongly, with your veils of forgetfulness, from Who You Are, that you often blunder off in different directions, which is tantamount to experience and free will. If the veils were not so heavily layered on Earth, you would, in all likelihood, make far less extreme choices.

Group Member: *Do you also help souls on other vigorous playgrounds?*

☀️: I do indeed...I work with all friends who choose to call upon my energies, and who choose to have a dialogue, as we are having today, to learn and grow from each other. I am not a preacher, and I am not a teacher in the traditional sense, I only help others grow through sharing my experiences and understanding them a little more. I have not come to help you all remove your sorrow; I have just come to share my experiences with you, in the hope that we will all benefit from this exchange.

Group Member: *Sorrow is non acceptance...?*

☀️: Dear friend, from my perspective, sorrow is only self-flagellation, to prove to self that you do exist.

So if you wish to shift out of sorrow, I would urge you to look at this aspect of the 'don't exist' in your life and take your story onwards from there. And, by the way, everyone on Earth has the aspect of the 'don't exist' in them.

Group Member: *inaudible....*

☀️: You can choose to shed it now, if you wish, right here...and the choice is now individual, for each person, moment to moment. There is no pre-planning for your death anymore. There is no pre-planning for anyone's death anymore, it is a choice taken moment to moment. There are no exit points left; they are decided upon, moment to moment.

Group Member: *Were you in any personal relationships?*

👤: I do not wish to discuss that today...forgive me...

Group Member: *Is it true that at the core of every emotion we experience is Bliss? And you reach that by experiencing it fully, and accepting it fully?*

👤: Most definitely. **Bliss is the core strand upon which all creation takes place. Om is BLISS.** It is not a word, it is a vibration, it is an experience. It is beyond words and from that Bliss comes every emotion. Do not get me wrong: I am not averse to the experience of sorrow per se, but I urge you not to remain trapped in it. That is all.

Group Member: *So if you want to remain in Bliss...you accept all the sorrow..and then...*

👤: Let me assure you that, while you are in Earthly form, you will never experience full Bliss. You will not even experience 20% of what 'Bliss' is. But get further along the path at least!

Bliss is the state of being completely and perfectly in alignment with Self.

You cannot experience full bliss and remain in a physical form. So ultimate Bliss is returning and merging with ALL THAT IS.

An unknown energy passing over merges with Sohrab

I come to ask for your help: I am in the process of passing over, as I speak now. I am on my deathbed in this city and I am fighting to hold onto life, as I knew it. I ask that you help me release: direct my energies out of my body and back to my natural form. I may resist you, but I ask that you do this NOW.....

Some of you are holding back: please blast me with your light so I may exit smoothly. This is MY CHOICE, not yours. It is my choice

Group Member (N): *I send you my light and you can use it right NOW. (long pause)*

Sohrab: [speaking as himself] It is done. Our friend has exited his body.

Let us use our light right now and propel him on his way. Thank you all.
