

22nd October, 2009
THE ENERGY GOVERNOR OF MUMBAI
Channeled by Sohrab

City Cleansing The energies of various parts of Mumbai

[The Meeting commenced with the usual group chanting of the OM.]

Trance Channeling begins

🌈 - During the meeting we require this group to work 'as one', with combined, joyous energy. We had hoped, through these chants, that you would unite; but you are all still extremely scattered.

Take a few moments in complete silence and just experience unity. Feel each others' energies embracing you joyously. Experience a sense of 'family'. (To the lead group member) We ask you to lead them, once again, through five chants of the OM.

(There is a pause. The group unites magnificently, and only chants a single OM, before the Master speaks again)

🌈 – Thank you, that one OM was enough. You do not need four more. Did you experience the unity this time?

(All agree)

The energies of the festival you call Diwali unearthed aspects of trapped, stuck, fragmented energies from this city. A lot of emotion, a lot of old patterns, a lot of debris has been released into the Universe by the resonance of your fireworks.

Now, some of these energies have started to be drawn back into your city. Why? Don't you do exactly the same thing? You often unearth aspects of self that require release or assimilation, and then promptly 'shove them down again'!

If the city is permitted to do this, there will be repercussions: riots, dissension, and other undesirable events will take place, which are not acceptable.

We request you, as a group, to work 'as one', to aid your city. You will be guided through this process. You come to serve today. This is an honour, as you are leading

this process, which now other groups and individuals in your city will continue. You are the forerunners of this 'clean-up'. Congratulations.

City Cleansing

Unite again, energetically. You are **one powerhouse group**.

Now begin at the point you call Navy Nagar, and start to sweep into the universe, debris that is being attracted back into that area. Visualize it with your group light, being dispelled back into the universe. Work as one.

Now move down, continuing this work, into Colaba and Cuffe Parade. Visualize yourselves as one massive energy structure of golden light and visualize the debris being flung back into the universe.

Now move to the harbour, The Taj, and continue the sweeping motion back into the universe. Don't try so hard. It is effortless, and instantaneous.

Now EXPLODE the area called the Mantralaya. Sachivaliya. Keep working here to dispel DEAD energy. Send it up into the Universe with your golden light.

Now move down Marine Drive, from its uppermost point down to Chowpatty, and sweep the energies upward into the Universe.

Turn your attention now to Malabar Hill, and just vibrate it with your golden light, just vibrate it. Move inwards to Ballard Estate and VT, vibrate this as well: VT needs to be exploded. Move now into Crawford Market and Mohammed Ali Road, and begin a very powerful upward surge, releasing debris into the universe; this requires an upward directional surge. Move further down Rey Road, and to the docks, all the way down into Chembur and sweep and send the debris upwards. Now turn your attention to Peddar Road, and Breach Candy: here you will just vibrate the entire space.

Now move down to Haji Ali and hover over the area where there is a mosque in the center of the sea. There is a vortex beneath this mosque, which is releasing magnificent light. Replenish your energies here.

Now you will proceed further with the golden light and cleanse Worli Seaface. Do not cleanse the Expressway, cleanse Worli Seaface. Cleanse it, direct the debris upward. Now you will enter the Express way: put your group light into the construction of the Expressway; do not vibrate or cleanse it, simply energize it: the stone, the metal the concrete, the entire structure, end to end.

Now move instantaneously to Prabhadevi: here you will only use your light to settle the area. Do not cleanse, do not sweep --- settle it, settle it, with calm healing.

Move instantaneously to Shivaji Park. Shivaji Park requires tremendous cleansing. You will sweep the energies upward from the centre of the Park and shoot them into the universe ----- (Sohrab chants OM loudly as the group works)

Turn your attention to Dadar and Vadala – here you will trigger off what needs to be initiated, without hesitation. Use your light and trigger the space, it has blocked energies that require release; release them. You will do the same with Bandra East, --- trigger it, trigger it, trigger it.

Move now to Bandra West and fill it with the energies of refreshment, youth and vigor.

Now we will mention a few other areas in your city. As we do so, simply visualize your golden light releasing the debris collected there, into the Universe.

Juhu....Borivali...Malad....Nalla Sopara...Virar....Chembur, Chembur, Chembur...New Bombay.

And so it is, and so it is, and so it is.

Now bring your collective energies back into this room and rejoice.

We Thank You. – You have done intense, unified and joyous work today.

Certain episodes that were scheduled to occur in your city have been averted. A few energetic shifts and episodes that are still required will occur. No judgment, no judgment!

You have energetically led the other lightworkers in this city, who will now follow suit: many groups and individuals will now be doing this kind of work over the next few weeks. If you wish, you may joyously share this with others. They need not necessarily follow the sequence we offered today; they may simply follow their own intuition.

Would anyone like to share anything they experienced during this work?

Group Member: - I have pain in my hip and while doing some of the cleansing process, it just intensified.

🌈 – Do you recall which area you were working on when it intensified?

Group Member: – Yes, the Mantralaya area – a lot – it just intensified

🌈 – Ah!! We will speak of that.

Group Member: – I wanted to go out and throw up, when we came to the Sea link, and Worli.

🌈 – What did you experience within the Sea link?

Group Member: – Some turbulence and a rocky kind of feeling.

Group Member:– I experienced the same as she did at the Sea-link.

Group Member: – Shivaji Park – Play ground

🌈 – What occurred for you?

Group Member: – A lot of stubbornness, bigotry

🌈 – Stubbornness, bigotry, anger, fury, repression and so on.

Group Member: – I just saw dark clouds

🌈 – Did anyone respond to Navy Nagar? What was your response to this area? (to the member who asked the question)

Group Member:– The same thing – dark clouds descending upon me. Very, very dark clouds.

Group Member:– Can I share something? Before the meeting started, when I was sitting by myself quietly, I got a strong feeling that ‘somebody’ was asking me if I could sense the oneness of the group energy.

🌈 – Well done! A forerunner of the oneness that did exist in the group today. It did not matter if you were a first-timer or an old-timer today, you all worked as ONE.

Group Member: – When we went to Haji Ali, I saw a face, I did not recognize who it was...a man. But when we went on to the Worli seaface, I got Meher Baba laughing with me all along. And when I energized Mantralaya, I was able to send beautiful golden light; I did not feel any fear or anything; I felt quite happy.

🌈 – Wonderful, Wonderful!! Let us explain this.

You all worked selflessly today, in oneness, in full service. Why? Because you now can! And you also worked in full celebration of Self. Therefore, as you worked for the city, releasing blocks and freeing energies, you did the same for your own structure.

Navy Nagar has within it, deep secrets. Suppressed information by the government, that is now meant to be made public. We have spoken of this before: information and *evidence* of extra-terrestrial life and technology.

If you experienced discomfort while you were working on that area, you were simply drawing your attention to those deep, dark secret areas of self that now need to be touched upon and acknowledged by self. You are ready to examine them, work with them, and assimilate them.

The Mantralaya has within it, dead energy. Not trapped energy, but dead energy. That which now must be released, fully and completely.

Those who responded painfully or emotionally to this area need to release dead energies; those which have no meaning in your life anymore: old patterns, old beliefs, old structures, and outmoded means of speech, thought and behaviour.

Group Member: – Excuse me, but I must say something right now. There is a dead lizard stuck to my skirt!! Is there some significance to this? It's really odd, and somehow to 'co-incidental'!!!

🌈 – Indeed there is. Why on your skirt, and on no one else's? What does a lizard signify to you personally?

Group Member: – I am scared of them. I can't stand lizards.

🌈 – So it invokes fear in you. What else does the lizard evoke?

Group Member: – A 'yuckie' feeling – *and to think it was on my skirt!*

🌈 – But it was **on your skirt**, not on your body: the dead energies you carry are simply on the periphery. You can be rid of them 'in one stroke'. Yet these energies evoke such fear you in, they paralyze you and terrify you, and so you tend to remain frozen and inactive with them. No deep work is needed. You just need to bring them up, face them, and 'brush them aside'. Well done!

The energies in Shivaji Park are still extremely dense, despite the work you have just done on them. What you have done is to create an energetic funnel, through which they can now slowly escape. However, as more hatred, anger and bigotry are created in this area, as is likely, the funnel may get blocked again. Therefore we urge you, dear friends, to continue work on this area, from time to time. Just clean out the already-created energy funnel. And in this work, you are also doing exactly the same for yourself.

Some in this room are now wondering if, by releasing so much debris into the Universe, they are causing harm to it. Not in this case.

When energy release is done in this structured and very deliberate manner, a system of energy networks have already been put into place in the universe, to channel what you consider debris, into appropriate areas of storage and use.

We have used this example before and we will repeat it. You, on Planet Earth, have a substance called acid: acid can be extremely dangerous and destructive, but it also has marvelous uses. It can be used to clean and scour out vessels and machinery.

The debris that you are releasing will work as acid in different areas of the universe, as and when it is needed. It will be channeled into the appropriate energy 'containers' and will be stored up for future use. So you are not polluting the Universe.

Group Member:— Why did you repeat 'Chembur' so many times? I recently saw a large fire there.

🌈 – Chembur is currently an area of great flux and volatility. It is akin to a volcano that is about to erupt. The work you did today did not suppress the volcano, but instead channeled the energies upwards, so that it could release in a smooth and gradual manner.

It may interest you to know that the mosque at Haji Ali is vibrating with very high energy at this moment of time. This has nothing to do with the structure itself, or the community that it represents. There is simply a powerful energy vortex below it.

Use this power for yourselves: draw upon it wherever you are in the city and particularly if you are physically near that area. Joyously open to the vortex. These energies are vibrant, magnificent and cosmic; and are for the replenishment of your city. Infuse them in self and in others.

Let us now speak of the new Sea Link.

We told you some time ago that the sea link was like an energetic slash through Bombay, facilitating the release of the city's toxins. It is now also working to balance the masculine-feminine energies in the city, and in yourselves.

When you go on the sea link this is accelerated; but even if you do not, by being a part of this city, you participate in this.

It is bringing up, for reviewal, the split that is in every human being of the masculine and feminine, which now needs to be merged. You are all working on this. We have spoken of this in several sessions, so we will not go over this again. But for those of you who are

resisting this beautiful merger, there will be disturbance and sickness and a feeling of distaste.

When we talk of the merger of the masculine and feminine, we are not talking about physical sex, we are talking about your ability to create and initiate at the same time. You do not now have the luxury to play the feminine game of being all creative and refuse to act on it, and you do not have the luxury of playing the masculine game and being all 'gung-ho' without a creative thought or idea: it has to happen together.

Any questions?

Group Member: – I didn't feel like cleaning Mohammed Ali Road.

🌈 - Will you please tell us why?

Group Member: – I felt distaste for those living there.

🌈 – Thank you for your honesty.

For those in this room who 'reacted' to this area, this was a direct reflection of self. There are distasteful areas in self that you cannot bare to look at, acknowledge or touch upon. Aspects of self that you are unable to assimilate, as you deem them disgusting, offensive and unacceptable. Please take a good, hard look at self, and unearth them.

A good way to do this is to actually write them down. Make a list of things about self that you find disgusting, distasteful, annoying, and intolerable. *Do this joyously, without self-judgment.*

Then take them one by one, and work with them. Ask self how they *serve you*. When you have got to the point that you can acknowledge that they actually serve you, you are on the path of assimilation. It is only then that you can CHOOSE not to exercise them, except at will. They are not to be 'cut out' of your structure, they are to be joyously embraced and accepted.

Group Member:– Throughout this work, my whole body started vibrating faster. Is this an overall cleanse?

🌈 – The physical body, when undergoing a cleanse, can react or respond in many ways. Vibration is the first and the most obvious indicator to self that energy work is taking place within. Others who are energetically less sensitive may simply experience an inner sense of relief. If there is resistance, people may experience confusion, discomfort and sometimes panic.

(Addressing the group again) Why are you here today, and others not? Those who energetically chose not to be here today, did so for a variety of reasons. Their personal decisions must be respected.

Some simply did not need this form of a personal cleanse. Others chose not to participate in it. Some knew intuitively that you 'needed the seat' more than they did, for a variety of reasons, and joyously offered up their space to you.

Group Member:— I felt a lot of joy and happiness while working with Juhu.

(Other group members also had a similar experience)

🌈 — Friends, we only worked today with key areas that were needed to trigger off a chain reaction in your city. This has now been initiated. Each of the areas worked upon by you has now become an energetic epicenter, from which strands will be sent out to other areas which need activation. For example, Shivaji Park will now send out tentacles to other areas, provoking them to release bigotry, hatred and anger as well.

Juhu (to answer your question) is currently another space through which new and vibrant energies are being infused into your city.

Group Member: — While the cleansing was underway, one of my nostrils was completely blocked and stuffed up. Now both are completely open. Why is this?

🌈 — Though we do not normally take personal questions in a group meeting, we will speak of this, for the benefit of all.

You have been experiencing a liquid imbalance in your physical body over the last few days. You have been reassessing the energy content of all the liquids in your physical body: the water, the blood, the mucus and other liquid-like substances; and by re-balancing their content, you are working towards a personal energetic upgrade of self.

Expect drainage, agitation, and discharges of liquids over the next few days. Use medication to the minimum. Allow it to occur naturally.

Group Member: — Please speak to us of Vadala and Dadar.

🌈 — These two areas currently have layer upon layer of energies within them, rather like the layers of a cake. Dense energies have, at times, been suppressing the vibrant energies buried beneath them, which need to be released. Your work today shattered some of the upper denser layers.

Do you recall that, many years ago, we spoke to you of house spirits? Areas also have similar governing spirits. The areas under their purview need not necessarily

correspond to your definitions such as Bandra, Vadala or Dadar, but they do match them somewhat.

The governing spirit of an area works tirelessly to attempt to keep that area in its most pristine energetic form.

Let us tell you outright that these spirits within your city are in great trauma, as most of your inhabitants work against them. Your inhabitants are in a constant state of greed, destruction, separation and 'me-for-me-alone'. They care little for their environment, for their neighbours, or for their neighbourhood.

Most of these spirits are fighting losing battles. What you now may wish to do is to link with the wonderful guardians of your areas and to just send them your love, your light and your support. Tell them joyously that they may draw upon your energies: in doing this, you would aid them tremendously.

**BLESSINGS, JOY, LOVE AND LIGHT FROM THE ENTITY THAT MAY BE CALLED
THE ENERGY GOVERNOR OF THE CITY OF BOMBAY.**