

16th February, 2012  
THE LOTUS OFFICE,  
THE MOTHER QWAN YIN,  
THE MOTHER MARY, AND  
THE CHIRST OFFICE  
*Sohrab's channeling*

THE ENERGIES OF VALENTINE'S DAY  
ENERGIES OF 2012: How they affect adults in the area of work

Trance Channeling begins

 Welcome!

This past Valentine's Day offered humanity the opportunity to, once again, expand the heart chakra and to simultaneously explore the energetic effects of love, from every single chakra in and around the human body.

67% of humanity did not do this, the rest marginally, and only 3% of humanity truly experienced the flow of love from their entire beingness. None of you in this room including him (Sohrab) were part of the 3%.

Paradoxically, many experienced an extreme contraction of the heart energy, the love energy, and the flow of oneness on that particular day. This is not a criticism, it is an observation; one that you could benefit from, as the energies still exist and will continue to flow, as long as you choose to access them.

Remember, dear friends, that when there is any particular energetic day, be it Valentine's Day, Christmas or a Buddh Purnima, the energies are generally at their most intense for a week before and after the day itself.

However, you now know that you are not bound by time or space, so should you choose to access them months later, you can still do so, with equal intensity.

The activation of love in all chakras is now vital for the progress of the human race. Of course, when we speak of love, we refer to the force of love, the full flow; which is your divine right and the natural state of existence.

Self now demands that you experience physical, mental, emotional, and spiritual love; self no longer permits the constant blocking of this natural flow of existence.

Now let us return to the series at hand: the energies of 2012 as they affect different segments of society. Last week we spoke of how these energies affect adults in marriages and in friendships.

***Today, let us speak of your relationship with work.***

Now, when we speak of work, we do not just refer to your occupation or profession; but also to housework, tending to the family, and work on self-development.

The energies of 2012 are adding a new twist to any 'endeavor': all aspects of work are now mutating.

Let us take a practical example to help you understand this. Upto now, an accountant has had to focus upon his skill with numbers, his ability to read balance sheets, and to advise clients accordingly.

Now, with the new energies, he may find himself counseling his client in both financial and emotional areas. He will need to examine his own (and his client's) abundance issues. He will have to explore the relationship of physical wealth with emotional, mental and spiritual wealth. He will need to add his inner music, artistic and creative sides to his profession.

Many of you are already thinking "How can there possibly be music in accounting?" Your soul music now has to be infused, quite consciously, in every aspect of your lives.

The same accountant will now face challenges in his professional life that he has not previously encountered. These will not be easily solved with conventional, logical thinking. He will have to find creative solutions to these problems. Once again, we do not mean 'fraudulent', but 'creative': thinking out of the box.

Through this process, he will begin to infuse his job with his soul music: the very essence of who he is. He will learn to view his client with new eyes: to examine who the client really is, and how he can help the client generate income by embracing the wealth in different parts of his life.

He will also find that he now cannot separate himself from his client. He cannot now view his client as a billionaire, and self as a 'badly paid peon'. He will probably start by feeling this in an exaggerated form; and will have to move from here, to a space of re-examination of his personal attitude towards abundance.

Now let us examine another aspect of work: that of cooking. And for this example, let us examine a housewife who views cooking as an inescapable chore, and not a pleasurable experience.

She will now be forced to 'connect with the food', and examine why she finds this such a chore. This, in turn, will bring up family and personal issues for examination. The energies of 2012 will work through the act of cooking, to provoke her into doing so. She will have to come up with a creative solution to shift the 'chore' into 'joy'.

The answers will be unique and individual: if ten such women resist cooking, they will come up with ten different answers, each pertinent to self.

Many of you are struggling the 'the battle of the bulge': this year, there can be no excuses. This issue will continue to plague you so strongly that you will be forced to examine the issues behind your resistance to 'come into energetic balance and alignment'.

Do not misunderstand us: we are most certainly not urging you to 'deprive yourself' of food. We are urging you to re-examine your relationship with food, and the issues that you continue to hold onto, in the form of obesity.

This is an ideal time to "***count your blessings***". Now, what does this really mean?

Every time you sit back and truly appreciate an aspect of your life, you form an energy loop with that aspect, which will only magnify with the energies of 2012.

Let us say that you have a loving spouse, whom you now take for granted. If you actually start appreciating all his good points, one by one, you will form a series of energetic loops between his cellular structure and yours. This 'appreciation' will magnify these points; and you will suddenly find him becoming even more loving, caring and appreciative of you. And you of him.

Counting your blessings will further lead you towards increasing your contentment, self-worth, self-expansion and personal magnificence.

(Smiling) You are all so accustomed to 'counting your disadvantages': do this, and you will create the same energetic loop to increase them.

Why not, instead, really take a good look at all the opportunities, adventures, love, support, guidance and nurture you have received all your lives? Recall a teacher from your childhood who guided you, or a word of encouragement from a loved one: surely these merit your appreciation?

Now, blessings are of two types: the first are the obvious ones, which give you pleasurable 'strokes'; but the ones harder to appreciate are the adverse, challenging ones, through which you have become who you are today.

Perhaps it is now time to really look at these as well, and to start to acknowledge and appreciate them. We are not asking you to 'fake spirituality': if you still hate someone from the past, do not pretend that you love them; but it is time to look at the relationship anew, and to start appreciating all the lessons that you have learned, and those that you still need to learn as well.

Do not block out old feelings, but begin to intertwine them with your wider understanding of the situation. Acknowledge their role in your life; acknowledge that you have created them for a purpose,

This Valentine's Day is the perfect one in which to start appreciating your enemies: that vicious teacher who tormented you in school, and that brutal relative who caused you so much pain. Bring them into your conscious energetic sphere, acknowledge your pain, acknowledge how you feel about them; and then begin to really appreciate the role that they have played in your growth.

Now let us speak of those who are in a specific job, occupation or profession. These jobs are going to take you down paths that you never before envisaged.

A company manufacturing one particular product will now suddenly diversify into many others. Those working in the company will have to learn about manufacturing and marketing these.

A fashion designer may suddenly find a decrease in the usual demand for her clothing line, forcing her to perhaps explore designer furniture or household goods, which she has never before considered.

A teacher, accustomed to working by rote from a textbook, may find the students challenging her to such a degree that she has to learn to 'think outside the box', to simply keep up with them.

Each person, in each job or profession, will start to feel nervous and wonder if he can 'keep pace' with the changing trends or demands on self; this is the order of the day.

Now let us speak to the many in this room who are energy workers, psychics, tarot readers, homeopaths, and counselors: your sessions are likely to go in directions with which you are not comfortable or familiar. Many will be faced with clients with strange or unfamiliar energies. The very pattern of your sessions will start to change. The kind of information you are guided to give may be different.

You just cannot try to 'remain the same' in 2012; you are mutating at a very rapid rate, as is everyone and everything around you.


In all walks of life, and in all jobs and professions, you will find distinct personality changes in self and in those around you. The usually kindly boss may turn stricter and more aggressive. Unpleasant co-workers may now become your best friends. The personality of those in your immediate family may follow these unpredictable ups and downs.

This is because everyone is upgrading at a different rate; and simultaneously either resisting the upgrade, or at other times, 'going with the flow'. You will have to accept this process, and find ways to adapt to it, moment to moment.

Here is a simple tool to use: download an 'adaptability energetic gene' from the Universe. Yes, you can, by simply intending this: download it into self, to facilitate a smoother transition from moment to moment.


Why not do this right now? It is free of charge! (All laugh)

*The current energies make me feel as if I am in a whirlwind!*

 You are accustomed to working with energies in a linear manner: moving forward in one direction. You now have to learn how to move forward and backward, side to side, up and down, all simultaneously!

Remember, in this 'race for growth', you are not competing with anyone but yourself, so stop measuring self by your neighbor. If you try to run another's race, you will find yourself very uncomfortable: identify and run your own race.

*How do we deal with old fears that keep arising?*

 Old fears vibrate at frequencies that do not match your current ones. You are now at a higher vibrational level; they are not. When you continue to revisit them, and view them from the way you did in the past, you cause a clash of frequencies in your structure. This is like trying to run a marathon with a sack of rocks on your back. What you need to do is consciously 'bring them up to speed'.

Let us take a practical example to help you better understand this: let us suppose that you were abused by a certain person as a child. This has stayed with you all these years, and each time you revisit this space, you experience all your past trauma again and again.


Now, you cannot keep 'singing the same song'. We do not ask you to block it out, or pretend that you are past it; but if it is still not assimilated, you now HAVE to view it from your wider, more advanced perspective. You have to work at understanding why you have created it, and what the lessons were from the experience. In this manner,

you will find the old fears changing frequencies to match your current ones. You will also find that you really do view it differently now.

Keep reminding yourself of who you are now. Look at it again from your current level of awareness, knowledge and understanding of life. You will find that the pain is still there, but it is less. Then repeat the process. Find other means to help you assimilate the event.


Similarly, you cannot keep repeating to self “My husband doesn’t understand me”. Who are you today? Who is he? Do you really need his understanding? His acknowledgment? His approval? What do you want to do in the moment of the now? Walk out? Work towards a fuller relationship? Confront him? What he said or did to you years ago, and what you said and did to him at that time, has nothing to do with who you both are today. Bring it all upto speed.

*Can mismatched energies give us symptoms like dizziness?*

 Most certainly! They can also cause physical diseases, schizophrenia, depression, lethargy and mental/ physical/emotional confusion.

Please heed what we have just said, as most of you continue to cling onto old fears because they feel familiar, they comfort you, and they offer you the very convenient excuse to keep playing the blame-game. They take the heat off you, and help you shirk responsibility. In general, the human race prefers to feel low, than feel good about self.

*So how do we really know when an issue is assimilated? How do we learn to ‘forgive and forget’?*

 We do not agree with that phrase. Do not play games with yourself and expect to ‘forget it’. You have a keen mind, and are unlikely to forget it: in fact, if you do, the likelihood is that you have simply blocked it out of your consciousness.

If an issue is truly assimilated, you will be able to re-play it in your mind and feel nothing but a sense of “Aaah!” (Sohrab sighs in contentment) You will also experience a sense of gratitude towards the other person, for giving you that experience.

We remind you again: ***forgiveness is nothing more than thankfulness to the other person for giving you an experience you needed.***

Now let us examine occupations and professions from the perspective of **wealth**.

Upto now, you have compartmentalized wealth: you see spiritual wealth, emotional wealth, mental health, physical health and material wealth as separate areas in your life; and you perceive yourself as being abundant in certain areas, and lacking in others.

A certain tycoon, for example, may pat himself on the back for having achieved great material wealth; but he may feel lack in the area of his personal relationships.

During 2012, if he continues to do so, he will find that this lack begins to permeate the other areas of his perceived wealth. This way, he will be urged by self to work hard on the areas he has, so far, neglected. He will need to 'count his blessings' and re-examine his energies in that area.

In short, the energies of these convenient 'compartments' are all beginning to open up and flow, one into the other.

The upcoming Shivratri is going to set off a chain of events in the form of energetic explosions around the world.

Where there is already expansion, this expansion will be taken to new and magnificent levels.

Where there are blocks or constrictions, these energies will facilitate their shattering, making way for new, evolved growth.

And these energies will affect every single individual, corporation, event, and situation, worldwide.


These energies are, indeed, emanation from your country. India, during 2012, has a series of very potent energy vortexes under its surface. This will arise from here, and spread the world over.

Those who attempt to predict world events this year may go awry; though some may be accurate, in general events will be created or not created, depending on the level of personal power that individuals and groups touch, moment to moment.

So, hypothetically, if there appears to be a worldwide market crash in a certain month, and if a certain country touches its power, it will only be marginally affected by this crash, as compared to other countries that collapse financially. Nothing is now 'pre-destined'; it all depends on what you choose to do, in the moment.

On a micro level, let us assume that you prepare an astrological chart for someone. And in this chart, you perceive a specific period of emotional turmoil for the person. If that person chooses to touch his power, he can experience just the opposite.

*What is the reason for this turmoil?*

 You are in the rinse cycle of the washing machine! The clothes of life need to be laundered, you have added to it the detergent of life experience, and now you are ready for the cleansing cycle, so that you can emerge fresh and renewed.

BLESSINGS, JOY LOVE AND LIGHT FROM:  
THE LOTUS OFFICE,  
THE MOTHER QWAN YIN,  
THE MOTHER MARY, AND  
THE CHIRST OFFICE.