Thursday, 13th August, 2009 UNKNOWN ENERGY *Channeled by Sohrab*

Krishna Janamashtami: The Birth of Krishna

[The group was walked through a guided meditation, to offer light and energy to various people, including two group members' father who had just passed over, the imminent birth of 'G's daughter and a young girl who was to undergo a major operation]

Trance Channeling begins

● Each one of you, see yourself in your own personal light; visualize yourselves as expanded golden light ------ every part of your physical body is light and this light is emanating outward from the physical in all directions, like a starburst.

Now, as you generate this light, shift focus from your individual light and visualize the group light expanding outward in all directions; magnificent golden light ------ in this group light, visualize 'G', her baby and her family; in this light visualize Homi, Tanaaz and Shireen, and his extended family; in this light visualize Dara, Gool and their extended family; in this light visualize Radhika Goel and her family; and in this light visualize anyone you wish. You may say their names out aloud, if you so wish.

All are being bathed in this expanded group light. In this group light, visualize Swine Flu, and all those who have contracted it. ------ do not direct the light, just offer it.

Now in this light, place your family members, your extended family, your loved ones, your friends, ----- there is room for all. Into this light, place your friends and loved ones who are in spirit form, your Masters, your Guides, and your friends.

Visualize yourselves in this light. Into this light, place your homes, the entire Planet Earth. Activate a deep and silent OM from within your core: this must not be chanted aloud, allow it to arise from deep within the inner voice.

Now gently return to full consciousness.

(Sohrab laughing) How often you have heard us use the phrase 'gently return to full consciousness'! Think about this: we are not asking you to 'return to this Earthly consciousness', we are urging you to 'gently return to full consciousness'.

What do you know of 'Krishna Consciousness'?

Our friend (referring to a group member), who normally sits in this seat, would be bouncing around and waving her hand, if she were here! (All laugh) Let us hear your views on this.

Group Member: – *Christ Consciousness?*

To a degree, yes. What does Krishna represent to all of you?

Group Member: – *Everywhere* – *omnipresent.*

Various group members answer - exuberance, joy, change, friend, love, a playful character, a motivator, a guide, protection, all-knowing, love, a Casanova.

For those of you who are devotees of the Lord Krishna, what is your personal connection with him?

Group Member: - Krishna is myself.

— Yourself...Wonderful! Krishna is indeed all aspects of self, all aspects that can possibly be touched by self, in any incarnation.

On Planet Earth, there are only certain aspects of self that you can touch. The Krishna consciousness helps you to touch as much of self that you possibly can, in a single, earthly incarnation.

However, this being the 'birthday' of the Krishna Consciousness, you can now use this to touch not only aspects that were previously possible on Planet Earth, but also inter-dimensional aspects that you could never touch before!

That is the magnitude of Krishna Consciousness today! TODAY. We refer to this particular earth day. What a beautiful day for this gathering to take place, and what a beautiful day to exercise your new-found, inter-dimensional power to heal, spread light and activate your entire planet!

What you did earlier, by expanding your light and eventually embracing your entire physical planet, was to harness this new Krishna Consciousness and offer your entire planetary structure and every part of Her, the opportunity to avail of this same new facet of the new Krishna Energies. All earthly energetic structures have now been awoken, so that they can choose to do so, not on a conscious level, but on a higher conscious level.

In this little 10 minute exercise, you have done more 'Earth healing' than you have ever done before. Ever!

Group Member: – Can we repeat it?

— It can be repeated, dear one, but it has already been done! You cannot force another to awaken. But, if you raise your vibrations to a very high level, it prompts everyone around you to follow suit. That is why we constantly urge all of you to work internally, not externally.

As when you start vibrating at a higher frequency, these vibrations reach out to all. They benefit those in your physical proximity, those in your energetic ambit, and those who are like-minded across the world: it excites them, seduces them, and urges them to vibrate faster as well. But they may choose to use these higher vibrations in areas different to yours. That is why you cannot force another to follow your chosen path. They must find their own and pursue it single-mindedly.

The Krishna Consciousness belongs to **all**. There are still a few here, in this room, who hold onto the earthly, religious, or mythological form of the Krishna. **Now please go beyond that.**

It is no longer acceptable for light workers of your caliber to remain trapped in an image. Do not misunderstand us: we are not asking you to stop your celebrations or to destroy any statues or icons you may hold dear. But see beyond that.

At the same time, there are others in this room who feel that Krishna energies 'do not belong to our community'. *Dear ones, the Krishna Energy does not have a community.*

Krishna Energy is extremely potent inter-dimensional, universal, cosmic light.

Do not perceive it in a limited manner. If you do, you are accessing only a trickle of it, instead of the gush of energy that is pouring into you, and into your planet, on this magnificent and very potent day.

Ride with it, experience it, and know that it is now part of you! Know that you are now inter-dimensional beings; know that you now have a new sense of self, from this moment on.

Do you have questions about the Krishna Energies?

Group Member: – What does Krishna's chariot represent? In a recent session of mine, I saw this whole chariot coming into the room and the people said that it was Krishna energy.

Every symbol, in every aspect of mythology, has relevance for the energy level at that moment in time; therefore the symbolism of the chariot today has a different meaning to what it was even a few days ago! Today, it represents *instantaneous inter-dimensional facility*.

Since symbolism constantly changes, we urge you once again not to get trapped in what you have read or heard over the years. Use the older concepts as a base, a springboard, to take you to ever-changing, ever-fresh concepts and interpretations.

For example, many of you here have studied Reiki. The meaning, vibration and the potency of the physical symbols you know so well are now completely different to what they were when you studied them. Allow yourself to constantly upgrade!

Doesn't the same hold true in your world of ever-advancing medicine, technology, science and linguistics?

Group Member: – How long will this energy last?

— (laughing) For ever and ever! Once an energy structure of any kind has been anchored, it is there forever. But that energy itself keeps evolving. As it must. The Krishna energies have been around for eons, but they are constantly evolving and today, on this particular physical day, they have taken yet another leap forward.

Group Member: – What happens to the millions around the world who have never even heard of the Krishna energies? How will they tap into it?

— Conscious knowledge of the Krishna Energies is irrelevant. The higher consciousness is in perfect communion with all energies being offered to Planet earth.

You are all bringing this into your earthly consciousness for two predominant reasons:

- 1. You demanded to hear of them and experience them directly, hence you brought yourselves to this particular meeting on this particular day; and
- 2. You wish to use them both responsibly and consciously.

Each of you will take the content of this meeting home and internalize it differently, each of you will have a different perspective of how to use the Krishna consciousness, each of you will explore and experiment and vibrate with it in a slightly different way, and you must!

Do not copy another: find *your* unique interpretation of the essence and the resonance of the new Krishna Energies. That is your task.

New Group Member: – I would like to call this energy the 'Supramental Energy': is it right?

— Wonderful!! Please explain this to the group.

New Group Member: – Work has already started on Planet earth. The Supramental Energies have descended. Those who are open to it are most definitely going to receive it. We have all received it here today. I got an indication of this a while ago, and then something urged me to attend this meeting. It's my first time here. I knew I was going to receive some new energy.

I urge all of you; please don't have any doubts about this wonderful energy. Remain open, and don't try to change anybody else. Let us all use this to change ourselves. Then everything around us will change. I am the only person in my family doing conscious energy work.....

— Why are you the only person in your family doing energy work?

Group Member: – Because that is a contractual obligation ...my mission on earth.

→ Let us explain this to the group. Every single family elects an energetic leader from time to time, to take this family forward as a group. Leadership changes hands from time to time: sometimes a leader will remain 'energetically elected' his or her entire life span and sometimes it changes from time to time.

This is done by the collective consciousness of that family unit, and the family energetic leader is elected very democratically: simply because he or she *can* fulfill that role.

Ego or debate doesn't even come into it; there is a complete family energetic evaluation that takes place moment to moment, and the one who is the most energetically potent and appropriate to take the family forward is instantly placed at the 'tip of the arrowhead.' The energies of that person become the spearhead behind which the family arrow energies follow. (Indicating the new sitter) You are that person.

Do not confuse the energetic leader with the physical. The position can be held by a newborn child, or a mentally- or physically-challenged person. Leadership is based solely on energy content.

Does this make the leader a 'better' person that all the other family members? Not at all! He or she is simply the most appropriate energetic spearhead at that moment in time.

Now, what does the family consist of? All members of a family, including those who have moved into the spirit form, ancestors and even other energetic family connections you may have had in past lives and still have in differing dimensions.

We salute you.

New Group Member: – Thank you!

— It may interest you to know that he (pointing to self) is *not* the energetic leader of his family, not because he does not have power, but because the collective consciousness of his clan has decided that another leader is more appropriate at this moment. It is likely that he will, at some future point in time, assume this role. Currently, she (indicating Silla) is the leader.

New Group Member: – But I want to share with you that I have learned that, when family members oppose you, more personal growth takes place. I have experienced all of this, and I only thank them for it.

Group Member: — What about families in which there is constant fighting and upheaval?

— Aah!! Those are the ones that are growing the most rapidly! They collectively wish to evolve very rapidly, and the energetic disharmony that you perceive is being facilitated and fuelled by their leader. On the surface, he or she may not seem to be involved, but either way, he is the spearhead!

Let us give you an example: two world-famous families are going through great growth right now. The Obama family and the Osama Family. On the surface, it appears that the Obama family is on an upswing, and the Osama family in is utter chaos. Energetically, exactly the opposite is true. Yet both are leaping forward.

Group Member: – I have a very 'energetically athletic' family! (all laugh)

Group Member: – Krishna Consciousness: is this all part of the Krishna Consciousness?

 \bigcirc – The spearhead *has* to access Krishna Consciousness to be able to lead the family.

Group Member: – Krishna Consciousness is what we understand as part of Christ Consciousness in one of the avatars: I want to understand Vishnu Energies.

— (Laughing) Back to containment and compartmentalization!

Krishna Consciousness has nothing to do with the deity you know of as Krishna: in fact

Krishna Consciousness today envelopes every aspect of every Master in existence.

Does that mean the Masters are 'lesser' than the Krishna Consciousness? Not at all: it is simply a term denoting the embrace of every aspect of the Universe.

You have, today, moved into a space where you will now rarely be able to access individuated energies.

So now, when you call upon your favourite Master or deity, you will, of course, receive their magnificence essence, but their individuation will now only be your illusion. Leap forward, and understand that, even when you do that, you are receiving not only their essence, but the unified essence of the Universe and All That Is.

Group Member: - Then why is there the need to use the word 'Krishna' or a name before consciousness? It has no validity any more.

— Thank you! Thank you! We were waiting for you to get to that! We have been using this term to lead you gently to this realization.

Group Member: – Because there is no difference now between Christ and Krishna and Mohammed and all the others; it's just 'consciousness'.

→ You already know that there is no 'time and space', but in terms of Earth's third dimensional consciousness, today, at 12 noon, your time, here, this oneness consciousness has been anchored to your planet.

Let us try and describe the process to help you understand this: upto now, Planet Earth has accessed all forms of energies from the Universe in the form of individuated strands or cyclone-shaped spirals. Now, she has 'opened out' and is receiving floods of energies from every part of her surface.

So now, there will be no more strands, no more funnels, just blasts of generic consciousness. So the energies of the Krishna and the Buddha and the Mohammed and the Christ and all the others are being received and assimilated as one unified energy.

Group Member:— We know of human consciousness; would this be spirit consciousness?

— Even those structures have merged: human consciousness, spirit consciousness, collective consciousness, and the consciousness of a particular planet or civilization; it is now one mass.

Now, does this mean that what you know of as the 'collective consciousness of Earth' does not exist anymore? Of course it does, but not as insularly defined as before. All are flowing one into the other. All contain aspects of each other.

Remember when we told you that your chakras were all merging and bleeding, one into the other? As above, so below.

Group Member: – *Is this what we were awaiting in 2012?*

→ 2012 is already here. For 2012 to happen, you have to move beyond the concept of linear time. So how can 2012 happen only in 2012? It is already here, and it will also be there!

WE LEAVE YOU IN CELEBRATION....BLESSINGS FROM ALL THAT IS.