26<sup>th</sup> November, 2009
THE COLLECTIVE SPIRIT OF THE CITY OF BOMBAY.

Channeled by Sohrab
[One year after the stirring events that took place in Bombay]

## One year after 26/11 Various entities from the event speak

Trance Channeling begins

There are several friends who wish to speak with you today:

**1**<sup>st</sup> **Energy:** I am not used to a male body! Hello friends.....today is my birthday as well....(some group members sing Happy Birthday)...It is the day I was reborn into the Spirit realm. I have just come to share my experience.

I was at dinner on that fateful day last year...I was with my husband and a few friends and then the event took place. I experienced great fear for a few moments, only a few moments and then I experienced an inner calm, a calm that I had never felt before in my agitated life.

My name is unimportant, but I was one of many who passed over that night.

My entire life mission was to discover and touch my personal strength and power. I was unable to do that for all the years that I lived.

I came from an affluent family: I had all the external trappings to make me comfortable, but I constantly gave my power away.... to my husband, to my children, to my in-laws, to my teachers, and to my friends.

I was not a happy person. We entertained a lot, because my husband was well connected. I learned to play the social game and put on a smiling public face, but there was always a sense of complete emptiness within me.

The only time....the only time (crying)... I touched my power was in the last few moments of my life, where I was able to sit there and face the situation head on and know that no one and nothing could touch me, because I was full, I was complete and I was me.

I did not, I could not, rely at that moment on the strength of my husband or my family or my friends...I had to find and touch and acknowledge my power...and it flooded into

me, filling me for those few minutes before I was released..... Those were the happiest minutes of my life.

I am in such gratitude to those you call the 'terrorists'. I am in true and deep gratitude, for it is through their act, which you view as so heinous, that I finally touched and acknowledged myself.

It is unbelievable to you that I experienced only joy, only joy in death, yet it was so. I have chosen now, as a Spirit task, to serve those whom you call the 'terrorists' who are on our side, helping them in their hour of need and growth. I have become an attendant to them, in full gratitude.

**The 2<sup>nd</sup> Energy:** - I am another friend from the same event...unrelated to the friend who just spoke to you. I had a different experience.

I experienced sheer terror and my terror lasted for more hours than I can remember. I was one who was hiding... aware of the carnage around and that terror kept me trapped. I have spent all this time attempting to find it within me to forgive, to understand, to look at the bigger picture and I still cannot.

I am not 'dead': I am still very much alive in this city...I am the 'astral energy' of one of the survivors and yet I cannot find any reason for what happened...I speak frankly to you.

I am not conscious of this voyage today and when these energies return to my physical body, I will have no recollection of having visited you.

My own higher energies are constantly offering my incarnated self the opportunity to learn and grow from this experience, but my incarnated self stubbornly refuses to even look at these opportunities.

Many are coming forward with the right information, with the right words, with the right guidance, and doors are opening for me, but I refuse to enter them. I am trapped in my anger, my fear, my confusion and my hatred for a community.

My growth... may not even occur in this lifetime. I am currently reassessing whether to remain in this physical form or to exit before the end of this calendar year.

It is likely that I will exit.

I am here not for your sympathy, nor for your energies. When one is trapped, everything seems futile.

The 3<sup>rd</sup> Energy: - (Reaching out and beckoning to Sujata to come forward)

I AM IN JOY; I AM IN JOY....talk to them...I AM IN JOY....tell them...I AM IN JOY....I AM IN JOY....talk to them. Tell them!

[The energy hugs Group member 'S'. She has a breakdown, and cries incoherently, saying "I am so sorry I never got to say goodbye to you"]

The 3<sup>rd</sup> Energy: I know...so instead, now say your Hellos!

(Group member 'S' continues to hug her and weep)

The 3<sup>rd</sup> Energy: I AM IN JOY.....I AM IN JOY....soul sister...soul sister...s

Group member 'S': Some day we will meet again...

The 3<sup>rd</sup> Energy: Don't dismiss this meeting! How greedy can you get? (laughing)

Group member 'S': No...I just miss your voice...

The 3<sup>rd</sup> Energy: I am in joy....

Group member 'S': I am happy with that.....the kids are fine....we saw them recently.....

**The 3<sup>rd</sup> Energy:** Love to all...live in peace now...not in regret...not in fear....You were not meant to say goodbye....you are meant to say hello!

Group member 'S': Come back again....

**The 4<sup>th</sup> Energy:-** I have been in Spirit now for so long....I have understood now why I chose to undergo death by fire in that experience: it is too personal for me to share as yet.

I have grown, studied, learnt and been nurtured by many on this side, but I am still unable to release the bond I had with my husband, who is still on Earth. The irony is that he has grown, understood and gone through the most grueling earthly experiences and has been able to release me and yet I, as a 'so called' expanded Spirit, am still not willing to release him.

I share this with you, dear friends, not in shame, but to help you understand that, even in Spirit, we sometimes doggedly hold onto aspects we are not willing to release.

It IS easier to learn, grow and release on our side, than it is on planet Earth. Yet my husband, great soul that he is, has learned to do this, whereas I have not.

The souls who 'died' with me...my children...are well. They are accepting, growing and evolving perfectly, but I continue to hold myself back.

My Masters, guides and soul friends have been urging me to look into this, but I am not willing to do so yet. They never force us to do anything here; I have been given all the time that I require.

You may wonder how, with so much awareness and help, I do not shift instantaneously. I could ask the same question of you!

The 5<sup>th</sup> Energy: - The Guardian Spirit of The Taj Mahal Hotel greets you.

[This spirit simply blessed the group and left]

**The 6<sup>th</sup> Energy ( Guardian Spirit):** - Friends, you were not permitted to ask these beautiful friends any questions, as none of them were in an energetic space where they were willing or able to deal with your emotions.

However, as the guardian Spirit of this particular meeting, we offer you the opportunity to ask us any questions you like.

**Group Member:** What do the 'terrorists' feel? What do they go through after committing such carnage?

**Guardian Spirit:** There is no singular answer to this question, as each one had his or her own 'life path'. One actually wished to speak today, but the higher consciousness of this group rejected him. He had to respect that.

Most of the 'terrorists' are currently in a state of growth and expansion. They simply fulfilled their soul contracts. For these friends, there is no trauma, no regret and no accumulation of 'karma'.

However, two of the 'terrorists' involved in this particular episode, who are on our side, strayed completely from their life paths.

They deliberately chose this kind of upbringing and breeding ground, with the soul purpose of *breaking away* from it. Yet they were unable to do so, as they succumbed to external pressure, and the need to conform to the rules of their society.

They are still in great 'energetic torment'. This is not being inflicted upon them by the Universe or an unforgiving God, not at all!

It is simply that their energies are vibrating at a very, very different frequency to their extended soul energies. It will take time for the two to realign.

They are in a state of semi-sleep; they are unable to go into a completely healing sleep, as they are still too agitated by the fact that they strayed so far from their chosen life path. These are the two who would greatly benefit from your prayers, blessings and energies. But if you offer this, it must be done without judgment.

Help them find themselves.

**Group Member:** There must have been some game plan to this whole event. Has that purpose been achieved? What is that?

**Guardian Spirit:** When an event of great magnitude takes place, anywhere, and in any form, there are always individual and collective reasons for it. This, by the way, applies to what you perceive of as a calamity or a great celebration.

Let us take this event as an example:

The city collectively had to be awoken. It is subsequent to this event that you were made aware of the root issue of your country, which is SEPERATION.

It is through this event that you had the opportunity to re-examine your aspects of separation, individually and collectively.

Every single individual who, either actively or indirectly participated in this event, also did so for personal growth reasons. You have just heard some of the souls speak briefly of their personal opportunities of growth.

The event also served to shake up the energies of the physical structures in which they occurred, as old energies had to be released making way for the new.

These energies also affected the areas in your city and changed them, altered them or gave them the opportunities for the cleansing, growth and development that they needed.

This event also, long-distance, affected people around the world and those stray individuals from different countries who felt a tug or a pull when hearing or reading about these events also were forced to realign Self with personal aspects of separation.

This event had also a global effect. India needed, at that moment in time, to release a high-powered dose of 'energetic radiance,' which this event facilitated.

Did it have to be released in this way? Not at all; it simply 'piggy-backed' on the event and permitted an expansion which took place around planet Earth, on 26/11/2008.

The event also had other far-reaching effects. Many oceans and land masses around the planet have been energetically affected and shifted through this process.

From your perspective, the most important of all is the opportunity it has offered the peoples of India to re-evaluate self, shift, grow and expand. Has this happened?

**Group Member:** No! Wait! Maybe, to a certain extent....

Guardian Spirit: To a certain extent....

**Group Member:** Continuing with the point you made, if you look at the people around today and the event that took place, it actually created such a deep impact on a lot of people, but where is the visible outcome of the pain, the anguish? (inaudible)...Babri Masjid...is there individual growth or collective growth...?

**Guardian Spirit:** Both personal and collective growth has taken place to a certain degree, but you are correct. At first, many citizens spoke out, formed watchdog groups, agitated for a more responsible government, and so on.

But in keeping with your magnificent root issue of 'separation,' after a while, they too 'separated' from their own fervor, and from the event as well.

However, the energetic seeds that were sown, post the event, have permeated both India's and planet Earth's consciousness. Has she (India) made a vast shift? Not at all. But she will have the opportunity to do so in the future.

**Group Member:** Any more 'events' coming up?

Guardian Spirit: Yes.

**Group Member:** ...(inaudible)..as we are moving into 2010, which is the year of unity...how are we going to deal with this?

**Guardian Spirit:** All of you want to know if 2010 will be a 'glorious' year. An easy year for you.

It will be 'glorious' and 'easy' in those aspects where you have united with self, and very difficult in areas which you keep resisting, or continue to bury.

Let us take a single, practical example to help you understand this:

Let us assume you have a very volatile marriage. You have one month left in which to check self, and acknowledge what self really wants. Does self urge you to release the marriage ties completely? Does self urge you to work towards healing the troubled relationship? Union with self and with the marriage can be achieved either way! It depends on what self demands.

If you identify what self needs, and work towards that, the energies of 2010 will offer you every opportunity to move swiftly towards your goal in the smoothest and easiest manner possible. Every door will open to you to achieve your desired outcome. Because you are in union with self.

But if you, once again, continue to hide from the problems in this marriage, or chose to ignore or run away from them, the volatility in this relationship will reach such heights that you will be FORCED to examine it, or literally collapse under the weightiness of the situation.

Remember, 'unity' does not always mean bringing it together or mending it. Union with self and the situation can lead you to understand that the energetic ties are over, and that you need to move on fearlessly, in full power, with faith in self.

You must check here (indicating the heart).

**Group Member:** Contemplation helps!

**Guardian Spirit:** Contemplation will help....Now many of you seek help from different psychics and counselors for the same issue. You will, in all likelihood, receive several differing points of view, which will confuse you even further. This will happen deliberately, to force you to look here (pointing to the heart) for inner guidance.

Now this does not mean that you cannot ask another for advice or guidance. Of course you can! But you must take it, and then decide whether or not it 'fits' with you.

**Group Member:** This event has unleashed, in many, multiple fears. Fear of loss, fear of loss of loved ones, and so on. How does one deal with this on a deeper level?

**Guardian Spirit:** For all those who are still reverberating with the events and are going into any form of fear ...you must know it is the fear of YOU ATTACKING YOU.

You are terrified of the aspects in yourself that you are ready to uncover and you perceive those aspects as 'terrorist attacks'.

You don't want to face them, yet they are now surfacing. In keeping with the theme of 'separation', you attempt to push them down, suppress them, ignore them, and refuse to acknowledge them.

Now you must face these aspects of self. It is the time for action! Just do it!

When a particular fear surfaces, embrace it. Ask yourself immediately, "What do I wish to do NOW? Call up a friend and discuss it? See a counselor or therapist? Confront it in the privacy of my room?

It is all about action, action, action. If you don't follow through, the fears will simply multiply.

Understand this, dear friends: the energies you have drawn from across the Universe are so powerful now that your very thoughts, your words, and your actions are creating and manifesting instantaneously. Instantaneously!

BLESSINGS, JOY, LOVE and LIGHT FROM THE COLLECTIVE SPIRIT OF THE CITY OF BOMBAY.

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