

24th February 2011

THE ENERGIES OF VARIOUS GROUP MEMBERS

Channeled by Sohrab

The Higher Energies of Various Group Members The meaning of 'The God within you'

[Sohrab began with a discussion]

Sohrab: We had a wonderful, high-level cosmic workshop in Poona. This is a fully channeled one, and is always guided by the energies of the group itself. I would like to share with you one particular aspect that came up during my two days there.

It was explained to us why we are repeatedly told that "there is no external God" and what it means by the phrase "the God is within you".

Let us take the example of a person who worships Lord Shiva, and perceives Him to be the epitome of power, balance and justice.

The Shiva is not an external God; but a portal, a doorway, within self. When this person prays to the seemingly external Shiva, he is only entering the 'wormhole' within self, and exits at all points, in all lifetimes and parallel realities, where he has personally experienced power, balance and justice.

So if one person views Shiva as this, but another views Shiva as an embodiment of benevolence, each person enters their own, personal portal, and exits at different points. Yet they are both Shiva worshippers.

This is why we have been continually urged to stop individuating energies, and to stop limiting our view of them as well: when we learn to see them all as one, with limitless aspects, we are simply going further into self, and touching more and more aspects that already exist within self.

Similarly, if a person has a particular distaste for an energy (for example, some people may 'fear' Kali, and see her divine destruction as painful, fearsome and negative; then they will simply be entering self and connecting with all those aspects that have also been experienced, and are being experienced, by self.

Can you see the 'perfection' in this? Those who see a particular deity as a harsh, punishing one; are simply being given the opportunity to enter self, and assimilate this

aspect of self. Those who see a deity as all-embracing or all-powerful are also entering self and celebrating this aspect of self.

Group Member: *Does this also mean that when we view other people as pleasant or distasteful, we are also 'going within self' and touching those aspects in ourselves?*

Sohrab: Most definitely! This has actually been explained in a prior channeling. Do you recall the one in which it was explained to us that no two people view a third in the same way? One person, for example, may view another as overbearing and offensive. A second person may view *the very same person* as dynamic and self-assured.

This is because, when you view another, you are combining your prana with theirs. If you have an issue with power, you will see the person as imbalanced in power. If you do not have a power issue, you will not even perceive this in them.

In other words, they are provoking you to 'enter the portal' within self of power, or of powerlessness.

Gl: – *Many people say I am not religious. What exactly is religion? I see it as 're-aligning with the Source'. And the Source offers you messages all the time, if only you open to them. They can come through meetings like this, through books, through casual conversation, through songs, and sometimes through a billboard on the back of a bus!*

Kt:– *It is very easy for people like us to say that 'religion is not important'. But how does one explain this to a poor or uneducated person, who has been indoctrinated with religious fervor?*

Sohrab: You are absolutely correct: we have no right whatsoever to sit in judgment of another who is, from our perspective, a 'religious fanatic'.

Some of us choose to grow through fanaticism; others through liberalism. For example, one person may have chosen fanaticism to learn to overcome it, and to move into a more liberal approach. Another person may have deliberately chosen fanaticism, as he may have had a past life history of dissipating his energies, and he needs this to 'bring himself together'.

Gl:– *If only people could truly acknowledge "I am you and you are me", we could end all the fighting in the world!*

Trance Channeling begins

☀️: I am joyous, I am courageous, I am daring, I am vibrant, I am out-spoken, I am humorous, I am a nurturer, I am a practical energy, I have keen insight, I have a zest for life, and I move through the debris and touch the truth. I am magnificent. Who am I?

I am the higher energies of the 'Sur'.

I am graceful, I am poetic, I am sensitive, I am visual, I am sensuous, I 'go with the flow', I experience the rhythms of life, I am dynamic I am humorous, and I like me. Who am I?

I am the higher energies of the 'Gl'.

I am focused, I am dynamic, I am practical, I am expanded, I am contained, I offer direction and guidance, I have a strong foundation, I am balanced, I am thoughtful, I am provocative, and I am magnificent. Who am I?

I am the higher energies of the 'Gy'.

I am charming, I am child-like, I am sensitive, I am beautiful, I am vibrant, I am courageous, I am delicate, I am a nurturer and I am mindful. Who am I?

I am the higher energies of the 'Dan'

I am outrageous, I am funny, I am expanded, I am a dare-devil, I fly, I experience, I relish, I vibrate, and I make the most beautiful music. Who am I?

I am the higher energies of the 'Zar'

Dear friends, this little 'party game' was deliberately provoked, to help you understand that what you perceive of self is not always who you are.

You may choose to explore only a part of self, or you may choose to hide from what you really are. Many, who are sensitive at core, may put on the face of bravado and callousness. Others, who are highly intellectual at core, play the earthly game of stupidity.

You are now ready to look at the core of self and of others, rather than the earthly persona. Learn to 'know thyself'. It may interest you to know that most people have a 70% erroneous view of self!

Take him, for example (Sohrab points at self). He perceives himself to be challenged in the areas of technology and computers; yet, at core, he generates the energies required by those on earth to create advancements in these fields. Is it appropriate for him to touch this aspect of self? Yes it is, yet he resists this.

(To 'Kau') You, dear friend, persist in seeing yourself as limited; yet at core, you are a wise soul. Many in the spirit realm turn to you for guidance and advice, and for the benefit of your innate wisdom and knowledge. Start to acknowledge this now.

(To 'Vna') – At core, you are precise, and have a decisive structure. You can process, assimilate and digest universal knowledge at an accelerated rate.

(To 'Zar') – You, at core, have a perfect yin-yang balance. Yet this tends to move into imbalance in your current incarnation.

(To 'Stl') – You, dear friend, are a Master of Relationships! ('Stl' starts banging her forehead with her palm) Yes, please continue! Feel free to use the wall behind you, if you wish! (All laugh)

You are indeed a master of relationships. You work, at a soul level, to help the concept of relationships evolve; not only on planet Earth, but for other societies around the Universe. You facilitate new levels of acceptance, understanding and oneness in this area. Would you have ever known this about self? ('Stl' shakes her head in disbelief) Exactly!

(To 'Fr') – At core, you are extremely artistic. You are a creator, and initiator, and an energetic 'dancer'. You allow your core femininity to constantly create, and to flow.

On earth, you perceive yourself to be practical and questioning. Yet at core, you are all-embracing and all-creating.

(To 'Nil') – At core, dear friend, you are the epitome of balance and alignment. Yet on earth you see yourself as the opposite. Simply touch your own core structure to correct these imbalances. You do not have to 'learn this' from others: they need to come to you for guidance!

Group Member: *Surely all of us have all attributes, at core?*

🌈: A good question! Yes, your core embraces all possible aspects and attributes of the Universe, yet each soul has a 'central column', which is unique; and it is around this central column that you grow and evolve. For example, one person's center may be love; another's may be wisdom, and so on.

It is now time for you to explore, deliberately and consciously, who you are, at core. You can choose to do this in meditation, or simply by asking self to reveal this to you. You can also discover aspects you have not chosen to explore in this lifetime.

For example, it has been revealed to him (Sohrab) that he was one of the creators of the English Dictionary. Now this has no particular relevance in this lifetime, yet he has a

residual appreciation of the English language, and its words and nuances. He has a great appreciation of literature as well.

(To 'Nin') - At core, you have pure science. You have medical knowledge, and the ability to heal the body. The energetic surgeon within self is very potent.

Group Member: *How do I use this energy?*

🟠: This does not mean that you should now wield a scalpel and perform operations on unsuspecting friends! (All laugh) But the next time you are offered the opportunity to heal self or another, simply know this about self, and work from your core. Combine your intuition with your deep medical knowledge, drawn from self, and work from complete faith in self.

(To 'SP') At core, an occult Master. Who has a deep understanding of numbers, and who can use them at will. One who is a deep and expanded psychic; yet one who refuses to acknowledge this aspect of self in this incarnation. One who needs to combine practicality with intuition in a perfect yin-yang balance.

Yes, you have, in the past, deemed self too flighty and 'up in the air', and have therefore chosen to exercise your practical side; yet you need to add to it, your innate psychic wisdom.

(To 'Nim') – At core, a Master with Animals. You have the ability to connect and communicate with them. To serve and embrace them. To understand them.

(To 'Hen') – Philosopher,

(To 'Tus') – Mathematician

(To 'Anu') – Doctor

(To 'Pre') – Gynecologist,

(To 'Jen') – Liaison officer: bringing light energies together.

(To 'GM') – Stand-up comedian: the ability to touch and generate healing through the power of laughter.

(To 'Hra') - Marine expert: you have a great understanding of marine life.

BLESSINGS FROM THE ENERGIES OF THE SORRABB PUNIWALA,
COMBINING WITH THOSE OF THE SOHRAB.

🌅: The current energies of Planet Earth, particularly during the last couple of weeks, have been difficult for most. Many have experienced fatigue, a lack of energy, the inability to think clearly and feelings of being overwhelmed by life. This is a very rigorous time for all of humanity.

Humanity, as a collective, has chosen this brief period in which to purge relentlessly. This vigorous energetic cleanse will affect different people in different ways. But you can't run away from it.

When you feel this heaviness, this fatigue, you are simply resisting your personal purge. Instantly ask self what you are resisting, and allow the issue or issues to arise. Face them head-on.

If a particular word arises, explore it, even if it seems meaningless at first. If, for example, you get the word 'pain', yet your life seems harmonious at that time, delve deeper into it. Where are you resisting your pain? What situation do you need to examine, in relation to it? Does it come from childhood? From your current situation? Where are you not acknowledging your pain?

Do it the instant it arises, even if you are in the middle of a party. You now cannot defer it to a later moment in time.

This year, we refuse to listen to you, when you say "I don't know how to do this. I am not evolved enough to self-search". Not acceptable anymore. Have the courage to admit to your own magnificence. Your own innate ability to examine self. Yes, of course you can ask for help or guidance from another; but you are the ultimate seeker and analyst. Others may guide you, but only you can do the work.

BLESSINGS FROM THE ENERGIES OF THE ANU SHARMA,
COMBINING WITH THOSE OF THE SOHRAB.

Today, the Sohrab energies were deliberately moved into the background, to permit you to work through him. Understand, through this exercise, that you, individually and collectively, hold these meetings. Each and every one of you is energetically responsible for their content.

And so it is.
