

22<sup>nd</sup> April, 2010  
MOTHER GAIA  
ST. GERMAIN  
*Channeled by Sohrab*

## Mother Gaia, Human Consciousness and Collective Consciousness

Trance Channeling begins

[Sohrab requested the group to chant 18 OMs].

☀️ Gaia greets you: The Mother now declares that, as of this day, she has begun...

[A cell phone goes off]

☀️: Please chant another 9 OMs.

**Group Member:** I am so sorry!

[The further 9 OMs were chanted]

☀️: [To the Group Member] He needed the jolt. During the initial chants, he was told to revise the count from 18 to 27, but he ignored this. You offered him the opportunity to follow this directive, and to take the group to a new level of unification, which is required for today. THANK YOU.

Mother Gaia proudly declares that she has begun her cleansing in earnest...No, this has to be celebrated: do not consider this punishment, or retaliation: not at all! It is being done joyously, as Mother Gaia, in conjunction with human consciousness (and we are speaking of the human consciousness now) has worked out a plan for the upliftment, vibration, & expansion of the two together.

Now expect water movements: these will not happen in just one area; some will be minor and others more intensive, and they will occur in strategic places where cleansing is required.

You lightworkers and earth workers should not attempt to prevent this. If you wish to help, you must view these as reflections of your own body and your own personal cleansing. Go within, and work on these aspects of self.

Water movements, in general, are indicative of emotions; so work on these imbalances within self. At the same time, scan all liquids and fluids in your body. Are they in balance? Are you ingesting enough water? Is your blood flow healthy? What about the fluids in the brain? And so on.

So, when you next get together as an 'earth healing' group, perhaps because you have heard of a tsunami, work on the tsunami within:


- What emotions are you repressing?
- What do you need to release?
- To acknowledge?
- To confront?
- To assimilate?

You already know how to do this: now be responsible, and work both individually and collectively on this. This will be the most effective way to work for your planet during this year.

Now let us say that you hear of a water movement in South East Asia: intuit which part of your body corresponds to this. Each one will get their own, special answer. Instantly examine that area, intuit what issues or emotions are trapped there, and begin your personal release.

There is now no time to waste: you do not have the luxury of waiting till your official group next meets. If you hear of a water movement, work on it instantly. And this need not be done in 'traditional meditation'; work in motion.

**Group Member:** What is the significance of a volcanic eruption? How do we work with the volcano, the ash, the lava, the snow...?

 You may recall that, at an earlier session, we warned you of an impending volcanic eruption. We also explained that the release of lava is essential, at this moment in time, to distribute new energetic frequencies around planet Earth.

Europe also needed this 'shake-up': they were getting complacent and lackadaisical, and needed to re-examine their responsibility to Mother Earth.

A volcanic eruption is indicative of a burst of emotion that has been suppressed over years, over lifetimes. The people there also needed to be goaded into releasing pent-up, suppressed anger and emotions. So when a world event like

this takes place, all humankind needs to examine what it has been bottling up over years.

Also ask yourselves: where is Iceland within my body? Where am I 'frigid'? Blocked? Trapped? Refusing to permit myself to feel, to flow, and to express?

Now, when a world event like this takes place, whether or not you consciously participate in this kind of self-search, you will be releasing trapped aspects of self. But if you participate in it consciously, as we are urging you to do, you will release more fully, and in a smoother and easier manner.

Those who are in close physical proximity to the event have the greater need and opportunity to do so, at an intensified level... you will find, for example, a lot of these friends will now find boils and skin eruptions also taking place. Their bodies also need the physical release.

These water movements will be interspersed by fire elements; again necessary for the planet's shift, and to awaken her human friends.

[Sohrab's note: go beyond the literal. Fire elements include electrical storms, lightning, power surges/outages etc]

**Group Member:** Are we really waking up?

☀️: To some degree. The graph of the human consciousness does not move upward evenly. It is jagged. As a collective, you awaken, grow and expand; then you tend to fear your expansion and contract a little; and then once again you expand. But it is indeed rising, albeit unevenly.

**Group Member:** Its like an algorithm...[inaudible] yes, there is a rhythm.

☀️: Yes, it has a definite rhythm. This is why we have been urging you now to 'listen to your own music'. As you familiarize yourself with the OM that vibrates within you [the cosmic sound] and also with your own, personal music, you begin to center and expand. When you work from this space of centeredness, you can personally shift the human consciousness!

**Group Member:** Some time ago my maid left a tap running & my whole house got flooded....[inaudible]

☀️: She wishes to know if this is a reflection of an emotional imbalance that needs to be examined. Yes it is: not only within you, but within your maid, within others who regularly visit, and within the flat itself, which still contains 'leftovers' from the previous tenants.

**Group Member:** What does humanity have to learn from the current paralysis of air traffic, due to the volcanic eruption? What did we not learn?

🔥: This was a little jolt to help humanity stop being smug and self-satisfied. Many who felt that they 'rule everything', and continued to immerse themselves in work, without thought of self, of family and of others, were forced to 'take a breather' and re-assess their lives through this event.

This applied to all those who were 'stranded' away from home: adults and children alike. Most were so caught up in the glamour and seductiveness of their daily lives, that they simply required breathing space.

The Airlines also needed to re-evaluate Self. Any industry that deals with flight has to be one that 'soars' from within. This industry needed to be jolted: to move from avarice, to an inner sense of freedom, expansion, and lightness. Flight entails moving across time and space joyously.

Many within this industry were working from greed and ego: We rule the skies. We can charge whatever we wish. We are invincible. We are superior. It was a jolt to them: they were urged to awaken and remember their pioneering roots.

It is also a wake-up call to all travelers who take aviation for granted; who fly without any sense of wonderment and appreciation. This magnificent industry has permitted them to expand their businesses, to facilitate holidays for self and for their families, and has brought the world closer together.

The industry and its users have not been permanently paralyzed, they have simply been jolted. If humanity does not learn from this, they will simply create bigger collapses within their infrastructure.

Let this be a reminder to all: how much do you take for granted your water supply? Your power supply? Your food? Your other creature comforts?

**Group Member:** What's critical mass? Did we learn the lesson?

🔥: We shall see: there has been 'a twitch' in the graph of human consciousness: a twitch, not a rise. Let's see where you take this!

**Group Member:** We are going to be 'tweaked' again, aren't we?

**Group Member:** [inaudible] solar flares....will cut off electricity...it happened in New York....

🔥: Electricity is represented by the 'fire element' that we spoke of earlier, dear friend. Yes, solar flares can cause changes, not only on your planet, but on the surrounding areas as well. Meteors can shift course.

Dear friends, we are not here today as harbingers of doom. We are here simply to 'awaken'. Do what you can to shift the consciousness. Some may be provoked by self to actually join organizations to facilitate this shift. Others may do it in 'their own style'. But do not ignore this call! And remember, please work with the 'fire' and 'water' elements with self.

**Group Member:** For the last month [ever since the volcanic eruption], I have been experiencing so much anger. It keeps spewing out. I recognize it, I realize it's a release, but I can't seem to stop myself, and it hurts others.

🔥: Yes, this is happening to many in this room. Anger, irritability, annoyance, all 'spewing out'. This is a result of years, sometimes lifetimes, of suppression. Release it responsibly. Work with it. Touch the core, acknowledge it, express it, and release it. Work with a counselor or a friend, if you wish. But bring it up.

Friends, we reiterate this: 2010 is a year of action. You have studied and imbibed knowledge over years....now put it into action! Take steps. Do. For example, you have all been sitting in this room, session after session: now put this knowledge into motion.

**Group Member:** One of the names given to me by a friend is Gaia: what is the significance of this?

🔥: The word Gaia contains within it, many levels of vibration. These levels of vibrations are released, layer by layer, at appropriate moments in evolution.

For example, the chant of 'Gaia' that you have been working with recently, releases the appropriate vibrations for self and for the earth mother, for this moment in time. Had this been done one thousand years ago, the vibrations released would have been quite different. When you chant this word [or the Om, or any other sacred word], you also release vibrations that do not only belong to 2010, but those which belong to the energies of 2011, 2012, and so on.

In doing this, you are actually establishing an energetic pathway along which all can progress. This facilitates a smoother and more rapid overall expansion of consciousness.

So if you [or anyone else] feel motivated to add this name to their existing one, they are most welcome to do so!

**Group Member:** What is the difference between 'human consciousness' & the 'collective consciousness'?

🌅: Human consciousness refers to that which is generated by humankind. The Collective consciousness refers to that energy structure which is generated by all that inhabit planet earth.

Mother Gaia has very special relationships with each one separately, just as you can have special relationships with different children, and still love them all.

**Group Member:** so the collective consciousness could even be even 'fighting' the human consciousness for evolution? No, fighting is not the correct word...how about complimenting or not complimenting it?

🌅: Consciousness simply IS. So there can be no 'fighting', no 'sibling rivalry'. Humanity's consciousness simply compliments the consciousness of the other kingdoms. Each one is inexorably interconnected. And it is through the collective consciousness of the various kingdoms that you experience your love and appreciation of the Group Members of that kingdom.

When you look at a rose, for example, and appreciate its beauty and aroma, you are not actually connecting with it directly. Your energies move upward into the human consciousness field, connect through that to the plant consciousness field, and then return to you on earth. A full energetic circle is thus formed, reaffirming the unification between these two fields of consciousness. And therefore, through this simple act, you are also energetically embracing all plants, all trees, all bushes; and they you!

**Group Member:** So the collective consciousness is facilitating the shift?

🌅: Yes, but you still have to contribute to it!

Let us give you a practical example of this: Let us say that you are at loggerheads with your siblings. You are now aware that you are creating this situation, as you need to examine something in self. That endeavor you have to put in...you cannot just remain trapped in the situation.

With understanding and endeavor, you may be able to resolve the situation. But if you remain stubborn, and decide that you want to remain caught up in the situation, no amount of 'prodding' from the collective consciousness is going to change you. YOU ARE SUPREME. Ah ha! Is that too much responsibility to shoulder?

**Group Member:** [inaudible]....can you speak to us of the new twin earth?

☀️: We do not wish to discourse on this fully, right now, but we assure you we will do so in the future. The reason for this is that the 'details' have not yet been energetically finalized.

There is indeed a 'twin earth'. But this will contain several levels, several dimensions, each feeling and looking like earth itself, but with differing levels of energetic expansion and refinement.

There is discussion going on between the Mother Gaia you know, in this reality, and the various 'Gaias' she is creating. She is deciding whether to place humans from this reality into those various levels; or whether to create parallel existences of you, and place them in the appropriate energetic strata.

For example: Darshana 1 could be here on this earth; and Darshana 2 to 7 could exist there as well, in differing energetic strata. As they grow, Darshana 2 and 3 could merge into Darshana 4, and so on.

**Group Member:** So these would be our mirror images in differing dimensions?

☀️: Absolutely. Some of you are already experiencing these semi-formed mirror images of self.

**Group Member:** Do we do this during our astral travels?

☀️: Yes, indeed you do. You can now even demand of self that you recall this in the morning. But, in all likelihood, you will only recall a semi-formed, incomplete image of self.

**Group Member:** Have the tsunamis and other such natural shifts affected the human consciousness? If so, how much?

☀️: Yes, indeed they have. And let us congratulate you on this! You have achieved a higher level of universal brotherhood and a greater sense of collective responsibility.

In the area of responsibility, humanity has moved into an interesting phase. Where there is still not total responsibility, there is a sense of guilt when being irresponsible. And this is a good thing, as it spurs you on! Guilt is meant to serve as an alarm clock, to awaken you.

**Group Member:** A wonderful incident was reported in the papers: one of the passengers stranded at a European airport decided not to mope, but to go out

onto the streets and join in some kind of passing procession or celebration. He did so, and later realized that even though he was black, and everyone else was white, it did not matter, as they all welcomed him fully. He turned a 'negative' situation into a 'positive' one.

👉: Shifts like this happen to those who welcome them.

**Group Member:** The corruption in the IPL...can you speak of this, please?

👉: You may recall that we told you that this year, more and more 'scams' would be brought to the surface.

Now ask yourselves: What does Cricket stand for? What is the energy of Cricket?

**Group Member:** Power game...Indian consciousness...

**Group Member:** Betting....

👉: Sportsmanship; fair play; its 'not cricket'...what else?

**Group Member:** The 'Gentlemen's game'.

: A gentleman's game: this term does not refer to elitism or snobbishness, but to "exploring and expressing one's personal values, not another's."

This shake-up was needed. Now check yourselves: where are you not kosher? Where are you unsportsmanlike? When don't you 'play fair'?

**Group Member:** So why is the Indian consciousness so shaken up by a game like cricket?

**Group Member:** Because Cricket is in their reality...

👉: Thank you! Because it is in their domain. Cricket is India's Soul Game. The way India expresses itself playfully. So India is examining its playful side. How it plays its game.

**Group Member:** It is a team sport & that is why there is a mixing of various different types of consciousness & making [?] complete enjoyment out of it [?]....

👉: Can you sit in this room & not be a 'team player'? Do you have to join your consciousness to the others? What happens when two Group Members of a team are corrupt, and the others aren't? Are you corrupt in two areas of your life, and 'honest' in the others? All of this needs to be examined by you.



**Group Member:** I have just realized that neither the cricket issue nor the volcano has stirred me at all. I read about all of this, but don't really experience any anger or agitation. Not even any particular sense of compassion about those who are the victims of either. I am just beginning to wonder if I am disconnected or....

🌅: This is exactly what each person needs to examine within self. In your case, dear friend, You have reached a level of detachment that is quite genuine. You are able to view and work with and embrace certain events without getting trapped in the 'glamour' of the situation. Of course, when it touches your own family, you get sucked right back into the game!

**Group Member:** More & more scams come up, but nothing seems to come out of it! Most seem to get suppressed...

🌅: The more they get suppressed, the more they will erupt with greater force at a later date. Earth energies will ensure this. And remember, the 'eruption of a volcano' facilitates the eruption of hundreds of scams.

**Group Member:** The Goldman case...

🌅: Is the Goldman 'golden'? Is he a man? What is gold? What is alchemy? Are they generating 'gold' in joy and expansion, to benefit all; or are they allowing greed and hoarding instincts to rule themselves? This is what the company has to examine.

Be particularly aware, when these scams arise, to examine the energetic significance of the names involved. You will find yourselves quite amused!

**Group Member:** Sharad Pawar.....the surname is a distortion of the word 'power'!

**Group Member:** I have observed that in the IPL, each team is now made up of people of different countries & different states: we seem to be uniting in true team spirit, rather than pitting one country against another.

🌅: [Suddenly turning to a particular Group Member, and referring to her ailing Mother] All will be well. Where is your power? Your faith in self? Your trust? All will be well. Carry the energies generated here today to your mother, and offer them to her joyously.

BLESSINGS FROM THOSE ASPECTS OF THE SOHRAB THAT ARE THE  
GAIA AND THE ST. GERMAIN.

BLESSINGS FROM THE SAI.

To those in this room who were awaiting this acknowledgment: why do you not trust that he is present? Why must you hear his name? Trust in it.

The Sai blesses all.

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