

7th July, 2011

THE GERMAIN

Channeled by Sohrab

The Energy of Breaking Bonds & Strokes Visitors from Deep Space

Trance Channeling begins..

The next month is vital for one particular activity: that of ***breaking bonds***.

This energy flow will last approximately 30 to 35 days from this moment onward, and if you so choose, you may 'ride upon the wave' and break all kinds of bonds that have held you captive over lifetimes.

Let us look at some of these bonds.

From the widest perspective, there are bonds you might have carried forward over lifetimes. You might be bonded to a vow of poverty or chastity, for example, which you might not even be consciously aware of, in this lifetime. Similarly, you might be carrying forward an issue of victimhood, or bigotry, or lack, and playing out this pattern over and over again.

Then there are family bonds: aspects that an entire family, generation after generation, is trapped in, as a collective.

And then there are earthly bonds you create in the current lifetime, in which you are enmeshed: patterns and belief structures that have now become 'energetic corsets' that grow tighter and tighter over time.

The task of freeing yourself from these bonds has to be done personally; you may take help along the way, but the actual act is a personal one, and is reliant upon your own power.

You will have to introspect deeply, and clearly define your bonds. You then have to understand why you have created these bonds, and then choose to shift into another space of existence.

Many in this room, for example, are enmeshed in bonds of chastity and poverty. Please understand that 'chastity' does not only refer to sexual abstinence, but also to lack, constriction and deprivation in other areas of your life.

Group Member: *Could one call these bonds 'constraints'?*

Yes.

As service to self in this area, you will now start creating events that offer you the opportunity to face and identify these bonds. Be alert to these throughout the day: situations of varying degrees of magnitude will arise for this very purpose.

Group Member: *Could there be a bond with space, rather than a person?*

Yes, if you feel yourself excessively bonded to, or stifled by, a particular space.

Group Member: *Can we break a negative bond and try to transmute it into a positive one?*

You can free yourself of it by first understanding why you created it, learning your lesson, and then choosing to exist in another reality. This new 'space' is not another bond, but an energetic space of choice.

Let us look at a practical example: assuming you have a certain constricted, repetitive pattern with your husband. When you examine this, you find that you are playing the victim to him. You may then realize that this pattern is not only between you and your husband, but that you play this with several others as well.

Now, having identified this bond, you must first take responsibility for having created it, and then self-search, to find out why. Only after this is done can you choose, through strong intent, to sever the bond, and replace it with another state of existence. Perhaps this could be the choice of living 'as an equal' with others, instead of constantly playing the doormat.

The final stage is this: you have to take action and begin *to live it*. You have to touch your own power, and stand up to the upcoming situations. Face them. Speak out in balance and power. Hold your own. In short, you have to live the change you have just created.

Group Member: *How often can you change the change?*

As often as you desire, and with whomsoever and whatever you desire. The human race is currently ready for a collective shift in its patterns and belief structures. It is ready for this metamorphosis. And therefore it has drawn to self the appropriate universal energies, to facilitate this.

Now, even when the collective had drawn these energies to self, you still have individual choice: you can resist these changes, or you can choose to flow with them. Those who

resist will simply find their personal circumstances getting harder and more intensive...this is natural, as at a higher level, all desire the change. The freedom from old bonds.

Group Member: *What if I cannot really understand or find the issues behind the bonds, but I just affirm that I release all of them?*

(Amused) Spiritual cheating will not work! Those affirmations will have no value whatsoever.

Group Member: *Then how does one arrive at the core?*

You will have to put in personal endeavor, and self-search. Using your power, and believing in your power, to arrive at your own answers. Remember, friends, the journey is every bit as important as the destination!

Blessings.

[Sohrab changes energies here]

Dear friends, you also have to examine those bonds that seem very pleasing to self: you may be bound by 'strokes' you receive from those who love and nurture you.

Are we asking you to 'cut these out' as well? Not necessarily, but we are urging you to examine your need for constant external validation, and to *learn to validate self* at all times. This way, you learn to maintain your balance and power; and do not rise or fall, depending on the praise or the brickbats you receive in life.

Through this process, you are learning to move beyond 'the bonds' of your own astrological chart, and your individual ray structure.

Now, this does not mean that astrology or the ray structure is invalid: not at all. But it is now going to be the basis upon which you create the new You, after you have altered or shifted aspects that defined you, so rigidly, in the past.

Many of you, for example, are choosing to move beyond your defining star sign, or a certain planet's influence on your birth-chart, to change the course of your current being.

Now, many of you who are astrologers will find your work getting more and more interesting and challenging, as you will have to intuit which of the old codes still apply to your clients, and where they configurations have changed! In short, you are moving towards 12-dimensional astrology.

Similarly, the Ray structure that has been shared with many of you, in the past, is still valid and still has a hold upon your cellular structure and your energies; but some of you are choosing to move beyond the vital influence of certain rays. Others are combining rays in a manner not considered before. Such is your current power, and your current desire to change.

It was inconceivable, in the past, to be able to free oneself of one's planetary influences. But it was also inconceivable, in the past, that women could have the right to vote, or that black people could hold an equal position in society.

So, dear friends, please use the current energies wisely and joyously. Free yourselves of your bonds.

We wish now to introduce you to a set of visitors who have arrived from deep space. They wish to briefly communicate with you, and are joyous to be able to do so with the human race, a species they have never encountered before.

They are energetically incompatible with him (Sohrab), so we will act as the liaison, and will speak for them.

(Sohrab starts laughing) The human experience is novel! It is our pleasure to experience the energies of beings as diverse and vibrant as you. Let us attempt to introduce ourselves, not by name or position in the universe, but by our joyous differences from the human race.

We, as a species, have no concept of 'the past, present or future': this, to us, is almost incomprehensible, as we only exist in THE NOW. Everything is simultaneous.

As we interact with this aspect of you, we find ourselves disturbed: you seem so bound by experiences that you *have had, or will have*; rather than those that you *are having*.

We also find your concept of 'family' novel: we consider our entire species 'our family'. We also find your experiences of loneliness and lack of love and nurture rather disturbing.

Would you like to question us?

Group Member: *When you say you 'live in the now', then do you have any concept of time? Does 'the now' feel like a second or a lifetime?*

We have no time, so we would have to say 'a second and a lifetime'. The Now contains it all.

Group Member: *Then, by interacting with us, how can you experience time, if you are timeless?*

Forgive us, dear friends, for our seeming lack of lucidity. We are working through his (Sohrab's) limited concepts and language, and they are very 'alien' and restrictive to us.

To try to explain: we are experiencing, in the now, your concepts of the past, present and future; and *simultaneously* we are experiencing other Universal societies with whom we are interacting, and their various, differing concepts of existence. Yet, to us, it is all The Now.

Even using linear language like yours, where one thought precedes the next, is strange. We absorb all simultaneously.

For us, there is no concept of a 'future generation': there is only the now, and we all exist in this together. This is the basis of creation; which you perceive as being a step-by-step process: it is not; it is simultaneous, in The Now.

Group Member: *What is your form?*

We have no definitive structure that you could visualize. Let us search his brain for an acceptable concept...you could visualize us as differing points of light, each with an unique colour, frequency and vibration, but indistinguishable as a collective.

Group Member: *What is the purpose of your visit to Earth?*

The simultaneous experience of the Universe. We visit and experience all. Do we imbibe your concepts? NO, but we experience them and grow.

Group Member: *So what is the main purpose of your existence?*

Is-ness: experiencing IS.

Group Member: *Is the human race ever going to experience this as a collective?*

Doubtful, doubtful.

Group Member: *What dimension do you come from?*

All: we are not bound by dimension. In fact we do not quite understand your concept of dimensions: from our perspective there is no separation between dimensions as we exist in all, simultaneously.

Group Member: *Do you have a connection with the great central sun?*

The great central sun, as you term it, is our core, our nucleus.

Group Member: *So you are limitless in a limitless moment.*

You could say that, you could say that. Yet, we are not the source.

Group Member: *You were introduced as an 'entity from deep space': does that mean that you are not from the solar system?*

We are not from anywhere, we are from everywhere. We traverse all.

Group Member: *So how would you describe us, in comparison to yourselves?*

We have no desire to be rude, but we would view you as you would view an amoeba—but without judgment.

Group Member: *You always live in the present, so you have no memory?*

Memory is based only on the concept of the past, and a linear time line. Since we have full knowledge of all, simultaneously, we would prefer to call that consciousness, rather than memory.

Group Member: *How many of you are there?*

Billions and one, at the same time.

Group Member: *Is it even possible for us to continuously inhabit 'the now'? We are not constructed that way.*

No, you are not. This visitation serves us both: you begin to understand that the Now is possible, and you begin to touch it for brief moments in your lives. We learn to experience separation in the Now. Not to imbibe it, but to experience it.

Group Member: *So when masters like Eckhart Tolle urge us to live 'in the now', we are able to touch it, but not exist in it?*

It is what you are working towards.

(The entity leaves)

Dear friends, before we close the meeting, we need to explain that these friends were speaking were speaking from a perspective beyond that of his (Sohrab's); hence the communication was relatively 'incomplete' and abridged.

We also wish to thank you (Nisha) for your energies, which facilitated this session.

BLESSINGS FROM THE GERMAIN.
