

19th May, 2011
ENERGIES OF THIS GROUP
THE LEMURIAN COLLECTIVE
Channeled by Sohrab

The Resurgence of Lemurian Energies

Trance Channeling begins..

Now that you are all able to go beyond time and space, take a moment, here and now, and moon bathe. Visualize yourself sitting directly under the light of the recent full moon, and bathe in its energies. (Pause) How do these energies make you feel?

Group Members: *Dense, light, vibrant (and other inaudible answers)*

These are the energies of the recent Buddh Purnima, which are as present, at this moment, as they were a few days ago. Much of this comprises the energies of the ancient continent of Lemuria.

Now this is not the only aspect of the Buddh Purnima energetic influence on Earth, but it is one of the major triggers that has taken place, and is currently taking place.

The lost continent of Lemuria, in terms of the current now, is a collective filled with ancient wisdom, knowledge and technical expertise and these energies, which have been activated by the lunar rays, are now beginning to filter upward and spread throughout Planet Earth. This knowledge, wisdom and awareness is being offered to each and every individual, to use in any manner he or she desires. Therefore each of you will take the activation offered to the level you choose, and into the areas you choose. This intensity will last for approximately three weeks.

This is, therefore, the ideal time to draw upon these energies, and explore any subject or aspect of life that, in your perception, you lack knowledge; or any area that you have resisted over years.

For example, if you have been 'technologically resistant' to computers, this would be the perfect time to start working with them, or to ask someone to teach you about them. The surrounding energies would make it smooth, easy and clear to you.

Similarly, if there is a personal 'insoluble' problem or situation that you have faced for years; draw upon these energies to view the situation afresh, for an expanded point of view.

These Lemurian energies are extremely acidic in nature. When you take them in, you may experience minor physical symptoms like acidity and muscle cramps. So, during the next three weeks, it would be beneficial to all, to make sure that their nutritional intake is relatively alkaline.

This 'acidity' can also extend into your thought processes: you will find yourself thinking with greater sharpness and clarity; but also, possibly, with criticism and judgment. This is only temporary: understand it and accept it. Please do not block these magnificent energies from entering self.

The collective human consciousness desires to combine 'the old with the new'; it desires to re-connect with ancient energies, ancient technology and ancient wisdom; and to merge this seamlessly with modern, cutting-edge knowledge, wisdom, technology and science.

Expect, during the next few weeks, a few astounding breakthroughs in science and technology. You may only hear of these at a later date, but they will occur very soon. There are likely to be sudden 'leaps' in the areas of computer technology, astrophysics, astronomy and psychology: these areas are being strongly influenced and enhanced by the Lemurian energies.

The Lemurian energies are also attacking (yes, the word is *attacking*) the media. *Finally, the consciousness of Planet Earth has collectively welcomed knowledge of Universal friends, UFOs, ETs and other such 'alien' concepts.*

The Lemurian energies have receiving permission from the collective consciousness of the human race to provoke the media into reporting this on a worldwide basis. This has already begun, but it will now intensify.

Your films, TV and internet will now regularly showcase aspects of Universal friends, alternative realities, parallel dimensions and the like. The media is also going to now offer proof to the world of their existence: expect dramatic exposés, to prove, without a shadow of a doubt, the existence of your Universal friends..

We wish to thank groups like yours, around the world, who have urged the collective consciousness in this direction.

Group Member: *Is it true that Lemurians still exist?*

There is an entire race of Lemurians, in physical existence, within Planet Earth. They have evolved, just as all other inhabitants of planet earth have evolved; and have adapted to their environment.

The current Lemurians are highly enlightened beings. They are also very reclusive, and do not wish to interact widely with the surface inhabitants of Planet Earth.

This does not come from arrogance or superiority on their part: they are simply aware that their very high, yet delicate vibrations would adversely affect most others, with direct contact. They also do not desire to 'contaminate' the consciousness of the Human race; as their high frequency might cause it to short-circuit.

Can a collective consciousness 'short-circuit'?

Indeed it can! Take physical examples: you get the 'urge' to join a gym and work out, but with over-enthusiasm on the first day, and without the proper guidance, you might over-do things and pull a muscle. Similarly, a poor person who suddenly comes into a fortune can find it 'going to his head': he might use the money to his adverse benefit. His very personality might change.

The collective consciousness can also be similarly swayed, sometimes to its detriment.

The current Lemurians exist deep within planet Earth, in caves and mammoth caverns; some so vast that they could be perceived as 'having no boundaries'. They have highly sophisticated methods of harnessing power: they can not only tap into solar power and the power of the oceans, tides and water; but also into mineral and crystalline power. They are also fully cognizant of all that is taking place on the surface of the planet.

Group Member: *What are they physically like?*

They are not as physically dense as you are. Their structures contain solid matter, minerals and light; therefore they are able to 'shape-shift' to suit their convenience, by changing the vibration of their 'matter' to suit their environment. This is not as outrageous as it sounds: some of your sadhus have been able to do just this.

They have no need for a physical language, as they are highly telepathic. This enables them to retain their individuality, and yet to think for, and as, a collective. They are also in full communication with the Universal friends of their choice.

Do not think that they are 'perfect beings': they, too, have to grow and evolve; but their learning curve is different to that of the human race.

Group Member: *In 1939, a certain scientist visited the North Pole, and found vast tracts of land, as he described, 'beyond the north pole': presumable in an alternative dimension. It has also subsequently been discovered that there are shafts leading deep down into the earth from both Polar Regions: are these entrances to the Lemurian caverns?*

Yes, both points are correct. There are many such shafts, some of which go all the way from the North Pole to the South Pole. Most of their entrances are energetically shielded, and in general, they cannot be 'discovered' unless the person is of the appropriate vibrational frequency to align with them. Of course, there have been a few 'accidents' along the way.

Remember, the Lemurians are not limited by concepts of time and space, as you are. By simply shifting dimensions, they are able to maneuver massive crafts out of a shaft that you would consider tiny.

These shafts have many functions. They serve as physical passageways for beings to use. They serve as energy conduits. And, in many ways, they are also the 'nostrils' of Planet Earth: she breathes through these, drawing in Universal energies of her choice, and releasing that which needs to be released.

Why can't she just 'breathe through her skin'?

She does, most of the time. But when she 'breathes in' through her skin, the energies will have to first pass through all of you. Sometimes, it may be necessary for her to 'inhale or exhale' energies that are not necessarily appropriate for her external inhabitants.

Group Member: *Are the current earthquakes being caused by the dissemination of the Lemurian energies?*

Not all, but some. Occasionally, an energetic burst is necessary for their dissemination.

Group Member: *Why?*

Through an earthquake, old energies trapped in the ground are released, and in the 'void' created; new, desired ones are replaced.

Similarly, those who experience the effects of the earthquake, do so for exactly the same reason.

Those who 'pass over' at this time require this 'new dose' of energy at that precise instant, before they return to spirit, for personal growth reasons.

In general, through violent earth movements of any kind, solidified clumps of trapped, dense energies are scoured out of the planet.

Let us give you an example: Take Auschwitz, for example. The pain, suffering and trauma of all its past inhabitants have filtered in the earth below it, and in the neighboring areas. When the time is right, these kinds of energetic clumps have to be

rooted out. Just as you would use corrosive acid to clean out a stubbornly dirty utensil; so must planet Earth use strong measures with contaminated areas of self. But when this is done, they are always replaced by vibrations of a much higher frequency.

Group Member: *Are the current financial upheavals being caused by these energies?*

Almost entirely. These energies are offering the human race the opportunity to reassess their concepts of money and finance. It is unfortunate that the collective will not awaken unless thoroughly shaken up. The wealthy are being forced to experience virtual (but not necessarily real) poverty. Even the actual 'poor' need to be shaken up: many of them are creating their poverty through feelings of being undeserving and worthless. They need to learn that they have an equal right to physical money, a better lifestyle, and Universal abundance.

Group Member: *I can sense a lot of Universal friends around Earth at this time.*

During the recent past, Planet Earth has been surrounded by more visitors than it has ever experienced before. There are a host of new 'visitors', all working joyously, in their own way, to serve humankind and Planet Earth.

Each is here for a different reason. Some are acting like 'agent provocateurs', deliberately stirring up energies, people, events and the media, to provoke a shift in the consciousness. Others are working as 'retrieval experts'; helping bring about order and expansion after such a shake-up. Yet others function as 'energy doctors', guiding Earth's inhabitants both physically and energetically, through these processes.

You are truly not alone; you have a host of wonderful, vibrant, energetic guests: please welcome them.

And now, dear friends, you will even get what you have wished for, for so long. Those of you who have worked on your energetic 'sight' will now be able to see them with the naked eye/

Group Member: *Why do I feel that the group energy is very 'different' today?*

(Addressing Ruki) Please scan this group and describe what you see.

Group Member: *I am seeing a lot of energy on one side and on the other side... I can't figure it out.*

(Addressing the group) The channeling is taking place in a different way today. What are you experiencing? Do you notice anything different?

Group Member: *The group energy seems very low.*

Group Member: *Yes, subdued.*

Not much power –

Group Member: *Sohrab's face seems 'plumper' today.*

All of you, including him (Sohrab) have been placed in a sacred chamber of energetic suspension. Hence your observations of the group being 'low' and 'subdued'. There are also two shafts of light, on either side of him (Sohrab), and he is receiving 'energetic spokes' from them.

The reason for this elaborate set-up is simply because the energies now being accessed by you, through him, are of such conflicting vibrations, that should you receive them directly, you would go into energetic shock.

Group Member: *How do the current Lemurians procreate?*

As described earlier, they have a physical form vaguely similar to that of the human race. However, they do not go through the processes of 'carrying a child' like you do.

When they unite, they go through a 'joining' far beyond that of the human sexual act. Your orgasm is primarily at the physical level; they orgasm at every level possible, simultaneously.

Through this process, the 'parents' can choose what attributes they wish to offer the child: one may offer it strength, courage, and wisdom; and the other may offer it gentleness, compassion and the ability to nurture. This is done consciously, and with joyous precision. It is the 'skill' of the parents that is applauded in their culture.

Similarly, the parents need not be a couple. Sometimes three or more beings may choose to unite, to give rise to the desired offspring.

Group Member: *Do genetics and cellular programming also count, as it does with us?*

Yes, indeed it does. But they have consciously attempted to alter this, with their levels of consciousness. You must understand that, even though they have evolved from earlier beings that had great knowledge and wisdom; they also have a history of arrogance, violence and aggression. They have worked for eons to shift this; it is their greatest challenge.

Group Member: *So does each generation better itself?*

Yes, it does, due to the desire of the parents each time. They wish to better their offspring. However, this requires great skill, as even though they wish to minimize their genetic coding of aggression; they know that they cannot eradicate it entirely. If they did, their future generations would, for example, be incapable of self-defense or self-preservation. So what they are working towards, very consciously, is to move from a coding of aggression, to a coding of power.

Group Member: *How do the Lemurians travel?*

(Note: Here the energies seem to shift slightly; they become 'first-person')

We have physical crafts that we use, for travel outside planet Earth. But we also have the ability to tele-project ourselves to any part of the Universe that we choose. This is complicated to explain: your closest reference is a 3-D holographic experience, or virtual reality; yet for us it is not virtual, but real.

We often 'holiday' by placing ourselves in deep meditation, and simultaneously exploring the Universe. We actually prefer this to the physical act of travelling.

Group Member: *Do you experience 'unconditional love'?*

When any incarnated culture has a history of violence, anger, abuse and separation (the non-love aspects), this can, over time, get diminished and replaced; but it never gets totally eradicated.

It is true that our overall 'love-quotient' is higher than yours; but we are not in a state of divine bliss and ecstasy. We do, for example, experience impatience and one-upmanship. But as we are so 'aware' of the collective, this is minimal.

Group Member: *Is the media on Earth the only way to spread awareness of Universal friends? What can we do?*

Oh no, the media is only the start. The media, being so wide-spread now, can indeed provoke human consciousness, and promote acceptance. Do not dismiss sensationalism: it is a wonderful tool to open closed minds. And slowly, a ripple effect will take place.

As individuals, you can do many things. Spread awareness; as he is doing now. Have faith in your own abilities to communicate with your Universal friends: all of you can do it, if you believe you can. Listen to the messages received. Acknowledge the existence of the Lemurian energies within self, from this moment onward. If you do, you will begin to experience it consciously and tangibly.

Group Member: *Are our Universal Friends giving us messages?*

Constantly

Group Member: *I ask because this very morning I got a strange message: it said “we love you – be like a flower and open up.”*

Dear friends, please listen to the messages you constantly receive, not only from Universal friends, but from all sources, including self! Do not always expect them to be ‘spiritual’! For example, you may be cooking, and ‘get a message’ to add a certain herb or spice to the food...that is an equally valid message, and a timely one!

Group Member: *Can you give us a physical description of yourself?*

Even among ourselves, we have different species. Some are humanoid, but if you saw us, you would see multi-colored hues and lights in our ‘skin’. These are vibrational changes that we make, moment to moment. Some of our species have experimented with scales and fins: we have occasionally been mistaken for mermaids. Remember, we can shape-shift, therefore we can experiment with self, including our appearance, much more than you can.

Group Member: *Is water very important to you?*

Very. We work with water and with crystals constantly. We can harness water energy to do most tasks.

This may interest you, though we will not speak of it in detail today: ***between the molecules of water are energies that the human race has not even begun to tap.*** We use these energies to provide us with the appropriate power and nutrition.

Group Member: *Are the portals from the Poles entrances to your home?*

Some are, but not all. We repeat: we are not bound by time and space, as you are. We could make a cavern this size; indicating the meeting room, expand to fit in 20,000 beings; and yet the physical space would not change. We have the ability to change configurations, energies, climatic conditions and vibrations to suit ourselves.

Group Member: *When Lemuria was a continent on Earth, did you have a physical form like us, which has now gradually adapted to what you are today?*

Indeed we did.

Group Member: *How much can you ‘shape-shift’?*

If we wish to enter an underground oil field, for example, we can transform ourselves into a semi-liquid state and remain there for a limited period.

Group Member: *I work with water crystals: can you speak to us of these?*

You have all understood how water droplets respond to various emotions; you are able to decipher differing patterns in snowflakes. What you are not yet able to see are the hundreds of portals that open up, in a single drop of water; each one leading you to a different physical, energetic, emotional and spiritual destination. Had you the appropriate energetic configuration and technology, you could place one drop of water in front of you, and use it as a transportational device, to take you to the ends of the Universe.

Group Member: *Are you suggesting that we look to water as an alternate means of fuel, heating and transportation?*

Yes. You will slowly understand the power of water and crystalline energy; you will have to learn how to combine these earthly elements with lunar and solar rays, to effortlessly feed and electrify the entire planet, without any harm to earthly elements.

Group Member: *So what stopped it, our consciousness?*

Laziness, greed and separation; even with your current technological awareness, you could feed and supply fuel to the entire world, using only natural elements; such as crystalline power, the soil itself, and solar energy.

Group Member: *So help us make the shift!*

We cannot force you to do anything, dear friend! We can only help you empower yourselves. We have no permission to violate the human collective consciousness; but we do have the permission to begin introducing, into it, alternate possibilities; which is precisely what we are doing now! However, we have been given the permission to 'attack the media', which is also in process.

It may interest you to know that almost all of your Indian deities had aspects which came from a Lemurian Deity: the Shiva, for example, was a very predominant aspect of Lemuria; as was the Ganesh; as is the Hanuman; and of course the Christ.

Group Member: *What about the sages?*

Almost all the sages have seeds of Lemuria within self. Many also have the Atlantean influence as well. Most of you, today, are a combination of elements of both these societies. In other words, we are your ancestors!

BLESSINGS FROM THE COLLECTIVE ENERGIES OF THIS GROUP.
BLESSINGS FROM THE LEMURIAN COLLECTIVE.

OM NAMHA SHIVAI, OM NAMHA SHIVAI, OM NAMHA SHIVAI
