2<sup>nd</sup> February, 2012 THE HIGHER SOUL OF KIM THE CHRIST OFFICE. THE ARCHANGEL URIEL. THE BROTHER JOSEPH. *Sohrab's channeling:* 

> THE MEANING OF 'OPPORTUNITY KNOCKS' THE ENERGIES OF 2012, AS THEY IMPACT ADULTS:

- MARRIED COUPLES
- COUPLES IN AN EMOTIONAL/SEXUAL RELATIONSHIP
- FRIENDSHIP
- CHANGING ATTRIBUTES OF MARRIAGE and FRIENDSHIP

Trance Channeling begins

The energies of Kim came through to address a group member whose brother had just passed over. It was explained that he was experiencing 'numbness', and the group was asked to direct energy to the soul, to help him advance.)

The meeting then continued:

Tonight, as you are falling asleep, you are requested to focus upon one or more souls of your choice, and to offer them healing energy. By this, you are forming a contract with them, to work with them in the astral during the course of the night.

There is a reason for this: a certain 'energy gene' has been activated within each of you today, and this will be at its strongest during the next 24 hours. Use it joyously for self first, and for others next. You will also be able to use it to its maximum during the sleep state, as your conscious mind will not be there to impede the flow of energy.

This energetic gene knows no limits: you can choose to work for the entire planet as effectively as you would for a single individual. Having said this, you need to be specific about your chosen intent. You can offer these energies to people, spirits, situations, countries, anything that you choose.

So tonight, make specific intents, and then go to sleep, trusting that the work will be done.

Remember to work for Self first!

Can we include pets, and non-loved ones?

Most definitely! Please do include your 'enemies' as well! (All laugh)

When working for self, do include aspects you wish to assimilate: these vibrant energies will speed up the process. And let us assure you that all those you work for will be energetically very grateful to you.

BLESSINGS FROM THE HIGHER SOUL OF KIM

(Sohrab shifts energies)

(Addressing R) Welcome! Her (Kim's) work has begun in earnest now. Even in the spirit realm, she is impatient, and desires to move forward, grow and evolve at a very rapid rate. She has gone against the advice of her guides, and has begun rapid soul work! She is well on her way to recovery and expansion!

(Addressing the group)

OPPORTUNITY KNOCKS—

You have heard of this expression many times: let us help you understand it more fully.

The single desire of every particle, fragment, and aspect of the Universe is to grow and evolve. Growth, on Earth, can only be achieved through opportunity. If you existed in a mental, physical and emotional vacuum on Earth, you would have nothing from which to learn and grow.

Earth's very structure offers each of her inhabitants various moment-to-moment opportunities, from which to learn and grow: be they pleasurable or conflictive.

When an opportunity presents itself to you (and you receive thousands of opportunities in a single day), what really happens is this: the energy of that opportunity begins to vibrate in your cells...Opportunity Knocks. This vibration offers you a 'pull', which you sometimes take, yet often resist.

The human race has a love/hate relationship with this energy: a part of you desires this experience; yet often the earthly aspect of self shies away from it, particularly if you realize that it will not be particularly 'pleasurable'.

Let us take a practical example to illustrate this: you are caught up in a 'victim game' with a certain person, and the opportunity presents itself to you, to stand up for yourself and to speak out. Your energies urge you to do just this; but you fight this urge, preferring to remain submissive.

The 'pull' takes you in one direction, and your resistance in the other. This 'tug-of-war' leaves you feeling energetically drained, depressed, disillusioned, worthless, and disharmonious. Your very soul music becomes discordant.

When your soul music goes awry, even for a few micro-seconds, a chain reaction is set off in the entire physical body: the blood vessels and organs start to vibrate at an uncomfortable frequency, you get gooseflesh, the rhythms of your digestive system go off-balance, and so on. These changes may be so miniscule that you don't even notice them, but they do disturb your overall harmony.

Now, if you stop resisting the opportunity and change course, you instantly begin to correct all these imbalances that you have set into motion.

Unfortunately, you are so accustomed to resistance and to internal disharmony, that you are often more comfortable being uncomfortable.

Please be aware that, during 2012, with all aspects magnifying, when opportunity now comes knocking, and you resist it, you will throw yourself off-balance to a much greater degree than before. Therefore the disharmony you experience will now be very tangible, and hard to ignore. But simultaneously, when you align self with Self, and take the appropriate opportunities, you levels of harmony will be ecstatically pleasing.

Please be alert: take all the opportunities that the Self guides you to: use personal discernment at all times.

Does the mind resist these appropriate opportunities, or the gut?

The mind often plays lovely games with you.

If, by the term 'gut', you mean 'intuition', then no: intuition always serves you well. But the human race often mistakes 'gut' to be the resistance that builds up in the solar plexus area, which physically contracts when 'attacked' by your own fears.

Once again, we remind you that you are now so familiar with energetic 'cramps' of resistance, that these now feel 'normal' to you.

Check your bodies here and now: see how much tension all of you are carrying in different parts of the body. (Pause)

More than half the room still has unnecessary tension in the shoulders and the hips. Please release this consciously. (Pause)

Much better! See how 'normal' that seemed to you? You weren't even aware of it.

Now let us continue with the series: the energies of 2012, as they impact adults.

Let us first examine the most obvious relationship: that of *husbands and wives, or those who are in an emotional/ sexual partnership.* 

For both partners, a Pandora's Box is going to be yanked open, and all the suppressed, hidden, undiscovered issues (and magnificence) are going to pour out and be brought to light.

This is equally applicable if your partner is in physical or spirit form; if you are separated, divorced or widowed; if you live together or stay in different continents; if you communicate or haven't spoken to one another in years.

The Pandora's Box will open individually for each person, and slowly the energies will begin to merge.

The initial release, which will take place approximately till March, will be a little rough. You may find yourself experiencing a lot of finger-pointing, playing the blame game, and simultaneously re-living memories of wonderful moments together.

If you are alert, you will discover aspects of Self in the marriage which make you uncomfortable; and at the same time, aspects of self that you have never before appreciated. Please allow both to arise, for acceptance and assimilation.

Post March, the energies of the two separate 'boxes' will start to slowly merge. This merger does not make everything 'wonderful and rosy', but offers you the opportunity to view all aspects of the marriage from a much wider, more embracing perspective, if you so choose.

We can hear your thoughts loud and clear: "I am willing to work on my marriage, but my partner is not! So what do I do about that?" (The room erupts into laughter)

When the energies start to merge, as they will, post-March, your only responsibility is to work for self: you cannot and will not be able to work for your partner; that is his responsibility. You can only work for self.

The energies will offer you, very practically, a clear and expanded view of yourself, your partner, and your energetic contract. You will understand better where you are both coming from; and why both function, act and react in certain patterns. You will find that you 'intuitively know' how to take the union into a new and healthier space of expansion: this could be coming together as a couple, or even separating in a healthy and balanced manner.

Please note that this information is also applicable to those who perceive their marriage as a full and healthy one: the Pandora's Box may reveal aspects that you have never before acknowledged about self or about the union.

It is also equally applicable to those who are 'single': in their case, the marriage is to themselves. They have to learn to love and honor Self.

In the case of a divorcee, one who is separated, or a widow, the issues arising will be two-fold: the acceptance of self, and an examination and assimilation of unresolved issues from the past.

It's going to be a very, very vibrant year: both partners are going to visit memories of all kinds, pleasant and unpleasant, vibrant and gentle. Assimilation is of paramount importance.

Do not pre-suppose what is going to arise; let Self guide you in this. If, for example, you have a turbulent relationship; do not resist amazingly loving, warm memories that may also surface. These are not random: your own consciousness will guide you in the best way to work.

Similarly, if you have a harmonious relationship with your partner, do not resist any uncomfortable aspects that may arise: this may be the perfect time to work them through, so that you can take your relationship to new heights.

I am a marriage counselor: I am currently noticing so many 'strange' things happening between husbands and wives right now! This fits perfectly.

Marriages, per se, are rapidly shifting energies in the current year. Some partners are working towards healing their unions, and others are very specifically working towards garnering the strength to separate amicably.

It is an energetically very 'individual' year. If a separation is necessary, the energies will offer full support of this choice; and if healing is necessary, the energies will work towards that. The key is for each partner to touch his or her own power, align with self and the union, and find out exactly what is necessary for self.

Within these marriages and partnerships, sub-concepts such as monogamy, the 'definition' of faithfulness and male/female roles are also being re-evaluated worldwide.

Different areas around the world are exploring aspects unfamiliar to self: for example, a country that has been accustomed to 'open marriages' may now decide to work with a more traditional structure, and vice versa.

Another interesting shift is one of a change in perception, from an earthly marriage to a Universal marriage.

A limited, blinkered view generally defines an earthly marriage; whereas an understanding of the bigger picture defines a Universal marriage. In this, there is no finger-pointing, judgment or manipulation of the partner; but instead, a steady flow of love, understanding and acceptance of the other's magnificence.

For this shift to take place, the 'pendulum must swing to the opposite direction before it finds its balance'.

So, from your earthly perspective, you will find lots of upheavals in marriages, ranging from extra-marital affairs to role-reversal in terms of duties and income generation.

All of this must be explored, before a new balance of mutual respect, understanding and appreciation can be achieved.

More and more people, for example, will now choose to live together in emotional commitment, rather than 'sign legal documents of commitment'. Rules will be broken, and a new set of more expanded structures will be explored.

We urge each and every one of you, single, married or 'committed', to re-evaluate your rules and perceptions of the institution of marriage. You cannot now keep 'playing the same tune', and grumbling incessantly about the same things you did last year. If you do, the situation will only magnify.

Understand why you have created that persistent situation, learn from it, and shift your energies around, to change it. The power lies in your own hands.

Now let us speak of **friendships**. All of you have friends of differing levels, ranging from close friends to distant acquaintances. Of all the shifts in relationships during 2012, this segment is going to be the most tumultuous.

Most of you have gone into a space of taking your friends for granted. This is now all going to change, and will have to be re-evaluated, moment to moment.

## During 2012, friends are going to act as direct mirrors, reflecting to you aspects of self that you need to assimilate.

If, for example, you find yourself being ignored and 'taken for granted' by a close friend, the only way to shift this is to examine self, and truly acknowledge to self where you are ignoring yourself or your needs, and taking self for granted.

If a friend appears to be physically, verbally or mentally abusing you, then rest assured that you are doing exactly the same to self. Have the courage to face upto that fact, identify the areas in which you are 'guilty as charged', and do something about it.

Do not be lateral in your thinking: the external circumstances of the abuse, and how you are abusing yourself, may not be exactly the same; but rest assured that there is most certainly abuse of some form being inflicted on self, by self.

Now tie this into marriage: your partner is not only your spouse, but also your friend. So examine the contents of the Pandora's Box from both perspectives.

Take time to closely examine your friendships: all of you are going through upheavals in this area, and need to examine the issues closely. Be honest with self. Acknowledge how you are feeling, and then turn those words inwards and see how you are doing that to self. Effect the change there.

If you find that the alcohol addiction of a certain friend is really irritating you this year, you cannot turn around and say to self "But I am not an alcoholic!" Ask yourself what you are addicted to. Is it pain? Is it victimhood? Is it 'feeling small about self'?

Friends, like couples, are also re-evaluating and upgrading their individual and unified energies.

Friends, upto now, have often chosen to show only limited aspects of self to the other. Those which they deem 'appropriate'. Now, an exaggerated version of 'their true colors' is beginning to emerge, for self-evaluation and assimilation.

Simultaneously, friends are choosing to explore different facets with one another. A friend, who is accustomed to constantly play the role of 'the caretaker' to another, may suddenly choose to explore 'being taken care of'. One who is constantly the advisor may choose to seek advice. The passive one may become the active one.

Your shields, walls and carefully-chosen defenses are beginning to crumble: you cannot, anymore, 'act a role'. You have to live who you are.

This will extend beyond the boundaries of friendship: if you have, for years, played the dutiful daughter-in-law, these walls will also start crumbling, and your mother-in-law is in for a rather startling view of her supposedly submissive daughter-in-law.

Surely we will continue to 'play games and assume roles' on earth?

Yes, you will, but the old structures must first break down, for you to then move into a much wider, more expansive, upgraded version of the board-game of life.

Why it is that one feels so much expansion this year? I truly feel like I am spreading my wings and doing/risking things I have never before done.

You are quite correct: you are taking the opportunities that come knocking at your door, and living as 'the rainbow warrior', the meaning of which has been explained at a prior meeting.

The more you flow with the natural course of expansive energies, the more you will 'fly'. The more you resist them, the more constricted you will feel.

Remember, this year is really 'what you make of it'.

## THE CHRIST OFFICE BLESSES YOU.

**BLESSING FROM ARCHANGEL URIEL.** 

BLESSINGS FROM THE BROTHER JOSEPH.

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