

20th January, 2011
THE ENERGIES OF LOUIS PASTEUR.
Channeled by Sohrab

The Power Gene

[At a prior channeling, the group was informed that each person would be 'accompanied by' a different aspect of self on a daily basis. Sohrab opened the meeting by sharing his experiences with the group]

A Discussion: Various aspects of the SELF

Sohrab: I have found the shower the easiest place to 'connect to' my aspect-of-the-day. Sometimes, the aspects seem meaningless or absurd, but as the day progresses, it starts to get clear to me. I have learned to trust it. I urge all of you to allow this to happen as well.

One morning, for example, I got "Sohrab the embracer". I thought, at first, that this meant that I need to allow myself to hug others, and to be hugged; but as the day progressed, I found myself going through all kinds of incidents, some pleasant, and some disturbing. I realized that I was meant to embrace all of them equally, without resistance. This was difficult, as when there is unpleasantness I tend to 'run away' from it. But this time I embraced them, and faced them head-on.

On another day, I got "Sohrab the Harlequin". As far as I could remember, a Harlequin was some kind of jester or clown in a patchwork outfit, so once again assumed that I was meant to allow myself to 'clown around'. However, as the day progressed, I found myself re-visiting different aspects in my past: a random event at age 6, another at age 15, and so on. I then realized that, in some way, I was piecing them together, like the Harlequin's patchwork outfit, and 'connecting the dots' in my life.

Guys, this only takes a few moments: try it; it makes your day so much more vibrant and meaningful!

Now, let me offer you some further information about this concept, which was not given to us at the prior meeting. It was revealed to a client in a recent personal session.

If you recall, we were told that this year, we could not individuate energies at all. Yes, we have been given the permission to have our personal 'favourites', as we all do, but we have been told that by focusing on them alone, we would lose out on the millions of other energies that were flooding into us, along with those of our favourites.

During the personal session that I just referred to, it was explained that, each time we merge with a different aspect of self, we are also unknowingly merging with *the Master energies of that aspect* as well. So, hypothetically, if “Sohrab the Harlequin” was a devotee of Ra the Sun God, then in the daily merger, I would also be acknowledging, at a higher level, the aspect of Ra in my current life.

And obviously, each aspect of self must have had thousands of energy Masters, so on a daily basis, I am being offered the opportunity to acknowledge and assimilate thousands of Master energies as well!

If this is the case, then how can I ‘hang onto’ only one ‘favourite’ this year? I and I alone, am then the loser.

Group Member: *Can we ask for specific aspects of self on a daily basis, or do we just have to accept what comes to us?*

Sohrab: This was actually explained to us at that meeting: we were told to just ‘allow’ the aspects to reveal themselves to us for the first few weeks, till we were comfortable with the practice; after which we could indeed demand a certain aspect accompany us on the following day.

If, for example, you have an upcoming business meeting the following day, and are feeling a little insecure about it, you could then ask for your aspect of “the financial wizard” or “business tycoon” or “lawyer” to be with you. And it will!

Group Member: *So what we have within us is limitless?*

Sohrab: Yes, it is. We were told it didn’t matter from where the aspect was coming: it could be a part of our past, present or future; an aspect from another dimension or from an alternative reality. What is important is the assimilation of that aspect.

Group Member: *Are we assimilating it or are we actually bringing out that power from within us?*

Sohrab: From what I understand, it’s a bit of both. This wasn’t really pre-planned by us before we took this incarnation; it is an advanced ‘study course’ that we decided to undertake recently.

Group Member: *I am finding myself very ‘fluid’ this year.*

Sohrab: They opened the meeting with the words “**Welcome to Schizophrenia.**” They explained that though this process would make us feel rather schizophrenic, we were completely ‘in charge’ of each aspect. It is up to us to choose to use it or not.

Group Member: *Maybe through this process we will understand why we are the Source.*

Sohrab: Indeed! After all, it is the year of Oneness! And though each aspect will flow through us the strongest during that day, it will naturally remain with us the rest of the year as well. So, in effect, we keep adding to ourselves, till we embrace over 365 aspects of self.

Group Member: *But the warrior can also be serene, so it's a very paradoxical.*

Sohrab: That is why it has been termed schizophrenia. If you get 'the warrior' on a certain day, you will have to discover for self what it means. Are you being urged to 'stand up' for yourself and your family? Are you being urged to be a warrior of the light? Are you being urged to fight an inner battle? Are you being urged to speak your truth fearlessly? And so on.

Group Member: *I woke up and found that the aspect of self was 'the witch'. I was quite amused, as there are so many aspects to a witch: a good witch, a bad witch, a funny witch, a cartoon character, a witch who can manifest, etc.*

Then I found that an ongoing struggle I had been having with a company got resolved that very day, when I stood up for myself. So I guess I manifested this with my witch aspect!

Sohrab: So there you go! You waved your wand and resolved the situation!

Group Member: *I had an odd experience: I got a 'negative' aspect of self one day, which was 'feeling neglected'. Now on other days, if I drive my husband crazy or have a bad day, I end up feeling terribly guilty and say to myself "God, what did I do today?" But that day I felt absolutely fine, had no guilt at all, so that was a good thing for me!*

Sohrab: Thank you for that example. On days when you get the so-called negative aspects, please don't push them away. Explore them fully, as she did.

Group Member: *Suppose you get "the destroyer"?*

Sohrab: Then you will have to explore what that means to you.

Group Member: *But you have fights and jeopardize relationships!*

Sohrab: So be it! But search for what that phrase means to you! Perhaps it simply means that you need to let go of aspects that you have clung onto for years. It may have nothing to do with external relationships.

Group Member: *"The destroyer" need not be scary: you can be a creative destroyer. Sometimes, if you cannot repair a house, you need to 'destroy it' to rebuild another.*

Sohrab: You are so correct! Remember, we all work with the three aspects of 'the creator, the preserver and the destroyer' together. A surgeon has to operate and destroy the cancer in a person's body, in order to preserve his life, and help him create a new one!

Group Member: When you don't get a word associated with you, then what do you do?

Sohrab: Then ask for a feeling, an image, a thought, even a piece of music, to give you the necessary indication. Be open to the aspect revealing itself to you in any way.

Group Member: *So we are simply creating greater and greater levels of balance within self, through this process. Even if we react to them, we attain balance through this reaction.*

Group Member: *But even in our day-to-day life, we go through different moods and emotions: isn't this the same thing?*


Sohrab: You do, but through this process you are touching more and more aspects of self, acknowledging them, giving them equal validity in your life, and thereby assimilating them. Day-to-day moods tend to govern us; here, we are reclaiming our power and coming into oneness.

Group Member: *I have been doing this exercise since I first heard of it, and I know that I have, through this process, become a lot less judgmental of myself and of others. I am finding a lot of self-acceptance and self-appreciation through it as well.*

Thank you so much for that!

[End of discussion]

Trance Channeling begins

 Welcome, dear friends!

Let us share something interesting with you today: how many of you here are involved in the medical profession? (Many hands are raised)

Group Member: *Aren't we all doctors in our own right?*

🌅 Indeed you are! A good answer!

Every human being and every animal has an actual, physical Power Gene.

This has not yet been discovered by your scientific community, but it will, possibly within the next three to five years. Let us now discuss it in relation to the human kingdom.

Let us repeat: this is not an energetic gene, but a very physical one, and it multiplies at a rate commensurate to the power that you touch during the course of your lifetime.

Even if, in past lifetimes, you have been relatively balanced and expanded in your power, when you incarnate this time, you will have to develop it based on your current experiences.

In your infancy, you start with a single one. One power gene. And as you begin to touch your power through your physical and emotional experiences, this multiplies.

The gene does not distinguish between balanced power and an over-use of power: in either case, it will multiply. But if you continually refuse to touch your power, for instance by playing the victim, then it simply remains dormant.

Now let us take the case of two human beings, each of whom has, hypothetically, 10000 power genes. The first has attained this number through balanced power; and the second through an over-abuse of power.

Both have the same number. In the first case, the genes will be healthy; whereas in the second, they will start to agitate and rot from within.

Through this process of corruption, they may even multiply at an accelerated rate, much like a physical cancer, and through this process cause even more imbalance and corruption in the person himself.

Therefore the number of power genes a person has is not a yardstick of his expansion of power. This can only be measured by the healthy level of the genes that he does have.

Group Member: *Is it something to do with the light quotient? The power genes and light quotient?*

🌅 The two are connected. You can raise your light quotient by aligning Self with self, and by shifting your belief structures, your thought and speech patterns, and of course, your actions. This, in turn, will most definitely affect your physical power genes.

Now, in the case of a person who constantly gives away his power, the power genes do not multiply. The person then starts experiencing energetic weakness, powerlessness, and a deep sense of futility. He begins to lose his self-worth.

Now here is the good news: you can change your patterns at any moment you choose. Even if your power genes have been corrupted through personal greed and a lifetime of oppression of others, a shift in your awareness can 'turn them around' and they can be converted into a mass of healthy genes. To do this, you have to touch and experience your divine power.

In fact, all of you have been working towards this. You have attended meetings and workshops, read books, spoken to like-minded friends, and opened yourself to self-awareness and self-growth.

Of course you all have days when you feel low and victimized. But if you continue to wallow in this, instead of choosing to move out of it, then you begin to corrupt and eventually destroy the power genes that you have grown within self.

In some rare cases, corrupted power genes can even turn into physical cancer. Now please do not assume that all cancer is a result of this. Indeed it is not, as in general, the power genes work independently of the other systems in the body, even though they do influence them.

Your power genes are not dependant upon your food, nutrition or exercise regimen. They only way that you can 'feed' them is by continually touching your power.

Let us now help you scan your own power genes: rest assured that your findings will remain private.

Take a moment and connect with them. Do not attempt to count them; just connect with the power gene network within your body. Many of you may even see them as tiny points of golden light. But let the network reveal itself to you in any way suited to self.

The grid will extend head to toe. Start scanning the grid, starting from the crown chakra, and slowly moving downwards. (Pause) You will find that certain areas appear brighter and others darker, denser or just depleted. (Pause) Just identify the areas that appear darker or depleted. (Pause)

Some of you were able to do this with ease; others had trouble. If you did, you may, after this session, ask another in the room whom you intuit is 'right' for you, to help you with this at a future date.

As we said at the beginning, your results are private. But let us give you an overall explanation of the grid.

Depletion in the **crown chakra** indicates your inability to acknowledge your own beingness, your own existence. You need to then start trusting in your own magnificence, and forging a relationship with You.

Depletion in the areas of the **third eye, pituitary and pineal glands** indicates your inability to trust your instincts. You are therefore urged to start trusting your gut, and to re-examine your view of the past, present and possible future. It is likely that you have a skewed perspective of events in your childhood and your current circumstances. You may also be projecting images of an unlikely and unnecessary future.

Depletion in the **sensory organs** indicates that you are not using your five sense organs efficiently. You need to go beyond the obvious. You are being urged to start seeing, smelling, tasting, hearing and touching life differently. You are trapped in a narrow, limited view of 'what should be'. Your thought patterns and belief structures are rigid, and need to be re-examined.

Depletion in the **throat** indicates that you have an inability to speak your truth, and to express openly who you are. The inability speak your truth comes from powerlessness, and the inability to express who you are comes from not knowing who you are.

In general, if the **heart and lungs** appeared dark, you have issues with love. Love and the breath of life are inexorably intertwined. You cannot fully love and appreciate who you are, and therefore you cannot love and appreciate those around you.

Depletion in the **arms and legs** indicates an inability to nurture self and others. You are reluctant to reach out and touch others. You are also reluctant to take steps in life, to move, to act. This indicates a masculine imbalance.

Depletion in the **stomach and digestive tract** indicates that you have problems stomaching who you are. You are not comfortable with your behavior, your attitudes and your patterns. You have a distaste for self. You cannot feed self.

Depletion in the **hara and sexual areas** indicate reluctance on your part to 'give birth to the new you'. This is a very 'current' area, so the depletion refers *to the now*, and not to possible past issues related to this area.

Depletion in the **ankles** is a sign that you are holding onto past karmic issues, and are not permitting self to work them through. For the hypno-therapists in the room, this is an immediate tell-tale sign if your patients are accurately touching relevant issues or not. If their ankles appear dense, then they are running away from key issues that they need to immediately address.

Depletion in the **feet** indicates an inability to remain grounded, to connect with your earthly reality and existence. You tend to run away from your immediate, personal issues.

A general note to this group: at first, only work with your own power gene grid. In time, you will be able to scan the grids of others.

Dear friends, use this technique to study self. Do not despair: if many areas appear dark or depleted...they can all be changed by you! Simply acknowledge the issue, shift perspective, and the energies will respond accordingly.

Group Member: *I saw half my body bright, and the other half dark. What does this mean?*

🌅 If this was the left and right side, it would indicate an overall yin-yang imbalance. If the front appears darker than the back, then you are reluctant to 'move forward' in life. If the back appears darker, then you are reluctant to admit to your past, your roots, and your heritage.

Please note that the power grid is separate from your auric field, and needs to be viewed accordingly. We will speak more of this in the future.

BLESSINGS FROM THE ENERGY OF LOUIS PASTEUR.

[Sohrab shifts energies]

🌅 Dear friends, during the years 2011 and 2012, the veils between the spirit and physical realms will be very thin, very fine.

You are constantly going to be visited by many, many souls during this period: Masters and guides, loved one, and old 'friends', many of whom you have no conscious knowledge. You will very rarely 'be alone'.

The more you acknowledge them, connect with them and experience them, the quicker you will touch your power. This is a wonderful time to resolve old issues: speak to them, express exactly what and how you feel without 'holding back', and work towards a new relationship with them.

This is a two-way process: many of them are 'visiting' for precisely the same reason. They may also have issue-resolution to complete before moving forward.

Use this time period productively. Allow yourself to think about departed family and friends. Call for them if you wish. Hold long, private conversations with them. Express yourself. Grumble and complain if you wish; celebrate and rejoice if you wish. Don't hold back.

You don't have to be a psychic to do this. And you don't have to be in deep meditation to do this. Do it in action: while walking on the street, or sitting in a car. Just take a moment and ask yourself, "Who is with me right now?" It is not always necessary to identify the soul. For example, if you sense a presence, but are not sure who it is, just open up to the feelings and emotions that are rising up within self at that moment, and embrace them.

It's really very easy. Don't complicate the issue.

Enjoy the process. Experience a new sense of inner connection and freedom.

BLESSINGS FROM A FRIEND.
