

18th June, 2009
THE MELCHIZEDEK
Channeled by Sohrab

Reluctance to Passing over
Transitioning to the Afterlife
Support Souls
Walk-ins
Euthanasia

[Prior to the meeting, there was a discussion about a certain group member who was dying in hospital. She had expressed her desire to move across, yet she seemed to be holding onto life. One of the group members asked why souls, who say that they want to leave the body, often linger on]

Trance Channeling begins with the Melchizedek

There are many, many, many reasons for this, dear friends: let us but outline a few that are the most common.

You must first understand that what the conscious mind *thinks* it desires is not necessarily what the beingness desires.

The conscious mind may declare to the world that it is 'ready to exit', but that same person's consciousness often wishes to finish the work at hand before shedding the physical body.

The *most common reason* that a person tends to linger is because he or she is working at break-neck speed, on a higher level, to resolve and/or assimilate aspects from this current lifetime; aspects that need to be completed, understood, and assimilated by him or her, before he moves back into the spirit realm. And then this person appears to 'linger', because this work is often impeded by mental confusion and resistance to this rate of assimilation.

A person, for example, who has continually suppressed issues and emotions throughout his life, may find himself suddenly flooded with a host of childhood issues and other unresolved aspects, which come at him like a fast-paced action film. He sees them, but due to his lifelong pattern, is often unable to cope with them, or even understand what they are and why he has to deal with them.

We are speaking here of people who are in a state of either consciousness or semi-consciousness, not of a fully comatose patient. We will speak of that shortly.

These people, then, move between the physical and the spirit realm. They tend to get confused and overwhelmed with what they are processing. So when you offer them your energetic support, the most beneficial intent you can give them is for clarity: deep inner clarity to process smoothly and effectively, so that they can then release the body at the most appropriate moment.

A *second reason* that a person sometimes lingers is because an innate fear of shedding the physical state, the state that the conscious mind is now familiar with. (Babies are often overdue as they are reluctant to move from spirit to the physical; shedding the physical becomes the exact opposite of this, and is yet the same fear.)

When a person is reluctant to shed the physical body, his cells actually hold on to the energy of the soul, in a tight, vice-like grip, refusing to release from the cellular structure that portion that is the soul within the cell. A tug-of-war takes place, the soul pulling in one direction, and the cells refusing to relinquish their hold on the soul vibration. The body eventually tires of this, relaxes, and the soul is then released.

A *third and very common reason* is the energetic hold of the family and loved ones, upon the spirit of the soul who is attempting to depart.

This is an intangible, emotional hold and it need not be the love emotion: it could be the hate emotion, it could be the anger emotion, and it could be the 'unresolved issue' emotion that family members, often unknowingly, exercise upon that person.

On rare occasions *the person desires to leave, is ready to leave and can leave*; and yet deliberately holds back, to give others around him vital life lessons, such as patience, tolerance, surrender to an inevitable outcome, releasing control, and so on.

These are but a few reasons why a person lingers. You will not know the reason, so the best thing to do, when a person is in this state, is to send love, light, clarity and to assure the person, on a higher level, that no matter how painful it will be to you to release that person, you are ready to let them go joyously, at the appropriate moment for that person.

The physical act of 'dying' is the ultimate in **selfishness**: *by this we mean the most expanded act that you can perform for self, as it must be done in a complete embrace of self.*

Before we move further, do you have questions?

Group Member: – *We have done this so many times, over and over again, and yet we are afraid...*

The Melchizedek: – You have done this so many times, and yet you are afraid, and that is completely understandable. You have chosen, in this lifetime, to incarnate in a third dimensional existence on Planet Earth, where fear is a very large part of the cellular make-up. One of the processes of your growth here is to experience this fear, and then to embrace it, so that you move beyond it.

So there is no one in third-dimensional existence on Planet Earth, who does not hold a modicum of fear at the point of exit, or at the point of entry: it is just the degree to which you hold it and your overall understanding of what is taking place that makes the process simpler or more difficult for you.

Group Member:– *Can I ask a question? What is the equation between a hospital, which will try to prolong any person's life, and a human being there who wants to exit? (The group member was referring to a case of one of the group members, who was currently dying in a hospital. She had given her family instructions NOT to put her on life support, and yet the hospital insisted on doing so)*

The Melchizedek: – A good question! The fact that that particular human being is in that particular hospital that holds those particular views, means that a certain amount of conflict is necessary for the growth of both sides of the equation.

The family has to understand that by placing that particular person in the hospital, they are bound by those laws, which are also Earthly laws, of protection of the species, and at the same time, through perhaps discussion or argument, such as in a case just talked about, the hospital and doctors may also grow in understanding of when and how to service a human being better, taking into consideration both the spirit and the physical body. So it is growth and learning for both sides: if this particular person had desired to exit smoothly and easily, she would have done so in her own bed, she would not be in this hospital, in this particular state.

Now speaking of this particular person, dear friend there is great resistance on her part. Many of you may have picked that up when sending energy right now. She is holding back very forcefully, and is in great fear. She is holding back in great judgment of self, and she is holding back as there are plenty of unresolved issues she has not even begun to touch.

She is not in the process of resolving all of them; she is in the process of working upon her fear, she is also in the process of resolving those aspects that she *can* before she exists, as she knows she cannot finish the entire task here.

It is likely that she will linger for a short while more. She is making moment-to-moment choices, and the moment she deems herself ready to depart, she will.

So quite frankly, your energies and the energies of the hospital will not hold her back or force her to exit faster. All you have done is offer her a certain modicum of clarity to choose what she wishes, in the perfect moment, with greater clarity. Right now she is experiencing confusion.

Group Member:— *Sometimes they say the soul lingers because it feels it cannot give up its responsibility towards its family and children. Is that true?*

The Melchizedek: – Indeed it is true. And that soul will continue to linger till he understands that all cannot be resolved here. However, such is his power, that if he feels he needs ‘a new lease on life’ to fully resolve a series of issues, he will probably recover sufficiently and begin working very rapidly to continue the resolution, till he deems it sufficiently done. Then he will swiftly exit.

If the physical body is not strong enough to recover sufficiently on its own, he may even choose a **support soul** to continue in the physical form. Now let us explain this.

Most of you are familiar with the term ‘**Walk in**’: a ‘walk in’ is a situation where a physical soul actually exits the body and another soul enters the same physical body and continues the work, not only of the previous owner of the body, but of the walk-in soul as well. It is joint and mutual energetic contract.

However, you may not be familiar with the term ‘**support soul**’.

Let us say that a certain person is on his death-bed. He may decide that he wishes to return to full earthly life and complete further aspects of his mission, yet his physical body may be very weak by then. To facilitate this, he may invite a support soul in: a spirit guide or an energetic friend, who enters and inhabits his body *along with him*, for whatever period of time he needs this energetic support.

It is like walking with crutches when you have an injury: the crutches simply support you through your healing process. The support soul offers his energies to the weakened body, keeping it functional for the main soul to complete his task. He does not have any agenda of his own.

The support soul cannot remain in a physical body, united with another soul, for very long, so that work will have to be undertaken very, very rapidly. A few months, a year at most, not much longer than that.

You may ask: does the person’s personality undergo a change with this? To a certain degree, but not as much as it does in the case of a ‘walk-in’.

Group Member:— *In a situation say where somebody is in a coma, and he is lingering on, and they want to know why he is not exiting, but if some family member actually tries to connect with the higher soul and say 'I take this responsibility,' does that work?*

The Melchizedek: – Let us touch briefly upon the coma situation, though we have spoken of it, at length, in the past. When a person is in a coma, he is incredibly active on a higher sensory level and has deliberately chosen to cut off all physical contact and all physical senses, so that he can work in great clarity, without the interference of the physical mind or the emotional ties, that might otherwise detract from his deep inner processes.

It is very much like locking yourself in a library while doing very high-level research: you do not want any outside distractions, or the advice of your colleagues.

You are doing this primarily on your own, but always with the support and guidance of the Masters and the higher realm. A person who is in a coma is working very rapidly, reviewing his life so far, examining deeply suppressed issues, and deciding whether his life course should continue on Earth, or whether it would be better to work out the issues either in spirit or at a future date, in a future physical form.

From your earthly perspective, this period of months or even years may seem interminable, but in that detached state, time has no meaning or relevance to the soul, who can and will continue this process almost indefinitely.

Now can you 'influence' a person in a coma? Yes you can, but not quite in the manner in which you think you can. By talking to them, loving them, touching them, and accepting their process, they are most definitely influenced and soothed by your energetic support, but you are not permitted to interfere with their processes. So by all means, please do so.

Group Member:— *2009 is a cosmic trigger for divine dispensation for getting rid of our cellular memories, does this precipitate the human evolution from the spear that you talk about and is the divine dispensation working, or are we just stagnating?*

The Melchizedek: – What is divine dispensation?

Group Member:— *An extraordinary energy level which is introduced into the human cellular structure, which changes its pattern and... (inaudible)*

The Melchizedek: – Absolutely correct, and let us add to this statement of yours: **Divine dispensation is only given to you by You.**

There is no Master, there is no guide and there is no God offering you an energetic gift of an upgrade: it is your collective energies deciding that you are ready to receive this, and you do. So you leap from third-dimensional consciousness into a higher level of consciousness, to the degree that you deem yourself ready to receive.

Every one of you have offered yourselves this gift, else you would not be sitting here, hearing and understanding these words. Every single lightworker around the world, by virtue of the fact that he has decided that he wishes to be one, receives divine dispensation where his energies have automatically and instantaneously received an energy boost beyond that which they would have otherwise received. And the joyous part of divine dispensation is the more you receive, the more you *can* receive in the future, and therefore the more you *do* receive in the future

Group Member:– *But we do not see any changes!*

The Melchizedek: – Have you bothered to examine self? Who are you today, as compared to who you were yesterday? A month ago? A year ago? Five years ago? Take a good hard look at self, and you will begin to understand your self-offered gifts of divine dispensation.

Examine the kind of information you could understand and digest five years ago, as compared to today. Examine your grasp of emotional and physical circumstances around you today, as compared to the past. Look at how you now view situations and upheavals in your own life now. Don't you get less caught up in them? Can't you now see the bigger picture most of the time? Can you now identify the learning issue better than before? Don't you take more responsibility for your own creations? Aren't you a better councilor now than before? Haven't your perspectives on almost every situation widened? Come on, all of you have! Pat yourselves on the back, and begin to appreciate your own divine dispensation!

Group Member:– *You talked earlier about 'walk-ins'. Must a walk-in be another soul, or can it be a part of one's own higher beingness?*

The Melchizedek: – A good question! A 'walk-in' can be any aspect that you wish to enter into a contract with, who also wishes to enter a physical third-dimensional realm, for purposes of his own. So, therefore, a 'walk-in' can be what you term an 'extra terrestrial'; it can be a spirit being who once inhabited earth, and it can certainly be a part of your own vast beingness that has not incarnated on Earth.

You can even enter into a walk-in contract with an evolved animal spirit, who wishes to ascend into the human form by skipping the normal stages of first becoming a tribal or a villager, as is the usual progressive stage. This is rare, but it has occurred.

But, no matter what kind of spirit you enter into this contract with, it HAS to be mutually beneficial, else it would not occur.

A question that is buzzing in your minds now is **Euthanasia**: is it right, is it legal, is it valid, does it damage the soul; does it cause trouble for you? Once again there is no definite answer, each circumstance is different.

In general, you do not have the right to deliberately take another person's life, as you may be cutting short the few processes they wish to complete before exiting the planet. You will not be 'struck down or punished' by an unforgiving Universe if you do, but you will most definitely have to create vigorous circumstances for self, probably in a future lifetime, to learn from this experience.

There are, of course, exceptions to this: for example, many doctors who administer death drugs today may have contracted to undergo this experience, as they may have, in past lifetimes, forcibly prolonged the life of another who was ready to exit. In that case, it is simply a contractual experience that both souls require, and is in perfect alignment with self. Through this experience, they are learning that sometimes it is necessary to listen to the calling of the soul, and not just work rigidly with the demands of the human mind or body.

Group Member (Doctor):— *Many comatose patients whom I 'talk to' seem to exit very soon after this. I began feeling that I was administering 'spiritual euthanasia'; I even got the dubious reputation of being a 'messenger of death'. I finally told the Universe that I didn't want to do this kind of work anymore. Is this right?*

The Melchizedek: – It is completely wrong! You have no right to hold back the natural energies that flow through you, to benefit these wonderful souls. How dare you 'hold back' is what we say!

Group Member (Doctor):— *I started feeling so guilty!*

The Melchizedek: – There are two of you in this room, that soul (pointing to group members) and you, who constantly facilitate a smooth passage for those who require it. As you are aware, she has worked in a cancer hospice much of the time, nurturing and soothing dying patients. Her energies are just what they need, at the appropriate time, to facilitate a smooth and easy passage to the spirit realm. When she nurtures them, they experience the minimum amount of fear. They pass over in the embrace of her divine love, with very little trauma. They experience only rejuvenation. Calmness. Serenity. Divinity.

This is not 'spiritual euthanasia'. This is a divine gift she offers them. A smooth, safe and easy passage at the time of *their* choice. Should she deny them this? Should you???

Only those who require this 'cushioning' will come to her, or to you. It is a great service you both have to offer. DO NOT DENY IT TO ANYONE WHO ASKS FOR IT.

Group Member (Doctor)– *Thank you so much!*

Group Member: – You said everything is happening 'moment to moment': I am really feeling that now. But what is in control? The 'small me' or the 'big me'? What are the dynamics of it?

The Melchizedek: – (Laughing) If there is 'control', how can you live moment to moment? 'Control' is not part of your vocabulary anymore! Planet Earth is freeing herself of this concept.

This concept is being re-evaluated, examined and worked through by every part of your solar system, let alone planet earth! Just look around you! Look at yourselves! If you have been a controlling person all your life, you are suddenly finding that you have no control over anyone or any situation. If you have never exercised control, you will find that you are now experiencing your new-found power (not control). You have to assimilate all aspects of control now, very very rapidly.

You are learning that the death of a loved one is not in your control. Forced healing of another is not in your control. You make decisions, choose courses of action, but the results are not what you necessarily expected. Plans are made, but the course often changes. Astrological and numerological predictions are now out of your control, as the planets themselves are changing and mutating.

Your new and powerful vibrations, and the new and unfamiliar energies drawn by you from the cosmos, are taking you down a new and unfamiliar path of pure exploration, pure potential. Get used to it!!! If you didn't want to experience this, you would not be here on planet earth, at this moment in evolutionary time.

Group Member:– *Why is it seemingly 'acceptable' the put animals to sleep, but not humans?*

The Melchezedic: – There is no difference! It is simply the arrogance of the human race, which declares itself superior to other living beings. What right do you have to experiment on any animal, to put them through pain and torture, to discover either a cure to a disease, or the efficacy of a new cosmetic product?

If you only felt this collectively, you would instantly find other, un-invasive methods to discover the same cure, or to test the same product, without violating the rights of any living being. But this is a subject for another meeting.

Group Member:– *I've heard that when people who commit suicide, their souls linger on. Is this true? Is suicide justifiable?*

The Melchezedic: – Dear one, as we have recently given a full session on 'suicide', we will answer this very briefly.

Suicide is not a 'punishable' karmic deed. It is not 'spiritually incorrect'. However, it is an extremely 'vigorous' choice.

If taken, in all likelihood, the same soul will create another lifetime of even more traumatic experiences, to undergo and hopefully overcome them *without* making this choice again. It is about finding one's own power at that moment of abject hopelessness and powerlessness. Because it is an act of surrendering all your power in an instant.

When someone has committed suicide, we urge you to support them with love, love and more love. Do not judge them. Remember, they have moved across in a state of no power, no self-love, a lot of self-loathing and a state of complete energetic depletion.

What they generally require is a huge dose of the most magnificent and vibrant love you can give them. They will, often, reject this at first; but as they heal and grow in their own time, they will access these energies and use them as a balm.

Group Member:– *You spoke of 'control': hasn't earth always had aspects of this?*

The Melchezedic: – Dear friend, for as long as Earth has existed, there has been control. Look at world history. Control of the poor by the rich. The control of the church. The 'Holy' Inquisition. The control of one race over another. Conquerors and slaves. The control of men over women. And so on.

The less you have a sense of inner authority, the less you acknowledge your power, the more you need to control another. But paradoxically, the more you try to control the external, the more depleted you get from within.

Group Member:– *Has the mind, the brain, become over-functional in the use of control, at this particular time?*

The Melchezedic: – Ah Ha! The brain, at this point.

Group Member:– *Is different from the mind.*

The Melchezedic: – Yes, dear one, the brain is indeed different from the mind, but let us speak of the brain, as he has just asked about it.

The human brain is currently in a state of complete flux. The new energies are facilitating a rapid upgrade: neurons are moving in new and unexpected ways, new energy pathways are being forged, and new ideas and concepts are flooding in.

This is forcing you to re-evaluate, shift or discard your old concepts, structures, mindsets, and to allow the creation of a new 'you.' Planet Earth herself is also adding her new and upgraded energies to this process, as you are in the process of forming a new relationship with her as well. The entire computer, that is the brain, is being disassembled and now put back together, in a new and upgraded form.

Group Member:– *But am feeling quite stable in spite of all that!*

The Melchezedic: – You are quite correct, you are quite correct, and that is coming from the mind. That is coming from the mind, which has expanded into a new level of understanding: you are learning to use the expanded mind and not function only with the physical, logical brain.

Group Member:– *Two months ago I was feeling completely frazzled: now I feel much more stable, cool, calm and collected.*

Group Member:– *That is what our universe is: 'the mind'.*

The Melchezedic: – Let us talk of the mind. What is the mind?

Group Member:– Right now, I have no mind.

The Melchezedic: – (laughing) Don't play spiritual word games: what is the mind? It is your collective consciousness, liquid light, pure consciousness.

If you recall, several months ago we told you that there was a new atmospheric layer being created between the ionosphere and the exosphere; a layer that had 'no energy', and only contained pure consciousness.

You are now all drawing freely from this layer, and enhancing your mind. A beautiful part of your current evolution. You are working towards a perfect merger of the mind and the brain, the feminine and the masculine.

Try a little experiment: pose a question to yourselves, or examine a situation. First work only from the brain, then work with the brain and the mind together. See the difference.

Group Member: – *The mind can be your best friend or your worst enemy.*

The Melchezedic: – The mind and the brain are both your best friends. If you only had a mind, you would function exclusively from pure consciousness, which would not be appropriate for your experience on planet earth.

The brain is a magnificent part of you: it coordinates all bodily functions, your actions, your thoughts, your belief systems, your practicality, your day-to-day functioning.

Both must be used in perfect balance and harmony for you to be the expanded human beings that you desire to be.

The two together represent the perfect merger of the feminine-masculine.

Group Member: – *The brain has cellular structure...*

The Melchezedic: – Which is masculine.

Group Member:– *Does the mind also have a cellular structure?*

The Melchezedic: – It has an energetic cellular structure.

Group Member:– *Sir, is it that we got a mind only in 2009? (All laugh)*

The Melchezedic: – The energies of 2009 are facilitating an extraordinary merger between the brain, the mind and pure liquid light!

Group Member:– *A long time ago you said that women are becoming more like men and men are becoming more like women: is this what is happening right now?*

The Melchezedic: – Dear one, do not misquote us! (all laugh) . We did not imply that all humans would become androgynous, but we did state that the masculine and feminine energy imbalances would be worked out, and that both sexes would work in a balanced manner, with a perfect merger of the two.

What you are thinking of is a statement we made, where we said that certain men would carry babies at a very future date!

Group Member: *It's happening right now! The papers have already talked about it.*

The Melchezedic: – The few who are doing it now are the scientific forerunners of this, who have opted to participate in an earthly experiment. They should be respected for being the courageous mavericks that they are; they should not be ridiculed.

In the past, the feminine part of your mind/brain conceptualized a desired outcome, and the masculine side carried it out. One without the other is always incomplete.

There was also a very short time-lag between the conceptualization and the implementation.

The new energies we are speaking of demand a simultaneous flow of the masculine/feminine, without a time-lag.

Look around you: can't you see the merger already happening? Corporations (which always held predominantly masculine energies) are suddenly holding very feminine and previously unheard-of activities for their staff: yoga and meditation workshops and people-management seminars. They now even offer counseling and therapy to the staff. See the shift?

Human beings have recently coined the phrase 'metro-sexual': a man who is not afraid to admit to his feminine side, to appreciate all things like clothes and grooming and jewellery, which are predominantly feminine attributes.

Conversely, women are now encouraged to embrace their masculine sides: they work, hold equal positions to men, participate in all walks of life, and often are the breadwinners for the family.

It is all changing according to your own demands of the Universal plan.

Group Member: – *Why are the monsoons so delayed this year? What can we do about it?*

The Melchezedic: –Let us offer you a very strange solution: If you want the monsoons to arrive soon, each and every one in this room has to do a personal task. Touch a deeply buried emotional aspect of self and allow yourself to weep. An emotional aspect of self that you have pushed, buried and suppressed for so long that you are not even consciously aware that it exists within self. Dig deep and unearth it. And allow yourself to weep. Either physically, or else by acknowledging to self that it exists, and that you are willing to unearth it and assimilate it.

JOY, LOVE AND LIGHT FROM THAT ASPECT OF THE SOHRAB
THAT IS THE MELCHEZEDIC.