


16th September, 2010
THE HEALING COUNCIL
Channeled by Sohrab

Healing

Trance Channeling begins

 Let us talk, once again, of **healing**: you have all now come to a superior level of understanding and acceptance that you have no right to necessarily direct energies to 'fix things'.

You have understood that you simply need to embrace another with your light, so that they can choose to do what they will with your energy.

You have also understood, after the last session, that the Creator, the Preserver and the Destroyer are all aspects of healing; sometimes all three together and sometimes combinations thereof.

Now let us take you one level further. Let us speak of a symbol with which you are all familiar: the "**Trishul**."

[Sohrab draws the symbol in the air] There is a central 'arrow', and two embracing arrows on either side. But this structure is incomplete. It also contains an energy globe, hovering above the structure, touching the three-pronged trident. Though this is not depicted pictorially, it is always there, in energy form.

When you offer your energies to another for physical healing, emotional counseling, or lend a sympathetic ear to a friend in trouble; you are, first of all, activating the central spoke that is you: your personal energies and your power.

Energetically, you shoot this into the person or the situation that you desire to heal. At the same time, you embrace them with your energies. This accounts for the three-pronged Trishul symbol.

Now, when you offer healing to another, you offer not only your personal energies and embrace, but you also draw down from the Universe a ***gossamer-like sheath of pure consciousness***, and envelope them in it. This is represented by the globe above the Trishul.

This sheath could be likened to a blank page of very high-vibrational, pure consciousness. It acts like a vitamin dose, stimulates the recipient, and offers him the opportunity to 'draw on this blank page' any outcome that **he** chooses.

What he chooses to draw on it is so uniquely personal, that only he has the right to do so. How can you choose for him?

Is this much clear so far? [All nod]

Two aspects are drawn by the recipient, through this sheath of consciousness:

The first aspect - being the appropriate Universal energies to stimulate and magnify his choice. His choice may be to heal, or to bring up the issue behind the pain, or to even intensify it for personal growth...no matter what he chooses, the Universal energy stimulates and magnifies his choice, through the increasing vibration of the gossamer sheath.

This increase in vibration also offers him the tools and the ability to understand why he has chosen this outcome, and what to address with regard to it.

Similarly, if the person truly wishes to rid himself of an issue, he draws up from within himself a resolution, which is then coupled with universal energies offering him the opportunity to resolve the issue. That is exactly what your friend, [gesturing to a member,] did with the Shiva energies: complete conscious knowledge. 'I choose to be free of this cancer', activated the inner desire and simultaneously in this case, chose pure Shiva healing strands so that the two merged and rid the physical of aspects of cancer.

Now, you are beginning to see why you do not have the right to direct people to get well, to heal, or to exit: it is only their consciousness that can possibly know what is right for them, at that moment in time. But you do have the right to offer them the healing sheath, so that they, artist-like, can create their own painting.

Isn't this the same on earth? Some artists outpour their pain and trauma onto canvasses; others uplift and enlighten through their work. Both are equally valid.

Art is a very active energetic tool; it is meant to evoke a response from the viewer. Sometimes it is even meant to provoke a reaction. And through this, the viewer touches aspects within self that need to be reviewed and assimilated.


The same applies to all other branches of the arts. A horror film, though dismissed by many, can serve to provoke a person to touch aspects within self that he hides from, or has suppressed.

The second aspect you draw into the sheath are core earth energies that ground you, and support your personal cause.

A member talks of her experience: What has just been explained, I did many years ago, without realizing what I was doing. My son-in-law had to have a knee operation and he was petrified of the pain, because he had already been operated on twice before, so he knew what pain to expect.

The surgery was fixed for a day in April, and somehow I felt that it would not take place on that day, and it didn't because there was a strike. I started to work on him, and used the visual of a 'sheet of energy gauze', wrapped his knee in it, and I could see the knee absorbing it, time and again. I was then instructed to hold his knee in my hands and breathe into it Love and the I AM presence. When the operation finally took place, and it did, he experienced no post-operative pain whatsoever. So it does work!

Group Member: *How do we now explain all of this to people to whom we are sending healing?*

 This does not need to be explained to the recipient. If you feel that they are open to this, by all means share this with them. They can then use it consciously. But this is more for your fuller understanding of your own processes. You are now all at a level of intuition where you are not permitted to work at a base level any more.

Please remember, however, that there are always exceptions to the rule. And only your intuition will guide you here. If for example, you are now faced with a friend or client who has cancer, and your own intuition urges you to actually remove it or to heal them completely; please do so! Do not use this information to hold yourself back. You cannot think 'in the box' any longer.

Let us give you another example of this: suppose you have been called upon by a person to work on their physical, and yet, on a particular day, you are urged by self to completely ignore the person, but to energetically cleanse their room instead...heed the call! This is happening for a reason. Yet, more often than not, you would ignore this prompting, and work as you 'feel you should', on the person himself.

You need to know the rules; to go beyond them....just as an artist need to know how to draw realistic figures before he can work with cubism.

Group Member: *I have a question. You urge us to think 'out of the box'. Yet we have always been urged to 'ask permission of the higher soul', before we work with anyone's energies. Surely our intuition itself should be our guide? Do we even need to ask that question?*

🌅 A very good question! If you get 'the urge' to do it, then you have *already received* the appropriate permission.

Now comes the Big But...'the urge' is not always a pure flash of intuition; but can come from the very understandable desire on your part to 'fix things, neatly and tidily' for a loved one, who may be suffering grievously.

When you cannot distinguish one from the other, it is best to simply wrap them in the gossamer sheath, and allow them to do with it, what they will. They may be very desirous of something other than 'direct healing'; such as clarity, or focus, or self-awareness, or strength.

So go beyond the basics. Now, when you work for them, ask what they want. You may receive the answer: Clarity. Push further, and ask 'What kind of Clarity'? They may answer 'Clarity of mind'. Then ask if they wish for clarity of mind for a specific purpose, or in general. By constantly extending your boundaries, you are actually helping them more and more, and you can eventually offer them energies for exactly what they want, at that moment in time. Become the specialist, instead of the general practitioner. **Give them what they wish to receive; not what you wish to give!**

Group Member: *Can we use the light of the Cosmic Sun and direct it to a person for healing? Then there is no emotion involved and (inaudible) positive and negative?*

🌅 If you are in balance, and are guided to do so, then please do! If not, then don't. The same rules do not apply to every person, and even you may be guided to work differently at other times.

EACH ONE HAS TO NOW FIND HIS OWN POWER, AND TRUST HIMSELF WHEN WORKING. He also has to remove the desire to 'fix the outcome'.

The moment there is the desire to fix the outcome according to your needs, you are doing nothing for the other person or the situation; you are frankly wasting your time. You are not wasting energy, as you will generate energy which will go there and bounce off the other person, to be distributed throughout the universe where it is required; but you are wasting your time, because you are giving it a specific intent which is meaningless, *as it is not what the person wishes to receive.*

Let us help you understand this with the help of an example: this year, many of you have been urged by the media to place bowls of water on your terraces or balconies, for the use of the birds. (All nod in agreement)

Now if you do this, and then sit there day after day, counting the number of birds who come, and wondering how to attract them to your particular bowl of water, and

worrying about whether or not they even know it is there for their use, very few birds will visit your space.

But if you place the bowl out there joyously, doing this because you feel motivated to do so, and just 'let it be'; you will find your balcony flooded with exuberant birds. Why?

Because you have allowed your 'open invitation' intent and your joy to attract those you need your nourishment, and no others, without expectation.

Group Member: *And then there should be no expectation of gratitude, right?*

Indeed! No expectation of gratitude, no desire for thanks, and therefore no feelings of being 'used and unappreciated' by your feathered friends, leading to deep victimization! [All laugh]

Group Member: *How do we create these sheaths for self, for self-healing?*

By simply knowing that it is so. You don't have to now 'reach into the Universe' and draw down the sheath; this was just given for your understanding of what you already do. And we will give you further information at a later date.

Group Member: *I have a team of healers and therapeutic masseurs. I know that they work beautifully; yet sometimes they return, saying that their 'hands felt heavy'. Why is this?*

There can be several reasons for this. They could be taking on the pain and trauma of their patients and be unable to transmute this, naturally and normally, as they should. They could be getting triggered by the patient's issue, and simply need to examine that in themselves. And we could go on with this list.

The next time this happens, take a hold of their hands, center yourself, and instantly demand to know the reason. Help them with the answer.

Group Member: *Is it true that when you are asked to heal another person, you are also healing that aspect within self?*

Always, always! That is why that person has come to you for healing, and not to another. It may not be the direct aspect or issue, but there is always a connection. Every doctor is also the patient; every teacher is also the student.

Group Member: *I have often had clients/patients who come for a massage or for reflexology, but after I have scanned their energies, I say, "You don't need a massage, why don't you just talk to me about whatever is troubling you?" Then they start talking, and I work on their pineal gland, and they then tell me that they are feeling so*

much better that they don't need a massage anymore. Now, when this happens, I don't know whether or not to charge them, and then I get into a flap....

Aah! So you give them a wonderful session, one that you have intuited so correctly that they needed; and then you instantly negate what you have done.

Group Member: *Ok, but then I just charge a reasonable amount, and say, "Just give whatever you want".*

■ Your concept of a session 'worthy of payment' is one where you only 'think in the box'. When you actually step 'out of the box', and expand; you do not deem that worthy of payment, as that is 'not the session that the client expected'. Shift that perception. How can your clients value your sessions, if you do not? They will instantly pick up your energies, and undervalue what has just happened; only because you have done so first!

Then, when you learn to value your sessions, you can joyously choose when you wish to charge the full fee, a discounted fee, or no fee at all.

Today we offer you all a small energy gift. We wish to help you activate the pituitary and the pineal glands to a further degree; and in doing so, we offer you greater clarity of vision and self-awareness.

In other words, you are going to be wrapping these two glands in a sheath of Universal consciousness, and you are going to choose to imbue it with clarity. With this, when you work in the future with any healing aspect, you will be to be much clearer about what is required at that moment in time, for self, or for the external recipient.

Later on, you may repeat this process with any part or parts of the body, including the same one again; and draw to them any aspects that you desire to instill within them.

We ask you to now visualize the pituitary and the pineal glands as two tiny points of light, directly in front of your third eye; one a couple of inches in front of it, and the second a little further away.

Now bless and appreciate these two Master glands. They are the seat of your awareness, your occult powers, your connection, your Universality, and your divinity. Bless these two points of light.

Now reach up into the Universe and draw down, into these points of light, the energies of clarity. Visualize these two points of light beginning to vibrate and growing brighter and brighter. Blindingly bright.

Now slowly suck them back into your skull, so that these energies merge with the actual glands. They are vibrating within the skull.

Now draw into them, from your own body, the energies of clarity that you already contain, but have allowed to remain dormant till this moment.

Feel these energies rushing up into the glands: into the pituitary, into the pineal. They are beginning to merge with the Universal energies: you are now vibrating with Universal clarity and personal clarity. [pause]

AND IT IS DONE, AND IT IS DONE, AND IT IS DONE.

You will instantly use these energies of clarity to scan your own bodies: scan the physical, mental, and emotional bodies; and wherever you detect imbalance; simply command them to come into instant balance. Experience a new brightness within self.

Now you will take a few moments in silence and you will joyously offer your energies to any whom you intuit need your healing. (To Gool) Please read out the list of healing requests for the day.


Now **blast** all these friends with the newfound energies in the pituitary and pineal. Work with them in a laser-like manner: direct your powerful beams of light joyously to all. [pause]

Now direct your laser beams to the very core of Planet Earth. Please work as a group for this part. Unite as one magnificent healing group, and blast Her core joyously. [pause]

AND SO IT IS, AND SO IT IS AND SO IT IS.

Be aware that you are vibrating at a very high frequency today. Do use these energies today, on whosoever and whatsoever you desire. They will be very effective.

Group Member: *Now that we have received these energies, can we please blast the collective consciousness of the human race?*

 Yes, indeed! Please direct them in this.

To a group member: – Please blast the collective consciousness of the entire human race, on this planet, with these powerful energies. Let us work as a group, a joyous group. [pause]

As you continue to do this, chant within self the word “AWAKEN”. [The group does so silently]

AND SO IT IS, AND SO IT IS, AND SO IT IS.

Please be in gratitude to the hundreds of healing guides who are present here today. They encircle the room. Some are Master energies, and others are trainee healing guides, who have come to learn from all of you, and to observe this session. Connect with them in joy. Some are the energies of your dear departed friends, who are in the process of becoming healing guides themselves.

BLESSINGS, JOY, LOVE AND LIGHT
FROM THE HEALING COUNCIL.
