

20th August 2009
MOTHER GAIA
Channeled by Sohrab

NDE: Near Death Experience

[Two group members were asked to share their Near Death Experiences – NDEs - with the group. This was followed by a question and answer session held by them.]

Trance Channeling begins

Why did we provoke this discussion today? Because planet Earth herself is going through the equivalent of a 'near death experience' as we speak. We are speaking now of the planet as a whole; her consciousness, her experience, her vibrations, her changes, her desires.

Now, obviously, a planet does not go through exactly the same procedure as has just been outlined by our two friends. Let us understand what is happening.

She has two primary levels of consciousness: that of her own Beingness and then an expanded form of consciousness which embraces her own beingness and all her inhabitants.

Her current NDE has more to do with her own personal consciousness than it does to her Unified consciousness. However, as you all exist on planet Earth, you are going along with her for the ride.

(Note: Earlier on, the first group member had mentioned that she had been pregnant when she had undergone her NDE, and yet she had had no sense of the child or its soul, during her experience)

Dear one, when you have an NDE while carrying a child, the child's energy 'piggybacks' on yours and you both go on the same ride. However, your focus is generally towards self, as it should be. It was, in fact, your child's energies that sharply pulled you back into your physical body.

Part of the communication that took place, which you do not clearly recall, was an intense discussion with the soul you were carrying. You both discussed the merits of remaining 'free', vs. returning and continuing your joint life paths. You both decided to return, and did so, in an inter-twined energetic manner.

(Note: The second group member *had mentioned that the sound of her teenage daughter's 'inner crying' and been the catalyst to urge her to return to her body.*)

In your case you are correct; it was the vibration of the younger child who called you back, but not for emotional reasons you suppose. Those vibrations, on a higher level, reminded you of your growth responsibilities which you were ready to shirk and said to self 'come back now, no nonsense!' But you interpreted them as a child's cry of pain and need, which was the only way you would return; otherwise you would have said 'To hell with my responsibilities, I am enjoying myself too much to return!'

Any conscious NDE, as you rightly pointed out, is to facilitate a conscious leap of energies. It may interest you to know that every single one in this room has NDEs at regular intervals! It is just that you do not recall it, because you do not necessarily need that '**energetic jolt**' to your physical consciousness and the physical body.

In the past, where there were fixed and limited exit points, you would always go through either a conscious or a subconscious NDE to decide whether or not to remain in physical form. But now, as you know, *exit points are fluid* and you are reassessing, moment to moment, whether or not to remain in your incarnated form. *This means that every single one in this room goes through 20 to 30 NDEs per day!*

Group Member: *We don't feel it!*

🌈 - Of course you don't! And this does not happen only when you are asleep, it happens all throughout the day. You are constantly leaping out of the physical body, reassessing and analyzing, changing course and tactics, discussing and re-evaluating your growth and returning to the physical body, all within a micro-second. So there is no disturbance in the physical movement, or in activity you are doing at that moment.

Group Member: *Is the core issue also changing?*

🌈 - No....the core issue is not changing, but your tactics and approach to it is constantly changing. You keep looking at different facets that you have not looked at before, to work the core issue...

Group Member: *Ultimately we are going to assimilate the unassimilated energy...*

🌈 - And so you must....but you are constantly challenging yourself and exciting yourself by offering Self new opportunities to learn and study, it is like moving out of a rigid, formal educational system, into a completely free one, where every teacher, at every moment, offers you a new opportunity and a new approach to the same course.

Group Member: *Wouldn't that be confusing?*

🌈 - In Spirit form it is only exciting...and that excitement translates to the physical...

Group Member: *How do we know when we are undergoing an NDE?*

🌈 - You don't need to know it, dear one...you don't need to know it; but we will give you an indication of how to consciously know when you have just returned from one.

Now be sensitive to self, and be aware of self at all times. When you suddenly feel, during the day, a slight inner boost of energies, a little moment of elation, a moment of oneness with all around you, or a moment of being 'in perfect sync', it is an indication that you have just returned.

Group Member: *Is this only for the people in this room or for all people, everywhere?*

🌈 - For every single human, animal, plant, and mineral; for all aspects and for every inhabitant of Planet Earth.

First Group Member: *After my experience, when my husband and I returned to our hotel room, we both smelled a very strong 'ether-like' aroma. It took a while to dissipate. What was that?*

🌈 - The fetid smell, which you interpreted as an anesthetic, was you shedding, at that moment, veils and veils and veils of cover ups, of resistances, of defenses you had put up against the world in general. You literally, in that process, ripped your energetic clothing apart, and exposed the raw core center, to begin a new life course.

You were technically 'reborn' after that experience and the anesthetic smell was your interpretation and the interpretation of those around you, to a psychic operation that you had performed on Self, stripping away the cover up and emerging anew.

You truly were born again: had you not used that experience and brought it into the consciousness, you would have returned without ever remembering it, but then those veils would not have been removed. Then, instead of 'giving rebirth to self, you would have chosen a completely different life path: instead of exploration of the spirit and of self, you would have gone into an exploration of the very practical aspects of life. Family life, business, socializing, and so on. Both are perfectly valid choices, they are simply different. You chose this one. Now you know.

Group Member: *I had a very similar experience 4 days after my husband died. I was in an operation...I just was away and I felt being pulled in the tunnel and it was going at very high speed. I was 6 months pregnant and all of a sudden, I heard a voice saying 'the children' and I just came back....I feel the soul I was carrying wanted to leave, and another took its place. But I am not sure.*

🌈 - What is your interpretation of this experience?

Group Member: *I had a responsibility and needed to come back....*

🌈 - In your case, dear one, you attempted to run away and energetically you were drawn back by your own essence, urging you not to take the easy way out. However, you *had* to undergo this experience, to facilitate a smooth and easy soul switch...exactly as you intuited. You served them both magnificently, and learned much through this experience. Bravo!

Second Group Member: *Why did I have to come back? Was this part of my blueprint?*

🌈 - You had to come back because you knew you were not ready to exit at that point. There was much more growth and development that you wished for Self; growth that you decided could only take place on Planet Earth, in this particular body, within your particular circumstances. On a higher level, you asked self, "If the 'fit' is so right, why should I discard the experience?" You, too, returned with several personality alterations and with the appropriate energetic upgrade that you needed, to jolt self.

Planet Earth is undergoing a similar re-evaluation process right now. She has now come to a very, very vital point in her existence, where she is sick and fed up of the trauma that the human race is causing. **YES!!!.....and** she is re-evaluating and examining (for SELF FIRST, and for all her children, next), the best way to create this shift.

These words are not intended to cause panic among you; they are to awaken you to the importance of the lightworker on planet Earth. A human body, when diseased, uses anti-bodies within itself to combat the disease and heal self. You are Her anti-bodies. You have to both awaken and spread a new consciousness among the people of Earth.

Her NDEs are just as we described earlier: she removes her energies from self, moment-to-moment, re-evaluates and reassesses self, and then returns in a split second. She is doing this frequently and constantly right now, just as you are. She must demand what is best for Self.

The Self that is planet Earth, and secondarily what is best for planet Earth with all her inhabitants. This is not selfish or thoughtless; it is as it should be.

Every time she retracts her energies from the planet, you are all left 'energyless' for that brief period of time. This does cause trauma and upheavals in the human body and psyche, but through this you grow into a fuller appreciation and reliance on your own energies. Rather like a baby being weaned off its mother's milk. This process gives you the opportunity to awake, arise, and appreciate your own magnificence.

You can, if you wish, once again sensitize yourselves this process: the moment you feel that all is an illusion and everything seems somehow unreal, you will know that the Mother's energies have retracted at that instant.

As of now, her periodic NDE are so brief that they have not affected her internal and external workings: rivers flow as usual, winds follow their usual patterns, currents in the ocean remain at work, light is refracted and reflected in the normal fashion.

But if your consciousness does not arise to suit her needs, she will then retract her energies for longer and longer periods: at that time, you will start seeing major shifts and changes in all that you consider 'natural and normal'.

Eruptions, earthquakes, movements, shifts, acid rain and so on: if that is what it takes to awaken her children's consciousness, so will use it.

Second Group Member: *What is it that she wants us to do?*

🌈 - Awaken and think of the collective as ONE. You are not separate from your Mother: you are the same energy, you are the same vibration, and you are the same 'energetic soul' as the Mother who bears you.

Yes, of course you have individuation, as does she; but when you energetically link with and physically incarnate in any space, you tie yourself to that energetic soul. Just as your child comes through you, as a combination of his or her energies and yours and therefore you have a joyous 'energetic responsibility' to view her as your genuine mother.

Do you go home and beat up your mother? Do you go home and punish her incessantly? Do you go home and abuse her, soil her, besmirch her? You are doing precisely that with your Earth Mother: it is time to awaken!

Now we are not asking all of you to go out and lead protest marches, unless you so choose; but we are asking you, as light workers, now to awaken, to arise, and to simply understand your responsibilities. Consciously merge with the Earth Mother. Love her. Appreciate her. Do what you feel internally urged to help in her plight. Facilitate a oneness between Self and every other human being, every other entity, on and within your planet. In doing this, you will generate group awareness.

Blessings!

[Another Energy blesses the group and speaks through Sohrab, in a very soft voice]

BLESSINGS TO ALL MY CHILDREN.....FROM MOTHER GAIA.