

7th January, 2010
THE ASHTAAR COMMAND
THE CHRIST OFFICE
LORD SANANDA.
Channeled by Sohrab

Multi-Dimensional and parallel Co-existence

[Two guests spoke to the group before the meeting: a 10-year old boy with a life-threatening disease, and his mother]

Trance Channeling begins

Do you realize the importance of this event today? For how many years have you attended channelings and discussed the possibility of physical manifestation of Divine energies upon planet Earth, be they what you call extra terrestrials and Universal Friends, or be they physical manifestations of Master energies? You have demanded, time and again, "I want to see them with my own eyes and touch them with my own hands."

Today you are being physically introduced to two magnificent living Masters. [To the two guests] Do not be embarrassed, dear ones; acknowledge and accept the truth.

These two dear friends have come together in a unique soul contract. This beloved one [indicating to the mother] predominantly holds the energies of the Mother Mary. These energies, as you well know, are those of love, nurture and embrace. They are not for one community, but for all on planet Earth.

She holds a very high percentage of these energies in her structure: now, does this mean that she will live her life never experiencing fear or other earthly emotions? Of course not! She is also a human being, who needs human experiences through which to grow and develop.

But merged within the trauma, the pain and the suffering is a complete and total genetic understanding of the situation. Yes! We have used the word 'genetic' quite deliberately, as the quotient of the Mother Mary vibrations that she carries within her personal genes are those which infuse her with the perfect duality of undergoing pain and simultaneously experiencing the Divine connection. Learn from her.

Does this mean you are less 'awakened'? Of course not! But she is in this room today, interacting with you, to give you the boost or the impetus you require, *to touch those aspects that you have uniquely combined, within your own genetic coding, for your own growth.* Friends like these walk among you, to teach you to touch your own divinity.

Our young friend here [the 10 Yr old son] is not 'young' at all. As a soul, his soul is far older than hers. His structure is such that it chooses dynamic experiences, time and again, for self-growth and for the growth of all others around him. He is a soul who chooses to push his own boundaries, every time he incarnates.

Does this mean he always comes with a 'large' mission? YES! His personal mission always impacts a vast group of beings around him. He has incarnated all over the Universe, and each time he chooses to be 'a mover and a shaker.' He always stirs up people: sometimes taking on the role of a leader, sometimes a maverick, and sometimes a rebel.

He never chooses to work quietly from the back seat. That is not his way. Study his energies: they irradiate full power, full potential, without fear.

Son, we make this declaration: we will guide you, aid you, provoke you and help you carry out your earthly mission. You will create awareness; you will spread your word; you will shake people up; you will cause ripples in society; and you will force people to examine themselves.

Always do this with your love, with your light, and with your sense of humor! You are so divinely protected, guided and nurtured that you do not require 'healing' from this group. *It is they who require your energies today. You have not come to receive, but to give!* Why? Because you can. Because that is Who You Are.

You do not even require our blessings, but they are with you. Our energies are yours to command!

As you grow, you will sense the presence of Divine Masters and Guides at all times, within your energy structure. You will work beyond your physical senses. You will live your mission joyously, and you will shed the physical body equally joyously, when you deem it the perfect moment. There will be no fear.

[To the mother] Dear one, work with your own Mother Mary energies. Acknowledge them, appreciate them, spread them, and use them! They are fully merged with your own unique essence.

BLESSINGS FROM THE CHRIST OFFICE.

Sohrab shifts energies to the Ashtaar command

Greetings from the Ashtaar Command! We will answer your questions today.

Group Member: Can you please answer Sohrab's question? [Prior to the meeting, Sohrab had told the group that, while recently crossing the Sea Link, he had looked up at the Bombay skyline, and had, for a few seconds, seen a second, completely different skyline, imposed on the existing buildings. He was unsure what this was.]

The Ashtaar: With the upgrade of planet Earth's energies and with the new portals that are currently opening up, those of you who have honed your personal psychic faculties to a certain degree will now start experiencing more and more of these 'anomalies'. What he glimpsed for those few seconds was a parallel city: not quite the city of Bombay that you know, and yet a parallel existence of the same.

You are already familiar with the concept of parallel existences: with the new energetic upgrades, more and more parallel aspects are going to unite with those in this physical realm. He saw a 'sister city': one that is merging with yours, for the growth and development of both realms.

The parallel existence he tapped into is as 'real' to that realm, as yours is to you. Windows are now opening up around your city, and from time to time, those who are energetically sensitive will glimpse aspects of your sister city.

You may find yourselves connecting with any aspect of that city: not just its skyline, but perhaps its people, its mechanical devices, or events and activities taking place within it.

Most of you are not yet capable of 'looking through the window' for more than a second or two. However, if you can manage that, even after the window has closed, you can continue to link with it, and experience more for self.

What happened to him was this: an energy portal opened at the very instant he was looking at the skyline. As each city is vibrating at a differing frequency, this window could not remain open for long.

In his case, it was not fear, but self-doubt, that 'jerked him back' into his own frequency. Had he remained open, relaxed and accepting of this, he would have been able to look through the window for a slightly longer period of time.

Group Member: Do *we* have a parallel existence in that city?

The Ashtaar: Most definitely! Each and every one of you has another 'you' there.

The other “YOU” in that parallel Bombay is sitting on a chair [exactly as you are here], in a room similar to this one, attending a very similar meeting. She is also receiving the similar information, right now. [laughing] She is concurrently asking if **you** exist!

Many of you have recently been experiencing strange feelings of discombobulation, of not being ‘quite there’, of limbo: some of this is because you are acclimatizing to the other ‘you’ that is now so close, and yet is not quite ‘you’. Both ‘you’s are inhabiting the same space; and yet have different molecules, differing vibrational frequencies, and a slightly different knowledge bank.

Group Member: Why is this happening?

The Ashtaar: Planet Earth has called for these portals. Human consciousness is now ready for a new level of merger with self. With other selves. You want to discover more about Who you Are. It is all part of your process of Unity.

Group Member: Do you also exist in the new dimension?

The Ashtaar: Of course, dear one!

Group Member: Till what extent of dimensions?

The Ashtaar: That, too, depends on the ‘energetic evolution’ of the Master himself. Let us give you an example you will understand: You are all familiar with the Lord Jesus Christ. You also know him as Jadefire. The leader of the Ashtaar, Lord Sananda. These are but three aspects of the same energy.

To be able to wear these different ‘hats’, the energy Master has to be able to shift realities and vibrations instantaneously; and to co-exist in all these realities simultaneously.

Group Member: Divine Multi-tasking?

The Ashtaar: Multitasking of great inter-dimensional complexity! Dear friends: you already know that there are an infinite number of parallel ‘Yous’. Start working with and integrating just the one that inhabits your sister city!

Group Member: Do beings like you travel between these parallel existences all the time?

The Ashtaar: Dear friend, the concept of ‘travel’ implies time and space and dimension. We have to be able to go beyond that, and co-exist in more and more realities simultaneously.

Group Member: Is this what was shown in the film “Avatar”?

The Ashtaar: It was touched upon in that film, as it was in “The Matrix”.

Group Member: I don’t understand how...

The Ashtaar: Go and watch the film again, from the point of view of living in a chair, hooked up to a computer-generated illusion at the same time; where what happens in one affects the other simultaneously and concurrently.

Group Member: Thanks! I think I got it!

The Ashtaar: You may recall that, when the illusory aspect of the person suffered trauma, it also impacted the physical body hooked up in the chair. However, when the protagonist was able to acknowledge and embrace both aspects of his reality/duality, he suddenly became ‘superhuman’: able to move faster than light, dodge bullets, and manipulate energies. By embracing his duality, he became invincible in both realities. That is what you are all working on, this year.

The Son: I often dream of exactly what is going to happen the next day....

The Ashtaar: You are so in tune with your own mission and with your own energies, dear friend, that this is only going to increase.

From a human perspective, there is linear time: yesterday, today and tomorrow. But in actual fact, everything is happening simultaneously. You are aware of it all!

Every human also astral travels on a regular basis; it is just that you do not recollect what you have done, in the morning.

In your case, because of the vastness of your mission and the magnificence of your energies, every single night when you are asleep, you are actually out of the physical body, flying around, communicating with friends, communicating with spirits, guides and Masters, and planning your course, moment to moment. So enjoy it, learn to become aware of it.

[To the group] See, friends, how he is already moving beyond his physical senses?

Sitter: Are pain and suffering necessary for our growth?

The Ashtaar: Suffering and pain is NOT essential for growth; but on Earth [which is a vigorous training ground], you often tend to use this to stimulate your sluggish energies.

Humans are capable of learning in ways other than pain, but most need this stimulus to jolt them into growth and action.

For example, would you bother to examine and work towards improving your relationship with your husband, if you were not jolted by emotional pain of some form? Only you can answer that.

So it is a tool that many human beings choose to use, but it is not the only way to grow. Our friend here [the member who asked the question] provokes others, not through pain, but through evoking their compassion. The other friend we spoke of at an earlier meeting [another Group Member] also uses provocation: you may choose to be jolted by her through viewing her trauma (your pain), or by compassion, or by action....in any way you choose.

Group Members: Is the 'me' in another reality also facing the same trauma that I am going through here?

The Ashtaar: First you have to understand that there are thousand upon thousands of other 'me's, and at this moment in time, you are connecting with only one of these aspects.

Now, each one of these thousands of other 'me's are undergoing similar growth, but each one may be choosing a different means to this end.

The 'Me' here chooses to attend this meeting.

Me No. 2 may be attending a yoga class.

Me No. 3 may be doing this through dance.

Me No. 10 may be doing this by murdering someone (if that is correct for that stream of the Me, in that reality)

So there are thousands of 'MEs', all committed to spiritual growth, but each in his or her unique way.

The parallel 'ME' you are now being introduced to, is one that is very, very close to you in all ways. So, in all likelihood, she is also sitting in his meeting at this moment, but is perhaps exploring something slightly different. Tomorrow she may indulge in an activity other than that which you are involved with here; but on the third day, she will once again mirror the current you. The two life graphs may vary slightly, but they will repeatedly intersect and run parallel to one another.

So you will both be at, hypothetically, a 30% level of consciousness, and will both be striving to reach 31%. But how you do it may vary, or coincide. Both must reach 31% before they can proceed. And each one's growth affects the other.

From time to time, one will take the lead, and then the other. Now, we are only speaking of two aspects of self right now. There are thousands: each one pushing boundaries, growing and evolving. Each symbiotically affects all the others. All of this contributes towards your super-consciousness, the Big You, the Soul.

Group Member: If one "Me" exits the physical realm, do all the other "Me"s follow suit?

The Ashtaar: Since time is not linear, some will, and some will not.

Sitter: [?]?...could it be that the same lessons are assimilated and not assimilated.....how does that work?

The Ashtaar: We spoke of Group Member(10), who is a murderess in her reality; and Group Member(1), who is a saint holding a tape recorder here....

Group Member: [laughing].....a saint? Ha ha!

The Ashtaar: We can use her as an example, as she has a sense of humor...in this reality! [All laugh]....She has no sense of humor in reality 27...

Group Member: Poor 27!

The Ashtaar: So Group Member(10) may be undergoing the experience of physical murder for the growth and development of the overall Nandinie; therefore Group Member(1) does not need to undergo that experience here, as it is being done simultaneously by Group Member(10).

But the specific [Group Member], as an overall Soul, has to undergo every experience: the murderer and the murdered; the rapist and the one who is raped; the saint and the sinner; the teacher and the pupil, and so on.

So, dear ones, if you were able to see and understand this, you would not have to look outside yourselves, as every experience is taking place simultaneously, within you, NOW!

Right now, you are all being born and you are dying. Right now you are all suffering from a disease and you are all cured of an aspect of a disease. Right now you are murdering someone and raping someone, and right now you are both victims as well: NOW, simultaneously.

When you truly assimilate this concept; you stop judging. For how can you judge another for wearing distasteful clothes, when there is an aspect of yourself that is wearing just the same, right now? [all laugh]

Group Member: [inaudible]....year of Unity?

The Ashtaar: This opens up Pandora's Box: did you ever separate from the Source in the first place?

Group Member: No, we are never separated from Source....All is One.

Sitter: So if there's a smarter 'me'....

The Ashtaar: [clapping] This is what you can now all touch in 2010: you are beginning to experiment with, understand and experience just one level of a parallel 'you' for the moment. When you get comfortable with this, when it becomes 'a part of you', you will be able to integrate more and more 'yous' into self.

Will you be able to bring them altogether? Not in this incarnation, on planet Earth, as it would not be appropriate or possible in this third-dimensional existence.

But can you choose to access parts of the other 'yous'? Most definitely! So, to answer your question, go ahead from time to time and touch the 'smarter you'! When you sit for a mathematical examination, go ahead and access that aspect of you that is a mathematical genius!

Group Member: How?

The Ashtaar: You will have to practice....you love mental concepts, but when it comes to believing in them, working with them and assimilating them, you choose to keep them at arms length. You can enjoy the mental gymnastics fully, but still you do not deem yourself worthy of those other aspects that are, by Divine right, YOU. Shift that and you will be able to touch any aspect of yourself.

Group Member: During the last few weeks I have been sensing a definite energy in my home: it is yours?

The Ashtaar: YES, dear friend! But ours are not the only energies in your home: use your own powers and scan them. You have also been meeting 'yourself': start to believe in self, and welcome 'you' home.

Sitter: Right after the lunar eclipse, my chakras were whirling a lot for two days...and coincidentally my friend experienced just the same. Did this happen because of the lunar energies, or something else?

The Ashtaar: Different human beings respond to different energies. Yes, in your case, lunar energies will affect you strongly, as they will to many in this room. This 'whirling' was a removal of old debris, making space for new energies to enter you.

Group Member: ..cleaning the chakras the anti-clockwise way...

The Ashtaar: [addressing all] Please release your old conditioning of clockwise/anti-clockwise or left hand/right hand. Now you have evolved to a point where you must ask self, **at that moment**, what is needed. You may study and learn techniques, by all means, but do not get bound by them.

To return to the subject under discussion: open yourselves to the 'windows'. At times you may sense others in the room with you. You may even look down at your own body, and see a portion of it which suddenly looks a bit 'different'. You may experience physical 'differences' within self, or have a sensation that seems odd. These will, in all probability, be the parallel 'you' inside you.

You may experience not only the sister city's physical attributes, but also her attitudes, belief structure, and her mode of operation.

You might even be sitting with a friend, and suddenly see 'two' of her. Open to all of this; enjoy it! Through this, you are learning to go beyond your senses.

Group Member: Is the parallel city in another dimension?

The Ashtaar: Yes, indeed. Your sister city is a highly evolved one. She is able to co-exist in more than one reality; yours is not. You have drawn her to you, to further your growth, wisdom, and to open your minds.

We will speak more of this situation in the future.

**BLESSINGS, JOY, LOVE and LIGHT FROM
THE ASHTAAR COMMAND,
AND FROM THE LORD SANANDA.**
