

3rd June, 2010

THE HEALING COLLECTIVE Lead by DR LANG

THE HEALING ELEMENTALS

Channeled by Sohrab

Planetary Energies for healing

Trance Channeling begins

Healing Collective: We leave you alone for two weeks and you return in energetic disarray! [All laugh].

Each and every one in this room requires balancing, alignment and an energetic embrace. We will, indeed, help you with this.

You were earlier told that a new energetic path would open up in the month of June: you are all at the inception of that course now. All of you will now experience new opportunities, shifts in your daily routine, new jobs to tackle, new issues to address, and so on. Some may even experience house moves and job changes.

As always, when you create new opportunities for self, your energies resist these shifts. [Laughing] There is not one person in this room today, including him (Sohrab), who is in energetic balance! So let us help you open up to the wonderful opportunities ahead.

Work with these energies today, whether you are in physical or energetic distress. (Addressing a Group Member, who was only partially visible) You are not permitted to hide in a corner! You may, from time to time, move, stand up or even lie down on the floor if you wish, as we are aware that you are in physical pain; but you are required to be in his energetic line of sight.

Take a few moments and just breathe naturally and normally. Turn your attention inwards. [Pause]

At first, scan your physical body. Identify any aches and pains: do not attempt to block them or to remove them, simply embrace them.

If there is no apparent physical discomfort, then check your physical body for energetic blocks. Once again, when you have identified them, embrace them.

(Sohrab then chants OM several times, very loudly)

Now you will visualize your tail bone 'coming alive' with golden light. You may see this, feel this, experience this, or 'just know' that it is happening. [Pause]

Now allow this light to expand throughout the physical body, while you chant the OM 8 times. Please do this with a deep inner resonance, instead of attempting to bring the sound outwards. [Here Sohrab walks the group through the various body parts]

Now just allow the body to rest for a few moments, and take two or three deep breaths.

Now expand the golden light outwards, filling the 12-body system that surrounds the physical body. (Pause) Many of you are fearful of your own light and expansion! Please do this again, in full appreciation of your own light!

[Sohrab chants the OM again, several times, very loudly]

Much better! Now visualize a beam of Universal light entering the crown chakra, and energizing every part of your physical body, particularly those areas that are in pain or discomfort.

[Loud chants again]

Experience a new and wonderful warmth in your bodies. Enjoy it!

Now draw a similar beam of light upwards from the center of Planet Earth, into your body, through the soles of your feet. Allow this beam to do the same for you.

Now instantly connect with your own expanded beingness. Acknowledge that your physical incarnation and your extended energies are merged: you are simply a unified, expanded being of light and energy.

Now return to full consciousness, as the next phase of the work requires your full awareness. Let us begin work with the planets in your solar system:

Healing Collective: What do you know of **Mercury**?

The group: *knowledge, communication, red, quicksilver...*

Healing Collective: ***Draw an energetic ray from planet Mercury, directly into your gut...***No, we do not want to hear you think "I don't know how to do this" ...just do it! And trust that it is done.

In doing so, you are filling your body with the ability to communicate, to be 'mercurial', to shift, to change, and to embrace all that is ahead. Take this light in directly to your gut. [Pause] So many in this room are resisting this: if you do not want to shift and

change, that is your prerogative. Then stop the work. But for those who do, please continue.

What do you know of **Venus**?

The group: *Love, beauty, abundance, grace, heart....*

Healing Collective: ***You will now draw these energies into your glandular system.*** . And in doing this, you are paying homage to yourself, you are loving self, you are appreciating self, you are declaring your grace, inner beauty and magnificence.

Let us now take **Earth**.

The group: *Stability, balance, home, mother, nurture, myself...*

Healing Collective: ***Fill your bodies from head to toe with earth energies.*** You are coming home. Coming home to self. [Pause] Dear friends, there are a few in this room who are crying out internally; "I have never felt 'at home' with self!" To you we say, with full love, that we are not 'forcing' you to do anything at all: accept your feelings of displacement, they will shift as you work upon them. At this moment in time, just love yourselves a little. Appreciate that you have had the courage to acknowledge your loneliness.

What about **Mars**?

The Group: *Red, attraction, lust, war....*

Healing Collective: ***Draw the energies of Mars directly into your root chakra.*** In doing this, you are activating, within self, the inner warrior. The warrior of the light, for the light, with the light.

As you are doing this, visualize those moments in your lives where you have triumphed over adversity: any kind of adversity, physical, mental, emotional or spiritual. Simultaneously demand that the red blood cells, the white blood cells and all antibodies in your system be activated, and function at their fullest potential.

Jupiter?

The Group: *Yellow, expansion, wisdom, ruler....*

Healing Collective:– ***Activate the third eye with the energies from Jupiter.*** Open up to the Universal library of knowledge and wisdom. This is yours to command. Feel the third eye expand.

[Pause] Once again, dear friends, many are doing this tentatively. Have no fear. Do not place limits or boundaries on your third-eye expansion.

Saturn?

The Group: Teacher, discipline, black.

The Group: Opportunities to grow, transformation...

Healing Collective:– Transformation! *Draw from this planet the energies of transformation and transmutation into every single cell in your body.*

Healing Collective:– The next?

Group Member: Uranus...electrifying...

Others: cold, the dreamer...

Healing Collective:– *Draw these energies directly into the pituitary and pineal glands.* These are the energies of the occult. These energies cannot be quantified, rationalized, or tabulated; yet they exist. Have no fear, simply activate these in self.....very well done.

Neptune?

The Group: dreamy, psychic, illusory...

Healing Collective:–*Take these energies into all fluids within the body.*

Here you are working on your psychic faculties and potential. You are merging self with all other selves. A merger of you with you and you and you... (Pause) Many in this room have fluid imbalances in their bodies. Open to these energies, they will help you balance out self.

[Sohrab's note: *Several people called me the next day, stating that they had suddenly found either blood in their urine, or that they were menstruating rather heavily. I urged them to let this happen naturally and normally, without medication, as their bodies were simply re-aligning*]

Pluto?

The Group: Death, rebirth, power...

Healing Collective:– Death and Rebirth – shedding of the old and welcoming of the new you, starting now. *Draw these energies into your 12-body system, around the physical body.*

And now,

The Group: – The Sun and Moon!

Healing Collective:– And now, the Sun and the Moon together: you will open to a perfect energetic union of the masculine and feminine within self. Again, open every cell, every pore, to solar and lunar energies, simultaneously. Those who are in physical discomfort, please flood the areas with these unified energies. [Pause]

And it is done!

Let us have a show of hands of all those who are in physical discomfort or pain today (most of the people in the room raised their hands).

Those who are not in pain, please take note of these friends. We ask you to generate an energy impulse, and flood these friends with your personal light. Work as individuals now. Spread your light to those who need it. Do it now.

Group Member: *Can we also include others, like the little boy you spoke of before the meeting, who had lost his hand in an accident?*

Healing Collective:– Later, dear friend. You must begin by first working for those in this room.

[The group members do so, while Sohrab chants the OM several times]

You may all now welcome the little boy into your midst and simply embrace him with your light and energies. Do not attempt to heal him, simply embrace him. [Pause]

All of you may now work for others as well: chant their names out aloud, and bathe them in your collective light. [Pause]

And it is done.

BLESSINGS, JOY, LOVE AND LIGHT
FROM THE HEALING COLLECTIVE, LEAD BY DR. LANG.

[Sohrab now speaks to the group]

What I am getting is this: All of us need to spend a little time with ourselves this evening, identifying which areas within self are blocked, and why. We need to let our bodies speak to us, and point out what issue is related to the block. We need to find the root cause.

At the same time, all of us are literally 'buzzing with energy' now. We need to share this with others this evening, either directly or long-distance. We can choose to work with a single person, a group, or indeed the whole planet, as we so choose.

Trance channeling continues with the Healing Elementals

Dear friends, let us introduce ourselves! Most of you are not aware of our existence on your planet: we are *healing elementals*. You are already familiar with others like us: plant, tree and forest spirits, for example.

We are similar beings, and work freely and joyously for all earth's inhabitants, be they human or of the other kingdoms. Some of us are 'specialists' in one particular kingdom or another: we, who are speaking today, work exclusively with humankind.

We are unable to 'wave a wand and fix your problems'; but we are at your service at any given moment, so do call upon us for support, guidance and nurture!

We do not have the right, nor the ability, to work directly with your physical ailments; but we are permitted to work through your brainwaves, giving you 'intuitive nudges', images and the urge to listen to the body.

We, for example, often give you the urge or the nagging feeling that you should visit your doctor for a check-up. We can even induce a temporary stab of pain, so that you pay attention to a part of the body that you have been willfully neglecting. We can work through your brain, to offer you the 'intuition' to choose one doctor over another, or to choose one form of medical treatment over another. We are elemental healing guides.

Now that you are familiar with us, please do acknowledge our existence and call upon us. Open the channels of communication, so that we can work together more fully.

Most families have their special healing elementals, and even within the family, each person has at least three unique to them.

Group Members:— Have you been here since before the start of the meeting?

Healing Elementals:— Yes.

Group Members:— Both of us experienced your energies!

Group Members:— What do we call you??

Healing Elementals:— We have no names, so you may just call us your “healing friends”. We are very small (but powerful) beings of energy. You would consider our energetic forms to be about 6 to 8 inches.

Group Members:— When you give us guidance, do you assess our thought processes before you do so?

Healing Elementals:— Always! And we attempt to communicate with you in the manner you can best be reached. We give visual people visual stimuli; sensory people touch, and so on. But most human beings insist on blocking us out!

Group Members:— Do we connect with you daily?

Healing Elementals:—As you so choose. Do not make it a ritual, make it a pleasure.

Group Members:— Do I have to say a ‘thank you’ to you guys for my backache?

Healing Elementals:— No, that’s all your doing.

Group Members:— I am a therapist. Now, when patients come to me, should I call upon my healing elementals, or theirs?

Healing Elementals:— Both! And please do offer your patients this information as well, if you deem them ready to hear it. Similarly, if you introduce them to us when they are in a light state of hypnosis, they will be able to connect to us quicker and more fully.

Group Members:— Can we direct your energies to patients in a hospital? Patients in a coma?

Healing Elementals:— You cannot ‘direct us’ to someone else; you can only work with your own elementals, and simultaneously invoke the elementals of the other person to work for them. But if they are not open to us, or refuse to acknowledge us, the work we can do for them is limited.

Group Members:— Do you heal relationships and situations?

Healing Elementals:— Oh yes indeed! We offer you healing and guidance in every part of your lives; but we do not heal you, dear friend, we give you the urge and the direction to heal yourselves. We act more as healing counselors.

Group Members:– Is this related to what I saw at Kensington Park on the tree where they --

Healing Elementals:– (Nodding) Please explain this to the group.

Group Members:– I took my little grandchildren to Kensington Park in London, two days ago.

There is a beautiful children's park there, created as a memorial to Princess Diana. There were beautiful ducks, geese and swans there, and this huge, 400-year old tree...

Healing Elementals:– in which you saw...

Group Members:– In which I saw many knotholes, which had been placed tiny statues of elves, fairies and other elementals. They were subtly trying to educate the children; teaching them that these wonderful beings exist, and that we need to acknowledge, love and respect them!

Healing Elementals: – Precisely! Thank you, dear friend!

Group Members:– Other than guiding us, do you also arrange the synchronicity between two people?

Healing Elementals: – No, that is not in our purview. That is facilitated by your guides. We are specifically healing counselors. We urge you to connect with the needs and desires of your own physical, mental, emotional and spiritual bodies.

Please connect with us!

BLESSINGS FROM THE HEALING ELEMENTALS!