

28th October, 2010
THE GERMAIN COLLECTIVE
Channeled by Sohrab

Belief Systems

Trance Channeling begins

 Let us give you a very simple little mathematical equation: $X + Y = Z$.

Beliefs + Experience = Knowledge.

A child may believe that a cake of multi-colored soap is tasty. That is his **belief** at that moment in time. So he picks up the cake of soap that looks so delicious and tempting, and plunges his teeth into it. That is the **experience**. And the moment he has coupled belief with experience, he comes to a certainty that multicolored soap is not at all tasty: that becomes his knowledge. So once there is knowledge and wisdom, there is no need for belief, and there is no need for the repeated experience.

On Earth, in a third-dimensional incarnation, you have to have a belief structure. When you are in pure spirit or vibration, you cannot have a belief structure, as all is experience and knowledge.

So, rather than condemning or defending belief structures, understand that they are vital tools for personal growth and evolution.

Every single human being has a collection of beliefs by which he or she lives. These have been facilitated by parents, teachers, friends, society and by the person himself. You use these, in this beautiful arena called Earth, to explore self. And slowly but surely, you refine them and convert some into pure knowledge.

Take your friend here, for example. (Prior to the meeting, she had spoken of a friend who was convinced that it was necessary to fast regularly to 'get a good husband', and she was upset that Sheetal did not do so for herself)

She, through her belief system, has provoked this entire room to question this aspect in self. Though they may not hold this belief, they surely hold others that are as rigid. Do they wish to change these? Modify or amend them? Keep them?
How your friend grows is her option. How you do is yours.

You believe the world is round, you believe a psychic surgeon can insert his physical fingers into a person's body, you believe your parents or husbands love you, and so on.

This child (referring to Sohrab), believes that if, at the inception of the meeting, the group chants several OMs, they energetically 'come together'. Now today, as you may have noticed, the group followed his instructions and chanted a requisite number of OMs, but did not 'come together' at all! So suddenly, he has to review his belief structure!

He may finally arrive at an understanding that the group does not have to chant at all; but if, in his reality, he simply believes that the group is cohesive, it will be! Because he is the center of his Universe, and the creator of his reality.

Whereas if any individual group member believes that no matter what, the group will not come together, in her reality, it will not! Because she is the center of her Universe, and the creator of her reality.

Now, you may ask, how can both these opposing statements be true at the same time, with the same group?

Group Member: *So Realities are different?*

Indeed they are, as are dimensions and vibrations. Yet they co-exist. When he deems the meeting energies unified, he taps into that aspect which is. When another deems the meeting energies discordant, she taps into that aspect which is.

Haven't you noticed how, when you are feeling miserable, all you seem to attract is misery and disharmony? Yet another person, on the very same day, in the same place, may feel joyous, and her day goes magnificently? The circumstances and the situation may be the same, but the two people are simply tapping into different aspects of the environment.

So to change your reality, you have to first be truthful to self and acknowledge exactly how you feel; and then choose to shift to any other reality that co-exists simultaneously.

Group Member: *It's all about power?*

That is power: being true to thy own self.

Group Member: *So what is reality?*

■ Are you ready for a paradox? **Reality is one of a series of energetic illusions that you choose to live by, at any given moment.** Reality is an illusion, reality is a perspective.

Even when you are in pure spirit form and you have pure knowledge, without the need for a belief system, you still exist in a reality that is based on your perception. When you are in pure spirit and you see things for what they are, you are still seeing them for what they are, *based on your personal level of evolution.*

If you have limited eyesight, you see an object as a blur. But if you have sharp eyesight, you see every detail of the same object. Yet you are looking at the same object.

Energetically, this holds good as well: two people can look at a third person at the same moment in time...the first person may only perceive physical ugliness; whereas the second person may see inner beauty. Which is correct? It all depends on perspective.

Group Member: *So reality is dependent on personal perception and evolution. When does this 'reality' fade?*

■ Reality fades at that moment where you come so close to All that Is, that you embrace all and become all. Then there is no separation.

It's like a puzzle, with the pieces scattered all over the place!

Her current reality (pointing to a sitter at one end of the room) is this perspective of the room, and all she can see from there. Her current reality (pointing to another sitter at the diametrically opposite end of the room) is that perspective of the room. Both realities are completely different. Yet both are viewing the same room at the same time! Yet both are correct!

When you evolve to what you call 'the Godhead', you are not bound by 'viewing' the room from one perspective or another; you *become* the room, and therefore are able **to know and experience it fully**, without judgment, from every perspective. At that time, all alternate realities, and parallel aspects of the room become simultaneous experiences, and therefore merge fully.

We, as human beings, are so vulnerable. It becomes very difficult to define our own belief systems, without being influenced by others. I am constantly searching to find what I truly believe in...

Stand up, and let the whole room look at you for a moment. (To the group) Go ahead; intimidate her if you wish....look directly at her. Use your power!

Now, of the 60 people in this room, each one has a slightly different perspective of you. Some will view you as beautiful; some will view you as ugly. Some will view you as fair; some will view you as dark. Some will view you as courageous; and some will view you as foolish. And so on.


Now, of course, their perceptions are also mirrors of how they feel about themselves, and about who they are; and by viewing you, these aspects are being triggered off in self...you already know that. But which of their conflicting views of you is 'real'? All of them are, from their perspective. But are you going to internalize each one of their views, because they decide it is so?

So what is reality? Are you truly intelligent and stupid, knowledgeable and stupid, beautiful and ugly, dark and fair, all that the same time? Are you now beginning to understand what we said in the beginning: that reality is one of a series of energetic illusions that you choose to live by, at any given moment in time?

Mrs. X, sitting here in the room, may be bound, for personal growth reasons, by a belief system that she is stupid, which she is now projecting onto you. That is necessary for her evolutionary process, but is it really necessary for yours? That you have to decide.

But when a person truly experiences that they are a Universal being, the very concept of 'stupidity' Vs. 'intelligence' becomes meaningless. You just 'are'. At that moment, you cannot hold any kind of belief system at all, in relation to this aspect of self.

Group Member: *How do we make universal energies work for us?*

 [At this point, a mobile phone went off. Many in the group got visibly annoyed]

[Sohrab, amused] Let us examine the belief structures that just came up for all of you:

How rude and impolite to allow a phone to go off in a meeting.

How could the person be so irresponsible?

Oops, it could have been me! Have I turned off my phone?

I always do ridiculous and embarrassing things like this...

And so on.

Thank you, dear friend (to the owner of the phone) for giving the group an immediate lesson!

Group Member: *What are the dynamics of Universal energies? How do we use them for manifestation?*

🔸 In the past, most of you held the belief structure “I am small, unworthy and undeserving, and have no divine connection at all”. Therefore, that becomes your reality. But as you grow, evolve and assimilate knowledge, you begin to experience moments when you are in flow, when you are one with the source. You then continually revise your belief structures, updating them to match your current level of evolution. You have heard these words before!

Group Member: *And we believe it now*

Do you?

Group Member: *Yes I do... on and off!*

🔸 So, you may believe it 30% - and she may believe it 60% and she may believe it 90%...again, perspective and belief structures; but how much have you converted into knowledge?

If he (Sohrab) fully believed that he could change his physical form and grow back his head of hair, he would be able to do so!

I haven't yet reached that stage; I want to know about how to help them to help me. I yet feel I am separated.

So your belief structure, at this moment, is: “I have the words, but I still need them to help me”

Yes, yes.

So then you will keep needing ‘them’ to help you, till you get completely frustrated because ‘they’ don’t help you. It is only then that you will begin to realize the ‘the energy is mine to command’.

We are deliberately being quite blunt today, as it is time you now converted all your ‘learning’ into knowledge. You *know* that you have the ability to wave at someone at will: you simply have to raise your arm and move the bones and muscles within it, to perform the action. You don’t feel particularly proud or embarrassed about this; you have converted a belief system into experiential knowledge. It just ‘is so’.

Group Member: *Is it also by accepting it?*

🔴 You have to go beyond acceptance; you have to *know* it is so. And to do so, you have to understand *Prana* better.

Prana is all that is: it is the fabric, the very breath of existence, of the Universe. You have all come to an acceptance of Prana, conceptually; now you have to go further, and 'work with the flow'.

If you could work with the prana fully, you would not need to eat, drink or even breathe, and yet you would be fully nourished. Many of your sages do precisely that.

Now we are not suggesting that you necessarily reach that level of personal evolution, but you can certainly work towards it. The fact that you need to eat and drink to sustain life is also a belief system.

If you truly experience the prana within you, automatically your need to eat and your belief in the fact that your food nourishes the body will shift, and you will move into a new level of illusion.

Group Member: *What are dimensions and reality? The reality that I am in now, and the reality of, lets say, the 9th dimension: can I bring these together?*

🔴 All of you currently inhabit hundreds of thousands of dimensions and realities; but for the sake of this explanation, let us speak of a hypothetical figure of 10.

The level you are most familiar with is this one, so let us call it level 1. At level 1, you are sitting in this room, in this city, on this day, in this body, asking this particular question, at this meeting. But you are also present, at other levels, in similar meetings, asking similar questions. All of this has been explained to you in the past.

Now: at your current level of evolution, you are able to intermingle with the energies of perhaps yourself in Levels 1, 2 and 3...no more. In other words, the knowledge you are gaining at all three meetings are seeping one into the other. Is this much clear? (all nod)

So you may be able to access upto level 3, but remember, the 'you' in level 3 spills over to level 2 and level 4 and 5. So, in effect, you are also gaining filtered information from level 5, through your level 3 persona, as all personae are constantly evolving!

(Amused) Confused? Simply put, you can access information from level 9, but in this manner, not directly. As each level grows and advances, the expansion of all levels increase.

Let us say that level 5 is suddenly going through an incredible growth spurt; this has to filter upwards and downwards, provoking each aspect of self to grow faster as well.

This is what your Physicists call “Chaos”, yet it is not chaotic at all! It is an energy pattern that is so complex, that they cannot yet decipher it. This becomes the basis of your Sacred Geometry, which is uniquely yours.

Again, very simplistically put (pointing to one sitter), your pattern of growth may slowly evolve into a star shape, and hers (pointing to another sitter) may evolve into a hexagon. Each is unique and perfect. So you cannot even attempt to evolve like any other; it has to be in your personal manner of perfection.

Now, even these two shapes we have just described are only two-dimensional, but your geometry evolves into far more than that, constantly adding to itself colour, patterns, dimensions and vibrations. Now, perhaps, you can begin to understand the concepts of 12-dimensional geometry, which have been spoken of before.

Group Member: *I just want to ask about experience: we on earth constantly role-play to gain experience. We experience society, family values, the opinions of others, and so on. How exactly does this shape us?*

■ In general, you use your belief systems to limit yourselves, and create more and more boundaries and restrictions, till you begin to feel smothered. At this point, you begin to question them, and sometimes choose to break free of them...actually you are not breaking free, but simply extending the boundaries outwards. This is your chosen system of evolution.

Now, do you necessarily need to create rigid boundaries to grow? Not at all! You can widen your horizons as far as you wish, and in doing so, your belief systems speedily get converted into knowledge.

Group Member: *Everybody desires freedom, but what about duties to ones family and children, for example?*

■ Did we ask you not to take care of your children? Again, perception. One mother may be oppressive and clinging; she may find the task burdensome. Another may be open and unobtrusive; she may find the task freeing. Yet the task is the same!

A wealthy man may experience intensive inner poverty; and a poor man may experience total abundance. All perception.

Group Member: *I am actually one of those who have worked hard to break many belief systems...*

■ Share your point of view with the group...share it fearlessly.

I am one of those who actually broke many belief systems and went on to create what I wanted to. I felt the urge to work for people and society, and to bring about healing. I was an office secretary at that point in time. I gave it all up, worked on studying alternative methods of healing, and started, at great risk, an alternative center. People are beginning to acknowledge this now, and I have gained confidence in my extreme step.

Thank you, thank you for that, dear friend! (To the group) And what she has not added is that she did not have the personal finances to fund this, and yet she dared to take the risk; following her inner urgings.

I have a friend who constantly seems to drain my energy when I support her. I try to avoid her, but then I have a belief that I am not being a good friend to her, and that I should be there for her. So I am torn: I feel guilty for supporting her and I feel guilty for not supporting her.

These are the great learning tools that come your way. So you are now in conflict. What should I do? Start questioning yourself: I feel that she drains me of energies. Am I so weak? How do I bolster my own structure? What would be the best way to approach this situation? Do I need to respect my own desire to move away from her, or am I simply running away from a situation that needs to be tackled head-on?

Write down what comes up for self. That will help you. Also speak to the wonderful friends in this room. Ask for guidance.

Group Member: *What about schizophrenics? I sometimes if wonder if this is a disease, or whether they are simply very evolved souls, and we just cannot see that?*

■ This has been spoken of, at length, in the past, dear friend. However, we will touch upon it again today. In general, schizophrenics are those who keep leaping between different realities of self. They are often very evolved souls, who attempt to multi-task by assimilating differing aspects of self at one time; and often fail. Many times this is a courageous task taken on by the soul; yet sometimes they slip into this in error, due to personal fragmentation.

Group Member: *I feel am growing so beautifully! After attending these meetings, I am much less 'affected' by what others think or say of me. I truly see these friends as 'beautiful'! My concern is this: am I on an ego-trip? Am I in danger of "I am better than others"?*

🌅 (Sohrab is amused) She needs a little petting and stroking today! No, dear friend, you are indeed growing and assimilating knowledge smoothly, and you do move forward, examining self at every stage, as you should. You sometimes fall back on a harsh evaluation of self, but this, too, you correct. And we hope that you *are* on an ego-trip: celebrating self!

Group Member: *2011 – What does it hold for us, and what energy projections are coming in, as we enter this year?*

🌅 We take an entire session on this, at a future date. During 2011, you will frequently experience frenzied growth and activity, both within self and around you; and then you will experience the ‘eye of the storm’; a rest-period, a time to instantly assimilate and grow. Then the activity will get frenzied again.

These storms are not to be feared: they will simply be aspects of self, as yet unassimilated. If you have already worked on these areas, the storms will be minor; but those that have been previously ignored will come at you like a whirlwind.

BLESSINGS, JOY, LOVE and LIGHT
FROM THE GERMAIN COLLECTIVE.
