

10<sup>th</sup> December, 2009

**THOSE ASPECTS OF THE SOHRAB THAT ARE:**

THE MEHER BABA

THE LORD JESUS CHRIST

THE SAI

UNIVERSAL FRIENDS

*Channeled by Sohrab*

## Nuclear Disaster Averted

*At the start of the meeting, Sohrab narrated to the group a series of interesting events, which had started the previous Tuesday. While working with a client in a personal session, the Master in attendance had suddenly 'pulled out' of him, stating that She had to attend 'a call'.*

*At that point (11.50am on Tuesday 8<sup>th</sup> Dec), Sohrab suddenly got the impression of thousands of Masters flying across time and space, to attend some unknown event that was taking place somewhere on Planet Earth.*

*Sohrab got an impression of 'fire and smoke', and started to feel very uncomfortable. He instantly asked the client to join him in energizing the situation (whatever it was), and after the session was over, he sms-ed several group members to join him in doing the same.*

*On Thursday, Darshana sent him a NASA website link, which detailed the fact that there were inexplicable visuals in the sky over Norway, and that this had possibly been caused by a nuclear rocket that had been launched from a submarine, which had exploded mid-air, causing the strange formations in the sky.*

*Sohrab shared all of this with the group, and then explained that it was unnecessary to always receive 'validation'. He urged the group, whenever they got the intuition to do something, to 'just do it' without question, and without the need for external confirmation and 'strokes'. In this case, he was referring to the unquestioning aspect of energizing the situation, without knowing anything about it.*

*He ended by asking them NOT to question what had just happened, but to allow it to be revealed, if it was appropriate. And if it wasn't, to just accept that equally joyously.*

Trance Channeling begins

🌈 (To a Group Member) Baba commands you to speak today. (The Group member hesitates) Speak from your heart: take a moment, center yourself, and embrace the embarrassment, fear, and judgment that you are feeling. Just speak out a couple of sentences from the heart.

**The Group Member:** – *Since Baba has asked me to speak today, I'm going to share with you something very, very personal and deep. Something in my heart that I really believed is a universal experience: one that every human being has either gone through, or will go through...How to learn to love ourselves.*

*Each one of us has faced this. Do we truly love ourselves from within? We are constantly searching for external validation, for happiness, for joy, and for the love of another. We constantly search, through books and channelings, and keep trying to find an answer, a way to full that internal emptiness.*

*And I think this is what Baba is prompting me to speak about today. How do we fill that void that we always seem to come back to, when we are alone with ourselves? We fill that void with food, alcohol, cigarettes, sex, drugs, friendships, conversations, books, TV; just about anything and then we come back again to ourselves and then we sit alone and there is that fundamental question, can we go within into our own silence?*

*I can't say that I've found it easy or that my journey is even half-way done: I keep making false starts, and then going on running back to the outside. Baba is provoking me to ask everybody this question today: how comfortable are we with our inner silence? With being alone?*

*We call ourselves lightworkers, but do we even look for the inner light? How comfortable are we spending quality time with ourselves? In silence?*

*That is the question I am posing to myself today, as I speak to you. Thank you.*

🌈 Well done! Baba asked for two sentences, you gave him 222 sentences! (Baba laughs uproariously) That was a joke! Well done.

(Baba continues to talk to Gayatri) A lot of your work must now be done like this, connecting instantaneously in public or with small groups of people and speaking from the soul. This will be your form of channeling. Exercise it consciously, joyously, and in full embrace, without arrogance and without those constant heady feelings that you wish for. Enjoy it, but do it in balance. Do this constantly.

**The Group Member:** – Baba, you work through me.

🌈 Blessings.

**The Group Member:** – Thank you.

🌈 [Now addressing the group] - The events that could have taken place, would have caused destruction and chaos beyond belief. Let us make it very clear here: your media will now give distorted and falsified information about what has just been discussed. Read it all, and believe perhaps one-tenth of it.

Yes, there would have been a nuclear explosion. NO, it was not an accident: we will not name names and point fingers, as that are unimportant; but there was yet, once again, a group of people who desired to spread chaos and anarchy. They also were planning on misleading the world into believing that the event (had it occurred) was the responsibility of a certain community.

Many Masters, Guides and Universal Friends heeded the call of Mother Earth herself. In this case, the Mother's will supersede the collective consciousness of the Human Race.

You may recall that, at a previous session, we said that from time to time, Mother Earth's authority would rein supreme over the collective desire of the human race. This was one of those instances, as it was not appropriate for Planet Earth and her inhabitants to go into a downward spiral at this point in your delicate state of energetic evolution. Mother Earth herself put out an SOS into the universe, which was heeded.

Dear ones, had this event taken place, you would not be sitting here today. The repercussions of this kind of nuclear devastation would have been worldwide and this is not thanks to any of you and to the human race, it is all thanks to your Mother.

This is not the last of its kind: there will be other attempts, and the Earth Mother will not always overrule your collective consciousness. We urge you, as light workers, to flood the collective consciousness of Planet Earth with your light. Now, and for the next few weeks before the end of the year, do not even focus or worry about Planet Earth Herself, focus on the collective human consciousness.

**Group Member:** – *Could we also collectively ask our alien friends who are on the periphery of Earth to show themselves, so that these people can be shocked into stopping things?*

🌈 They have already begun to show themselves, but this has to be done very carefully, as humans in general live in such fear of 'alien invasion', thanks to the manner in which your media and films portray these magnificent friends.

Even the collective consciousness believes that. There is such a collective resistance to the Universal Friends, who only wish to come and serve you. These friends cannot allow

worldwide panic and pandemonium. This would only serve to send your collective consciousness spiraling downwards. Not acceptable.

But you can help.

Visualize the collective consciousness in any manner that suits you. You may, for example, see it as a series of energetic strands, connecting the third eye and the crown chakra of every human being and forming a massive grid or network. Or you choose to view it as a vast tract of energy surrounding your planet. Or you may choose not to visualize it, but to simply experience it...whatever works for you. Spend at least the next two weeks working to energize and elevate it.

**Group Member:** – *Are Earth and humanity entering the same or separate portals at this moment in time?*

🌈 This is not the appropriate meeting in which to discuss that. However, some are the same, and some are different. Let us explain this very briefly.

It is quite obvious that, as you are inhabitants of Planet Earth, portals are likely to be shared, and most will. However, there are some twists and turns that individuals may wish to make for their own personal growth and development, which do not suit the direction of Planet Earth as a collective entity.

In this event, you may choose to allow less than 50% of your energies to enter that portal. That way, you receive the benefit of that stream of growth while remaining anchored on planet Earth. However, if you choose to move beyond the 50% level, you will then have to exit the planet.

Now, not everyone who is exiting right now is doing so for this reason. Do not get confused.

**Group Member:** – *Thank you.*

**Group Member:** – *If the masses are putting so much negativity into the collective consciousness, by energizing it, are we fuelling this negativity?*

🌈 We urge you not to look at the collective consciousness as containing aspects of 'negative' or 'positive'; look at it as a magnificent '*work-in-progress*'.

If you feel it is too 'negative', you are instantly elevating yourself to a position of superiority over the 'masses' and are, once again, causing a divide in the collective consciousness.

View it as a 'work in progress': a beautiful energetic monument that is being created with new energetic advances, that requires the enlightenment of ALL.

Let us pause here to explain something here: the collective consciousness has various sub-strata within it...the collective consciousness of the animal, plant and mineral kingdoms, for instance. We are urging you to work specifically with that stratum that is fuelled by humankind.

It may interest you to know that the collective consciousness of the animal kingdom is growing at a very rapid and expanded rate.

The plant kingdom is suffering much damage due to the human race, but they, too, are on a growth curve of their own.

The mineral kingdom is suffering great energetic depletion, once again thanks to the human race. You may indeed add your energies there, from time to time.

But focus upon the human consciousness. You ask how?

See it as growing, evolving and vibrating into a new space of wonder. What needs to be infused into this layer by you, are your own elements of wonder, of joy, of enthusiasm, of non-judgmentalism, of expansion, and of exuberance.

As you touch these in yourself and consciously expand them upward, you are raising the quotient of the collective consciousness. Work here (tapping his heart) , and it will begin to happen there (pointing upwards). But if you once again go into spaces of division, of judgment, of separation, then you are simply deconstructing this edifice.

**Group Member:** – *Sir, before both 9/11 and the tsunami, the Global Consciousness project recorded a sharp rise in the collective unconscious. I would like to believe that our collective unconscious recognized this event that has just been spoken of, before it occurred, and with our light quotient, we have been able to stop it. I would like to believe that this is true.*

🌈 For the most part, NO, that is not what occurred. However, along with the SOS call from Mother Earth, there *were* many lightworkers and other light-minded individuals who contributed their energies to the deferment of this event. But the number was not a significant one.

**Group Member:** – *So that means it is not in anyone's consciousness yet. How will they uplift the whole planet?*

🌈 You have gone past those baby steps where you work only with your consciousness, you've got to be now responsible for the unconscious, that is the level of work that is now expected of you.

Now this instantly brings up fear: ***'How can I be held responsible for that which I cannot even think of or see or know consciously?'*** You've got to believe you can. You've got to expand your light and energies to such a degree, that you are in touch with your own expanded beingness at all times, 24/7, so that 'channeling' does not become a once-a-week event. You must be 'connected and in flow with self', at all times.

**Group Member:** – *When referring to the event, you used the word 'deferred', not 'mitigated.'* So does that mean we are on a clock that's ticking away?

🌈 Yes, you are. Yes, you are. This is not a threat. It is a statement made dispassionately, based on our energetic view of your collective consciousness at this moment in time.

We are urging you to work swiftly on this, as by the end of this calendar year, there are going to be even more major, dramatic energetic shifts and rifts, which will open up around planet earth.

These are deliberately being created by the Mother Herself, to permit not only new consciousness and new energies to flood into all aspects of Planet Earth, but to also allow you to release aspects of yourself that you wish to release. It is an extremely vital period in your growth and development.

Do not take these next few weeks lightly. Many of you are experiencing escalated trauma, and are being slapped in the face with unresolved issues: review them instantly. Do not continue to defer them. Face them, accept them, understand them, assimilate them, and move through them. You don't have to complete the work before the end of the year; you just have to start it, and commit to it fully.

If you do this, then the energies of 2010 will offer you every opportunity to work towards your goals in the smoothest and most amicable manner. You will then find all doors opening out to you.

But if you continue to resist, to bury issues, or to pretend that they don't exist, you will find yourselves crashing in those areas, till you hit rock-bottom, and are then forced to work from there, upwards.

You will see, in 2010, two particular trends taking place: the first and the most beautiful – a tremendous expansion in many human beings. People whom you thought stuck and trapped will suddenly begin to open out, express enlightened views and behave in a manner you never thought possible. In an expanded, vibrant, understanding, caring and

exuberant manner. You will wonder what happened to them. They will simply have taken advantage of various appropriate growth portals, and will have shifted accordingly.

But you will also observe another set of human beings 'crashing' around you, and getting trapped in vortices of pain, depression and trauma. You will see a rise in schizophrenia and dementia. Many may choose to exit from planet earth, even at a seemingly 'young' age.

Have no fear. Those who are crashing need to crash. It is the best thing that could happen to them, for their personal growth and development. From the crash will come a phoenix-like 'rising of the new' person. It is at this time that you have the right and the duty to help them, but not before!

**Group Member:** – *But that happened to some of us also, in the last one month, we have been crashing.*

🌈 And no one around you can stop you doing that, unless you choose to shift. But the instant there is a turn-around on your part, wherein you decide that you want to shift now, and not hit rock-bottom, it happens. A crash, dear friends, is not necessarily a terrible thing! It can sometimes be the most effective and beautiful way to learn a lesson.

**Group Member:-** *But that happened to some of us also, in the last one month, we have been crashing.*

🌈 A good question. If a human being goes into a downward spiral and reaches a very low level of energy, his contribution to the collective consciousness is automatically removed. And when he rises up to an appropriate level, he is automatically re-attached to it.

On an energetic level, these crashes, detachments and re-attachments are a very healthy thing, as it offers the collective consciousness 'spaces' in which higher energies can be infused.

**Group Member:** – *Wow!! I haven't thought of that*

🌈 Look at the way your own body works. When you have an injury, your body forms a scab, while the skin under is being regenerated. This eventually falls off, allowing the new, vibrant tissue to emerge. The scab can be likened to the person's crashed energies, which eventually fall off, allowing him to rejoin the collective in a fresh and revitalized way.

**Group Member:** – *I want to ask another question. We are seeing all these movies like '2012' and those of the Nostradamus predictions: how much truth there is to them?*

🌈 – Aahh!!

**Group Member:**– *No, am curious, because ---- I mean whatever Nostradamus has predicted is---*

**Group Member:** – *What about the potentials??*

🌈 Had the event been permitted to taken place, a lot of what you saw in '2012' would have taken place *yesterday*.

Most of the information you are receiving are strong probabilities. A few are certainties. Some is pure media fear tactics.

Remember, the energies of 2012 are already here! Time is simultaneous.

**Group Member:** – *Will it happen at a future date?*

🌈 Possibilities and probabilities all depend on the course of the collective consciousness. Take it where you will!

However, please also be aware the much of the 'disaster' relating to 2012 is symbolic of the crashing of old energies, making way for the new order of things.

**Group Member:** – *When you see film like these, then your unconscious mind starts playing up and then it fuels the collective consciousness.*

🌈 Not at all, dear friend! These kinds of harbingers of doom serve a great purpose. They provoke you to get in touch with what you actually feel. They awaken you.

For example, if you only perceive them as inevitabilities, then you are being urged by self to confront your fears.

Those who only scoff at these films will create circumstances around them that point out that they are running away from certain aspects of self that they are unwilling to confront.

Those who can appreciate these kinds of films for their magnificent visuals, yet remain detached, are those who are generally able to look at the bigger picture.

And so on. However, you are right when you say that the media often deliberately misleads the general public. But it is a great test for the public to find out what they



actually feel about things, without necessarily blindly following the newsprint and reportage.

Look at how your films and books depict 'aliens': some portray them as fierce, vicious warriors who only want to conquer and oppress. Other shows portray them in a wonderful, peace-loving, expanded manner. Each individual has a responsibility to find out what really fits with him,inside!

**Group Member:** – *A very simple question. For the two week that you say it's very important that we understand ourselves, there is confusion in a lot of people's mind about unconditional love which we give to humanity as a light worker and the actual reality of attachments and detachments to closed relationships etc., which will come up. How do we deal with this?*

🌈 Let us make this very clear: *none of you are capable of experiencing the fullness of unconditional love.*

It is a beautiful mental concept that you have studied: you have heard the words of Masters and Guides who have spoken of this and you have said to yourself, quite erroneously, *"Oh yes, I have those moments where I feel one with everything"*. Rubbish!

**You can only experience unconditional love when you truly accept and joyously embrace every single aspect of self.**

*Can any of you truthfully say that you have ever done that, even for a micro-second?*

If you had, you would have instantly shed your physical body, as there would be no more lessons for you to learn on earth.

Some of you may recall a previous channeling, in which we spoke of the Lord Jesus Christ, in physical embodiment. Had he lived today, he would have been considered schizophrenic, as he was fully embracing of his powers and his connection to Spirit, and yet, at the same time, he was unable to bear those parts of him that experienced human emotions and desires, like lust, desire, and anger.

He lived his entire physical life contending with this 'split', and unable to reconcile it.

He experienced *unconditional love* during his last microsecond on the cross: his Chakric system merged at the crown, and he suddenly KNEW that every aspect of Himself (and therefore humanity) was divine perfection.

His words “Forgive them, Oh Lord, for they knew not what they did” were actually “Forgive me, Oh Lord, for I knew not what I did”. The word forgiveness being full thankfulness to the Universe *for giving* him that experience.

At that moment, he embraced and assimilated all aspects of self (and humanity), including his self-rejection, experience unconditional love, and exited the planet.

His unconditional love, experienced so fully for that microsecond, was so strong that it encircled the planet, creating the basis for the Christ Office on earth. And those are the energies that you still touch, all these years later. It took one man just one microsecond to so deeply affect the collective unconscious of an entire planet for generations to come.

You ask how you can change it. That’s how.

**BE IN JOY, BE IN EXUBERANCE, BE IN CELEBRATION OF SELF!**

**BLESSINGS FROM THOSE ASPECTS OF THE SOHRAB THAT ARE  
THE MEHER BABA, THE LORD JESUS CHRIST, THE SAI, AND UNIVERSAL FRIENDS.**

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